

Appendix 4: CAPMS 1

| Factors | Definition | Risk status & assigned score | | Cost |
|------------------------------------|---|------------------------------|--------|------------------------|
| Hypertension | History of HTN or sustained BP \geq 140/90mmHg for 72hrs | Yes = 5.6 | No= 0 | - |
| Cardiac causes | History or symptom of heart problem | Yes = 3.1 | No = 0 | - |
| Diabetes | History of diabetes or HbA1C \geq 6.5% | Yes =2.5 | No= 0 | \$1.2-4.6 |
| Stress | Stress (combined measures of stress at home/work (e.g. irritability, anxiety or sleeping difficulties) and life events, experienced in the 2 weeks preceding) | Yes= 1.8 | No= 0 | - |
| Low consumption of leafy vegetable | Low consumption of green leafy vegetable | Yes= 2.4 | No= 0 | - |
| HIV | HIV ⁺ | Yes= 1.7 | No= 0 | - |
| Family history of CVD | Family history of CVD | Yes = 1.5 | | - |
| Smoking | Previous/current smoker | Yes= 1.4 | No= 0 | - |
| | Total possible score: 20 | Cut-off (CRP) = 12.7 | | Total cost = \$1.2-4.6 |