

Appendix 5: CAPMS 2

Factors	Definition	Risk status & assigned score		Cost
Hypertension	History of HTN or sustained BP \geq 140/90mmHg for 72hrs	Yes = 5.6	No= 0	-
Cardiac causes	History of heart problem	Yes = 3.1	No = 0	-
Diabetes	History of diabetes	Yes =2.5	No= 0	-
Dyslipidaemia	TC \geq 5.2mmol/L, HDL \geq 1.03mmol/L, LDL \geq 3.4mmol/L or TAG \geq 1.7mmol/L	Yes = 2.4	No = 0	\$6.5-17.3
Stress	Stress (combined measures of stress at home/work (e.g. irritability, anxiety or sleeping difficulties) and life events, experienced in the 2 weeks preceding)	Yes= 1.8	No= 0	-
Low consumption of leafy vegetable	Low consumption of green leafy vegetable	Yes= 2.4	No= 0	-
HIV	Diagnosed with HIV	Yes= 1.7	No= 0	-
Family history of CVD	Family history of CVD	Yes = 1.5	No = 0	-
Smoking	Previous/current smoker	Yes= 1.4	No= 0	-
	Total possible score = 22.4	Cut-off (CRP) = 12.7		Total cost = \$6.5-17.3