

Table S2. Oxford Level of Evidence and modified Downs & Black Quality Assessment.

First author (ref)	Level of evidence	Quality assessment score	Quality rating
Ahad (18)	1b	2	Poor
Alaranta (19)	1b	11	Excellent
Anderson (12)	2b	12	Excellent
Anderson (13)	2b	5	Poor
Batista (20)	1b	11	Excellent
Bonini (21)	1b	6	Poor
Bonini (22)	2b	11	Excellent
Bougault (23)	1b	11	Excellent
Burnett (24)	2b	8	Fair
Burns (25)	2b	5	Poor
Dickinson (26)	1b	10	Good
Dickinson (27)	1b	6	Poor
Dickinson (9)	1b	10	Good
Durand (28)	1b	8	Fair
Eriksson (29)	2b	11	Excellent
Helenius (30)	1b	9	Good
Helenius (31)	1b	11	Excellent
Holzer (32)	1b	8	Fair
Holzer (33)	1b	10	Good
Hunt (34)	1b	12	Excellent
Jackson (35)	1b	12	Excellent
Kippelen (36))	1b	9	Good
Kukafka (37)	1b	12	Excellent
Kurowski (38)	1b	9	Good
Langdeau (39)	1b	7	Fair
Larsson (8)	1b	12	Excellent
Leuppi (40)	1b	10	Good
Levai (41)	1b	12	Excellent
Lumme (42)	1b	11	Excellent
Lund (43)	1b	10	Good
Mannix (44)	1b	12	Excellent
Mannix (45)	1b	12	Excellent
Marefati (46)	1b	10	Good
Martin (7)	1b	11	Excellent
Medelli (47)	1b	7	Fair
Molphy (48)	1b	12	Excellent
Näsman (49)	1b	6	Poor
Nystad (50)	2b	10	Good
Päivinen (51)	1b	9	Good
Parsons (52)	1b	11	Excellent
Parsons (53)	1b	10	Good
Pohjantähti (54)	1b	9	Good
Price (55)	1b	12	Excellent
Ross (56)	2b	5	Poor
Rundell (57)	1b	8	Fair
Rundell (58)	1b	10	Good
Sallaoui (59)	1b	7	Fair
Sallaoui (60)	1b	10	Good
Schoene (61)	1b	10	Good
Selge (62)	1b	9	Good
Smith (63)	1b	10	Good
Sonna (64)	2b	10	Good
Stadelmann (6)	1b	12	Excellent
Sue-Chu (65)	1b	10	Good
Tanaka (66)	2b	11	Excellent
Teixeira (67)	2b	10	Good
Thole (68)	1b	12	Excellent
Uçok (69)	1b	5	Poor
Ulrik (70)	1b	11	Excellent
Weiler (71)	2b	7	Fair
Weiler (72)	1b	8	Fair
Wilber (73)	1b	6	Poor
Wolanczyk (74)	1b	4	Poor
Zoz (75)	2b	12	Excellent

Level of evidence: 1b - individual RCT with narrow confidence limits; individual cohort study with good follow-up or prospective cohort study with good follow-up; 2b - individual RCT with smaller follow-up, exploratory cohort study, retrospective cohort study. **Scoring criteria:** 11-13: Excellent; 9-10: Good; 7-8: Fair; ≤6: Poor.