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***In vitro* screening in cervical cancer cells of anti-cancer compounds derived
from Cameroonian plants**

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Summary

Cervical cancer is a global health challenge for women, especially in Africa, which is attributed to Human Papillomavirus (HPV) infections that are commonly mitigated by administration of HPV vaccines. Conventional treatment for advanced cervical cancers involves platinum-based chemotherapy and radiotherapy, many of which collaterally damage non-cancer cells. This warrants plants as an alternative source of novel potential pharmaceuticals with lower toxic side-effects in anti-cancer drug discovery. This motivates the aim of this research to screen 10 extracted compounds, including 3 novel compounds from various plants in Cameroon. Data regarding cell viability and cell death were obtained from various cell-based and sub-cellular assays revealing 3 novel compounds with cytotoxic and cancer-selective potentials. However, studies in additional cancer and non-cancer cell lines should be conducted before these compounds can be identified as effective leads in the expensive anti-cancer drug discovery process.

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Abbreviations

| | |
|-----------------|--|
| Abs - | Absorbance |
| AKT - | AKT serine/threonine kinase-1 |
| APAF1 - | Apoptotic peptidase-activating factor-1 |
| ASR - | Age-standardized rate |
| ATCC - | American Type Culture Collection |
| ATP - | Adenosine triphosphate |
| BAD - | BCL2-associated death promoter |
| BAK - | BCL2-associated agonist/killer-1 |
| BARD-1 - | BRCA-1-associated RING domain protein-1 |
| BAX - | BCL2-associated-X protein |
| BCL2 - | B-cell lymphoma-2 family protein |
| BCL2L - | BCL2-like protein-2 |
| BCL2L10 - | BCL2-like protein-10 |
| BCLX - | BCL2-like isoform X-1 |
| BDA-366 - | BCL2-BH4 domain-antagonist-366 |
| BH - | BCL2 homology domain/motif |
| BID - | BH3-interacting domain death agonist |
| BIM - | BCL2-like protein 11 |
| BIR - | Baculovirus inhibitory apoptosis protein repeat domain |
| BIRC - | Baculovirus inhibitory apoptosis protein repeat-containing |
| BOK - | BCL2 ovarian killer |
| <i>BRCA-1</i> - | <i>Breast cancer susceptibility gene-1</i> |

| | |
|--------------------|--|
| <i>BRCA-2</i> - | <i>Breast cancer susceptibility gene-2</i> |
| Ca ²⁺ - | Calcium ions |
| CaSki - | Epidermoid cervical carcinoma cells |
| Caspase - | Cysteiny, aspartate-specific protease |
| CI - | Cell index |
| CO ₂ - | Carbon dioxide |
| CSCs - | Cancer stem cells |
| CD4 ⁺ - | Cluster of differentiation-4 T-lymphocytes |
| CD-20 - | Cluster of differentiation antigen-20 |
| cIAP1 - | Cellular inhibitory apoptosis protein-1 |
| cIAP2 - | Cellular inhibitory apoptosis protein-2 |
| CXCL-5 - | CXC motif ligand-5 |
| DAMP - | Damage-associated molecular pattern |
| DCR1 - | Decoy receptor-1 |
| DCR2 - | Decoy receptor-2 |
| DD - | Death domain |
| <i>DFFA</i> - | <i>DNA fragmentation factor gene</i> |
| DFNA5 - | Deafness-associated tumour suppressor |
| DISC - | Death-inducing signalling complex |
| DMEM - | Dulbecco's Modified Eagle's Medium |
| DMSO - | Dimethyl sulfoxide |
| DNA - | Deoxyribonucleic acid |
| DSB - | DNA double-stranded break |

| | |
|------------------|---|
| BV6 - | Bivalent-6 |
| E1 - | Early-1 |
| E2 - | Early-2 |
| E6 - | Early-6 |
| E6AP - | E-6-associated protein |
| <i>E7</i> - | <i>Early-7</i> |
| EDTA - | Ethylenediaminetetraacetic acid |
| <i>E genes</i> - | <i>Early genes</i> |
| EMEM - | Essential modified eagle's medium |
| ER - | Estrogen receptor |
| FADD - | FAS-associated via death domain protein |
| FASL - | FAS cell surface death receptor -ligand |
| FASR - | FAS cell surface death receptor |
| FBS - | Foetal bovine serum |
| Fc - | Fragment crystallisable chain |
| FDA - | Food and Drug Administration |
| FITC - | Fluorescein isothiocyanate |
| GLOBOCAN - | Global Cancer |
| GPCR - | G-protein coupled receptor |
| HBA - | Hydrogen bond acceptor |
| HBD - | Hydrogen bond donor |
| HeLa - | Henrietta Lacks |
| HER-2 - | Human epidermal growth factor-2 |

| | |
|--------------------|---|
| HMGB1 - | High mobility group box-1 protein |
| HPV - | Human Papillomavirus |
| HR - | Homologous recombination |
| HRT-A2 - | Omi/high temperature requirement protein-A |
| IAP - | Inhibitory apoptosis protein |
| IC ₅₀ - | Half-maximal inhibitory concentration |
| IgG - | Immunoglobulin G |
| IL-1 - | Interleukin-1 |
| IP3 - | Inositol triphosphate-3 |
| IR - | Infra-red |
| <i>L genes</i> - | <i>Late genes</i> |
| L1 - | Late-1 |
| L2 - | Late-2 |
| Log <i>P</i> - | Octanol-water partition coefficient |
| Mab - | Monoclonal antibody |
| MCF-7 - | Michigan Cancer Foundation-7 |
| MCL1 - | Myeloid cell leukaemia protein-1 |
| MDM2 - | Murine double-minute-2 protein |
| MDM4 - | Murine double-minute-4 protein |
| MLKL - | Mixed lineage kinase domain-like protein |
| mTOR - | Molecular target of rapamycin |
| MTT - | 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide |
| MW - | Molecular weight |

| | |
|-----------|--|
| NADH - | Nicotinamide adenine dinucleotide |
| NSCLC - | Non-small cell lung cancer |
| NMR - | Nuclear magnetic resonance |
| NUMB - | NUMB endocytic adapter protein |
| OMM - | Outer mitochondrial membrane |
| OR - | Oestrogen receptor |
| PALB2 - | Partner and localizer of BRCA-2 |
| PBS - | Phosphate-buffered saline |
| PI - | Propidium iodide |
| PI3K - | Phosphatidylinositol-3 kinase |
| PMAIP1 - | Phorbol-12-myristate-13-acetate-induced protein-1 |
| PR - | Progesterone receptor |
| PS - | Phosphatidylserine |
| PUMA - | Protein-53-upregulated modulator of apoptosis |
| QSAR - | Quantitative structure-activity relationship |
| RCD - | Regulated cell death |
| rhTRAIL - | Recombinant human TNF related apoptosis-inducing ligand |
| RIPK1 - | Receptor-interacting protein kinase-1 |
| RNA - | Ribonucleic acid |
| ROS - | Reactive oxygen species |
| RTCA - | Real-time cell analysis |
| RT-qPCR - | Reverse transcriptase quantitative polymerase chain reaction |
| SANCR - | South African National Cancer Registry |

| | |
|----------------|---|
| SD - | Standard deviation |
| SERM - | Selective estrogen receptor modulators |
| SI - | Selectivity index |
| SMAC - | Second mitochondrial activator of caspases |
| SMILES - | Simplified Molecular Input Line Entry System |
| tBID - | Truncated BH3-interacting domain death agonist |
| TM - | Transmembrane domain/motif |
| TNBC - | Triple-negative breast cancer |
| TNF - | Tumour necrosis factor |
| TNF α - | TNF-alpha |
| TNFRSF1A - | TNF-receptor superfamily member-1A |
| TNFRSF10A - | TNF-receptor superfamily member-10A |
| TNFRSF10B - | TNF-receptor superfamily member-10B |
| TPSA - | Topological polar surface area |
| TP53 - | Tumour protein-53 |
| TRAs - | TNF-related apoptosis-inducing ligand-receptor agonists |
| TRADD - | TNFR1-associated via death domain protein |
| TRAIL - | TNF-related apoptosis-inducing ligand |
| TRAILR1 - | TNF-related apoptosis-inducing ligand receptor-1 |
| TRAILR2 - | TNF-related apoptosis-inducing ligand receptor-2 |
| UBC - | Ubiquitin-conjugating enzyme |
| USA - | United States of America |
| VEGF - | Vascular endothelial growth factor |

VLP - Virus-like particles
XIAP - X-linked inhibitory apoptosis protein
 β E - 17 beta (β)-estradiol hormone

Abstract

Cervical cancer is a public female health burden, especially in Africa, and is mainly caused by infection with HPV in which unvaccinated cases allow the development of malignancy and ultimately angiogenesis and metastasis. Apoptosis, which is often evaded in cancer, is a popular targeted mechanism of current and potential anti-cancer drugs. However, cytotoxic cervical cancer therapies, such as platinum-based chemo- and radiotherapy, also elicits non-selective and systemic toxicity and temporarily subdues advanced cancers into remission with unexpected relapse. In addition, treatments utilizing an apoptotic anti-cancer approach induce necrosis concomitantly which result in inflammatory side-effects. This necessitates the screening of alternative treatment regimens, such as plant secondary metabolites and their various combinations for discovery of new anti-cancer compounds or unprecedented anti-cancer potentials of old compounds. Therefore, compounds isolated from four Cameroonian plants, namely *Cassia arereh*, *Distemonanthus benthamianus*, *Echinops gracilis* and *Rhabdophyllum affine*, were screened for their individual cytotoxicities against cervical cancer cells. Compounds that showed sufficient anti-cancer and cancer-selective potentials were then further studied in combination. Initial screening revealed a terpenoid and flavonoid isolated from *C. arereh* (CAE21) and *E. gracilis* (EGF25), respectively. CAE21 and EGF25 induced strong apoptotic responses especially in combination with no necrotic response. In addition, CAE21 showed optimal oral bioavailability *in silico*, although EGF25 did not show the same drug-likability. CAE21 and EGF25 also demonstrated molecular bioactivities of 0.18 and 0.14 as GPCR and nuclear receptor ligands, respectively. Despite the demonstrated anti-cancer potential of CAE21 and EGF25, reproducible effects in more biological cancer models and further elucidation of apoptotic and molecular mechanisms are needed.

1 Introduction

Cervical cancer is a global-health issue affecting women and health care. To address this, clinicians have used various treatment strategies such as the combination of paclitaxel and platinum-based chemotherapy. Although platinum-based drugs remain the standard for cervical cancer treatment, this conventional chemotherapy still presents with off-target toxic side-effects, leading to a consideration of combining conventional chemotherapy with medicinal plant compounds since they are generally more tolerable and therefore present with less side effects.

However, research involving chemotherapy and plant medicine combinations is in the pre-clinical stages, especially combinations of pure natural compounds. This also warrants clinical study of plant secondary metabolites and their potential synergistic combinations, which could reduce the dosages needed when used together. This may also begin to reveal hidden holistic anti-cancer properties of the plants themselves when plant extracts containing multiple are consumed.

Therefore, this study aims to screen active compounds isolated from Cameroonian plants for cytotoxicity against an *in vitro* cervical cancer model. Cytotoxicity in cancer and non-cancer cells will also assess cancer cell selectivity of compounds. Compounds showing anti-cancer potential will be studied in combination for their down-stream apoptotic effects.

1.1 Cervical cancer

Cervical cancer is a malignant pathology that progresses in the inner- and outer epithelial linings of the cervix in the female reproductive system.¹ The endocervix is lined with columnar epithelial cells, whereas the ectocervix as well as its neuroendocrine glands are covered with squamous epithelium, which are often vulnerable to persistent HPV (Human Papillomavirus) infection that often progresses to cancer if left untreated.¹⁻² Cervical carcinomas may remain *in situ* or invade tissues past their basal barrier in the absence of a treatment intervention.¹ These carcinomas exist in various histopathological forms, namely squamous carcinomas, adenocarcinomas, adenosquamous carcinomas and neuroendocrine malignancies.¹

1.1.1 Cervical cancer epidemiology

According to Sung *et al*, cervical cancer was the fourth most prevalent malignant condition and cause of cancer-related mortality in women on a global scale.³ Global cancer (GLOBOCAN) statistics calculated that 604 000 novel cases and 342 000 fatalities were reported globally in 2020.³ In comparison to other regions of the world, Africa and Asia suffer the greatest prevalence and mortality rate with increased statistics in Southern Africa.⁴ In particular, Swaziland had the highest incidence estimated during the GLOBOCAN consensus in 2018.⁴ Southern Africa had a cervical cancer incidence rate of 36.4 per 100 000 people and fatality rate of 20.6 per 100 000 people annually.³ This was the second highest incidence rate and third highest mortality rate per 100 000 people.³

Based on statistics from the South African National Cancer Registry (SANCR) in 2014, cervical cancer is the third most frequently diagnosed carcinoma, with an incidence age-standardized rate (ASR) of 22.56 per 100 000 women of all races.⁵ The incidence ASR is the highest within the black female population group of South Africa (27.01 per 100 000 people), with coloured women ranking second (13.72 per 100 000 people), white females third (13.10 per 100 000 people) and Asian women fourth (9.98 per 100 000 people).⁵ GLOBOCAN statistics collected in South Africa for 2018 suggests that cervical cancer incidence increased to 43.5 cases per 100 000 people with an ASR of 19.2 deaths per 100 000 people.⁶

1.1.2 Causes of cervical cancer

The majority of non-hereditary cases of cervical cancer in women are attributed to persistent infection with HPV.^{1,7,8,9} However, not all HPV types cause malignancy.^{1,8} HPV types 16, 18, 31, 33, 45, 52 and 58 are known to be the most carcinogenic, whereas types 6, 11 and 40 have very low carcinogenic potential and are considered low-risk.^{1,8,10-11}

Other behavioural and environmental factors play a role in the aetiology of HPV infection and the development of cervical cancer.^{1,12-14} Consumption of hormone contraceptives in young women is associated with premalignant cervical tumours and prolonged use increases the malignant potential of these lesions.¹² Oral contraceptives contain the 17 beta (β)-estradiol hormone (β E), which takes the endogenous form as found in the reproductive system.¹⁵ Exogenous administration of β E increases the expression of *early-6* (*E6*) and *early-7* (*E7*) HPV oncogenes in cervical cancer cells transformed with HPV 16 and 18.¹⁶ HPV 16 E6, E7 and HPV 18 E6 oncogenes also increase the expression of estrogen receptor-alpha ($ER\alpha$) whereas E6 from HPV 16 and 18 up-regulate estrogen receptor-beta ($ER\beta$).¹⁶ Both E7 oncogenes from HPV 16 and 18 genomes promote the nuclear localization of estrogen receptors (ERs).¹⁶ In addition, evidence suggests that a young age of becoming sexually active, usually under the age of 18, and having a multitude of coital partners increases the cervical cancer risk.^{1,17} This is most likely due to an increased chance of HPV contraction as a sexually transmitted infection.¹

Other lifestyle factors include primary and secondary tobacco smoking.^{12,18} In a study of a population of Australian women aged 30-44 years, it was found that smoking 5 cigarettes per day increased the prevalence of benign cervical neoplasia with malignant potential.¹² Increasing usage to more than 5 cigarettes per day showed a stronger correlation to the progression from benign to invasive cervical tumours.¹² This is likely because of the immunosuppressive effect of tobacco smoking on cell-mediated immunity, which increases the susceptibility to HPV-infection of the cervical epithelium.¹⁹⁻²⁰ Evidence suggests that the specialized antigen-presenting Langerhans cells are mainly affected.¹⁹

1.1.3 HPV infection and cervical malignant transformation

HPV targets the basal epithelium tissue often during injury to the superficial epithelial layers in the uterine cervix.¹⁰ HPV deoxyribonucleic acid (DNA) is transferred from virus capsid to host cell nucleus as free DNA molecules or episomal plasmids that can self-replicate.¹⁰ However, the virus hijacks the host's replicative machinery during basal to squamous epithelial cell differentiation.¹⁰ This normally terminates in cell aging or cell death, but during HPV infection, viral genes *E6* and *E7* encode proteins that continue the cell cycle and prevent cell death, allowing the production of thousands of HPV genomes.¹⁰ HPV DNA begin to express late-1 (L1) and -2 (L2) genes that result in the capsid formation of HPV virions in the semi-differentiated cervical epithelium that once terminally differentiated, viruses are released and spread.¹⁰ This cycle continues during general HPV pathogenicity of the cervical tissue.⁹

High-risk HPV episomally expresses more oncogenic forms of *E6* and *E7* that persistently inhibit the activities of important tumour suppressor proteins, namely tumour protein-53 (TP53) and retinoblastoma (RB) family proteins.⁹ This permits progression of the cell cycle despite accumulation of many genetic mutations that ultimately leads to malignant transformation.⁹ Viral integration in the host's genome may accompany episomal expression, which also results in the deletion or dysfunction of viral *early gene 1 (E1)* and *2 (E2)* that control *E6* and *E7* expression.⁹ However, HPV type 16 cancer cell lines with sole viral episomal expression have been reported.²¹

1.1.4 HPV vaccines used to prevent cervical cancer

Due to the fact that cervical cancer is commonly caused by HPV infection, vaccination is a common preventative strategy.¹ The most recent marketed vaccines, Gardasil[®], Gardasil9[®] and Cervarix[™] were synthesized using L1 virus-like particles (VLP).¹¹ These are self-assembled viral capsules containing L1 proteins mainly produced in genetically-modified eukaryotes.^{11,22} To achieve this, plasmid constructs containing the *L1* gene code are cloned and amplified in a vector organism, linearized using restriction enzyme technology and inserted into the genome of a competent organism, such as yeast.²² L1-VLPs are not infectious as they do not contain the HPV genome.¹¹

Different HPV types have different genotypes of *L1* genes, naturally containing capsid proteins specific to different low and high-risk HPVs allowing broad-spectrum coverage in multivalent vaccines.²³ For example, Cervarix™ was a bivalent vaccine that was designed with L1 VLPs from type 16 and type 18 HPVs.¹¹ Gardasil® and Gardasil9® have more broad-spectrum immunogenicity as they include L1 proteins from HPV 6, 11, 16 and 18 with Gardasil9® additionally including HPV 31, 33, 45, 52 and 58.¹¹ Gardasil® and Cervarix™ vaccines have been shown to illicit a strong memory B cell response and engagement of HPV-specific immunoglobulin G (IgG) antibodies.²⁴

1.2 Cell death, cell aging and cancer

Cell death has many different forms with diverse regulatory mechanisms with intricate interconnection between their various pathways.²⁵ Cancer cells have evolved to evade cell death due to deregulated signalling from enhanced expression of oncogenic proteins or loss of tumour suppressor function.²⁶ As a result, defective cell death promotes increased tumour growth and resistance to the killing effect of anti-cancer therapy.²⁶

There are other non-fatal cell fates that eventually lead to the cell's demise.²⁵ An example is the process of cell aging known as senescence, by which a cell loses its ability to reproduce yet remains metabolically and physiologically viable.²⁵ Senescence is characterized by increased cellular size, loss of cell growth and mitosis, damage by reactive oxygen species (ROS) and cumulative shortening of the chromatin ends (telomeres) after excessive cycles of DNA replication.²⁵ Senescent cells secrete pro-inflammatory chemo- and cytokines that recruit an immune response to remove aged cells to maintain tissue homeostasis and function.^{25,27-28} Senescent cytokines recruit cluster of differentiation-4 (CD4⁺) T-lymphocytes to mediate phagocytic removal of old cells by monocytes and/or tissue macrophages.²⁷ However, secretions from senescent cells may promote oncogenesis in pre-malignant tumours, especially if immune clearance is suppressed.²⁷

1.2.1 Modes of cell death

Cell death occurs via diverse mechanisms, mainly summarized as regulated or non-regulated forms.²⁵ Regulated cell death (RCD) is initiated by cell signalling involving many molecules in and around the cell and can be modulated by exogenous drugs and genetic factors.²⁵ This is exploited in anti-cancer treatment to reduce neoplastic growth and sensitize resistant cancer cells to traditional therapy.^{26,29} Many forms of RCD play a role in normal physiological processes, such as anatomical pre- and post-natal development as well as tissue homeostasis.^{25,30-32} For example, the cells forming the inter-digital webs of mammalian embryos are removed by RCD.³⁰ Regulated modes of cell death also occur as a stress response to cellular insults.²⁵ In worst cases, cells are spontaneously killed before they even initiate a suicidal response by direct injury resulting in cell lysis and subsequent release of its contents.²⁵ This is known as accidental- or lytic cell death.²⁵

Dying cells release a multitude of molecules, which may either exasperate or relieve diseases like cancer, in the tissue microenvironment.²⁵ Within the various types of cell death mechanisms, there are also several subtypes with characteristic molecular pathways such as apoptosis, necrosis, autophagy and necroptosis.²⁵ However, communicating molecules from one mode of cell death may exhibit cross-talk with another causing overlap between RCD and non-regulated cell death.²⁵

1.2.1.1 Apoptosis

Apoptosis is a mode of programmed RCD orchestrated by protein-digesting enzymes called cysteinyl, aspartate-specific proteases (caspases).³³ Caspases are sequentially activated by auto-lytic cleavage of inactive precursor proteins, culminating in stimulation of effector proteases that disintegrate the cell from the inside.^{26,34} Apoptosis follows rapid clearance of apoptotic cells, debris and pro-inflammatory substances by phagocytosis.^{25,35} This surveillance mechanism is called efferocytosis and is signalled by the externalization of phosphatidylserine (PS) on the outer membrane of dying cells to aid phagocyte recognition.²⁵⁻²⁶ However, if the rate of apoptosis far exceeds the rate of efferocytosis or if efferocytosis is absent, apoptosis will progress to more damaging forms of cell death.^{34,36}

1.2.1.2 Autophagy

Autophagy is a RCD mechanism in which a cell digests itself to recycle nutrients during metabolic starvation.^{25,37} This is initiated when normal proliferative activity is low.³⁸ Lysosomes are membrane enclosed “sacs” in the cell that contain digestive enzymes associated with the regulation of autophagy.³⁹ Lysosomal membranes fuse with a double-membranous vacuole known as the autophagosome, in which the contents are exposed to digestive enzymes namely hydrolases.³⁹ Hydrolases digest misfolded protein aggregates and defective organelles absorbed by the autophagosome.³⁹ Although autophagy reduces malignant cell numbers, it plays a contradictory role in the disease progression of cancer.³⁷⁻³⁸ Some autophagic regulators act as tumour suppressors by repressing the effect of other enzymes on the expression of oncogenes and the activity of their products.³⁸ In contrast, autophagy may sustain cancer cell growth by recycling nutrients, such as amino acids, which feeds adjacent malignant cells.³⁷

1.2.1.3 Necrosis

Necrosis, on its own, occurs due to severe cellular blows such as direct tissue injury, infection, extreme temperatures, glucose deprivation and intense loss of oxygen or hypoxia.⁴⁰⁻⁴¹ Whether passive or regulated, necrosis leads to cellular- and mitochondrial swelling, cell membrane lysis due to loss of membrane integrity and rupture of lysosomes causing all cellular contents to leak out into the microenvironment.⁴⁰ Usually cancer growth exceeds the rate at which blood vessels are synthesized towards areas of newly divided neoplastic cells (angiogenesis), causing a hypoxic microenvironment.⁴² This induces necrosis and accelerates its pro-inflammatory repercussions.⁴²

1.2.1.4 Necroptosis

Necroptosis shares morphological characteristics with necrosis as it also culminates in rupture of the plasma membrane.⁴³ However, it resembles apoptosis in its molecular mechanism, but occurs independently of caspases.⁴³ The signal transduction pathway in necroptosis relies on the phosphorylation of mixed lineage kinase domain-like (MLKL) protein by receptor-interacting protein kinase-1 (RIPK1).⁴⁴ MLKL is a pseudokinase that requires activation by RIPK1, sending MLKL to the inner layer of the cytoplasmic membrane where it disrupts the integrity of the lipid bilayer.⁴⁴ The downstream loss of membrane permeability results in the leakage of cytosolic molecules that initiate or potentiate inflammation in the extracellular space.⁴⁵

Molecules released from necrotic or necroptotic cells are called damage-associated molecular patterns (DAMPs) and have the potential to elicit an inflammatory response that collaterally damage proximal cells.^{25,33,46} An example of these DAMPs is high mobility group box-1 (HMGB1) nuclear protein which belongs to the high mobility group of proteins.^{41,47-48} HMGB1 is a DNA-binding protein that organizes chromatin and regulates chromatin structure the transcription of genes involved in DNA repair, RNA transcription and telomere upkeep.⁴⁹ HMGB1-mobilization in response to tissue hypoxia increases mitochondrial replication, vascularisation and increased blood flow towards ischemic areas of carcinomas.^{41,50} This enhances the metabolic, invasive and metastatic potential of malignant cells due to access to the circulatory system allowing migration to other organs of the body.⁴¹

1.2.2 Apoptosis and cancer

Apoptosis followed by efficient efferocytosis bypasses secondary necrosis and avoids its secondary inflammatory effects *in vivo*.³⁵⁻³⁶ However, when HMGB1 is released from lysing cells it promotes cancer cell growth when released into the tumour microenvironment.⁴¹ In contrast, apoptosis followed by efficient efferocytosis does not promote tumour angiogenesis unlike its lytic counter-part.⁵¹ This is why apoptosis is the desired therapeutic mode of action against cancer cells.³⁵

Apoptosis occurs in two ways, namely the intrinsic and extrinsic pathways.⁵² The extrinsic pathway relies on ligands that interact with their receptors on the extracellular surface of the cell membrane.⁵² This prompts the formation of a multi-protein complex that initiates a series of caspase activations.⁵² The intrinsic pathway, also known as the mitochondrial-dependent pathway, is activated in response to internal stress stimuli and mainly involves modulators in the mitochondria.⁵² Both pathways involve caspases that eventually result in the activation of the executioner caspases responsible for the morphological changes in the final phase of apoptosis.⁵²

However, caspases need to be regulated so that healthy cells are not inappropriately killed.²⁶ Cancer cells hijack this mechanism to resist cell death.²⁶ Caspase suppressors include the inhibitory apoptosis proteins (IAPs) that block their proteolytic activity or promote their degradation.^{26,53-54} IAPs act as E3 ligase enzymes that flag the caspases with ubiquitin, prompting their selective degradation in the proteasome when apoptosis is not needed.⁵⁴ IAPs are often over-active in breast and cervical cancers, promoting resistance to pro-apoptotic agents.⁵⁵⁻⁵⁷

1.2.2.1 Extrinsic Apoptosis

Extrinsic apoptotic signalling begins with extracellular ligand-receptor interactions.⁵² The receptors involved belong to the tumour necrosis factor (TNF) superfamily and includes the FAS cell surface death receptor (FASR), TNF receptor superfamily member-1A (TNFRSF1A), 10A (TNFRSF10A) and 10B (TNFRSF10B), TNF-related apoptosis-inducing ligand receptor-1 (TRAILR1/DR4) and 2 (TRAILR2/DR5).^{25,52} Transcription of TNF receptor genes are initiated by an important tumour suppressor, tumour protein-53 (TP53), activated during DNA damage signalling.⁵⁸⁻⁵⁹ Loss of TP53 activity or steady-state levels is a prevalent oncogenic event in most malignancies.⁵⁹

The FAS ligand (FASL) and TNF-related apoptosis-inducing ligand (TRAIL) induce death receptor signalling upon disturbances in the extracellular space.²⁵ The ligated FASR or TRAILRs engage their intracellular death domains with special adapter proteins that assemble to produce the death-inducing signalling complex (DISC).²⁵ However, TNF decoy receptors inhibit ligand-mediated apoptosis by sequestering TRAIL and FASL from DR4 and 5 without engaging downstream molecules due to lack of a death domain.⁶⁰ Ligand decoys, such as decoy receptor-1 (DCR1) and 2 (DCR2) are normally epigenetically inactivated.⁶⁰ When abnormally over-expressed in cancer, decoy receptors confer resistance to extrinsically-induced apoptosis.⁶⁰ Epigenetics is the upstream regulation of transcription by chemical modifications of DNA while preserving the genetic code.⁶¹

DISC processes caspase-8, which then up-regulates executioner caspase-3, 6 and 7 by proteolytic cleavage of their immature procaspases.²⁵⁻²⁶ BH3-interacting domain death agonist (BID) is also cleaved by caspase-8, resulting in a truncated protein (tBID).²⁵ The protein, tBID, localizes in the mitochondria where it regulates molecules involved in intrinsic apoptosis.²⁵ This results in the co-activation of the intrinsic pathway, which occurs simultaneously to extrinsic apoptosis.²⁶

1.2.2.2 Intrinsic Apoptosis

Intrinsic apoptosis occurs in response to several internal and external perturbations.²⁵ These include hypotrophy, hypoxia, deleterious DNA lesions, replication or mitotic stress, excess mitochondrial calcium ions (Ca^{2+}), endoplasmic reticulum stress, over-accumulation of ROS and oxidative damage to membranes.^{25,52,62} Intrinsic apoptotic signalling mainly occurs in the mitochondria and is tightly regulated by a plethora of proteins.²⁵

ROS-induced damage such as lipid peroxidation to the outer mitochondrial membrane (OMM) disrupts the membrane potential between the mitochondria and cytoplasm.⁵² tBID positively regulates the B cell lymphoma-2 family protein (BCL2)-associated-X (BAX) and BCL2-associated agonist/killer-1 (BAK) proteins, which increase the permeability of the OMM.²⁵ This leads to the mitochondrial release of a special molecule that acts as an electron transporter involved in ATP synthesis for cellular respiration (cytochrome c).²⁵ Cytosolic cytochrome c then couples with apoptotic peptidase-activating factor-1 (APAF1), producing an activated complex called the apoptosome.^{25,52} The apoptosome mediates the cleavage of procaspase-9, resulting in caspase-9-activation of the executioner caspase-3, 6 and 7.^{26,52} During malignant development, caspase-3, 7 and 9 are disabled by a potent IAP known as X-linked IAP (XIAP).⁶³⁻⁶⁴

In the case of irreparable DNA damage, acetylation of TP53 prevents its proteosomal degradation, mediated by the oncogenic proteins murine double minute-2 (MDM2) and 4 (MDM4).^{58,65-66} Acetylation is the process by which acetyltransferase enzymes add an acetyl group to specific residues of selected proteins.⁶⁷ Activated TP53 facilitates transcription of genes encoding BCL2 family proteins.⁵⁸ TP53 target genes include protein-53-upregulated modulator of apoptosis (PUMA) and BID.^{58,68} PUMA and BID communicates with messengers in the mitochondria of the intrinsic pathway to further propagate cell death signalling.^{58,68}

1.2.2.3 The execution phase of apoptosis

Activation of caspase-3, 6 and 7 prompts the common execution phase of apoptosis by cleaving many biological substrates.^{26,52} One of the downstream effectors is the *DNA fragmentation factor gene (DFFA)* to which caspase-3 binds directly, initiating DNA fragmentation commonly observed in the nuclei of apoptotic cells.⁵² Caspases are pleiotropic factors that promote an inflammatory microenvironment by inducing necrosis in other cells.^{25,52} For example, caspase-3-mediated cleavage of the deafness-associated tumour suppressor (DFNA5) protein results in necrosis, although being initiated by apoptotic signalling.³⁴

1.2.3 BCL2 family proteins and apoptosis regulation in cancer

The BCL2 family proteins are apoptotic regulators encompassing death-promoting and -suppressing modulators, closely associated with the mitochondrial pathway of apoptosis.⁶⁹ Pro-apoptotic proteins promote OMM permeability, allowing the release of cytochrome c required for apoptosome assembly.⁶⁹ On the other hand, anti-apoptotic proteins bind to and inhibit pro-apoptotic proteins, preventing permeabilization of the OMM.²⁶

The function of BCL2 family modulators is determined by protein-protein interactions between four homologous regions of amino acid sequences known as BCL2 homology (BH) domains.²⁶ The content of BH motifs show similarities and differences between members and determines their functions.^{26,69} BCL2 molecules are characterized into 3 separate classes according to the content of BH domains: multi-domain anti- and pro-apoptotic proteins as well as single domain pro-apoptotic proteins.²⁶ Multi-domain BCL2 members have a transmembrane domain at the end of their protein sequence (C-terminus).^{26,69} This anchors the protein into the OMM with its globular peptides exposed in the cytoplasm.⁶⁹

1.2.3.1 Pro-apoptotic BCL2 family proteins

Single domain pro-apoptotic regulators contain only one motif, namely the BH3 domain and are called BH3-only proteins.²⁶ BID, BCL2-like protein-11 (BIM), BCL2-associated death (BAD) promoter, PUMA and phorbol-12-myristate-13-acetate-induced protein-1 (PMAIP1; also known as NOXA) are BH3-only proteins.²⁶ The BH3 motif is responsible for the interaction and activation of apoptogenic multi- and single-domain proteins.^{26,69} BH-3-only proteins lack a terminal TM domain and indirectly increase OMM permeabilization by upregulating its multidomain partners.²⁶ The BH3 motif also sequesters anti-apoptotic BCL2 proteins, liberating their counterparts to continue pro-apoptotic signalling.⁶⁹

Multi-domain proteins contain BH motifs 1 to 3 and a TM region that form membrane pores to reduce the OMM integrity.^{26,69} These encompass BAX, BAK and BCL2 ovarian killer (BOK) proteins.^{26,69} BAK and BAX work to support excessive Ca^{2+} levels in the mitochondria, to further propagate intrinsic suicidal cues.⁶² These apoptotic activators are also transcriptionally responsive to TP53 when incited by genotoxic stress, killing off genetically unstable lineages.⁵⁹ Inactivating mutations in *TP53* occur in majority of cancers and weaken tumour suppressor-mediated immunity against malignant transformation.⁷⁰

1.2.3.2 Anti-apoptotic BCL2 family proteins

Pro-survival proteins contain motifs BH1 to 4 and repress apoptosis by direct inhibitory interactions with pro-apoptotic proteins via their BH3 binding domains.^{26,69} Pro-survival BH1, 2 and 3 domains form a hydrophobic pocket that accommodates the BH3 motif from pro-apoptotic BCL2 modulators.⁷¹ Moreover, anti-apoptosis BCL2 molecules prevent mitochondrial influx of Ca^{2+} due to activation of a calcium exporter, inositol triphosphate-3 (IP3) receptor that dilutes Ca^{2+} stores, bypassing intrinsic apoptosis.⁶² Several pro-survival proteins have been identified, such as BCL2, BCL2-like isoform X-1 (BCLX), BCL2-like protein-2 (BCL2L/BCL-w), BCL2-like protein-10 (BCL2L10) and myeloid cell leukaemia protein-1 (MCL1).²⁶ Their activities grant cancer cells with the ability to evade apoptosis.²⁶

Vast amounts of non-canonical regulators of apoptosis are still unexplored with novel molecules being continually identified.⁶⁹ The balance between the activities of anti-apoptotic and pro-apoptotic BCL2 proteins determines whether a cell dies or continues its cell cycle.⁶⁹ Cancer cells often have abnormally upregulated anti-apoptotic BCL2 proteins or down-regulated pro-apoptogenic proteins, potentiating malignancy and cancer therapeutic resistance.⁶⁹

1.3 Pharmacological modulation of apoptosis in cancer treatment

A logical approach to anti-cancer treatment includes the pharmacological increase in activity of pro-apoptotic proteins and/or decrease in activity of anti-apoptotic proteins.⁶⁹ However, the feasibility of apoptosis-targeted pharmaceuticals is complicated by the molecular vastness and intra-tumour heterogeneity based on differences in expression patterns of apoptotic regulators.⁷² Thus neoplastic cells harbour differential degrees of malignant potential and variable sensitivities to apoptosis-inducing treatment.⁷²

Anti-cancer drugs consist of various compounds that modulate BCL2 family proteins, IAPs, extrinsic ligands and receptors.⁶⁶ Anti-malignant drugs additionally suppress oncogenic disruption of tumour suppressors, which indirectly promotes apoptosis.⁶⁶ Pharmacological intervention aims to strengthen or restore apoptotic responses to ultimately effectively reduce malignant cell numbers or eradicate tumours.⁶⁶ To promote successful tumour regression in a clinical context, combinations of apoptosis-inducing agents are used.⁶⁶

1.3.1.1 *Inhibition of anti-apoptotic BCL2 family proteins*

Xenobiotics, such as small molecule repressors of pro-survival BCL2 proteins, block interactions of their BH domains with pro-apoptotic family members.⁶⁶ BCL2 and BCLX are inhibited by a selective interaction with the BH3 domain of pro-apoptotic BH-3-only proteins, reproduced by a class of drugs known as BH-3-mimetics.⁶⁹ Hydrophobic amino acids of the BH3 motif fit into a hydrophobic pocket of pro-survival BCL2 family proteins.⁶⁹ This facilitates stable binding as non-polar residues adhere more strongly to each other than to intracellular water molecules.^{69,73} This conceals the anti-apoptotic BCL2 interface, preventing their inhibitory interactions with BAK and BAX.⁶⁹

The most characterized BH3-mimetics include venetoclax (ABT-199), ABT-737 and navitoclax (ABT-263), which have been clinically examined as anti-cancer interventions.⁷⁴⁻⁷⁵ Navitoclax and venetoclax repress anti-apoptotic BCL2 regulators BCL2, BCLX and BCL2L, although venetoclax binds more strongly to BCLX and BCL2L.⁷⁴⁻⁷⁵ Navitoclax has also been used as a MCL1 antagonist to sensitize TNBC cells to other death-inducing agents.⁷⁶ Patients with recurring chronic lymphocytic leukaemia have benefited from individual navitoclax treatment and in combination with a monoclonal antibody (MAB).⁷⁷⁻⁷⁸ An example of a MAB includes rituximab, which induces B-lymphocytic death via specific induction of cell surface antigen CD-20.⁷⁹

In addition, pro-survival BCL2 proteins are repressed by small molecules, namely BH4 antagonists that bind to the BH4 domain.⁸⁰ BH4 domain-antagonist-366 (BDA-366) is a BH4 antagonist of BCL2 that was tested in lung cancer cell lines.⁸⁰ BDA-366's interaction with the BH4 domain incites a conformational change in BCL2, hindering its suppression of IP3 receptors and enhancing Ca²⁺-mediated apoptosis.⁸⁰ BDA-366 also facilitates the exposure of the BH3 motif, turning anti-apoptotic BCL2 into activators that promote the function of BAX.⁸⁰ Evidently, BDA-366 effectively combats cancer insensitivity to other death-inducers caused by BCL2 overactivity.⁸⁰

1.3.1.2 Repression of IAPs using SMAC-mimetics

IAPs are naturally inhibited by second mitochondrial activator of caspases (SMAC) residing in the mitochondria^{26,53} Like BH-mimetics, hydrophobic residues of SMAC selectively bind to the baculovirus IAP repeat (BIR) domains of IAPs.⁵³ These BIR domains sequester caspase enzymes, conferring insensitivity to TNF-mediated apoptosis.^{53,81} Interaction between SMAC and IAPs are imitated by small molecules called SMAC-mimetics.⁵³

SMAC-mimetics are designed to target XIAP, cellular IAP-1 (cIAP1) and 2 (cIAP2), although more potent on cIAP1 and cIAP2.^{53,82} cIAP1 and cIAP2 antagonists have the ability to induce IAP ubiquitination, promoting their proteosomal degradation.⁵³ SMAC-mimetics also competitively inhibit cIAP-mediated degradation of necroptotic RIPK-1, restoring alternative pathways of cell death.⁵³ Competitive inhibition implies that a binding site in cIAP1 or 2 is shared between small molecules and RIPK-1.⁸² This suggests that increasing concentrations SMAC-mimetics prevent RIPK-1 degradation more effectively.⁸² However, non-canonical signalling may enhance cIAP2 activity in response to decreasing levels of cIAP1 expression induced by IAP antagonists.⁸² As a result up-regulated cIAP2 further promotes resistance to TNF-alpha (TNF α)-mediated apoptosis.⁸²

TL-32711 and bivalent-6 (BV6) inhibit XIAP, cIAP1, cIAP2 and promote proteosomal degradation of cIAP1 and 2, restoring caspase activity.⁸³⁻⁸⁴ In this way, SMAC-mimetics aid caspase-8 activation, potentiating extrinsic apoptotic signalling by TNF superfamily of ligands.⁸³⁻⁸⁴ BV6 additionally mediates the auto-activation of caspase-9, expanding apoptotic signalling via the intrinsic pathway.⁸⁴

1.3.1.3 Suppression of the MDM2 oncoprotein

MDM2 is the most commonly over-expressed proto-oncogene in cancer yet causes a similar phenotype to a deleterious TP53 mutation.⁶⁶ MDM2 is a cellular TP53 inhibitor that increases its nuclear export, inhibits TP53-dependent transcription of apoptotic genes and reduces TP53 stability.⁶⁶ Moreover, its homologue, MDM4 associates with MDM2, forming a heterodimer that anchors MDM2 binding and mediates post-translational TP53 ubiquitination for proteosomal degradation.⁸⁵⁻⁸⁶

MDM2 antagonists interfere with the interaction between MDM2 and TP53, restoring TP53-induced transcription of apoptotic genes, such as *PUMA*, *BID*, *BAK* and *caspase-3*.^{58,66,68,87} Nutlin-3 is a small MDM2 antagonists derived from imidazoline organic molecules and was used in multiple anti-cancer drug studies.⁸⁷ This is an efficacious sensitization agent for the chemotherapeutic drug cisplatin in nasopharyngeal, ovarian and prostate cancer cell lines.⁸⁸⁻⁹⁰ Another MDM2 inhibitor, G-613 (also known as 5-chloro-4',5'-diphenyl-3'-(4-(2-(piperidin-1-yl) ethoxy) benzoyl) spiro[indoline-3,2'-pyrrolidin]-2-one) showed anti-cancer activity in ER+ breast cancer cells.⁹¹

1.3.1.4 Induction of TRAILR-mediated extrinsic apoptosis

TRAIL interacts with both TRAILR1 and TRAILR2 receptors in TRAILR-positive carcinomas and elicits apoptosis in TP53-deficient cancers to address therapeutic resistance due to loss of TP53.⁹² TRAIL-induced apoptosis exhibits selective cytotoxicity to malignant cell lines as opposed to benign cells, revealing a promising treatment modality.⁹³ Ligand-receptor binding is reproduced by TRAIL-receptor agonists (TRAs) such as bacterial-synthesized TRAIL (recombinant human (rh)TRAIL).^{92,94} Dulanermin is an rhTRAIL molecule that showed short-term efficacy alone and in various chemotherapeutic combinations in patients with non-small cell lung cancer (NSCLC).⁹⁵ However, chemotherapeutic combinations with dulanermin as a first-line therapy did not improve overall survival.⁹⁵ Irrespectively, the use of rhTRAIL is limited by its short half-life and lack of potency due to TRAILR competition by decoy receptors.^{92,96}

Recombinant TRAIL biologics have undergone several enhancements, one of which involves TRAILs that recognize TRAILR2.^{92,97} This design is composed of numerous multimeric TRAILR-interactive peptides linked to a molecular scaffold.⁹⁷ Presence of more than one receptor-binding site engages more receptors at single molecular level and stabilizes TRAILR2 ligation.⁹⁷ Increased binding sites resulted in superior apoptotic effects in colorectal, lung and T-lymphocyte cancer cell lines.⁹⁷ MEDI-3039 is a TRAILR2 agonist constructed with a fibronectin type III protein scaffold and four TRAILR-binding domains, demonstrating impressive potency in breast cancer *in vivo*.⁹⁸

1.3.2 Cervical cancer drugs promoting apoptosis

Chemotherapeutics cisplatin and paclitaxel are the most efficacious treatments currently used for cervical cancer.⁹⁹ Paclitaxel as a monotherapy improves overall patient survival, but potentiates drug response and longevity when administered concomitantly with cisplatin.⁹⁹ In addition, cisplatin combined with topotecan showed enhanced clinical endpoints, but exhibited strong adverse side effects.⁹⁹ To address these setbacks, further research focused on targeted therapies for cervical cancer in patients that were previously treated with chemotherapy.⁹⁹

Navitoclax has been analysed in cervical cancer cell lines in combination with a MCL1-specific inhibitor (A-1210477), revealing a synergistic relationship.⁵⁶ Resistance of cervical cancer cell lines to navitoclax is frequently attributed to up-regulation of MCL1.⁵⁶ Therefore selective repression of MCL1 is a logical approach to increase navitoclax efficacy.⁵⁶ However, inhibition of other pro-survival BCL2 proteins by navitoclax also sensitized cervical cancer cells to A-1210477.⁵⁶ The synergy between navitoclax and A-1210477 is thus supported by the sensitization properties of these drugs on each other.⁵⁶ Co-treatment in non-cancerous cells resulted in lower cytotoxicity than in cancer cells.⁵⁶ This suggests that cervical cancer cells are naturally more responsive to the combination of navitoclax and A-1210477, indicating *in vivo* toxicological efficacy for pre-clinical studies.⁵⁶

An early event in cervical carcinogenesis involves deletion of decoy receptor genes, *DCR1* and 2, coincidentally removing linked tumour suppressor genes.⁶⁰ Despite this trade-off, it creates a vulnerability to TRAIL-induced apoptosis.⁶⁰ Based on an *in vitro* study, decreased expression of DCR1 or DCR2 sufficiently sensitized cervical cancer cell lines to rhTRAIL-mediated apoptosis.⁶⁰ In contrast, cervical cancer cells expressing HPV oncoprotein E-6 are insensitive to TRAIL-activated apoptosis.¹⁰⁰ E-6 associates with the E-6-associated protein (E6AP) that contains E3-ubiquitin ligase activity and promotes proteosomal degradation of TP53.¹⁰⁰ This blocks transcription of TNF family genes including *TRAIL*, *TRAILR1* and *TRAILR2*.^{58,100} These effects were reversed by an anti-diabetic medicine (ciglitazone) that has been repurposed as an anti-cancer drug, resulting in the additional up-regulation of caspases and BID.¹⁰⁰ Furthermore, ciglitazone successfully perturbed the growth of cervical cancer implants in mice, showing promising potential in a clinical setting.¹⁰⁰

Despite constant advances in anti-cancer therapeutics, malignancies possess a vast array of deregulated apoptotic proteins as well as genetic instability.²⁶ This suggests intact mechanisms of therapeutic resistance and frequent acquisition of new mechanisms.⁹² Consequently, extrinsic apoptotic signals are disconnected from downstream and/or intrinsic signals which prevent the execution phase of programmed cell death.^{26,92} Furthermore, lack of tumour vascularisation due to exceeding malignant proliferation reduces the targeted delivery of therapeutic substances to the tumour.⁴²

1.3.3 Chemotherapeutic combinations in cervical cancer treatments

Paclitaxel, a widely-used drug discovered from plants, with cisplatin is a standard drug combination used in cervical cancer care in patients without prior platinum-based chemotherapy.¹⁰¹ The paclitaxel-cisplatin regimen had improved survival outcome compared to carboplatin-paclitaxel combination in an open-label randomized phase III clinical trial.¹⁰¹ However, the carboplatin-based regimen improved outcomes in patients with a history of platinum-based chemotherapy.¹⁰¹ Cediranib is a synthetic tyrosine kinase inhibitor of vascular endothelial growth factor (VEGF) which plays a role in angiogenesis in cervical cancer progression as its normal function.¹⁰² Therefore, targeted VEGF inhibition is also effective when used in combination with paclitaxel-carboplatin regimens.¹⁰³ However this comes at a cost of increased adverse side effects such as bowel irritation, hypertension and decline of neutrophil lymphocytes with fever.¹⁰³

To address the potentially increased toxic events, more preclinical studies of plant-based chemotherapeutic combinations are being studied.¹⁰⁴ A recent example includes *in vitro* effects of alkaloids extracted from *Piper nigrum* (*P. nigrum*) plants in improving response to paclitaxel in cervical cancer cells.¹⁰⁵ The main isolated compound piperine sensitized paclitaxel-resistant cells via inhibiting the effects of MCL1 and phosphorylated AKT serine/threonine kinase-1 (AKT).¹⁰⁵ In addition, two saponin triterpenoids extracted from roots of *Radix Bupleuri* (*R. Bupleuri*) used in Chinese herbal medicine have potentiated cisplatin cytotoxicity in *in vitro* cervical cancer cells.¹⁰⁶ Saponins, namely saikosaponin-a and saikosaponin-d resulted in increased superoxide and hydrogen peroxide accumulation in co-treatments with cisplatin, revealing a ROS-mediated apoptotic response.¹⁰⁶ Apart from combination treatments with paclitaxel, literature regarding pure plant-based drug combinations are limited.¹⁰⁴ This further motivates the current study of sole plant-derived compounds and their combinations as additional therapeutic strategies in cervical cancer treatment.¹⁰⁴

1.4 Drug discovery and plant-derived drugs for cervical cancer

The general pharmaceutical approach begins by identifying and evaluating a molecular target strongly associated with a specific cancer.¹⁰⁷ Compounds or whole compound libraries are extensively screened *in silico* and to generate potential “hits”.¹⁰⁷⁻¹⁰⁸ However, a huge population of compounds will not reach their biological targets intact, having poor pharmacokinetics *in vivo*.¹⁰⁹ Lipinski’s rule of 5 is used to throw out compounds that have unfavourable bioavailability when absorbed from the digestive tract.¹⁰⁹ Orally bioavailable drugs often have a molecular weight (MW) ≤ 500 g/mol, octanol-water partition coefficient ($\log P$) ≤ 5 , hydrogen bond donors (HBDs) ≤ 5 and hydrogen bond acceptors (HBAs) ≤ 10 .¹⁰⁹ $\log P$ is a value expressing the ability of a molecule to passively permeate the lipid cell membrane while also being able to partially dissolve in water allowing absorption from the digestive tract into the circulation where it can be distributed to cellular targets.¹¹⁰⁻¹¹¹ Additional molecular properties include topological polar surface area (TPSA) and number of rotatable bonds (nrot).^{109,112-113} TPSA is the sum of atomical surface areas of polar atoms (i.e. oxygen and nitrogen) and nrot is the number of free, non-cyclical single bonds in a compound with non-terminal constituents other than hydrogen.¹¹²⁻¹¹³

Computational analysis of quantitative structure-activity relationships (QSARs) may also be used to predict and categorize compounds based on their influence on biological targets before validating them by biological screening.¹¹⁴ Pharmacological modulation of common protein drug targets such as receptors (i.e. G-protein coupled receptors (GPCRs) and nuclear receptors), enzymes (i.e. kinases and proteases) and ion channels show promising anti-cancer advantages.¹¹⁵⁻¹²¹ Potential leads are assessed and re-assessed in animal models to produce effective and safe candidates and to confirm efficacy.¹²² Candidate drugs enter the clinical phase, in which drugs must surpass three phases of clinical trials.¹²² Drugs showing satisfactory efficacy and safety profiles in humans during all clinical phases are applied to the Food and Drug Administration (FDA) for approval.¹²² Sometimes drugs with high adverse side-effects require post-approval to clarify safety for commercial use to the public.¹²² Overall anti-cancer drug discovery is a financially-heavy process that can take up to 15 years from bench-top to bedside.¹⁰⁷ Alternatively, existing FDA-approved drugs used to treat a different disease are repurposed to cervical cancer, skipping the early preclinical stages.¹⁰⁴

Plants produce diverse compounds (i.e. phyto-chemicals) which are the source of 49% of FDA-approved drugs entering the market from years 1981 to 2014.¹²³ Most plant-derived anti-cancer drugs encompass secondary metabolites produced as by-products of biochemical pathways.¹²⁴ Major classes of medicinal secondary phyto-metabolites include phenolics, alkaloids and terpenoids.¹²⁴⁻¹²⁵ Phenols are composed of hydroxylated aromatic rings in which flavonoids form part of this group.¹²⁶ Alkaloids are biologically synthesized from amino acids, therefore containing non-protein nitrogen atoms.¹²⁶ Terpenoids are biosynthesized from acetate precursors via the mevalonic acid pathway.¹²⁶ Abundant anti-cancer molecules and even several chemotherapeutic drugs were originally isolated from plants.¹²⁴

Some of the most famous plant-derived anti-cancer drugs include vincristine, paclitaxel, curcumin and betulinic acid.¹²⁴ Furthermore, vincristine and paclitaxel are clinically available for the treatment of cancer while curcumin and betulinic acid are currently under clinical study.¹²⁴ Vincristine is an alkaloid that exerts its anti-proliferative effects by disrupting microtubule progression during mitosis.¹²⁴ It was first isolated from *Catharanthus roseus* shrubs.¹²⁴ Paclitaxel is a terpenoid with similar anti-mitotic activity and was initially found in the bark of the *Taxus brevifolia* (*T. brevifolia*) tree (commonly known as Pacific yew).¹²⁴ Curcumin is a phenolic compound extracted from the turmeric plant (*Curcuma longa* (*C. longa*)) and is been used in traditional Chinese herbal medicine for centuries.¹²⁴ Lastly, betulinic acid is also a terpenoid, initially obtained from extracts of the herb *Gratiola officinalis* (*G. officinalis*).¹²⁴ Despite specific origins, these compounds have now been extracted from a variety of other botanical sources.¹²⁴

Several studies have validated the anti-proliferative effects of betulinic acid, curcumin and paclitaxel in cervical cancer.¹²⁴ Based on pre-clinical studies, curcumin and betulinic acid have demonstrated various anti-proliferative modes of action, inducing apoptosis by mediating endoplasmic reticulum and mitochondrial stress responses.¹²⁷⁻¹³⁰ The negative side effects of paclitaxel led to the design of semi-synthetic paclitaxel-analogues, such as docetaxel, with enhanced bioavailability, anti-cancer activity and reduced systemic cytotoxicity.¹²⁴

Certain plant metabolites have been shown to directly interact with apoptotic regulators.¹²⁴⁻¹²⁵ For example, betulinic acid was observed to up-regulate BAX, caspase-8, 3 and 9 while inhibiting BCL2 in ovarian carcinoma cells.¹³¹ In addition, gossypol (AT-101) induces cell cycle arrest and directly represses anti-apoptotic BCL2 family members, acting as a natural BH-3-mimetic.⁷⁵ Plant metabolites have also been used in combination with apoptosis-targeted agents *in vitro*.^{125,132} Synergistic cytotoxicity was observed when BCL2 repressor, ABT-737 and chalcones were each used as a co-treatment in a breast cancer cell line.¹³²

Indiscriminate toxic side-effects in off-target cells pose a problem in cancer chemotherapies, demanding more tolerable alternatives.¹²⁴ Therefore, secondary plant metabolites have paved the way for anti-cancer drug discovery in the pipeline of many pharmaceutical products.¹²⁴ Whether directly derived from nature or used as a backbone in semi-synthetic drugs, phyto-chemicals warrant very useful leads to more efficacious cell-killing or palliative drugs.¹²⁴

Recently, Nwodo *et al*, documented the identification of 400 African plant-derived compounds with *in vitro* anti-cancer properties in a broad variety of cell lines.¹²⁵ Most of these identified phyto-compounds were isolated from various plant species belonging to the Rutaceae family located in Cameroon.¹²⁵ The Rutaceae family of plants are the natural source of many citrus fruits and produce many biologically active phenolic molecules.¹³³ Phyto-chemicals of African ethno-botanical sources have shown cytotoxicity in several *in vitro* cancer cell lines, such as cervical cancer cells.¹²⁵ Cervical cancer cell lines were sensitive to 2',4'-dihydroxy-3',6'-dimethoxychalcone (from *Polygonum limbatum* (*P. limbatum*)), ent-trachyloban-3 β -ol (from *Croton zambesicus* (*C. zambesicus*)) and the crude alkaloidal extracts of *Erythrina abyssinica* (*E. abyssinica*).¹³⁴⁻¹³⁶

1.4.1 Other plant compounds from medicinal African plants

Cameroon is a country of rich flora biodiversity, providing many opportunities for discovery of anti-cancer compounds.¹³⁷ Traditional medicine has claimed that many plant extracts possess healing qualities that deserve further investigation to identify more efficacious alternatives for the treatment of cervical cancer.¹³⁷ Therefore, this study will focus on the plant-derived compounds isolated from 4 Cameroonian plants, namely *Cassia arereh* (*C. arereh*), *Distemonanthus benthamianus* (*D. benthamianus*), *Echinops gracilis* (*E. gracilis*) and *Rhabdophyllum affine* (*R. affine*).¹³⁸

C.arereh has been used in African-traditional medicine for treatment of intestinal infections, diarrhoea, malarial- and skin infections with known anti-bacterial activities against *Escherechia coli* (*E. coli*), *Klebsiella pneumoniae* (*K. pneumoniae*) and *Staphylococcus aureus* (*S. aureus*),¹³⁹ Pentacyclic triterpenoids betulinaldehyde and betulinic acid (also used in this study, **figure 5**), with anti-microbial effects against *Pseudomonas aeruginosa* (*P. aeruginosa*) and *Haemophilus influenza* (*H. influenza*) and *K. pneumoniae* bacteria, were also isolated by Missi, *at al.*¹³⁸ There is very limited literature regarding the anti-cancer effects of pure compounds from *C. arereh*, warranting its source in this study.

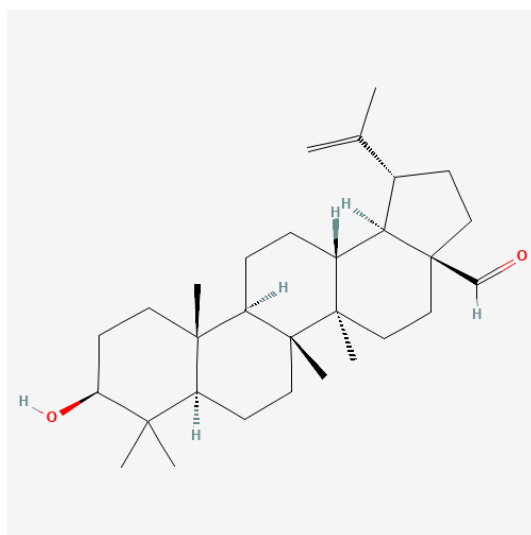


Figure 1: Molecular structure of betulinaldehyde provided from the Pubchem database.¹⁴⁰

D. benthamianus (**figure 1**) is a medicinal source for treatment of colonic infection and associated gastrointestinal conditions in Western Cameroon.¹⁴¹⁻¹⁴² This is because of its anti-inflammatory, anti-oxidant and immunomodulatory effects.¹⁴² Methanolic extracts of *D. benthamianus* revealed therapeutic effects against gastric ulcers in male rats.¹⁴² The therapeutic effects were narrowed down to the presence of gallic acid in the extract, which disrupts function of voltage-regulated calcium channels and cholinergic receptors.¹⁴²⁻¹⁴³ Gallic acid (**figure 2**) was extracted and studied by Marte, *et al.*¹⁴²

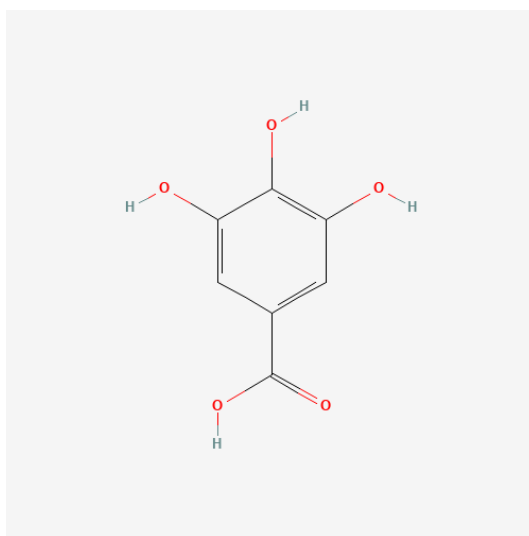


Figure 2: Molecular structure of gallic acid provided from the Pubchem database.¹⁴⁴

Extracts prepared from the aerial sections of *E. gracilis* plants possess therapeutic qualities against bacterial infections caused by *E. coli*, *P. aeruginosa* and *K. pneumonia*.¹⁴⁵ In addition, the *E. gracilis* extract also showed anti-oxidant activities.¹⁴⁵ The extract contained flavonoids apigenin-7-O-(4"-feruloyl)- β -D-glucoside, apigenin-7-O-(4"-trans-p-hydroxycinnamoyl)- β -D-glucoside (also used in this study, **figure 7**) and apigenin-7-O-glucoside (also used in this study, **figure 7**) isolated by Weyepe Lah, *et al.*¹⁴⁵ General medicinal purposes of the *Echinops* genus include treatment of sexually transmitted infections, fever, sepsis, typhoid fever, respiratory conditions, pain of the teeth and ears.¹⁴⁶

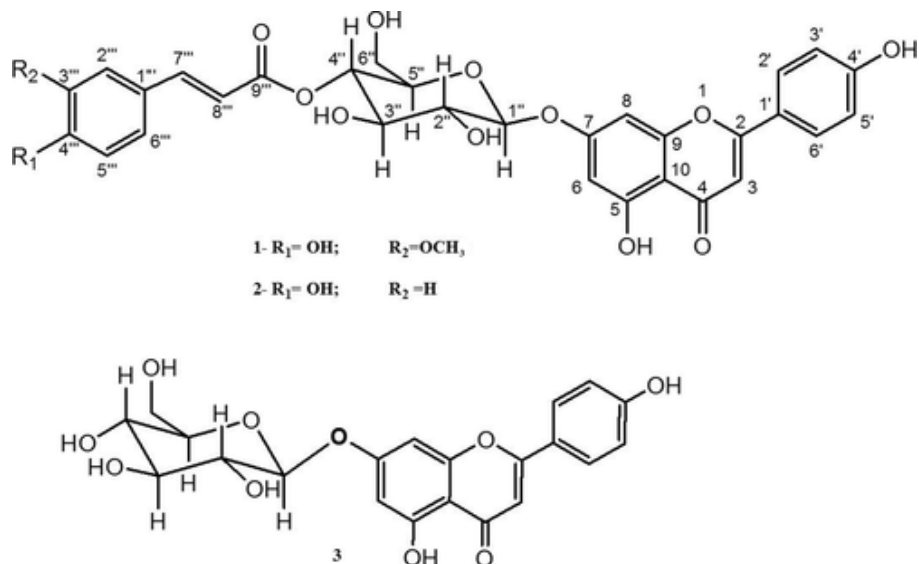


Figure 3: Backbone molecular structures of apigenin-7-O-(4''-feruloyl)- β -D-glucoside (R₁-OH; R₂-OCH₃), apigenin-7-O-(4''-trans-p-hydroxycinnamoyl)- β -D-glucoside (R₁-OH; R₂-H) and apigenin-7-O-glucoside (bottom).¹⁴⁷

Plants belonging to the *Rhabdophyllum* genus are used as African herbal medicines to treat pelvic pathologies, pain in ribs and fatigue.¹⁴⁸ In addition, *Rhabdophyllum* have been used as an aphrodisiac.¹⁴⁸ Due to lack of literature about the therapeutic uses of *R. affine*, anti-bacterial effects of various extracts of *Rhabdophyllum arnoldianum* (*R. arnoldianum*) are reported against gram positive bacterial species.¹⁴⁸ These include *S. aureus*, *Enterococcus faecalis* (*E. faecalis*), *Bacillus cereus* (*B. cereus*) and *Bacillus subtilis* (*B. subtilis*).¹⁴⁸ Compounds listed in **figure 4** were isolated from *R. arnoldianum* extracts by Mbing, *et al.*¹⁴⁸ However none of these compounds revealed anti-microbial qualities individually.¹⁴⁸

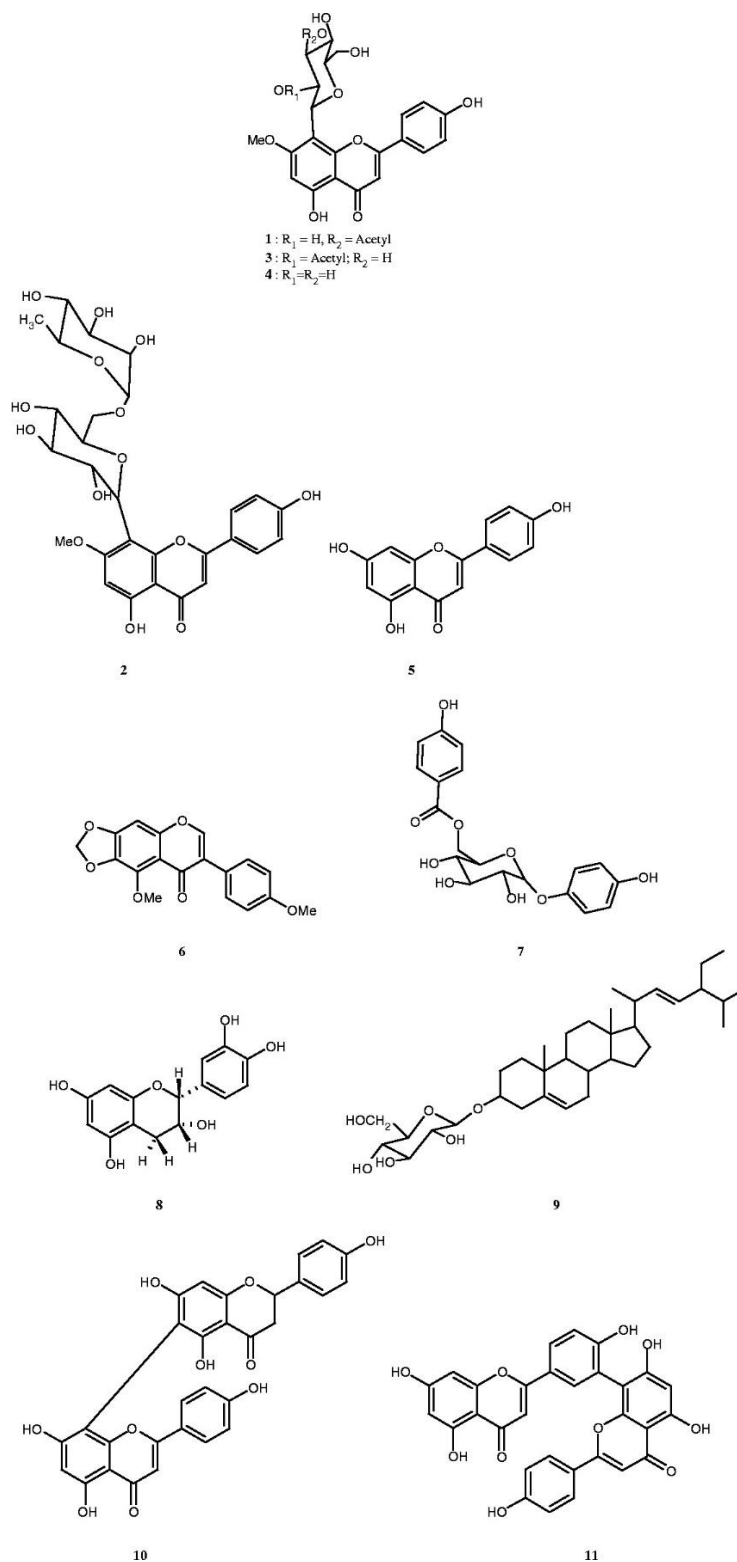


Figure 4: Structures of compounds isolated from *R. arnoldianum*, namely arnoldioside A (1), arnoldioside B (2), 2''-O-acetyl-7-O-methylvitexin (3), 7-O-methylvitexin (4), apigenin (5), 4',5-dimethoxy-6,7-methylenedioxyisoflavone (6), lanceoloside A (7), epicatechin (8), 3- β -O-d-glucopyranosyl- β -sistosterol (9), rhusflavone (10) and amentoflavone (11).¹⁴⁹ Compounds 1, 3 and 4 share the same carbon ring structure with different side chains as indicated.

2 Aim and Objectives

2.1 Aim

To screen the potential anti-cancer effects of Cameroonian medicinal plant-derived compounds and assess the individual and combined cytotoxic effects of the most potent compounds in cervical cancer cells

2.2 Objectives

2.2.1 Objective 1

1.1 To determine the half-maximal inhibitory concentration (IC_{50}), selectivity index (SI) of each compound and assess the cytotoxicity of the most bioactive compounds at various fractions of their respective IC_{50} doses individually and in combination by:

- 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay for assessment of cytotoxicity, IC_{50} and SI
- xCelligence Real-time Cell Analysis (RTCA) of cytotoxicity as well as additional IC_{50} and SI values

2.2.2 Objective 2

To quantify the distribution of cells in different modes of cell death in response to half the IC_{50} doses of bioactive compounds alone and in combination via:

- Annexin-V and propidium iodide (PI) staining of externalized PS and nuclear DNA quantified by flow cytometry

2.2.3 Objective 3

To quantify the oral drug-likability of compounds based on Lipinski's rule of 5 as well as the predicted bioactivity against classes of protein targets by:

- *In silico* analysis using Molinspiration v2021.10 online software

3 Materials and Methods

3.1 Cell cultures

The effects of the plant-based compounds were studied in commercial adherent cervical cancer cell lines *in vitro*. Cervical cancer cell lines included Henrietta Lacks- (HeLa) and epidermoid cervical carcinoma (CaSki) cells which were provided by the National Institute of Biomedical Innovation, Health, and Nutrition (Osaka, Japan). HeLa and CaSki cells are both HPV-positive.¹⁵⁰ HeLa cells were first isolated from the cervical carcinoma of Henrietta Lacks, an African-American 31-year old female in 1951.¹⁵¹ CaSki cells were originally derived from the cervical epidermoid metastatic lesion in the small bowel mesentery of a 40-year old Caucasian women.¹⁵²⁻¹⁵³ These cell lines resemble HPV-transformed cells of an advanced cervical carcinoma *in vitro* that is a useful model of the disease.¹⁵² Vero cell lines were used as a non-cancer kidney epithelial cells derived from the African Green Monkey or *Cercopithecus aethiops* (*C. aethiops*) which was provided from the American Type Culture Collection (ATCC) (Manassas, United States of America (USA)).

3.1.1 Cell culture reagents

Dulbecco's Modified Eagle's Medium (DMEM) (with phenol red, 4 mM, L-Glutamate, 4.5 g/L glucose and sodium pyruvate), 500 mL foetal bovine serum (FBS), 1- and 10X phosphate-buffered saline (PBS) (without calcium and magnesium), penicillin-streptomycin ([+] 10, 000 Units/mL, penicillin, [+] 10, 000 ug/mL, streptomycin), amphotericin B (25ug/mL) and trypsin-ethylenediaminetetraacetic acid (EDTA) (0.25% (1x) with 0.1% EDTA) were supplied from Dithlano Biotechnology (PTY) LTD (Midrand, SA). Dimethyl sulfoxide (DMSO) and trypan blue was supplied from Sigma-Aldrich (St Louis, USA). These reagents were used for the cell culture maintenance protocol, based on the methods described by Kutwin *et al* and Bowey-Dellinger *et al*.¹⁵⁴⁻¹⁵⁵

3.1.2 General cell culture maintenance

HeLa and Vero cells were cultured in DMEM prepared with 10% FBS, 1% antibiotics (penicillin and streptomycin) and 1% amphotericin B. All cells were incubated in a humidified air-jacketed incubator (Stericycle, Plymouth, USA) at 37°C with 5% carbon dioxide (CO₂). Cell culture media is replaced regularly, and cells routinely passaged every three to four days, cryo-preserved or seeded for experiments whenever reaching above a confluency of 70%. Cells are cultured in 25 cm² (T-25) cell culture flasks and examined during trypsinization and general upkeep using an inverted light microscope. All cell culture techniques are performed under sterile conditions in a laminar flow hood.

3.1.3 Cell counting and seeding for experiments

Prior to seeding, cells are stained with trypan blue, transferred into a haemocytometer and counted in four quadrants in each counting chamber. Trypan blue dye stains intracellular contents and were used to distinguish live and dead cells.¹⁵⁶ Dead cells stain positive with trypan blue as their membranes break, whereas live cells stain negative as their membranes are intact.¹⁵⁶ Cell aliquots of 100 µL were prepared with 400 µL 0.4% trypan blue solution using a dilution factor of 5. The average number of cells counted in the counting chambers were calculated and the cell density was determined using the following formula:

$$\textit{Cell density per ml} = \textit{average cell number} \times \textit{dilution factor} \times 10^4$$

The seeding density will determine the volume of cell suspension to seed according to recommendations for cell lines and analytical glassware of various formats. After seeding, cells were allowed to attach for 24 hours before treatment with phyto-compounds.

3.2 Phyto-compounds and controls used for screening

3.2.1 Compounds and compound preparation

The plants, *C.arereh*, *D.benthamianus*, *E.gracilis* and *R.affine*, were harvested and processed in Cameroon and their compounds (**table 1**) were isolated at the University of Yaoundé in collaboration with the Department of Chemistry at the University of Pretoria. These plant-derived compounds were used to investigate their anti-proliferative activities in cervical cell lines. Air-dried plant material was subject to maceration, extraction in methanol (MeOH), filtration and concentration to yield crude extracts.¹⁵⁷ Extracts were then partitioned, solubilized in 2:8 MeOH:H₂O solvent and repetitively separated into various organic extracts.¹⁵⁷ Compounds were isolated using flash or normal silica column chromatography.¹⁵⁷ Compound structures were identified using nuclear magnetic resonance (NMR), infra-red (IR) and mass spectrophotometry.^{138,145,157} One mg of powdered compounds were dissolved in 100% DMSO which was diluted at the final concentration and used as a vehicle for each compound as it promotes intracellular movement of the compounds.¹⁵⁸ CAE21 (cassiaramine; **figure 5**), DBF4 (distemonanthoside; **figure 6**) and EGF25 (Apigenin-7-O-[4''-(3'''-methoxy-4'''-hydroxycinnamoyl)-β-D-glucoside]; **figure 7**) are newly isolated and undescribed phyto-compounds.¹³⁸

Table 1: List of plant secondary-metabolites for anti-cancer screening in cancer cell lines.

*Compounds with newly identified structures.

| Code | Compounds | Plant source | Compound classification |
|--------|---|------------------------|-------------------------|
| CAE1 | Catechin | <i>C. arereh</i> | Phenolic |
| CAE3 | Betulinic acid | | Triterpenoid |
| CAE5 | Lupeol | | Triterpenoid |
| CAE8 | Ceanothic acid | | Sesquiterpenoid |
| CAE21* | Cassiaramine | | Triterpenoid |
| DBF4* | Distemonanthoside | <i>D. benthamianus</i> | Flavonoid |
| EGF4 | Apigenin-7- β -(4"-trans- <i>p</i> -hydroxycinnamoyl)- β -D-glucoside | <i>E. gracilis</i> | Flavonoid |
| EGF25* | Apigenin-7-O-[4"-(3'''-methoxy-4'''-hydroxycinnamoyl)- β -D-glucoside] | | Flavonoid |
| EGF36 | Apigenin-7-O-glucoside | | Flavonoid |
| RAR2 | Serotobenine | <i>R. affine</i> | Alkaloid |

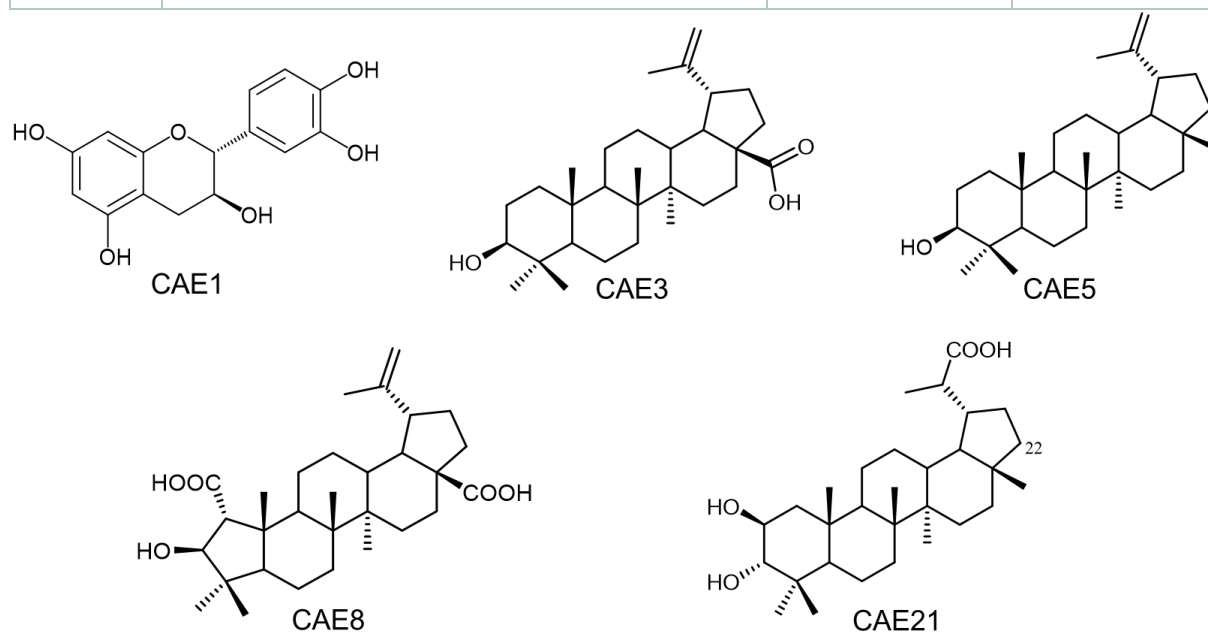


Figure 5: Flavonoids and terpenes isolated from *C.arereh* stem bark.

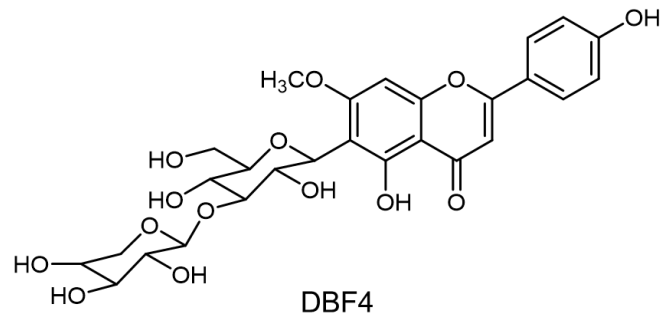


Figure 6: Flavonoid isolated from *D. benthamianus*.

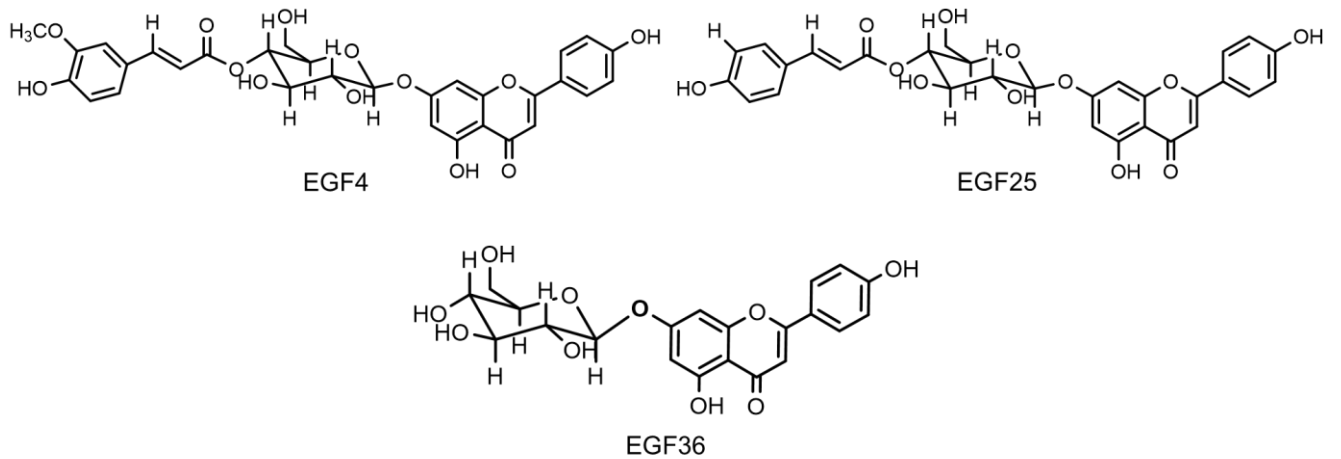


Figure 7: Flavonoids isolated from *E. gracilis*.

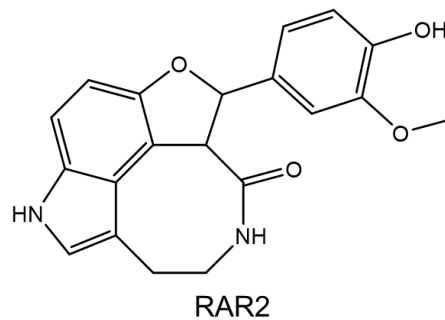


Figure 8: Pentacyclic indole alkaloid isolated from *R. affine*.

3.2.2 Controls

The 0.1% DMSO dissolved in medium was used as a vehicle control to address potential effects of the drug solvent on cells. A negative control included DMEM without any cells or untreated cervical cancer cells. Cells treated with camptothecin were used as a positive control.

Camptothecin is an alkaloid that was originally isolated from the bark of the *Camptotheca acuminata* tree from China.¹⁵⁹⁻¹⁶⁰ It was chosen as a positive control because it is a powerful plant-based anti-cancer drug which was FDA-approved in the 1970s.¹⁶¹ Camptothecin's anti-cancer mode of action is that it inhibits topoisomerase I enzyme in mammalian cells.¹⁶¹⁻¹⁶² Topoisomerase I normally relieves chromatin supercoiling by introducing reversible single- and double-strand DNA breaks, uncoiling the DNA and resealing the loose ends.¹⁶³ Camptothecin specifically targets the resealing step of topoisomerase I¹⁶², leaving permanent breaks that culminate in cell death and ceasing DNA replication required for cancer cell survival.¹⁶¹ (S)-(+)-Camptothecin was supplied from Sigma Aldrich (St Louis, USA).

3.3 Cell viability analyses

An MTT cell viability and RTCA assays were conducted to determine cytotoxicity and the real-time cell index of compounds, Therefore, results obtained from cytotoxicity analyses were used to assess the ability of the phyto-metabolites to kill cancer cells. The cytotoxicity and selectivity endpoints were also used as guidance in selection of which compounds to use for downstream experiments and further analyse the mechanisms of cytotoxicity.

3.3.1 MTT Cell Proliferation Assay

3.3.1.1 Principle

MTT is a popular yellow tetrazolium salt used for cell growth assays and was superior when compared to other tetrazolium salts by Mosmann in 1983.¹⁶⁴ The positive charge of the MTT tetrazole ring assists its movement across the cytoplasmic and mitochondrial membranes inside the cell.¹⁶⁵ MTT is then cleaved by oxidoreductase enzymes, mostly mitochondrial nicotinamide adenine dinucleotide (NADH) and partially by intracellular succinate dehydrogenase.¹⁶⁵ The colorimetric product of MTT cleavage is insoluble purple formazan, which is solubilized by additional agents such as DMSO or alcohols.¹⁶⁵ Therefore the NADH-reduction of MTT allows the quantitative and qualitative analysis of metabolic activity, which indirectly represents cell viability.¹⁶⁵ Solubilized formazan can be measured spectrophotometrically as the colorimetric indicator produces an absorbance. The absorbance can be read at a wavelength of 560 nm.¹⁶⁴

Many *in vitro* cell viability assays performed by different investigators have shown notably variable results, due to chance variation in the number of mitochondria and abundance of intracellular dehydrogenase enzymes across different cells in culture.¹⁶⁶ Therefore pre-optimization of certain factors, such as cell density, drug treatment and MTT incubation periods are recommended to improve replicability and reproducibility of bioassays in drug discovery.¹⁶⁶

3.3.1.2 Reagents

MTT (Thermo Fisher, Waltham, USA) was used to analyse the cytotoxicity of the compounds on HeLa cells. The MTT reagent is available in a yellow powdered format which was prepared according to a recipe as described by Mosmann in 1983.¹⁶⁴

3.3.1.3 General MTT colorimetric assay and cell viability calculation

HeLa (10 000 cells/well), Vero (10 000 cells/well) and CaSki (12 000/well) cells were seeded in 96-well plates and incubated for 24 hours to allow for cell attachment. CAE21 and EGF25 were used to treat cells for 24 hours and CAE1, CAE3, CAE5, CAE8, DBF4, EGF4, EGF36 and RAR2 for 48-hour treatments. All compounds were treated in various concentrations of 0, 5, 25, 50, 75 and 100 μM . Compound treatments of 0 μM contained only 0.1% DMSO which was also used as a negative control. CaSki cells, however, were subject to treatments of CAE1, CAE3, CAE5, CAE8, DBF 4, EGF4 and EGF36, but not RAR2, at 0 – 100 μM with reduced final DMSO concentrations to eliminate background solvent effects.

After treatment, 20 μL of 5 mg/ml MTT solution prepared in 1x PBS was added to each well and incubated for 4 hours at 37 °C. Media containing MTT was discarded and the resultant formazan product was solubilized in 200 μL 99.9% (v/v) DMSO. The absorbance of the solubilized formazan was then measured by spectrophotometry using the SpectraMax® Paradigm® multi-mode microplate reader (Molecular Devices, San Jose, USA). Microplates were scanned at a wavelength of 570 nm and background absorbance at 670 nm was subtracted from the former. Cell viability percentages were calculated from absorbances (Abs) using the following formula:

$$\% \text{ Cell viability} = \frac{\text{Abs}(\text{treated cells}) - \text{Abs}(\text{blank})}{\text{Abs}(\text{untreated cells}) - \text{Abs}(\text{blank})} \times 100$$

3.3.1.4 *IC₅₀ determination and compound selection for downstream studies*

The average cell viability percentages were summarized in bar charts with error bars using GraphPad Prism. Average cell viability data were also normalized according to the lowest and highest values which were used as the 0 % and 100 % references on the y-axis and the concentrations on the x-axis (0 – 100 µM) were logarithmically transformed. The actual dose-response curves for each compound treatment were co-plotted with their respective lines of best-fit from which their logIC₅₀, IC₅₀ and R² values were determined using the GraphPad non-linear regression analyses. The R² values indicate the quality of fit of the actual dose-response curve to the line of best-fit. This is represented as a value between 0 and 1 with 0 being the worst fit and 1 being the best fit. The IC₅₀ dose is the concentration at which a compound results in 50 % cell viability in which highly cytotoxic compounds have low IC₅₀ values.

The determined IC₅₀ values were then compared to reported IC₅₀ data of similar compounds as well as recommendations from literature based on selection criteria used in the NCI-60 drug screens which are also described by Boik.¹⁶⁷ Compounds with IC₅₀ concentrations below 50.00 µM were selected as anti-cancer compounds to be assessed by downstream studies. The SI values were calculated according to the formula below in which Vero cells were used as a non-cancer cell line. Compounds were considered sufficiently cancer cell-selective if their SI values were above 2, which was also used in research conducted by Artun, *et al.*¹⁶⁸

$$SI = \frac{IC_{50} \text{ in Vero cells}}{IC_{50} \text{ in cancer cells}}$$

3.3.1.5 *Additional cell viability studies*

HeLa (10 000 cells/well) and Vero (10 000 cells/well) cells were seeded at in 96-well plates and co-treated at various fractions (0.06x, 0.13x, 0.25x, 0.50x and 1.00x) of the IC₅₀ of the 2 most bioactive compounds. HeLa cells seeded at 8 000 cells/well were also treated at individual and combined CAE21 and EGF25 IC₅₀ fractions 20.0 and 22.5 µM to confirm cell response to the fractioned IC₅₀ doses.

3.3.2 xCelligence real-time cell analysis

3.3.2.1 Principle

xCELLigence™ systems employ RTCA technology that live-tracks the electrical dynamics in biological samples.¹⁶⁹ The path through which electrons move is altered in the presence of adherent cells, a phenomenon known as cell impedance.¹⁶⁹ xCELLigence packages includes microtiter E-plates containing microelectrodes at the base of its wells that can monitor cells during the treatment protocol.¹⁶⁹ This apparatus is connected to a power source and biosensor that measures changes in cell impedance when an electrical current is applied.¹⁶⁹ The RTCA sends data to a computer, allowing convenient real-time analysis of cell impedance.¹⁶⁹ This is converted to a value referred to as the cell index (CI) which indicates changes in cell attachment, growth and viability.¹⁶⁹ Increasing CI values are interpreted as increased cell proliferation and decreasing CI values indicate decreased cell proliferation.¹⁶⁹ RTCA is preferred over traditional cell assays as it is more sensitive and does not require dyes or substrates to quantify cell growth, reducing accidental contamination and saving time.¹⁶⁹

3.3.2.2 Materials

The xCELLigence™ RTCA system was used to measure real-time time-dependent effects of compounds on cervical cancer cell growth and adherence. The xCELLigence™ products include a wireless RTCA instrument, software component and disposable 16-well E-plates (ACEA Biosciences, Inc, San Diego, USA).

3.3.2.3 Technique

HeLa (8 000 cells/well), Vero (10 000 cells/well) and CaSki (12 000 cells/well) cells were seeded in 16-well DP E-plates at a maximum volume of 200 µL DMEM. Before seeding, background impedance was measured before addition of cells which were incubated for 24 hours to allow for cell adherence. Cell-free medium and untreated cells were used as background- and negative controls during real-time analysis. Before treatment, the CI values were captured at 0 minutes (T = 0) to use as a normalization time point. Individual and combined treatments of 40.0 µM CAE21 and 45.0 µM EGF25 for 24 hours were assessed in HeLa and Vero cells. 25 µM Camptothecin was used as a positive control. 2.1 and 3.5 % DMSO were used as vehicle controls of EGF25 alone and combined with CAE21.

Additional cytotoxic assessments were conducted in which HeLa, Vero and CaSki cells were subject to individual RAR2 treatments at 5, 25, 50, 75, 100 and 150 μ M for 48 hours. CI dose-response curves were generated from CI values attained every 15 minutes in HeLa and Vero cells. CI data was normalized according to T=0 according to which additional logarithmic dose-response curves were plotted and RAR2 IC₅₀ doses were determined 24- and 48 hours post-treatment in HeLa, Vero and CaSki cells. MS excel was used for statistical analysis of independent repeated experiments.

3.4 Cell death analysis

3.4.1 Annexin-V-FITC/PI staining

3.4.1.1 Principle

A flow cytometer analyses multiple features and optical properties of individual cells that is quantified based on light signals deflected off stained or fluorescent cellular components.¹⁷⁰ Cells in suspension are arranged into single-file that then pass through a focused laser beam that illuminates the constituents of cells.¹⁷⁰ Bypassed and deflected photons travel in straight and perpendicular directions, resulting in forward and side-scatter perceived by photodetectors.¹⁷⁰ Forward-scattered light is used to measure the size of cells and side-scattered light determines the abundance of cellular components.¹⁷⁰ This machine is designed to allow the analysis of one cell at a time, accurately monitoring cell membrane integrity at the single-cell level.¹⁷⁰

Apoptosis can be distinguished from other modes of cell death, using Annexin-V staining.¹⁷¹ Annexin-V binds to externalized PS of pre-mortem apoptotic cells that result from PS-flips in the initial phase of apoptosis.¹⁷¹ In contrast, necrosis may also be identified using intracellular dyes such as PI.¹⁷¹ PI specifically stains DNA and RNA which occurs in necrotic cells due to a deteriorating nuclear membrane.¹⁷¹ However, 2-D cell culture systems do not include phagocytes, therefore post-mortem apoptotic/necrotic cells will present with both Annexin-V and PI stains.¹⁷⁰⁻¹⁷¹ Many scientific products consist of Annexin-V linked to fluorescein isothiocyanate (FITC).¹⁷⁰ FITC emits fluorescence when excited by argon lasers that strengthen light signals and enhances the sensitivity of this technique.¹⁷⁰

3.4.1.2 Reagents

Annexin V-FITC Apoptosis Detection Kit I (BD Pharmingen, Franklin Lakes, USA) was used. The staining package includes a 10 x Annexin V-binding buffer and an Annexin-V-FITC and PI dyes. 1 x Annexin V-binding buffer was prepared in 1 x PBS.

3.4.1.3 Technique

The Annexin-V-FITC and PI staining method was based on the manufacturer's instructions. HeLa cells were seeded at 150 000 cells per well in 6-well plates and incubated for 24 hours for cell attachment. Cells were then exposed to individual- and co-treatments of C21 and E25 for 24 hours. 0.1% DMSO was used as a negative control and 25 μ M camptothecin as a positive control. DMSO dissolved in medium at concentrations of 1.4%, 2.1% and 3.5% were also used as vehicle controls for the C21 and E25 individual and co-treatments. After treatment for 24 hours, medium in the untreated samples was discarded to exclude dead cells and the cells washed with warm 1 x PBS. Media in the treated samples were transferred to 15 mL centrifuge tubes. Cells from all samples were trypsinized, resuspended and transferred into their corresponding centrifuge tubes. Detached cells were centrifuged at 1 500 x g for 5 minutes and the supernatant was discarded. After washing the pellet with cold 1 x PBS, cells were centrifuged again at 1 500 x g for 5 minutes. The supernatant was discarded and the pelleted cells were resuspended in 1 x Annexin V buffer. 100 μ L cells were then transferred into 1.5 mL reaction tubes. Cells were stained with ice cold 5 μ L Annexin V-FITC and PI, vortexed lightly and incubated in the dark for 15 minutes at room temperature. Stained cells were then resuspended in 400 μ L cold 1 x Annexin V-FITC binding buffer. Cell suspensions were then analysed individually using a CytoFlex flow cytometer (Beckman Coulter, Brea, USA). Apoptotic and necrotic cell populations were identified and quantified using the Kaluza Analysis 2.1.2 software.

3.5 *In silico* analysis of oral pharmacokinetics and bioactivity prediction of molecular targets

3.5.1 Pharmacokinetic analysis based on compounds' molecular properties

3.5.1.1 Procedure

Compounds with previously known structures were entered using the Simplified Molecular Input Line Entry System (SMILES) and novel compounds (i.e. CAE21, EGF25 and DBF4) were drawn using the JSME Molecular Editor v2013-03-19 embedded into the Molinspiration software (<https://www.molinspiration.com>). The editor also generates SMILES for drawn structures. Molecular properties according to the structure were calculated and compared to the parameters of the Lipinski's rule of 5.

3.5.2 Bioactivity prediction of molecular targets of compounds

3.5.2.1 Procedure

The JSME Molecular Editor v2013-03-19 on the Molinspiration online software was used to draw compounds directly or by using SMILES. The bioactivity score of each compound was calculated to predict compound activity against 6 pharmacological classes based on their respective biological targets. These are namely GPCR ligands, ion channel modulator, kinase inhibitor, nuclear receptor ligand, protease inhibitor and enzyme inhibitor. Scores are determined by evaluating bioactive and non-active QSARs from a database of thousands of compounds using Bayesian statistics (<https://www.molinspiration.com>).

3.6 Statistical analysis

Data from two or three experimental replicates were averaged and represented as the mean \pm standard deviation (SD). Dose-response curves from average cell viability data were generated and individual compound IC₅₀ doses were determined by non-linear regression using the GraphPad Prism 9 software. For combination treatments, a student's t test was used for statistical analyses where comparisons with the negative control resulting in *p* values < 0.05 were considered significant. Microsoft (MS) Excel was used to analyse and generate graphical representations of data from combination treatments.

4 Results

4.1 Cytotoxicity and cancer selectivity of plant-based compounds

Compounds administered for 24 hours, namely CAE21 and EGF25, produced model-fitted dose response curves in HeLa cells with R^2 values of 0.98 and 0.94, respectively (**figure 9** and **figure 10**). CAE21 (**figure 9**) revealed sufficient cytotoxicity with an IC_{50} of 42.94 μM (**table 2**) after 24-hours in HeLa cells, which was slightly more potent than EGF25 ($IC_{50} = 44.65 \mu\text{M}$; **figure 10**). Vero cells were more sensitive to CAE21 and EGF25, resulting in IC_{50} values of 38.51 and 28.54 μM , respectively. However, both CAE21 and EGF25 were less potent than 24-hour treatments of camptothecin (positive control) in HeLa ($IC_{50} = 31.72 \mu\text{M}$) and Vero ($IC_{50} = 4.54 \mu\text{M}$) cells. Other terpenoids (**table 4**) and flavonoids (**table 5**) in literature were also shown for comparison and later discussion (p61).

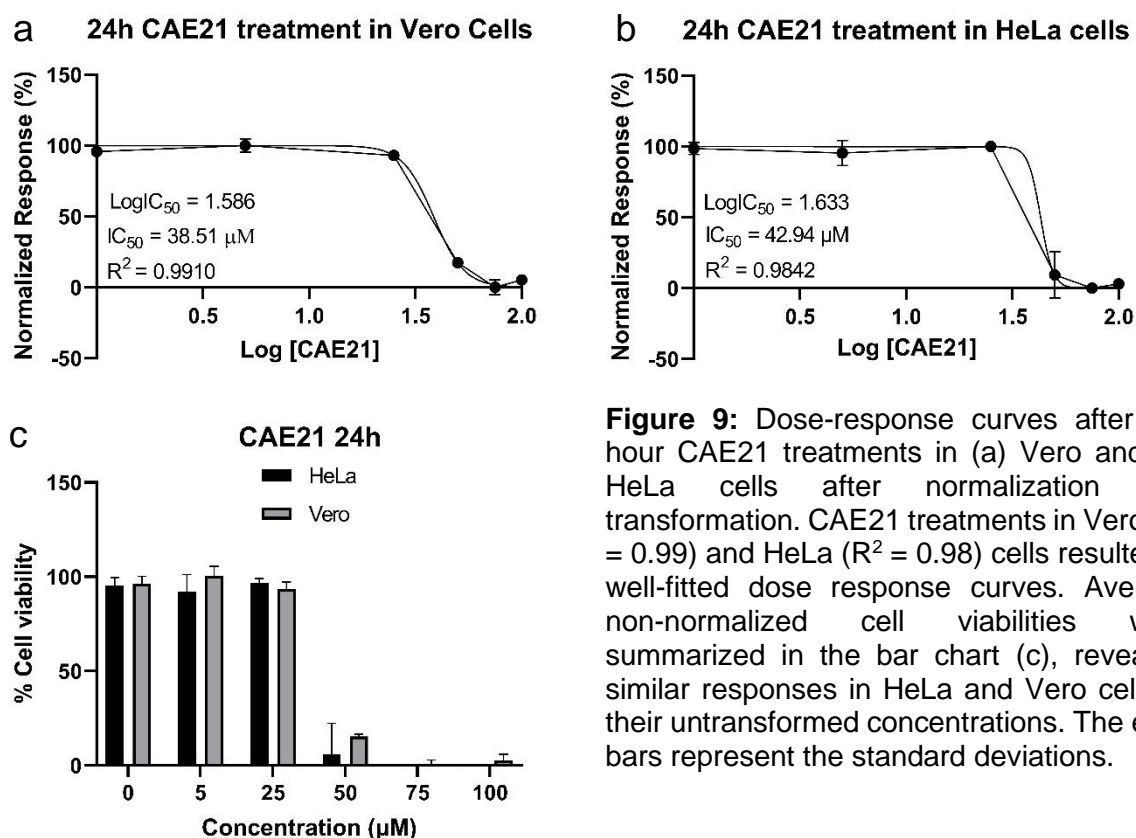


Figure 9: Dose-response curves after 24-hour CAE21 treatments in (a) Vero and (b) HeLa cells after normalization and transformation. CAE21 treatments in Vero ($R^2 = 0.99$) and HeLa ($R^2 = 0.98$) cells resulted in well-fitted dose response curves. Average non-normalized cell viabilities were summarized in the bar chart (c), revealing similar responses in HeLa and Vero cells at their untransformed concentrations. The error bars represent the standard deviations.

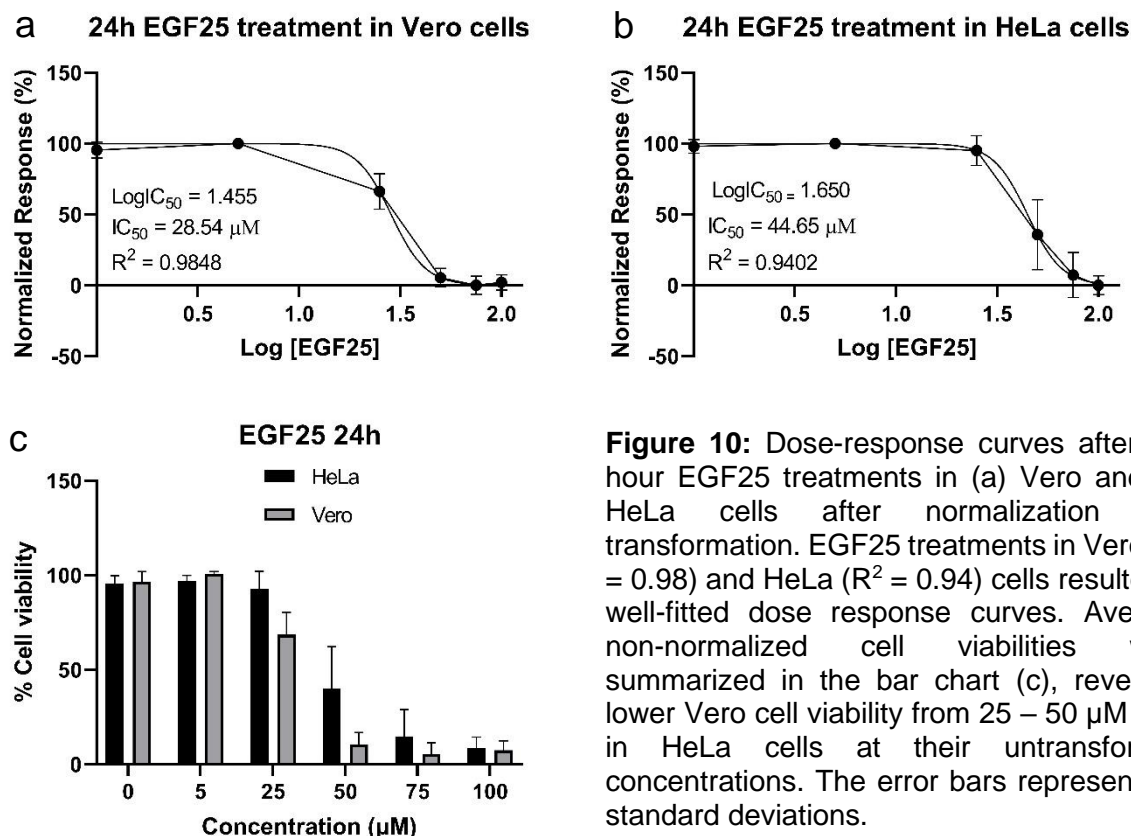


Figure 10: Dose-response curves after 24-hour EGF25 treatments in (a) Vero and (b) HeLa cells after normalization and transformation. EGF25 treatments in Vero ($R^2 = 0.98$) and HeLa ($R^2 = 0.94$) cells resulted in well-fitted dose response curves. Average non-normalized cell viabilities were summarized in the bar chart (c), revealing lower Vero cell viability from 25 – 50 μM than in HeLa cells at their untransformed concentrations. The error bars represent the standard deviations.

Table 2: IC₅₀ concentrations of compounds CAE21 and EGF25 in Vero and HeLa cells after 24-hour treatments. The IC₅₀ of camptothecin was determined by the same means as the other compounds and a 24-hour treatment of camptothecin used as a positive control. SI are shown in the last column in which SI values ≥ 2 were considered sufficiently selective of HeLa cells compared to Vero cells.¹⁶⁸

| Compounds | IC ₅₀ (μM) in Vero cells | IC ₅₀ (μM) in HeLa cells | HeLa cell selectivity (SI _{HeLa}) |
|--------------|-------------------------------------|-------------------------------------|---|
| CAE21 | 38.51 | 42.94 | 0.90 |
| EGF25 | 28.54 | 44.65 | 0.64 |
| Camptothecin | 4.54 | 21.72 | 0.21 |

CAE21 and EGF25 (**table 2**) revealed notable anti-cancer effects in HeLa cells as they revealed IC₅₀ doses below, but close to 50.00 μM. However, these compounds exhibited stronger cytotoxicity in the non-cancer Vero cells, resulting in low cancer cell selectivity of CAE21 (SI = 0.90) and EGF25 (SI = 0.64). According to Boik, bioactive compounds (exhibiting IC₅₀ doses between 1 and 50 μM) have potential synergism when used in combination.¹⁶⁷

Regression analyses of 48-hour treatments of cells revealed CAE1 (**figure 11**) as the most cytotoxic compound to HeLa cells with an IC_{50} concentration of 2.24 μM (**table 3**). This was more potent than the 48-hour treatment of camptothecin in HeLa cells ($IC_{50} = 7.77 \mu M$). CAE1 ($IC_{50} = 18.25 \mu M$), CAE3 ($IC_{50} = 0.15 \mu M$; **figure 12**), CAE8 ($IC_{50} = 6.29 \mu M$; **figure 14**) and EGF36 ($IC_{50} = 21.37 \mu M$; **figure 17**) also revealed sufficient cytotoxicities (i.e. $IC_{50} < 50 \mu M$) in CaSki cells after 48-hours, in which CAE3 was the most potent. However, only CAE3 revealed higher cytotoxicity than camptothecin ($IC_{50} = 3.76 \mu M$) amongst the 48-hour treatments in CaSki cells. Vero cells were also sensitive to CAE1 ($IC_{50} = 27.59 \mu M$) and camptothecin ($IC_{50} = 3.96 \mu M$) after 48-hour treatments. Compounds CAE5 (**figure 13**), DBF4 (**figure 15**), EGF4 (**figure 16**) and RAR2 (**figure 18**) revealed weak HeLa, CaSki and Vero cytotoxicities ($IC_{50} > 50 \mu M$) after 48-hour treatments.

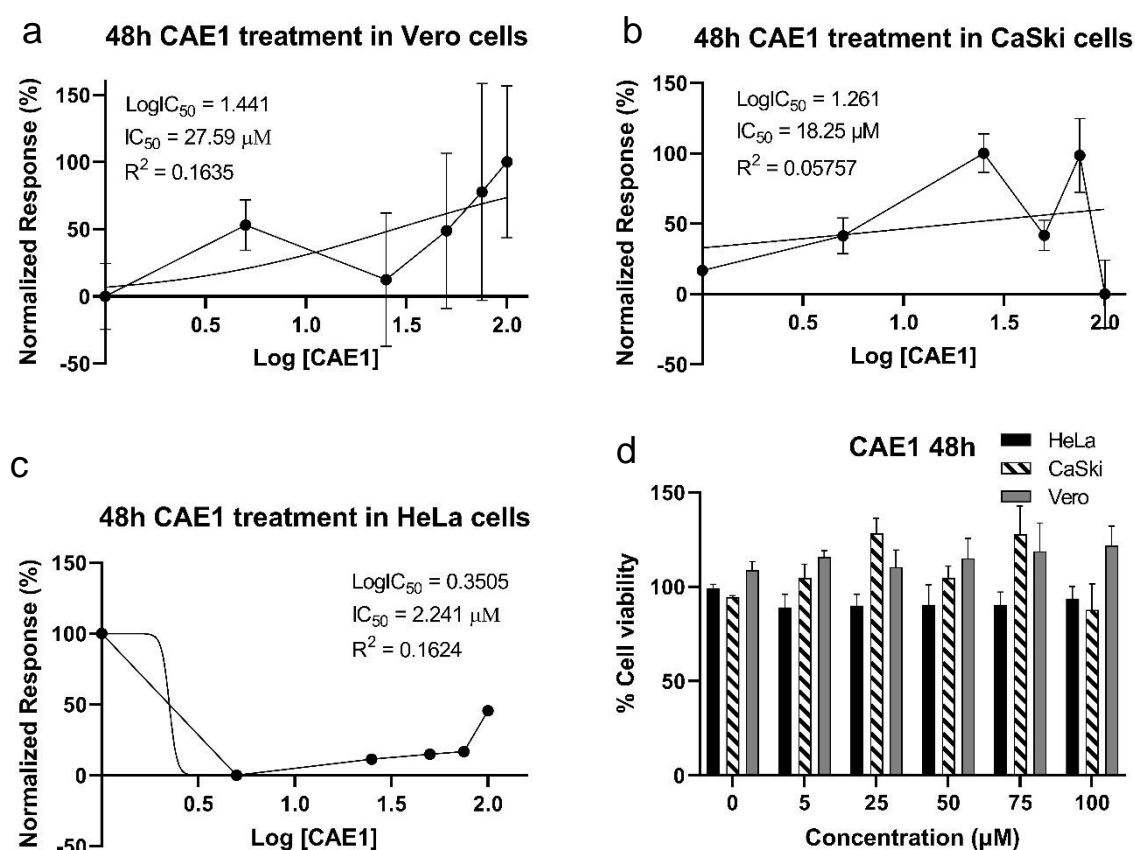


Figure 11: Dose-response curves after 48h-hour CAE1 treatments in (a) Vero and (b) CaSki and (c) HeLa cells after normalization and transformation. CAE1 treatments in Vero ($R^2 = 0.16$), CaSki ($R^2 = 0.06$) and HeLa ($R^2 = 0.16$) cells resulted in poorly fitted dose-response curves. Average non-normalized cell viabilities were summarized in the bar chart (d), revealing lowest HeLa cell viability at 25 and 75 μM than in Vero cells at their untransformed concentrations. The error bars represent the standard deviations.

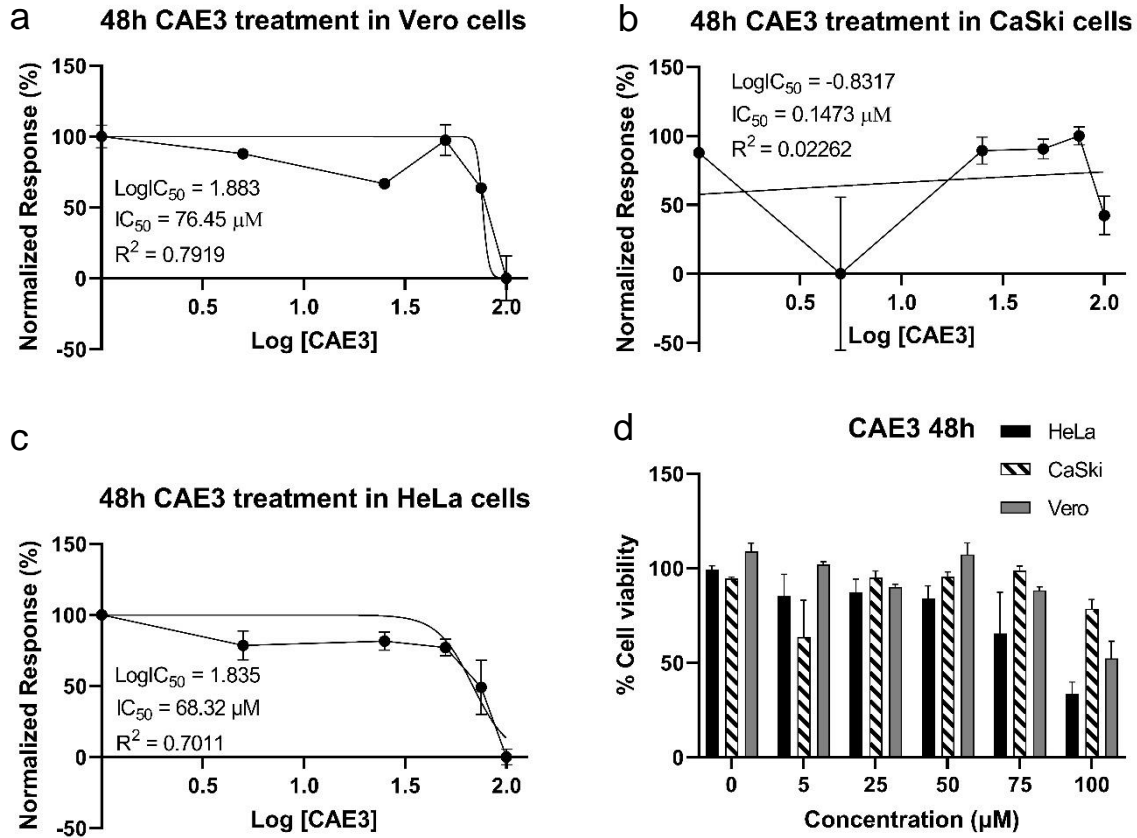


Figure 12: Dose-response curves after 48-hour CAE3 treatments in (a) Vero and (b) HeLa cells after normalization and transformation. CAE3 treatments in Vero ($R^2 = 0.79$) and HeLa ($R^2 = 0.70$) cells resulted in well-fitted dose response curves, whereas it was poorly fitted in CaSki cells ($R^2 = 0.02$). Average non-normalized cell viabilities were summarized in the bar chart (d), revealing similar responses in Vero, CaSki and HeLa cells at all their untransformed concentrations except at 100 μM where HeLa cell viability was lowest. The error bars represent the standard deviations.

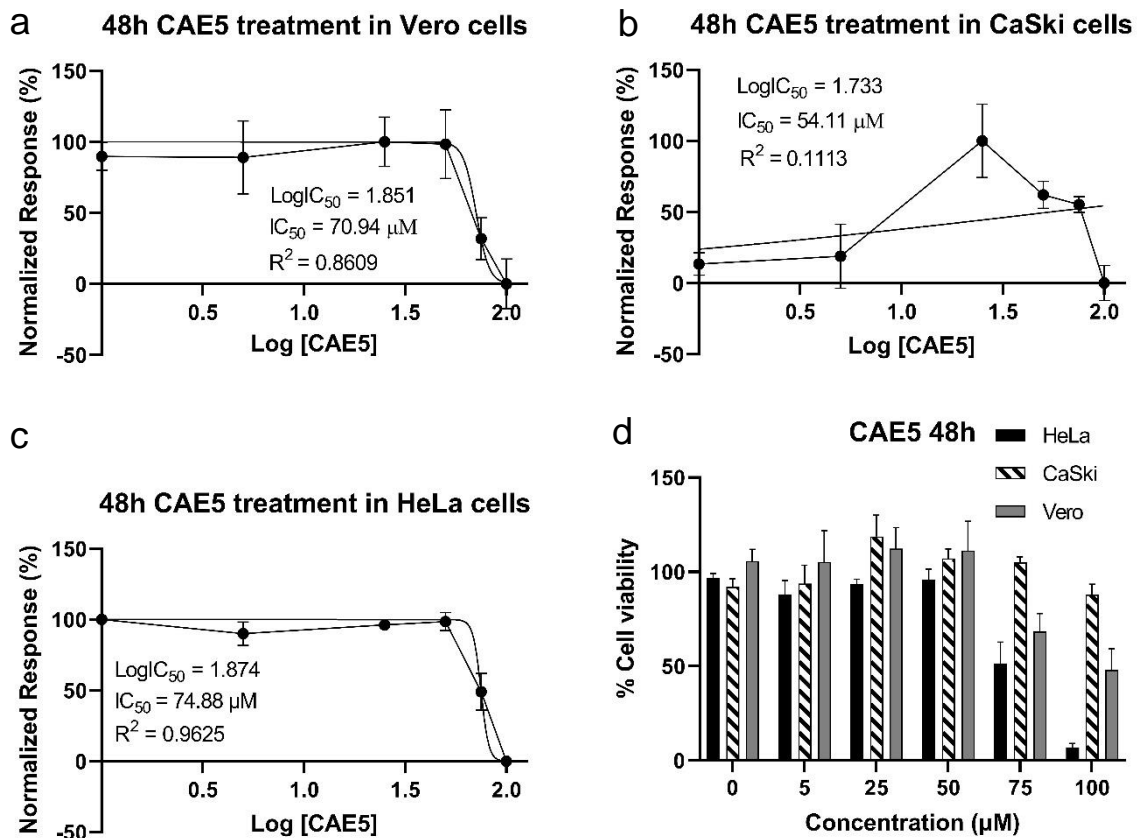


Figure 13: Dose-response curves after 48-hour CAE5 treatments in (a) Vero, (b) CaSki and (c) HeLa cells after normalization and transformation. CAE5 treatments in Vero ($R^2 = 0.86$) and HeLa ($R^2 = 0.96$) cells resulted in well-fitted dose response curves, whereas it was poorly fitted in CaSki cells ($R^2 = 0.11$). Average non-normalized cell viabilities were summarized in the bar chart (d), revealing lower cell viabilities in HeLa cells compared to CaSki cells at untransformed concentrations 75 and 100 μM . The error bars represent the standard deviations.

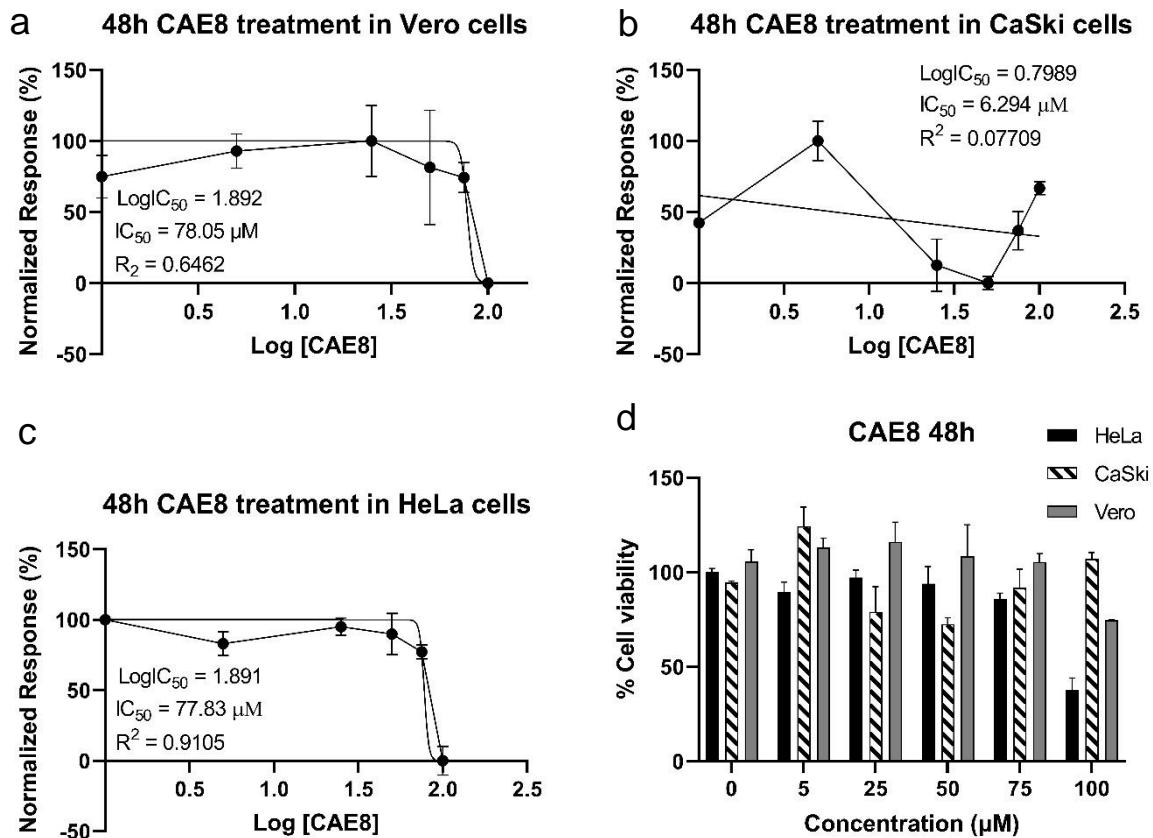


Figure 14: Dose-response curves after 48-hour CAE8 treatments in (a) Vero, (b) CaSki and (c) HeLa cells after normalization and transformation. CAE8 treatments in Vero ($R^2 = 0.65$) and HeLa ($R^2 = 0.91$) cells resulted in well-fitted dose response curves, whereas it was poorly fitted in CaSki cells ($R^2 = 0.08$). Average non-normalized cell viabilities were summarized in the bar chart (d), revealing lower cell viability in HeLa cells than CaSki cells at untransformed concentration 100 μM . In contrast, CaSki cell viability was lowest at 25 and 50 μM . The error bars represent the standard deviations.

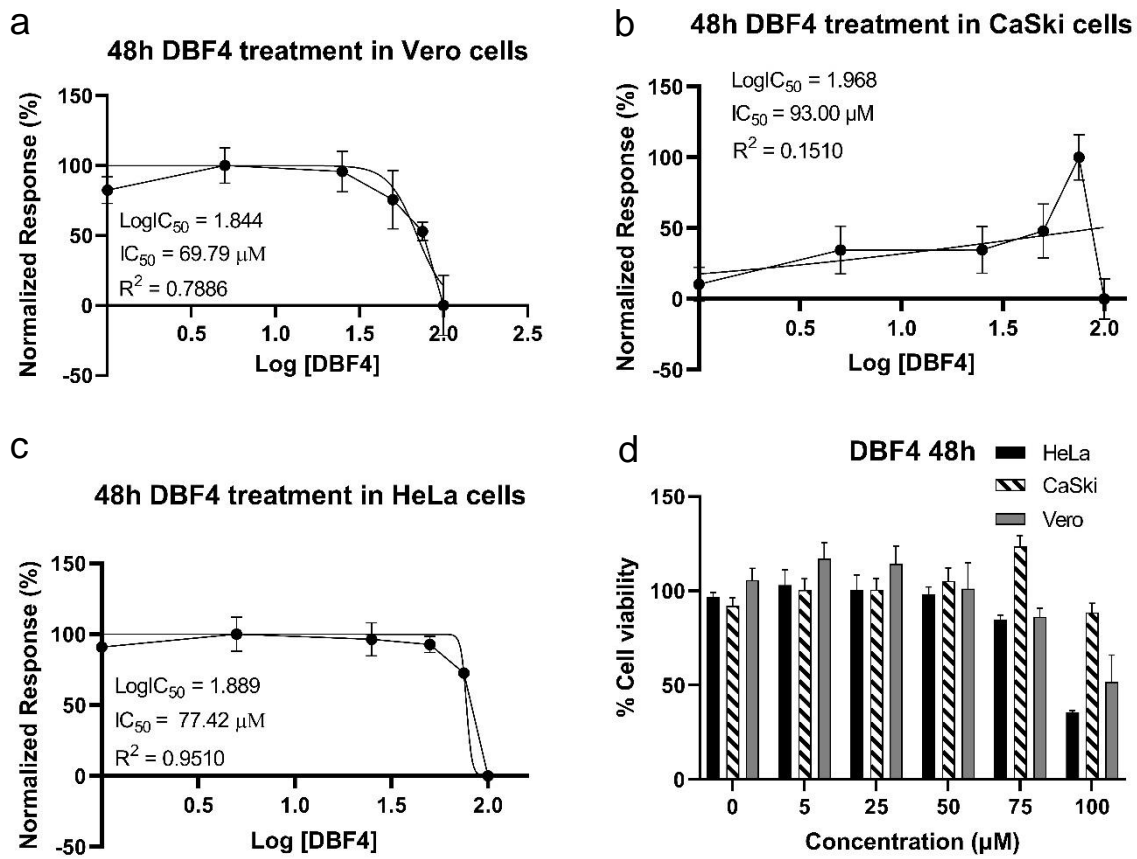


Figure 15: Dose-response curves after 48-hour DBF4 treatments in (a) Vero, (b) CaSki and (c) HeLa cells after normalization and transformation. DBF4 treatments in Vero ($R^2 = 0.79$) and HeLa ($R^2 = 0.95$) cells resulted in well-fitted dose response curves, whereas it was poorly fitted in CaSki cells ($R^2 = 0.15$). Average non-normalized cell viabilities were summarized in the bar chart (d), revealing lower HeLa cell viabilities than in CaSki cells at untransformed concentrations of 75 and 100 μM . The error bars represent the standard deviations.

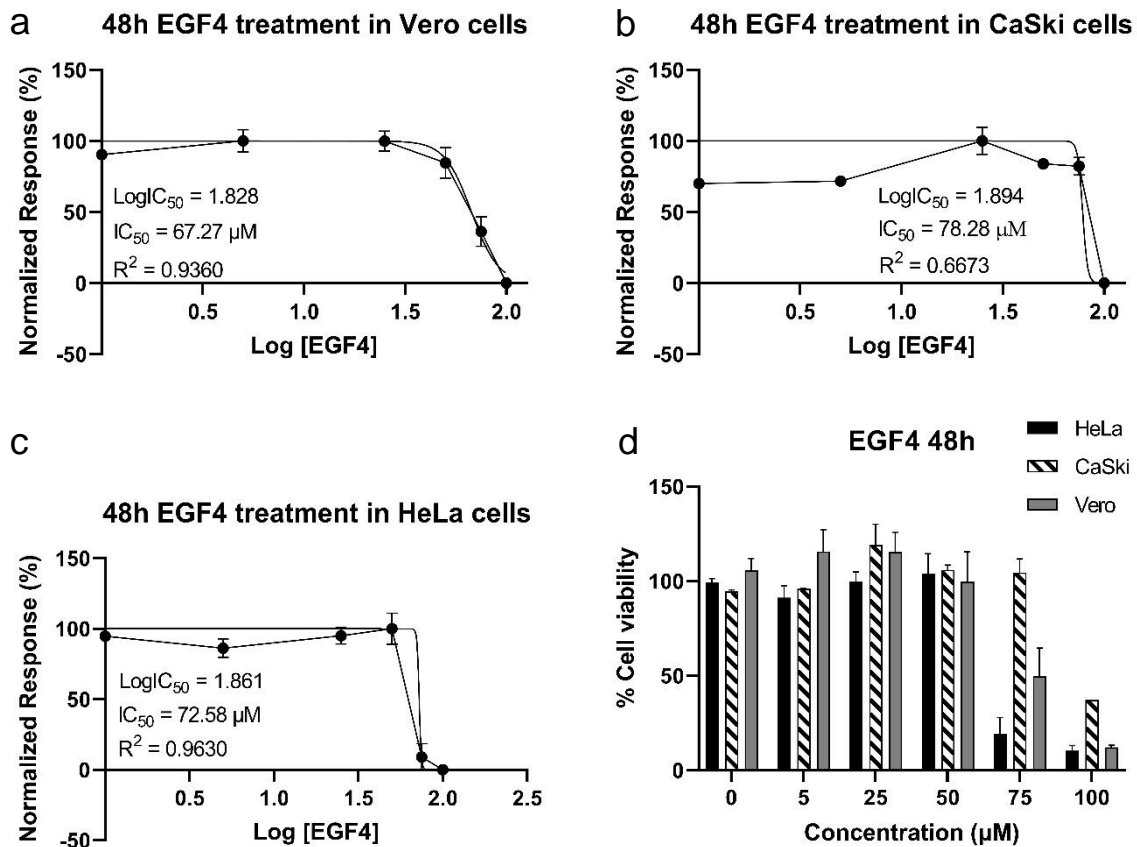


Figure 16: Dose-response curves after 48-hour EGF4 treatments in (a) Vero, (b) CaSki and (c) HeLa cells after normalization and transformation. EGF4 treatments in Vero ($R^2 = 0.94$), CaSki ($R^2 = 0.67$) and HeLa ($R^2 = 0.96$) cells resulted in well-fitted dose response curves. Average non-normalized cell viabilities were summarized in the bar chart (d), revealing notably lower HeLa cell viabilities at untransformed concentrations of 75 and 100 μM compared to CaSki cells. The error bars represent the standard deviations.

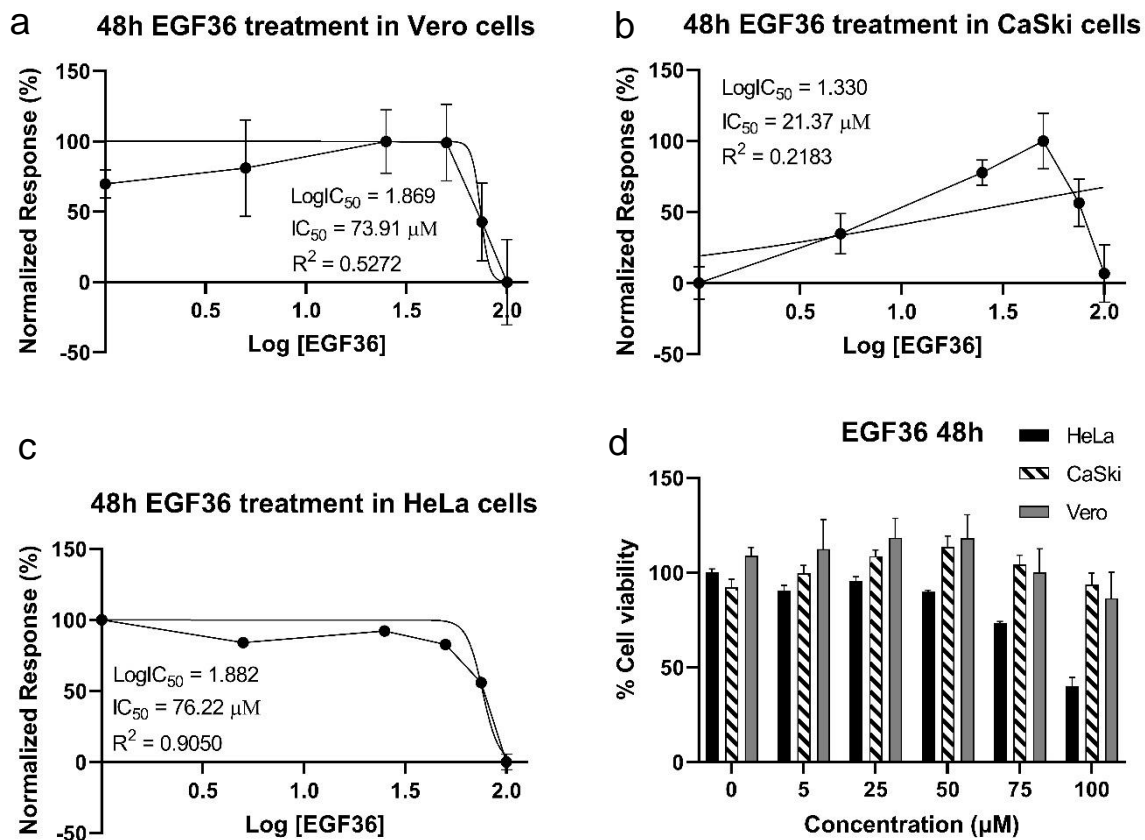
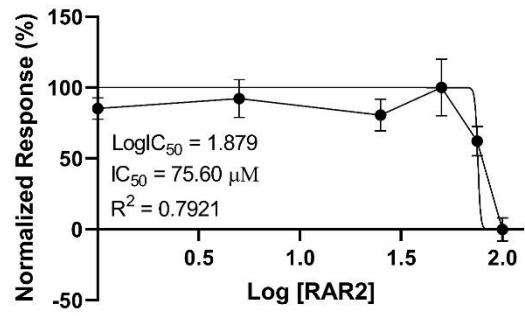
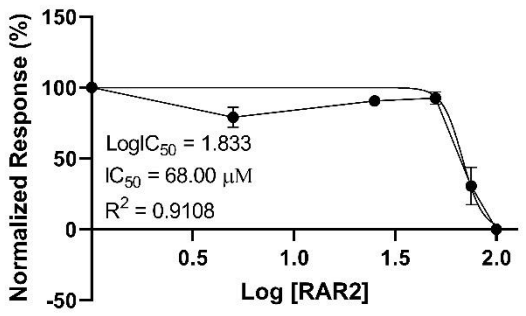


Figure 17: Dose-response curves after 48-hour EGF36 treatments in (a) Vero, (b) CaSki and (c) HeLa cells after normalization and transformation. EGF36 treatments in Vero cells ($R^2 = 0.53$) yielded a moderately-fitted curve, but a poor fit in CaSki cells ($R^2 = 0.22$). Dose-response in HeLa cells ($R^2 = 0.96$) resulted in a well-fitted curve. Average non-normalized cell viabilities were summarized in the bar chart (d), revealing the lowest HeLa cell viability at untransformed concentrations of 50 to 100 μM . The error bars represent the standard deviations.

a 48h RAR2 treatment in Vero cells



b 48h RAR2 treatment in HeLa cells



c

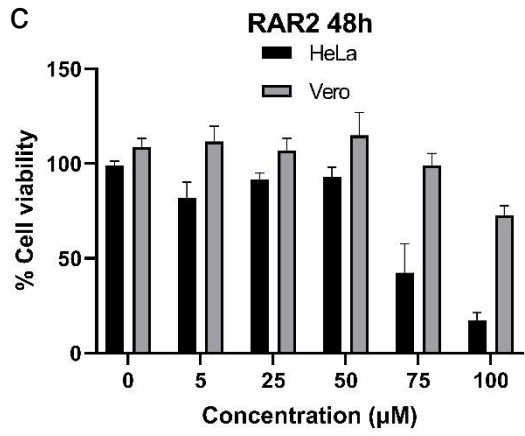


Figure 18: Dose-response curves after 48-hour RAR2 treatments in (a) Vero and (b) HeLa cells after normalization and transformation. RAR2 treatments in Vero ($R^2 = 0.79$) and in HeLa ($R^2 = 0.91$) cells yielded well-fitted curves. Average non-normalized cell viabilities were summarized in the bar chart (c), revealing lower HeLa cell viabilities than in Vero cells at their untransformed concentrations of 75 and 100 μM . The error bars represent the standard deviations. RAR2 treatments were not performed in CaSki cells.

Table 3: IC₅₀ concentrations in Vero, HeLa and CaSki cells after 48-hour treatments determined by MTT. Only compounds CAE1, CAE3, CAE5, CAE8, DBF4, EGF4, EGF36 and RAR2 were used for 24-hour treatments. A 48-hour treatment of camptothecin was used as a positive control. *RAR2 IC₅₀ values were determined during RTCA experiments only as limited compound prevented additional MTT experiments in CaSki.

| Compounds | IC ₅₀ (μM) in Vero cells | IC ₅₀ (μM) in HeLa cells | IC ₅₀ (μM) in CaSki cells | HeLa cell selectivity (SI _{HeLa}) | CaSki cell selectivity (SI _{CaSki}) |
|---------------------|-------------------------------------|-------------------------------------|--------------------------------------|---|---|
| CAE1 | 27.59 | 2.24 | 18.25 | 12.32 | 1.51 |
| CAE3 | 76.45 | 68.32 | 0.15 | 1.12 | 509.67 |
| CAE5 | 70.94 | 74.88 | 54.11 | 0.95 | 1.31 |
| CAE8 | 78.05 | 77.83 | 6.29 | 1.00 | 12.41 |
| DBF4 | 69.79 | 77.42 | 93.00 | 0.90 | 0.75 |
| EGF4 | 67.27 | 72.58 | 78.28 | 0.93 | 0.86 |
| EGF36 | 73.91 | 76.22 | 21.37 | 0.97 | 3.46 |
| RAR2 | 75.60 | 68.00 | No data* | 1.11 | N/A |
| Camptothecin | 3.96 | 7.77 | 3.76 | 0.51 | 1.05 |

CAE1 cancer cell selectivity was observed as sufficient (SI > 2), higher than 48-hour camptothecin treatments (SI_{HeLa} = 0.51) and the highest in HeLa cells (SI_{HeLa} = 12.32) because its IC₅₀ was more than twice the potency as in Vero cells (**table 3**). CAE3 (SI_{CaSki} = 509.67), CAE8 (SI_{CaSki} = 12.41) and EGF36 (SI_{CaSki} = 3.46) also exhibited higher CaSki cell selectivities than camptothecin (SI_{CaSki} = 1.05) after 48 hours. However, CAE1 did not produce well-fitted dose-response curves in HeLa nor CaSki cells with low R² values of 0.16 and 0.05. This was also the case for CAE3 (R² = 0.02), CAE8 (R² = 0.07) and EGF36 (R² = 0.22) dose-response curves after 48-hour treatments in CaSki cells.

Other terpenoid and flavonoid compounds from previous studies in literature revealed micromolar IC₅₀ concentrations ranging from 1.40 µM to 130.00 µM. The terpenoids all revealed sufficient cytotoxicities (IC₅₀ < 50 µM) in colon, cervical, breast, lung, pancreatic- and neuron cancer cells (**table 4**). However, only 3 of the reported flavonoids (i.e. 4 H-1-benzopyran-4-one,2-(4-hydroxyphenyl)-3,7-dihydroxy-5-methoxy-8-[5-methyl-2-(1-methylethenyl)-4-hexenyl] and ferulic acid) revealed IC₅₀ values more potent than 50 µM in lung, colon and cervical cancer cells *in vitro* (**table 5**). The remaining flavonoids demonstrated inactive cytotoxicity against cervical cancer cells (IC₅₀ > 50 µM).

Table 4: IC₅₀ data of known triterpenoids from literature from various human cancer cell lines. Micromolar IC₅₀ data with numbered references are described.

| Compound name | IC ₅₀ dose (µM) | Cell line |
|----------------|----------------------------|--------------------------------------|
| Ursolic acid | 24.00 ¹⁷² | HCT-116 Colorectal cells |
| Maslinic acid | 41.00 ¹⁷² | HCT-116 Colorectal cells |
| Betulinic acid | 3.95 ¹⁷³ | A-431 cervical carcinoma |
| | 30.42 ¹⁷⁴ | HeLa cells |
| Lupeol | 2.32 ¹⁷⁵ | MCF-7 |
| | 4.47 ¹⁷⁵ | MDA-MB-231 |
| | 10.20 ¹⁷⁵ | HeLa |
| Hederagenin | 44.50 ¹⁷⁶ | A-549 lung cancer |
| | 30.78 ¹⁷⁶ | HeLa |
| | 31.40 ¹⁷⁶ | PANC-1 pancreatic cancer cells |
| | 23.10 ¹⁷⁶ | SH-SY5Y neuroblastoma |

Table 5: IC₅₀ data of known flavonoids in various human cancer cell lines from literature. Micromolar IC₅₀ data with numbered references are described.

| Compound name | IC ₅₀ dose (μM) | Cell line |
|---|--------------------------------|-------------------|
| 2'-hydroxyl neophellamuretin | 56.10 ¹⁷⁷ | HeLa |
| 2''-O-rhamnosylswertisin | 69.00 ¹⁷⁷ | |
| 4 H-1-benzopyran-4-one,2-(4-hydroxyphenyl)-3,7-dihydroxy-5-methoxy-8-[5-methyl-2-(1-methylethenyl)-4-hexenyl] | 3.60 ¹⁷⁸ | A-549 lung cancer |
| | 1.40 ¹⁷⁸ | HCT-116 |
| Ferulic acid | 14.00 – 16.00 ¹⁷⁹ | HeLa |
| | | CaSki |
| Gallic acid | 60.00 - 80.00 ¹⁸⁰ | HeLa |
| | 90.00 ¹⁸⁰ | C33A |
| | 110.00 - 130.00 ¹⁸⁰ | SiHa |

4.2 Additive cytotoxicity of CAE21 and EGF25 in combination

CAE21 and EGF25 resulted in additive cytotoxic effects when treated in combination at their halved (20.00 μM and 22.50 μM) and full (40.00 μM and 45.00 μM) rounded IC₅₀ doses (**figure 19**). However, the combined toxicity of the 20.0 μM CAE21 and EGF25 22.5 μM co-treatments were not reproduced in HeLa cells. Semi-quantitative RTCA revealed a rapid decrease in cell index in HeLa and Vero (**figure 20**) cells within the first hour of individual and combined EGF25 and CAE21 treatment. Similar results were observed for the camptothecin (CMT) control, although HeLa cells were notably less sensitive than Vero cells.

DMSO controls, 2.10% and 3.50% also revealed similar responses to CAE21 and EGF25 in HeLa and Vero cells. Unfortunately, primary stocks of CAE21 and EGF25 compound preparations were limited, and additional stocks could not be prepared with reduced DMSO concentrations. Therefore, compound dilutions of RAR2 were later prepared with DMSO concentrations < 1% (**figure 22**).

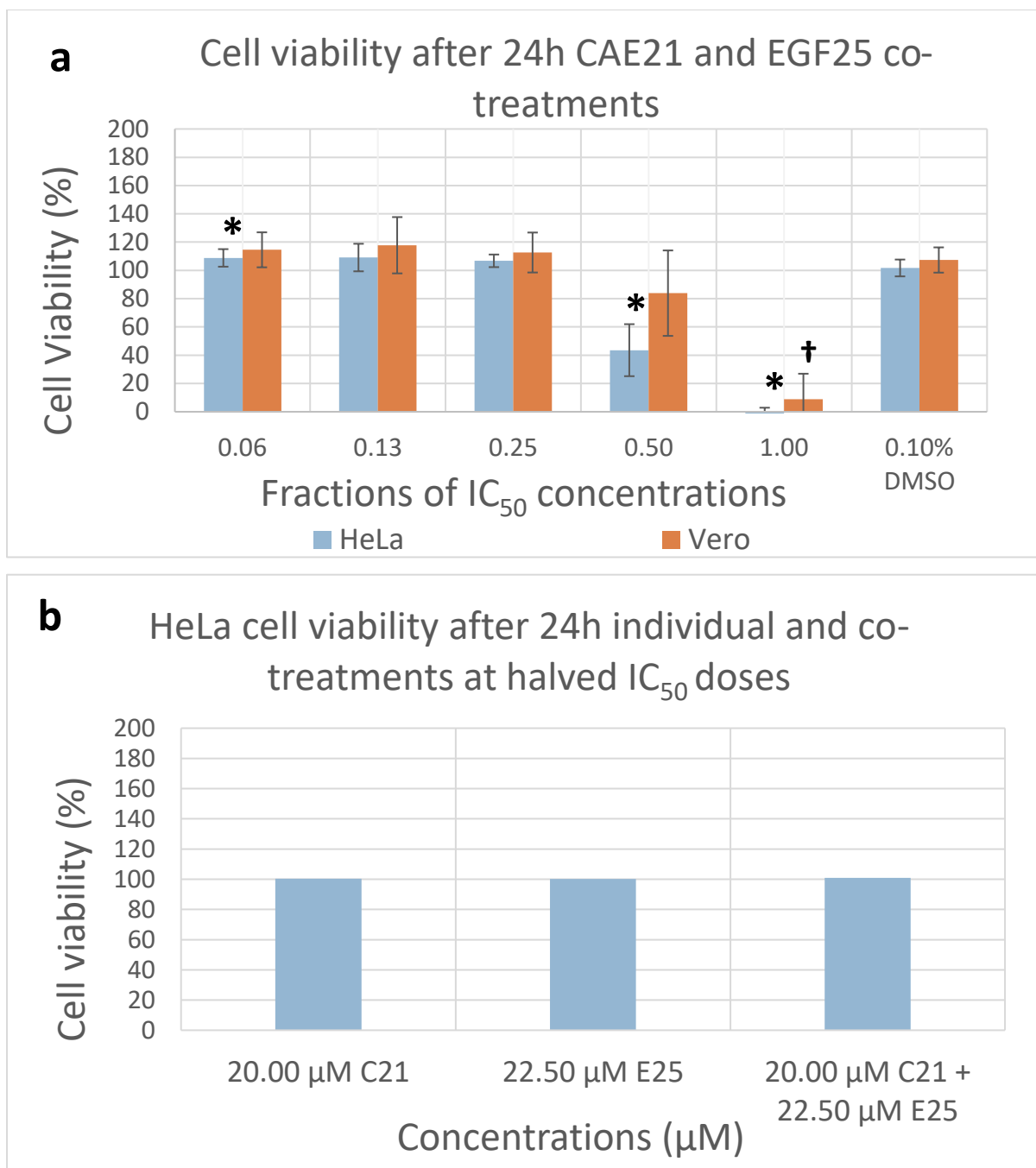


Figure 19: Cell viabilities in response to combined 24h treatments of CAE21 and EGF25 in HeLa and Vero cells (a) and confirmatory individual and co-treatments in HeLa cells alone (b). 0.50x the IC₅₀ of CAE21 (20.00 μM) and EGF25 (22.50 μM) yielded significant additive effects compared to 0.1% DMSO in HeLa cells (*). These were inconsistent with the confirmatory CAE21 and EGF25 co-treatment (bottom), in which no notable differences were shown between individual and combined experiments. Statistically significant differences from DMSO in both HeLa and Vero cells (†) were also observed at 1.00x IC₅₀ of CAE21 (40.00 μM) and EGF25 (45.00 μM).

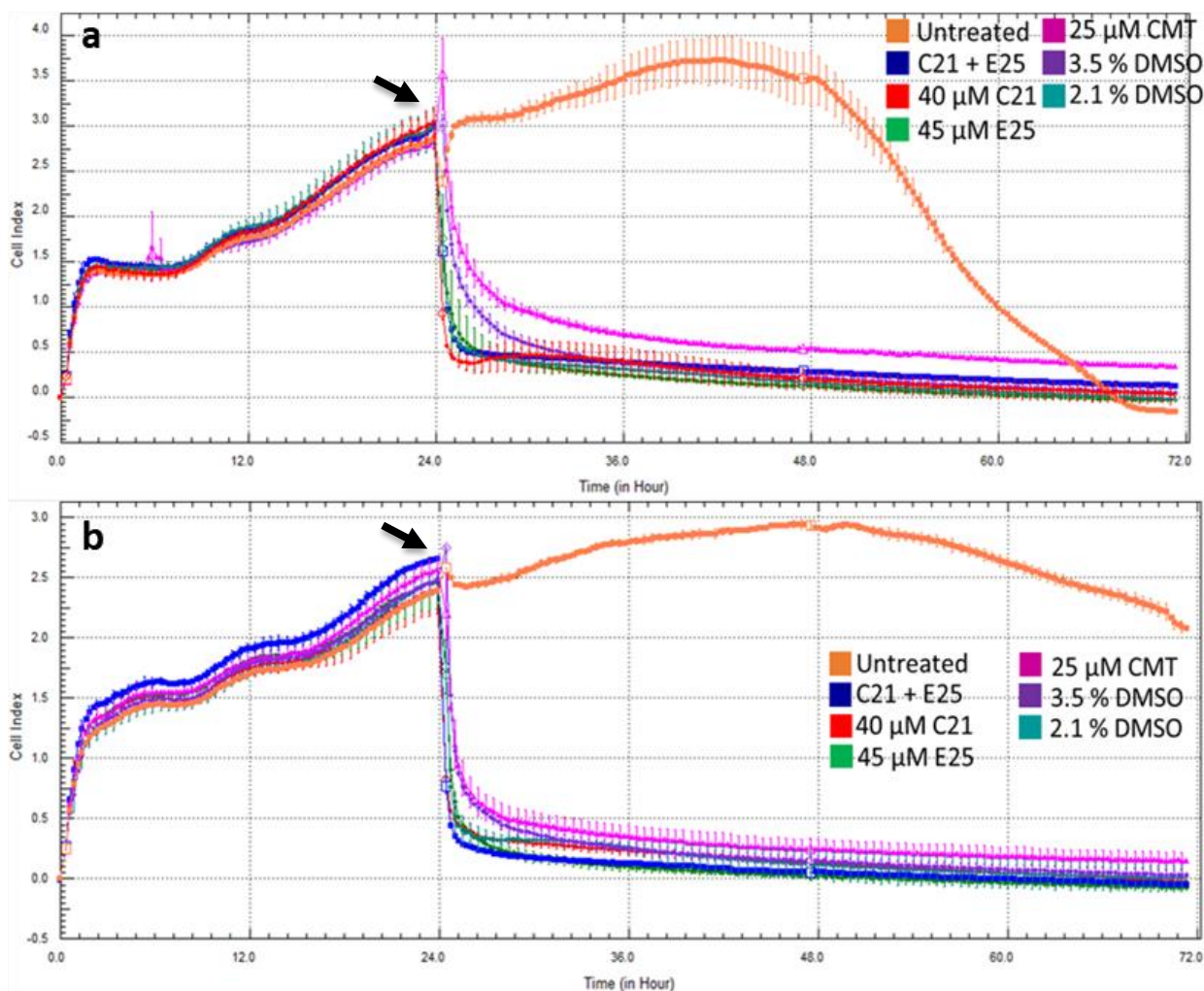


Figure 20: Cell index (CI) curves after 24h individual and combined treatments of 40.00 μM CAE21 (C21) and 45.00 μM EGF25 (E25) in HeLa (a) and Vero (b) cells. Average CI values obtained at 15-minute intervals for 72 hours were plotted using the RTCA DP software. 3.50% , 2.10% DMSO and 25 μM CMT (Camptothecin) were used as vehicle- and positive controls, respectively. Error bars in each curve indicate the standard deviations. CAE21 and EGF25 yielded similar cell death activity when each treated alone and in combination. However, the cytotoxicity of the DMSO solvents became notable during this experiment at 3.50% (combined CAE21 and EGF25 solvent) and 2.10% (E25 solvent) v/v concentrations. These were also similar to CAE21 and EGF25 individual and co-treatments, suggesting solvent interaction with cells. The black arrows indicate the time of treatment which was 24 hours after seeding (0 hours). CMT, Camptothecin.

4.3 Cell death responses to CAE21 and EGF25 co-treatments

HeLa cells were subject to individual and combined treatments of CAE21 (40.0 μM) and EGF25 (45.0 μM) at their full IC_{50} concentrations for 24 hours. Combined treatments induced apoptosis (sum of early and late) in 99.95 % (97.09 % + 2.86 %) of cells, with no necrotic cells (**figure 21**). This apoptotic population was additively more than the individual treatments of CAE21 and EGF25 which only resulted in total apoptosis of 63.51 % and 67.79 %.

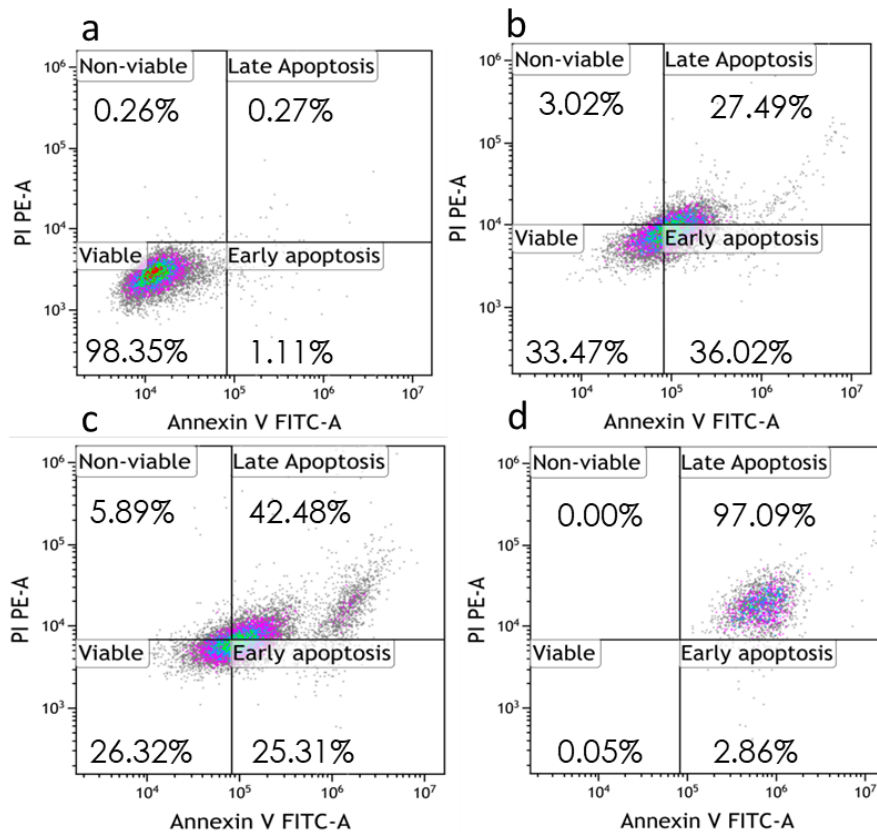


Figure 21: Percentage population of HeLa cells in necrosis (non-viable) and apoptosis (early and late apoptosis) in response to untreated (a) 40.00 μ M CAE21 (b), 45.00 μ M EGF25 (c) as well as 40.00 μ M CAE21 and 45.00 μ M EGF25 co-treatment (d). Data was obtained from one repeat, as there were not enough compounds for more repeated experiments. CAE21 and EGF25 combination produced an additive apoptotic response with no necrotic cells compared to individual treatments. Vero cells were not subject to flow cytometric analysis after individual and combined CAE21 and EGF25 treatments.

4.4 RAR2 cytotoxicity with a reduced DMSO solvent

HeLa, Vero and CaSki cells were subject to RAR2 compound treatments at concentrations 150, 100, 75, 50, 25 and 5 μ M (DMSO solvent < 1%) in duplicate with 2 repeats in total. Plots of single representative experiments from each cell line are shown (**figure 22**) for visualization. CI values reflect the quality and number of cells attached to the base of each well of the E-plate. HeLa, CaSki and Vero cells did show notable decreases in cell indices after treatment with RAR2 when compared to the untreated control.

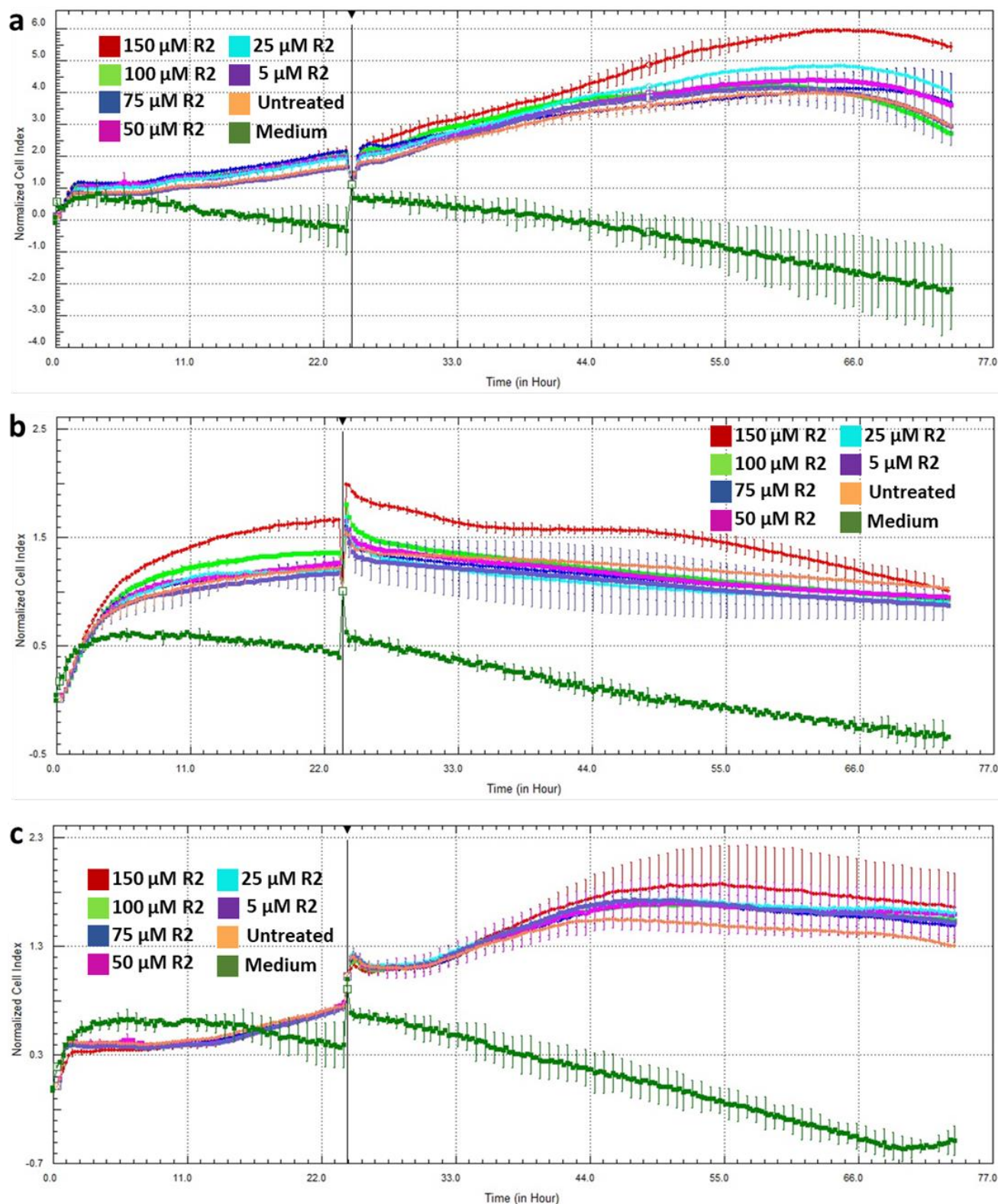


Figure 22: Average cell indices of HeLa (a), CaSki (b) and Vero (c) cells analysed in duplicate in real-time over 72 hours. RAR2 compound was added 24 hours after seeding at 150, 100, 75, 50, 25 and 5 μ M. All data was normalized according to this point (indicated by the black line). Each graph is a qualitative representative from single experiments in each cell line. Various treatment conditions are labelled and coded according to colours displayed in the curve. Error bars are used to indicate the standard deviations.

The average IC₅₀ doses of RAR2 from all available experiments were also determined using the RTCA software (**table 6**). Using this data, SI values were additionally determined to compare with results gained from MTT cytotoxicity assessments. However, RTCA analysis of RAR2 treatments in HeLa and CaSki cells did not reveal improved cytotoxic effects or cancer cell-selectivity. Therefore, the DMSO solvent did contribute to the cytotoxic effect of RAR2 determined using MTT (**table 3**). Vero cells were most sensitive to RAR2 when compared to both HeLa and CaSki cells after 24- (IC₅₀ = 90.09 μM) and 48-hour (IC₅₀ = 139.07 μM) treatments. This resulted in HeLa- and CaSki cell selectivity indices < 2.00, suggesting RAR2 does not sufficiently target cancer cells *in vitro*.

Table 6: Table of average RAR2 IC₅₀ values from both experimental repeats. Results were represented as IC₅₀ ± standard deviations. Thus far, RAR2 with DMSO > 1% yield weak cytotoxicities (IC₅₀ > 50 μM) and low HeLa and CaSki cell selectivity (SI < 2).

| Time of data collection | IC ₅₀ in Vero cells (μM) | IC ₅₀ in HeLa cells (μM) | IC ₅₀ in CaSki cells (μM) | HeLa selectivity | CaSki selectivity |
|-------------------------|-------------------------------------|-------------------------------------|--------------------------------------|------------------|-------------------|
| 24h post-treatment | 90.09 ± 33.16 | 121.26 ± 69.17 | 187.43 ± 34.87 | 0.74 | 0.48 |
| 48h post-treatment | 139.07 ± 14.01 | 675.59 ± 734.14 | 121.82 ± 45.32 | 0.21 | 1.14 |

4.5 Molecular properties and receptor target bioactivity

Orally bioavailable drugs may only have one violation to Lipinski's rule of 5.¹⁰⁹ CAE1, RAR2 and camptothecin had no violations to the rule of 5 whereas CAE3, CAE5, CAE8, CAE21 and EGF36 had only one violation (**table 7**). CAE1 and RAR2 also showed optimal TPSA and nrot physiochemical features (TPSA \leq 120.00 Å, nrot \leq 10.00). In contrast, CAE3 (log P = 7.04), CAE5 (log P = 8.29), CAE8 (log P = 6.12) and CAE21 (log P = 6.22) violated Lipinski's criteria by exceeding the log P limit of 5.00. EGF36 had 6.00 H-bond donors, also exceeding Lipinski's restriction of 5.00. DBF4 (MW = 578.52 g/mol, HBAs = 14.00, HBDs = 8.00), EGF4 (MW = 608.56 g/mol, HBAs = 13.00, HBDs = 6.00) and EGF25 (MW = 478.53 g/mol, HBAs = 12.00, HBDs = 6.00) revealed 3.00 violations to Lipinski's rules, in which all compounds had excessive MW, H-bond donor and acceptor values (i.e. MW \geq 500.00 g/mol, HBAs \geq 10.00, HBDs \geq 5.00). From the two anti-cancer compounds chosen for co-treatments, CAE21 demonstrated oral bioavailability while EGF25 did not.

Table 7: Molecular properties of compounds compared to Lipinski's Rule of 5.00 with additional features attributing to drug-likability. Log P , HBAs, HBDs and nrot are all unitless values. Units are shown in table headings. In addition to Lipinski's rule of 5, orally bioavailable molecules often each possesses a TPSA \leq 120.00 Å and nrot \leq 10.00.^{113,181} * CAE21, DBF4 and EGF25 are novel compounds.

| Compound | Log P | TPSA (Å) | MW (g/mol) | HBAs | HBDs | #Lipinski violations | nrot |
|--------------|---------|-------------|---------------|-------|------|-------------------------|------|
| CAE1 | 1.37 | 110.37 | 290.27 | 6.00 | 5.00 | 0.00 | 1.00 |
| CAE3 | 7.04 | 57.53 | 456.71 | 3.00 | 2.00 | 1.00 | 2.00 |
| CAE5 | 8.29 | 20.23 | 426.73 | 1.00 | 1.00 | 1.00 | 1.00 |
| CAE8 | 6.12 | 94.83 | 486.69 | 5.00 | 3.00 | 1.00 | 3.00 |
| CAE21* | 6.22 | 77.75 | 474.73 | 4.00 | 3.00 | 1.00 | 2.00 |
| DBF4* | -0.91 | 228.97 | 578.52 | 14.00 | 8.00 | 3.00 | 6.00 |
| EGF4 | 2.64 | 205.59 | 608.56 | 13.00 | 6.00 | 3.00 | 9.00 |
| EGF25* | 2.82 | 196.35 | 478.53 | 12.00 | 6.00 | 3.00 | 8.00 |
| EGF36 | 0.68 | 170.05 | 432.38 | 10.00 | 6.00 | 1.00 | 4.00 |
| RAR2 | 1.95 | 83.58 | 350.37 | 6.00 | 3.00 | 0.00 | 2.00 |
| Camptothecin | 2.03 | 81.43 | 348.36 | 6.00 | 1.00 | 0.00 | 1.00 |

Log P , lipophilicity; HBA, hydrogen bond acceptor; HBD, hydrogen bond donor; nrot, number of rotational bonds; TPSA, topological polar surface area

In silico QSAR analysis revealed a variety of bioactivity score predictions for six (6) different classes of molecular targets (**table 8**). *C. arereh* compounds CAE1, CAE3, CAE5, CAE8 and CAE21 showed strong bioactivity scores against nuclear receptors with activity values of 0.60, 0.93, 0.85, 0.78 and 0.76 respectively. Although showing weaker bioactivity scores, *C. arereh* compounds also showed sufficient potentials as protease inhibitors with each showing values > 0.00. CAE3, CAE5 and CAE21 were also strongly active against enzymes with scores of 0.55, 0.52 and 0.49. But camptothecin showed the highest bioactivity scoring 1.11 as an enzyme inhibitor. RAR2 showed the highest activity against GPCR receptors with a predicted value of 0.48. CAE1 was the most well-rounded, revealing sufficient bioactivity as all the drug classes with CAE5 and EGF36 showing strong activity in most classes, except as kinase inhibitors and ion channel modulators where they exhibited moderate effects respectively. CAE21 revealed strong activity against targets as GPCR (0.18) and nuclear receptor ligands (0.76), protease (0.22) and enzyme inhibitors (0.49) and moderate effects as ion channel modulators (-0.04) and kinase inhibitors (-0.40). In addition, EGF25 was found to be mildly effective as a GPCR ligand (0.00), ion channel modulator (-0.46), kinase (-0.12) and protease inhibitor (-0.02) and stronger potentials as a nuclear receptor ligand (0.14) and enzyme inhibitor (0.17). To sum up, all compounds showed moderate to high activity against most drug class targets.

Table 8: Bioactivity score predictions of compounds according to 6 main drug classes based on important molecular targets of xenobiotics. Each value is represented as unitless quantities in which values above 0.00 indicate strong activity, between -0.50 and 0.00 suggest moderate activity and below -0.50 shows inactive compounds.¹⁸²⁻¹⁸³

| Compound | GPCR ligand | Ion channel modulator | Kinase inhibitor | Nuclear receptor ligand | Protease inhibitor | Enzyme inhibitor |
|--------------|-------------|-----------------------|------------------|-------------------------|--------------------|------------------|
| CAE1 | 0.41 | 0.14 | 0.09 | 0.60 | 0.26 | 0.47 |
| CAE3 | 0.31 | 0.03 | -0.50 | 0.93 | 0.14 | 0.55 |
| CAE5 | 0.27 | 0.11 | -0.42 | 0.85 | 0.15 | 0.52 |
| CAE8 | 0.21 | -0.04 | -0.45 | 0.78 | 0.18 | 0.40 |
| CAE21 | 0.18 | -0.04 | -0.40 | 0.76 | 0.22 | 0.49 |
| DBF4 | 0.11 | -0.29 | -0.03 | -0.13 | -0.01 | 0.37 |
| EGF4 | -0.11 | -0.69 | -0.28 | -0.06 | -0.11 | 0.00 |
| EGF25 | 0.00 | -0.46 | -0.12 | 0.14 | -0.02 | 0.17 |
| EGF36 | 0.10 | -0.01 | 0.14 | 0.31 | 0.02 | 0.43 |
| RAR2 | 0.48 | 0.03 | -0.01 | -0.17 | -0.01 | 0.29 |
| Camptothecin | 0.46 | -0.15 | 0.27 | 0.07 | -0.10 | 1.11 |

5 Discussion

The discovery of highly cytotoxic and selective anti-neoplastic agents that minimize off-target toxicity is the main hurdle in anti-cancer drug discovery.¹²⁴ In this study, some of the compounds, namely CAE5, DBF4, EGF4, EGF36 and RAR2, showed to be non-active ($IC_{50} > 50 \mu M$) in all cell lines. CAE1, CAE3, CAE8 and EGF36 showed sufficient anti-cancer activity against cervical cancer cells, whereas CAE21 and EGF25 revealed strong cytotoxicity. Interestingly none of the compounds acted selectively on cervical cancer cells as opposed to non-cancer cells. This common trade-off of anti-cancer interventions was observed for the compounds showing therapeutic possibilities.^{168,176,184}

In previous studies, various triterpenoids and flavonoids have shown anti-cancer activities in several human cancer cell lines which are listed in **table 4** and **table 5**.^{172, 185, 176, 177, 178, 179, 180} Despite the novel pentacyclic triterpenoid, CAE21 ($IC_{50} = 42.94 \mu M$), being considered sufficiently bioactive against cervical cancer cells, others with reportedly stronger cytotoxicities in HCT-116- and HeLa cells such as ursolic acid ($IC_{50} = 24.00 \mu M$) and hederagenin ($IC_{50} = 30.78 \mu M$), a pentacyclic triterpenoid from the evergreen perennial common ivy (*Hedera helix* (*H. helix*)), are described.^{172, 176, 186} Betulinic acid and lupeol, known triterpenes that were also included in this study (i.e. CAE3 and CAE5), have shown more optimal anti-cancer activities in literature.^{173, 174, 175} A-431- and HeLa tumour cells from these studies were more sensitive to betulinic acid with IC_{50} doses of $3.95 \mu M$ and $30.42 \mu M$, respectively.^{173, 187} Lupeol was more sensitive to MCF-7, MDA-MB-231 and HeLa cells with IC_{50} concentrations of 2.32, 4.47 and $10.20 \mu M$.¹⁷⁵ These previous findings contradict the results in HeLa cells from this study revealing betulinic acid and lupeol as inactive with IC_{50} doses of 68.32 and $74.88 \mu M$. This is possibly due to evaporation of compound stocks because of repetitive warming from frozen to conduct numerous cell viability experiments.¹⁶⁶ However, there is little accessible data regarding selectivity of terpenoids and flavonoids against human non-cancer cell lines, possibly due to the difficulties in thawing cryopreserved cells and culturing.¹⁸⁸ Hederagenin (**table 4**), yielded more HeLa cell selectivity versus HEK-293 cells ($SI = 1.20$) than CAE21 against Vero cells ($SI = 0.90$).¹⁷⁶ Both are insufficient according to standards suggested by Artun, *et al* ($SI > 2$).¹⁶⁸

In HeLa cells, EGF25 ($IC_{50} = 44.65 \mu\text{M}$) is notably more potent than other flavonoids, 2'-hydroxyl neophellamuretin ($IC_{50} = 56.10 \mu\text{M}$), 2"-O-rhamnosylswertisin ($IC_{50} = 69.00 \mu\text{M}$) and gallic acid ($IC_{50} = 60.00 - 80.00 \mu\text{M}$) (**table 5**). However, EGF25 was not potent enough compared to ferulic acid and the recently described 4 H-1-benzopyran-4-one,2-(4-hydroxyphenyl)-3,7-dihydroxy-5-methoxy-8-[5-methyl-2-(1-methylethenyl)-4-hexenyl].^{179, 178} The respective IC_{50} values of ferulic acid were 14.00 to 16.00 μM in HeLa and CaSki cells and 4 H-1-benzopyran-4-one,2-(4-hydroxyphenyl)-3,7-dihydroxy-5-methoxy-8-[5-methyl-2-(1-methylethenyl)-4-hexenyl] IC_{50} values were 3.60 and 1.40 μM in A-549 and HCT-116 cells.^{179, 178}

Similarly to CAE21, EGF25 showed sub-optimal cancer selectivity in HeLa cells versus Vero cells ($SI = 0.64$), yet so did another reported flavonoid, gallic acid.¹⁸⁰ According to calculations from reported data in various cervical cancer cell lines, gallic acid revealed selectivity indices of 1.10 to 1.50 in HeLa cells, 1.00 in C-33A cells and 0.70 to 0.80 in SiHa cells against Vero cells.¹⁸⁰ Thus far, the cancer cell targeting ability of terpenoids and flavonoids remain under-reported in literature.

Despite the cancer cytotoxicity of these compounds, not all molecules with strong anti-cancer potential are promoted further in the drug discovery pipeline due to their lack of bioavailability, especially as oral drugs.^{107,109} Therefore, Lipinski's rule of 5 was used to identify compounds with sufficient pharmacokinetics for oral absorption and distribution. Most compounds in this study showed sufficient physiochemical properties except for flavonoids DBF4, EGF4 and EGF25, each of which had 3.00 violations to Lipinski's rule of 5. This means that these compounds are not suitable for oral ingestion and may need to be considered for administration via different routes, such as intravenous, inhalation or topical applications.¹⁸⁹

Natural compounds have an enhanced effect when used in combination as they tend to target more than one cancer cell pathway simultaneously¹⁶⁷, as was seen in the additive cytotoxicity of CAE21 and EGF25 when administered together. This could be the reason why plant extracts containing many plant secondary metabolites together show stronger cytotoxicity than individual compounds.¹⁹⁰ Such additive effects involving combinations of flavonoids and terpenoids have been reported.¹⁹¹⁻¹⁹² A 16.36 μM concentration of epigallocatechin gallate ($\text{IC}_{50} = 137.63 \mu\text{M}$) combined with various concentrations of terpenoid amarogentin ($\text{IC}_{50} = 258.14 \mu\text{M}$) or clove active ingredient, eugenol ($\text{IC}_{50} = 1034.10 \mu\text{M}$), resulted in reduced IC_{50} values of 148.51 μM and 699.15 μM in HeLa cells.¹⁹¹

The increased anti-cancer activity of CAE21 and EGF25 co-treatments in the present study were apoptotic in nature. Triterpenoids are known to induce apoptosis by engaging several molecular targets, including IAPs and anti-apoptotic BCL2 proteins in the mitochondria.¹⁷² Phenolic compounds, which belong to flavonoids, are known to activate anti-cancer pathways through generation of ROS-mediated pathways and oxidative stress, thereby affecting major metabolic pathways of cancer cells.¹⁷² Additional qPCR and western-blots are required to further elucidate the sub-apoptotic or metabolic pathways affected by CAE21 and EGF25. However, combinations of different compound classes may induce more than one insult on cancer cells that increase the likelihood of an apoptotic fate.¹⁶⁷

Five compounds isolated from *C. arereh* (i.e. CAE1, CAE3, CAE5, CAE8 and CAE21) and EGF25 showed the greatest pharmaceutical potentials as nuclear receptor ligands when analysed *in silico*. Important nuclear and/or cytoplasmic receptors in cervical cancer progression include the estrogen receptors, ER α and ER β , as they up-regulate E6 and E7 HPV oncogenes on interaction with the estradiol hormone.^{16,193-195} This leads to early progression of cervical tumours towards malignancy in murine models.¹⁹⁶ However, estradiol interaction with ERs may be manipulated with selective estrogen receptor modulators (SERMs), such as fulvestrant and raloxifene, which have been used for treatment of hormone receptor-positive breast cancer.¹⁹⁷⁻¹⁹⁹ Although clinical data is lacking, the plant-based SERM hibiscetin, isolated from *Hibiscus sabdariffa* (*H. sabdariffa*), has revealed 5 hydrogen bonds with amino acids proline-324 (*Pro-324*), glutamic acid-353 (*Glu-353*), isoleucine-386 (*Ile-386*) and tryptophan-393 (*Trp-393*) at the ER α active site *in silico*.²⁰⁰⁻²⁰¹ A flavonoid isolated from *Punica granatum* (*P. granatum*, commonly known as pomegranate), 4-coumaric acid methyl ester, was also identified as a lead SERM with optimal pharmacokinetics and strong affinity for ER α and ER β variants.²⁰⁰

Although CAE21 and EGF25 were more strongly predicted as nuclear receptor ligands, they also demonstrated potential bioactivity against GPCRs. Interestingly, a certain GPCR, known as G protein-coupled estrogen receptor (GPER) also acts as cytoplasmic or nuclear receptor of estradiol in HPV-positive cervical cancer cells.¹⁶ In contrast, HPV oncogenes increase quantity and nuclear expression of GPER, similarly to the ERs.¹⁶ Insufficient reports involving the GPER modulation in cervical cancer models are available as current research is still pending, but an *in vitro* study in estrogen-sensitive endometrial cells showed GPER antagonist, G-15, to inhibit cell proliferation.²⁰² Paradoxically, this was potentiated by combined treatment with a GPER agonist, which would otherwise induce cell growth individually.²⁰² Therefore, extensive clarification of the anti-cancer ability of SERMs and GPER ligands in cervical cancer is needed.²⁰²

Quite a few compounds from this study, including CAE21 and EGF25, were predicted to modulate enzymes, suggesting that these compounds have broad specificity to enzyme targets other than kinases and proteases. However, CAE21 and EGF25 did not reveal any potential pharmaceutical potential as kinase inhibitors. CAE21 showed lower yet still sufficient potentials as protease inhibitors than nuclear receptor ligands. This seems counter-intuitive as anti-cancer drugs because caspase enzymes are all proteases, in which their inhibition prevents their apoptotic functions.²⁵ However, there are many different caspases that can elicit alternative apoptotic and non-apoptotic pathways.²⁰³ For example, caspase-9 inhibition by caspase-9 inhibitor III (Ac-LEHD-cmk) potentiates the apoptotic effects of oridonin, a terpenoid from *Rabdosia rubescens* (*R. rubescens*), which causes oxidative damage to the mitochondrial membrane and disrupts the membrane potential.²⁰³

The compound solvent, DMSO, showed a confounding cytotoxicity as well as high variability in endpoint data in the cervical cancer model used during compound treatments due to misguided dosing of the compound solvent. However, various concentrations of DMSO, from 0.10 to 3.00%, have been used in *in vitro* cytotoxicity studies in literature,^{166, 158, 204, 205} in which concentrations of 0.1 % did not present cytotoxicity in the negative control of this study. This was consistent with a study in a different cell line by Wang *et al*, but rarely reported in literature.²⁰⁶ Looking back, it would have been optimal to initially analyse the cytotoxicity of various compound solvents in HeLa, Vero and CaSki cells before preparing the compounds. Despite the ability of DMSO to dissolve both polar and non-polar compounds and aid drug penetration into cells, better alternatives, such as hydrogels, liposomes and nanotechnology are reported.^{207, 208, 209, 210} In addition, these innovations may improve selective cytotoxicity by increasing targeted delivery of higher concentrations to cancer cells.²¹⁰

The choice of MTT assay for compound cytotoxic assessment also posed a limitation in this project, because conversion to the colorimetric product formazan is affected by the number of mitochondria and the metabolic rate of cells in culture.²¹¹ This suggests that the MTT endpoints are very sensitive to slight perturbations in cell culture handling and medium changes.²¹¹ If funding was more abundant, additional real-time cell analysis assays would have been employed to determine cytotoxicity of all compounds. Limited time, compound materials and funding in this case prevented further repetitions with corrected experimental conditions and preparations, especially regarding use of the DMSO solvent.

Terpenoids and flavonoids are powerful phytochemicals that can be combined to potentiate each of their own therapeutic qualities, which is a worthwhile endeavour in anti-cancer drug discovery. However, CAE21 and EGF25 have only entered the pipeline with evidence regarding their additive apoptotic activity in cervical cancer cells. Further study is required to elucidate how CAE21 and EGF25 induce apoptosis, whether they strengthen one response engaging the same molecular pathway or whether they operate via two different molecular pathways. This also raises questions about their apoptotic mechanisms and their anti-angiogenic and anti-metastatic activities in multiple cancer models *in vitro* and *in vivo*. In prospect, CAE21 and EGF25 could potentially be used to stunt cervical cancer progression by targeted modulation of GPCR and nuclear receptors such as GPER and ERs. Despite these possibilities, *in vivo* assessment of CAE21 and EGF25 will more confidently reveal the true bioavailability and bioactivity of these compounds and hence their clinical success should they persist to develop. Despite major hurdles and challenges for the future, the main terpenoid (CAE21) and flavonoid (EGF25) from this study, together, revealed an apoptotic mechanism without necrosis. This proposes additional study of the coincidental anti-inflammatory and anti-cancer effects of CAE21 and EGF25, which suggest chemoprotective and chemo-preventative potentials in cervical cancer treatment.

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