OCEANOGRAPHY

Nanoplankton: The dominant vector for carbon export across the Atlantic Southern Ocean in spring

Raquel F. Flynn¹*, Lumi Haraguchi², Jeff McQuaid³, Jessica M. Burger¹, Percy Mutseka Lunga⁴, Luca Stirnimann¹, Saumik Samanta⁵, Alakendra N. Roychoudhury⁵, Sarah E. Fawcett^{1,6}

Across the Southern Ocean, large (\geq 20 µm) diatoms are generally assumed to be the primary vector for carbon export, although this assumption derives mainly from summertime observations. Here, we investigated carbon production and export potential during the Atlantic Southern Ocean's spring bloom from size-fractionated measurements of net primary production (NPP), nitrogen (nitrate, ammonium, urea) and iron (labile inorganic iron, organically complexed iron) uptake, and a high-resolution characterization of phytoplankton community composition. The nanoplankton-sized (2.7 to 20 µm) diatom, *Chaetoceros* spp., dominated the biomass, NPP, and nitrate uptake across the basin (40°S to 56°S), which we attribute to their low iron requirement, rapid response to increased light, and ability to escape grazing when aggregated into chains. We estimate that the spring *Chaetoceros* bloom accounted for >25% of annual export production across the Atlantic Southern Ocean, a finding consistent with recent observations from other regions highlighting the central role of the phytoplankton "middle class" in carbon export.

INTRODUCTION

In the open Southern Ocean, primary production is strongly ironlimited (1, 2). Phytoplankton require iron for various photosynthetic and metabolic processes, with the assimilation of nitrate $[NO_3^-;$ the most oxidized form of bioavailable nitrogen (N)] requiring far more iron than the consumption of regenerated N [e.g., ammonium (NH_4^+) and urea] (3). Phytoplankton that rely on NO₃⁻ as their primary N source (e.g., diatoms) (4) are thus more sensitive to iron limitation than phytoplankton that mainly assimilate regenerated NH_4^+ (3). In the framework of the "new production paradigm," phytoplankton growth supported by new N (e.g., NO₃ supplied during deep winter mixing) must be balanced on an annual basis by the flux of organic matter out of the mixed layer (i.e., export production) (5, 6). Since the low-iron state of the upper Southern Ocean constrains the extent to which upwelled NO_3^- can be consumed by phytoplankton, it also limits biological carbon export (1, 7).

For over four decades, ecological theory has suggested that across the global ocean, large phytoplankton (typically diatoms >20 μ m) proliferate under nutrient-replete conditions, an idea based on the assumption that maximum nutrient uptake rates generally increase with cell volume (8). These large phytoplankton are responsible for high rates of primary and new production, with their eventual senescence causing large sinking fluxes that drive elevated carbon export (6). In contrast, small cells are typically associated with nutrient-deplete conditions, low rates of productivity, and enhanced nutrient recycling (i.e., the microbial loop) (9, 10). They also contribute little to the sinking flux and, by extension, carbon export (11, 12). This theoretical framework has generally been accepted,



Copyright © 2023 The Authors, some rights reserved; exclusive licensee American Association for the Advancement of Science. No claim to original U.S. Government Works. Distributed under a Creative Commons Attribution License 4.0 (CC BY).

and to some extent observed, for the open Southern Ocean (13, 14). However, recent studies from other regions have shown that the phytoplankton "middle class" (i.e., the nanoplankton; ~3 to 20 μ m) is central to primary productivity and carbon export, even in high-nutrient waters; the idea that nanoplankton predominantly contribute to the microbial loop thus appears to be an oversimplification (15–18). These recent studies suggest that top-down factors (e.g., zooplankton grazing) exert the major control on nanoplankton production and carbon export, both directly via grazing and indirectly by driving changes in nutrient availability (e.g., N recycling) and phytoplankton community composition (15, 16).

The surface waters of the open Southern Ocean are replenished with iron during deep winter mixing, with additional (smaller) inputs via diapycnal diffusion and Ekman upwelling that occur year-round (19-21). In spring, phytoplankton are released from light limitation as daylight hours increase and the mixed layer shoals; along with the iron supplied during winter, the elevated light favors bloom initiation as phytoplankton begin to consume the available macronutrients (i.e., NO₃, phosphate, and silicate) (1, 22). Consistent with the ecological theory outlined above, large diatoms are generally thought to dominate the open Southern Ocean spring bloom as they can achieve high maximum nutrient uptake rates and are resistant to grazing by microzooplankton (8, 23, 24, 25, 26). These diatoms are also considered the major vectors for carbon export because of their biogenic silica (bSi) frustules, which cause them to sink rapidly out of the mixed layer, increase their resistance to bacterial degradation, and ballast zooplankton fecal pellets (24, 25, 27). As the growth season progresses and iron is depleted, the Southern Ocean phytoplankton community is thought to shift toward smaller taxa (e.g., nanoflagellates) that preferentially consume regenerated N (28, 29) and/or to microplankton-sized diatoms (e.g., Fragilariopsis) that can store large quantities of iron intracellularly (30, 31). This shift decreases the potential for carbon export, both directly, as unballasted small phytoplankton sink slowly and are generally remineralized within the upper 200 m (32), while the large, heavily silicified diatoms

¹Department of Oceanography, University of Cape Town, Cape Town, South Africa. ²Finnish Environment Institute (SYKE), Helsinki, Finland. ³Integrative Oceanography Division, Scripps Institution of Oceanography, La Jolla, CA, USA. ⁴Department of Genetics, University of Pretoria, Pretoria, South Africa. ⁵Department of Earth Sciences, Stellenbosch University, Stellenbosch, South Africa. ⁶Marine and Antarctic Research Centre for Innovation and Sustainability (MARIS), University of Cape Town, Cape Town, South Africa. *Corresponding author. Email: flyraq001@myuct.ac.za

appear to be inefficient carbon exporters (26, 27), and indirectly, as regenerated N uptake supports no CO_2 removal from the mixed layer in a mass balance sense (5, 6).

Studies using satellite observations and autonomous float-based measurements of chlorophyll a indicate that the seasonal modulation of phytoplankton blooms in the Southern Ocean is the result of a tight coupling between bottom-up (mainly iron and light) and top-down (grazing pressure and viral lysis) processes (33, 34). Recently, Arteaga et al. (34) showed that the Southern Ocean's annual cycle of phytoplankton productivity includes a period of rapid growth in spring as light limitation is alleviated, with phytoplankton initially outpacing their grazers. The authors found that phytoplankton achieve their maximum growth rates in early spring, well before the peak in photoautotrophic biomass that characterizes the summer. We hypothesize that the spring bloom (i.e., the period of rapid phytoplankton growth) should be associated with elevated carbon export in addition to high rates of primary production, made possible by the nonlimiting iron (and in some regions, silicate) and light conditions, as well as slow zooplankton grazing. To investigate this hypothesis, we measured the rates of net primary production (NPP) and N (as NO₃⁻, NH₄⁺, and urea) and iron (as labile inorganic iron and organically complexed iron) uptake by three phytoplankton size classes (0.3 to 2.7 µm-picoplankton, 2.7 to 20 µm-nanoplankton, and 20 to 200 µm-microplankton) at four stations representing each of the major hydrographic zones of the open Southern Ocean [i.e., the Subantarctic Zone (SAZ), Polar Frontal Zone (PFZ), Open Antarctic Zone (OAZ), and Marginal Ice Zone (MIZ)]. We interpret the uptake rates in the context of coincident measurements (from the four experimental stations plus eight ancillary stations) of macronutrient and iron concentrations, as well as phyto- and zooplankton community composition. From the nutrient data, we also estimate net community production (NCP), which provides a measure of carbon export (35). We conclude by placing our springtime observations into a broader temporal context by synthesizing the observations available for the phytoplankton growth season, with the goal of understanding the biogeochemical implications of the spring bloom for the succeeding phytoplankton community.

RESULTS

Our study was conducted in the Atlantic sector of the Southern Ocean, which experiences different physical (*36*) and chemical (*37*, *38*) conditions from the Pacific and Indian sectors. As such, while our discussion of the physicochemical conditions and their influence on phytoplankton community dynamics likely has implications for the Southern Ocean as a whole, it is focused on the Atlantic sector.

Hydrographic and biogeochemical context

Along a transect of the Atlantic Southern Ocean between South Africa and MIZ [the Good Hope line (*39*); 36°S to 56°S, occupied in early spring; Fig. 1] surface water density was highest at the southernmost station (56°S), decreasing northward (Fig. 2, A and B) due to warming and salinification of Antarctic Surface Waters (ASW) during equatorward Ekman transport. The Subtropical Front (STF), Subantarctic Front (SAF), Polar Front (PF), and southern Antarctic Circumpolar Current Front (sACCF), which divide the Southern Ocean into its major hydrographic zones, were located at approximately 41°S, 47°S, 52°S, and 53°S, respectively (40).

The mixed-layer depth (MLD) was predominantly controlled by salinity and was always deeper than the base of the euphotic zone (Z_{eu} ; table S1). The deepest mixed layer was observed in the MIZ (160 m) and the shallowest in the PFZ (75 m), while the Z_{eu} was similar at all stations (37.5 to 45 m). The rates of NPP and N and iron uptake were trapezoidally integrated to the MLD rather than the Z_{eu} given that phytoplankton biomass was elevated to at least 125 m (Fig. 3, A to C). Since we have no rate measurements from the base of the mixed layer, we set the values at this depth to 0 μ M day⁻¹ (41).

As expected, the concentrations of NO_3^- and silicate $[Si(OH)_4]$ were lower in the mixed layer than the subsurface, and the mixed-layer concentrations decreased northward (Fig. 2, A and B). The highest mixed-layer NO_3^- was observed in the OAZ and MIZ [Antarctic Zone (AZ); regional average of $27.4 \pm 0.7 \mu$ M; n =3 stations], while Si(OH)₄ was highest in the MIZ (51.3 \pm 14.4 μ M; n = 2 stations). The lowest mixed-layer NO_3^- and $Si(OH)_4$ concentrations were both observed in the SAZ (20.5 \pm 1.1 μ M and 5.9 \pm 0.7 μ M, respectively; *n* = 3 stations). The concentrations of regenerated N (i.e., NH_4^+ and urea-N, with the latter hereafter referred to as urea) were low in the surface, increasing with depth to reach a maximum just below the Zeu (Fig. 2, C and D). Mixed-layer concentrations of NH₄⁺ were highest in the OAZ (0.26 \pm 0.05 μ M; *n* = 1 station) and lowest in the SAZ ($0.12 \pm 0.09 \mu$ M; n = 3 stations), while urea concentrations were highest in the MIZ ($0.14 \pm 0.05 \,\mu\text{M}$; *n* = 2 stations) and lowest in the OAZ (0.05 \pm 0.02 μ M; *n* = 1 station).

Mixed-layer dissolved iron concentrations ([dFe]) were generally >0.2 nM (Fig. 2E) at all depths across the transect. The highest dFe was measured in the MIZ surface ([dFe] = 0.75 nM at 25 m), while the average mixed-layer dFe concentration was highest in the SAZ (regional average of 0.38 ± 0.1 nM; n = 3 stations) and lowest in the OAZ (0.26 ± 0.15 nM; n = 1 station).

Phytoplankton biomass and distributions

Chlorophyll a concentrations were highest in the MIZ mixed layer (regional average of $2.7 \pm 1.1 \,\mu g$ liter⁻¹; n = 3 stations) and lowest in the SAZ ($0.4 \pm 0.2 \,\mu g$ liter⁻¹; n = 3 stations), particularly near the SAF (Fig. 2F and fig. S1). Across the transect, chlorophyll a was dominated by nanoplankton, which contributed an average of 65 \pm 12%. The pico- and microplankton contributed less to chlorophyll a (transect average of 25 \pm 14% and 10 \pm 11%, respectively), although the microplankton contribution increased in the MIZ to 34 \pm 10%.

The physicochemical conditions at all stations in the same hydrographic region were generally similar, as were the phytoplankton size distributions (Fig. 2). We thus take the experimental stations as broadly representative of their respective hydrographic regions. At the experimental stations, the euphotic zone-average bulk particulate organic carbon (POC) concentrations ranged from $8.1 \pm 0.8 \,\mu$ M in the MIZ to $6.5 \pm 0.4 \,\mu$ M in the OAZ (Fig. 3A). Biomass was dominated by the nanoplankton, which contributed an average of $68 \pm 7\%$ to total POC across the transect. The picoplankton contributed $13 \pm 6\%$ to the total POC, while the microplankton contributed $19 \pm 6\%$.

The mixed-layer phytoplankton community at all the experimental stations was numerically dominated by picoplankton, with picoprokaryotes being the most abundant group in the SAZ (44 \pm



Fig. 1. Station locations. Map of the Atlantic sector of the Southern Ocean showing the sampling stations overlaid on the average sea surface temperature (SST) recorded in November 2019 (https://oceancolor.gsfc.nasa.gov/l3/). The fronts are identified by the gray lines [Subtropical Front (STF), Subantarctic Front (SAF), Polar Front (PF), and southern boundary of the Antarctic Circumpolar Current Front (sACCF) (40)], and the hydrographic zones are indicated to the right of the map by the colored rectangles [gray, Subtropical Zone (STZ); yellow, Subantarctic Zone (SAZ); orange, Polar Frontal Zone (PFZ); pink, Open Antarctic Zone (OAZ); purple, Marginal Ice Zone (MIZ); together, OAZ and MIZ constitute the Antarctic Zone (AZ)]. The station positions are denoted by the circles, with the colors indicating the experimental stations and the gray circles indicating the ancillary stations.

27% of the total phytoplankton cells counted), while picoeukaryotes dominated at the other stations (52 \pm 5%) (Fig. 3B). We observed a southward shift in community composition, with nanoflagellates increasing in abundance relative to picoplankton south of the SAF (nanoflagellates contributed $6 \pm 3\%$ of the counted cells in SAZ, versus 30 \pm 5% at the other stations). The highest total cell abundances were observed in the SAZ (20,054 ± 10,966 cells ml^{-1}), while the highest total biovolume was derived for the MIZ. Although diatoms were the least abundant phytoplankton group (average of $0.8 \pm 0.6\%$ of the cells across the transect), they contributed most to biovolume ($61 \pm 9\%$; Fig. 3C). The MIZ diatoms were generally more heavily silicified Antarctic species (e.g., Fragillariopsis spp.), while those encountered further north, particularly in the SAZ where mixed-layer Si(OH)₄ concentrations were low (5.2 ± 0.4) µM at the SAZ experimental station), were smaller, weakly silicified pennate diatoms (e.g., Pseudo-nitzschia).

The microzooplankton community was partially characterized by flow cytometry (i.e., all cells $\leq 1 \text{ mm}$ could be visualized), which allowed for the enumeration of known mixotrophic species (ciliates and dinoflagellates; e.g., *Mesodinium* and *Tripos*) and heterotrophs (e.g., heterotrophic dinoflagellates) containing freshly ingested prey (Fig. 3B). Mixotrophs were most abundant in the PFZ (41 ± 15 cells ml⁻¹; 0.7 ± 0.2% of all cells counted) where biomass was high and iron concentrations were low (Figs. 2E and 3A and fig. S1), while heterotrophs were most abundant in the SAZ [35 ± 28 cells ml⁻¹ (1.3 ± 1.9%)]. The lowest abundances of mixotrophs and heterotrophs were observed in the MIZ [8 ± 4 cells ml⁻¹ (0.2 ± 0.04%) and 12 ± 5 cells ml⁻¹ (0.3 ± 0.1%), respectively]. Although the two groups were similarly abundant across the transect, the mixotrophs contributed more to biovolume (Fig. 3C) as they were ~2.5 times larger than the heterotrophs (average total biovolume of 436 \pm 391 μ m³ versus 167 \pm 102 μ m³).

The mesozooplankton community, characterized via microscopy, was numerically dominated by copepods (90 ± 8%) at all the experimental stations, with most of the mesozooplankton (copepods and other groups) being mature adults (83 ± 4%; Fig. 3D). We observed the lowest relative abundance of copepods (79%) in the PFZ where satellite chlorophyll a data indicate that the phytoplankton bloom had progressed the furthest by the time of our sampling (surface chlorophyll a concentration of 1.4 µg liter⁻¹; Fig. 2F and fig. S1). In the OAZ where the phytoplankton bloom had not progressed as far (surface chlorophyll a of 0.7 µg liter⁻¹), copepods dominated the community (97%). Overall, mesozooplankton were most abundant in the MIZ (848 individuals liter⁻¹), with high abundances also observed in the PFZ and OAZ (783 individuals liter⁻¹ and 669 individuals liter⁻¹).

Primary production and nutrient uptake rates

The rates of NPP were similar at all experimental stations (average mixed-layer integrated rate of $66.5 \pm 5.2 \text{ mmol m}^{-2} \text{ day}^{-1}$; Fig. 4A, fig. S2A, and table S1), with nanoplankton contributing most to total NPP (73 ± 9%), while the picoplankton contributed $25 \pm 9\%$ and the microplankton contribution was low ($2.4 \pm 0.9\%$). The highest mixed-layer integrated rate of ρNO_3^- (i.e., new production) was measured in the MIZ ($9.0 \pm 0.01 \text{ mmol m}^{-2} \text{ day}^{-1}$) and the lowest in the SAZ ($4.7 \pm 0.01 \text{ mmol m}^{-2} \text{ day}^{-1}$) (Fig. 4B and fig. S2B). As per NPP, the nanoplankton contributed most to total ρNO_3^- at all stations ($67 \pm 17\%$), while the average pico- and microplankton contributions were $25 \pm 16\%$ and $8 \pm 3\%$.

The rates of regenerated N uptake (i.e., ρNH_4^+ and $\rho urea$) were ~1.4 times lower than ρNO_3^- (Fig. 4, C and D, and fig. S2, C and D), with pNH₄⁺ accounting for 63 to 93% (average of 80%) of regenerated N uptake across the transect. pNH₄⁺ and purea generally varied with the ambient NH⁺₄ and urea concentrations. The highest mixedlayer integrated rates of ρNH_4^+ were observed in the OAZ (5.8 ± 0.04 mmol m⁻² day⁻¹) and the lowest in the SAZ (2.7 \pm 0.01 mmol m⁻² day⁻¹). As for NPP and ρNO_3^- , the nanoplankton contributed most to total ρNH_4^+ (63 ± 12%), while the picoplankton contribution averaged $35 \pm 12\%$, reaching a maximum in the SAZ ($48 \pm 13\%$) where picoplankton abundances were highest (Fig. 3B). The microplankton contribution was low at all stations $(2 \pm 1\%)$. In contrast to ρNO_3^- and ρNH_4^+ , the highest rate of total purea was measured in the SAZ $(1.5 \pm 0.0 \text{ mmol m}^{-2} \text{ day}^{-1})$ (Fig. 4D). Here, the picoplankton dominated purea (98 \pm 0.7%), with negligible contributions from the other size classes. The lowest rates of purea were measured in the OAZ ($0.65 \pm 0.0 \text{ mmol m}^{-2} \text{ day}^{-1}$), attributable to the nanoplankton (99 \pm 0.1% of total purea). At the PFZ and MIZ stations, the nanoplankton dominated purea ($62 \pm 2.7\%$), with the pico- and microplankton contributing $36 \pm 3\%$ and $2.0 \pm 0.4\%$, respectively.

The specific rates of carbon fixation (V_C) and N uptake $(V_{NO_3^-}, V_{NH_4^+}, V_{urea})$ were generally lowest in the SAZ and increased southward for all size classes (figs. S3 and S4). As per the transport rates (NPP, ρNO_3^- , ρNH_4^+ , $\rho urea$), the specific rates of regenerated N uptake $(V_{NH_4^+} + V_{urea})$ were lower than $V_{NO_3^-}$. The highest specific N uptake rates (for all N species) were associated with the

SCIENCE ADVANCES | RESEARCH ARTICLE



Fig. 2. Physicochemical context. Section plots showing the concentrations of (**A**) nitrate ($[NO_3^-]$), (**B**) silicate { $[Si(OH)_4]$ }, (**C**) ammonium ($[NH_4^+]$), (**D**) urea-N ([urea]), and (**E**) dissolved iron ([dFe]), and (**F**) a bar plot showing total surface chlorophyll a concentration (white dots, right *y* axis) and the relative contribution of each phytoplankton size class to chlorophyll a (colors, left *y* axis) for samples collected along the Good Hope line in spring. The hydrographic zones are indicated at the top of panels (A and B) [gray, STZ; yellow, SAZ; orange, PFZ; pink, OAZ; purple, MIZ; together, OAZ and MIZ constitute the AZ]. The station positions are shown in (A) to (E), with the colored circles denoting the experimental stations and the gray circles denoting the ancillary stations. The different water masses are identified in (A) and (B) by the density contours (ASW, Antarctic Surface Water; LCDW, Lower Circumpolar Deep Water; UCDW, Upper Circumpolar Deep Water; AAIW, Antarctic Intermediate Water; SAMW, Subantarctic Mode Water), and the mixed-layer depth (MLD) is indicated on (A) to (E) by the white filled circles. In (F), the black outlined bars indicate the four experimental stations, the colored bars represent the hydrographic zones, and the shading shows the plankton size classes (white, picoplankton; opaque, nanoplankton; solid, microplankton). The stars in (F) indicate stations where the surface chlorophyll a concentrations exceeded the right *y* axis scale (3.0 µg liter⁻¹ and 1.8 µg liter⁻¹ at 55.5°S and 55°S, respectively).



Fig. 3. Plankton biomass and community composition. Bar plots for the four experimental stations of (**A**) size-fractionated particulate organic carbon (POC) concentration, (**B**) relative phytoplankton abundance and total cell counts between 5 and 125 m, (**C**) relative and total phytoplankton biovolume between 5 and 125 m, and (**D**) relative and total mesozooplankton counts from Bongo net collections (integrated surface to 200 m). (**E**) Images taken by the CytoSense flow cytometer of the dominant *Chaetoceros* spp. chains present at the experimental stations. The stations are labeled by zone on the right *y* axes of all the panels. The black dashed line in (A) indicates the euphotic zone depth (Z_{eu}), MLD is annotated on the plots, and the shading of the bars denotes the different plankton size classes (white, picoplankton; opaque, nanoplankton; solid color, microplankton). At the depths where size-fractionated POC concentrations were not measured, only the bulk values are shown (striped bars). The white dots in (B) and (D) indicate the total plankton counts, and those in (C) indicate the total biovolume. The bars in (D) show the different mesozooplankton life stages and main groups identified at the experimental stations.



Fig. 4. Rates of primary production and nutrient uptake. Bar plots showing the mixed-layer integrated rates of (**A**) net primary production (NPP), (**B**) nitrate uptake (ρNO_3^-) , (**C**) ammonium uptake (ρNH_4^+) , (**D**) urea uptake (purea), (**E**) dissolved inorganic iron uptake (Fe' uptake) normalized to POC, and (**F**) organically complexed iron uptake (Fe-FOB uptake) normalized to POC. The shading denotes the different plankton size classes (white, picoplankton; opaque, nanoplankton; solid color, microplankton).

picoplankton, while the nano- and microplankton showed intermediate and low specific uptake rates, respectively.

The concentration of labile inorganic iron ([Fe']) in the euphotic zone depends on the total dissolved iron concentration ([dFe]) and is also strongly affected by light, temperature, and pH (42). The Fe' uptake rates, determined using subsaturating amendments of ⁵⁵Fe, generally tracked the Fe' concentrations (table S2). Uptake rates were highest at high light, consistent with enhanced photoreductive generation of Fe' (42), and the surface uptake rates increased with decreasing sea surface temperature, consistent with the increased stability of reduced iron at lower seawater temperatures (fig. S2) (42). The highest Fe' uptake rates were measured in the MIZ (1259.2 µmol Fe mol C⁻¹ m⁻² day⁻¹) and the lowest in the PFZ (140.5 µmol Fe mol C⁻¹ m⁻² day⁻¹) (Fig. 4E). In contrast to NPP and ρ NO₃⁻, Fe' uptake was dominated by the picoplankton at all stations (61 ± 26%), while the nano- and microplankton contributed 19 ± 17% and 20 ± 12%, respectively.

In seawater, the composition of organically complexed iron is generally unknown (42). We amended seawater with the model iron siderophore ferrioxamine-B (Fe-FOB) (1 nM final concentration) to probe saturated uptake rates. Despite this elevated concentration, the Fe-FOB uptake rates were 1 to 2 orders of magnitude lower than the rates of Fe' uptake (Fig. 4F). The highest Fe-FOB uptake rates were measured in the SAZ (20.1 µmol Fe mol C⁻¹ m⁻² day⁻¹), coincident with the highest abundance of picoplankton and the largest biovolume of heterotrophs (Fig. 3, B and C), while the lowest rates occurred in the PFZ (3.0 µmol Fe mol C⁻¹ m⁻² day⁻¹). The picoplankton contributed most to total Fe-FOB uptake (51 ± 32%), with the nano- and microplankton contributing 17 ± 10% and 32 ± 23%, respectively.

Fe:C and Fe:N uptake ratios

Using the size-fractionated rates of NPP and total N (i.e., $NO_3^- + NH_4^+ + urea$) and iron (i.e., Fe' + Fe-FOB) uptake, we estimated the Fe:C and Fe:N uptake ratios for the three size classes (Eq. 5)



Fig. 5. Iron requirements of the different plankton size class. Scatter plots of (**A**) total iron uptake versus NPP, (**B**) the iron-to-carbon (Fe:C) uptake ratio versus the *f* ratio, and (**C**) the Fe:C uptake ratio versus the iron-to-nitrogen (Fe:N) uptake ratio determined for each experimental depth. The symbol shapes in all panels indicate the size classes (circle, picoplankton; square, nanoplankton; diamond, microplankton). The colors in (A) and (C) denote the stations (MIZ, purple; OAZ, pink; PFZ, orange; SAZ, yellow), and those in (B) denote the Fe:N uptake ratios. The black dashed lines in (A) show literature-based average Fe:C uptake ratios (cyanobacteria, 250:1; dinoflagellates, 60:1; haptophytes, 20:1; diatoms, 7:1), and the gray dashed lines show the literature-based minimum Fe:C uptake ratios (cyanobacteria, 200:1; dinoflagellates, 15:1; haptophytes, 6:1; diatoms, 2:1) for the main phytoplankton groups identified in this study (*30*). The black dashed line in (C) shows the Redfield C:N ratio (6.63:1), and the blue shaded area indicates the data points associated with coincident luxury iron and NO₃ uptake.

(43, 44). At all stations, the nanoplankton were associated with the lowest Fe:C and Fe:N uptake ratios (average of $2.8 \pm 0.8 \ \mu\text{mol} \ \text{mol}^{-1}$ and $18.8 \pm 4.5 \ \mu\text{mol} \ \text{mol}^{-1}$, respectively). The microplankton showed the highest Fe:C uptake ratios (average of $26.4 \pm 4.1 \ \mu\text{mol} \ \text{mol}^{-1}$), while the picoplankton were associated with the highest Fe: N uptake ratios (average of $77.8 \pm 16.4 \ \mu\text{mol} \ \text{mol}^{-1}$) (Fig. 5, A and C, and table S1).

Metrics of carbon export potential

We calculated the depth-integrated f ratio (i.e., the proportion of total production fueled by NO₃⁻ uptake) (6) at the experimental stations (Eq. 6; Fig. 6A). The bulk community f ratio was similar at all stations and averaged 0.55 ± 0.07 (range of 0.47 to 0.63), meaning that $55 \pm 7\%$ of the photoautotrophically produced organic carbon (NPP) was potentially exportable. The microplankton were associated with the highest f ratio (average of 0.75 ± 0.06 ; range of 0.70 to 0.85), while the nanoplankton f ratio was 0.61 ± 0.08 (range of 0.52 to 0.71) and the picoplankton f ratio, which varied most across the transect, averaged 0.41 ± 0.20 (range of 0.20 to 0.62).

To estimate the quantity (rather than fraction) of NPP that was potentially exported, we calculated total carbon export potential (i.e., mixed-layer integrated NPP × *f* ratio; Eq. 7; Fig. 6B), which was highest in the PFZ ($45.0 \pm 0.2 \text{ mmol m}^{-2} \text{ day}^{-1}$) where the rates of NPP were highest and lowest in the OAZ ($27.5 \pm 0.1 \text{ mmol m}^{-2} \text{ day}^{-1}$) where NPP was lowest (Figs. 2F, 3A, and 4A). Although the microplankton were associated with the highest *f* ratios, they

contributed least to carbon export potential (transect average of 4 \pm 1%) because of their minor contribution to biomass and NPP. The nanoplankton contributed most to carbon export potential (transect average of 78 \pm 4%) due to their large contribution to biomass and NPP.

We additionally estimated NCP (a direct measure of export) using the change in the mixed-layer NO_3^- pool between the period of maximum winter recharge and our sampling (35). By the time of the cruise, mixed-layer NO_3^- had declined by 96.5 to 505.5 mmol m⁻² (average of 251.9 \pm 134 mmol m⁻²; Fig. 6C, dark blue dashed line) relative to that available following winter mixing (Eq. 9). The amount of NO_3^- consumed in the mixed layer by the time of our sampling should equal the N (particulate and dissolved, organic and inorganic) remaining in the mixed layer plus the N that has already been exported via the sinking flux. We estimate that 0 to 348.9 mmol N m⁻² (125.8 ± 120.3 mmol N m⁻² on average) was exported between the beginning of the growth season and our sampling. Multiplying this value by a range of phytoplankton C:N ratios (Eq. 9), we calculate that 0 to 2.5 mol C m⁻² (average of 0.7 \pm 0.8 mol C m⁻²; Fig. 6D, blue dashed-dotted line) was exported from the mixed layer by mid-November (~2.5 months since maximum NO_3^- recharge).



Fig. 6. Estimates of carbon export potential and carbon export. Bar plots showing (**A**) the *f* ratios and (**B**) rates of total carbon export potential determined at the experimental stations, with the shading indicating the different plankton size classes (white, picoplankton; opaque, nanoplankton; solid color, microplankton) and the striped bars in (A) showing the bulk community estimates. (**C**) Mixed-layer integrated values of NO₃⁻ depletion (dark blue dashed line; Eq. 9) and particulate organic nitrogen (PON; light blue dashed line), ammonium (NH⁺₄; yellow dashed line), and urea concentrations (red dashed line) at the time of our sampling, and (**D**) springtime net community production (NCP) estimated using the NO₃⁻ depletion data (blue dotted line; Eq. 8; left *y* axis), previously estimated rates of annual NCP (ANCP) from the Atlantic Southern Ocean (*35*) (black squares; with error bars indicating the SD of 5° latitude binned estimates), and the fraction of ANCP (%) that can be attributed to the spring bloom (gray dashed line; right *y* axis), with the propagated error of the estimates indicated by the shading. On all panels, the different zones are indicated by the colors (MIZ, purple; OAZ, pink; PFZ, orange; SAZ, yellow).

DISCUSSION

It is well known that light and iron [and at times, Si(OH)₄] exert a strong control on productivity and biological carbon export across the Atlantic sector of the Southern Ocean (1, 2, 31, 45). In spring, the shoaling of the mixed layer alleviates light limitation, allowing phytoplankton to consume the macro- and micronutrients supplied during winter, thus initiating a bloom (33, 34). In the open Atlantic Southern Ocean, the spring bloom is generally described as being dominated by a mixed phytoplankton community (diatoms and flagellates) north of the PF and by large, heavily silicified diatoms south of the PF that are well adapted to the low (albeit not limiting) iron conditions and are resistant to zooplankton grazing (23-26). Our springtime data contradict this characterization. We observed nanoplankton (2.7 to 20 µm; predominantly the diatom, Chaetoceros spp.) dominating the phytoplankton biomass and rates of NPP and new production across all hydrographic zones of the Atlantic Southern Ocean in spring. Below, we examine the mechanisms underpinning the success of Chaetoceros and explore the implications for carbon export and for the succeeding (i.e., summertime) phytoplankton communities.

Nanoplankton dominate biomass and productivity across the Atlantic Southern Ocean in spring

Nanoplankton contributed >50% of the total phytoplankton biomass and rates of NPP and N uptake at all our experimental stations in early spring (Figs. 2F, 3A, and 4, A to D). The unequivocal dominance of this size class was unexpected as microplankton (particularly large diatoms) have been reported to dominate Southern Ocean productivity in spring and summer, particularly in the PFZ and AZ (the latter being the combined OAZ and MIZ) (13, 14). Microplankton dominance is consistent with the basic tenets of phytoplankton ecophysiology-phytoplankton resource utilization traits typically depend on cell volume, with nutrient affinity and growth rates declining as cell volume increases (8, 46, 47). Large cells are thus expected to dominate when nutrients are readily available (i.e., early in the Southern Ocean's growth season), while small cells should proliferate under nutrientdeplete conditions (e.g., in late summer and autumn) (48-50). However, across the Atlantic Southern Ocean in spring, microplankton dominated neither biomass nor productivity.

We hypothesize that the low microplankton productivity was the consequence of two physiological constraints: (i) the greater effect of low light availability on large cells (47) and (ii) the fact that maximum potential growth rates generally decline with increasing cell size (8) (figs. S3 and S4). Across our transect, the mixed layer was always deeper than the Z_{eu} (table S1), often by >50 m. As such, the phytoplankton community would have experienced some degree of light limitation. The amount of light absorbed by phytoplankton decreases with increasing cell size (47); thus, microplankton are more prone to light limitation than pico- and nanoplankton. Light limitation likely hindered the proliferation of the microplankton, resulting in slower growth and nutrient uptake rates, and relatively low biomass (Figs. 2F and 3A and fig. S4). In addition, microplankton are physiologically unable to grow as rapidly as pico- and nanoplankton because of their larger cell volume (8), which would have further impeded their success. By contrast, the intermediate size of the nanoplankton would have allowed them to grow more efficiently given the available resources, outcompeting

the microplankton. The nanoplankton also outcompeted the picoplankton, which we attribute to their capacity for high maximum nutrient uptake rates and immediate use of newly consumed nutrients for growth, by which they achieve high growth rates (8). As such, the nanoplankton would have been able to rapidly consume the replete nutrients as soon as light limitation was alleviated. The physiological "sweet-spot" occupied by the nanoplankton has been hypothesized to explain their dominance across the global ocean under varying physicochemical conditions (15–18) and appears to also underpin their success during the early stages of the Southern Ocean spring bloom.

Nanoplankton dominance of biomass and productivity was likely also influenced by their apparently low iron requirement (Fe:C uptake ratio of $2.8 \pm 0.8 \ \mu\text{mol mol}^{-1}$) relative to that of the pico- and microplankton (17.3 \pm 6.8 µmol mol⁻¹ and 26.4 \pm 4.1 μ mol mol⁻¹, respectively; Fig. 5A and table S1). Iron availability (as inferred from iron concentration) was variable across the transect, with the highest concentrations measured in the MIZ and the lowest in the OAZ (Fig. 2E). However, the ratio in which iron is supplied to the surface layer relative to NO₃⁻ is more important than the absolute iron flux, with seawater Fe:NO₃⁻ ratios less than 10 µmol mol^{-1} thought to limit phytoplankton production (51). Across our transect, the mixed-layer seawater Fe:NO₃⁻ ratios ranged from 3 to 27 μ mol mol⁻¹, indicating that the supply of iron at some stations (i.e., in the OAZ and MIZ) was insufficient to sustain NO₃ uptake. Assuming balanced phytoplankton growth (i.e., assigning a C:N uptake ratio of 6.7, 7.5, and 7.2 for the SAZ, PFZ and AZ, respectively, as has been recently inferred for phytoplankton biomass in the Atlantic sector) (52), we can assess whether the mixed-layer iron concentrations could sustain the Fe:C uptake ratios of the different phytoplankton size classes. Multiplying our measured seawater Fe:NO₃ by C:N yields theoretical Fe:C uptake ratios of 0.4 to 4.2 µmol mol⁻¹ (Fig. 5A and table S1). This exercise reveals that the mixed-layer iron concentrations were sufficient to sustain nanoplankton growth but not pico- or microplankton productivity, further explaining why the nanoplankton were able to thrive at the onset of the spring bloom.

Despite the overlapping size of the diverse nanoplankton cells present during spring (including nanoflagellates, coccolithophores, cryptophytes, and small diatoms; Fig. 3, B and C), each group has distinctive functional traits, resulting in variable success under different physicochemical conditions (8). For example, diatoms generally grow faster than other taxa and thrive under high-nutrient, turbulent conditions (4, 8). By contrast, nanoflagellates are better adapted to lower-nutrient, stable conditions, with some species even capable of mixotrophy (53). Mixotrophy allows nanoflagellates to persist throughout phytoplankton blooms as they can alternate between autotrophy and heterotrophy depending on light and nutrient availability (54, 55). The grazers identified during our sampling were mostly microzooplankton and copepods (Fig. 3, C and D), which preferentially graze on nanophytoplankton (24). Because microzooplankton and phytoplankton have similar lifespans (days), the former can regulate the biomass of the latter (56). By contrast, mesozooplankton (the dominant grazers of microphytoplankton) have a more complex life cycle and a much longer life span (weeks to months), such that large phytoplankton can initially outgrow them (56, 57). One might thus expect the nanophytoplankton biomass in the springtime Southern Ocean to have been regulated by the co-occurring microzooplankton, thereby favoring the proliferation of microphytoplankton. Yet, this is not what we observed. We propose that the diversity of the nanoplankton helped this size class dominate the biomass and rates of NPP and new production, with some nanophytoplankton groups (e.g., nanoflagellates) being more readily grazed upon than others (e.g., small diatoms) (24). Future elucidation of the contributions of different nanophytoplankton groups, particularly of the dominant species, will yield further insights into the success of this size class during the Southern Ocean spring bloom.

The springtime nanoplankton community is dominated by *Chaetoceros* spp.

Phytoplankton biovolume was dominated by diatoms at all stations, with diatom chains contributing $43 \pm 22\%$ of the total biovolume across the transect (Fig. 3C). These lightly silicified diatom chains mainly comprised Chaetoceros spp., the individual cells of which generally fell into the nanoplankton size class (i.e., <20 µm; Fig. 3E). Chaetoceros typically dominates in regions that experience unpredictable but rapid alleviation of macronutrient (e.g., upwelling regions) (18, 58) and/or micronutrient limitation (e.g., in the vicinity of Subantarctic Islands) (59), and is known to use a "boom-and-bust" growth strategy (24, 26). This strategy involves a period of accelerated growth (boom) that is followed by a rapid decline in the population due to increased competition for diminishing resources and/or enhanced grazing pressure (bust) (60). When light limitation is alleviated, Chaetoceros responds rapidly and, due to its relatively small size, is able to outcompete the slower-growing larger phytoplankton for nutrients (18, 48). Chaetoceros can also outcompete the smaller phytoplankton because it is better adapted to withstand turbulent conditions and is less palatable to grazers (24). Recent studies have suggested that the open Southern Ocean spring bloom is characterized by a period of rapid growth during which phytoplankton outpace their dominant grazers, with the highest growth rates achieved before the peak biomass concentrations are reached (33, 34). The subsequent decline in the phytoplankton population is controlled by grazing pressure, with the period of maximum biomass accumulation also associated with declining growth rates (34). Our observations are consistent with this suggestion insofar as the Chaetoceros bloom involves a period of rapid growth during which potential grazers are outpaced, followed by a period of decline that we suggest is driven by increased grazing pressure (see the next section). We thus propose that the boom-and-bust behavior of Chaetoceros controls the evolution of the Southern Ocean's spring bloom, with both bottom-up and top-down controls rendering this growth strategy favorable.

We suggest that the *Chaetoceros* boom was facilitated, at least in part, by the seemingly low iron requirement of these diatoms. Since *Chaetoceros* dominated total nanoplankton biovolume, we use the nanoplankton Fe:C uptake ratio as representative of their requirement. The nanoplankton Fe:C uptake ratio was much lower than that of the pico- and microplankton (Fig. 5A and table S1), indicating that *Chaetoceros* is well adapted to the perennially low iron conditions of the open Southern Ocean (*19, 21, 38*). Additionally, the nanoplankton Fe:C uptake ratios did not rise as the *f* ratio increased (i.e., as the proportion of NO₃⁻ uptake relative to total N uptake increased; Fig. 5B). This finding is unexpected as NO₃⁻ assimilation requires considerably more iron than regenerated N consumption due to the high iron demand of the nitrate and nitrite reductase

Flynn et al., Sci. Adv. 9, eadi3059 (2023) 1 December 2023

enzymes (61). Moreover, NO_3^- assimilation has been shown to be associated with a Fe:C uptake ratio that is ~1.8 times higher than that of regenerated N consumption (62). An increase in the *f* ratio should thus have coincided with a higher iron requirement and, consequently, an increase in the Fe:C uptake ratio.

The invariant nanoplankton Fe:C uptake ratios indicate that Chaetoceros was using previously stored iron for NO₃ assimilation and/or operating at a (low) minimum Fe:C quota. Since vacuolestored iron is generally used by centric diatoms only when they are iron-limited (63, 64), it is unlikely that the near-constant Fe:C uptake ratios of Chaetoceros were due to their use of internally stored iron. The idea that phytoplankton were not strongly ironlimited at the time of our sampling is supported by the observation that microplankton in the AZ were engaging in luxury iron (and NO_3^-) uptake (Fig. 5C). Under balanced growth conditions, the Fe:C uptake ratio of phytoplankton should equal their Fe:N uptake ratio \times C:N ratio (52). However, the AZ microplankton Fe: C uptake ratios were roughly four times higher than expected from the Fe:N uptake ratios (i.e., data falling above the dashed line in Fig. 5C), consistent with luxury iron and NO₃⁻ uptake. Phytoplankton consumption of iron in excess of their immediate metabolic requirements is only feasible when mixed-layer iron concentrations are nonlimiting. Co-occurring luxury iron and NO₃⁻ uptake has been observed for several Southern Ocean diatom species under conditions of elevated iron (65, 66); the stored nutrients allow these species to continue growing later in the season when iron (and therefore NO_3^-) becomes severely limiting (see the "Implications of the spring Chaetoceros bloom for summertime phytoplankton community composition and carbon export potential across the Atlantic Southern Ocean" section and section S3) (65, 66).

The microplankton community in the AZ was dominated by pennate and centric diatoms (Fig. 3C). It is likely that both groups were engaging in luxury iron and NO₃ uptake as both have a variety of iron and NO_3^- storage mechanisms (65, 66). If the larger diatoms were consuming excess iron, and given that ambient iron was not exhausted by the time of our sampling, it is unlikely that the nanoplankton-sized diatoms were using stored iron. Instead, we hypothesize that smaller diatoms are extremely well adapted to low iron conditions and have thus reduced their iron requirement, assimilating iron and fixing carbon in a particularly low ratio. Previous studies have shown that Southern Ocean Chaetoceros are plastic in their Fe:C uptake ratios, reducing them by up to 60% under low iron conditions akin to those observed here (Fig. 2E) (67, 68). The low measured Fe:C uptake ratios of the nanoplankton thus provide insights into the adaptation of Southern Ocean Chaetoceros to their environment. That they apparently do not increase their iron requirement during NO₃⁻ uptake, even when iron concentrations are relatively high, gives them a competitive advantage over other phytoplankton (including other diatoms) during the spring bloom.

We suggest that nanoplankton-sized *Chaetoceros* spp. occupy a unique ecological niche in the open Southern Ocean, as in other environments (*18*, *58*, *59*). Individual *Chaetoceros* spp. cells have all the advantages inherent to being relatively small, while their ability to form long (>50 μ m) spiny chains (Fig. 3E) also endows them with beneficial microplankton characteristics. That they can occupy both size classes further selects for *Chaetoceros* dominance during the spring bloom. The nanoplankton-sized cells were able to grow rapidly under low-light conditions, in contrast to the microplankton (fig. S3). At the same time, chain formation allowed *Chae*toceros to avoid losses due to grazing and deep vertical mixing events, unlike the picoplankton and non–colony-forming nanoplankton (69). We suggest that this size duality helps to explain how *Chaetoceros* came to dominate the biomass, productivity, and NO_3^- uptake rates across the large physicochemical gradients that characterize the Atlantic Southern Ocean in spring.

Implications of the boom-and-bust lifestyle for carbon export

Using NPP and the *f* ratio estimates, we calculate a mixed-layer integrated total carbon export potential of $35.8 \pm 0.09 \text{ mmol C m}^{-2} \text{ day}^{-1}$, $45.0 \pm 0.09 \text{ mmol C m}^{-2} \text{ day}^{-1}$, $27.5 \pm 0.08 \text{ mmol C m}^{-2} \text{ day}^{-1}$, and $39.1 \pm 0.06 \text{ mmol C m}^{-2} \text{ day}^{-1}$ for the SAZ, PFZ, OAZ, and MIZ, respectively (Eq. 6; Fig. 6B). These daily rates are high compared to previous summertime estimates derived similarly for the open Atlantic Southern Ocean (summertime average of 16.9 $\pm 13.2 \text{ mmol C m}^{-2} \text{ day}^{-1}$) (41), indicating that spring is an important season for carbon export.

At the time of our sampling, mixed-layer NO₃⁻ had decreased relative to that available following winter mixing because of phytoplankton growth (Fig. 6C, blue line; Eq. 9). From this NO₃⁻ depletion, we estimate that $0.7 \pm 0.8 \text{ mol C} \text{ m}^{-2}$ (Fig. 6D, blue dasheddotted line) had been exported from the mixed layer between the start of the growth season when the ambient NO₃⁻ concentration was highest and mid-November (35). Previous estimates of NCP derived from measurements of seasonal NO₃⁻ depletion indicate that across the Atlantic Southern Ocean, an average of 2.9 mol C m^{-2} are exported annually and that interannual variability is low (35). Comparing our springtime estimates to these annual rates of NCP suggests that $24 \pm 29\%$ of the carbon export from the Atlantic Southern Ocean mixed layer occurred during the spring bloom (Fig. 6D, gray shaded area). We hypothesize that this carbon export was driven mainly by Chaetoceros spp. as a result of their boom-and-bust lifestyle.

The senescence of Chaetoceros blooms can be initiated by bottom-up processes such as iron limitation and/or top-down processes such as viral lysis and grazing by micro- (e.g., ciliates) and mesozooplankton (e.g., copepods and krill) (24, 27). Senescence causes Chaetoceros chains to form large aggregates and/or resting spores that rapidly sink out of the upper water column, driving large carbon export events (27, 70). The aftermath of Chaetoceros senescence was apparent at the PFZ experimental station where the in situ and satellite chlorophyll a data indicate that the bloom had progressed the furthest (Fig. 2F and fig. S1). Here, the relative contribution of diatom chains to biovolume was lowest (mixedlayer average of 30.0 \pm 6.9%, versus 46.6 \pm 14.9% at the other stations) and the community had shifted toward flagellates and mixotrophs (i.e., nanoflagellates, dinoflagellates, and mixotrophic ciliates; Fig. 3C). Additionally, the mesozooplankton community comprised proportionally more adults and late-stage juveniles than were present at the other stations (Fig. 3D), likely the result of prolonged food availability associated with a more developed plankton community. Furthermore, low mixed-layer iron concentrations and the lowest iron uptake rates were measured at the PFZ station (Figs. 2E and 4, D and E), and mixed-layer NO₃⁻ was most strongly depleted (by 506 mmol N m⁻², versus 216 \pm 94 mmol N m^{-2} at the other stations).

The satellite chlorophyll a data show that the spring bloom at the PFZ experimental station was initiated in early October (fig. S1). At the adjacent PFZ station (i.e., where rate experiments were not conducted; Figs. 1 and 2), the bloom had not progressed as far, evidenced by the lower mixed-layer chlorophyll a concentration, deeper mixed layer, and elevated mixed-layer iron. Assuming a similarly high initial mixed-layer iron concentration at the PFZ experimental station, we estimate that Chaetoceros depleted the available iron in 3 weeks (i.e., October to the time of sampling). Moreover, we hypothesize that as soon as severe iron limitation set in (i.e., seawater Fe:NO₃⁻ \leq 10 µmol mol⁻¹, as observed during sampling; Fig. 2E), the abundance of Chaetoceros declined and senescence was triggered. This decline is evidenced by the increased contribution of mixotrophs and flagellates at the PFZ experimental station, while the community at the adjacent PFZ station was still strongly dominated by diatoms. The contrast between the two PFZ stations underscores how rapidly Chaetoceros can consume the available iron and increase its biomass in response to increased light availability.

Our study shows, in agreement with recent work (34), that although spring is not the season of maximum biomass accumulation in the Southern Ocean (fig. S1), it is nonetheless a period of elevated NPP and carbon export. The bloom and subsequent rapid senescence of Chaetoceros would have facilitated a large carbon export event (26), after which the phytoplankton community likely shifted to one dominated by heavily silicified large diatoms and flagellates (e.g., Fragilariopsis and dinoflagellates; with increased dominance of these groups observed at the PFZ experimental station; Fig. 3C). Growth of these phytoplankton groups is favored because of their ability to access iron when ambient iron is depleted-by using intracellularly stored iron (diatoms; section S3), via the consumption of organically bound iron, and/or through phagotrophy (flagellates) (71-73). These adaptations allow the summertime phytoplankton community to persist for longer than the spring bloom species (months versus weeks) (74) such that for the growth season as a whole, the summer bloom contributes most to carbon export (e.g., accounting for 75 ± 28% of ANCP in the Atlantic Southern Ocean; Fig. 6D).

That said, the heavily silicified diatom species that dominate the summer bloom export proportionally less carbon per mole of bSi than Chaetoceros (26, 27). These large diatoms are considered bSi rather than carbon exporters, as their prolonged persistence in the surface layer leads to in situ recycling of their cellular contents and, ultimately, to the export of carbon-poor frustules (26, 27). The spring-to-summer shift to flagellates also dampens export potential, as these phytoplankton are readily grazed by micro- and mesozooplankton (24), which enhances carbon (and nutrient) recycling in the mixed layer (11, 12). As such, while the total amount of carbon exported following the summer bloom is higher than in spring, the proportion of carbon exported relative to that produced in the surface layer may be lower since the summertime export flux comprises relatively more heavily silicified diatoms and mixed-layer carbon recycling is enhanced (26, 27). In addition, peak export associated with the summer bloom appears to occur a few weeks after the period of maximum productivity (70, 75), in contrast to the dynamics of the Chaetoceros bloom, which involves a tight coupling between biomass accumulation and carbon export.

Implications of the spring *Chaetoceros* bloom for summertime phytoplankton community composition and carbon export potential across the Atlantic Southern Ocean

Southern Ocean phytoplankton community composition changes over the growth season in response to synergistic bottom-up (e.g., nutrient and light availability) and top-down (e.g., grazing pressure) processes (25, 76). Below, we place our springtime data into a broader temporal context by synthesizing the existing information available for all seasons, with a particular focus on understanding the implications of the spring bloom for summertime productivity and carbon export (Fig. 7). For all hydrographic zones of the Atlantic Southern Ocean, our observations show that the springtime Chaetoceros bloom rapidly consumes mixed-layer iron, likely causing iron limitation of the succeeding summertime community. This limitation should favor phytoplankton groups capable of accessing iron by other means (e.g., stored intracellularly, via the consumption of organically bound iron, and/or through phagotrophy) (71-73). At the same time, the meridional gradient in Si(OH)₄ availability [and in the Si(OH)₄:NO₃⁻ ratio] drives a divergent pattern in phytoplankton community succession north and south of the PF. Subantarctic Zone

As the growth season progresses, $Si(OH)_4$ limitation causes the SAZ phytoplankton community to shift from centric diatoms to flagellates and haptophytes (Fig. 7A) (66). This shift facilitates increased iron recycling, as copepod grazing on flagellates and haptophytes

(Fig. 3D) results in up to 50% of their iron being immediately released into the mixed layer (24, 77). In addition, the fecal pellets of zooplankton grazing on flagellates and haptophytes sink relatively slowly such that they are dominantly remineralized in the mixed layer, increasing the flux of recycled iron (32). Iron still becomes limiting by mid to late-summer (20, 21), however, driving a shift toward smaller cells (including Synechococcus) and increased mixotrophy (29, 78). Although small cells have a relatively high iron requirement (Figs. 4, E and F, and 5A) (30, 71), their success is the result of two ecological advantages: (i) their higher surface areato-volume ratio and (ii) in the case of Synechococcus (a dominant picoplankton group in the SAZ; Fig. 3B), the production of siderophores, which allows this taxon to access organically bound iron (Fig. 4F) (30, 71). These factors select for picoplankton over larger cells when iron concentrations become severely limiting (71). The coincident increase in mixotrophs is due to this group being able to acquire iron directly via phagotrophy (72).

Large spring and early to mid-summer (i.e., November to February) blooms in the SAZ provide organic matter that fuels remineralization in late summer and autumn (i.e., March to May) (29). High fluxes of recycled N coincident with low iron favor regenerated production since NH_4^+ assimilation requires little iron (4, 29, 41). In the framework of the new production paradigm, the shift to recycled N uptake decreases the potential for carbon export (i.e., decreases the *f* ratio) (6, 29, 41). An increase in the proportion of small,



Fig. 7. Seasonal evolution of the Southern Ocean phytoplankton community. Schematics showing seasonal physicochemical changes and associated shifts in the phytoplankton community in the (**A**) Subantarctic Zone (SAZ), (**B**) Polar Frontal Zone (PFZ), (**C**) Open Antarctic Zone (OAZ), and (**D**) Marginal Ice Zone (MIZ) of the Atlantic Southern Ocean, developed using our new springtime data and published observations from other seasons (see text for references). The pink shaded region indicates our sampling period. The different phytoplankton groups and their qualitative importance (smaller, less dominant; bigger, more dominant) are shown in each panel. The gradient in mixed-layer silicate $[Si(OH)_4]$ availability is represented by the bar to the left of the schematic [high (dark purple) to low (white)]. The relative rate (number of arrows) and magnitude (size of circles) of iron and N recycling are shown by the gray circles. The dashed blue line indicates the MLD, and the dotted black line shows the relative iron concentration. Figure created using BioRender.com.

slow-sinking phytoplankton will also decrease the direct carbon export flux as these cells are dominantly retained in the mixed layer (11, 12). The shift from *Chaetoceros* to small phytoplankton in the SAZ thus decreases carbon export over the summer. We note that previous summertime studies in the Atlantic sector observed lower rates of carbon export in the SAZ compared to the other hydrographic zones, likely because of strong iron limitation (20, 21).

Polar frontal Zone

The phytoplankton community in the PFZ following the spring bloom has been described as the most diverse of the Southern Ocean (25, 79, 80). The PFZ is a hydrographically dynamic region (81), which limits the dominance of one species or group over another (82). In spring, the elevated mixed-layer iron and Si (OH)₄ concentrations may favor luxury iron uptake by large diatoms (65, 73), which, combined with the perennially high Si (OH)₄ concentrations, allows these diatoms to persist into late summer and autumn (Fig. 7B) (31). Coincidently, the PFZ hosts some of the largest spring and summer blooms of the open Southern Ocean (25, 83). The biomass thus produced fuels heterotrophy in late summer, enhancing N recycling in surface waters (84). The resultant elevated NH₄⁺ availability favors the proliferation of small phytoplankton such as nanoflagellates, the grazing of which by zooplankton enhances iron recycling (77), as in the SAZ. The rapid recycling of both N and iron allows small phytoplankton to persist throughout the growth season and by its end, the PFZ hosts a mixed community of small phytoplankton, mixotrophs, and heavily silicified diatoms (Fig. 7B) (25, 79, 80).

This mixed community drives two dominant export regimes: (i) elevated export associated with heavily silicified diatoms (25-27) and (ii) low export (and f ratios) due to enhanced mixed-layer recycling and the proliferation of small phytoplankton (85). The PFZ is considered a region of high export, with the composition of the flux controlled by the large, heavily silicified diatoms that dominate surface waters in late summer and autumn (Fig. 7B) (25-27). These diatoms are inherently more silicified than other diatom species (bSi-to-carbon ratio of ~0.3:1, versus 0.15:1) (86), and they consume proportionally more Si(OH)₄ than they fix carbon under conditions of iron limitation (>>0.3:1) (26). Additionally, persisting in the mixed layer results in carbon loss from these cells (26). As such, while heavily silicified diatoms contribute disproportionately to the bSi flux, their contribution to carbon relative to bSi export is low, particularly compared to carbon-rich diatom species such as Chaetoceros (25-27). Previous sediment trap studies from the PFZ have generally observed two peaks in the export flux: the first in December following the spring bloom (consistent with our findings), and the second in February/March following the summer bloom, with this export event generally dominated by heavily silicified diatoms (70, 75).

Antarctic Zone

The dominance of diatoms in the AZ (*Chaetoceros* in spring and pennate species in summer and autumn) impedes the growth of other phytoplankton groups during periods of iron limitation. Zooplankton grazing on diatoms, particularly heavily silicified species, dampens mixed-layer iron recycling because the bSi frustules remain intact as they pass through the zooplankton gut (26). As such, the iron contained in frustules is efficiently exported from the mixed layer in rapidly sinking fecal pellets (23), instead of being recycled in the mixed layer. Low rates of mixed-layer iron

recycling, in turn, limit the growth of phytoplankton that are unable to store iron or consume organically bound iron (Fig 7, C and D) (*30*).

While there are clear similarities in the phenology of the OAZ and MIZ (as outlined above), differences in the successional trends of their phytoplankton communities have also been observed. The MIZ is strongly influenced by the seasonal cycle of sea ice, in contrast to the OAZ surface waters that remain ice free year round. Sea-ice melt introduces buoyancy that causes a rapid shoaling of the MIZ mixed layer, alleviating phytoplankton from light limitation, which leads to intense blooms in spring (Fig. 2F and fig. S1) (84, 87). Continued sea-ice melt subsequently exposes the MIZ surface waters to enhanced wind-driven mixing that deepens the mixed laver into the late summer, in contrast to the other Southern Ocean zones (87). Mixed-layer deepening eventually causes light limitation of phytoplankton, driving a shift toward species adapted to low-light conditions such as Phaeocystis antarctica (88, 89), which can occur as either single cells or colonies. The colonies are generally more abundant later in the season as they can store iron within their mucosal matrix, allowing them to persist when iron becomes limiting (90). P. antarctica can also increase colony size when they experience grazing pressure and are thus less readily consumed than diatoms and other groups (91). These adaptations allow P. antarctica colonies to remain in the MIZ following the diatom bloom (Fig. 7D) (88). The success of P. antarctica in the other hydrographic zones is limited, as the mixed layer shoals rather than deepens from summer to early autumn, selecting for alternate phytoplankton groups (88, 89, 92).

The spring to late-summer shift in the MIZ phytoplankton community from diatoms to *P. antarctica* (76, 90) may enhance carbon export, as *P. antarctica* fix roughly twice as much carbon per mole of phosphate consumed than diatoms, and the colonies have been observed to sink rapidly out of the surface layer (93, 94). However, studies have also shown that following senescence, *P. antarctica* colonies are rapidly degraded in the upper 150 m, thereby up-regulating the microbial loop instead of contributing to carbon removal (63, 64, 89). The resultant enhanced NH₄⁺ availability, coincident with low iron, may shift the *P. antarctica*-dominated community toward regenerated N uptake, with the elevated NH₄⁺ concentrations potentially even inhibiting NO₃⁻ consumption (84, 92). As such, the shift from diatoms to *P. antarctica* may in net decrease both the *f* ratio and carbon export in the MIZ.

The Atlantic OAZ is generally characterized by low iron conditions (Fig. 2E) because the winter mixed laver is considerably shallower than the ferricline, which limits the amount of iron entrained during winter mixing (19, 38). Productivity is impeded by the low iron concentrations, and phytoplankton growth is predominantly fueled by regenerated N following the spring bloom (24). This circumstance also extends to the heavily silicified diatoms that persist throughout the growth season. Although the heavily silicified pennate diatoms have large iron stores (see section S3), they will preferentially consume regenerated N over NO_3^- if the regenerated N flux is sufficient (95), a strategy that limits their iron demand and thus enhances their longevity (95). The net effect of the shift from Chaetoceros to heavily silicified diatom species is thus a decrease in carbon export (and carbon export potential), although the heavily silicified diatoms are still associated with a substantial export flux (26, 27).

Although the evolution of the phytoplankton community following the Chaetoceros bloom differs by hydrographic zone, the spring bloom has similar consequences in all zones due to the rapid consumption of iron by Chaetoceros (as observed at the PFZ experimental station; Fig. 2E). The phytoplankton communities that proliferate after the spring bloom appear to be adapted to low-iron conditions, continuing to bloom (i.e., the highest biomass and NPP are observed in the summer) and export carbon (34, 70, 75). Summertime phytoplankton growth accounts for ~75% of ANCP across the Atlantic Southern Ocean (Fig. 6D). However, unlike in spring when productivity and export are tightly coupled, carbon export lags primary production in summer, with a peak in export typically observed weeks after the mid-summer bloom (70, 75). Following this bloom, carbon export potential declines (41, 84, 96), mainly because iron limitation (and later in the season, reduced light) forces phytoplankton to consume more regenerated N, the supply of which is elevated due to heterotrophic degradation of the spring and summer blooms (4, 84, 92). This late summer decline in export potential underscores the importance of the spring Chaetoceros bloom for Southern Ocean carbon removal on an annual basis.

Over the vast range of physicochemical conditions that characterize the Atlantic Southern Ocean in spring, we observed rates of productivity and carbon export (potential) that were remarkably similar among hydrographic zones. We attribute these trends to the dominance of nanoplankton-sized Chaetoceros spp. in all zones, with the boom-and-bust strategy of this taxon allowing it to outcompete all other phytoplankton groups. The Chaetoceros bloom is relatively short-lived (a few weeks), with its subsequent senescence accounting for around a quarter of the annual carbon export flux estimated for the Atlantic Southern Ocean (Fig. 6D). These rapid, short-lived blooms thus have large implications for Southern Ocean carbon cycling and also influence the biogeochemical conditions experienced by the succeeding phytoplankton communities. With climate change, the Southern Ocean is predicted to become more stratified (76). In currently light-limited regions (e.g., the springtime MIZ), increased stratification will alleviate light limitation and potentially enhance NPP and carbon export (76). However, stratification will also decrease the upward iron supply, potentially driving a decline in carbon production and export in perennially iron-limited regions (e.g., the OAZ) (76). The unique ecology of Chaetoceros, which can exist as both nanoplanktonsized individual cells and microplankton-sized chains, along with its boom-and-bust lifestyle and apparently low iron requirement, may allow this taxon to adapt to a changing climate, perhaps even mitigating the predicted negative effect of climate change on Southern Ocean carbon export (76).

MATERIALS AND METHODS

Study region and hydrography

Samples were collected aboard the R/V SA Agulhas II during the final leg (9 to 13 November 2019) of the Southern oCean seAsonaL Experiment (SCALE) (http://scale.org.za/) spring cruise along the Good Hope line (*39*) in the Atlantic sector of the Southern Ocean. Sampling was conducted at 12 stations, including 4 experimental stations (Fig. 1, colored symbols) and 8 ancillary stations (Fig. 1, gray symbols), spanning the MIZ, the permanently ice-free OAZ, the PFZ, and the SAZ. Hereafter, all stations are referred

to by zone. The positions of the hydrographic fronts were determined from temperature and salinity profiles (40) measured using a Seabird conductivity-temperature-depth (CTD) profiler. MLD was determined as the depth at which the Brunt-Väisälä frequency squared (N^2 ; a function of density) reached a maximum. The euphotic zone depth (Z_{eu}) was determined as the penetration depth of 1% of surface photosynthetically active radiation (PAR). In cases where the PAR sensor was not deployed (n = 3 stations), the Z_{eu} was determined as follows

$$E_z = E_0 \times e^{-kz} \tag{1}$$

where *E* is irradiance, *z* is the euphotic zone depth (Z_{eu}), 0 is the surface, and *k* is the diffuse attenuation coefficient, extracted from satellite data for the sampling period (6 to 15 November 2019; doi:10.5067/ORBVIEW-2/SEAWIFS/L3M/KD/2022).

Sample collection

Seawater samples were collected during three separate hydrocasts at each station. During the first hydrocast, seawater was collected in 12-liter Teflon-coated GoFlo bottles attached to a powder-coated aluminum frame and CTD with titanium housings following GEO-TRACES protocols (97). Seawater was decanted from the GoFlo bottles inside a Class 100 clean container laboratory and processed under a laminar flow-hood. During the second and third casts, seawater was collected in 12-liter Niskin bottles, with nutrient samples collected throughout the water column, while samples for chlorophyll a, phytoplankton taxonomy, and the rate experiments were collected from three to six depths in the mixed layer selected based on in situ (down-cast) profiles of temperature, fluorescence, and PAR.

Nutrient and chlorophyll a concentrations

Nitrate + nitrite ($NO_3^- + NO_2^-$) and silicate [Si(OH)₄] concentrations were analyzed using a Lachat Quick-Chem flow injection autoanalyzer following standard colorimetric methods (98) in a configuration with a detection limit of 0.1 µM and precision for duplicate samples of ≤ 0.5 µM. The NO_2^- concentrations were measured shipboard by standard colorimetric methods (98) using a Thermo Fisher Scientific Genesis 30 Visible spectrophotometer, with a detection limit of 0.05 µM and precision for duplicate samples of ≤ 0.1 µM. The NO_3^- concentrations were determined by subtracting NO_2^- from $NO_3^- + NO_2^-$.

Ammonium (NH₄⁴) concentrations were measured shipboard using the fluorometric method (99) as described previously (29). The detection limit was <0.05 μ M, and the precision for duplicate samples was $\leq 0.1 \mu$ M. Urea-N concentrations were measured following the colorimetric method of (*100*) using a Thermo Fisher Scientific Genesis 30 Visible spectrophotometer equipped with a 10cm path-length cell. The detection limit was 0.05 μ M, and the precision for duplicate samples was $\leq 0.05 \mu$ M.

Dissolved iron (dFe) concentrations were measured using a quadrupole inductively coupled plasma mass spectrometer (Agilent 7900) connected to a seaFAST S3 inline preconcentration system (Elemental Scientific) (101). The detection limit was 0.02 nM. GEOTRACES standards GSC (2009 GEOTRACES coastal surface seawater), GSP (2009 GEOTRACES Pacific surface seawater), and in-house consensus/reference materials were included in all runs.

For bulk and size-fractionated chlorophyll a concentrations, seawater was filtered through 0.3-µm and 2.7-µm glass fiber (Sterlitech GF-75 and Grade D, respectively) and 20-µm nylon mesh filters (yielding bulk, \geq 0.3 µm; picoplankton, 0.3 to 2.7 µm; nanoplankton, 2.7 to 20 µm; and microplankton, \geq 20 µm chlorophyll a) that were immediately transferred to 20-ml glass scintillation vials to which 8 ml of 90% acetone was added before the vials were incubated at -20°C for 24 hours (*102*). Extracts were subsequently measured using a Turner Designs Trilogy fluorometer equipped with a chlorophyll a nonacidified module. The detection limit was 0.025 µg liter⁻¹.

Phytoplankton and zooplankton taxonomy

Samples for phytoplankton taxonomy were collected at six mixedlayer depths in 50-ml centrifuge tubes and analyzed in vivo using a pulse-shape recording and imaging flow cytometer (CytoSense, Cytobuoy.com) fitted with a 488-nm laser, fluorescence sensors (yellow/green, 550 nm; orange, 600 to 650 nm; red, 650 to 700 nm), and two scatter sensors for light scattered parallel (forward scatter) and orthogonal (sideward scatter) to the laser beam. This technique yields phytoplankton counts (cell diameters of 1 to 1000 µm) comparable to those obtained with traditional microscopy, although with more reliable counts for cells $<5 \mu m$ (103). It also provides morphological information as the optical profile for each particle is recorded as it travels through the flow cell. Recorded cells were clustered by similarities in optical properties using CytoClus4 (Cytobuoy.com). Cells were assigned to one cluster only, and the same clustering was used for all samples. Cluster identification was supported by the high-resolution microphotographs taken by the instrument (e.g., Fig. 3E). Individual cell volumes were obtained from the total forward scatter signal, which was converted to volume using an empirical conversion formula (103), calibrated before the cruise. Biovolumes were obtained as the sum of all cell volumes in each class.

Samples for mesozooplankton taxonomy were collected during the day (MIZ and OAZ stations) and at night (SAZ and PFZ stations) using a Bongo net (200 μ m) that was towed vertically from 200 m to the surface at a constant speed of 0.5 m s⁻¹. Samples were transferred to 1-liter low-density polyethylene (LDPE) bottles and immediately fixed with buffered formalin (final solution of 4%, v/v). Samples were analyzed ashore using a ZEISS Stemi 508 stereo microscope and ZEISS Primo Star phase-contrast microscope (104). Individuals were grouped based on their life stage and broadly categorized into three groups: copepods, euphausiids (krill), and others.

Rates of NPP and nitrogen and iron uptake

Simulated in situ experiments were conducted to determine the bulk and size-fractionated (i.e., picoplankton, 0.3 to 2.7 μ m; nanoplankton, 2.7 to 20 μ m; and microplankton, >20 μ m) rates of NPP, N uptake (as NO₃⁻, NH₄⁺, and urea), and iron uptake [as labile inorganic iron (Fe') and organically complexed iron (Fe-FOB)]. Seawater was collected from three depths (typically surface, 50 m, and 75 m, with samples for NPP and N uptake collected in Niskin bottles and those for iron uptake collected in GoFlo bottles) and then prescreened through a 200- μ m mesh to remove large grazers. All experiments were performed in duplicate. For NPP and N uptake, isotope tracers were added at ~5 to 10% of the assumed ambient substrate concentrations, yielding final

concentrations in the bottles of 100 μ M NaH¹³CO₃, 1 μ M ¹⁵N-NO₃⁻, 0.05 μ M ¹⁵N-NH₄⁺, and 0.05 μ M ¹⁵N-urea-N; for the rate calculations, tracer enrichments were calculated after cruise using the measured nutrient concentrations. The bottles were incubated on deck for 4 to 6 hours in a custom-built incubator cooled with continuously running surface seawater and equipped with neutral density filters to simulate the relevant light levels. Experiments were terminated via filtration onto 0.3- μ m and 2.7- μ m combusted (450°C for 8 hours) glass fiber filters (Sterlitech GF-75 and Grade D, respectively) and Milli-Q–rinsed 20- μ m nylon mesh. The 20- μ m samples were resuspended in 0.2- μ m filtered seawater and then refiltered onto combusted 2.7- μ m filters. All filters were stored frozen in combusted (500°C for 5 hours) foil envelopes at –80°C pending analysis.

Ashore, filters were oven-dried for 24 hours at 40°C and then folded into tin cups that were analyzed using a Flash 1112 Series elemental analyzer coupled to a Delta V Plus isotope ratio mass spectrometer (EA-IRMS) in a configuration with a detection limit of 2 µg C and 1 µg N. Blanks (combusted unused filters) and laboratory running standards calibrated to International Atomic Energy Agency (IAEA) reference materials were run after every five samples and used to calibrate the sample measurements. Because of the low concentration of particulate organic matter on the 20-µm filters (often below the EA-IRMS detection limit for N), 60 nmol of reagent-grade urea was added to the samples to increase the organic N and C content. Urea was also added to a number of blank filters that were measured to determine $\delta^{15}N$ and δ^{13} C {where δ^{15} N, in permil (‰) versus N₂ in air, = $\left[\frac{({}^{15}N/{}^{14}N)_{sample}}{({}^{15}N/{}^{14}N)_{standard}} - 1\right] \times 1000, \text{ and } \delta^{13}C, \text{ in permil (\%) versus}$ Vienna Pee Dee Belemnite, = $\left[\frac{({}^{13}C)^{12}C)_{\text{sample}}}{({}^{13}C)^{12}C)_{\text{standard}}} - 1\right] \times 1000$ } of the added urea ("urea blank"). The measured carbon (POC) and nitrogen (PON) content, $\delta^{15}N$ and $\delta^{13}C$ of the 20-µm samples were corrected for the urea blank following

$$\begin{split} \delta^{15}N_{corrected} = & \\ \frac{(\delta^{15}N_{sample} - N \text{ content}_{sample}) - (\delta^{15}N_{urea \, blank} - N \text{ content}_{urea \, blank})}{N \text{ content}_{sample} - N \text{ content}_{urea \, blank}} \end{split}$$

(2)

$$N \text{ content}_{corrected} = N \text{ content}_{sample} - N \text{ content}_{urea blank}$$
 (3)

where $\delta^{15}N$ can be substituted for $\delta^{13}C$ and N content can be substituted for C content.

The rates of NPP and N uptake were determined following (5) and (*105*) after converting the measured δ^{15} N and δ^{13} C values to atom % ¹⁵N and ¹³C. POC, PON, NPP, N and iron uptake (see below) were determined for each filter fraction (i.e., >0.3 µm, >2.7 µm, and >20 µm). Size-fractionated uptake rates were calculated by subtraction (picoplankton, 0.3 to 2.7 µm; nanoplankton, 2.7 to 20 µm; microplankton, 20 to 200 µm), with error propagated according to standard practices.

For the inorganic iron uptake experiments, to maintain nearambient labile iron concentrations, we precomplexed 0.5 nM 55 Fe with 10 μ M ultraclean EDTA, which allowed us to calculate the labile iron amendment. [Fe'] was computed following (*106*), adjusting for the in situ iron concentration ([Fe]), temperature, pH, and irradiance (table S2). pH was derived from measurements of total alkalinity (TA) and total dissolved inorganic carbon (TC), and the conditional dissociation constants were derived using the values at 10°C and 20°C from (*106*) and extrapolating to colder temperatures as per (*107*). Calculated dark [Fe'] was 3.4 to 6.5 pM, or <1% of ambient dFe, but increased under higher irradiance and lower temperatures. To measure the community uptake rates of organically complexed siderophore iron, we incubated 1 μ M ⁵⁵Fe with 1.2 μ M desferrioxamine-B (FOB) in lightly acidified (pH = 3) Milli-Q water, before amending the incubation bottles to reach a final concentration of 1 nM ⁵⁵Fe-FOB.

All seawater manipulations were carried out using trace-metal clean procedures and in a particle- and metal-free environment. Seawater was collected in Go-Flo bottles at the same depths as for the NPP and N uptake experiments, transferred to 4-liter acid-cleaned polycarbonate bottles, and amended with either ⁵⁵Fe-EDTA or ⁵⁵Fe-FOB in a metal-free laminar flow hood. Bottles were incubated for 24 hours in a light- and temperature-controlled incubator, with incubations terminated by filtration through 0.2-, 2.7-, and 20-µm polycarbonate filters (Millipore). Filters were rinsed with an oxalate solution to remove adherent (but non-assimilated) iron (*108*), then rinsed with filtered seawater, and stored in a scintillation vial with 10-ml scintillation cocktail.

Ashore, counts per minute were determined using a scintillation counter (TriCarb 2900) and then converted to disintegrations per minute taking into account radioactive decay (specific activity of ⁵⁵Fe is 113 mCi mg⁻¹; PerkinElmer) and using a custom quench curve. Iron uptake rates were calculated using the amended plus intrinsic iron concentrations as follows

$$\begin{split} d[Fe]_{uptake} & \left\{ \left(\mu mol \ Fe \ mol \ C \ liter^{-1} \ day^{-1} \right) = [Fe_{tot}] \\ & \times \left[\left(\frac{DPM - filter \ blank}{^{55}Fe \ specific \ activity} \right) \times day^{-1} \times vol^{-1} \right] \right\} \times [POC] \end{split}$$

where [POC] is the POC concentration in the incubation bottles at the end of the experiments.

Using the size-fractionated rates of NPP, total N (i.e., NO_3^- + NH_4^+ + urea) uptake, and total iron (i.e., dFe' + dFe-FOB) uptake, we estimated the Fe:C and Fe:N uptake ratios (43, 44) for the three plankton size classes as follows

$$Fe:X \text{ uptake ratio}_{(\text{size class})} = \frac{Fe'_{(\text{size class})} + Fe - FOB_{(\text{size class})}}{X_{(\text{size class})}}$$

where *X* is either NPP or total N uptake and size class refers to pico-, nano-, or microplankton.

Carbon export potential and NCP

To determine carbon export potential relative to NPP at each station, we calculated the f ratio (short hand for flux ratio; a measure of new production relative to total production) using the N uptake rates (6)

$$f \text{ ratio} = \frac{\rho \text{NO}_3^-}{\rho \text{NO}_3^- + \rho \text{NH}_4^+ + \rho \text{urea}}$$
(6)

Total community carbon export potential (mmol C m $^{-2}$ day $^{-1}$) was then calculated as

$$Total \ carbon \ export \ potential = f \ ratio \times NPP \tag{7}$$

where NPP was integrated over the mixed layer at each station.

We estimated NCP (a measure of carbon export; mmol C m⁻²) between the start of the growth season and the time of our sampling using the net depletion of mixed-layer NO₃⁻ from its maximum winter concentration (i.e., following recharge) until our sampling, following the approach of (35)

Spring NCP =
$$(NO_3^{-} \text{ depletion} - [PON] - [NH_4^{+}] - [urea]) \times C:N \text{ ratio}$$
 (8)

We computed NCP using three different estimates of the C:N ratio—the Redfield C:N ratio of 6.6:1, the C:N ratio estimated by (52) from high-resolution float-based measurements for each zone of the Atlantic Southern Ocean, and the bulk biomass C:N ratio that we measured at each station. [PON], $[NH_4^+]$, and [urea] are the average measured mixed-layer concentrations of the various species, and NO_3^- depletion was estimated as

$$NO_3^-$$
 depletion = $[NO_3^-]_{source} - [NO_3^-]_{measured}$ (9)

where $[NO_3^-]_{source}$ is the average NO_3^- concentration directly below the mixed layer at the time of sampling and $[NO_3^-]_{measured}$ is the average measured mixed-layer concentration (84, 92). Equation 8 provides a direct measure of export since if NO_3^- supplied during winter mixing is no longer present in the mixed-layer partway into the proceeding growth season (as any form of dissolved inorganic or organic N, or N biomass), then it has to have been exported.

To estimate the fraction of annual NCP (ANCP) accounted for by the spring bloom, we divided our springtime NCP estimates by the average, maximum, and minimum values of ANCP determined by (*35*) for the Atlantic Southern Ocean (Fig. 6D, black squares and error bars). The uncertainty associated with the springtime contribution to ANCP (gray shading in Fig. 6D) was calculated by averaging the values computed using the average, maximum, and minimum ANCP.

Supplementary Materials

This PDF file includes: Supplementary Text Figs. S1 to S4 Tables S1 and S2

(5)

REFERENCES AND NOTES

- J. H. Martin, R. M. Gordon, S. E. Fitzwater, Iron in Antarctic waters. Nature 345, 156–158 (1990).
- P. W. Boyd, A. J. Watson, C. S. Law, E. R. Abraham, T. Trull, R. Murdoch, D. C. E. Bakker, A. R. Bowie, K. O. Buesseler, H. Chang, M. Charette, P. Croot, K. Downing, R. Frew, M. Gall, M. Hadfield, J. Hall, M. Harvey, G. Jameson, J. LaRoche, M. Liddicoat, R. Ling, M. T. Maldonado, R. M. McKay, S. Nodder, S. Pickmere, R. Pridmore, S. Rintoul, K. Safi, P. Sutton, R. Strzepek, K. Tanneberger, S. Turner, A. Waite, J. Zeldis, A mesoscale phytoplankton bloom in the polar Southern Ocean stimulated by iron fertilization. *Nature* 407, 695–702 (2000).
- Q. Dortch, The interaction between ammonium and nitrate uptake in phytoplankton. Mar. Ecol. Prog. Ser. 61, 183–201 (1990).
- P. M. Glibert, F. P. Wilkerson, R. C. Dugdale, J. A. Raven, C. L. Dupont, P. R. Leavitt, A. E. Parker, J. M. Burkholder, T. M. Kana, Pluses and minuses of ammonium and nitrate uptake and assimilation by phytoplankton and implications for productivity and

community composition, with emphasis on nitrogen-enriched conditions. *Limnol. Oceanogr.* **61**, 165–197 (2016).

- R. C. Dugdale, J. J. Goering, Uptake of new and regenerated forms of nitrogen in primary productivity. *Limnol. Oceanogr.* 12, 196–206 (1967).
- R. W. Eppley, B. Peterson, Particulate organic matter flux and planktonic new production in the deep ocean. *Nature* 282, 677–680 (1979).
- J. L. Sarmiento, J. R. Toggweiler, A new model for the role of the oceans in determining atmospheric P CO2. Nature 308, 621–624 (1984).
- K. F. Edwards, M. K. Thomas, C. A. Klausmeier, E. Litchman, Allometric scaling and taxonomic variation in nutrient utilization traits and maximum growth rate of phytoplankton. *Limnol. Oceanogr.* 57, 554–566 (2012).
- F. Azam, T. Fenchel, J. G. Field, J. S. Gray, L. A. Meyer-Reil, F. Thingstad, *Classic Papers with Commentaries* (University of Chicago Press, 1983), pp. 257–263.
- 10. T. Fenchel, Marine plankton food chains. Annu. Rev. Ecol. Syst. 19, 19–38 (1988).
- L. Legendre, J. Le Fevre, Microbial food webs and the export of biogenic carbon in oceans. Aquat. Microb. Ecol. 9, 69–77 (1995).
- A. F. Michaels, M. W. Silver, Primary production, sinking fluxes and the microbial food web. Deep Sea Res. Part A. Oceanogr. Res. Pap. 35, 473–490 (1988).
- J. E. Tremblay, M. I. Lucas, G. Kattner, R. Pollard, V. H. Strass, U. Bathmann, A. Bracher, Significance of the Polar Frontal Zone for large-sized diatoms and new production during summer in the Atlantic sector of the Southern Ocean. *Deep. Res. Part II Top. Stud. Oceanogr.* 49, 3793–3811 (2002).
- S. L. Deppeler, A. T. Davidson, Southern Ocean phytoplankton in a changing climate. Front. Mar. Sci. 4, (2017).
- N. Cassar, S. W. Wright, P. G. Thomson, T. W. Trull, K. J. Westwood, M. De Salas, A. Davidson, I. Pearce, D. M. Davies, R. J. Matear, The relation of mixed-layer net community production to phytoplankton community composition in the Southern Ocean. *Global Biogeochem. Cycles* 29, 446–462 (2015).
- K. Leblanc, B. Quéguiner, F. Diaz, V. Cornet, M. Michel-Rodriguez, X. Durrieu De Madron, C. Bowler, S. Malviya, M. Thyssen, G. Grégori, M. Rembauville, O. Grosso, J. Poulain, C. de Vargas, M. Pujo-Pay, P. Conan, Nanoplanktonic diatoms are globally overlooked but play a role in spring blooms and carbon export. *Nat. Commun.* **91**, 1–12 (2018).
- L. W. Juranek, A. E. White, M. Dugenne, F. Henderikx Freitas, S. Dutkiewicz, F. Ribalet, S. Ferrón, E. V. Armbrust, D. M. Karl, The importance of the phytoplankton "Middle Class" to ocean net community production. *Global Biogeochem. Cycles* 34, e2020GB006702 (2020).
- J. M. Burger, C. L. Moloney, D. R. Walker, R. G. Parrott, S. E. Fawcett, Drivers of short-term variability in phytoplankton production in an embayment of the southern Benguela upwelling system. J. Mar. Syst. 208, 103341 (2020).
- M. B. Klunder, P. Laan, R. Middag, H. J. W. De Baar, J. C. van Ooijen, Dissolved iron in the Southern Ocean (Atlantic sector). *Deep. Res. Part II Top. Stud. Oceanogr.* 58, 2678–2694 (2011).
- A. Tagliabue, J. B. Sallée, A. R. Bowie, M. Lévy, S. Swart, P. W. Boyd, Surface-water iron supplies in the Southern Ocean sustained by deep winter mixing. *Nat. Geosci.* 7, 314–320 (2014).
- T. N. Mtshali, N. R. van Horsten, S. J. Thomalla, T. J. Ryan-Keogh, S. A. Nicholson, A. N. Roychoudhury, E. Bucciarelli, G. Sarthou, A. Tagliabue, P. M. S. Monteiro, Seasonal depletion of the dissolved iron reservoirs in the sub-Antarctic zone of the Southern Atlantic Ocean. *Geophys. Res. Lett.* **46**, 4386–4395 (2019).
- J. Llort, M. Lévy, J.-B. Sallée, A. Tagliabue, Onset, intensification, and decline of phytoplankton blooms in the Southern Ocean. J. Mar. Sci. 72, 1971–1984 (2015).
- 23. V. Smetacek, The giant diatom dump. Nat. 406, 574-575 (2000).
- V. Smetacek, P. Assmy, J. Henjes, The role of grazing in structuring Southern Ocean pelagic ecosystems and biogeochemical cycles. *Antarct. Sci.* 16, 541–558 (2004).
- B. Quéguiner, Iron fertilization and the structure of planktonic communities in high nutrient regions of the Southern. *Deep. Res. Part II Top. Stud. Oceanogr.* **90**, 43–54 (2013).
- P. Assmy, V. Smetacek, M. Montresor, C. Klaas, J. Henjes, V. H. Strass, J. M. Arrieta, U. Bathmann, G. M. Berg, E. Breitbarth, B. Cisewski, L. Friedrichs, N. Fuchs, G. J. Herndl, S. Jansen, S. Krägefsky, M. Latasa, I. Peeken, R. Röttgers, R. Scharek, S. E. Schüller, S. Steigenberger, A. Webb, D. Wolf-Gladrow, Thick-shelled, grazer-protected diatoms decouple ocean carbon and silicon cycles in the iron-limited Antarctic Circumpolar Current. *Proc. Natl. Acad. Sci. U.S.A.* **10**, 20633–20638 (2013).
- P. Tréguer, C. Bowler, B. Moriceau, S. Dutkiewicz, M. Gehlen, O. Aumont, L. Bittner, R. Dugdale, Z. Finkel, D. Iudicone, O. Jahn, L. Guidi, M. Lasbleiz, K. Leblanc, M. Levy, P. Pondaven, Influence of diatom diversity on the ocean biological carbon pump. *Nat. Geosci.* **11**, 27–37 (2018).
- M. W. Lomas, P. M. Glibert, Interactions between NH⁴₄ and NO³₃ uptake and assimilation: Comparison of diatoms and dinoflagellates at several growth temperatures. *Mar. Biol.* 133, 541–551 (1999).

- S. Smith, K. E. Altieri, M. Mdutyana, D. R. Walker, R. G. Parrott, S. Gallie, K. A. M. Spence, J. M. Burger, S. E. Fawcett, Biogeochemical controls on ammonium accumulation in the surface layer of the Southern Ocean. *Biogeosciences* **19**, 715–741 (2022).
- A. Marchetti, M. T. Maldonado, Iron, in *The Physiology of Microalgae*, Borowitzka MA, J. Beardell, J. Raven, Eds. (Springer Publishing, 2016).
- L. J. Hoffmann, I. Peeken, K. Lochte, Iron, silicate, and light co-limitation of three Southern Ocean diatom species. *Polar Biol.* **31**, 1067–1080 (2008).
- L. R. Feinberg, H. G. Dam, Effects of diet on dimensions, density and sinking rates of fecal pellets of the copepod Acartia tonsa. *Mar. Ecol. Prog. Ser.* **175**, 87–96 (1998).
- M. J. Behrenfeld, Y. Hu, R. T. O'Malley, E. S. Boss, C. A. Hostetler, D. A. Siegel, J. L. Sarmiento, J. Schulien, J. W. Hair, X. Lu, S. Rodier, A. J. Scarino, Annual boom–bust cycles of polar phytoplankton biomass revealed by space-based lidar. *Nat. Geosci.* **10**, 118–122 (2017).
- L. A. Arteaga, E. Boss, M. J. Behrenfeld, T. K. Westberry, J. L. Sarmiento, Seasonal modulation of phytoplankton biomass in the Southern Ocean. *Nat. Commun.* 11, 5364 (2020).
- K. S. Johnson, J. N. Plant, L. J. Coletti, H. W. Jannasch, C. M. Sakamoto, S. C. Riser, D. D. Swift, N. L. Williams, E. Boss, N. Haëntjens, L. D. Talley, J. L. Sarmiento, Biogeochemical sensor performance in the SOCCOM profiling float array. J. Geophys. Res. Ocean. 122, 6416–6436 (2017).
- S. Dong, J. Sprintall, S. T. Gille, L. Talley, Southern Ocean mixed-layer depth from Argo float profiles. J. Geophys. Res. Ocean. 113, 6013 (2008).
- R. Pollard, P. Tréguer, J. Read, Quantifying nutrient supply to the Southern Ocean. J. Geophys. Res. Ocean. 111, (2006).
- A. Tagliabue, T. Mtshali, O. Aumont, A. R. Bowie, M. B. Klunder, A. N. Roychoudhury, S. Swart, A global compilation of dissolved iron measurements: Focus on distributions and processes in the Southern Ocean. *Biogeosciences* 9, 2333–2349 (2012).
- I. J. Ansorge, S. Speich, J. R. E. Lutjeharms, G. J. Göni, C. J. De, W. Rautenbach, P. W. Froneman, M. Rouault, S. Garzoli, Monitoring the oceanic flow between Africa and Antarctica: Report of the first GoodHope cruise. *South African J. Antarct. Res.* **101**, 2–103 (2005).
- A. H. Orsi, T. Whitworth, W. D. Nowlin, On the meridional extent and fronts of the Antarctic Circumpolar Current. *Deep. Res. Part* 42, 641–673 (1995).
- M. Mdutyana, S. J. Thomalla, R. Philibert, B. B. Ward, S. E. Fawcett, The seasonal cycle of nitrogen uptake and nitrification in the atlantic sector of the southern ocean. *Global Biogeochem. Cycles* 34, (2020).
- K. S. Johnson, K. H. Coale, V. A. Elrod, N. W. Tindale, Iron photochemistry in seawater from the equatorial Pacific. *Mar. Chem.* 46, 319–334 (1994).
- R. M. L. McKay, S. W. Wilhelm, J. Hall, D. A. Hutchins, M. M. D. Al-Rshaidat, C. E. Mioni, S. Pickmere, D. Porta, P. W. Boyd, Impact of phytoplankton on the biogeochemical cycling of iron in subantarctic waters southeast of New Zealand during FeCycle. *Global Biogeochem. Cycles* 19, (2005).
- R. F. Strzepek, M. T. Maldonado, J. L. Higgins, J. Hall, K. Safi, S. W. Wilhelm, P. W. Boyd, Spinning the "ferrous wheel": The importance of the microbial community in an iron budget during the FeCycle experiment. *Global Biogeochem. Cycles* **19**, (2005).
- J. L. Sarmiento, N. Gruber, M. A. Brzezinski, J. P. Dunne, Erratum: High-latitude controls of thermocline nutrients and low latitude biological productivity. *Nature* 479, 556 (2011).
- R. W. Eppley, W. H. Thomas, Comparison of half-saturation constants for growth and nitrate uptake of marine phytoplankton. J. Phycol. 5, 375–379 (1969).
- Z. V. Finkel, A. Quigg, J. A. Raven, J. R. Reinfelder, O. E. Schofield, P. G. Falkowski, Irradiance and the elemental stoichiometry of marine phytoplankton. *Limnol. Oceanogr.* 51, 2690–2701 (2006).
- E. Litchman, Resource competition and the ecological success of phytoplankton. Evol. Prim. Prod. Sea, 351–375 (2007).
- E. Marañón, P. Cermeño, D. C. López-Sandoval, T. Rodríguez-Ramos, C. Sobrino, M. Huete-Ortega, J. M. Blanco, J. Rodríguez, Unimodal size scaling of phytoplankton growth and the size dependence of nutrient uptake and use. *Ecol. Lett.* **16**, 371–379 (2013).
- U. Sommer, E. Charalampous, S. Genitsaris, M. Moustaka-Gouni, Benefits, costs and taxonomic distribution of marine phytoplankton body size. *J. Plankton Res.* 39, 494–508 (2017).
- D. J. Janssen, M. Sieber, M. J. Ellwood, T. M. Conway, P. M. Barrett, X. Chen, G. F. de Souza, C. S. Hassler, S. L. Jaccard, Trace metal and nutrient dynamics across broad biogeochemical gradients in the Indian and Pacific sectors of the Southern Ocean. *Mar. Chem.* 221, 103773 (2020).
- K. S. Johnson, M. R. Mazloff, M. B. Bif, Y. Takeshita, H. W. Jannasch, T. L. Maurer, J. N. Plant, A. Verdy, P. M. Walz, S. C. Riser, L. D. Talley, Carbon to nitrogen uptake ratios observed across the Southern Ocean by the SOCCOM profiling float array. J. Geophys. Res. Ocean. 127, e2022JC18859 (2022).
- K. J. Flynn, D. K. Stoecker, A. Mitra, J. A. Raven, P. M. Glibert, J. Hansen, E. G. Li, J. M. Burkholder, Misuse of the phytoplankton-zooplankton dichotomy: The need to

assign organisms as mixotrophs within plankton functional types. J. Plankton Res. 35, 3–11 (2013).

- T. Berge, S. Chakraborty, P. J. Hansen, K. H. Andersen, Modeling succession of key resource-harvesting traits of mixotrophic plankton. *ISME J.* 11, 212–223 (2017).
- B. A. Ward, M. J. Follows, Marine mixotrophy increases trophic transfer efficiency, mean organism size, and vertical carbon flux. *Proc. Natl. Acad. Sci. U.S.A.* **113**, 2958–2963 (2016).
- T. Kiørboe, Turbulence, phytoplankton cell size, and the structure of pelagic food webs. Adv. Mar. Biol. 29, 1–72 (1993).
- P. Cermeño, E. Marañón, V. Pérez, P. Serret, E. Fernández, C. G. Castro, Phytoplankton size structure and primary production in a highly dynamic coastal ecosystem (Ría de Vigo, NW-Spain): Seasonal and short-time scale variability. *Estuar. Coast. Shelf Sci.* 67, 251–266 (2006).
- S. E. Fawcett, B. B. Ward, Phytoplankton succession and nitrogen utilization during the development of an upwelling bloom. *Mar. Ecol. Prog. Ser.* 428, 13–31 (2011).
- P. Assmy, V. Smetacek, M. Montresor, C. Klaas, J. Henjes, V. H. Strass, J. M. Arrieta, U. Bathmann, G. M. Berg, E. Breitbarth, B. Cisewski, L. Friedrichs, N. Fuchs, G. J. Herndl, S. Jansen, S. Krägefsky, M. Latasa, I. Peeken, R. Röttgers, R. Scharek, S. E. Schüller, S. Steigenberger, A. Webb, D. Wolf-Gladrow, C. Klaas, V. Smetacek, Mechanisms determining species dominance in a phytoplankton bloom induced by the iron fertilization experiment EisenEx in the Southern Ocean. *Deep. Res. Part I Oceanogr. Res. Pap.* 54, 340–362 (2007).
- M. Doebeli, E. C. Jaque, Y. Ispolatov, Boom-bust population dynamics increase diversity in evolving competitive communities. *Commun. Biol.* 4, 502 (2021).
- F. Morel, J. Rueter, N. Price, Iron nutrition of Phytoplankton and its possible importance in the ecology of ocean regions with high nutrient and low biomass. *Oceanography* 4, 56–61 (1991).
- M. T. Maldonado, N. M. Price, Influence of N substrate on Fe requirements of marine centric diatoms. *Mar. Ecol. Prog. Ser.* **141**, 161–172 (1996).
- N. R. Cohen, K. A. Ellis, R. H. Lampe, H. McNair, B. S. Twining, M. T. Maldonado, M. A. Brzezinski, F. I. Kuzminov, K. Thamatrakoln, C. P. Till, K. W. Bruland, W. G. Sunda, S. Bargu, A. Marchetti, Diatom transcriptional and physiological responses to changes in iron bioavailability across ocean provinces. *Front. Mar. Sci.* 4, 360 (2017).
- R. H. Lampe, N. R. Cohen, K. A. Ellis, K. W. Bruland, M. T. Maldonado, T. D. Peterson, C. P. Till, M. A. Brzezinski, S. Bargu, K. Thamatrakoln, F. I. Kuzminov, B. S. Twining, A. Marchetti, Divergent gene expression among phytoplankton taxa in response to upwelling. *Environ. Microbiol.* 20, 3069–3082 (2018).
- W. G. Sunda, S. A. Huntsman, Iron uptake and growth limitation in oceanic and coastal phytoplankton. *Mar. Chem.* 50, 189–206 (1995).
- L. J. Hoffmann, I. Peeken, K. Lochte, P. Assmy, M. Veldhuis, Different reactions of Southern Ocean phytoplankton size classes to iron fertilization. *Limnol. Oceanogr.* 51, 1217–1229 (2006).
- K. Petrou, S. Trimborn, B. Rost, P. J. Ralph, C. S. Hassler, The impact of iron limitation on the physiology of the Antarctic diatom. *Mar. Biol.* 161, 925–937 (2014).
- D. Bozzato, T. Jakob, C. Wilhelm, S. Trimborn, Effects of iron limitation on carbon balance and photophysiology of the Antarctic diatom Chaetoceros cf. simplex. *Polar Biol.* 44, 275–287 (2021).
- J. Bergkvist, P. Thor, H. H. Jakobsen, S. Å. Wängberg, E. Selander, Grazer-induced chain length plasticity reduces grazing risk in a marine diatom. *Limnol. Oceanogr.* 57, 318–324 (2012).
- M. Rembauville, S. Blain, L. Armand, B. Quéguiner, I. Salter, Export fluxes in a naturally iron-fertilized area of the Southern Ocean—Part 2: Importance of diatom resting spores and faecal pellets for export. *Biogeosciences.* 12, 3171–3195 (2015).
- L. M. Nodwell, N. M. Price, Direct use of inorganic colloidal iron by marine mixotrophic phytoplankton. *Limnol. Oceanogr.* 46, 765–777 (2001).
- M. R. Stukel, M. R. Landry, K. E. Selph, Nanoplankton mixotrophy in the eastern equatorial Pacific. Deep Sea Res. Part II Top. Stud. Oceanogr. 58, 378–386 (2011).
- A. Marchetti, M. S. Parker, L. P. Moccia, E. O. Lin, A. L. Arrieta, F. Ribalet, M. E. P. Murphy, M. T. Maldonado, E. V. Armbrust, Ferritin is used for iron storage in bloom-forming marine pennate diatoms. *Nature* 457, 467–470 (2008).
- B. S. Twining, O. Antipova, P. D. Chappell, N. R. Cohen, J. E. Jacquot, E. L. Mann, A. Marchetti, D. C. Ohnemus, S. Rauschenberg, A. Tagliabue, Taxonomic and nutrient controls on phytoplankton iron quotas in the ocean. *Limnol. Oceanogr. Lett.* 6, 96–106 (2021).
- P. Pondaven, O. Ragueneau, P. Tréguer, A. Hauvespre, L. Dezileau, J. L. Reyss, Resolving the 'opal paradox' in the Southern Ocean. *Nat.* 405, 168–172 (2000).
- K. Petrou, S. A. Kranz, S. Trimborn, C. S. Hassler, S. B. Ameijeiras, O. Sackett, P. J. Ralph, A. T. Davidson, Southern Ocean phytoplankton physiology in a changing climate. *J. Plant Physiol.* **203**, 135–150 (2016).

- E. F. Møller, P. Thor, T. G. Nielsen, Production of DOC by Calanus finmarchicus, C. glacialis and C. hyperboreus through sloppy feeding and leakage from fecal pellets. *Mar. Ecol. Prog. Ser.* **262**, 185–191 (2003).
- H. A. Bouman, C. Lepère, D. J. Scanlan, U. Osvaldo, Phytoplankton community structure in a high-nutrient, low-chlorophyll region of the eastern Pacific Subantarctic region during winter-mixed and summer-stratified conditions. *Deep Sea Res. Part I Oceanogr. Res. Pap.* 69, 1–11 (2012).
- E. E. Kopczyńska, N. Savoye, F. Dehairs, D. Cardinal, M. Elskens, Spring phytoplankton assemblages in the Southern Ocean between Australia and Antarctica. *Polar Biol.* 31, 77–88 (2007).
- M. F. de Salas, R. Eriksen, A. T. Davidson, S. W. Wright, Protistan communities in the Australian sector of the Sub-Antarctic Zone during SAZ-Sense. *Deep Sea Res. Part II Top. Stud. Oceanogr.* 58, 2135–2149 (2011).
- S. Sokolov, S. R. Rintoul, On the relationship between fronts of the Antarctic Circumpolar Current and surface chlorophyll concentrations in the Southern Ocean. J. Geophys. Res. Ocean. 112, (2007).
- 82. G. E. Hutchinson, The paradox of the plankton. Am. Nat. 95, 137-145 (1961).
- K. R. Arrigo, G. van Dijken, M. Long, Coastal Southern Ocean: A strong anthropogenic CO2 sink. *Geophys. Res. Lett.* 35, (2008).
- L. Goeyens, P. Tréguer, M. E. M. Baumann, W. Baeyens, F. Dehairs, The leading role of ammonium in the nitrogen uptake regime of Southern Ocean marginal ice zones. J. Mar. Syst. 6, 345–361 (1995).
- U. Christaki, I. D. Skouroliakou, A. Delegrange, S. Irion, L. Courcot, L. Jardillier, I. Sassenhagen, Microzooplankton diversity and potential role in carbon cycling of contrasting Southern Ocean productivity regimes. J. Mar. Syst. 219, 103531 (2021).
- D. A. Hutchins, P. W. Boyd, Marine phytoplankton and the changing ocean iron cycle. *Nat. Clim. Chang.* 6, 1072–1079 (2016).
- K. O. Buesseler, R. T. Barber, M. L. Dickson, M. R. Hiscock, J. K. Moore, R. Sambrotto, The effect of marginal ice-edge dynamics on production and export in the Southern Ocean along 170°W. *Deep Sea Res. Part II Top. Stud. Oceanogr.* **50**, 579–603 (2003).
- A. Goffart, G. Catalano, J. H. Hecq, Factors controlling the distribution of diatoms and Phaeocystis in the Ross Sea. J. Mar. Syst. 27, 161–175 (2000).
- C. Nissen, M. Vogt, Factors controlling the competition between Phaeocystis and diatoms in the Southern Ocean in the Southern Ocean. *Biogeosciences* 18, 251–283 (2021).
- V. Schoemann, S. Becquevort, J. Stefels, V. Rousseau, C. Lancelot, Phaeocystis blooms in the global ocean and their controlling mechanisms: A review. J. Sea Res. 53, 43–66 (2005).
- S. W. Wright, R. L. van den Enden, I. Pearce, A. T. Davidson, F. J. Scott, K. J. Westwood, Phytoplankton community structure and stocks in the Southern Ocean (30–80°E) determined by CHEMTAX analysis of HPLC pigment signatures. *Deep Sea Res. Part II Top. Stud. Oceanogr.* 57, 758–778 (2010).
- R. F. Flynn, T. G. Bornman, J. M. Burger, S. Smith, K. A. M. Spence, S. E. Fawcett, Summertime productivity and carbon export potential in the Weddell Sea, with a focus on the waters adjacent to Larsen C lce Shelf. *Biogeosciences* 18, 6031–6059 (2021).
- K. R. Arrigo, D. H. Robinson, D. L. Worthen, R. B. Dunbar, G. R. DiTullio, M. VanWoert, M. P. Lizotte, Phytoplankton community structure and the drawdown of nutrients and CO2 in the Southern Ocean. *Science* 283, 365–367 (1999).
- G. R. DiTullio, J. M. Grebmeier, K. R. Arrigo, M. P. Lizotte, D. H. Robinson, A. Leventer, J. P. Barry, M. L. VanWoert, R. B. Dunbar, Rapid and early export of Phaeocystis antarctica blooms in the Ross Sea, Antarctica. *Nature* **404**, 595–598 (2000).
- S. Mengesha, F. Dehairs, M. Fiala, M. Elskens, L. Goeyens, Seasonal variation of phytoplankton community structure and nitrogen uptake regime in the Indian Sector of the Southern Ocean. *Polar Biol.* 20, 259–272 (1998).
- U. Rönner, F. Sörensson, O. Holm-Hansen, Nitrogen assimilation by phytoplankton in the Scotia Sea. *Polar Biol.* 2, 137–147 (1983).
- G. Cutter, K. Casciotti, P. Croot, W. Geibert, L.-E. Heimbürger, M. Lohan, H. Planquette, T. van de Flierdt, Sampling and sample-handling protocols for GEOTRACES Cruises, Version 3.0, August 2017 (2020).
- J. D. H. Strickland, T. R. Parsons, A practical handbook of seawater analysis. *Bull. Fish. Res.* Board Canada 167, 167 (1968).
- R. M. Holmes, A. Aminot, R. Kerouel, B. A. Hooker, B. J. Peterson, A simple and precise method for measuring ammonium in marine and freshwater ecosystems. *Can. J. Fish. Aquat. Sci.* 56, 1801–1808 (1999).
- M. Revilla, J. Alexander, P. M. Glibert, Urea analysis in coastal waters: Comparison of enzymatic and direct methods. *Limnol. Oceanogr. Methods.* 3, 290–299 (2005).
- S. Samanta, R. Cloete, J. Loock, R. Rossouw, A. N. Roychoudhury, Determination of trace metal (Mn, Fe, Ni, Cu, Zn, Co, Cd and Pb) concentrations in seawater using single quadrupole ICP-MS: A comparison between offline and online preconcentration setups. *Minerals* 11, 1289 (2021).

- N. A. Welschmeyer, Fluorometric analysis of chlorophyll a in the presence of chlorophyll b and pheopigments. *Limnol. Oceanogr.* 39, 1985–1992 (1994).
- L. Haraguchi, H. H. Jakobsen, N. Lundholm, J. Carstensen, Monitoring natural phytoplankton communities: A comparison between traditional methods and pulse-shape recording flow cytometry. *Aquat. Microb. Ecol.* **80**, 77–92 (2017).
- D. Boltovskoy, M. J. Gibbons, L. Hutchings, D. Binet, General biological features of the South Atlantic. South Atl. Zooplankt. 1, 1–42 (1999).
- R. C. Dugdale, F. P. Wilkerson, The use of 15N to measure nitrogen uptake in eutrophic experimental considerations1 t2. *Limnol. Oceanogr.* 31, 673–689 (1986).
- W. Sunda, S. Huntsman, Effect of pH, light, and temperature on Fe–EDTA chelation and Fe hydrolysis in seawater. *Mar. Chem.* 84, 35–47 (2003).
- R. F. Strzepek, M. T. Maldonado, K. A. Hunter, R. D. Frew, P. W. Boyd, Adaptive strategies by Southern Ocean phytoplankton to lessen iron limitation: Uptake of organically complexed iron and reduced cellular iron requirements. *Limnol. Oceanogr.* 56, 1983–2002 (2011).
- D. Tang, F. M. M. Morel, Distinguishing between cellular and Fe-oxide-associated trace elements in phytoplankton. *Mar. Chem.* 98, 18–30 (2006).

Acknowledgments: We thank K. Bengu and the exceptional crew of the R/V SA Agulhas II, as well as the SCALE spring 2019 Chief Scientist, T. Ryan-Keogh, and all cruise participants. We are particularly grateful to R. Audh, H. Forrer, E. Harris, R. Parrott, K. Spence, S. Smith, S. Wallschuss, and S. Xokashe for help with sample collection; R. Roman for help with nutrient analyses; the University of Cape Town (UCT) Oceanography Department and Marine Biogeochemistry Lab; I. Newton, J. Luyt, and P. Groenewald at the UCT Stable Light Isotope Laboratory; H. Jakobsen at

Aarhus University for lending us the CytoSense flow cytometer; and the University of Pretoria Department of Genetics for the use of their scintillation counter. We also acknowledge the South African Department of Science and Innovation's Biogeochemistry Research Infrastructure Platform (BIOGRIP) and Polar Research Infrastructure (SAPRI). Funding: This work was supported by the South African National Research Foundation (R.F.F., J.M.B., and L.S.), South African National Antarctic Programme grants 117035 and 129232 (S.E.F.), University of Cape Town Science Faculty Fellowship (R.F.F.), University of Cape Town Vice-Chancellor Doctoral Research Scholarship (R.F.F. and J.M.B.), University of Cape Town Vice-Chancellor Future Leaders 2030 Award (S.E.F.), European Union's Horizon 2020 Research and Innovation Programme No. 844733 (J.M.), Academy of Finland grants 342223 and 335692 (L.H.), and Funds from an Anonymous Charitable Donor Trust as part of Whales and Climate Change Program (A.N.R.). Author contributions: Conceptualization: R.F.F., S.E.F., L.H., and J.M. Data curation: R.F.F., L.H., J. M., P.M.L., L.S., and S.S. Methodology: R.F.F., S.E.F., L.H., J.M., P.M.L., S.S., and A.N.R. Investigation: R.F.F., L.H., J.M., J.M.B., L.S., and S.S. Visualization: R.F.F. Supervision: S.E.F. and L.H. Writingoriginal draft: R.F.F., S.E.F., and L.H. Writing-review and editing: S.E.F., L.H., J.M., J.M.B., P.M.L., L. S., S.S., and A.N.R. Competing interests: The authors declare that they have no competing interests. Data and materials availability: The data used in this manuscript are available in the Zenodo data repository: 10.5281/zenodo.7820428. All data needed to evaluate the conclusions in the paper are present in the paper and/or the Supplementary Materials.

Submitted 19 April 2023 Accepted 2 November 2023 Published 1 December 2023 10.1126/sciadv.adi3059