

Supplementary Digital Content 1: The number, duration and severity of symptoms by anatomical region and specific symptoms in participants (n=207)

Symptoms	Number		Duration	Severity*			
	n	% (95% CI)		Mild		Moderate/ Severe	
			Median (days;Q1-Q3)	n	%	n	%
Nose and Throat							
Sore / Scratchy Throat	102	49.3 (42.4-56.1)	4.5 (4-5)	60	29.0	42	20.3
Hoarseness	26	12.6 (8.0-17.1)	4.5 (3-6)	8 ^a	4.0	9 ^a	4.6
Blocked/plugged nose	105	50.7 (43.9-57.6)	5 (5-7)	46	22.2	59	28.5
Runny nose	45	21.7 (16.1-27.4)	4 (4-5)	31	15.0	14	6.8
Sinus Pressure	65	31.4 (25.0-37.8)	6 (4-7)	22 ^b	10.7	42 ^b	20.4
Sneezing	32	15.5 (10.5-20.4)	4 (3-5)	22	10.6	10	4.8
Altered/loss sense of smell	111	53.6 (46.8-60.5)	7 (6-10)	25	12.1	86	41.6
Altered/loss sense of taste	98	47.3 (40.5-54.2)	7 (6-9)	24	11.6	74	35.8
Chest and Neck							
Dry Cough	75	36.2 (26.9-42.8)	6 (5-7)	42	20.3	33	15.9
Wet Cough	47	22.7 (17.0-28.5)	5 (3-7)	27	13.0	20	9.7
Difficulty in breathing	46	22.2 (16.5-27.9)	5 (4-7)	24	11.6	22	10.7
Fast breathing/ shortness of breath	46	22.2 (16.5-27.9)	7 (5-10)	19	9.2	27	13.0
Chest pain	42	20.3 (14.8-25.8)	5 (3-7)	14	6.8	28	13.5
Chest tightness	42	20.3 (14.8-25.8)	5 (4-7)	18	8.7	24	11.6
Headache	118	57.0 (50.2-63.8)	4 (4-5)	40	19.3	78	37.7
Red, watery, scratchy eyes	27	13.0 (8.4-17.7)	7 (5-9)	15	7.3	12	5.8
Whole Body							
Fever	73	35.3 (28.7-41.8)	3 (2-4)	27	13.0	46	22.2
Chills	43	20.8 (15.2-26.3)	3 (2-3)	13	6.3	30	14.5
Excessive fatigue	119	57.5 (50.7-64.3)	7 (6-8)	30	14.5	89	43.0
Muscle aches/pains	88	42.5 (35.7-49.3)	5 (4-6)	28	13.5	60	29.0
Skin rash [^]	6	2.9 (0.6-5.2)	3.5 (1-14)	2	-	4	-
Abdominal pain	19	9.2 (5.2-13.1)	3 (2-4)	10	4.8	9	4.4
Nausea	27	13.0 (8.4-17.7)	4 (3-5)	12	5.8	15	7.3

Vomiting [^]	1	-	-	1	-	0	-
Diarrhoea	19	9.2 (5.2-13.1)	3 (2-4)	6	2.9	13	6.3
Loss of Appetite	63	30.4 (24.1-36.8)	7 (5-7)	21	10.1	42	20.3

*Those who did not report the symptom, had a severity of 0, and make up the rest to 100%

Q1 25th percentile, Q3 75th percentile

Number of participants with missing data: a=9, b=1

[^]Numbers were too small for further analyses