

## BIBLIOGRAPHY

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## **ANNEXURE A TO ANNEXURE L**

## **ANNEXURE A**

### **REQUESTING PERMISSION TO CONDUCT RESEARCH IN THE HAMMANSKRAAL MUNICIPALITY IN THE PROVINCE NORTH WEST**

## **ANNEXURE B**

### **LETTER FROM THE JUBILEE DISTRICT HOSPITAL PERMITTING RESEARCH**

**ANNEXURE C**

**LETTER OF APPROVAL FROM THE UNIVERSITY OF PRETORIA  
ETHICS COMMITTEE**

**ANNEXURE D**

**CONSENT FORM FOR PARTICIPANT FAMILY MEMBERS  
INVOLVED BY SOCIAL WORKER**



## **ANNEXURE E**

### **CONSENT FORM FOR PARTICIPANTS INVOLVED BY RESEARCHER**



## **ANNEXURE F**

### **INTERVIEW GUIDE**

## **ANNEXURE G**

### **TRANSCRIPT OF FOCUS GROUP INTERVIEW**

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### **FIRST VISIT**

**Researcher:** Good morning, all of you.

**Participants:** Good morning.

**Researcher:** It appears that you are the family that works together in all what you do and I really appreciate that.

**Participants:** It is true that we work as a unit.

**Researcher:** The purpose of this visit is to determine what you need in order to promote your health. Firstly, let me explain what health promotion is. Health promotion, simply put, is a way of helping people to live a good life. For one to live a good life is to have what is necessary, those things that will contribute to a good life style. For you to be able to work as a team, I would like you to answer the following question: *What do you need in order to promote your own life?* Health promotion again is improving one's health. Now you are requested to elaborate more on the things that will contribute to your health promotion. Who is starting? O! Little girl, do you want to go first?

**Participant :** Yes. We need a house that belongs to us.

**Researcher:** Why do you need a house?

**Participant :** Because when you are in a house, you are safe and no one will interfere with your daily activities

- Researcher:** Is this not a house?
- Participant :** No, this is not our house, it has an owner.
- Researcher:** Next, what else do you need in order to promote your own health?
- Participant :** I need a bicycle that I can use for transport. Mmm-----mm----- and a television.
- Researcher:** Why do you need a TV?
- Participant :** It relieves the boredom and it will occupy one ... not to be involved in bad street activities like fighting with others.
- Researcher:** How does the TV relieves your boredom?
- Participant :** Because we listen to the news, how other people cope with the difficulties, and we also enjoy the music on the television.
- Researcher:** Anything else?
- Participant:** We need money to pay for a burial society because if one of our members dies, we will never be able to bury her/him. We also need food because it gives us energy. We will never go hungry if we have food.
- Researcher:** What else do you need in order to promote your own health?
- Participant:** We need health care such as the clinic. We are turned away from the clinic when we visit it for any health problems.

Again we need education, mmm-----because if you are educated, you are able to look after yourself.

**Researcher:** What do you mean when you say: when you are educated, you are able to look after yourselves?

**Participant:** If you are educated, you will get the employment and earn money. With the money you are able to buy things that you need such as food and clothing.

**Researcher:** What else?

**Participant:** We need an electric stove for cooking. We have nothing for cooking. We need clothing - uniforms because we do not have enough clothing. I need money for school fees, to pay at school.

**Researcher:** Are these what you need? Tell me more about what you need in order to promote your health?

**Participant:** We need water for daily activities in our home and our own yard.

**Researcher:** Why do you need your own house? Tell me more?

**Participant:** Because we have no stand. We have hired a stand. While residing on this stand, we sometimes experience problems amongst ourselves such as fighting.

**Researcher:** Why are you fighting?



**Participant:** We are fighting each other because there is no parent who can guide us. We all act as parents. We do not listen to each other.

**Researcher:** What other needs do you have?

**Participant:** We are unable to pay for community services, such as bills, because we do not have money. I have no money to buy a braai pack for our club society in the street.

### **REPEAT VISIT**

**Researcher:** I would like to greet you again. We will continue with the needs that contribute to your own health promotion. I am still going to ask the same question. Please feel free to discuss what you need to promote your health. What do you really need to promote your own health?

**Participant:** We need a TV because we want to avoid going to other families. We need a fridge because we do not want to fetch our water from the family next-door.

**Researcher:** What else?

**Participant:** A radio is needed for recreation because it will make it easier for us to live here. We also want clothing to look like other children. We want a brick house with windows.

**Researcher:** Why do you want a brick house? Tell us more.

- Participant:** Because this house is old and leaking. We struggle to get water and water is sold at 50 cents per 20 litres. We want to take trips to Durban to be like other children, because when you visit you learn many things.
- Researcher:** What else?
- Participant:** I need my own bed because biting insects enter the house---  
--sh-sh.sh.
- Researcher:** Lady, What else do you need?
- Participant:** We need somebody who could take care of us.
- Researcher:** Why somebody who could take care of you?
- Participant:** Because she will look after us. Books are needed, especially text books, because at school they want us to have text books.
- Researcher:** What else? Sesie, is there something you want to add?
- Participant:** We need a telephone container because I want to run a telephone business. I need blankets because I do not want to feel cold. We need electricity that is problem free because our electricity is giving us problems. It is unsafe and not in good order. We need sofas/lounge suit because we want to sit properly at home.
- Researcher:** Sesie, what else do you need?

**Participant:** We need a specialist doctor to examine our young brother---who has nose bleeding (epistaxis)---continuously. He has sores on his legs and on the head.

**Researcher:** What else?

**Participant:** We need a grocery cupboard to store food in order to avoid cockroaches and crawling insects from infecting the food. We need water because we usually fetch water from our neighbours, and sometimes we buy water for 50 cents per 20 litres. We only have time to fetch water from our neighbours after they have fetched water. We need chairs to offer our visitors and an iron because we want to iron our clothes. I need shoes because we do not want to go barefoot. We need security - walls ---because there are many criminals around. We need telephones-----if there are problems --we must be able to call for help.

**Researcher:** Do you have more to say?

**Participant:** We need an elderly person to take care of us, because my younger sister is at the hospital, she is being discharged and now there is nobody to sign her out so that she can come home.

**Researcher:** Brother, what do you need to promote your own health?

**Participant:** Eee----We need cement to fill up the gaps in the floor because this house is old and shabby. The house that we use is unsafe, there are cockroaches and rats.

**Researcher:** Is anything left out?

**Participants:** No.

**Researcher:** I would like to take this opportunity to thank all of you for taking part in this research process. The results of this research will be communicated to you and any future plans. I thank you once more.



## **ANNEXURE H**

### **LETTER REQUESTING STAKEHOLDERS TO PARTICIPATE IN THE GUIDELINES DEVELOPMENT WORKSHOP**

## **ANNEXURE I**

### **DESCRIPTIVE INFORMATION OF GUIDELINES DEVELOPMENT GROUP**



## **ANNEXURE J**

### **LETTER REQUESTING EXPERTS TO PARTICIPATE IN GUIDELINES VALIDATION**

## **ANNEXURE K**

### **DESCRIPTIVE INFORMATION OF GUIDELINES VALIDATION GROUP**