

1 **Africánes in southern Africa: attributes and contribution to rainfall of a continental tropical low.**

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Abstract

14 Large parts of southern Africa are influenced by extra-tropical weather systems for most of the year.
15 During late summer (December to March), the circulation over the area becomes distinctly tropical.
16 This paper introduces the Africáne, a synoptic scale tropical low-pressure system which has been
17 shown to cause widespread and heavy rainfall over the southern sub-continent of Africa. The
18 frequency of occurrence of Africánes, their contribution to rainfall and interannual variability are
19 discussed in this paper. Africánes occur most frequently at the longitude of the Caprivi area with a
20 second peak in frequency at around 32.5°E. They mostly occur over Namibia, Botswana and
21 Zimbabwe and only infrequently infiltrate as far south as the borders of South Africa. However,
22 when they do occur over South Africa, they cause widespread heavy rainfall and floods. Rainfall is
23 mostly confined to the eastern flank of Africánes and between 20-35% of the annual rainfall over
24 southern Africa in late summer can be attributed to these systems. There are two main synoptic
25 regimes associated with Africánes: a westerly wave or tropical-temperature trough combines with
26 the Africáne to pull rainfall southwards into South Africa. The second, is a mid-level subtropical high
27 pressure, located south of the Africáne, which causes the rainfall to be confined to the north. The
28 interannual variability of Africánes are closely linked to rainfall over southern Africa, such that an
29 above normal number of Africánes in a season causes above normal rainfall over southern Africa.
30 The number of Africánes that form per year is linked to El Niño–Southern Oscillation (ENSO). It is
31 recommended that the predictability of Africánes on different time scales should be investigated.

32

33 Keywords: continental tropical low; heavy rainfall; southern Africa; tropical temperature trough;
34 Angola low.

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Declaration

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43 Conflicts of interest/Competing interests

44 Not applicable

45

46 Availability of data and material

47 All data used in the paper are public good data. All output data are available on request

48

49 Code availability

50 Available on request

51

52 Authors' contributions

53 Elizabeth Viljoen (née Webster) conducted a significant amount of the research as part of her MSc
54 qualification

55 Liesl Dyson, supervised the MSc study, conducted part of the research and edited the manuscript.

56 Ishmael Moyo contributed to the general circulation and dynamics investigation as part of on-going
57 research

58

59 1. Introduction

60 The tropical region can generally be defined as the area between the Tropic of Cancer (23.5°N) and
61 the Tropic of Capricorn (23.5°S) (Asnani, 2005). Tropical weather systems, however, are not fixed by
62 these boundaries, but rather follow the position of the sun.

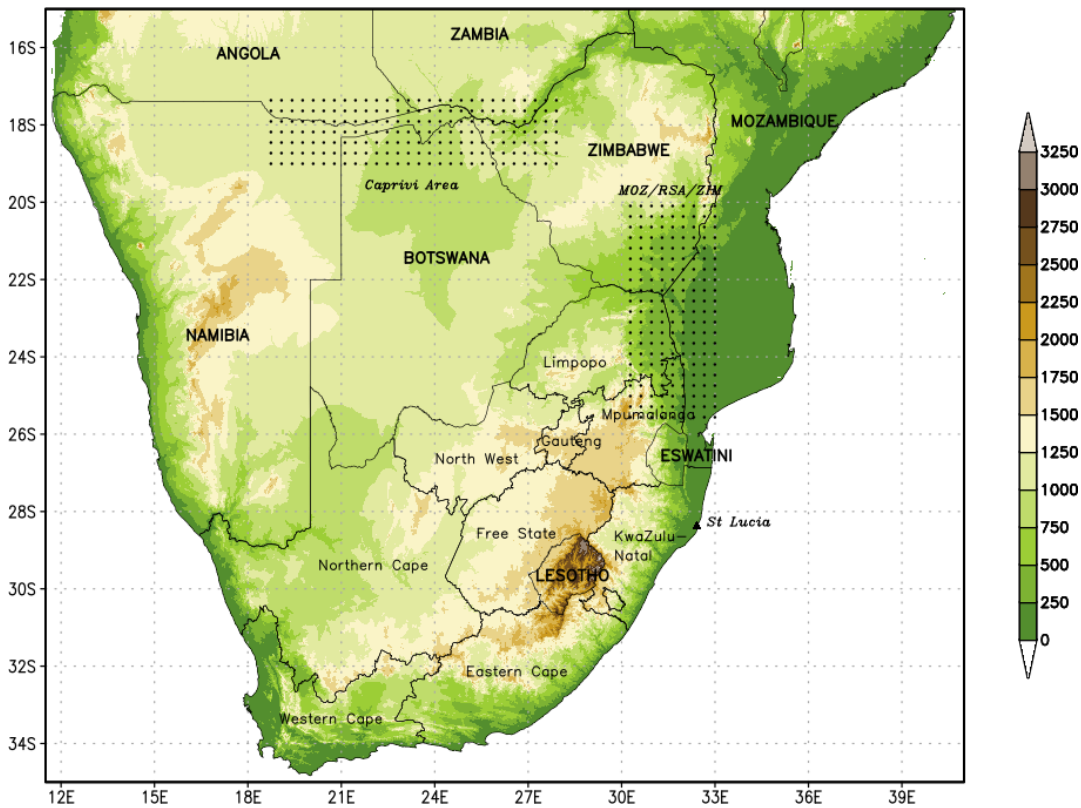
63 The deep tropics (15°N to 15°S) (Seidel et al., 2001) are largely characterised by rising air (Laing and
64 Evans, 2016) and the Hadley cell causes the transport of heat and momentum to higher latitudes
65 (Asnani, 2005). The equatorial zone (10°N to 10°S) is dominated by the equatorial trough, with the
66 subtropical high-pressure belt over the subtropics (Riehl, 1979). This paper focuses on the area
67 between these two belts where easterly winds are prevalent.

68 The tropical region experiences a vast range of weather, from clear skies during the dry seasons to
69 excessive rain and extreme winds that are often associated with tropical cyclones (Ramage, 1995).
70 Tropical weather systems are known to cause devastation across the globe due to flooding,
71 however, many parts of the world rely on the rainfall produced by these weather systems for
72 potable water and to sustain agriculture and other economic activities (Anthes, 2016).

73 The focus of this paper is tropical low pressures that develop over land. In north Africa, African
74 easterly waves (AEWs) develop during boreal summer in the lower troposphere, occur regularly (3-5-
75 day periodicity) and are westward moving disturbances (Berry et al., 2007, Burpee, 1972, Gu et al.,
76 2004). Approximately 60 AEWs occur on average over north Africa between May and October (AMS,
77 2022). AEWs play an important role in the climate and precipitation of north Africa and their
78 occurrence are closely related to the march of the inter-tropical convergence zone (ITCZ) (Gu et al.,
79 2004). Tropical low-pressure systems which develop or intensify overland have been observed in
80 Australia. These lows are informally referred to as *landphoons* (May et al., 2008, Tang et al., 2016)
81 and they are often responsible for extraordinary rainfall and flooding over wide areas. Hunt et al.,
82 (2016) provide detail on the structure and dynamics of monsoon depressions in India and describe
83 how some of these lows track westwards along the southern edge of the Himalayas. Monsoon
84 depressions and their weaker counterparts, monsoon lows, are responsible for widespread and
85 heavy rainfall in India (Hunt and Fletcher, 2019). Hurley and Boos (2015) found that between 15 and
86 20 summer monsoon low-pressure systems occur over India while Berry et al. (2012) identified
87 between 12 and 15 synoptic scale monsoon lows over Australia during Austral summer. Howard and
88 Washington (2018) found that some of the characteristics of landphoons in Australia and monsoon
89 depressions in India are comparable to tropical lows in southern Africa. Southern Africa (SA) is
90 defined in this paper as continental Africa south of 15°S (Fig. 1).

91 Tropical weather systems invade SA during the summer months (December to March) (Dyson and
 92 Van Heerden, 2002, Tyson and Preston-Whyte, 2000), which coincides with the rainfall peaks of this
 93 area (Richard et al., 2001). The frequency of tropical disturbances in SA between April and October is
 94 low (Tyson and Preston-Whyte, 2000). Taljaard (1996) identified four main tropical weather systems
 95 that affect SA weather; tropical cyclones (Chikoore et al., 2015, Malherbe et al., 2012); tropical
 96 temperate troughs (TTTs) (Hart et al., 2013); tropical low pressures (Dyson and Van Heerden, 2002,
 97 Howard and Washington, 2018) and the ITCZ.

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99

100 Figure 1: Topographical and location map of southern Africa. The dotted shades indicate the Caprivi
 101 area and the border between Mozambique, South Africa and Zimbabwe (MOZ/RSA/ZIM).

102

103 During late summer months, when the ITCZ extends as far south as 17° (Taljaard, 1995), a semi-
 104 stationary low-level tropical low develops over Angola (Taljaard, 1953), extending a trough
 105 southward into South Africa (Williams et al., 1984). This low pressure was first named the Angola
 106 low by Zunckel et al. (1996) and its characteristics investigated by Mulenga (1998). Reason et al.
 107 (2006) described the Angola low as a shallow heat low but Howard and Washington (2018) identified
 108 the Angola tropical low when the low becomes moist and deep. They identified the low as being

109 associated with potential vorticity extending from the surface to about 300 hPa, and being cool near
110 the surface but warm in the upper troposphere. The Angola low is recognised as a cyclonic, moisture
111 convergence area and a governing feature of rainfall over SA (Mulenga, 1998). The forecast drought
112 during the El Niño of 1997/1998 did not occur and Blamey et al. (2018) and Reason and Jagadheesha
113 (2005) contribute this to an anomalously strong Angola low in that season. Howard et al. (2019)
114 found that as much as 66% of the November-March rainfall in south-west Angola is from tropical
115 lows.

116 In some instances, tropical lows will interact with temperate westerly troughs and form cloud bands
117 across the subcontinent (Washington and Todd, 1999). These long bands of clouds, as seen on
118 satellite imagery, are one of the major distinguishing features of the Southern Hemisphere
119 circulation (Harrison, 1984), and are known as tropical-temperate troughs (TTTs). TTTs can be
120 described as areas of increased convergence that connect tropical and temperate systems (Hart et
121 al., 2013), and transport energy, moisture and momentum from the tropical to the temperate
122 regions (Harrison, 1984, van den Heever et al., 1997). TTTs are not unique to southern Africa, but
123 can be found in several regions, including Australia and South America (Hart et al., 2010, van den
124 Heever et al., 1997, Hauser et al., 2020). Crimp (1997) and Hart et al. (2013) found that TTTs
125 contribute approximately 30% of the total rainfall for October and December, 60% of the total
126 rainfall for January and 39% of the mean annual total for SA. Rainfall mostly occurs in and east of a
127 TTT as an eastward moving mid-level westerly (temperate) trough increases upper air divergence on
128 its leading edge. This happens above an area where warm tropical air is advected southward over SA
129 from the tropical low and therefore enhancing uplift and convective cloud development (Hart et al.,
130 2010).

131 SA is an area where tropical and temperate weather systems co-exist and interact. Taljaard (1985)
132 explained how confusion exists in distinguishing cut-off lows (COLs) from lows in the tropical
133 easterlies. He also stated that tropical lows are warm cored in the middle and upper troposphere,
134 and this results in a ridge near the tropopause, superimposed over the low closer to the surface.
135 Taljaard's (1985) findings are echoed by Triegaardt et al. (1991) who investigated the heavy rainfall
136 producing synoptic scale tropical low that occurred over SA in February 1988. These authors
137 described how convective (or potential) instability could be applied to identify tropical weather
138 systems. These two authors (and others) described synoptic scale tropical weather systems which
139 caused heavy rainfall over South Africa and how these lows were located a considerable distance
140 away from Angola. The February 1988 low was situated as far south as the western Botswana/South
141 Africa border, causing heavy rainfall over central South Africa (Triegaardt et al., 1991). Dyson and
142 Van Heerden (2002) discussed a continental tropical low which occurred over south-eastern

143 Botswana in 2000 when heavy rainfall fell for four consecutive days over Gauteng, North-West and
144 eastern Limpopo provinces (see Fig. 1 for locations) resulting in widespread flooding. Webster (2019)
145 described a continental tropical low that developed over Zimbabwe in January 2013, moved
146 westward to the Caprivi area (Fig. 1) and then returned to Zimbabwe and Mozambique where it
147 eventually moved into the Mozambique Channel. Devastating floods occurred in eastern South
148 Africa where 12 people died and a further 9 in Mozambique.

149 Considering the geographical position of continental tropical low-pressure systems which have been
150 shown to cause heavy rainfall over South Africa, there is a need to define a tropical low of
151 considerable strength which may develop and traverse over most of the southern sub-continent of
152 Africa. This low may be considered a very specific subset of the Angola low. In the presented
153 research we introduce *Africánes*. The name is inspired by the name *Medicane* given to tropical
154 hurricane like systems which occur over the Mediterranean Sea (Cavicchia et al., 2014). The
155 intention is not to equate Medicanes and Africánes as the two systems are different. Medicanes are
156 mesoscale cyclones which occur over the Mediterranean Sea (Cavicchia et al., 2014), while Africánes
157 are large synoptic scale lows which occur over the continent of Africa (Dyson and Van Heerden,
158 2002). Strict circulation and thermodynamic criteria are applied to objectively identify Africánes
159 which present as weak tropical cyclones (see section 2 and 5). The main focus is to identify tropical
160 lows which develop over the interior of the southern subcontinent of Africa. However, tropical
161 cyclones making landfall over the eastern seaboard often weaken into lows over the continent that
162 exhibit the same characteristics as Africánes. The paper aims to address the following questions: 1.
163 What is the geographical distribution of Africánes over SA? 2. What proportion of rainfall in SA can
164 be attributed to Africánes? 3. Does an association exist between the interannual variability of
165 Africánes over SA and ENSO?

166 The objective method to identify Africánes is presented in section 2. The data and methodology used
167 are described in section 3 and the geographical distribution of Africánes is discussed in section 4.
168 Section 5 presents Africáne circulation dynamics while their contribution to rainfall over SA is shown
169 in section 6. In section 7 the interannual variability of Africánes are demonstrated.

170 2. Objective Identification Method

171 Several objective methods to identify synoptic weather systems using Numerical Weather
172 Prediction data have been developed and/or applied over SA. COLs have received special attention
173 as Engelbrecht et al. (2015); Favre et al. (2013) and Singleton and Reason (2007) all defined
174 circulation criteria to identify COLs over SA. Engelbrecht et al. (2013) identified closed mid-
175 tropospheric lows but did not distinguish between cold and warm lows. Tropical weather systems

176 have also received some attention as Malherbe et al. (2012) developed a method to identify
177 westward moving tropical lows over the Mozambique Channel and Howard et al. (2019) used a
178 tracking algorithm (TRACK) to identify Angola lows over sub-tropical SA. The tracking algorithm is
179 described by Hodges (1994).

180 The research presented in this paper builds on the work of Webster (2019) who constructed
181 objective methods to identify continental tropical lows (CTLs) over SA. These methods are broadly
182 based on work done by Dyson and Van Heerden (2002) who developed a Model for the
183 Identification of Tropical weather Systems (MITS). MITS is a process where subjective methods are
184 used to identify strong, heavy rainfall producing, tropical low-pressure systems over SA but which
185 also sometimes occur inside the borders of South Africa. Stricter criteria than those developed by
186 Howard et al. (2019) to identify the Angola low are needed to identify these tropical cyclone-like
187 lows over SA.

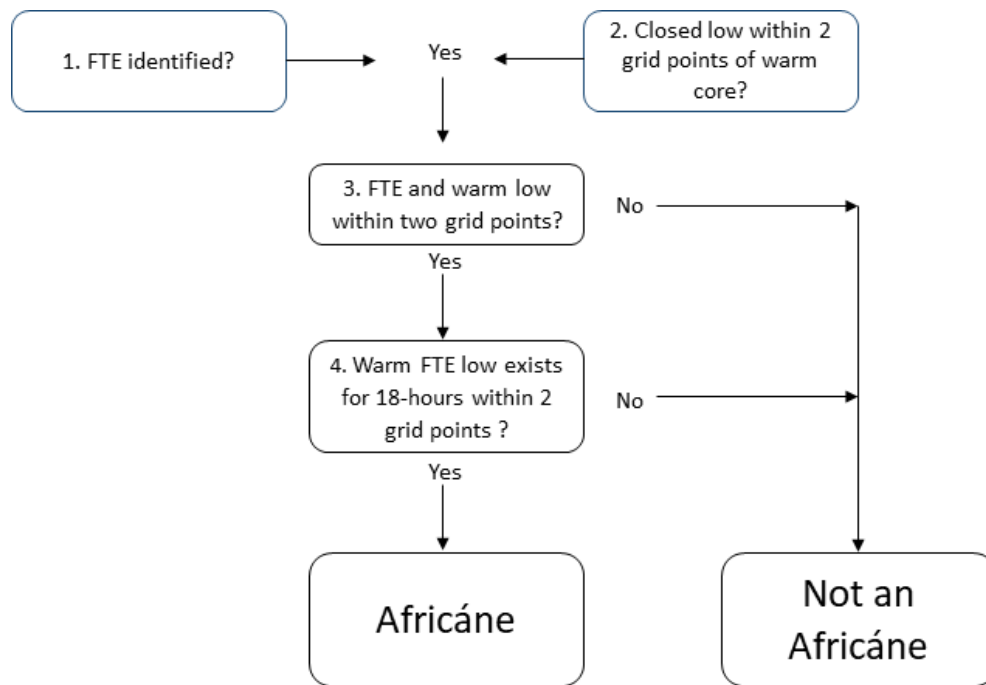
188 The objective identification method requires four strict criteria to be met (Fig. 2). The first criterium
189 is a Favourable Tropical Environment (FTE) (Webster, 2019) (1 on Fig. 2). The first essential feature of
190 an FTE is to identify an upright low-pressure system which is replaced by a high close to the
191 tropopause. The upright low is identified by isolating areas where negative relative vorticity values
192 exist at 850 and 500 hPa, while the high is represented by positive relative vorticity values at 300
193 hPa. In order to guarantee that only strong tropical lows are identified, the upright low should be
194 deeper and the high near the tropopause stronger than normal. This is done by stipulating that the
195 deviation from the normal relative vorticity values for the month under investigation, show
196 anomalously strong circulation. The other features of an FTE comprise of atmospheric variables
197 which have been shown to identify the tropical nature of the atmosphere. An FTE should have above
198 normal total static energy (TSE) values, average 500-300 hPa temperatures as well as precipitable
199 water values. The last requirement for an FTE is that precipitable water from 850-300 hPa should be
200 greater than 20 mm (Dyson and Van Heerden, 2002).

201 Once an FTE has been identified, it is required that a closed 500 hPa geopotential low with a warm
202 core (500-300 hPa) exist within close proximity of the FTE (2 and 3 On Fig. 2). The low (warm core) is
203 identified by comparing the geopotential height (temperature) value at every grid point, to the
204 values at the surrounding grid points. A closed low (warm core) is noted when the geopotential
205 height (temperature) value at any particular grid point is lower (higher) than the values at the
206 surrounding grid points. The last criteria in identifying an Africane is that the warm FTE low should
207 exist for at least 18 hours (4 on Fig. 2).

208 Once a grid point meets all these criteria, the position of the closed 500 hPa low pressure is used as
 209 the location of the Africáne. Further fine tuning is needed to consider large Africánes that extend
 210 over more than one adjacent grid point at a particular time step. Under these circumstances the grid
 211 point closest to the average position of the Africáne is used as the location of the Africáne and
 212 therefore only one Africáne is counted at that time. This eliminates the possibility of one large
 213 Africáne being counted multiple times.

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216

217 Figure 2: Flow diagram illustrating the procedure used to objectively identify Africánes over southern
 218 Africa.

219 3. Data and method

220 NCEP Reanalysis 2 data provided by the NOAA/OAR/ESRL PSL, Boulder, Colorado, USA, from their
 221 Website at <https://psl.noaa.gov/data/gridded/data.ncep.reanalysis2.html> was used to identify
 222 Africánes over December to March for each year between 1981 and 2020. Engelbrecht et al. (2013)
 223 stated that tropical low pressures have a horizontal scale of 500-1000 km and as the NCEP data set
 224 has a horizontal resolution of 2.5° (approximately 250 km), it makes it suitable to investigate
 225 synoptic scale weather systems (Engelbrecht et al., 2015, Favre et al., 2013, Malherbe et al., 2012,
 226 Singleton and Reason, 2007). A landmask is used at the end of the identification process in order to
 227 identify Africánes only over the continent of Africa.

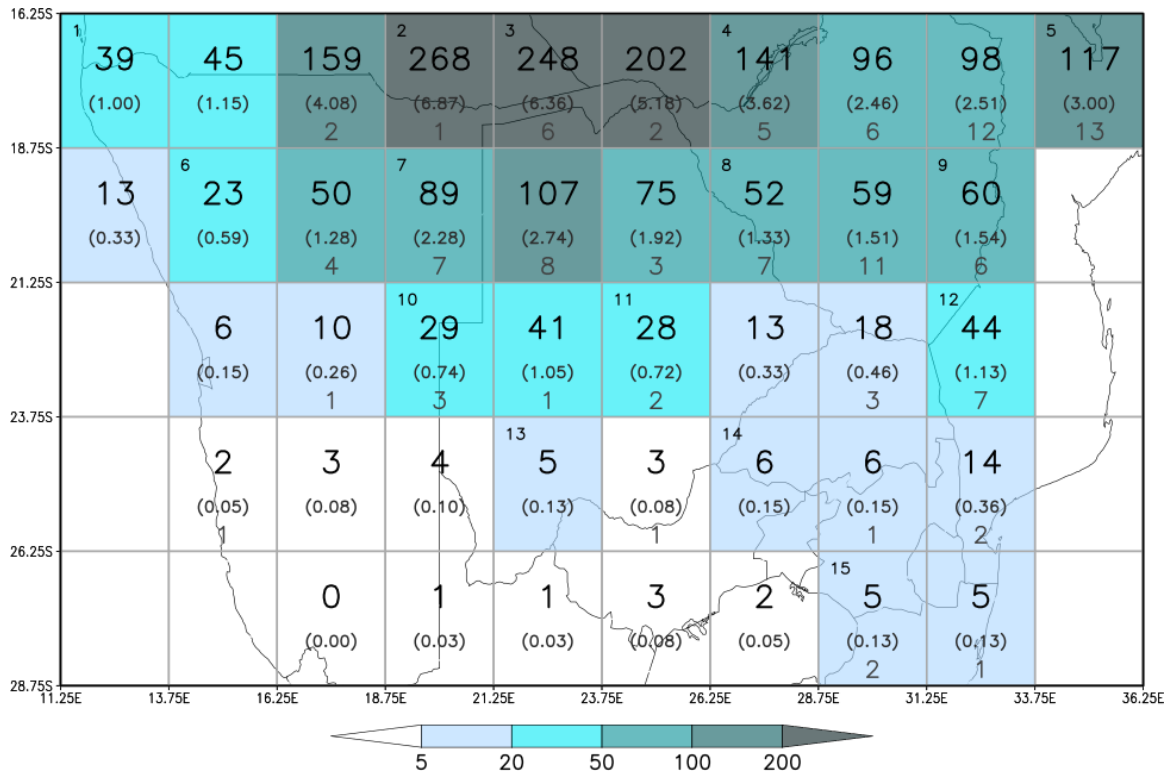
228 In section 4, results are presented on the analysis performed at 6-hourly instantaneous intervals
229 (temporal resolution of NCEP Reanalysis 2 data) and several Africánes may be identified on a day. An
230 Africáne day is defined as a day on which an Africáne occurred at any time. Africáne days are used to
231 investigate the proportion of rainfall contributed to Africánes in Section 6.

232 The Climate Hazards Group InfraRed Precipitation with Station data (CHIRPS) precipitation data set
233 was used to do the rainfall analysis (Funk et al., 2015). The CHIRPS data set is a combination of
234 rainfall estimates from satellite and station rainfall data.

235 4. Geographical and seasonal distribution of Africánes

236 Africánes were only identified to occur north of 27.5° S over SA (Fig. 3). In total there were 2190
237 Africánes at 6-hourly time steps with close to 90% identified at the grid points at 17.5°S (64%) and
238 20°S (24%). The highest frequency of incidence is in the Caprivi area (see Fig.1 for location) and
239 more than 200 Africánes occurred per grid point in the 39-year period (between 5 and 7 per annum)
240 over the central Caprivi area. This area is slightly south-east of where Howard et al. (2019) identified
241 the highest frequency of Angola lows. The large number of Africánes identified in this area
242 demonstrates the importance of tropical low development in the Caprivi area and surrounds to
243 understanding the climate of SA. The number of Africánes decreased southwards, but at 20°S there
244 were still more than 50 Africánes (1.5 to 3 per annum) per grid point, except in the extreme west
245 (Fig. 3). At 22.5° S, there are two areas where between 20 and 50 Africánes were identified. The first
246 area over central Botswana and the Botswana/Namibia border, south of the high frequency Africáne
247 zone over the Caprivi area, and the second area over Mozambique. Further south, less than 20
248 Africánes were identified per grid point with the lowest frequency over southern Namibia. Only 12%
249 of the total number of Africánes were identified at the grid points 22.5°S and 27.5°S. However, as
250 will be indicated in section 6, Africánes at these southern locations result in heavy rainfall over SA.
251 Over the entire sub-continent, the lowest number of Africánes occurred in the west with a peak
252 between 20 and 25°E and a second, lower, peak at 32.5°E.

253 Similar to the findings of Howard and Washington (2018), the highest number of Africánes were
254 identified during January (801), followed by February (748) then December (337) with the lowest
255 number in March (304) (Fig. 4). The monthly geographical distribution of Africánes mimics the
256 distribution in Fig.3. with only slight differences. The highest number of Africánes were identified
257 over the Caprivi area every month with the maximum number per latitude extending southwards
258 from there. Africánes were identified to extend further south in February over the central interior,
259 albeit with very low frequencies. The second eastern peak in Africáne occurrence is also present in
260 the monthly maps and is most pronounced in January and February.



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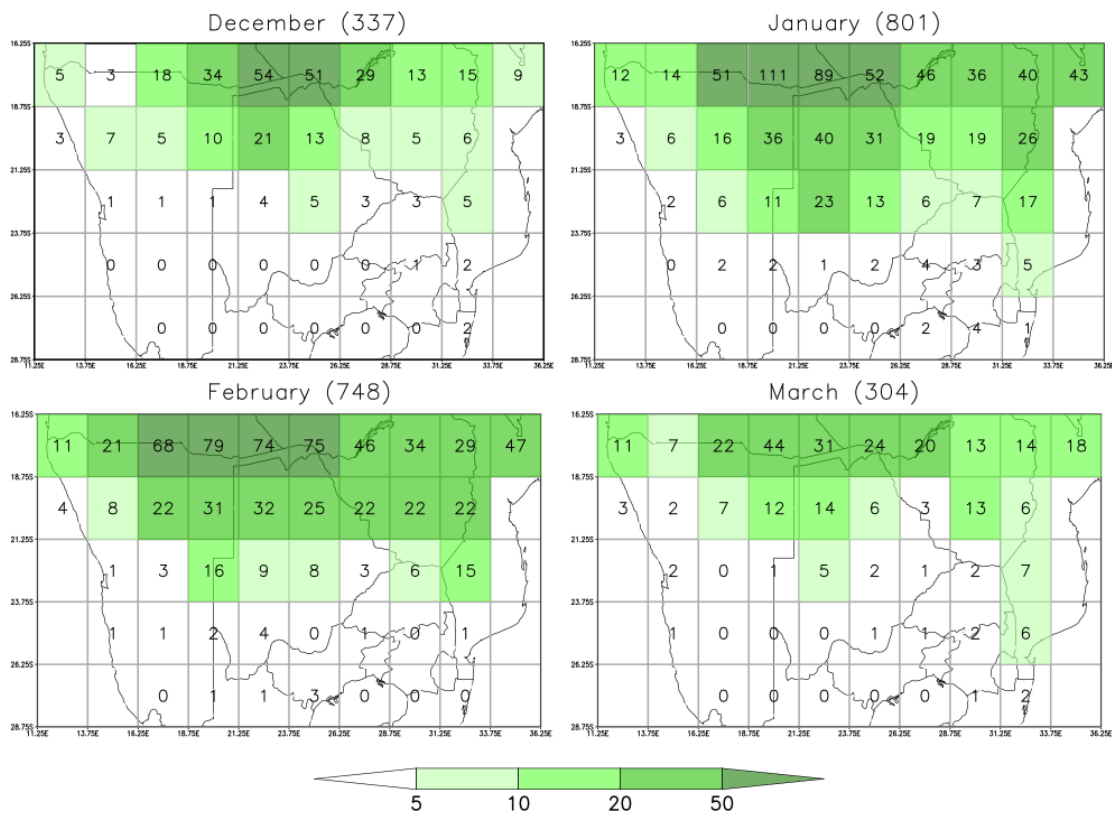
262 Figure 3: Total number of Africânes per 2.5° x 2.5° NCEP grid box for the 39 summer seasons (Dec-
 263 Mar) between 1981 and 2020 and the annual Africâne frequency (number in brackets). The total
 264 number of Africânes was calculated at 6-hourly time steps and more than one Africâne may be
 265 identified on a day. The total number of Africânes are indicated in the centre of each grid box. The
 266 number at the bottom of the grid box indicates the number of ex-tropical cyclone Africânes
 267 identified in the grid box. The number in the top left of the grid box is the location number of 15
 268 Africânes in Fig. 11.

269 The annual frequency of Africânes per grid point (Fig. 3) is similar to a number of studies done
 270 elsewhere on tropical easterly lows using re-analysis data. Hurley and Boos (2015) found that the
 271 number of monsoon lows which occur in Australia vary between 1 and 6 per annum per grid point,
 272 with a similar frequency in India. They also identified the largest number of easterly waves over the
 273 western part of north Africa, where 6-8 lows occur per grid point per annum. This is on par with the
 274 number of Africânes identified over the Caprivi area (Fig. 3). Howard et al. (2019) identified between
 275 1 and 1.4 Angola lows during January and February months per grid point over south-eastern
 276 Angola. In the presented research the number of Africânes in the Caprivi area is in a similar range
 277 but slightly higher with as many as 2.3 occurrences in the Caprivi area in January months.

278 The major focus of this paper is tropical lows which develop over the continent of Africa. The
 279 question arises to what extent landfalling tropical cyclones influence the high number of Africânes
 280 over eastern SA. Therefore, all westward moving tropical cyclones or storms which made landfall
 281 anywhere south of 15°S over SA were identified by examining the data available from BOM Southern

282 Hemisphere Tropical Cyclone Portal¹, International Best Track Archive for Climate Stewardship
 283 (IBTrACS)² and RSMC La Reunion Archives³. The three data sources generally agree in the number,
 284 position and depth of tropical storms but their availability period differ. If a tropical cyclone was
 285 identified within a 300 km radius from an Africâne it was considered to have developed from a
 286 tropical cyclone (ex-tropical cyclone Africâne). The Africânes were then tracked throughout their
 287 entire life cycle as they moved westward over SA but still fulfilling the Africâne criteria as discussed
 288 in section 2. These Africânes were retained in the database as their characteristics closely mimic
 289 those of Africânes developing overland; especially as they penetrate into the central and western
 290 parts of the sub-continent.

291



292

293 Figure 4: The number of Africânes per 2.5° x 2.5° NCEP grid box per month for the 39 summer
 294 seasons between 1981 and 2020. The total number of Africânes was calculated at 6-hourly time
 295 steps and more than one Africâne may be identified on a day. The total number of Africânes per
 296 month is indicated in brackets at the top of each graph.

297

¹ <http://www.bom.gov.au/cyclone/tropical-cyclone-knowledge-centre/history/tracks/>

² <https://climatedataguide.ucar.edu/climate-data/ibtracs-tropical-cyclone-best-track-data>

³ http://www.meteo.fr/temps/domtom/La_Reunion/webcmrs9.0/anglais/index.html

298 Of the 2190 Africánes identified between 1981 and 2020, only 118 ($\pm 5\%$) were associated with
299 landfalling tropical cyclones or storms. In the eastern most grid points on Fig. 3, the percentage
300 contribution of ex-tropical cyclones to Africánes varies between about 10% in the north, to 20% in
301 the south. In January 1984 tropical cyclone Domoina made landfall over southern Mozambique and
302 moved southwards into the borders of South Africa (Poolman and Terblanche, 1984). At 27.5°S there
303 are two grid points where at least 5 Africánes were identified (Fig. 3) per grid point. Three of the
304 Africánes identified at these two grid points were ex-tropical cyclone Domoina which moved
305 southward over South Africa.

306 A few of the ex-tropical cyclones stand out for their longevity and far westward reach over the sub-
307 continent. Dineo made landfall over Mozambique on 15 February 2017 (Moses and Ramotonto,
308 2018) and was identified as an Africáne until 28 February 2017 over northern Namibia (17.5°S, 15°E).
309 Tropical cyclone Eline invaded Mozambique on 22 February 2000 (Dyson and Van Heerden, 2001)
310 and made its way steadily westward (Reason and Keibel, 2004) to be situated over western Namibia
311 (25°S, 15°E) on 29 February 2000. During the entire study period only two Africánes were identified
312 at this grid point, one of them being ex-tropical cyclone Eline.

313 Ex-tropical cyclones which penetrate so far west into the sub-continent are very rare, as Malherbe et
314 al. (2012) described how they generally weaken rapidly as they move over land. Howard et al.
315 (2019) state that most synoptic tropical lows propagate westwards across SA but also found that the
316 majority of tropical lows develop and decay over Angola. Dyson and Van Heerden (2002) as well as
317 Triegaardt et al. (1991) discuss the semi-stationary and slow-moving nature of these tropical lows
318 while Webster (2019) shows an example of a tropical low moving eastwards over the sub-continent
319 and into the Mozambique Channel.

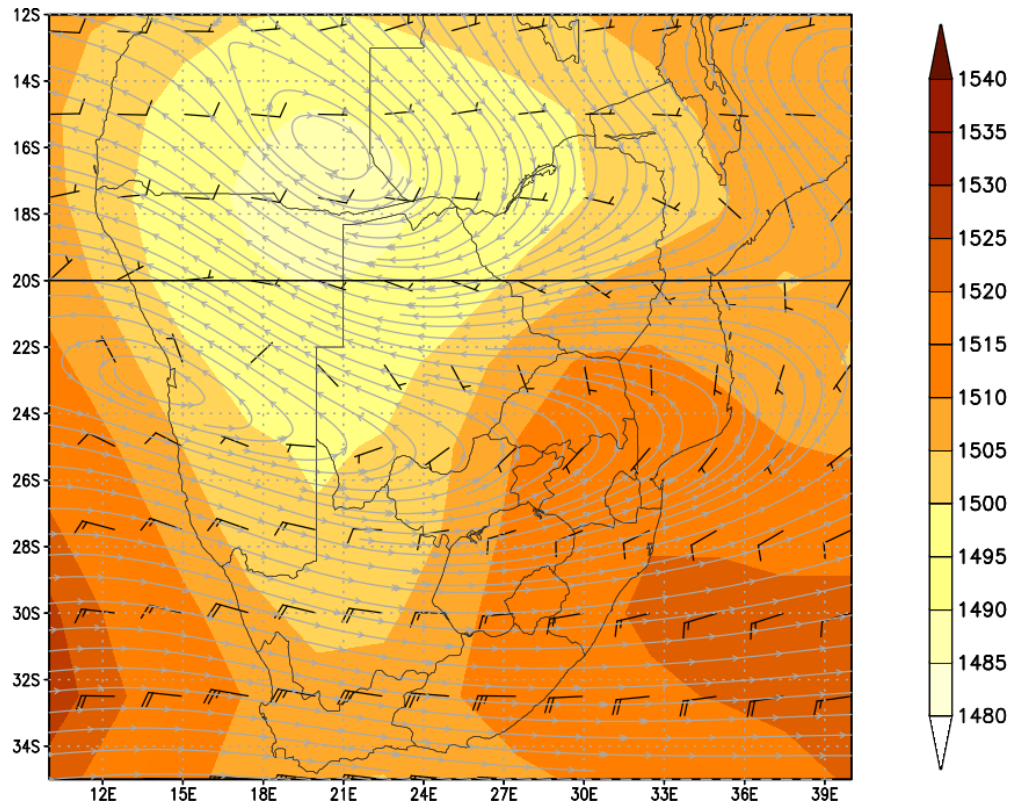
320 5. Africáne circulation dynamics

321 This section provides a brief description of the general circulation and associated dynamics when
322 Africánes occur over SA. Emphasis is placed on describing the favourable anomalous circulation and
323 dynamics when this tropical cyclone-like low occurs over SA. Environments conducive to the
324 development of tropical cyclones include that sea surface temperatures (SST) should be higher than
325 26 °C, values of wind shear should be a minimum and surface convergence and Coriolis force should
326 be present (Asnani, 2005). The atmosphere should be convectively unstable and there should be
327 enhanced near-surface vorticity values and sufficient mid-level moisture (Halperin et al., 2013). As
328 many Africánes develop overland, the SST criteria is absent, but it is informative to investigate the
329 other factors identified as favourable for the development of tropical cyclones.

330

331 The circulation fields are presented in two ways. In Figs. 5 and 6 the average circulation fields are
332 presented for all days on which *Africánes* occurred (*average Africáne days*) and this is compared to
333 the average fields for all days over December to March 1981 to 2020 (*average all days*). Secondly,
334 system centered composite fields were constructed for all *Africáne days* (*composite Africáne days*)
335 and this is also compared with the system centered composite for all days (*composite all days*). The
336 composite fields for *Africáne days* and for *all the days* are the average fields calculated after shifting
337 the position of the circulation fields so that the centre of the low is at the triangle in Figs 7 and 8
338

339 On *average Africáne days*, the 850 hPa circulation shows a low located over south-eastern Angola
340 with a trough extending southwards into South Africa (Fig. 5). The Indian Ocean High is prominent
341 south-east of the country (Fig. 5) and this corresponds to findings from (Malherbe et al., 2012) who
342 found positive geopotential anomalies south-east of the country during wet years (rainfall
343 associated with *Africánes* is discussed in Section 6). The *average all days* 500 hPa winds (wind barbs
344 in Fig. 5) indicate the position of the continental sub-tropical high centered at around 22°S, 17°E at
345 500 hPa and the winds north of 22°S is mostly easterly. However, during *average Africáne days*, the
346 circulation is cyclonic over south-eastern Angola and the winds east of the low backs to north-
347 westerly. The 500 hPa continental sub-tropical high also occurs further south and west over Namibia
348 on *average Africáne days* compared to *average all days*.
349



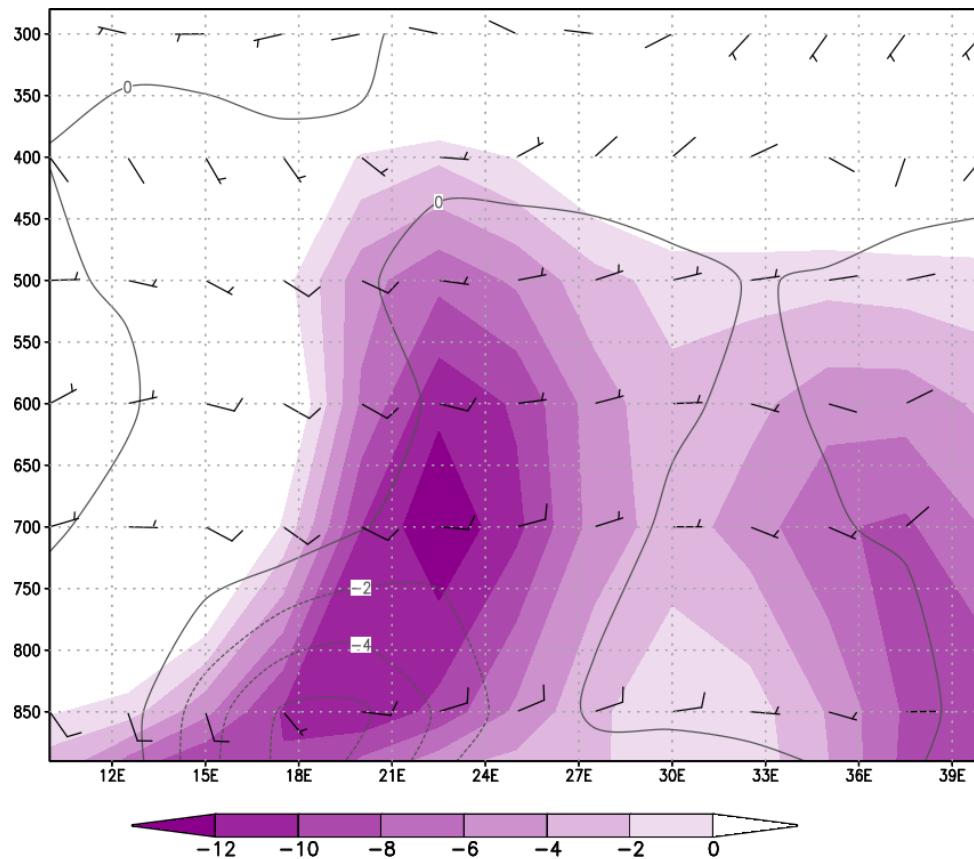
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351 Figure 5: The 850 hPa geopotential heights (m; shaded) and 500 hPa winds on *average Africane days*
 352 (*streamlines*) as well as the 500 hPa winds (knots; *wind barbs*) for *average all days* over the months
 353 December to March 1981-2020. The solid line at 20°S depicts the area for the west-east cross section
 354 in Fig. 6.

355

356 The position of the Africane at 850 hPa on *average Africane days* is apparent in the negative
 357 (cyclonic) relative vorticity values close to 18°E in the vertical cross section (Fig. 6). Negative vorticity
 358 values lie slightly eastward with height with the largest negative values occurring at around 700 hPa.
 359 This agrees with Howard et al. (2019) who used the average 600-800 hPa relative vorticity values to
 360 identify the tropical Angola low. The circulation remains cyclonic up to 400 hPa with positive relative
 361 vorticity values (not shown) only present between 300-400 hPa. This supports the first feature of the
 362 FTE (Section 2) that requires anomalously strong cyclonic circulation at 850 and 500 hPa and
 363 anticyclonic circulation at 300 hPa. The area of negative vorticity is closely linked to areas of wind
 364 convergence (Fig. 6). On average, wind convergence occurs up to nearly 400 hPa in an Africane (see
 365 also Dyson and Van Heerden (2002)). Note the areas of wind divergence to the west of the Africane
 366 through most of the troposphere. The winds on *average Africane days* are from the east through
 367 most of the troposphere (Fig. 6). The cyclonic circulation associated with the Africane is visible in the
 368 north-easterly winds east of the low and south-easterly winds west of the low. The anti-cyclonic

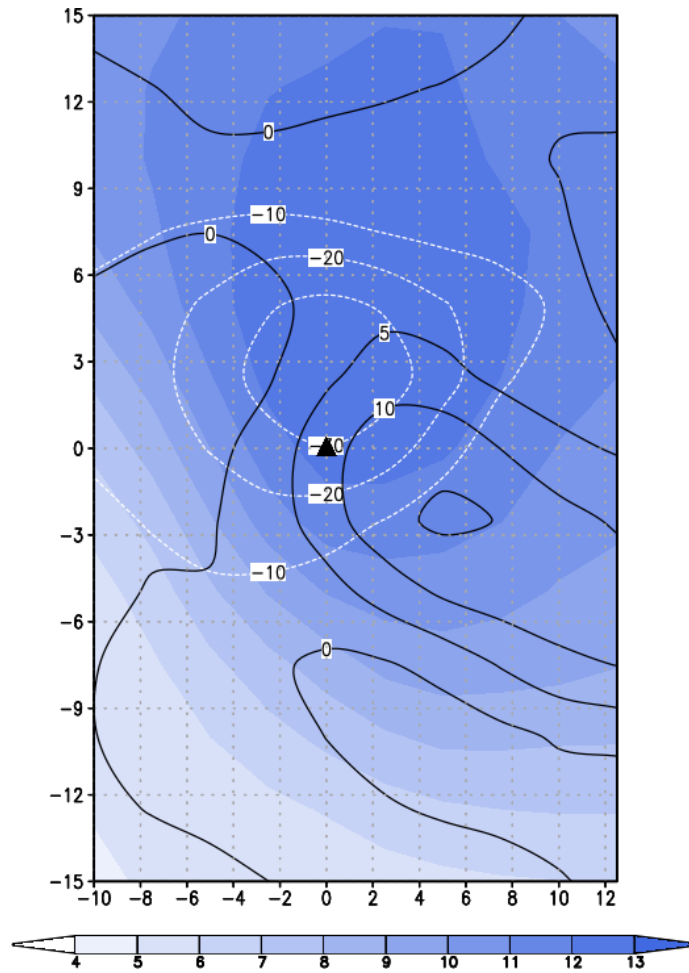
369 circulation at 300 hPa cause the winds at this level to be westerly, although generally with wind
370 strengths of 5 knots or less (see also Fig. 8B)
371



372
373 Figure 6. West-east cross section with height at 20°S from 10° to 40°E (see Fig. 5 for location). The
374 shaded region is the relative vorticity (s^{-1} , values multiplied by 10^5), the contours are horizontal wind
375 convergence (s^{-1} , values multiplied by 10^5) and the wind barbs are winds (knots) on *average Africáne*
376 *days* over the months of December to March 1981-2020.

377
378 The 850 hPa specific humidity on *composite Africáne days* reach a maximum of 13 g kg^{-1} north-east
379 of the Africáne (Fig. 7) and this is also the area with maximum 850 hPa wind convergence ($-30 * 10^{-6}$
380 s^{-1}). The area to the east of the Africáne also experience wind divergence at 300 hPa. Considering
381 Figs. 6 and 7, the area to the east of the Africáne is favorable for the development of convective
382 rainfall. In section 6, it is shown how rainfall predominantly occurs on the eastern flank of the
383 Africáne.

384

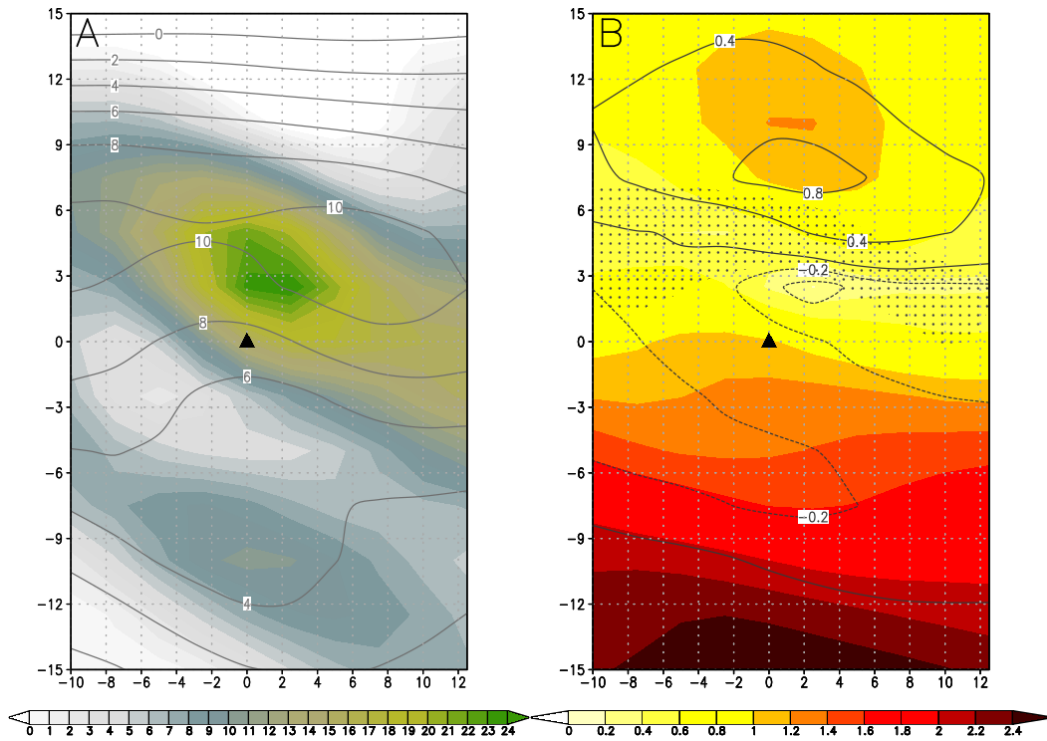


385

386 Figure 7: Composite of the 850 hPa specific humidity values (g kg^{-1} ; shaded), 850 hPa horizontal wind
 387 convergence (s^{-1} , values multiplied by 10^5 ; white contours) and 300 hPa horizontal wind divergence
 388 (s^{-1} , values multiplied by 10^5 ; black contours) on *composite Africane days* over the months December
 389 to March 1981-2020. The position of the Africane is indicated by the triangle.

390

391 McBride and Zehr (1981) defined the Daily Genesis Potential (GP) as the difference in relative
 392 vorticity between 900 and 200 hPa. In the presented research we make a slight modification to the
 393 GP and by subtracting the 700 hPa relative vorticity from the 300 hPa relative vorticity. Large
 394 positive values indicate conditions favorable for tropical low development. Fig. 8a shows large
 395 positive values north-east of the Africane on *composite Africane days* and with anomalies of $+10 \text{ s}^{-1}$
 396 when compared to *composite all day* GP value.



397

398 Figure 8: A. Composite of the Genesis Potential (GP) values on *composite Africane days* (s^{-1} ; shaded),
 399 and the anomaly between the GP values on *composite Africane days* and *composite all days* over the
 400 months December to March 1981-2020 (contours). B. Average 700-400 hPa wind shear values (s^{-1} ;
 401 colour shaded), 300 hPa wind speed < 5 knots (dotted shades) on *composite Africane days* and the
 402 anomaly between the 700-400 hPa wind shear values on *composite Africane days* and *composite all*
 403 *days* over the months December to March 1981-2020 (contours). Positive anomaly values are above
 404 normal and the position of the Africane is indicated by the triangle.

405

406

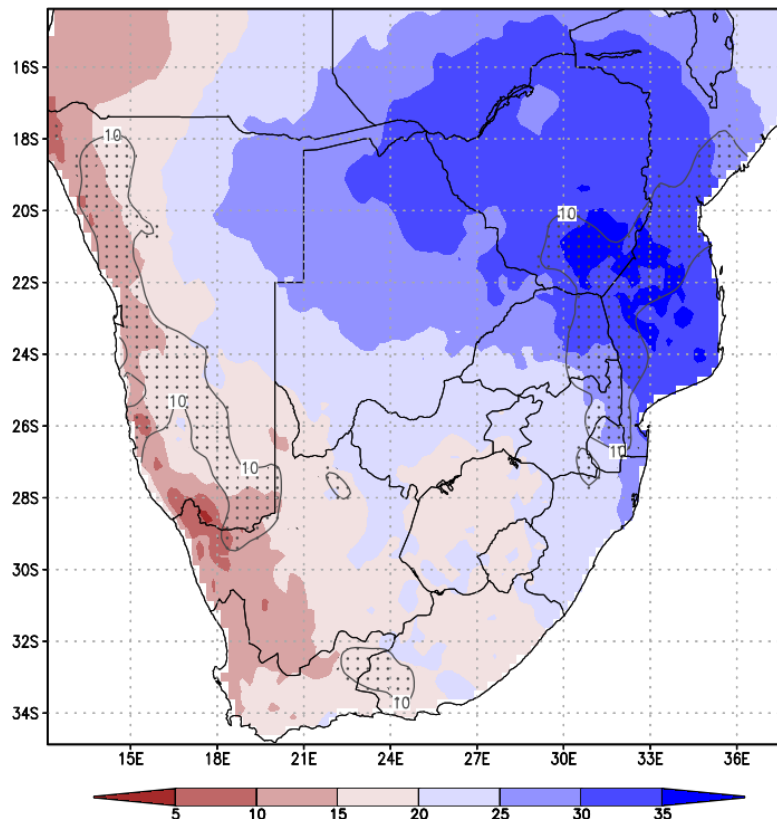
407 Wind shear values between 700 and 400 hPa on *composite Africane days* reach values of very close
 408 to zero north of the Africane (colour shades in Fig. 8b) in the approximate same location where 300
 409 hPa wind speeds (dotted shades in Fig. 8b) is < 5 knots. The anomaly between *composite Africane*
 410 *days* and *composite all days* (contours in Fig. 8b) shows that there is a decrease in wind shear in the
 411 vicinity of the Africane with an increase in a band about 6°N of the Africane. This indicates the
 412 southward displacement of the area conducive to the development of tropical lows and corresponds
 413 to the southward shift of the mid-level subtropical high as discussed in Fig 5.

414 Fig. 5 illustrates the anomalous circulation over SA when Africanes occur and demonstrates the
 415 upright nature of the low. In Fig. 6 and 7 it is shown how ingredients to the area east and north-east
 416 of the Africane combine to make conditions conducive to the development of convective
 417 precipitation. Figs. 7 and 8 show parameters in the vicinity of the Africane to be similar to those
 418 favouring the development of tropical cyclones.

419 6. Contribution of Africánes to rainfall over southern Africa

420 The northern boundary of the study area where Africánes were identified in the NCEP data set is
421 17.5°S. The contribution of rainfall on days when Africánes occurred (Africáne days) are considered
422 for the area displayed in Fig. 9 which includes all of SA south of 15°S. The proportion of rainfall on
423 Africáne days are calculated over the entire domain for every Africáne day, regardless of the position
424 of the low. We do not postulate that all rainfall which occurred over the domain on Africáne days is
425 contributed to Africánes alone, but we endeavour to investigate how Africánes interact with other
426 weather systems such as TTTs or the continental mid-tropospheric subtropical high to explain the
427 rainfall distribution over the southern sub-continent of Africa.

428



429

430 Figure 9: Composite of the proportion (%) of rainfall attributed to Africáne days as compared to the
431 total December to March rainfall. The dotted shades indicate where the proportion (%) of the
432 rainfall on ex-tropical cyclone Africáne days is more than 10% of the total rainfall on Africáne days.

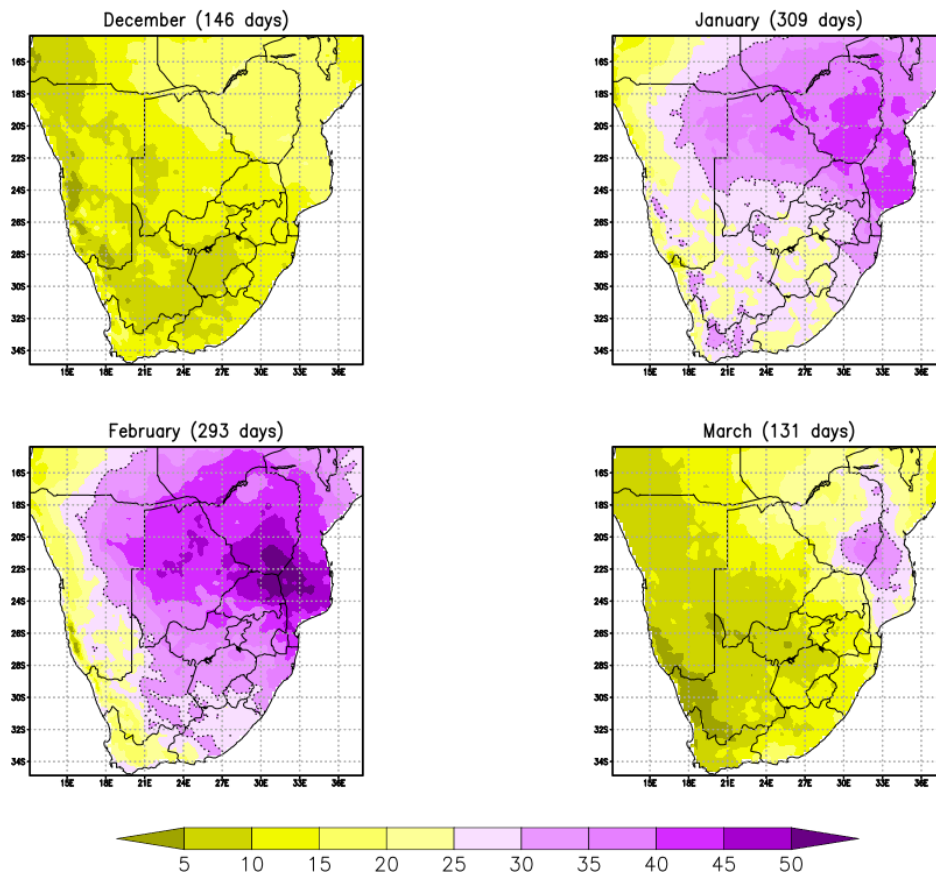
433

434 Africánes were identified to occur on 879 days which is close to 19% of all the days during the study
435 period. The percentage contribution of rainfall on Africáne days are compared to the total December
436 through March rainfall (Fig. 9). Blue shades on Fig. 9 indicate a percentage contribution of more than

437 20%. Large areas of eastern Namibia, the entire Botswana, Zimbabwe and Mozambique and most of
438 eastern South Africa receive more than 20% of their rainfall on days when Africánes occur.
439 Percentages are as high as 30% over eastern Botswana and further eastwards over Zimbabwe and
440 Mozambique. Africánes contribute significantly to rainfall over SA. On the Mozambique, South
441 Africa, Zimbabwe border (MOZ/RSA/ZIM indicated on Fig. 1), the percentage contribution of
442 Africáne rain to total Dec-Mar rainfall is as high as 35%. The high rainfall contribution in this area
443 corresponds to the eastern peak in the frequency of Africánes around 32.5°E (Fig. 3). The proximity
444 to the warm, moist tropical air over the Mozambique Channel partly explains the higher percentage
445 contribution to rainfall in this area as opposed to the Caprivi area where the moisture from the east
446 and ITCZ would have been diluted due to the distance from the moisture source (Taljaard, 1996).
447 Howard et al. (2019) attributed between 30-70% of rainfall in the area between 16-22°S to tropical
448 lows. In their study the highest proportion of rainfall occurs over southern Angola which is absent in
449 the research presented in this paper. They also indicate a second peak in the contribution of total
450 rainfall over eastern Zimbabwe and Mozambique where Fig. 9 shows that Africánes contribute the
451 highest proportion to total rainfall. The reason for the differences in rainfall distribution is most
452 likely due to Africánes only being investigated south of 17.5 °S and that lows over Angola were not
453 considered. Furthermore (Howard et al., 2019) investigated only a 5-degree radius surrounding the
454 centre of the low, while Africáne rain was calculated over the entire domain in Fig. 9 for all Africáne
455 days, irrespective of position of the low.

456 About 12% of all December days were identified as Africáne days, and over most of the study area
457 these days contribute less than 15% of December rain (Fig. 10). The rainfall contribution on Africáne
458 days will henceforth be referred to as Africáne rain. Over the Caprivi area, Zimbabwe and central
459 Mozambique, Africánes contribute up to 20% of total December rainfall. In January, the contribution
460 of Africáne rain is more than 30% in the north and north-east of the study area including the
461 northern and eastern extremes of South Africa. Over parts of Mozambique, Zimbabwe and eastern
462 Botswana the contribution of Africáne rain is more than 40%. In February it is only the western
463 extremes of the sub-continent that receives less than 30% of the total February rainfall on Africáne
464 days. This is the month when Africáne rain contributes the most to the total monthly rainfall. Most
465 of Botswana and Zimbabwe receive 40% of February rainfall on Africáne days. This value increases to
466 50% over the MOZ/RSA/ZIM area. Over South Africa, large areas receive more than 30% of the
467 February rainfall on Africáne days, even as far south as the Eastern Cape province. From Fig. 4,
468 February is also the month when Africánes occur the furthest south, explaining the rainfall
469 contribution of Africánes to the total February rainfall over the southern areas in South Africa. By
470 March, the contribution of Africáne rainfall to the total rainfall reduces to less than 25% over most of

471 the study area, except for parts of Mozambique and Zimbabwe where the contribution remains
472 more than 30%.



473
474 Figure 10: Composite of the proportion of monthly rainfall attributed to Africane days. The number
475 of Africane days per month is indicated in brackets at the top of each graph. The 30 percentile is
476 indicated by the dashed contour.

477

478 Over the western parts of Namibia and South Africa, less than 10% of the total Dec-Mar rainfall
479 occurs on Africane days (Fig. 9). These areas are arid and less than 50 mm rainfall occurs annually
480 and even less over the coastal Namib desert (Suhling et al., 2009). Namibia predominantly receives
481 rainfall from October to April (Lu et al., 2016), but over south-western Namibia and the adjacent
482 areas in South Africa, rainfall occurs in winter (Schulze, 2001, Taljaard, 1996). Rainfall over these
483 areas is rare during Dec-Mar, the months under investigation in this paper. Even though the seasonal
484 rainfall contribution on Africane days over these areas is small, it is noteworthy that in January and
485 February months between 25-35% of the monthly rainfall are contributed to Africane days (Fig. 10).

486 The proportion of the rainfall on ex-tropical cyclones days to total Africane rainfall are depicted with
487 the dotted shades in Fig. 9. There were only 51 ex-tropical cyclone Africane days during this study

488 period, this is about 6% of all Africáne days. The contribution of rainfall of ex-tropical cyclones is less
489 than 10% to Africáne rain over most of the study area. The exceptions being in the eastern extremes
490 of the study area as well as the far western parts (Fig. 9). The eastern dotted area of 10% covers the
491 MOZ/RSA/ZIM area and where the topography starts to increase rapidly to the eastern escarpment
492 (Fig. 1). As tropical cyclones invade the sub-continent and weaken, the onshore flow they induce
493 from the Mozambique Channel encounters the escarpment causing additional uplift and heavy
494 rainfall (see for example Dyson and Van Heerden, 2001). It was noted in section 4 that ex-tropical
495 cyclone Domoina was located over KwaZulu-Natal in January 1984. The highest 24 hr rainfall
496 measured at a South African Weather Service rainfall station was on 31 January 1984 when 597 mm
497 was measured at St Lucia (see Fig.1 for location) on the north coast of KwaZulu-Natal (Kruger, 2007).
498 Despite this extreme rainfall event, less than 10% of the total Africáne rainfall can be contributed to
499 ex-tropical cyclones over northern KwaZulu-Natal (Fig. 9). Malherbe et al. (2011) found that
500 landfalling tropical systems from the Mozambique Channel contribute less than 10% of the annual
501 rainfall over the eastern interior of SA but that they do contribute significantly to local widespread
502 heavy rainfall events.

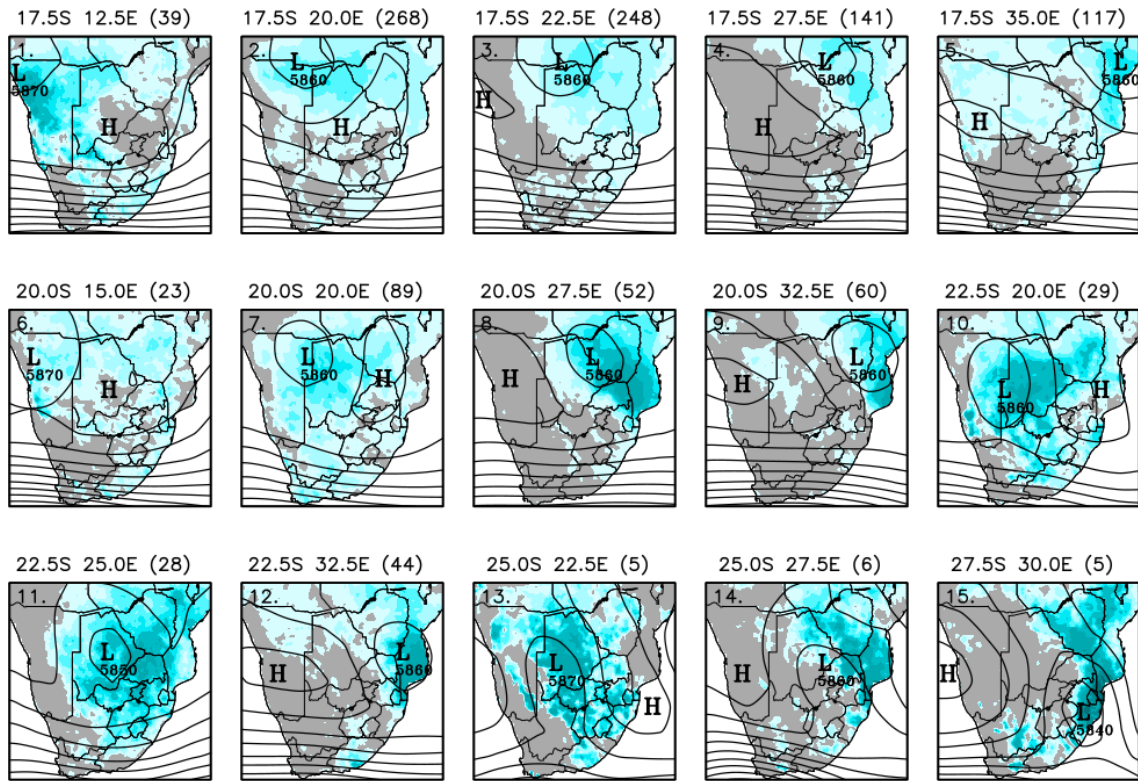
503 The 10% rainfall contribution of ex-tropical cyclone Africánes to the Africáne rainfall over Namibia is
504 noteworthy (Fig. 9). The annual rainfall in this area varies between less than 50 mm along the coast
505 to about 150 mm over the adjacent interior (Suhling et al., 2009). Africánes contribute less than 20%
506 to the total Dec-Mar rainfall in the area but at least 10% of this can be contributed to ex-tropical
507 cyclones which would have travelled across most of the sub-continent to influence the rainfall this
508 far west. The 10% area shows a north-west south-east orientation extending to the 10% area over
509 the Western Cape/Eastern Cape border in South Africa. The orientation of this area is most likely
510 associated with TTTs which act as large corridors through which tropical air flows to the temperate
511 latitudes. Reason and Keibel (2004) explain such a configuration of weather systems, when ex-
512 tropical cyclone Eline moved all the way to western South Africa and then combined with a westerly
513 trough to form a TTT.

514 The geographical distribution of Africáne rainfall at 15 selected locations are depicted in Fig. 11. The
515 geographical position (referred to as location) of Africánes is indicated above the panel and the
516 numbers in the top left corner correspond to those indicated in the top left corner of the selected
517 grid boxes on Fig. 3. The rainfall is expressed as a percentage of the long term mean rainfall and
518 values less than 100% are indicated in grey. Above normal rainfall mostly occurs east of the Africáne
519 with rapid decline in rainfall to the west (Fig. 11). Location 1 is situated far west over northern
520 Namibia and Africánes in this position are important for rainfall over Namibia as above normal
521 rainfall occurs over most of this country. There is also a band of above normal rainfall stretching

522 southward over South Africa and this could indicate the presence of TTTs, although the average 500
523 hPa geopotential heights do not indicate the presence of a westerly trough, it rather indicates the
524 absence of a high pressure over the central parts of the sub-continent. Location 2 was identified as
525 the grid point with the highest number of Africánes (Fig. 3). Above normal rainfall with the Africáne
526 at location 2, is mostly confined to countries north of South Africa. The rainfall band stretching
527 southwards is not as clear as for location 1 and the average 500 hPa geopotential heights show the
528 presence of a high south of the Africáne which most likely prevents the southward transport of
529 moisture. The relationship between the geopotential heights and rainfall distribution is quite clear.
530 When the mid-tropospheric subtropical high pressure over SA is dominant, rainfall occurs in the
531 north of the study area (i.e. locations 2, 4, 5, 8, 9, 12) while when the high is absent or a westerly
532 trough occurs in association with the Africáne, rainfall tends to extend to the south (i.e. 1, 6, 10, 13,
533 15). Africánes situated over Zimbabwe and Mozambique (locations 8, 9 and 12) result in well above
534 normal rainfall on the escarpment of South Africa, Zimbabwe and Mozambique and along the south
535 coast of Mozambique. These grid points were identified as having a relatively large number of ex-
536 tropical cyclones (Fig. 3) and at least 10% of all Africáne rain is attributed to ex-tropical cyclone
537 Africánes in this area (Fig. 9). Only 5 Africánes were identified at location 15, two of which were ex-
538 tropical cyclone Domoina, which caused very heavy rainfall over the coast of KwaZulu-Natal where
539 the average Africáne rainfall is 1600% of the norm. The depth the of the low at location 15 is the
540 lowest of all the lows (5840 m). The other lows all have central depths of between 5860 m and 5870
541 m, with the exception being location 11 where the depth is 5850 m. The Africánes identified at 22.5°
542 S (locations 10 and 11 on Fig. 11) are important for rainfall over South Africa, Botswana and eastern
543 Namibia, as widespread and heavy rainfall occur over large parts of these countries. Africánes do not
544 occur this far south over the central interior regularly (28 to 41 events in 39 years Fig. 3) but when
545 they do occur, they contribute significantly to rainfall. Due to the small number of Africánes at
546 locations 13 (5), 14 (6) and 15 (5) on Fig. 11, the rainfall at these locations cannot be truly
547 demonstrative, other than showing that widespread and very heavy rainfall occurs to the east of an
548 Africáne when it exists south of 25°S.

549

550



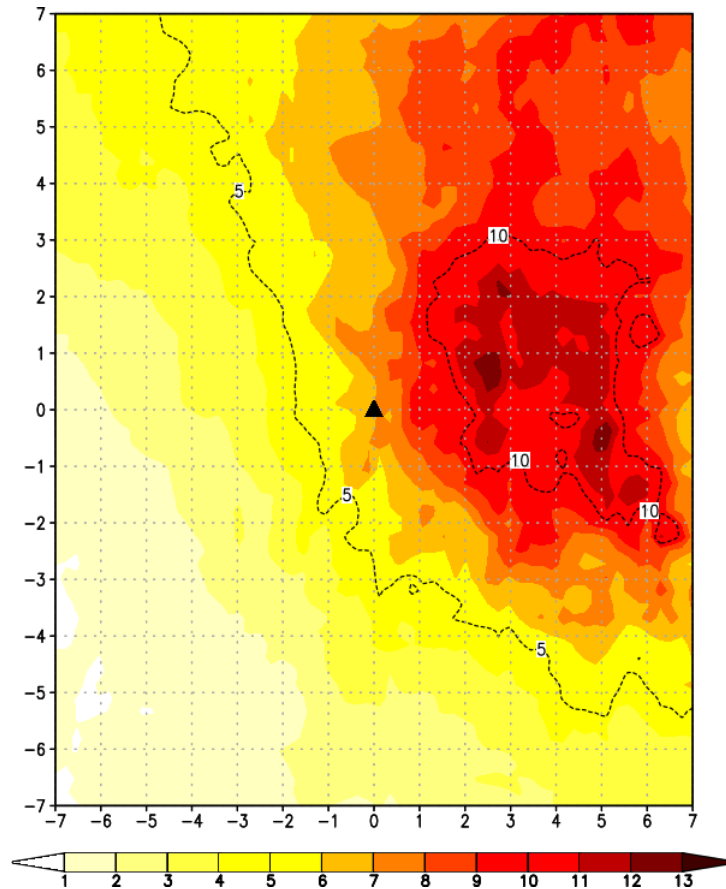
551

552 Figure 11. The average 500 hPa geopotential heights for all Africánes identified at 15 locations over
 553 southern Africa (contours). The geopotential value of each low is indicated on the graphs. Blue
 554 shades show the geographical distribution of the percentage of the normal daily rainfall (> 100%)
 555 attributed to Africánes at each of the 15 locations. Africáne rainfall percentage of less than 100% is
 556 indicated in grey. The location of the grid point at which the Africáne is located is indicated above
 557 each graph and the number of Africánes used to calculate the average Africáne rainfall and 500 hPa
 558 geopotential height at each location is indicated in brackets. The location number is indicated in the
 559 top left corner of each graph and corresponds to the numbers in the top left corner of Fig. 3.

560

561 The rainfall in a 7-degree radius surrounding each Africáne was used to create a composite map of
 562 average daily Africáne rainfall (Fig 12). The rainfall has been shifted so that the centre of the low is at
 563 the triangle in Fig. 12. The general distribution of the rainfall surrounding the Africáne is higher in
 564 the east and lower in the west. The highest rainfall occurs directly east of the Africáne with up to 13
 565 mm per day and less than 6 mm per day west of the Africáne, decreasing with increasing distance to
 566 the west of the Africáne location. There is also a general tendency of higher rainfall amounts to
 567 occur slightly north-west of the Africáne stretching to the south-east (see the 5 mm isohyet on Fig.
 568 12). This orientation represents the cloud bands associated with TTTs (Hart et al., 2010). Howard et
 569 al. (2019), Reason and Jagadheesha (2005) and other authors also found that anomalously high

570 rainfall occurs east of a strong Angola low. In regions where tropical lows have an almost exclusively
 571 westward movement such as AELs over northern Africa (Gu et al., 2004) and monsoon lows in
 572 Australia (Berry et al., 2012) the anomalous rainfall occur to the west of the low.



573

574 Figure 12: A composite of daily rainfall for all Africane days centred around the centroid of the Africane
 575 (mm/day). The triangle shows the location of the Africane and the 5 and 10 mm contours are indicated
 576 by dotted lines

577

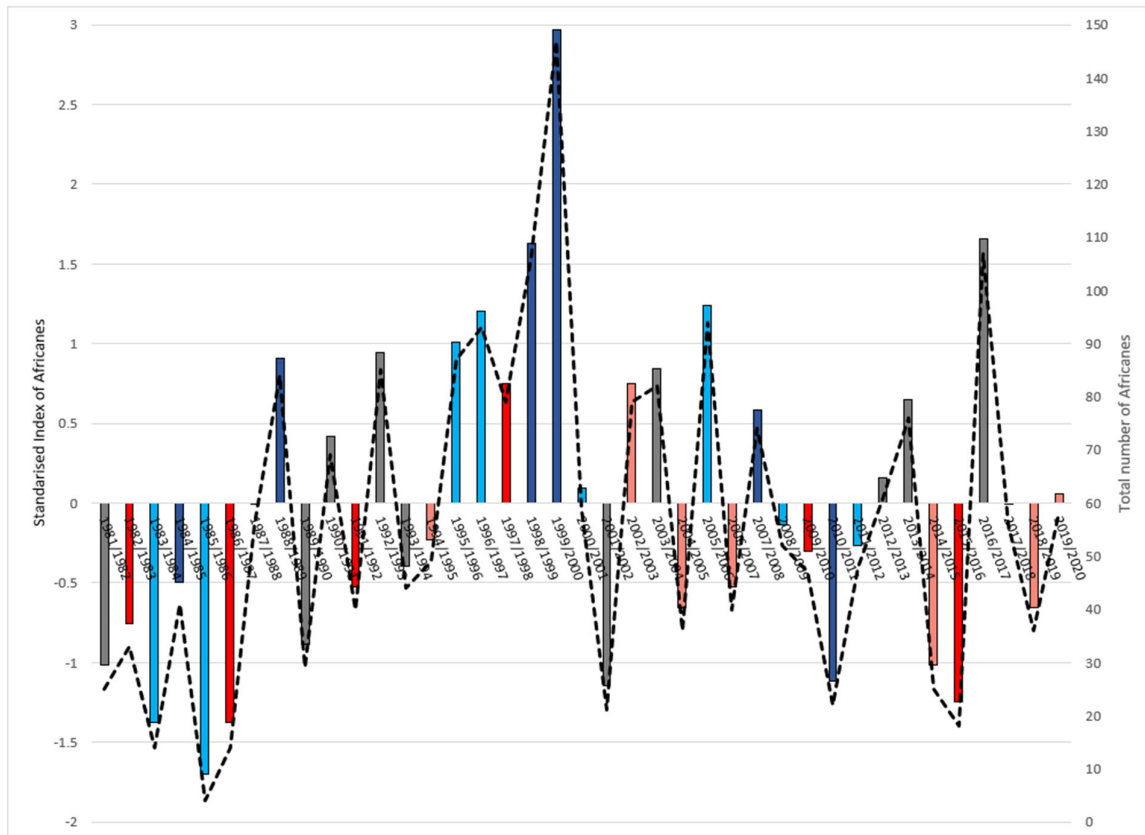
578 7. Interannual variability

579 The time series of the total number of Africanes per season is shown by the dashed line in Fig. 13.
 580 The average number of Africanes per season is 56 and the standard deviation is 31, indicating the
 581 high variability in the time series. There were as few as 4 Africanes in 1985/1986 and as many as 147
 582 in 1999/2000.

583 The total number of Africanes per late summer were standardised with respect to the long-term
 584 average and standard deviation. These are shown in the bar graphs in Fig. 13 as the standardised
 585 index of Africanes. At the start of the study period (1981/1982 to 1986/1987) there were 6

586 consecutive seasons when the number of Africánes were below normal, while an above normal
 587 number of Africánes occurred for 5 successive years in the late 1990s (1995/1996 to 1999/2000).
 588 There were 13 seasons when the index of Africánes were higher than 0.5 (substantially above
 589 normal) and 14 when it was less than -0.5 (substantially below normal).

590



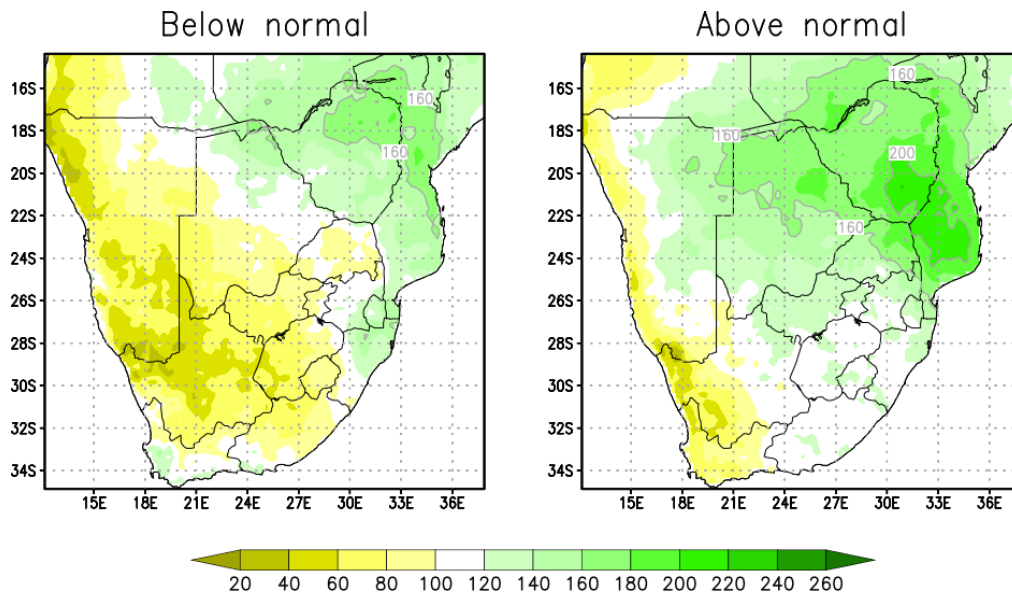
591

592 Figure 13: Standardized index of Africánes for late summers from 1981/1982 to 2019/2020 (bars).
 593 The dashed line indicates the total number of Africánes per summer season (Dec-Mar). The dark
 594 blue (red) bars indicate the seasons when the December January February (DJF) Oceanic Niño Index
 595 (ONI) was less than -1 (more than 1). Light blue (red) bars indicate those seasons when the ONI was
 596 less than -0.5 (more than 0.5)

597

598 The average daily rainfall for days when Africánes occurred in the seasons when the index of
 599 Africánes were substantially above and below normal (see Fig. 13) was calculated and compared to
 600 the long-term daily rainfall (Fig. 14). There were 13 seasons (566 days) when the index of Africánes
 601 were substantially above normal and 15 seasons (244 days) when it was substantially below normal.
 602 The influence of a high frequency of Africánes on rainfall over the southern sub-continent of Africa is
 603 clearly seen in Fig. 14. In the seasons when substantially above normal Africánes occur, the daily

604 Africáne rainfall is remarkably higher than when below-normal Africánes occur. Most of SA receives
 605 more than 100% (white and green shades) of the long-term daily rainfall in seasons when
 606 substantially above normal Africánes occur. The percentage is as high as 200% in the MOZ/RSA/ZIM
 607 area. Of the 51 ex-tropical cyclone Africáne days, 28 occurred when there were substantially above
 608 normal Africánes and these systems contribute to the copious rainfall in the MOZ/RSA/ZIM area (Fig.
 609 9). In seasons when below number of Africánes occur, the 100% percentile of the long-term daily
 610 rainfall is located much further east over SA. However, there is still substantial rainfall over
 611 Mozambique and Zimbabwe (Fig. 14). The higher proportion of Africáne rainfall in the east is most
 612 likely due to the 15 ex-tropical cyclone days when substantially below normal Africánes occur. The
 613 western parts of South Africa, Botswana and the entire Namibia receive below normal rainfall when
 614 the number of Africánes in a season is substantially below normal.



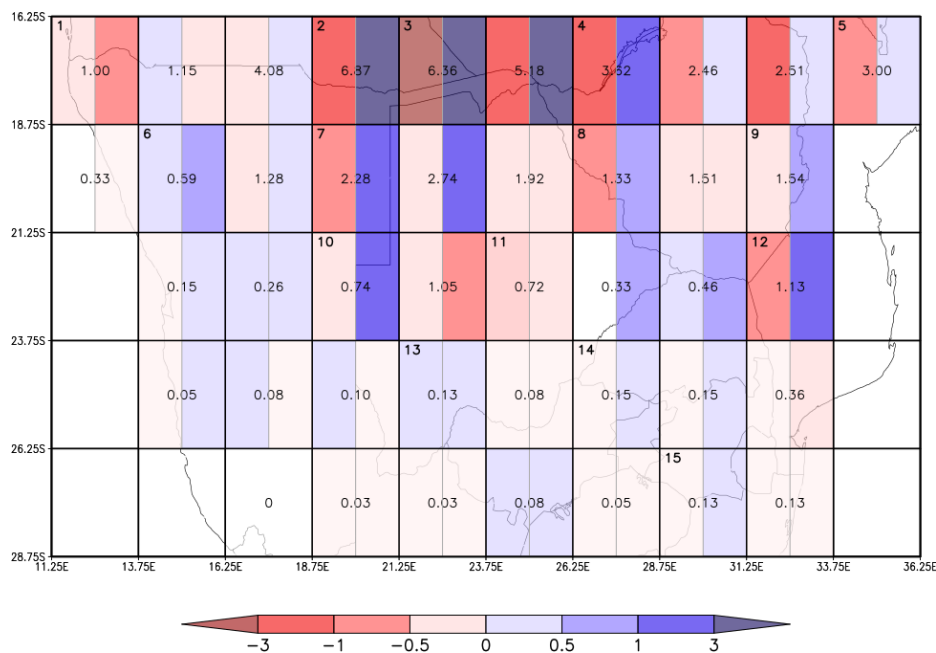
615
 616 Figure 14: Composite of the proportion (%) of rainfall for Africáne days in the seasons when the
 617 index of Africánes was substantially below normal (index of Africánes < 0.5) (left) and above normal
 618 (index of Africánes > 0.5) (right). The 160 and 200% contours are indicated in grey.

619

620 The interannual variability of Africánes is compared to ENSO in Fig. 13. The correlation between the
 621 index of Africánes and the Oceanic Niño Index (ONI) (available from
 622 https://origin.cpc.ncep.noaa.gov/products/analysis_monitoring/ensostuff/ONI_v5.php) for
 623 December January February (DJF) is -0.38 (significant up to the 5% confidence level). The frequency
 624 of Africánes were determined for all strong ENSO events (ONI ≤ -1 for La Niña and ONI ≥ 1 for El
 625 Niño) and are compared to the geographical distribution of all Africánes (Fig. 15). Fewer Africánes
 626 occur during strong El Niño events over most of the study area, the exception being northern

627 Namibia where slightly more Africánes were identified. Sea surface temperatures off the coast of
 628 northern Namibia/Angola have been found to be above normal during El Niño events (Florenchie et
 629 al., 2004) and it is possible that these warm Benguela Niños contribute to the above normal number
 630 of Africánes over northern Namibia during El Niño events. There is also slightly more Africánes
 631 during strong El Niño seasons at 25°S, where the total number of Africánes vary between only 0.05
 632 and 0.36 per annum. The largest differences between the average number of Africánes per grid
 633 point and the average number during strong El Niño events are over the Caprivi area and further
 634 eastwards where there are between 1 to 4 Africánes fewer per annum. The converse is true during
 635 La Niña events when there are 3 to 4 more Africánes in this area per season. In general, the annual
 636 frequency of Africánes is higher during strong La Niña events (Fig. 15). There are more Africánes
 637 than normal at all the grid boxes with the exception of central Botswana where fewer Africánes
 638 occur on average during strong La Niña years, although these anomalies are generally < 0.5.

639



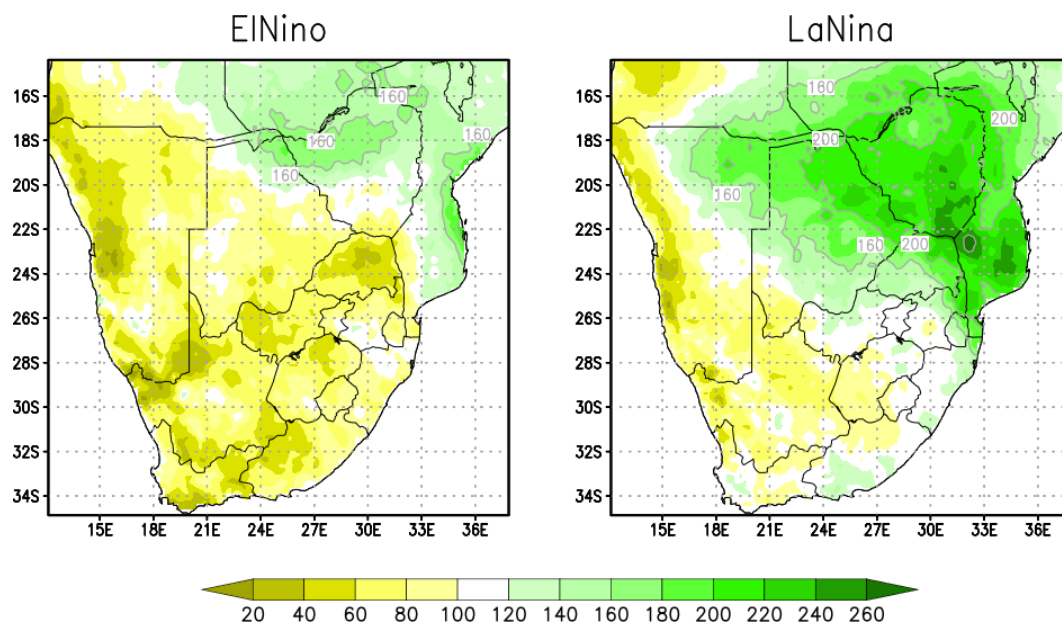
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641 Figure 15: Annual anomalous Africáne frequency for strong El Niño and La Niña seasons for each
 642 NCEP grid box. Each grid box is divided in a left-hand box (El Niño) and a right-hand box (La Niña) and
 643 the shades indicate the deviation from the annual Africáne frequency (written in each grid box). The
 644 numbers in the top left-hand corner of each grid box corresponds to the 15 locations in figure 11. As
 645 example consider the grid box indicated by location number 2. The annual frequency of Africánes in
 646 this grid box is 6.87. During strong El Niño seasons there is between 1 and 3 fewer Africánes per
 647 annum in this grid box and during strong La Niña seasons there is > 3 Africánes more per season.

648

649 It is well established that La Niña years are associated with above normal rainfall over SA (see for
 650 example Jury (1996)). During these wet periods there are positive geopotential anomalies,
 651 throughout the troposphere, south-east and east of the sub-continent. This enhances the westward
 652 advection of moist tropical air into the sub-continent and this in turn makes conditions conducive to
 653 the development of tropical disturbances (Malherbe et al., 2012). During El Niño events, rainfall over
 654 SA is generally below normal and during these dry periods, there is a cyclonic anomaly in the
 655 geopotential heights south-east of South Africa.

656 The average African daily rainfall for all strong El Niño and La Niña seasons is compared to the long-
 657 term average daily rainfall in Fig. 16. The proportion of rainfall on African days during strong La
 658 Niña seasons is above 100% over much of the northern parts of the study area. Over northern
 659 Limpopo province in South Africa, the contribution is as high as 200%, with the maximum
 660 contribution on the MOZ/RSA/ZIM area (> 240%). The average daily rainfall for African days over
 661 Namibia and western South Africa is below normal, during strong La Niña events. The average daily
 662 rainfall on African days during strong El Niño events is below normal over most of the study area. It
 663 is only over the far northern and eastern extremes of the study area where rainfall is still above
 664 normal on days when Africans occur during strong El Niño events.



665
 666 Figure 16: Composite of the proportion (%) of rainfall for all African days when strong El Niño (left)
 667 and La Niña (right) seasons occurred. The 160 and 200% contours are indicated in grey.

668

669 The ONI for DJF was used to classify La Niña ($ONI \leq -0.5$, light blue on Fig. 13) and strong La Niña
 670 seasons ($ONI \leq -1$, dark blue on Fig. 13). The same was done for El Niño ($ONI \geq 0.5$, light red on Fig.

671 13) and strong El Niño ($ONI \geq 1$, dark red on Fig. 13). There were 13 La Niña seasons during the 39
672 seasons investigated, 7 of these (54%) were associated with substantially above normal Africánes
673 and 4 (31%) with substantially below normal Africánes. When strong La Niña years occurred (there
674 were 6), 4 (67%) were associated with substantially above normal Africánes. There were 14 El Niño
675 seasons in the study period, 8 of them resulted in substantially below normal Africánes. Only 2 El
676 Niño events were associated with substantially above normal Africánes namely the 1997/1998
677 season and the 2002/2003 season. Reason and Jagadheesha (2005) and Blamey et al. (2018)
678 postulate that the drought of the 1997/1998 El Niño event was not as intense as predicted due to
679 the presence of stronger Angola low during this season.

680

681 8. Discussion and conclusions

682 The presented research introduces the Africáne, a tropical cyclone-like low pressure system over the
683 continent of SA. Strict circulation and thermodynamic criteria are applied to objectively identify
684 Africánes which mostly develop over land, although about 6% of Africánes are the remanence of
685 tropical cyclones which invade the sub-continent from the Mozambique Channel. Africánes are a
686 very specific subset of Angola lows (Mulenga, 1998), strong Angola lows (Blamey et al., 2018,
687 Howard and Washington, 2018) or tropical Angola lows (Howard et al., 2019).

688 Africánes are large, slow moving weather systems characterised by an upright low from the surface
689 to the middle troposphere and displaced by a high near the tropopause (Dyson and Van Heerden,
690 2002). The low is cold cored near the surface but has a warm core in the middle and upper
691 troposphere (Taljaard, 1985). Due to the slow-moving nature of the low, heavy rainfall may result
692 over the same area for days on end, as transpired over the central interior of South Africa during
693 February 1988, when heavy rainfall occurred for four consecutive days over the Free State province
694 resulting in devastating floods (Triegaardt et al., 1991).

695 Africánes play an important role in the climate of southern sub-tropical Africa as they are
696 responsible for widespread rainfall on their eastern flanks. Most Africánes occur in January but they
697 extend further south in February months, when the proportion contribution of rainfall on Africáne
698 days is more than 30% over SA with the exception of the west coast and adjacent interior. These far
699 western parts of the study area are very dry with annual rainfall of less than 50 mm and Africánes
700 contributing less than 15% to the total rainfall in the area. However, when Africánes are situated
701 over north-western Namibia, well above normal rainfall occurs in Namibia.

702 There are two broad synoptic configurations associated with Africánes. Africánes sometimes
703 combine with westerly troughs or TTTs which helps to pull the rain band southwards, causing

704 significant rainfall over South Africa. Hart et al. (2010) describes three TTT events where they explain
705 how the westerly trough combines with what they refer to as a strong Angola low. The tropical lows
706 in the three events they describe were further classified as Africánes in the research presented here.
707 Africánes play an important role in providing the tropical moisture, which is carried southward by
708 the TTT, to cause rainfall further south. The second synoptic configuration associated with Africánes
709 is when a well-developed mid-level subtropical high establishes itself south of the Africáne. The high
710 prevents the rainfall from penetrating southward and rainfall is confined to the north of the study
711 area.

712 A few Africánes develop from tropical cyclones moving in from the Mozambique Channel and these
713 systems partly contribute to the high rainfall proportion contributed to Africánes over the
714 escarpment of the MOZ/RSA/ZIM area. However, there are also Africánes which develop over the
715 continent and move eastwards to eventually move into the Mozambique Channel (Webster, 2019).
716 Africánes may then develop into tropical cyclones as they encounter the warm water in the
717 Mozambique Channel as happened with tropical cyclone Idai in March 2019 (Yu et al., 2019). A
718 similar process has been described to take place over north Africa, as the north Africa easterly low
719 moves into the Atlantic Ocean and develop into Atlantic tropical cyclones (Burpee, 1972, Russell et
720 al., 2017). In Australia, McBride and Keenan (1982) describe how tropical cyclones often develop
721 over the northern coastline with forerunner systems forming overland.

722 The interannual variability of the number of Africánes per year is linked to ENSO. The correlation
723 between the standardised index of Africánes and the ONI index is -0.38. Only 1 of 6 strong El Niño
724 seasons resulted in substantially above normal number of Africánes and 2 of 6 strong La Niña
725 seasons in below normal number of Africánes. The number of Africánes per season is closely related
726 to the rainfall distribution over SA. Investigating the predictability of these systems could contribute
727 to rainfall prediction on the short and medium time scales over SA.

728 9. Acknowledgements

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731 10. References

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954 numbers in the top left-hand corner of each grid box corresponds to the 15 locations in figure 11. As
955 example consider the grid box indicated by location number 2. The annual frequency of Africánes in
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