

PREDICTORS OF HEARING TECHNOLOGY USE IN CHILDREN WITH HEARING LOSS

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PLAGIARISM DECLARATION

Student name: Surida Booysen

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Degree: Masters in Audiology

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I declare that this is my own original work. Where secondary material is used, it has been carefully acknowledged and referenced in accordance with university requirements.

I understand what plagiarism is and am aware of university policy and implications in this regard.

(unstan)

Surida Booysen 27 April 2021

CONTENTS

ABS	TRAC	Т	7
LIST	OF T	ABLES	8
LIST	OF F	IGURES	9
ABB	REVI	ATIONS	. 10
1.	INT	RODUCTION AND STUDY RATIONALE	. 11
2.	MET	HODOLOGY	. 19
	2.1	Research Aim	. 19
	2.2	Research Design	. 19
	2.3	Participants	. 19
	2.4	Ethical Considerations	. 21
	2.5	Data Collection Material	. 24
		Dependent Continuous Variable	. 26
		Independent Categorical and Continuous Variables	. 26
	2.6	Data Collection Procedures	.30
	2.7	Data Processing and Analysis	.32
	2.8	Validity and Reliability	. 33
		The Validity of the Study	. 33
		The Reliability of the Study	. 34
3.	PRE	DICTORS OF HEARING TECHNOLOGY USE IN CHILDREN	.36
	3.1	Abstract	.36
	3.2	Introduction	.36
	3.3	Methodology	.38
		Participant Inclusion Criteria	. 38
		Data Collection	. 38
		Data Analysis	. 41
	3.4	Results	. 43
		Hearing Technology Use in Children	. 43
		Factors That Influenced Hearing Technology Use in Children	. 44
	3.5	Discussion	. 47
	3.6	Conclusion	.51
		Disclaimer Statements	. 52
		Acknowledgements:	. 52
	3.7	References	.52

4.	DISC	CUSSION AND CONCLUSION	57
	4.1	Summary of Research Findings	57
		Hearing Technology Use in Children	57
		Predictors of Hearing Technology Use in Children	58
	4.2	Clinical Implications	59
		Hearing Technology Use in Children	59
		Predictors of Hearing Technology Use in Children	60
		Clinical Implications for Low- and Middle-Income Countries and Other Resource-	
		Constrained Settings	64
	4.3	Critical Evaluation	65
		Strengths of the Study	65
		Limitations of the Study	67
	4.4	Future Research Recommendations	69
	4.5	Conclusion	70
5.	REF	ERENCES	72
6.	APP	ENDICES	98
	Арр	endix A: Institutional review board clearance (HUM010/0219) from the Research Ethics	
	Con	nmittee of The Faculty of Humanities, University of Pretoria	98
	Арр	endix B: Agreement between caregivers and the Carel du Toit Centre for de-identified da	ata
	colle	ection	99
	Арр	endix C: Letter requesting permission to complete research at the Carel du Toit Centre	. 101
	Арр	endix D: Permission to the researcher to access data at the Carel Du Toit Centre	. 102
	Арр	endix E: Article submission accepted for publication in the International Journal of	
	Aud	iology	. 103

ABSTRACT

Prescribing hearing technology (HT) to children with hearing loss is based on the expectation that it will improve auditory-based communication outcomes, literacy, occupational prospects, and psychosocial wellbeing. The desired effect, however, can only be achieved if appropriate HT is used optimally to foster consistent, cumulative auditory experiences comparable to peers with normal hearing. Therefore, a better understanding of the factors that influence HT use in children with hearing loss is necessary to guide hearing healthcare services and facilitate auditory-based outcomes. This study aimed to identify and describe predictors of daily HT use in children with hearing loss. A retrospective review of clinical records collected data, including demographic, family, intervention, socio-economic, audiology-related, and HT information. The study sample included 505 children (<11 years of age), fitted with hearing aids (HAs), cochlear implants (CIs), and bone conduction hearing devices (BCHDs), and enrolled in a South African auditory-oral intervention program between 2010 and 2018. Results demonstrated an average HT use of 9.4 hours a day for the entire sample. Multiple regression analyses were performed to identify predictor variables that influenced HT use. From the 42 variables included in the retrospective dataset, the bivariate analyses yielded 31 potential predictor factors. The final general linear model (GLM; p < .01, $R^2 =$ 0.605) identified 10 interacting factors that were significantly associated with increased HT use in children. Intrinsic predictors of increased HT use included a more severe degree of hearing loss, older ages at diagnosis and initial HA fitting, and older chronological age. Extrinsic predictors included the child's ability to independently use HT, at least one CI as part of the HT fitting, coordinated onsite audiological management, self-procured batteries, auditory-oral communication mode, and regular caregiver intervention attendance. Six of the 10 predictors identified were novel and previously undescribed in the literature, including CI recipiency, independent HT use, caregiver intervention attendance, older ages at diagnosis and initial HA fitting, and self-procured batteries. In conclusion, the average HT use for this study sample was high but below recommended all-day HT use. Although HT use is a multi-factorial outcome measure, an extensive range of predictive factors was identified that could predict and increase HT use in children. Additionally, four of the predictors, both novel and extrinsic, are malleable, signifying that intervention can change the outcome, namely HT use. These newly described predictors of HT use can contribute to evidence-based intervention services that promote optimal auditory-based outcomes.

keywords: hearing technology use, hearing aids, cochlear implants, bone conduction hearing devices, children, data logging, predictors, childhood hearing loss, retrospective cohort study, general linear model

LIST OF TABLES

Table 1.	Summary of the recommended sleep time and corresponding awake time,	
	otherwise called hearing hours, for children of different age groups	13
Table 2.	Ethical principles applied in the research design.	22
Table 3.	Data collected, coded, and calculated for each participant in this study	25
Table 4.	Summary of the sample population characteristics according to categorical and continuous variables ($N = 505$).	40
Table 5.	ANOVA analysis results (n = 494).	42
Table 6.	CORR procedure results (n = 494).	43
Table 7.	Linear regression analysis results of the final general linear model ($n = 494$)	45
Table 8.	Predictor estimates of the seven categorical predictor factors generated by the final general linear model ($n = 494$).	46
Table 9.	Predictor estimates of the three continuous predictor factors generated by the final general linear model ($n = 494$).	47
Table 10.	Factors that could reduce hearing technology use in children and corresponding actions to enable increased HT use.	61

LIST OF FIGURES

Figure 1. Average hearing technology use as a function of chronological age (N = 505).44

ABBREVIATIONS

4FPTA four-frequency pure tone average across 500 Hz, 1000 Hz, 2000 Hz, and 4000 Hz

AASM American Academy of Sleep Medicine

ANSD auditory neuropathy spectrum disorder

BCHD bone conduction hearing device

CHL conductive hearing loss

CI cochlear implant

dB HL decibel hearing level

EHDI early hearing detection and intervention

HA hearing aid

HHP hearing hours percentage

HIC high-income country

HL hearing loss

HT hearing technology

LMIC low- and middle-income country

MHL mixed hearing loss

NHS newborn hearing screening

SNHL sensory-neural hearing loss

1. INTRODUCTION AND STUDY RATIONALE

Children with hearing loss have compromised access to acoustic information, jeopardising competent spoken language, literacy, and neurocognitive development (Dillon et al., 2013; Yoshinaga-Itano et al., 1998). While children with normal hearing have auditory exposure and experiences whenever they are awake, learning spoken language naturally, children with hearing loss have the same inherent capacity to develop auditory-based communication (Flexer & Wolfe, 2020). Therefore audiologists prescribe hearing technology (HT) such as hearing aids (HAs), cochlear implants (Cls), and bone conduction hearing devices (BCHDs) to minimise the effect of childhood hearing loss (American Academy of Audiology, 2013; Health Professions Council of South Africa, 2018; Joint Committee on Infant Hearing, 2019). Consistent use of well-fitted HAs in children with hearing loss (Walker, Holte, et al., 2015) is associated with better vocabulary (Percy-Smith, Hallstrøm, et al., 2018; Tomblin, Oleson, Ambrose, Walker, McCreery, et al., 2020), speech production (Fulcher et al., 2015), and language (Tomblin, Harrison, et al., 2015; Tomblin, Oleson, Ambrose, Walker, & Moeller, 2020); while consistent Cl use in children is related to better speech perception (Easwar et al., 2018), receptive vocabulary (Busch et al., 2019), and word recognition (Sharma et al., 2020).

While there is limited evidence about the required quantity of HT use for children with hearing loss (McCreery & Walker, 2017), it is reasonable to propose that HT use should approximate the hearing hours of peers with normal hearing to develop similar spoken language and literacy skills.

Accordingly, a better understanding of the factors influencing HT use in children is relevant and can guide audiologists to identify potential barriers and enablers of optimal HT usage (Easwar et al., 2016; McCreery et al., 2015).

HT use can be categorised as either (a) reported by a caregiver or HT user or (b) recorded through an objective measurement called data logging. Caregiver reports of HT use have been chiefly documented using either quantitative labels such as *often* or categorical labels such as *4-8 hours a day*, and overestimation is frequently recognised (Muñoz et al., 2014; Walker et al., 2013; Walker, McCreery, et al., 2015). Furthermore, such subjective reports have other drawbacks, including not reflecting detailed usage information as precise as recorded data logging measures or allowing comparison of results between studies.

In contrast, data logging involves inconspicuous, unobtrusive, and automatic recordings over time (Saunders et al., 2020) and is calculated independent of the user's judgment or memory (Busch et al., 2017). At a minimum, data logging provides an average time that the HT was switched on per

day, collected between two dates and reported in hours and minutes for each hearing device. More recent advancements in HT now also allow logging volume control and program use and can log additional parameters such as the battery life, streaming time, various sound environments, directional microphone settings, and signal-to-noise ratio (Saunders et al., 2020). It can be collected by audiologists whenever HT is connected to a programming computer, generating a new log every time the HT is connected to the programming software. Furthermore, recent eHealth solutions allow data logs to be collected remotely, synchronously, or asynchronously through cloud-based applications (Govender & Mars, 2017). Data logging recordings are robust against response biases and reactive behaviours (Busch et al., 2017) and ideal for controlled observations (Laplante-Lévesque et al., 2014; Saunders et al., 2020). While the strengths of data logging are considerable, it is important to acknowledge that it has limitations too. As each HT manufacturer utilise their own algorithms for data collection, analysis, and sound environment classification, the agreement between and quality of reporting differs between makes and models of HT (Saunders et al., 2020). For example, some cochlear implant manufacturers distinguish between time on-air and coil-offs, translating to a device being on but not working (Busch et al., 2017), whereas others do not. A significant drawback of HA software is that the data logging cannot identify that the HA is in the ear but accidentally turned off, functioning intermittently because of corroded contact points or switched-on, even when not worn. Consequently, because data logging is an automated collection of data, clinical interpretation of the collected data is essential, even more so in the case of children (Muñoz, Larsen, et al., 2019; Saunders et al., 2020).

Data logging has been used extensively in research during the last decade, identifying predictors of HT use (Busch et al., 2019; Jilla et al., 2019; Laplante-Lévesque et al., 2014), investigating the relationship between HT use patterns and outcomes (Easwar et al., 2018; Gagnon et al., 2021; Tomblin, Harrison, et al., 2015; Tomblin, Oleson, Ambrose, Walker, & Moeller, 2020) as well as describing the listening environments of HT users (Busch et al., 2017, 2019; Guerzoni & Cuda, 2017). Cesur et al. (2020) concluded that the measurement of auditory experiences with HT using objective data logging is accurate, consistent, and less time-consuming than subjective measures. Clinically, data logging is a powerful tool that can identify HT use challenges, determine the effectiveness of retention strategies implemented, and support families (Gagnon et al., 2021; Muñoz et al., 2018). Muñoz et al. (2014) encouraged professionals to use data logging collaboratively with families. Family-centred audiology care incorporates both data logging and caregiver report because it fosters family engagement and responsibility, shared power and decision making (Ekberg et al., 2020; English et al., 2017; Joint Committee on Infant Hearing, 2019; Muñoz, Edelman, et al., 2020).

Recently, an alternative manner of categorising HT use in children was proposed. Audiologists can now use hearing hours percentage (HHP) to contextualise data logging (Gagnon et al., 2020; Park et al., 2019). It promotes equating the period the child had access to sound with their HT (as measured through data logging) to the amount of time a child with normal hearing would have heard, otherwise called *hearing hours*. For children with normal hearing, hearing hours are equivalent to awake hours as they typically hear 100% of the time awake. HHP established this awake period of peers with normal hearing as the criterion metric for hearing hours (Gagnon et al., 2021). The American Academy of Sleep Medicine (AASM) published a consensus statement identifying the median sleep hours for different ages (Paruthi et al., 2016). Table 1 recaptured the AASM recommendation for median sleep time (including naps), adding the corresponding median awake or hearing hours accordingly. Using these parameters, HHP is calculated with the following equation: *HHP = average daily HT use/median awake time per age) * 100*. This manner of reporting HT use in children could improve caregivers' understanding and holds promise as it permits children of different ages to be compared with one another.

Table 1. Summary of the recommended sleep time and corresponding awake time, otherwise called hearing hours, for children of different age groups.

Developmental age	Slee	Hearing hours	
	Median sleep time (hours a day) ^a	Lower-upper sleep recommendations (hours a day) ^a	Median awake time (hours a day)
4-12 months	14	12-16	10
13-35 months	12.5	11-14	11.5
3-5.11 years	11.5	10-13	12.5
6-11.11 years	10.5	9-12	13.5

The data about awake and sleep time was published in the consensus statement of the AASM (Galland et al., 2012; Paruthi et al., 2016).

While HT fitting is standardly recommended after the diagnosis of childhood hearing loss (Health Professions Council of South Africa, 2018; Joint Committee on Infant Hearing, 2019), it does not necessarily guarantee full-time HT use. McCreery and Walker (2017) cautioned that all-day HT use in children is neither an achievable nor reasonable goal for families. Previous studies suggested that children generally use their HAs less than 8.5 hours a day (Gustafson et al., 2017; Jones & Launer, 2010; Moeller et al., 2009; Weston et al., 2014) and their CIs less than 10.5 hours a day (Busch et al., 2017; Easwar et al., 2016; Wiseman & Warner-Czyz, 2018). Jones and Launer (2011) collected data logging records from nearly 5000 de-identified HA software files across 60 clinics in the United States. In this large group of children aged ≤18 years, an average of 5.5 hours of daily HA use was recorded, with 40% of the participants demonstrating less than 4 hours of HA use daily (Jones &

Launer, 2011). Another multicentre investigation described average HA use of 8.4 hours a day in 290 (5 months to 7.1 year-olds) American children (Walker, McCreery, et al., 2015). This average daily HA use reported was similar to the findings from a multi-national European study (13 countries with 69 CI centres) of 407 paediatric CI recipients, indicating average CI use between 8.5 to 10.5 hours a day for CI recipients ≤12 years (Busch et al., 2017). Similarly, the recorded average use for a group of ≤18-year-old CI recipients from Canada averaged 9.9 hours a day (Easwar et al., 2016). In contrast, Wiseman and Warner-Czyz (2018) reported a lower average daily use of 7.6 hours a day in 71 paediatric CI recipients (9 months to 16.8-year-old children). Recently, Gagnon et al. (2020) described that the average HHP in 37 paediatric CI recipients (≤5-year-old children) was 63%, ranging from 18% to 117%. In another recent study, 40 toddlers (<3-year-old children) needed 17 months to achieve full-time use (defined as 80%) following CI activation (Park et al., 2019). Considering the average median awake times in children for different age groups captured in Table 1 (Galland et al., 2012; Paruthi et al., 2016), these above-mentioned studies reporting on HT use in children accentuate that children who use HT are not exposed to the same auditory experiences or hearing hours as their hearing peers.

When the goal for children with hearing loss is developing equivalent auditory-based outcomes (Joint Committee on Infant Hearing, 2019; Khoza-Shangase & Kanji, 2021; Walker et al., 2013), a better understanding of the factors that influence HT use is required. Several factors have previously been identified that consistently increased HT use in children, including higher maternal education (Marnane & Ching, 2015), older chronological age (McCreery et al., 2015), younger age at implantation (Easwar et al., 2016), more severe degrees of hearing loss (Marnane & Ching, 2015; Walker, McCreery, et al., 2015) and more cumulative auditory experiences (Archbold et al., 2009; Cesur et al., 2020). Conversely, limited HT use is associated with the presence of additional disabilities (McCreery & Walker, 2017), limited access to healthcare services (Wiseman & Warner-Czyz, 2018), insufficient benefit perceived (Muñoz, Larsen, et al., 2019), unsupervised contexts (Walker et al., 2013), and retention challenges (Muñoz et al., 2014).

It is not surprising that higher maternal education can positively impact both the language abilities of children with hearing loss (Yoshinaga-Itano, 2003) and their HT use (Marnane & Ching, 2015; Walker et al., 2017; Wiseman & Warner-Czyz, 2018). A higher level of maternal education is a common factor associated with the vocabulary and linguistic competence of children with normal hearing (Weisleder & Fernald, 2013), expectedly also influencing HT use in children with hearing loss. Walker et al. (2013) found an almost two-hour difference in daily HA use between children of mothers with a college or high school education and those with a lower level of education (Walker et al., 2013),

describing higher HA use in children whose mothers had a higher level of education. Maternal education was also associated with higher HA and CI use in 413 Australian 3-year-old children (Marnane & Ching, 2015). These authors suggested that increased HT use in children of mothers with a higher level of education may be related to the mothers' knowledge and insight into the positive link between robust child development and consistent HT use.

The age of the child was also identified as a common factor that can influence HT use (Busch et al., 2019; Cesur et al., 2020; Easwar et al., 2016; Marnane & Ching, 2015; Walker, McCreery, et al., 2015; Wiseman & Warner-Czyz, 2018). As older children sleep less than infants (Galland et al., 2012), it is presumed that they are awake longer and have more opportunities to have auditory experiences with their HT (Park et al., 2019). There is also some evidence that a more challenging temperament or factors related to emotional states, such as child health or disposition, more pronounced in younger children, can negatively influence HT use in children (Moeller et al., 2009). In addition, adults often need to assist younger children during HT insertion, placement, and general care and maintenance (Klein et al., 2019; Peters & Anderson, 2019). In contrast, older children are more mature, often making their own decisions about when and where they will use their HT (Gustafson et al., 2015; Klein et al., 2019; Peters & Anderson, 2019). This developmental maturity may either increase HT use because older children do not require assistance from adults or decrease HT use due to social pressures experienced (Wiseman & Warner-Czyz, 2018).

Another factor that could influence HT use relating to the child's age is their history of auditory experiences with HT or the duration of HT use (Cesur et al., 2020; Easwar et al., 2016). Easwar et al. (2016) identified a longer duration of auditory experiences correlated with more consistent CI use. A different study compared canonical babbling and early consonant production in <2-year-old children using either HAs or CIs with peers with normal hearing (Löfkvist et al., 2020). While they reported that a longer duration of CI experience promoted consistent CI use, it did not achieve a similar effect in the children using HAs. Similarly, Wiseman and Warner-Cruz (2018) also observed that the duration of CI experience was not significantly associated with daily device use.

Furthermore, the degree of the child's hearing loss was established as a predictor factor that influences HT use. The more severe the degree of hearing loss, the greater the need to use technology for awareness of environmental sounds and audibility of speech. Increased HA use was associated with moderate to severe hearing loss in older children (Muñoz et al., 2014; Walker et al., 2015, 2013). Marnane and Ching (2015) investigated how the degree of bilateral hearing loss in 3-year-old children influenced their HA and CI use. They used the *Parents' Evaluation of Aural/ Oral Performance of Children* (PEACH) questionnaire (Ching & Hill, 2007) to gather parental feedback

reporting device use. Their results suggested that 87% of the paediatric CI recipients (51 bilateral, 52 bimodal, and 13 unilateral CI recipients) used their speech processors full time (defined as \geq 7.5 hours a day) in comparison to 65% of the paediatric HA users (n = 297). The authors argued that HT use was higher in CI recipients as they had a more severe degree of hearing loss with less or no residual hearing compared to children who used HAs.

Additionally, the situational context wherein children use their HT can positively or negatively impact the usage thereof. Young toddlers demonstrated more consistent HA use in a supervised context at home because their caregivers could monitor retention (Moeller et al., 2009). Younger children using CIs are more susceptible to reduced use because of the positional challenges caused by objects such as headrests in car seats or strollers (Easwar et al., 2016). In contrast, 7- to 10-year-old children often only use their HT at school but prefer not to use it in social environments (Gustafson et al., 2017). Walker et al. (2013) agreed that specific environments could be problematic for maintaining consistent HA use, particularly for children with milder hearing losses, as they can follow some conversation without their HAs. In these contexts, caregivers may be more amenable to allow their children not to use their HT (Walker et al., 2015).

Finally, it is not surprising that households with a lower socio-economic status could be a factor associated with reduced HT use in children (Marnane & Ching, 2015; McCreery et al., 2015; Walker et al., 2015), considering the link between lower socio-economic status and poorer general health in children (Kivimäki et al., 2020). Wiseman and Warner-Czyz (2018) cautioned that low-income households could have more pressing needs such as medicine or food and fewer resources such as time and support systems than to spend their means on optimising HT use. Audiologists involved with children with hearing loss are also cognizant of the associated challenges when children fitted with HT live in economically disadvantaged circumstances. These include health literacy barriers such as lack of caregiver knowledge and awareness of the signs of childhood hearing loss (Brough & Kachaje, 2020; Bush et al., 2017; Joubert & Githinji, 2014) and the importance of early intervention (Lester et al., 2011; Merugumala et al., 2017). Financial barriers, such as the costs for transport to healthcare centres (Brough & Kachaje, 2020; Bush et al., 2014; Merugumala et al., 2017) and the out-of-pocket expenses for allied healthcare services (Hanass-Hancock et al., 2017; Scheepers et al., 2014), are also frequently reported. Wiseman and Warner-Czyz (2018) found a significant difference in the daily CI use of 71 children from Texas, United States, based on their medical insurance status. The children on government-funded healthcare exhibited fewer hours of CI use than those on private healthcare, suggesting a correlation between the lack of medical insurance and reduced CI use. Bearing in mind that HT use decreases as families' socio-economic status declines (Walker et al. 2013), the risk of poorer auditory-based outcomes for children with hearing loss burgeons when children grow up in such contexts.

Considering the multiple factors that can influence HT use as described above, it is evident that factors related to different domains, such as child, hearing, family, socio-economic, and intervention, could influence HT use in children. When promoting auditory-based communication outcomes in children with hearing loss, increased knowledge about all the relevant factors that influence HT use can improve evidence-based management strategies and approximate outcomes for children with hearing loss. In addition, exploration of predictive factors could identify extrinsic predictors that could be malleable, effectively creating enablers to professionals and families. However, there is a lack of evidence supporting hearing healthcare services supporting auditory-based outcomes in children with hearing loss, especially in resource-constrained settings like South Africa. While substantial reports from low- and middle-income countries (LMICs) are available on the burden of childhood hearing loss (Adadey et al., 2017; Orji et al., 2020; Ramsey et al., 2018; Stevens et al., 2013; World Health Organization, 2021), risk factors and aetiologies of childhood hearing loss (Adegbiji et al., 2018; Ahmed et al., 2017; Kuschke et al., 2020) and the limited otorhinolaryngology and audiological services available in LMIC settings (Bush et al., 2017; Fagan & Tarabichi, 2018; Khoza-Shangase & Kanji, 2021; Mulwafu et al., 2017; O'Donoghue et al., 2017; Peer, 2015), a general lack of evidence regarding any outcomes in children with hearing loss is noted. This paucity of evidence is even more pronounced when examining auditory-based communication outcomes in children with hearing loss from LMICs. Firstly, no evidence about HT use is currently available, except for a recent study from Turkey reporting average CI use for 4 to 8-year-old children (n = 32) of 10.5 to 12.3 hours (Cesur et al., 2020). Their results compared well with reports from high-income countries (HICs) like Canada (De Jong et al., 2021; Easwar et al., 2018), but generalisation to other LMICs settings should be considered cautiously. Turkey already implemented its national newborn hearing screening (NHS) program in 2004 (Bolat et al., 2009; Kemaloğlu et al., 2016), and access and availability to suitable HT, audiological and aural re/habilitation are well established (Bruijnzeel et al., 2017; Sevinç & Şenkal, 2021). Secondly, all current evidence of predictive factors for HT use in children originated from HICs (Busch et al., 2017; Marnane & Ching, 2015; McCreery et al., 2015; Muñoz et al., 2014; Muñoz, Larsen, et al., 2019; Park et al., 2019; Persson et al., 2020; Walker et al., 2013). Contextual research from LMICs, where more than 80% of children with hearing loss are born (World Health Organization, 2021), is required to guide paediatric hearing healthcare services in these regions appropriately (Desalew et al., 2020).

There is also limited investigation into other clinically relevant factors that could influence HT use in children with hearing loss, from either HICs or LMICs, such as the impact of multiple caregivers on HT use (Booysen et al., 2014a, 2014b), the child's ability to use HT independently (Klein et al., 2019), and regular aural re/habilitation attendance (Ekberg et al., 2020; Park et al., 2019; Wiseman & Warner-Czyz, 2018). While existing research provides insight into children with hearing loss's usage of either HAs or CIs (Gagnon et al., 2020; McCreery et al., 2015; Walker, McCreery, et al., 2015), there is a lack of evidence using similar methodologies when comparing recorded HT use of different HTs or HT fitting configurations. Identifying predictors of HT use in children from resource-constrained settings will enhance evidence-based hearing healthcare services that advocate optimal auditory-based communication in children with hearing loss. Therefore, this study investigated predictors of HT use in children and determined its prognostic significance in a diverse, unselected sample of children with hearing loss.

2. METHODOLOGY

2.1 Research Aim

This study aimed to identify and describe predictors of HT use in children with hearing loss.

2.2 Research Design

A retrospective cohort study design was employed to address the study's aim. This design allowed for clinical records of paediatric HT users to be reviewed to identify variables that could influence HT use. A retrospective study design was deemed appropriate for the current study as it allowed the analysis of a large sample of observational and clinical data (Wilkinson, 2016). Retrospective cohort studies examine recorded patient information from clinical records to answer specific research questions (Kaji et al., 2014) where the randomisation and manipulation of independent variables are not possible (Mertler, 2016). Patient clinical records are not only judged the gold standard for studies identifying predictive variables (Dillard et al., 2020; Gregory & Radovinsky, 2012), it is also considered an emerging tool in the communication sciences that can illustrate issues of considerable clinical impact (Wilkinson, 2016).

A cohort refers to a recruited subgroup of participants within a specific population sharing the same characteristics (Leedy & Ormrod, 2020). Cohort studies are also known as descriptive research since it aims to identify, describe, and interpret an observed phenomenon (Leedy & Ormrod, 2020). Descriptive research is non-experimental and is used to conduct quantitative research where variables are measured as they occur naturally (Mertler, 2016). As the purpose of quantitative research is to investigate a particular topic or activity through identifying relationships among quantifiable variables (Leedy & Ormrod, 2020; Mertler, 2016), the data collected in this retrospective record review was quantitative, pre-recorded, and patient-centred. Data logs, collected longitudinally, was used to answer the research question.

2.3 Participants

Children (<11 years of age) with hearing loss who use HT were considered participants for this study and were selected through non-probability convenience sampling. This technique allows the researcher to gather the sample from a cohort through a process that does not allow the entire population an equal opportunity to be included as participants (Etikan et al., 2016; Leedy & Ormrod, 2020). Convenience sampling emphasises generalizability, while the sample size increases the convenience sample's statistical power (Etikan et al., 2016; Gaeta & Brydges, 2020). The quantitative

nature of the research served to support the choice of a convenience sampling technique (Babbie, 2010; Etikan et al., 2016).

The study site was an auditory-oral intervention program, namely the Carel du Toit Centre in Cape Town, Western Cape. Presently, it is the only facility in South Africa that offers comprehensive care to children with hearing loss acquiring spoken language and their families (Carel du Toit Centre and Trust, 2021; Du Toit, 1975). Children diagnosed with hearing loss at various clinical settings (such as tertiary hospitals and private practices), aged between birth to 11 years of age can access one or any combination of the program's services, including family-centred early intervention, a pre-primary and foundation phase schooling program (supported by the Western Cape Department of Education), audiological management, support services such as speech-language therapy, occupational therapy and social work and two residences for short and long-term visiting families to the Centre. Most children spend multiple years in the program, accessing all or some of the support services offered (Carel du Toit Centre and Trust, 2021). Children from both public and private healthcare sectors are enrolled in the intervention program, making it mostly representative of the paediatric population with hearing loss in South Africa acquiring auditory based communication outcomes.

The following inclusion criteria were specified for participants:

- children (<11 years of age) enrolled at the Carel du Toit Centre between 2010 and 2018
- diagnosed with either a unilateral or bilateral hearing loss and including all types, degrees, and onsets of hearing loss
- fitted with digital HT (conventional HAs, CIs, and BCHDs) with data logging capabilities
- a record of at least three data logs with the same HT during a calendar year
- caregiver consent for anonymised data collection.

The clinical records of 556 children enrolled in the intervention program between 2010 and 2018 were available. Of these, six families declined consent for either prospective or retrospective data collection. Another 45 potential participants did not meet the criteria. A sample of 505 participants remained. While there were multiple years' data available for some children, the data from the coinciding calendar year with the most data logs were selected. Each child's data was only analysed once. The sample included children aged between birth to \leq 12 months (n = 50), 13 to 24 month olds (n = 59), 25 to 36 month olds (n = 54), 3.1 to 4 year olds (n = 51), 4.1 to 5 year olds (n = 58), 5.1 to 6 year olds (n = 53), 6.1 to 7 year olds (n = 51), 7 to 8 year olds (n = 36), 8-9 year olds (n = 48), 9-10 year olds (n = 39) and six children between 10.1 to 11 years of age.

A sample size and statistical power calculation were completed to ascertain that a suitable sample size was available (Gearing et al., 2006). Leedy and Ormrod (2020) advised that calculating sample size is critical because it provides a basis for estimating sampling error. Power calculations are relevant because it determines whether there were sufficient participants to answer the research question. In addition, Gaeta and Brydges (2020) advised that it is an essential step in any retrospective record review when carrying out speech, language, and hearing research. Given the final sample size of 505 participants and the effect size of (f2) = 1.546, a high-power level (α level = 1) was achieved to detect a false null hypothesis, indicating that a large enough sample was available to answer the research question.

2.4 Ethical Considerations

When conducting research ethically, one of the fundamental principles is protecting and safeguarding the human dignity and rights of the participants involved (Chabon et al., 2011). Researchers are responsible for applying this code in an honest, accountable, and ethically justifiable manner (Babbie, 2010). The study incorporated and adhered to guidelines relevant to the South African context (Department of Health Republic of South Africa, 2015; Health Professions Council of South Africa, 2008; Mouton, 2001; University of South Africa, 2016) as well as those specified to student researchers in the guidelines of the University of Pretoria's research's code of ethics (University of Pretoria, 2018). The fundamental ethical principles of justice, autonomy, beneficence, and non-maleficence were ensured by following these guiding principles and values. Furthermore, Institutional review board clearance (HUM010/0219) was obtained from the University of Pretoria's Faculty of Humanities' Research Ethics Committee before the collection of data commenced (Appendix A). The individual ethical principles and applications employed during the study are listed and explained in Table 2.

Table 2. Ethical principles applied in the research design (Department of Health Republic of South Africa,

2015; Health Professions Council of South Africa, 2008; Mouton, 2001; University of Pretoria, 2018).

Guiding principle

Application to the study

Informed consent

The principle of informed consent required that participants have the right to be informed of the research's purpose, the potential harm, and the extent to which their confidentiality and privacy will be maintained.

As the retrospective nature of the study did not involve active participation, informed consent could not be obtained from the participants or their caregivers. However, during admission to the intervention program, caregivers provided written consent to the intervention program to release information for research (Appendix B) without renewed consent required for new projects. Caregivers provided written consent to "access and copying rights of the child's medical, audiological and psychological records. This information may be used for the purpose of research, publications in scientific literature ... child confidentially will be maintained at all times."

The Carel du Toit Centre principal acts as custodian of the data in the participants' files and received an information letter (Appendix C) outlining the relevant details, such as the purpose of the study. The principal completed and signed a consent letter, permitting the release of the clinical records (Appendix D).

Right to privacy and confidentiality

Participants partaking in the research had the right to privacy and confidentiality, considering that privacy concerns participants, whereas confidentiality involves the participants' data. Privacy is concerned with who has access to the participant's personal information and records. Confidentiality refers to implementing appropriate measures to prevent information disclosure that might identify the participant either during the research or afterwards.

In retrospective research, data is separate from its source (a particular child) but still symbolises an individual. Throughout the study, participants' right to privacy was protected by handling their data with meticulous confidentiality. The researcher and the dataentry verification audiologist were the only persons who accessed the clinical records. Furthermore, a unique alpha-numerical code was assigned to each participant, only known to the researcher, ensuring confidentiality. This code was used in the electronic data capturing sheets so that any identifying information was omitted. Additionally, data was reported anonymously in the research article and the dissertation.

Storage of data

Confidentiality also refers to implementing appropriate measures to prevent information disclosure that might identify the participant (inadvertently or not) either during the research or afterwards. In addition, the Protection of Personal Information Act, 4 of 2013, require careful gatekeeping of raw data, computer safety, and locked record storage facilities. Deidentified data storage was required.

The raw data was entered, de-identified, managed and analysed on a restricted-access electronic data sheet secured on a cloud-based server during the study. After completing the study project, all data will be stored electronically at the Department of Speech-Language Pathology and Audiology, the University of Pretoria, on a password-protected computer for a minimum 15-year retention period (i.e., the year 2036). In addition, data will also be uploaded to the University of Pretoria's Research Data Repository (Figshare).

Guiding principle

Application to the study

Respect for persons (dignity and autonomy)

A primary concern is demonstrating respect for the dignity, wellbeing, and safety of the participants. The retrospective nature of the research ensured that there was no active participation. Therefore, participants were not exposed to additional expectations or unusual stress.

Protection from harm

The risk-to-benefit ratio had to be favourable, meaning that the likelihood of benefit from participation in the study outweighed the risk of harm to the participants, community, and society.

The retrospective nature of this study design prevented any exposure to risks to the participants of this research project.

Fair selection of participants

The selection, inclusion, and exclusion of participants were just, fair, and based on ethical and scientific principles.

Participants using HT from diverse demographical environments were included. There was no discrimination between participants on the grounds of any prohibited bases, such as age, economic status, marital status, religious belief, gender, disability, ethnicity, education, religion, marital status, social origin, or language.

Scientific integrity and ethical clearance

The research design, aim, and objectives were scientific, ensuring that the research's academic integrity was above suspicion.

This study incorporated a sound design to address the research aim. The research proposal was subject to ethical approval (HUM010/0219) from the Faculty of Humanities Research Ethics Committee, University of Pretoria (Appendix A).

Plagiarism

Researchers are obligated to their colleagues to produce original work, refraining from plagiarism.

The researcher attempted to avoid plagiarism and present her original work while acknowledging sources included (please refer to page 4 of this dissertation for the plagiarism declaration).

Release of findings

The principle of distributive justice required that the research study distribute the benefits of knowledge derived from the research. Results will be published, regardless of the study's outcome, in a timely, competent manner.

The researcher is publishing the results in a dissertation and research article (Appendix E), which may be used by and distributed to the public. Results will also be shared with the intervention program through a presentation and report.

Professionalism, competence, and experience

The researcher is part of a regulated profession and should exhibit professional characteristics such as answerability and integrity while upholding the quality and rigour of the research.

The researcher is experienced in Audiology and Speech Therapy due to her undergraduate qualification and 19 years of clinical experience. Additionally, the researcher engaged with two supervisors and other key role players at various research stages. The researcher (STA 0022101) and supervisors are registered with the Health Professions Council of South Africa.

2.5 Data Collection Material

The first step for this retrospective record review was to develop an electronic data collection tool for the study (Gregory & Radovinsky, 2012). The researcher piloted similar electronic data collection tools in earlier studies (Booysen et al., 2014b, 2014a; Booysen & Eksteen, 2017), which assisted in determining the feasibility of data abstraction from the clinical records of potential participants in this study (Kaji et al., 2014). Electronic data sheets are cost-effective in large investigations and allow for easier centralisation and access (Gearing et al., 2006; Juluru & Eng, 2015). However, manual entry is known to influence the validity of the data, so the format, units, and abbreviations of each value entered into the spreadsheet needed to flawless and uniform (Juluru & Eng, 2015). Subsequently, multiple strategies were built into the electronic datasheet to minimise errors, such as restricting response options (Kupzyk & Cohen, 2015) and automatically checking the syntax range entered (Juluru & Eng, 2015). Refining strategies and formatting guidelines (Gregory & Radovinsky, 2012; Juluru & Eng, 2015) were incorporated to make the datasheet logical and user-friendly. The electronic *Microsoft Office Excel* datasheet clarified, organised, and simplified the captured data.

The data collected for this study were extracted from the clinical records of the participants. Each child that enrolled at the intervention program had a comprehensive hard-copy clinical file that contained records of case history questionnaires, demographic information, speech and language assessment reports, individualised educational plan and goals, academic results, and reports from the various professionals on the multidisciplinary team. This is possible because each department at the research site, namely early intervention, audiology, occupational therapy, psychology, social work, speech-language therapy, schooling program, and general administration, creates childspecific files for the children under their care where all the documents collected and generated are retained. This profession-specific file is kept up to date within each department. Once a child graduates from the program, all these documents from separate clinical files are collated into one archived clinical folder. For example, routine capturing of audiological information included running case history notes, biannual diagnostic hearing assessments, HT verifications and validations, electroacoustic modifications to HT, and technical reports after HT service or repairs. HA verification results included aided and unaided speech audibility (speech intelligibility index), individually real ear to coupler difference measures, speech maps demonstrating HA targets and gain, generally within 5 RMS when appropriately fitted with suitable HT. The study site's standard audiological management protocol included collecting a minimum of one data logging recording per quarter with a screenshot of the HT use printed and filed in the patient file. This comprehensive recordkeeping system allowed the researcher to use the clinical records for data capturing retrospectively.

Specific data from different domains were targeted for data collection to address the study's aim: The different areas included demographic, family, intervention, socio-economic, audiology-related and HT information, including data logging records indicating HT use. Table 3 summarises each of these categories with the available data selected for data collection.

Dej	Dependent Variable			
Outcome variable - HT use				
 Multiple data logging recordings for each HT us 	sed			
First and the last date of data logs captured during the calendar year				
Indepe	ndent Variables			
Demographic information	Family information			
Gender	 Family history of HL 			
Population group	Parent with HL using HT			
 Additional diagnosed developmental 	Maternal level of education			
conditions	 Paternal level of education 			
 Language agreement (between home and 	 Number of languages used at home 			
education)	 Number of caregivers 			
Chronological age	 Marital status 			
Communication mode	 Family participation in intervention 			
ntervention information	Socio-economic status information			
 Regularity of professional HT check 	 Social disability grant recipient 			
Caregiver intervention attendance	• Transport subsidy to intervention recipient			
 Caregiver responsible for intervention 	 Food parcel subsidy recipient 			
Independent HT user	 Subsidised battery recipient 			
Parent comfort with HT	 Access to healthcare 			
	Travelling distance to the intervention site			
	Monthly family income			
Audiology-related information	HT information			
Type of HL	 Type of HT fitting or categories 			
Degree of HL (better ear 4FPTA)	Binaural HAs			
Bilateral or unilateral HL	Bilateral CIs			
Chronic otorrhea	Bimodal HT (CI and HA)			
• Onset of HL	Monaural HT (CI/HA) but bilateral HL			
Newborn hearing screening (NHS)	Monaural HT and unilateral HL			
Age at HL diagnosis	Bilateral HL and BCHD HT (BCHD and HA)			
Age at initial HA fitting				
	• Funding of HT			

• Best practice binaural audiological management of HL

• Site of audiological management

• Age at enrolment in intervention

Cumulative auditory experience with HACumulative auditory experience with CI

• Age at (initial) CI activation

Dependent Continuous Variable

HT use. The outcome variable was determined using the multiple data logging recordings in each child's clinical records collected during a calendar year as part of the standard audiological management protocol at the intervention program. Each of these logs had a coinciding start and end date, retrieved to determine the median chronological age during the period of HT use recorded.

Independent Categorical and Continuous Variables

Table 3 referred to the specific independent variables targeted for data collection to address the study's aim. The potential prognostic factors identified were defined as either categorical (dichotomous or polytomous) or continuous variables, depending on the available data. These independent variables will be discussed according to five different subsections: demographic, family, intervention, socio-economic, and audiology-related sections.

Demographic Information. Data collected from each clinical file included (a) gender (male or female); (b) population group; (c) additional developmental conditions; (d) language agreement; (e) chronological age; and (f) communication mode. The official population group classification terms in South Africa, Black African, Coloured, White and Indian/Asian (Statistics South Africa, 2016, 2018) were used to define race. The population groups Indian/Asian and Coloured were collapsed for statistical analysis. Additional developmental conditions were clustered as either a confirmed positive or negative diagnosis of developmental conditions such as attention deficit disorder or cerebral palsy. While the language of education and home language was recorded separately, the study used these two variables to determine the categorical variable language agreement. For this study's purpose, language agreement was defined to indicate whether the language at home and the language of education were the same or not. Median chronological age was determined during the data processing stage. For the ease of statistical analysis, chronological age, a continuous variable, was described in months throughout the study. Communication mode data were grouped into either an auditory-oral mode of communication or a bimodal communication mode.

Family Information. This subsection included the following: (a) a positive or negative family history of childhood hearing loss; (b) caregivers with a hearing loss who used HT or not; (c) maternal; and (d) paternal level of education; (e) number of languages used at home; (f) number of caregivers involved in the child's life; (g) parental marital status (married or other); and (h) family participation in intervention. Even though each caregivers' educational level information was available, it was decided to group it dichotomously as either an education level of matric or a higher

level of education versus an education level less than Grade 12. The study defined the number of caregivers involved as the number of people in a child's life taking responsibility for caring for the child, specifically relating to different home environments, such as a child who grows up in two homes. The data were bracketed into a dichotomous variable for analysis: a child with one primary home or multiple caregivers living in different homes. Family participation in intervention is a metric developed by Moeller (2000) that demarcated family participation into five categories ranging from *limited, below-average, average, above-average* to *ideal participation*. These five sub-categories were minimised into a dichotomous variable – good participation (*above-average* and *ideal*) versus limited participation (*limited, below-average*, and *average*).

Intervention-Related Information. This domain included (a) the regularity of a professional HT check; (b) caregiver responsible for the re/habilitation; (c) regular caregiver attendance of intervention appointments; (d) child ability to use HT independently; and (e) parent comfort with use and insertion of technology. The study defined the regularity of the professional HT check (at a minimum, a listening check with a stetoclip/microphone earphone and the *Ling* six-sound test) according to the frequency it occurred, either daily, weekly, or irregularly. The caregiver responsible for re/habilitation referred to the primary person who took responsibility for attending intervention appointments and communicating with the child's intervention team. This variable was bracketed to indicate the responsible person as either a parent or a non-parent, such as a grandparent. A metric of appointment attendance was calculated as the number of intervention sessions attended divided by the number of scheduled intervention appointments. This percentage score was then clustered into a dichotomous categorical variable. The sub-category regular caregiver intervention attendance was defined as a ≥75% attendance score, whereas the sub-category irregular adherence to intervention attendance referenced caregiver intervention attendance records of <75%. This criterion was based on earlier literature demonstrating that a minimum of ≥70% attendance to a treatment program (such as physiotherapy following a stroke or intervention for children with autism) was defined as adherence to treatment (Bennett et al., 2020; Carr et al., 2016; Carr & Lord, 2016; Lever et al., 2019; Ntamo et al., 2013). Data on the child's ability to independently use HT was bracketed as independent, referring to no adult assistance required versus dependent, referring to requiring any level of assistance with tasks such as insertion. Caregiver comfort with HT was based on the same two categories.

Socio-Economic Information. This dimension included (a) whether the child received a care dependency grant (social disability grant); (b) subsidised transport; (c) subsidised food parcels; and (d) subsidised disposable HT batteries. It further included (e) the child's type of access to healthcare

services; (f) one-way travelling distance to the intervention program; and (g) monthly family income. In South Africa, the government employs social assistance to improve living standards in society and is given to people who are vulnerable and require state support (South African Government, n.d.). At the time of data collection, the care dependency (disability) grant assisted full-time caregivers of children with disabilities with an R1780 (\$110) stipend per child per month (Hanass-Hancock et al., 2017). Medical doctors bestowed the care dependency grant to children with bilateral severe to profound sensory-neural hearing loss (SNHL) if the family could provide proof that they earned less than R20000 (\$1350) a month. Children with milder degrees of hearing losses or unilateral hearing losses do not qualify for this grant, nor do older children who can already communicate using spoken language (Davids et al., 2021; South African Government, n.d.; Störbeck & Young, 2016). The study bracketed the need for a transport subsidy into a dichotomous affirmation of a yes or no, considering that the monthly transport cost to the pre-primary school of the intervention program ranged between R650 to R1800 (\$58-\$123) a month per child. This also included covering 50% of a caregiver's public transport fare for weekly intervention attendance. This same metric (yes or no) was applied to the weekly subsidy of a food parcel and batteries. Every week, families can purchase a shopping bag filled with R150 - R200's (\$10 to \$14) worth of unperishable goods for the cost of R10 (<\$1), as sponsored by the intervention program. Families can receive six new battery cells in return for six depleted battery cells when visiting a primary healthcare clinic (subsidised by the Department of Health). Type of healthcare was grouped as public healthcare or private healthcare with a third category, combined, added. This was considered necessary due to the large number of children who had private medical insurance for hospitalisations but no benefit for allied health services or HT, requiring assistance from public health care for diagnostic assessments, HT, and intervention. One way travelling distance to the intervention program was bracketed into three categories, indicating <10 km, 10-50 km, or >50 km travelling distance. Family income was collapsed into one of the following three parameters, <R2999 (<\$208), R3000 to R9999 (\$200 to \$700), and >R10000 (>\$700) family income per month.

Audiology-Related Information. This domain included (a) the type of hearing loss; (b) the degree of hearing loss; (c) the laterality of hearing loss (unilateral or bilateral); (d) the presence or absence of chronic otorrhea; (e) the onset of the hearing loss; and (f) if the child had NHS or not. Furthermore, this category incorporated the categorical variables (g) the type of HT; (h) funding of HT; (i) best-practice audiological management; and (j) the site of audiological management. Also included were the continuous variables (k) child's age at diagnosis; (l) age at initial HA fitting; (m) age at enrolment in intervention; (n) age at initial CI activation; (o) cumulative auditory experience with HAs; and (p) cumulative auditory experience with CIs. The study minimised SNHL and auditory

neuropathy (ANSD) into one category, with conductive hearing loss (CHL) and mixed hearing loss (MHL) grouped into the other dichotomous category. For this study, the WHO classification system for degree of hearing loss (Emmett et al., 2016; Humes, 2019; Olusanya et al., 2019; World Health Organization, n.d.), based on a four-frequency pure tone average (4FPTA) of 500 Hz, 1000 Hz, 2000 Hz, and 4000 Hz in the better ear, was used to classify the degree of hearing loss. Five categories were available, namely normal hearing (≤26 dB HL), mild (26-40 dB HL), moderate (31-60 dB HL), severe (61-80 dB HL), or profound hearing loss (≥80 dB HL). While this classification system differs slightly from the well-recognised ASHA classification system (Clark, 1981), it aligns with the WHO recommendation to use a standardised method of classifying degrees of hearing loss. It is pertinent in LMICs, where information regarding childhood hearing loss is still scarce (Khoza-Shangase & Kanji, 2021). The onset of hearing loss was clustered in a dichotomous categorical variable, with congenital or early-onset hearing losses bracketed together and progressive or acquired hearing losses as the opposing category. The terms congenital and early-onset hearing loss generally indicate a hearing loss present at birth or diagnosed within the first three months of life, with late-onset hearing loss used to indicate the occurrence of hearing loss after a passed hearing screen or confirmation of normal hearing through audiological assessment, typically after three months of age (Joint Committee on Infant Hearing, 2019; Vos et al., 2019). When applying these definitions in a context where NHS is not standard practice, it is challenging, if not impossible, to differentiate between congenital and late-onset childhood hearing loss. Subsequently, considering the South African context, for the purpose of this study, hearing loss was coded as congenital or early-onset if sufficient evidence was available to suggest that the hearing loss was present before 12 months of age and considered delayed onset (progressive or acquired) if sufficient evidence suggested a change in hearing after 12 months of age.

For statistical analysis, HT fitting was ultimately clustered into six categories: Binaural HAs (bilateral hearing loss), bilateral CIs (bilateral hearing loss), bimodal (CI and HA- bilateral hearing loss), unilateral HT (HA, CI, or BCHD – but a bilateral hearing loss), unilateral hearing loss (unilateral hearing loss using either a HA or BCHD) and other (bilateral hearing loss using two BCHDs or a BCHD and HA combination). The data collected categorised ear-specific HT funding into multiple categories (self, medical aid, government, donated, loaner devices) and subsequently collapsed it into self-payment or subsidised HT. Ear specific funding was originally collected considering the large number of children with binaural HT funded independently of each other. As only the ear with the highest data logging's use was ultimately utilised in this study, the study associated the ear specific technology's funding with the ear with the highest data logging during the data cleaning phase. The variable best practice binaural audiological management was included because optimal auditory

access to sound facilitates auditory-based communication outcomes (Flexer & Wolfe, 2020; Klein et al., 2019; Walker et al., 2017) is not a given in South Africa. The audiology department at the study site completed ear-specific HA fittings, according to international guidelines and protocols (American Academy of Audiology, 2013; Bagatto, 2016; Bagatto et al., 2016; McCreery, 2013; McCreery et al., 2013; Stiles et al., 2012), allowing the researcher to determine whether each child gained earspecific optimal auditory access. Subsequently, for the purpose of this study, best practice binaural audiological management defined whether the child was binaurally optimally aided and received optimal auditory access with a type of device appropriate for the type and degrees of hearing loss, such as bilateral bone conduction hearing devices for children with bilateral atresia (American Academy of Audiology, 2013; Bagatto et al., 2019; Gordey & Bagatto, 2020; Health Professions Council of South Africa, 2018; Leigh et al., 2016; Simon et al., 2018). The site of audiological management referred to whether the child received coordinated audiological care at the same location where they received intervention or whether it occurred elsewhere, such as a private practice or a tertiary hospital. For the ease of statistical analysis, all these variables related to age or duration of use remained continuous variables and were recorded and analysed in months throughout the study. The term cumulative auditory experience was coined to describe the culmination of audibility, HA use, and early intervention or input over time (McCreery & Walker, 2017; Walker, McCreery, et al., 2015). This study used this term to similarly define the listening experience over time (including intervention and proof of audibility) since the fitting of HT.

To summarise, many potential independent variables from various domains, including demographics, family, intervention, socio-economic, and audiology-related and HT information, were collected from the children's clinical records. An electronic datasheet template was developed for data collection because of the sample size and amount of data per participant.

2.6 Data Collection Procedures

Gregory and Radovinsky (2012) recommended that a strategic approach to data collection would determine a retrospective chart review's success. The researcher attempted to prevent investigator bias by avoiding conflicts of interest (Kaji et al., 2014), applied for institutional ethical board approval (Appendix A), and had experience in data collection and capturing at the study site (Booysen et al., 2014b, 2014a; Booysen & Eksteen, 2017). In addition, the researcher attempted to employ a sound strategy before and during data collection so that the data's reliability, the outcome, and the significance of the research were enhanced (Mann, 2003).

The first step of data collection was obtaining informed consent to access the clinical records of children with hearing loss at the study site, namely the Carel du Toit Centre. The centre's principal

was approached as she acted as the custodian of the data in all the children's clinical records. An information letter (Appendix C) with an invitation to request clarification and discussion of the research project was used for this purpose. Subsequently, the principal provided signed consent (Appendix D), permitting the researcher access to the clinical records with the already available demographical, clinical, and outcomes data required for this research project.

Secondly, the data collection tool, namely the electronic data sheet template, was developed. This included developing a comprehensive key describing all the independent variables and an indication of collapsed categories required for later data cleaning and statistical analysis.

Thirdly, the researcher extracted clinical records from the intervention program's file repository. Files were only removed if the caregivers' signed consent to release information to the intervention program was available in the respective children's records. This document indicated that the caregivers provided written consent during admission to the auditory-oral intervention program that their child's de-identified data could be used for research (Appendix B). Ten files were removed from the secure room at a time and examined to allow data entry into the electronic datasheet.

Fourthly data capturing commenced. The researcher, directly involved with the participants due to her position as one of the clinical audiologists at the auditory-oral intervention program, was solely responsible for the coding and capturing of the retrospective data from the clinical records on the electronic datasheet for the purpose of this study. All data of participants who met the inclusion criteria were manually coded and entered anonymously, using a unique alpha-numerical code. The researcher prevented data capturing errors on the electronic datasheet by applying multiple safety-net procedures. One person captured the data on an electronic datasheet with drop-down categories, decreasing coding errors and ruling out inter-rater reliabilities (Vassar & Holzmann, 2013). Additionally, as the electronic datasheet was so large that manual inspection alone would be difficult to accomplish, the application of the *Microsoft Office Excel* tools such as *freeze panes*, *filter*, *find/replace*, and *hide/unhide* offered a way to ensure data consistency throughout.

Fifthly, data entries were verified. Quality monitoring of data entries was applied after every 10 entries in the electronic data sheet to identify any inconsistencies (Gregory & Radovinsky, 2012). Validation of data entry was completed randomly sampling 10% of the files and re-entering the data, applying a double-entry technique (Barchard & Pace, 2011) at the end of data collection. Furthermore, another audiologist, blind to the study's objective but co-audiological manager of the study site, randomly verified an extra 10% of data entries to cross-check high-quality data capturing

and to ensure that the data's accuracy, quality, and objectivity were not compromised (Leedy & Ormrod, 2020). Retrospective data was captured over seven months.

Lastly, the data was cleaned and prepared for analysis by conforming it to the formatting guidelines required for the statistical analysis package. The likelihood that errors will occur and be overlooked is higher when working with large data sets (Juluru & Eng, 2015). Therefore, all the data cleaning was done in *Microsoft Office Excel* using several key functions and formulas to enable an error-free spreadsheet. One of the steps taken during the data cleaning phase was collapsing some of the data into dichotomous variables rather than polytomous variables, such as the number of caregivers where a binary cut-off was created indicating one or more than one caregiver.

2.7 Data Processing and Analysis

The first step of data processing of this study was to calculate the outcome variable, that is, average HT use. HT fitting software automatically averages HT use (data logging) between the previous and current date whenever the HT is coupled to the HT programming software. Ear specific average HT use was calculated by adding the values of multiple data logs recorded through a year and dividing it by the number of recordings available. Concurrently, each child's age was calculated as the median between the age at the dates of the first and last data logs recorded during the calendar year. Thereafter hearing hours percentage (HHP) was calculated (Gagnon et al., 2020; Park et al., 2019). The HHP equates the amount of time the child heard with their HT to the amount of time an agematched peer would be awake and have access to sound. Accordingly, the median awake or hearing hours for a 4- to a 12-month-old child is 10 hours a day (12–16-hour sleep range), increasing to 11.5 hours (11-14-hour sleep range) for a 1- to a 3-year-old child, 12 hours (10-13-hour sleep range) for a 3- to a 5-year-old child and 13.5 hours (9-12-hour sleep range) for a 6-to 11-year-old child. Hearing hour percentage (HHP) was calculated through the following equation: HHP = average daily HT use/total awake time per age) *. As both ears' HT use values were similar, this study followed the same process as Marnane and Ching (2015) to select the ear with the highest data logging for statistical analyses.

The descriptive and inferential statistics were calculated using the commercially available statistical software package, SAS version 9.4. Descriptive statistics (means, standard deviations, and frequencies) were used to summarise the study participants (N = 505) in terms of 42 clinical characteristics. Six types of HT fitting sub-categories were created. However, to strengthen the statistical analysis, the 11 children included in the "bilateral hearing loss with BCHD HT" category (seven bilateral BCHD users and four bimodal HA and BCHD users) were excluded for inferential statistical procedures.

Subsequently, given the number of categorical and continuous variables included in the study, bivariate analyses were completed to determine the variables associated with the outcome variable and required to build the GLM model. Analysis of variance (ANOVA; α level = 0.01) was used to determine if there was a bivariate relationship between the outcome variable, average HT use, and the 35 independent, categorical variables. Simultaneously, Pearson's correlations (CORR procedure) were used to evaluate the degree of association between the seven continuous variables and the outcome variable, namely HT use. The bivariate analyses (ANOVA and CORR) significantly associated 31 of the 42 potential prognostic factors with HT use.

Finally, regression analyses were completed. Two general linear models (GLMs) were created to examine the categorical and continuous independent variables' influence on the continuous dependent variable. In the first GLM, all 31 significant predictor variables (p < .01) identified through both the ANOVA and the CORR analyses were entered into the model. Following this, the final GLM was built to generate predictive factors that simultaneously had the most significant effect on HT use. This final GLM model included all variables and was derived through a manual, step-by-step procedure. The model was run multiple times, systematically removing the non-significant variables with the highest p-value until the model was left with the only significant predictor. Throughout the entire regression analyses, a more conservative p-value was utilised to indicate statistical significance (p < .01), owing to the relatively large sample size and specificity of the research question. This p-value increased the accuracy of any significant results obtained while concurrently reducing the chance of any false positives. In addition, four-way, three-way, and two-way interaction effects were performed on the final GLM to investigate the combined or interactive influence of the categorical variables on the dependent variable, HT use.

2.8 Validity and Reliability

Drawing meaningful conclusions from a research study relies on the researcher's ability to gain credible and reliable data (Leedy & Ormrod, 2020; Nelson, 2017). The validity and reliability of the study were prioritised as follows:

The Validity of the Study

Thompson and Panacek (2007) explained that internal validity refers to how rigorously a study is designed and executed. In contrast, external validity refers to whether the study's findings can be generalised to other populations (C. B. Thompson & Panacek, 2007). Panacek (2007) warned against the potential for validity errors when reviewing retrospective records, such as clinical files. By understanding these possible pitfalls, the researcher attempted to uphold validity (also called

transferability) in the research design and planning phases (Leedy & Ormrod, 2020). The researcher applied the recommended strategies below to enhance the overall quality, reproducibility, and validity of data collected from the clinical records (Barchard & Pace, 2011; Juluru & Eng, 2015; Panacek, 2007; Vassar & Holzmann, 2013).

- Previous investigations were carried out by the researcher at the auditory-oral intervention program. These investigations (Booysen et al., 2014a, 2014b; Booysen & Eksteen, 2017) were also retrospective chart reviews, using similar participants and providing the researcher with insight into the institution's record retrieval procedures, data available in the clinical records, and the feasibility of data abstraction from the records. The researcher considered these pilot phases that increased the current study's validity (Vassar & Holzmann, 2013).
- An electronic datasheet was used to ensure accuracy, consistency, and reliability while reducing data collection errors (Juluru & Eng, 2015; Vassar & Holzmann, 2013). Gearing et al. (2006) recommended that a retrospective study's internal validity and reproducibility are enhanced when data was consistent. Standardization is vital to ensuring that the study data is of sound quality, as research conclusions can only be reliably drawn if done on accurate data (Dillard et al., 2020; Gearing et al., 2006).

The Reliability of the Study

Leedy and Ormrod (2020) defined reliability as the extent to which a measuring instrument yields a specific and consistent result about the characteristics being assessed when the measured entity has not changed. Reliability is thus synonymous with stability or consistency. The researcher enhanced the reliability of the study in the following ways:

- The research's reliability was maintained because of the type of research design, namely a retrospective cohort design. There was a lack of bias as the current study's outcome was not the original reason for collecting data (Mann, 2003).
- Data logging recordings are not dependent on the child's cooperation, responses, or recall. Readings are robust against response biases and reactive behaviour, thus ideal for controlled observations (Busch et al., 2017). The use of an objective recording or measurement, such as data logging, rather than a subjective personal report, improved the data and outcome variable's accuracy. This is important because evidence suggested that parents overestimate HT use by up to 3.6 hours a day (Meibos et al., 2016; Muñoz et al., 2013, 2014; Walker et al., 2013).

- The use of an objective method like recorded data logs likely also provided similarly consistent data for children of all ages (Easwar et al., 2016). Additionally, the time resolution obtainable from studies using parental reports is often either qualitative, for example, *most of the time* (Moeller et al., 2009), or categorical, for example, *never* or 1-4 hours a day (Marnane & Ching, 2015). An objective method improved sensitivity to minor differences and provided better resolution (in the order of hours and minutes) or precision in data obtained (Busch et al., 2017).
- Multiple data logs collected over a calendar year were averaged to increase the outcome variable's accuracy (HT use). The repeated measurement of the dependent outcome variable can help control the effect of faulty measures (Leedy & Ormrod, 2020; C. B. Thompson & Panacek, 2007).
- The researcher coded the data into the electronic data sheet for consistency. Quality monitoring of data entries was applied after every 10 entries in the electronic data sheet (Gregory & Radovinsky, 2012). Additionally, another audiologist, co-clinical manager of the participant sample, and blind to the study's objective, verified the data entries so that the data's accuracy, quality, and objectivity were not compromised (Leedy & Ormrod, 2020).

3. PREDICTORS OF HEARING TECHNOLOGY USE IN CHILDREN

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3.1 Abstract

Objective: To identify and describe predictors of daily HT use in children.

Design: Retrospective review of clinical records. Multiple regression analyses were performed to identify predictors.

Study Sample: The sample included 505 children (<11 years of age) using hearing aids (HAs), cochlear implants (CIs), and bone conduction hearing devices (BCHDs).

Results: Average HT use was 9.4 hours a day. Bivariate analyses yielded 31 potential predictors from the 42 variables included. The general linear model (p < .01, $R^2 = 0.605$) identified 10 interacting factors that significantly associated with increased HT use. Intrinsic predictors of increased HT use included older chronological age, more severe degrees of hearing loss, and older ages at diagnosis and initial HA fitting. Extrinsic predictors included the child's ability to independently use HT, at least one CI as part of the HT fitting, coordinated onsite audiological management, self-procured batteries, auditory-oral communication mode, and regular caregiver intervention attendance.

Conclusions: Average HT use was high, approximating hearing hours of peers with normal hearing. CI recipients demonstrated higher HT use compared to children using other HT. The newly identified factors can predict and increase HT use in children while contributing to evidence-based intervention services that promote optimal auditory-based outcomes.

Keywords: hearing technology use; hearing aids; cochlear implants; bone conduction hearing devices, children; data logging; predictors; childhood hearing loss, retrospective cohort study, general linear model

3.2 Introduction

Children with hearing loss have the same potential to acquire auditory-based communication as their peers with normal hearing (Flexer & Wolfe, 2020). Since access to the acoustic speech spectrum is a prerequisite for auditory-based communication outcomes (McCreery & Walker, 2017), the "eyes open, ears on" use of hearing technology (HT) is recommended following the diagnosis of childhood hearing loss (American Academy of Audiology, 2013; Flexer & Wolfe, 2020, p. 52). While

there is little direct evidence about what quantity of HT use is required in children with hearing loss (McCreery & Walker, 2017), it is reasonable to argue that HT use should approximate the hearing hours of peers with normal hearing to achieve similar spoken language and literacy outcomes. Consistent use of well-fitted HAs in children with hearing loss is associated with better vocabulary, grammar (Walker, Holte, et al., 2015), speech and oral language outcomes (Tomblin, Harrison, et al., 2015), whereas increased CI use is associated with improved receptive vocabulary, language and speech recognition in paediatric CI users (Cesur et al., 2020; Gagnon et al., 2020; Park et al., 2019).

The recommendation and fitting of HT, however, do not necessarily guarantee full-time HT use. McCreery and Walker (2017) cautioned that all-day HT use is neither an achievable nor reasonable goal for families. Evidence suggests that, on average, HA use in children ranges between 5-8 hours a day (Jones & Launer, 2010; Muñoz et al., 2014; Walker, McCreery, et al., 2015). Cl use ranges between 8-10 hours a day (Busch et al., 2017; De Jong et al., 2021; Wiseman & Warner-Czyz, 2018); a recent investigation found that it took 3-year-old paediatric Cl recipients 17 months to reach full-time use, defined as 80% (Park et al., 2019). There is no available data on the average use of bone conduction hearing devices (BCHD) in children. Consequently, children who use HT are not exposed to the same auditory experiences, both in quantity and quality, as their hearing peers (Flexer & Wolfe, 2020). When the goal is achieving equivalent auditory-based outcomes, a better understanding of the factors that influence HT use is required (Easwar et al., 2016; McCreery et al., 2015; Walker, McCreery, et al., 2015; Wiseman & Warner-Czyz, 2018).

Several factors have previously been identified that increased consistent HT use in children, including higher maternal education (Marnane & Ching, 2015), older chronological age (McCreery et al., 2015), younger age at implantation (Easwar et al., 2016), more severe degrees of hearing loss (Marnane & Ching, 2015; Walker, McCreery, et al., 2015) and more cumulative auditory experiences (Archbold et al., 2009; Cesur et al., 2020). Conversely, limited HT use is associated with the presence of additional disabilities (McCreery & Walker, 2017), limited access to healthcare services (Wiseman & Warner-Czyz, 2018), lack of perceived benefit (Muñoz, Larsen, et al., 2019), unsupervised contexts (Walker et al., 2013), and retention challenges (Muñoz et al., 2014).

While existing research provides insight into the usage of either HAs or CIs (Gagnon et al., 2020; McCreery et al., 2015; Walker, McCreery, et al., 2015), there is a lack of evidence comparing the objective use of different HTs or HT fitting configurations in the same study. Additionally, most evidence to date of predictive factors for HT use in children originated from high-income countries (Easwar et al., 2016; Marnane & Ching, 2015; McCreery et al., 2015; Park et al., 2019; Walker et al., 2013). Contextual research from low and middle-income countries (LMICs), where more than 90% of

infants with hearing loss are born (Davis & Hoffman, 2019), is needed to guide hearing healthcare services in these regions appropriately. There is also limited investigation into other clinically relevant predictors that could influence HT use in children with hearing loss, such as the impact of multiple caregivers on HT use and the effect of aural re/habilitation (Wiseman & Warner-Czyz, 2018).

Identifying predictors of various types of HT on the HT use in children from underserved settings will contribute to evidence-based hearing healthcare services that promote optimal auditory-based outcomes. Therefore, this study investigated potential predictors of HT use and determined the prognostic significance of these factors in a diverse, unselected sample of children with hearing loss.

3.3 Methodology

This retrospective study reviewed clinical records from a database of paediatric HT users to identify variables that could influence the use of HT. The study site was an auditory-oral intervention program, namely the Carel du Toit Centre in Cape Town, South Africa. This program offers a combination of family-centred early intervention services and specialized oral schooling to children with hearing loss between birth and 11 years of age from both public and private healthcare sectors. Institutional review board clearance (HUM010/0219) was obtained before data collection commenced.

Participant Inclusion Criteria

The following inclusion criteria were specified for participants:

- children (<11 years of age) enrolled at the Carel du Toit Centre between 2010 and 2018
- diagnosed with either a unilateral or bilateral hearing loss and including all types, degrees, and onsets of hearing loss
- fitted with digital HT (conventional HAs, CIs, and BCHDs) with data logging capabilities
- a record of at least three data logs with the same HT during a calendar year
- caregiver consent for anonymized data collection.

Data Collection

An electronic database was developed to capture retrospective data from the available clinical records of 556 children enrolled in the intervention program between 2010 and 2018. Of these, six families declined consent for either prospective or retrospective data collection. Another 45 potential participants did not meet the criteria. The final study sample included 505 paediatric HT users. Possible prognostic factors were identified from the retrospective data set and defined as

either categorical (dichotomous or polytomous) or continuous variables. For the purpose of this study, the degree of hearing loss was determined using the WHO classification system (World Health Organization, 1991, 2016, 2020). Accordingly, a better ear 4FPTA of <26 dB HL was considered normal hearing, whereas 26-30 dB HL was determined as mild, 30-60 dB HL as moderate, 61-80 dB HL as severe, and >80 dB HL as a profound degree of hearing loss. The characteristics of the sample population are summarized in Table 4 according to categorical and continuous variables.

Table 4. Summary of the sample population characteristics according to categorical and continuous variables (N = 505).

	Categorica	ll Variables	
	% (n)		% (n)
Demographic and Related Factors		Family Factors	
Gender		Parent with HL using HT	
Male	53.1 (268)	Yes	7.2 (36)
Female	46.9 (237)	No	92.9 (469
Population group ^a		Maternal level of education	
Black African	23.6 (119)	Primary/ high school	35.1 (176
Coloured	49.9 (252)	Matriculated	26.8 (135
White	26.5 (134)	Post-matric	38.1 (191
Additional diagnosed developmental condition	n(s)	Family participation in intervention ^b	
Yes	33.5 (169)	Average and below (1 - 3/5)	60.0 (303
No	66.5 (336)	Above average (4 or 5/5)	40.0 (202
Communication mode			
Auditory-oral	86.9 (439)		
Bimodal (visual and auditory)	13.1 (66)	Audiologic Factors	
Language agreement (home and education)		Type of hearing loss	
Equivalent	67.5 (341)	SNHL/ ANSD	83.6 (422
Different	32.5 (164)	MHL/CHL	16.4 (83)
		Degree of HL based on better ear 4FPTA c	
Intervention Factors		Normal (<26 dB HL)	1.9 (9)
The regularity of professional HT check		Mild (26-30 dB HL)	1.1 (6)
Weekly	36.6 (185)	Moderate (31 – 60 dB HL)	22.9 (114
Daily	50.1 (253)	Severe (61 – 80 dB HL)	23.9 (121
Irregular	13.3 (67)	Profound (>80 dB HL)	50.2 (253
Caregiver responsible for intervention		Chronic otorrhea	
Parent	62.8 (317)	Yes	15.3 (77)
Other	37.2 (188)	No	84.7 (428
Caregiver intervention attendance		The known onset of HL	
Poorly/ sometimes (<75%)	44.9 (227)	Congenital/early-onset	83.8 (423
Mostly/always (≥75%)	55.1 (278)	Progressive/acquired	16.2 (82)
Independent HT user		Newborn hearing screening	
No, low, some assistance required	64.3 (325)	Yes	32.9 (166
Independent	35.7 (180)	No	67.1 (339)
		Audiological management	
Socio-Economic Factors		Coordinated onsite	67.5 (341
Social disability grant recipient (\$108 a month))	Offsite premise (private /public health)	32.5 (164
Yes	53.5 (270)		•
No	46.5 (235)	Type of Hearing Technology Fittings	
Free batteries required		Binaural HAs	56.0 (283
Required	36.8 (186)	Bilateral CIs	14.5 (73)
Non-essential	63.2 (319)	Bilateral HL and bimodal HT (CI and HA)	13.5 (68)
Travelling distance to the intervention site		Bilateral HL but monaural HT (CI/HA)	8.5 (43)
<10 km	8.3 (42)	Unilateral HL and monaural HT (HA/BCHD)	5.4 (27)
10-50 km	77.0 (389)	Bilateral HL with BCHD HT (BCHD and HA) d	2.1 (11)
>50 km	14.7 (74)	,	• •

	Continuous Variables		
	n	Mean (age in months)	SD (range)
Chronological age	505	62.5	34.4 (3 – 133)
Age at HL diagnosis	505	29.9	22.0 (0 - 104)
Age at initial HA fitting	505	33.5	22.4 (1 - 105)
Age at CI activation	155	38.9	25.9 (4 - 122)
Age at enrolment in intervention	505	34.8	22.7 (2 - 105)
Cumulative auditory experience with HA	505	24.0	29.4 (0 - 115)
Cumulative auditory experience with CI	155	20.5	28.5 (0 – 106)

The South African population identifies as Black African, Coloured, Indian/Asian, or White (Statistics South Africa, 2016, 2018).

b Family Participation in Intervention scale (Moeller, 2000).

WHO classification of the degree of HL based on the better ear 4FPTA (World Health Organization, 1991, 2016, 2020).

Not included in the ANOVA and CORR procedures

Data Analysis

The first step of data analysis was to calculate average HT use. HT fitting software automatically averages HT use between the previous and current date every time the HT is coupled to the programming software. Ear specific average HT use was calculated by adding multiple data logs recorded through a calendar year and dividing it by the number of recordings available. Concurrently, each child's age was calculated as the median between the age at first and last data logs recorded. Thereafter HHP (Gagnon et al., 2020; Park et al., 2019) was calculated. The HHP equates the amount of time the child had access to sound with their HT to the amount of time a typically developing child would be awake and have access to sound, as recommended in the Consensus Statement of the AASM (Paruthi et al., 2016). Accordingly, the median awake or hearing hours for a 4- to a 12-month-old child is 10 hours a day (12-16-hour sleep range), increasing to 11.5 hours (11-14-hour sleep range) for a 1- to a 3-year-old child, 12 hours (10-13- hour sleep range) for a 3- to a 5-year-old child and 13.5 hours (9-12- hour sleep range) for a 6-to 11-year-old child. Hearing hour percentage (HHP) was calculated through the following equation: HHP = average daily HT use/total awake time per age) * 100. (see Paruthi et al. 2016 for more about average hours awake per age). As both ears' HT use values were similar, this study followed the same process as Marnane and Ching (2015) to select the ear with the highest data logging for statistical analyses.

Descriptive and inferential statistics were calculated using the commercially available statistical software package, SAS version 9.4. Descriptive statistics (means, standard deviations, and frequencies) were utilized to summarize the study population (N = 505) in terms of 42 clinical characteristics. Six types of HT fitting subcategories were created (Table 4, N = 505). However, to strengthen the statistical analysis, the 11 children included in the "bilateral hearing loss with BCHD HT" category (seven bilateral BCHDs and four bimodal HA and BCHD users) were excluded for inferential statistical procedures.

Subsequently, given the number of categorical and continuous variables included in the study, bivariate analyses were completed to determine the variables associated with the outcome variable and necessary to build the GLM model. Analyses of variance (ANOVA; α level = 0.01) were used to determine if there was a bivariate relationship between the outcome variable, average HT use, and the 35 independent (categorical) variables (Table 5). Simultaneously, Pearson's correlations (CORR procedure) were used to evaluate the degree of association between the seven continuous variables and the outcome variable, namely HT use (Table 6). The bivariate analyses (ANOVA and CORR) significantly associated 31 of the 42 potential prognostic factors with children's HT use.

Table 5. ANOVA analysis results (n = 494).

Categorical Factors	df	F Value	Pr > <i>F</i>	p < .01
Demographic and related factors				
Additional diagnosed developmental condition(s)	1	17.61	< .0001	*
Communication mode	1	75.51	< .0001	*
Language agreement between home and education	1	12.12	0.001	*
Population group	2	7.08	0.001	*
Gender	1	0.23	0.628	
amily factors				
Number of caregivers involved in child's life	1	247.27	< .0001	*
Family participation in intervention ^d	1	43.67	< .0001	*
Maternal level of education	2	18.65	< .0001	*
Paternal level of education	2	17.19	< .0001	*
Marital status of caregivers	1	12.80	0.0004	*
Parent with HL using HT	1	6.44	0.012	
Number of languages used at home	1	1.83	0.177	
Family history of childhood HL	1	0.91	0.341	
ntervention factors				
The regularity of professional HT check ^c	2	10.12	< .0001	*
Caregiver responsible for intervention	1	46.59	< .0001	*
Caregiver intervention appointment attendance	1	318.08	< .0001	*
Independent HT user requiring no adult assistance	1	584.76	< .0001	*
Caregiver comfort using HT	1	304.51	< .0001	*
ocio-economic factors				
Type of access to healthcare	2	14.57	< .0001	*
Transport subsidy to intervention recipient ^e	1	36.18	< .0001	*
Food parcel subsidy recipient ^f	1	71.85	<.0001	*
Subsidized battery recipient g	1	114.55	<.0001	*
Monthly family income	2	57.01	<.0001	*
Social disability grant recipient (\$108 a month)	1	12.12	0.0005	*
Travelling distance to the intervention site	2	2.13	0.1195	
udiologic and HT factors				
Type of HT fitting	4	24.84	< .0001	*
Site of audiological management	1	54.35	< .0001	*
Degree of HL (4FPTA in better ear) ^a	4	13.49	< .0001	*
Type of HL	1	22.86	< .0001	*
Best-practice binaural management of HL b	1	17.94	< .0001	*
Chronic otorrhea	1	22.10	< .0001	*
Bilateral or unilateral HL	1	13.01	0.0003	*
Newborn hearing screening	1	4.19	0.041	
Funding of HT	1	2.19	0.140	
Onset of HL	1	1.37	0.242	

^a Determined using the WHO classification of hearing loss (World Health Organization, 2020).

Pr > F: p-value of the F test (with F-test testing the significance of the mode)

Best-practice binaural audiological management of HL refers to both ears fitted with the indicated HT for the degree and type of HL. For example, behind-the-ear HAs are contraindicated for children with a mixed HL due to chronic otorrhea. (American Academy of Audiology, 2013; Bagatto et al., 2016; Fitzpatrick, Cologrosso, et al., 2019; Joint Committee on Infant Hearing, 2019).

c Irregularly/ weekly/ daily.

d Classified according to the family participation scale (Moeller, 2000).

Subsidized travelling costs provided by the intervention program to a caregiver (weekly) and child (daily) to access the intervention site.

f Families can purchase a non-perishable food parcel (average value \$10-\$14) weekly for <\$1 from the intervention site.

Families unable to procure readily available battery stock for use at home and school, regardless of the reason (e.g., finances, poor planning).

df: degrees of freedom

Table 6. CORR Procedure Results (n = 494).

Continuous Variables	n	Pearson Correlation Coefficients	Pr > <i>F</i> Prob > r under H0:	p < .01
			Rho=0	
Chronological age	494	0.515	< .0001	*
Cumulative auditory experience with HA	494	0.519	< .0001	*
Cumulative auditory experience with CI	155	0.434	< .0001	*
Age at CI activation	155	0.354	< .0001	*
Age at HL diagnosis	494	0.106	0.017	
Age at intervention	494	0.085	0.056	
Age at initial HA fitting	494	0.081	0.070	

Pr > F: p-value of the F test (with F-test testing the significance of the model).

Finally, regression analyses were completed. Two general linear models (GLMs) were constructed to investigate the categorical and continuous predictors' influence on the continuous dependent variable. In the first GLM, all 31 significant predictor variables (p < .01) identified through both the ANOVA and the correlation analyses were entered into the model. Following this, the final GLM was built to generate predictive factors that simultaneously had the most significant effect on HT use. This final GLM model included all variables and was derived through a manual, step-by-step procedure. The model was run multiple times, systematically removing the non-significant variables with the highest p-value until the model was left with the only significant predictor. Throughout the entire regression analyses, a more conservative p-value was utilized to indicate statistical significance (p < .01), owing to the relatively large sample size and specificity of the research question. This p-value reduced the chance of false positives while simultaneously increasing the accuracy of any significant results obtained. In addition, four-way, three-way, and two-way interaction effects were performed on the final GLM to investigate the combined or interactive influence of the categorical variables on the dependent variable, HT use.

3.4 Results

Hearing Technology Use in Children

The 505 children included in this study demonstrated average HT use of 9.4 hours a day (3.4 *SD*, 0.2-15.5 hours a day range) and a mean HHP of 74.3% (25.5 *SD*, 1.7%-118.6% range). The mean period between the first and last data logging measure was 8.2 months of HT use (2.4 *SD*; 2-12 months range). Figure 1 demonstrates HT use (hours a day) across different chronological age groups and concurrent expected awake or hearing hours (Paruthi et al., 2016). Older age groups were associated with higher HT use approximating the awake time or hearing hours of children with normal hearing.

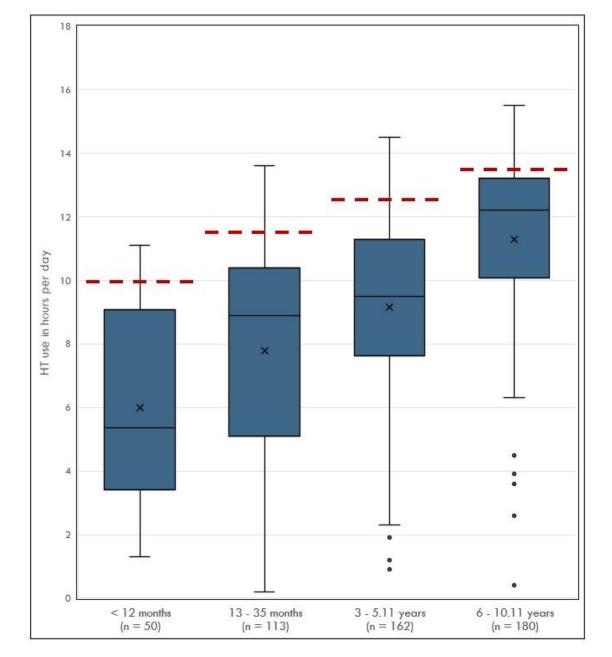


Figure 1. Average hearing technology use as a function of chronological age (N = 505).

The box plots represent HT use according to ages with the smallest observation, lower quartile, median (line), mean (x), upper quartile, largest observation, and the outliers (>1.5 times interquartile range = •). The dotted line indicates the expected median awake or hearing hours for each age group, as determined by the AASM (Paruthi et al., 2016).

Factors That Influenced Hearing Technology Use in Children

The bivariate analyses (ANOVA and CORR) indicated that 31 of the 42 potential prognostic factors included had a significant association with children's HT use. Table 5 summarizes the ANOVA analysis results (p < .01), and Table 6 condenses the CORR analysis results (p < .0.1).

The outcome variable was estimated using regression analyses (p <.01). The final GLM was highly significant (F (16,477) = 45.66; p < .01, R^2 = 0.605) and generated 10 significant predictor factors. Table 7 summarizes the 10 factors (seven categorical and three continuous variables) that emerged as significant predictors of HT use (n = 494). Simultaneous interaction of these factors included in the model accounted for 61% of the variance in HT use. When considering the categorical variables identified through the GLM, none of the four-way, three-way, or two-way effects was significant (p <.01).

Table 7. Linear regression analysis results of the final general linear model (n = 494).

GLM Predictors	df	Sum of	Mean	F Value	Pr > F	R ²
	16	Squares 3458.58	Square 216.16	45.66	(<i>p</i> -value) <.0001	0.605002
Type of HT fitting					<.0001	
Degree of HL					<.0001	
Older chronological age					<.0001	
Coordinated onsite audiological management					<.0001	
≥75% intervention attendance					<.0001	
Auditory-oral communication mode					<.0001	
Self-procured batteries					<.0001	
Child ability to independently use HT					<.0001	
Older age at HL diagnosis					0.0015	
Older age at initial HA fitting					0.0016	

df: degrees of freedom

Table 8 summarizes the predictor estimates of the seven significant (p < .01) categorical factors generated by the final GLM. The effect of the type of HT fitting on HT use (p < .0001) could be predicted when comparing it to the reference, namely bilateral HA users. The highest HT use was predicted for bilateral CI users (72 minutes more), bimodal CI users (61 minutes more), and children fitted monaurally (either a CI or HA) but a bilateral hearing loss (18 minutes more). Children with unilateral hearing loss and monaural HT fitting (HA or BCHD) had the lowest average HT use. Their HT use on average was 68 minutes less than the children fitted with bilateral HAs. More severe degrees of hearing loss (p < .0001) were predictive of higher average daily HT use. HT use in children with profound hearing loss (>80 dB HL) was estimated the highest at 16 minutes more than the estimated parameter or reference, namely severe hearing loss (60-80 dB HL). A moderate hearing loss (30-60 dB HL) was associated with 65 minutes less daily use and a mild hearing loss. (<30 dB HL) with 178 minutes less daily use compared to children with severe hearing loss. Coordinated onsite

Pr > F: p-value of the F test (with F-test testing the significance of the model)

R²: determination coefficient

audiological management (p < .0001) was associated with an increase in HT use of 74 minutes, compared to the HT use of children who received audiology services at other premises. Families with intervention attendance records of \geq 75% (p < .0001) predicted increased daily HT use of 76 minutes, compared to those children from families with less than 75% caregiver intervention attendance. An auditory-oral communication mode (p < .0001) was associated with 79 minutes more daily use than a bimodal communication mode. When children required subsidized batteries (p < .0001), their HT use was reduced by 67 minutes per day. Lastly, children who independently used their HT (p < .0001) increased HT use by 64 minutes a day, compared to those who required adult assistance.

Table 8. Predictor estimates of the seven categorical predictor factors generated by the final general linear model (n = 494).

Independent	Parameter	n	H	IT use	Estimate (SE)
Variable			Mean (h/day)	SD (95%CI)	
Type of HT	Binaural HAs	283	8.6	3.6 (8.2 - 9.0)	Reference
fitting	Bilateral HL but monaural HT (CI/HA)	43	9.4	3.1 (8.4 - 10.3)	0.300 (0.365)
	Bimodal HT (CI and HA)	68	11.0	2.1 (10.5 - 11.5)	1.192 (0.343)
	Bilateral CIs	73	11.4	2 (10.9 - 11.9)	1.015 (0.372)
	Unilateral HL and monaural HT	27	7.5	3.2 (6.2 - 8.8)	-1.144 (0.445)
Degree of HL	Severe (61–80 dB HL)	121	9.7	3.3 (9.0 - 10.3)	Reference
	Normal (<26 dB HL)	9	5.1	3.3 (2.5 - 7.6)	-3.222 (0.761)
	Mild (26-30 dB HL)	6	6.1	2.8 (3.1 - 9.1)	-2.976 (0.923)
	Moderate (31–60 dB HL)	113	8.4	2.7 (7.9 - 8.9)	-1.086 (0.298)
	Profound (>80 dB HL)	253	9.9	3.5 (9.4 - 10.3)	0.265 (0.299)
Audiological	Offsite premise	161	8.1	4.1 (7.4 - 8.7)	Reference
management	Coordinated onsite	333	10.0	2.8 (9.7 - 10.3)	1.247 (0.229)
Intervention	<75% caregiver adherence	221	8.1	3.6 (7.6 - 8.5)	Reference
attendance	≥75% caregiver adherence	273	10.4	2.8 (10.1 - 10.7)	1.278 (0.229)
Communication	Auditory-oral	428	9.8	3.1 (9.5 - 10.1)	Reference
mode	Bimodal communication	66	6.3	3.9 (5.3 - 7.2)	-1.321 (0.342)
Batteries	Subsidized	184	7.8	3.6 (7.2 - 8.3)	Reference
	Self-procured	310	10.3	2.9 (9.9 - 10.6)	1.121 (0.234)
Independent	Dependent on adult assistance	319	8.2	3.4 (7.8 - 8.6)	Reference
HT user	Independent	175	11.5	2.3 (11.1 - 11.8)	1.069 (0.255)

Table 9 consolidates the predictor estimates of the three significant (p < .01) continuous variables identified by the final GLM. Older chronological age (p < .0001), older age at diagnosis (p = 0.0015) and older age at initial HA fitting (p = 0.0016) predicted increased HT use.

Table 9. Predictor estimates of the three continuous predictor factors generated by the final general linear model (n = 494).

Independent Variable	Ag	ge (months)	Estimate (SE)
	Mean	SD (95%CI)	
Chronological age	62.7	34.6 (59.7 - 65.8)	0.038 (0.004)
Age at HL diagnosis	30.1	22.0 (28.2 - 32.1)	0.053 (0.016)
Age at initial HA fitting	33.5	22.3 (31.5 - 35.2)	0.053 (0.017)

3.5 Discussion

This study is the first to investigate predictors of HT use in a heterogeneous group of children using various types of HT. Average HT use in this study (9.4 hours a day *M*; 3.4 *SD*) compared well with more recent reports indicating average HT use in children between 9-11 hours a day (Easwar et al., 2018; McCreery & Walker, 2017). HT use approximated the hearing hours of normal hearing peers (Paruthi et al., 2016). Still, it fell short of the indicated >10 hours a day HA use found to be the minimum required to demonstrate language development gains in pre-schoolers (Tomblin, Harrison, et al., 2015). Most children in this study did not use their HT all waking hours, which implies less equivalent auditory experiences than children with normal hearing (Flexer & Wolfe, 2020). Language development, literacy, and knowledge will be negatively influenced if insufficient quantities and qualities of auditory information reach the brain, causing non-optimal neural connections (Kral & Lenarz, 2015). The investigation into predictors of HT use and the reported poorer outcomes in children with hearing loss, regardless of Early Hearing Detection and Intervention (EHDI), can support strategies to maximize HT use for optimal auditory experiences (Cupples et al., 2018; Tomblin, Harrison, et al., 2015; Tomblin, Oleson, Ambrose, Walker, & Moeller, 2020).

Older chronological age was a strong predictor of increased HT use in this study sample. This finding was in agreement with previous reports indicating that older age influenced HT use positively in children (Easwar et al., 2016; McCreery et al., 2015; Wiseman & Warner-Czyz, 2018). Older children are awake longer and have more opportunities to have auditory experiences (Park et al., 2019). On the other hand, typical developmental stages can influence HT use negatively, for example, reduced head and trunk support (Gagnon et al., 2020), the mouthing stage (Walker et al., 2013), as well as challenging temperament or state (Easwar et al., 2016). Retention solutions for children of younger

ages in challenging situations such as car seats could combat some of the difficulty caregivers experience facilitating HT use.

Higher average HT use was also associated with more severe degrees of hearing loss. Previous studies also found a greater perceived need to use HT when children had less residual hearing (McCreery et al., 2015; Walker, McCreery, et al., 2015). By anticipating that children with unilateral and milder hearing losses may be at risk for reduced HT use, enhanced support can be provided timeously. This is especially true for slight/mild degrees of childhood hearing loss where the perceived need may be minimized because of residual hearing. Families should be counselled regarding the potential negative impact of unaided milder hearing losses on developmental outcomes, including speech and language, academic performance, social interaction, behaviour, and health-related quality of life (Fitzpatrick, Coyle, et al., 2019).

This study was the first to demonstrate that children with a bilateral hearing loss, using at least one CI as part of their HT fitting combination (including unilateral, bilateral, and bimodal CI users) demonstrated significantly higher HT use when compared to children fitted with other HT combinations. Children with unilateral hearing loss and monaural HA/BCHD demonstrated the least HT use. Although the degree of hearing loss and type of HT is directly related and co-dependent, there is a lack of evidence comparing HT use in children using HAs and CIs employing similar methodologies. While Marnane and Ching (2015) investigated HA and CI use through subjective reports in 3-year-old children, the current study included the entire spectrum of HT types (except for ear-level remote microphone systems), utilized objective data logging as an outcome measure, and had a broader age range. Marnane and Ching (2015) proposed that CI use in children is most likely higher than HA use because the degree of hearing loss influences the need to access sound more regularly. The results of this study could suggest an additional consideration. Paediatric CI recipients generally receive more intensive intervention and follow-up appointments (Fulcher et al., 2012), allowing more opportunities to support increased HT use. Conversely, children with unilateral hearing loss using HT and those fitted with bilateral HAs with mild to moderate-severe hearing loss are more likely to receive less intervention and support as they demonstrate the most residual capacity for auditory-based outcomes (Moeller & Tomblin, 2015b).

In this study sample, an auditory-oral mode of communication significantly predicted increased HT use in children. While Archbold et al. (2019) indicated that an oral mode of communication was predictive of full-time CI use, it was based on parental report and evidence has since suggested that, at least for HAs, parents overestimate HT use by up to 3.4 hours a day (Muñoz et al., 2014; Walker et al., 2013). Recently, De Jong et al. (2020) examined the influence of parental communication mode

on CI use in children where parental communication was indicated as either oral communication, a combination of oral communication and sign language, or only sign language. Their results showed that parents using only sign language or a combination of sign and oral language was associated with reduced CI use. The current study suggests that children using an auditory-oral communication mode rely on auditory access to communicate, possibly increasing HT use. In contrast, children using bimodal communication may rely on audition less; therefore, the need for HT use may be less. While it is best practice to adhere to the caregiver preference for communication mode in aural re/habilitation, prolonged language deprivation for children with continued reduced HT use must be limited (W. C. Hall, 2017). Bimodal communication should be promoted when full-time HT use is unattainable for families, bearing in mind that proficient sign language use could also be an unfeasible expectation for the family.

Regular caregiver intervention attendance also predicted increased HT use. While the positive impact of caregiver participation in aural re/habilitation on the language development of children with hearing loss is well known (Erbasi et al., 2017; Flexer & Wolfe, 2020), less is known about how caregiver adherence to intervention appointments could influence auditory-based outcomes. Although both attendance and caregiver participation in intervention were identified through bivariate analysis in this study, only regular attendance was included in the GLM. The reason for increased HT use with regular caregiver intervention attendance could be attributed to these caregivers being more committed to their children's needs by recognizing the benefit they receive from therapy. Additionally, these families receive more frequent reminders of the benefit of HT use when interacting with a therapist and may indicate more engaged families. This unique finding supports the call for more sensitive and specific measurement tools of parental involvement and insight into paediatric aural re/habilitation (Erbasi et al., 2017).

Access to coordinated onsite audiological management at the intervention centre instead of an offsite premise was considered a strong predictive factor of increased HT use in this study. Though caregivers prefer streamlined audiological and intervention services for ease and practicality (Athalye et al., 2015), this study is the first to suggest that the coordination of services can positively influence HT use. A collaborative service could allow daily (school) or weekly (intervention) collaboration with the audiology department to investigate and address subtle signs of problematic HT use. Additionally, an onsite audiology department could also implicitly advocate that HT use is essential and prioritized for auditory-based communication outcomes, resulting in increased HT use.

In this study sample, the children who required subsidized batteries due to socio-economic circumstances had reduced HT use compared to those able to self-procure. Although the study's

bivariate analyses identified several factors associated with socio-economic circumstances as predictive factors (p <.01, see Table 5 for more information), such as accessing public health care (p <.0001), monthly family income (p = 0.0005), receiving a social disability grant (p <.0005), food parcels recipiency (p <.0001), and transport subsidies (p <.0001), self-procurement of batteries was the only factor included in the GLM. This specific finding could be considered counterintuitive as subsidized batteries are supposed to make it easier for children to achieve better HT use, despite socio-economic status. However, Wiseman and Warner-Czyz (2018) cautioned that low-income households could experience more pressing needs than HT use, as well as access to fewer resources, such as time and support systems. The families selected for battery assistance may experience more significant challenges than what can be addressed by the donation, subsequently not causing the desired effect, which is prioritizing and maintaining their child's HT use.

Older ages at hearing loss diagnosis and initial HA fitting predicted increased HT use too. This surprising finding that later diagnosis and HA fitting predicted increased HT use is probably related to the characteristics and context of the study sample. Most studies about HT use in children are from high-income contexts with effective EHDI programs for early detection, diagnosis, and intervention of childhood hearing loss (Cupples et al., 2018; Moeller & Tomblin, 2015b). McCreery and Walker (2017) recognized the diminishing effect of later diagnosis on HT use due to effective EHDI implementation in their context. The impact of delayed hearing loss diagnosis and intervention on HT use in an LMIC, like South Africa, is less clearly understood. In this sample, only a third of the children received NHS, resulting in delayed overall diagnosis (29.9 *M*, 21.9 *SD*, 0-104 months range) and initial HA fitting (33.5 *M*, 22.4 *SD*, 1-105 months range). These results could indicate increased caregiver insight into re/habilitation's impetus when children are older due to visible developmental delays. Furthermore, an auditory-oral intervention site could lay the groundwork for prominent advocacy and action regarding optimized HT use to "catch up" on auditory experiences. However, this finding requires further investigation, especially in LMICs, where delayed diagnosis and intervention are typical.

Children in this study demonstrated increased HT use when they could handle and use their HT independently compared to those who needed adult assistance. While the positive influence of older chronological age on HT use has already been discussed, this finding could be the first to indicate that independent HT use positively influences the use of HT in children. This finding suggests that children can approximate higher HT use when not dependent on adult assistance anymore and could be regarded as the first step towards developing self-advocacy skills.

The clinical implications of the study can be summarized according to three actions. First, professionals could *anticipate* that certain children with hearing loss (such as bilateral HA users or those with unilateral, mild, or moderate degrees of hearing loss) would be at risk for limited HT use when compared to children with more severe degrees of hearing loss and those using at least one Cl. In those cases, implementing immediate scaffolding strategies such as counselling and parent-to-parent support could have a positive effect. Secondly, predictors of HT use could be *manipulated* where possible to increase HT use, such as prioritizing coordinated onsite audiology services with intervention. Lastly, predictors that cannot be manipulated could be *mitigated*, such as chronological age, by incorporating multiple retention strategies for younger children. Consequently, this study's results could assist in guiding clinical services provided to children using HT and acquiring auditory-based communication outcomes.

To the authors' knowledge, the present analysis contributed the first investigation into objective HT use in children using various HT fitting configurations. Additionally, it is the first to consider a broader range of predictor variables across multiple dimensions to determine its influence on the use of HT in children. As a result, the study was able to comment on the use of different HT in children and identified predictors not previously described in the literature before. These include the type of HT fitting, an auditory-oral mode of communication, regular caregiver intervention attendance, coordinated onsite audiology management at the intervention site, self-procured batteries, older ages at hearing loss diagnosis and initial HA fitting, and the child's ability to use their HT independently. Additionally, because the study sample was diverse, unselected, and extracted from an LMIC, study results could be generalized to a broader population.

On the contrary, the multi-factorial influence of predictors on HT use was evident as factors not investigated still accounted for 39% of the sample's remaining variation. The study had additional limitations; for example, it could not create a distinctive type of HT fitting category for the children fitted with BCHD to be included in the multiple regression analyses. Further studies with more specific research questions and stringent inclusion criteria could address these, such as investigating the use of BCHD in children with chronic otorrhea.

3.6 Conclusion

Although HT use is a multi-factorial outcome measure, this study identified an extensive range of predictive factors that could predict and increase HT use in children. Intrinsic predictors of increased HT use in children included older chronological age, more severe hearing loss, and older ages at diagnosis and initial HA fitting. Extrinsic predictors of increased HT use identified included the child's ability to independently use HT, at least one CI as part of the HT fitting, coordinated onsite

audiological management, self-procured batteries, auditory-oral communication mode, and regular caregiver intervention attendance. While factors like the degree of hearing loss and chronological age cannot be manipulated or modified, identifying, and manipulating malleable predictors of HT use, such as caregiver intervention attendance and independent HT use, could positively influence children's developmental outcomes. This study identified a range of newly described predictor factors of HT use a diverse, unselected sample of children with hearing loss.

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4. DISCUSSION AND CONCLUSION

This retrospective cohort study aimed to identify and describe predictors of HT use in children with hearing loss. Exploring HT use and the factors that influence it should be prioritized by paediatric audiologists since HT use is the one recommendation most widely offered to families with a child with hearing loss (Flexer & Wolfe, 2020; Health Professions Council of South Africa, 2018; Joint Committee on Infant Hearing, 2019). While HT use remains only partially implemented (McCreery & Walker, 2017), audiologists arguably consider it the most critical factor required to maximize a child with hearing loss's natural potential to use listening to develop desired auditory-based outcomes (Busch et al., 2019; Cesur et al., 2020; Flexer & Wolfe, 2020; Gagnon et al., 2020; Sininger et al., 2010; Tomblin, Harrison, et al., 2015; Tomblin, Oleson, Ambrose, Walker, & Moeller, 2020; Tomblin, Oleson, Ambrose, Walker, McCreery, et al., 2020; Wolfe & Neumann, 2016).

The present analysis was the first to consider a broader range of predictor variables extracted from a developing context, including variables that have not been studied in any context previously. Accordingly, the study successfully identified and described 10 highly significant predictors and their influence on the use of various HT in children. Additionally, four of the predictors, both novel and extrinsic, are malleable (Moeller & Tomblin, 2015), signifying that intervention can change the outcome, namely HT use. Furthermore, this study was one of the first studies conducted in a developing context and included different HT. Hence, this study contributed to the last decade's scientific body of evidence supporting evidence-based practices in childhood hearing loss (Bagatto et al., 2016; Buchman et al., 2020; Ching, Dillon, Leigh, Cupples, et al., 2018; Dillon et al., 2013; Moeller et al., 2013; Moeller & Tomblin, 2015b, 2015a; Ramsden et al., 2012; Sharma et al., 2020; Smith et al., 2015; Tomblin, Harrison, et al., 2015; Yoshinaga-Itano, 2014).

4.1 Summary of Research Findings

Hearing Technology Use in Children

This study investigated the predictors of HT use in a heterogeneous South African cohort of 505 children <11 years of age using various types of HT. Average HT use in this study (9.4 hours a day M, 3.4 SD, 74.3% HHP) compared well with more recent reports averaging HT use in children between 9 to 11 hours a day (De Jong et al., 2021; Easwar et al., 2016; Park et al., 2019; Persson et al., 2020), approximating the hearing (awake) hours of normal-hearing peers (Paruthi et al., 2016).

HT use in this sample surpassed the recommendation of full-time use, defined as 8 hours a day (Easwar et al., 2016; Walker, McCreery, et al., 2015; Wiseman & Warner-Czyz, 2018). However, it fell

short of the indicated >10 hours a day HA use found to be the minimum requirement to demonstrate language development gains in pre-schoolers (Tomblin, Harrison, et al., 2015). Additionally, all age groups included in this study sample fell short in reaching both the more recently suggested criterion of 80% HHP (Park et al., 2019) and the all-day "eyes open, ears on" endorsement regularly prescribed in clinical settings (Flexer & Wolfe, 2020, pg 52). Subsequently, this study reinforced the evidence from the last decade that children from various contexts and with a range of audiological configurations and HTs do not use their HT equivalent to the hearing hours of their typical hearing peers (De Jong et al., 2021; Easwar et al., 2016; Marnane & Ching, 2015; McCreery et al., 2015; Muñoz et al., 2018; Walker, McCreery, et al., 2015; Wiseman & Warner-Czyz, 2018). The results highlighted that the children in this study sample had potentially fewer hearing hours and resultant less auditory experiences than children with normal hearing. Less auditory experiences continue to be a concern for paediatric audiologists since knowledge and insight into the developing auditory brain are expanding while the implication of auditory deprivation becomes more delineated (Flexer & Cole, 2020; Gordon et al., 2003; Kral et al., 2016; Kral & O'Donoghue, 2010; D. R. Moore & Shannon, 2009; J. K. Moore & Linthicum, 2007). When insufficient quantities and qualities of auditory signals reach the brain, non-optimal neural connections occur that negatively influence language development, literacy, and world knowledge in children with hearing loss (Kral & Lenarz, 2015).

Predictors of Hearing Technology Use in Children

The study examined 42 categorical and continuous variables across different domains (demographic, family, intervention, socio-economic, audiology and HT-related). Firstly, bivariate analyses (p <.01) identified 31 of the included variables as statistically significant predictors of HT use. Secondly, multi-regression analyses identified 10 interacting variables (p <.01, R^2 = 0.605) predicting increased HT use. Intrinsic predictors of increased HT use included a more severe degree of hearing loss, older chronological age, older age at hearing loss diagnosis, and older age at initial HA fitting. Extrinsic predictors included the child's ability to independently use HT, using at least one CI as part of the HT fitting, coordinated onsite audiological management, self-procured batteries, an auditory-oral communication mode, and regular caregiver intervention attendance. Additionally, four of the predictors, both novel and extrinsic, are malleable. Moeller and Tomblin (2015) defined malleable factors as any child- or family-specific variables that can be amended as it has the potential to change as part of the intervention.

The complexity of the outcome variable, namely HT use, was recognized when 42 variables across various domains were included and analysed using multiple statistical adjustment procedures. Still, the 10 variables generated by the GLM analyses only accounted for 61% of the variation.

4.2 Clinical Implications

One of the primary reasons clinical audiologists engage in research is to safeguard the delivery of evidence-based audiology services while enabling their patients to achieve the best possible outcomes (Boisvert et al., 2017; Nelson, 2017). The clinical recommendations of this study are discussed according to three themes: HT use in children, predictors of HT use in children, and clinical implications for LMICs and other resource-constrained settings.

Hearing Technology Use in Children

The average HT use reported in this study (9.4 hours a day), together with its corresponding HHP (74.3%), indicated a daily deficit in hearing hours of 1 to 4 hours a day or 10% to 40% compared to peers and depending on age. This finding illustrates that partnering with families is a complex journey, that each family and their road is unique, and that audiologists require a comprehensive approach with various strategies to facilitate optimal spoken language outcomes in children with hearing loss. Subsequently, the implications of this research finding suggest that audiologists could expand their thinking and practice in addition to typical service delivery. The results from this study provide two added solutions to clinical practice —intensifying and compromising expectations of HT use in children.

Firstly, it could be a call to intensify audiologists' efforts promoting full-time HT use to facilitate auditory-based communication outcomes. Consequently, this can direct audiologists to recommend increasing the *quantity* of hearing hours or auditory experiences by increased HT use. The result could suggest that regular and ongoing monitoring, collaboration, and coaching of families are required to foster optimal HT use in children with hearing loss. Therefore, data logging information should be accessed more easily and frequently by parents and professionals (Muñoz et al., 2017). While hands-on and face-to-face consultation has significant value for families raising children with hearing loss, recent eHealth solutions offer novel opportunities to support parents with HA management (Muñoz et al., 2017; Muñoz, Nagaraj, et al., 2020; Whicker et al., 2020). Muñoz and colleagues demonstrated that virtual visits allowed data logging records to be collected more frequently, allowing for practical problem-solving and increased HA use by 7 to 10.5 hours a day over six months. More recently, they also found that their eHealth program resulted in significantly greater gains in the knowledge, confidence, perceptions, and monitoring skills related to HA

management of caregivers (Muñoz et al., 2021). This current study supports the calling for higher expectations of full-time HT use, a minimum of 10.5 to 13.5 hours a day, depending on age (Gagnon et al., 2020; Park et al., 2019). Audiologists can be encouraged to define and label all-day HT use in corroboration with developmental ages and respective awake hours (Galland et al., 2012; Paruthi et al., 2016) when collaborating with families to achieve age-equivalent auditory-based outcomes. A discussion about potential ways in which the quantity of hearing hours through HT use can be increased will follow in the next section (Table 10).

Secondly, the study results are also in agreement with McCreery and Walker (2017), who cautioned that all-day HT use is an unreasonable goal for families. This argument alludes to conceding that children's HT use cannot equate to their peers' hearing hours. In other words, audiologists could recognize that HT use will remain less than the hearing hours of hearing peers and that reduced use with ensuing reduced cumulative auditory experiences could possibly result in reduced auditorybased communication outcomes. Consequently, this can guide audiologists to focus their recommendations on promoting HT use on the quality of hearing hours and auditory experiences, rather than just the quantity of hearing hours through HT use (In other words, use HT when it matters). Furthermore, results could give audiologists supportive evidence to counsel families that while age-appropriate spoken language outcomes are desired, achieving it based on full-time use is an unrealistic expectation. Audiologists can be encouraged to pro-actively recommend language and literacy scaffolding techniques to combat childhood hearing loss's pervasive effects on communication, literacy, and social-emotional well-being. The study's findings of HT use in children could remind the child's intervention team that comprehensive paediatric hearing care remains critically important. Specifically, the journey to auditory-based communication outcomes does not end with detection, diagnosis, and fitting of HT. Instead, it is a lifelong journey of re/habilitation (Ekberg et al., 2020; Erbasi et al., 2018; Hawley et al., 2017; Joint Committee on Infant Hearing, 2019; Khoza-Shangase, 2019; Muñoz, Price, et al., 2019; Tomblin, Oleson, Ambrose, Walker, & Moeller, 2020).

Predictors of Hearing Technology Use in Children

The current study results can empower audiologists with clinical applications or enablers that could intensify their efforts to increase HT use by focusing on three actions. First, audiologists could *anticipate* that some children could be at risk for limited HT use. Secondly, audiologists could *utilize* some of the extrinsic factors that were identified to create more enabling environments. Thirdly, audiologists could *mitigate* intrinsic factors that cannot be manipulated. Table 10 summarizes the clinical enablers of the predictor factors of HT use by highlighting each factor and providing possible

corresponding actions. While these corresponding actions suggested are not a direct consequence of the findings of the study, it is supported by evidence, and can guide audiologists in their thinking and service provision.

Table 10. Factors that could reduce hearing technology use in children and corresponding actions to enable increased HT use.

Predictor of reduced HT use in children	Clinical actions to combat predictive factors of reduced HT use					
Younger chronological ages	Multiple age-related issues can influence HT use in children, including retention, parental emotional concerns, internal barriers, parent decision making and behaviour or temperament challenges.					
	Audiologists could pre-emptively employ specific retention strategies for particular age groups to allow for consistent use, such as pilot caps during the developmental stage of mouthing and during positional challenges such as car seats or prams (Blaiser & Thompson, 2019; Muñoz et al., 2014, 2016; Wiseman & Warner-Czyz, 2018). An onsite retention library at the audiology clinic, where families can see and trial different retention solutions available (Anderson & Madell, 2013), would be more empowering than advising families to do their own research and find what works for them. Alternatively, HT manufacturers could build partnerships with specific retention-solution companies and provide these solutions as part of the HT fitting package.					
	Parent emotions such as grief, remorse or distress can play a prominent role in how enabled caregivers start and continue the re/habilitation journey with younger children (Meibos et al. 2016; Muñoz et al., 2016; Scarinci et al., 2018). For example, it is quite normal for the child to cry and wriggle during the containment required for easy HT placement with younger children. This distress by the child can potentially alarm caregivers that they are hurting their child or that the child rejects the HT (Muñoz et al., 2015). Experiences such as these can caus emotional distress to caregivers when they do not react in a way they anticipate or desire. Additionally, the use of HT can be interpreted as an outward manifestation of an invisible disability. It can make the adjustment and acceptance of the hearing loss and use of HT harder (Khoza-Shangase, 2019). Moms and tots groups are critical to assist and normalise this process for parents (Fulcher et al., 2012) and regular interaction with other older children using HT and their families (Peters & Anderson, 2019). Audiologists are encouraged to create continuously safe spaces for caregivers to share their fears and feelings without feeling criticized (Muñoz, Edelman, et al., 2020). This can be especially relevant to caregivers with younger children.					
	The reader is advised to refer to Table 1, page 13 of this dissertation, based on the American Academy of Sleep Medicine guidelines and endorsed by the American Academy of Paediatrics (Paruthi et al., 2016), where expected awake or hearing hours per age is tabulated.					
Children who do not use a CI as part of their HT fitting combination	The results from this study do not imply that children should become bimodal users to improve HT use. Instead, the clinical implication could be that the quantity and quality of audiological services to children with HAs and their caregivers and those with a CI need to be comparable (Moeller & McCreery, 2017).					

Predictor of reduced Clinical actions to combat predictive factors of reduced HT use HT use in children Implementing frequent, longer-term monitoring of HT use could be required for those Children with unilateral, mild to children with unilateral or milder degrees of hearing loss or those who do not use a CI (Ambrose et al., 2020; Muñoz, Larsen, et al., 2019; Walker, 2020). severe hearing losses The importance of incidental listening (Guerzoni & Cuda, 2017; Walker, McCreery, et al., 2015), hearing over distance (E. Thompson et al., 2020; Walker, 2020), and listening fatigue (Bess et al., 2020; Hoffman et al., 2019; Walker, 2020) could be re-emphasized. Counselling and interaction with these children and their families can be amended to increase awareness of the detrimental effects of inconsistent HT use. Additionally, specific simulations demonstrating the effect of HT use in these challenging listening environments could enhance caregiver's insight and motivation to encourage fulltime HT use (Ambrose et al., 2020; Tran et al., 2016). Children whose Audiologists have various counselling strategies (American Speech-Language-Hearing hearing loss was Association, 2008; Meibos et al., 2016; Muñoz et al., 2014; Preston et al., 2017; Weston et al., 2014) that can be applied for different scenarios such as earlier and later identified children. diagnosed earlier/ at a younger age Families with earlier identified children could receive reassuring informational counselling messages such as "we got it in time" (Muñoz et al., 2017; Whicker et al., 2019). On the other hand, families with later diagnosed children could receive explicit directive messages such as "everyday matters, no time to waste" (Appenzeller & Ambrose, 2020). This directive Children who had counselling method (Watermeyer et al., 2017) could be employed for all children, regardless their initial HA fitting of ages at diagnoses and HA fitting, motivating families to establish consistent HT use quicker. earlier/ at a younger age More regular confirmation of what the family interpreted as the unspoken message conveyed during counselling could be necessary for families with children diagnosed earlier (Tran et al., 2016). Furthermore, when infants start using HT at a young age and present with, for example, 8 hours of daily HT use, at the first follow-up consultation, the appropriate message shared with the family could be that they have made an excellent start using HT (Scarinci et al., 2018). However, counselling that HT use should increase with age is potentially not discussed explicitly or monitored regularly. It is possible that the priority of aural re/habilitation is not as clearly defined with children who were earlier diagnosed and timeously fitted than with children who were diagnosed and fitted later (Walker et al., 2014). Priority could be given to accelerating initial HA fitting and enrolment in intervention for both early and late-diagnosed children, which in turn supports HT use to develop auditory-based communication outcomes. Irregular caregiver Reasons should be explored to determine why intervention session attendance is irregular for intervention certain families (Brough & Kachaje, 2020) and what support strategies could enable these attendance caregivers to increase attendance (Davids et al., 2021; Kanji, 2018; Watermeyer et al., 2017). A solution could include those clinical services to be adjusted to complement caregivers' work hours and methods of transportation. Investigation into alternative methods that ensure regular caregiver intervention attendance is recommended. Tele-intervention holds significant promise of easy to access aural re/habilitation services, especially for families with available data, high-speed internet, and computer screens that allow for equivalent therapy sessions (Bush et al., 2014; Govender & Mars, 2017; Havenga et al., 2017; Kanji, 2021; McCarthy et al., 2019). Investigation into how tele-intervention models could be practical, sustainable, and provide equivalent auditory-

screens are not available, could also be considered (Havenga et al., 2017).

based communication outcomes in settings where data, connection speed, and functional

Predictor of reduced Clinical actions to combat predictive factors of reduced HT use HT use in children Different sites for Coordinated same-site audiology and intervention services could be prioritized and intervention and established (Alduhaim et al., 2020; Ching, Dillon, Leigh, Cupples, et al., 2018). In turn, such an audiology arrangement could both improve caregiver intervention attendance and provide additional management opportunities to monitor HT use in children with hearing loss. Alternatively, different-site audiology and intervention services will need to connect more purposefully and regularly. The rapid development of eHealth and communication solutions can play an active part in building more effective collaboration (Muñoz et al., 2017; Nickbakht et al., 2020). This can include coordinated message groups on instant message platforms such as WhatsApp and online chats (Davids et al., 2021; Nickbakht et al., 2020). Depending on adult Purposively empowering younger children to ask for assistance and subsequently insert and assistance to insert use their HT independently could develop self-advocacy skills and increase HT use (Klein et and use HT al., 2019; Kleinert et al., 2010). Caregivers could be encouraged to have developmental targets for independent use for children (Kleinert et al., 2010; Muñoz et al., 2017). For example, it can be appropriate for 12to 18-month-old toddlers to position the coil independently, with a hand-over-hand strategy. Children from 24 months and older could be encouraged to do the earmold's last little push into the ear canal to ensure a snug fit. Children who are 30 months and older could be responsible for positioning the behind-the-ear HA on the pinna after caregivers have inserted the ear mould. The development of independence of HT care (Klein et al., 2019; Page et al., 2018) can lay the foundation for the early development of self-advocacy and selfdetermination skills. This way, children with hearing loss can be empowered to be actively involved in attaining their educational, vocational, and social-emotional ambitions (Kleinert et al., 2010). Another point central to this factor could be caregivers' emotional state and motives; determining their capabilities to understand their child's HT use depends on their actions. Caregivers face multiple challenges that can interfere with HT use, such as managing challenging child behaviour (resistance to insertion), gaining confidence with HT use, as well as fear about how others will react to their child (Muñoz et al., 2015; Muñoz, Price, et al., 2019). These emotional states can influence their capability to insert and use HT for children depending on their assistance. Targeted caregiver support to optimize HT use, especially through telehealth applications, could purposefully address the needs of families (Muñoz et al., 2017). Subsidized batteries Audiologists could identify families who need subsidized battery stock early in the required audiological re/habilitation process and continue fostering regular engagements and support about effective battery procurement (Lasisi et al., 2006). Within the study's context, the Department of Health's audiology clinics use a protocol where six depleted battery cells can be exchanged for six fresh ones. However, caregivers need to have time and transport to travel to a primary healthcare clinic, possibly suggesting that there will be a time when the child is without access to their HT. Families eligible for subsidized batteries could receive bulk stock or be allowed to retrieve additional stock at their convenience before their current stock is depleted.

The availability of rechargeable batteries in paediatric HAs (Freeman, 2017; Johnson, 2017) could improve regular HT use without relying on the procurement of battery cells anymore.

Predictor of reduced HT use in children	Clinical actions to combat predictive factors of reduced HT use
Bimodal	Communication mode is fluid in the early years of children with hearing loss ((M. L. Hall,
communication mode	2020; Kushalnagar et al., 2010; Thomas & Zwolan, 2019; Watson et al., 2006), with the developmental outcomes determined by audibility, early intervention and family expectations.
	The development of listening and spoken language is founded on audibility (Flexer & Wolfe, 2020; Percy-Smith, Tønning, et al., 2018; Wolfe & Neumann, 2016). Families need to grow in their understanding that to achieve this desired goal, optimal HT use is essential. This can be achieved by parent-to-parent meetings, mentoring, and purposeful partnerships with older children who are successful HT users and auditory-based communicators (Hintermair et al., 2018).
	Unbiased information about access to language without HT should be shared with families to foster understanding of the benefit of bimodal communication (Moeller et al., 2013; Rhoades, 2018). When all-day HT use cannot be implemented timeously, and with ease, access to bimodal-bilingual communication should be provided (Fitzpatrick et al., 2013, 2016; W. C. Hall, 2017; W. C. Hall et al., 2017).

Clinical Implications for Low- and Middle-Income Countries and Other Resource-Constrained Settings

While the higher prevalence of childhood hearing loss in LMICs is well documented (Desalew et al., 2020; World Health Organization, 2021), the lack of availability and access to general hearing health care is well known. Specifically, paediatric audiological rehabilitation, aural re/habilitation, or any communication intervention, remain unaddressed (Khoza-Shangase & Kanji, 2021; McPherson, 2014; Peer, 2015). As a result, there is limited evidence of appropriate contextual management strategies for childhood hearing loss (Kanji, 2021).

Firstly, this study results indicated that HT use of children from LMICs is similar to their peers from high-income countries, suggesting that similar HT use expectations can be achieved despite living in a developing context. This contrasts with divergent opinions that HT fitting and auditory-based communication intervention in children with hearing loss are not appropriate management strategies for resource-constrained contexts (Adedeji et al., 2015; Asoegwu et al., 2019; Fobi & Oppong, 2019; Lutalo-Kiingi & De Clerck, 2017; Maluleke et al., 2021).

Secondly, even though multiple variables related or relevant to the child's socio-economic status were included in the data analyses (factors such as type of access to healthcare, transport subsidy recipiency, food parcel recipiency, family income, travelling distance to the intervention program, social disability grant recipiency and maternal and paternal level of education), the GLM only identified one statistically significant predictive factor of HT use related to socio-economic status,

namely self-procured batteries. This could possibly indicate that typical factors linked to socioeconomic characteristics or more prevalent in LMICs, such as lower maternal education, are not as predictive of limited HT use in LMICs as in HICs (Walker et al., 2013). This critical differentiation requires more investigation.

Thirdly, identifying multiple extrinsic predictors that can positively influence auditory-based communication outcomes in settings where resources are limited and childhood hearing loss is, on average, diagnosed later is especially relevant to LMICs. Subsequently, it could be pertinent to direct limited resources available towards these factors, or enablers such as regular caregiver intervention attendance, when providing family-centred early intervention (English et al., 2017; Kanji, 2021; Moeller et al., 2013; Singh et al., 2017). For example, consider a family that discloses inflexible work hours as the primary barrier to regular intervention attendance. In that case, an alternative time slot could be created by employing professionals with flexible work hours that align with the family's availability (Holzinger et al., 2011; Maluleke et al., 2021; McCarthy et al., 2019). The benefit of family engagement and participation in re/habilitation is well known (Alduhaim et al., 2020, 2021; Ekberg et al., 2020; Harrison et al., 2016), and regular caregiver attendance of these sessions has now also been demonstrated to increase HT use in children.

4.3 Critical Evaluation

Research is not only a methodological process of collecting, analysing, and interpreting information to improve our understanding of an occurrence; it is also an exercise in developing critical thinking and establishing academic integrity (Carruthers, 2019). Academic integrity requires both a well-designed and executed study with appropriate interpretation, and especially completing a critical evaluation of the attempt (Leedy & Ormrod, 2020).

Strengths of the Study

The identified strengths of the current study are discussed below.

• The present analysis contributed the first investigation into objective HT use in children using various HT fitting configurations, comparing children's use of different HT such as HAs, Cls, and BCHDs. Only ear-level remote microphone classroom systems such as the *Phonak Roger* or *Oticon Amigo Star* were excluded as this type of technology is aimed at specific learning or listening environments and not devices that are generally used throughout the child's day. HA users in this study included children fitted with both behind-the-ear and receiver-in-the-canal HAs, and Cl users comprised children fitted with behind-the-ear and off-the-ear Cl speech processors. The

BCHDs were worn on either soft bands, abutments, or subcutaneous magnets. Furthermore, HT from various HT manufacturers was included, namely *Advanced Bionics, Cochlear, Med-El, Phonak, Oticon, Resound, Rexton, Siemens/Signia, Unitron,* and *Widex,* all with different datalogging algorithms. While there may be minor differences in how HT use was reported in the respective HT software applications, incorporating multiple HT manufacturers added generalizability to the results. As a result, the study was the first to report on the use of different HTs in children using the same methodology.

- Additionally, this study is the first to consider a broader range of predictor variables across multiple dimensions to determine its influence on the use of HT in children. The retrospective chart review identified and incorporated 42 suspected predictive factors access different domains in the regression analyses. As a result, various independent variables previously undescribed in the literature could be included in the regression models. Consequently, the study identified six novel factors that predicted HT use in children, such as independent HT use, self-procured batteries, same-site audiological management, later diagnosis and initial HA fitting and CI use. These novel extrinsic predictors hold particular interest as it is malleable (McCreery & Walker, 2017), suggesting that the child- and family-specific variables could be amended in clinical practice to influence developmental outcomes in children.
- Another strength of this study is that it included the first data from a developing context about HT use in children with hearing loss. Specifically, it incorporated children whose hearing loss was diagnosed early and late according to EHDI guidelines (Health Professions Council of South Africa, 2018; Joint Committee on Infant Hearing, 2019). Available research about HT use in children with hearing loss primarily originates from Northern America (Easwar et al., 2016; Ganek et al., 2020; Tomblin, Walker, et al., 2015) and Australia (Ching, Dillon, Leigh, & Cupples, 2018; Dillon et al., 2013). While the results mentioned above are valuable, it is difficult to generalize to LMICs like South Africa. As more than 80% of infants with hearing loss are born in LMICs (World Health Organization, 2021), the current investigation could be more generalizable or applicable to similar contexts.
- The outcome variable, namely HT use, was utilized as an objective measurement (data logging) rather than a subjective report, increasing the validity of the data (Krefting, 1991). Furthermore, HT use was determined as an average of multiple measurements collected over time (8.2-month data period *M*, 2.4 *SD*, 2-12 range). Multiple measures increased the likelihood of an actual reflection of HT use for a particular child (Leedy & Ormrod, 2020). A single measurement over

time could be influenced by many variables, such as faulty equipment or time in repairs (Klein et al., 2019).

• Furthermore, the study sample was heterogeneous and relatively large when compared to other reports of HT use in children and the predictors thereof (Ambrose et al., 2020; Cesur et al., 2020; Easwar et al., 2018; Gagnon et al., 2020; Guerzoni & Cuda, 2017; Gustafson et al., 2017; Park et al., 2019; Persson et al., 2020; Walker, McCreery, et al., 2015; Wiseman & Warner-Czyz, 2018). It included a broad spectrum of children with all types and degrees of hearing loss and HTs, children from diverse educational settings, and public and private health care sectors. This retrospective cohort study's power calculation was high ($\alpha = 1$) with an effect size of 1.5, ensuring that both the significant and non-significant findings were robust, suggesting that the study had replicability and that the research question could be answered.

Limitations of the Study

An essential aspect of a critical evaluation of the study is alerting readers to the study's possible weaknesses (Leedy & Ormrod, 2020). Several limitations of this study need to be acknowledged:

- There was no randomization or intervention; thus, no causal relationships between predictors and HT use could be ascertained. Retrospective cohort studies generally fall into a category of cohort or case-control studies (level of evidence = IV), which are typically judged inferior to preferred randomized control studies when evaluating the quality of a study (Abbott et al., 2016).
- The use of 42 variables included may appear to be extensive, but some authors have divergent opinions about including a relatively large number of variables in one investigation. Mertler et al. (2016, p. 121) suggested that researchers should be careful to incorporate too many variables in an attempt to identify some association and that such an attempt could be considered a "fishing expedition" if the variable selection is not executed cautiously. On the other hand, failure to include the proper variables in the regression analyses could provide inaccurate results, failing to identify the true relationship that exists in the data between the outcome and possible predictor variables (Chowdhury & Turin, 2020; Dunteman & Ho., 2006). Subsequently, this study attempted to employ multiple safeguards to uphold the scientific integrity and validity of the results (Abbott et al., 2016; Mertler, 2016). The large number of categorical and continuous variables included in this study were offset by using sound statistical support and applying multiple statistical adjustment procedures. The statistical analysis completed bivariate analyses between each variable and the outcome variable, HT use. Additionally, a more conservative *p*-value was utilized to indicate statistical significance (*p* < .01), owing to the relatively large sample size and specificity

of the research question (Chowdhury & Turin, 2020). Furthermore, a formal variable selection method, a manual, step-by-step procedure, was employed for the final GLM, allowing examination of different combinations of variables that otherwise may have been overlooked (Dunteman & Ho., 2006; Faraway, 2016). This statistical method is also considered comparatively independent as the same variables are usually selected from the same data set even when different individuals are conducting the analysis (Chowdhury & Turin, 2020). By including these steps, the study attempted to allow for reproducibility and validation of the GLM, despite the high number of independent variables.

- Like the GLM model used in this study, statistical models are never perfect because of the researcher's limitations (Leedy & Ormrod, 2020). In this case, the researcher's limitations could have included an incomplete understanding of the variables, inaccuracies in how variable interactions were modelled, and the cumulative effect of minor errors in the model's initial calculations. Indeed, multiple prediction models could have been utilized in this study investigating predictors of a dependent variable (Bouwmeester et al., 2012; Faraway, 2016; Leedy & Ormrod, 2020). For example, a general linear mixed model could have been employed as longitudinal data was used to determine the outcome variable, namely HT use. Additionally, mixed-effects models are useful when accounting for both inter-and intra-variability when a single measure of residual variance cannot account for both (Faraway, 2016; Pekár & Brabec, 2018). However, as this study used a single averaged continuous variable calculated with the collected longitudinal data, the GLMs were considered appropriate. Secondly, the GLM was deemed to be suitable for this study because there is no relationship between the children in terms of usage of the devices. The condition or environment in which the children were using their HT was independent for each child. Therefore, as the environments were diverse during HT usage for each participant, a GLM was considered a more appropriate method.
- The clinical management of children with hearing loss in this study sample included counselling and potential interference of HT use. Thus, if poorer than expected HT were noted, the managing audiologists would have addressed it at the time. This could have potentially resulted in improvements over time, biasing the data (Yuan et al., 2021). In other words, even though this was an observational study, the continuous dependent variable HT use was an average of data collected over time, and the audiological management of the child at the intervention program could have influenced it (Walliman, 2011).
- Lastly, despite the inherent strengths of the study sample, such as size, power calculation, and representativeness of the socio-economic distribution of South African children, there were also

study sample limitations. The study employed non-probability convenience sampling to sample children from the intervention program promoting auditory-based communication outcomes. The most significant disadvantage when using non-probability convenience sampling is that it is impossible to know how well the general population is represented, limiting true generalization (Etikan et al., 2016). Spoken language as a communication mode is not an available option to all children with hearing loss growing up in LMICs. This is noticeable even in South Africa, where not all children with hearing loss have equal access to the HT, intervention and support required to develop auditory-based communication (Khoza-Shangase & Kanji, 2021). Therefore, while auditory-based outcomes were a realistic goal for this study's participants, it is not the case for all children with hearing loss growing up in developing contexts. Subsequently, it could imply that children fitted with HT who use only South African Sign Language as their mode of communication were not equally represented in the study sample. On the other hand, most children who only communicate using South African Sign Language do not use HT (Kara & Harvey, 2017; Mitchell, 2016; Stander, 2019; Weir & Ayliff, 2014), and thus, the study results would not apply to them.

4.4 Future Research Recommendations

Leedy and Ormrod (2020) argued that most research studies create additional research questions to be answered rather than bring closure to an initial research question. This is also true for the current research and led the researcher to identify the following recommendations for further investigation relevant to HIC and LMICs.

- All the novel extrinsic predictive factors of HT use identified in this study have malleability, that is, child- or family-specific factors that are amenable to change (Moeller & Tomblin, 2015). McCreery and Walker (2017) stated that malleable predictors hold promise for improved evidence-based services as these factors can be manipulated to influence outcomes in children with hearing loss. Further investigation into how the novel extrinsic predictors identified in this study could be manipulated to become enablers of increased HT use is recommended. For example, consider the extrinsic factor of independent HT use in children. No evidence is available about this skill and the developmental stages children go through becoming independent users of HT. Research into what insertion techniques to teach to children at what developmental ages could positively influence HT use.
- As data logging offers precise, recorded data, it could help define HT-associated outcomes in children with hearing loss. Future studies could utilize data logging and explore its relationship

with other childhood developmental domains, such as vestibular, emotional, and cognitive outcomes in children with hearing loss. Establishing such relationships may provide additional evidence for the efficacy of HT in children with hearing loss.

- Presently eHealth solutions relevant to paediatric audiology are evolving rapidly (Glista et al., 2021; McCarthy et al., 2019; Muñoz, Nagaraj, et al., 2020; Steuerwald et al., 2018; Whicker et al., 2020). Investigating how mHealth applications can act as monitoring and motivational tools to caregivers and children could add to the understanding of what caregivers and older children require to support HT use.
- The need to develop quality caregiver educational material providing appropriate and unbiased information on childhood hearing loss has been highlighted previously (Ambrose et al., 2020; Meibos et al., 2016; Whicker et al., 2020). Likewise, there is a lack of clinical tools, objects, and concrete, contextually appropriate, evidence-based simulations when discussing HT use in children with families (Appenzeller & Ambrose, 2020; Joubert & Githinji, 2014). The development and comparison of different tools that are potentially not based on literacy (such as video or visual infographic tools) could be explored to determine the influence on HT use over time. Investigation into standardized visual communication tools could also enhance counselling provided to families.
- This study used data from 2010 to 2018 when CI speech processors had the standard option to function with either rechargeable batteries or disposable batteries. Still, rechargeability options for children fitted with HAs were non-existent at that time. Further investigation into recent developments of rechargeable HAs for children could add to our understanding of the impact thereof on HT use (Freeman, 2017; Johnson, 2017; Orji et al., 2020).
- Children using BCHDs is a population considered to be neglected in the field of paediatric amplification (Gordey & Bagatto, 2020). Data from this study suggested that children with chronic middle ear disease using BCHDs on a soft band are at particular risk for limited HT use (n = 18, 4.8 hours a day M, 2 SD, 1.2-7.8 range). Further investigation, particularly into using a soft band or adhesive BCHDs, is relevant, considering the high incidence of children with chronic otorrhea in LMICs (Kuschke et al., 2020; Samy et al., 2018) and the cost and fragility of these devices.

4.5 Conclusion

While HT use is a multi-factorial outcome measure, this study identified an extensive range of predictive factors that could predict and increase HT use in children with hearing loss. Intrinsic

predictors of increased HT use in children included older chronological age, more severe hearing loss, and older ages at diagnosis and initial HA fitting. Extrinsic predictors of increased HT use identified included the child's ability to independently use HT, at least one CI as part of the HT fitting, coordinated onsite audiological management, self-procured batteries, auditory-oral communication mode, and regular caregiver intervention attendance. Though factors like the degree of hearing loss and chronological age cannot be manipulated or modified, identifying, and manipulating malleable predictors of HT use, such as caregiver intervention attendance and independent HT use, could positively influence children's developmental outcomes. This study identified six newly described predictor factors of HT use a diverse, unselected sample of children with hearing loss. Knowledge of these potential barriers and enablers of HT use in children can guide audiologists in delivering evidence-based paediatric hearing healthcare services.

"I will not allow yesterday's success to lull me into today's complacency, for this will be the foundation of failure for tomorrow" (Mandino, 2011, p. 55).

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6. APPENDICES

Appendix A: Institutional review board clearance (HUM010/0219) from the Research Ethics Committee of The Faculty of Humanities, University of Pretoria.





1 March 2019

Dear Ms S Booysen

Project Title: Predictors of hearing technology use in South African children with hearing loss

Researcher: Ms S Booysen Supervisor: Dr TE le Roux

Speech Language Path and Aud HUM010/0219 Department:

Reference number: Degree: Masters

Thank you for the application that was submitted for ethical consideration.

The Research Ethics Committee notes that this is a literature-based study and no human subjects are involved.

The application has been approved on 28 February 2019 with the assumption that the document(s) are in the public domain. Data collection may therefore commence, along these guidelines.

Please note that this approval is based on the assumption that the research will be carried out along the lines laid out in the proposal. However, should the actual research depart significantly from the proposed research, a new research proposal and application for ethical clearance will have to be submitted for approval.

We wish you success with the project.

Sincerely

Prof Maxi Schoeman

Deputy Dean: Postgraduate Studies and Ethics

Faculty of Humanities UNIVERSITY OF PRETORIA e-mail:PGHumanities@up.ac.za

CC: Ms EP Pretorius (Supervisor)

Lefapha la Bomotho

Appendix B: Agreement between caregivers and the Carel du Toit Centre for de-identified data collection.



PARTIES: 1. CAREL DU TOIT CENTRE, Tygerberg Hospital, Francie van Zijl-Boulevard, Parow (Hereafter called the "Centre")

2.	(Full name and surname of parent / guardian)		
	(Identity Number)		
	(hereafter called the "Parent" / "Guardian")		
	WHEREAS the Parties agreed that		
	(Full name and surname)		
ž-	(hereafter called the "Child")		

was registered as a pupil at this Centre under certain rules and regulations, the Parties further agree as follows

CONTROL AND SUPERVISION

I, the undersigned Parent / Guardian in my capacity as Parent / Guardian of the Child hereby in rem suam authorise the Principal and Staff of the Centre to control and supervise my Child, for both intramural and extramural activities, during those times / hours for which I have left the Child in the care of the Centre.

INDEMNITY

In my capacity as the natural Parent / Guardian I undertake to indemnify the Centre, Principal, Staff, and / or any authorised and responsible person from the Centre for (which includes, but is not limited to) all injuries, losses, damages, compensation, death, costs and expenses which may result from any event, act or accident of whatever nature, which may result from any activity within or outside the Centre (including school outings and the transport of my Child) involving my Child, while the Child was under the control and supervision of the Centre, Principal, Staff, and / or any authorised and responsible person from the Centre.

MEDICAL EMERGENCIES AND CASUALTIES

I hereby give my permission that in case of any medical incident, emergency or casualty involving my Child, the Centre, Principal, Staff and / or any authorised and responsible person from the Centre is authorised to take all necessary steps for the safeguarding and protection of my Child, which includes, but is not limited to, doctor's treatment or hospitalisation of the Child, should it be impossible to locate the Parent / Guardian. If I can be located, I undertake to immediately take my Child for such treatment.

I indemnify the Centre, Principal, Staff and / or any authorised and responsible person from the Centre from the payment of any accounts, medical costs and / or other costs which may result from medical emergencies and casualties, and I undertake to pay all such costs on demand.

I hereby give my permission for the Centre, Principal, Staff and / or any authorised and responsible person from the Centre to administer basic first aid.

TO MY BEST KNOWLEDGE MY CHILD IS			
1.	Not allergic to any medicine : ☐ Yes • ☐ No		
2.	Allergic to the following medication :		
3.	My Child suffers from th	ne following allergies :	
4.	My Child needs regular medical treatment for :		
PERMISSION FOR PHOTOGRAPHS, TV, VIDEO PROGRAMS AND MEDIA			
Carel du Toit / CHAT Centre is an NGO and reliant on donations and public support and therefore we need to share our success stories with the public; through sharing your story, other families with children will be encouraged and given hope. You are being asked to give consent for your child's experiences at the CHAT and Carel du Toit Centre to be shared publically. The ways in which the programme partners may use his / her story and images are outlined below.			
I, the unde		parent / guardian of	
hereby give consent for the above child to be photographed or filmed, and for his / her name and patient story shared, for publication in: Reports, academic purposes and marketing material (Print media, broadcast media, online media)*			
*F	or example :		
	To an individual or corpora TV public service annou	ate donor, Trustfund, advertisements, newsletters, brochures, audio-visual presentations, radio, ncements, presentations, lectures, articles, Trust website, Facebook, YouTube, Twitter, other.	
I understand that :			
 this photograph / film will become the property of the Carel du Toit Centre to be used at their discretion; the Carel du Toit is hereby permitted to share the patient's story and details with external publics; there is no personal or financial gain involved; the information and visuals may be used again in future without notification by the Trust, Centre or media; I cannot make any claim against the Carel du Toit Centre. 			
CONSENT TO RELEASE INFORMATION			
I give permission to the Carel du Toit Centre, to have access and copying rights to any of my child's medical, audiological and psychological records. This information may be used for the purpose of research, publication in scientific literature, and to share with appropriate bodies concerned. I understand that learner confidentiality will be maintained at all times unless specific permission to release identifying data is granted by me.			
☐ I understand the above and have been asked if I require a translator.			
Signatur	re of Parent / Guardian	Signature of Principal	
Contact Number		Alternative Contact Number	
e-Mail Address		Date	

Appendix C: Letter requesting permission to complete research at the Carel du Toit Centre.



Faculty of Humanities

Department of Speech Language Pathology and Audiology

2 February 2018

Dear Ms. Combrink

Principal: The Carel du Toit Centre

RE: Permission to use anonymous Carel du Toit Centre data for a research project

I, Surida Booysen, am conducting a research project around hearing technologies use in children and the factors that influence usage. I am writing to request permission to use the anonymous data from Carel du Toit Centre learner files for my research project entitled, Trends and Predictors Of Hearing Technology Use In Children.

<u>Purpose:</u> The purpose of the project is to describe the hearing technology use of the participants, i.e. past and present learners at the Carel du Toit Centre and to determine if there are factors that are either negative of positie predictors of hearing technology usage. The participants will be described regarding their age, hearing loss and family factors and the results will be compared with results of previous findings.

<u>Data collection:</u> All files of the children enrolled in the Centre will be included as participants only if their parents/guardians provided consent for data-collection for research purposes as part of their admittance into the Carel du Toit program. An electronic datasheet will be implemented so that I can systematically document and track the data collected. I undertake to remove all identifying information from the final reports. I also assure you that I will not disturb the normal school routine with this project or cause any financial implications for the Centre.

<u>Risks</u>: There are no risks associated with this study for either the families of Carel du Toit or the Centre itself.

<u>Confidentiality</u>: Data and information obtained will be handled with the strictest confidentiality and no identifying data will be disclosed. Anonymity of participants will be guaranteed at all times with the assignment of a code per participant.

<u>Release of findings:</u> The results from this study will result in journal publication, possible conference presentations with a summary reports provided to the Centre itself

Expected contributions: There is presently no data available on the hearing technology usage in South African children. As Carel du Toit is a leading program in the habilitation of children with hearing loss in Southern Africa, I believe that the outcomes will be valuable to the intervention services provided.

You are most welcome to discuss my request further or contact me on 083 664 8644 for more information. If permission is granted, you are requested to sign a letter of consent.

Sincerely

Surida Booysen

M. Audiology Student

Prof. De Wet Swanepoel

Fakulteit Geesteswetenskappe Departement Spraak-Taalpatologie en Oudio ogie Lefapha la Bomotho Kgoro ya Phathološi ya Polelo-Maleme le Go kwa Appendix D: Permission to the researcher to access data at the Carel Du Toit Centre.



DATE: 12 February 2018

To whom it may concern:

PERMISSION TO ACCESS DATA OF CAREL DU TOIT CENTRE: RESEARCH PROJECT

Herewith, I Adri Combrinck, principal, give informed consent and permission on behalf of the Carel du Toit Centre to Surida Booysen from the University of Pretoria to use the anonymous Carel du Toit Centre data from learner files with the intent to report results for her project entitled: "Prediotors of Hearing Technology Use in Children". We will provide you with files dating back to 1 January 2010. I have received enough information about this project and have been allowed to ask questions.

Sincerely,

Adri Combrinck

Principal: Carel du Toit Centre

Alambirch

Appendix E: Article submission accepted for publication in the International Journal of Audiology

From: International Journal of Audiology <onbehalfof@manuscriptcentral.com>

Sent: 02 April 2021 8:48 PM To: suridab@gmail.com Cc: jclark@utdallas.edu

Subject: International Journal of Audiology - Decision on Manuscript ID TIJA-2020-12-0622.R1

MS: "Predictors of hearing technology use in children"

MS#: TIJA-2020-12-0622.R1

Dear Ms. Boovsen:

Thank you for submitting your above listed revised manuscript. Based on the recommendations from our expert reviewers, it is a pleasure to accept your above mentioned manuscript in the International Journal of Audiology.

At this time, your manuscript will be sent to the publisher for the final production processes. The journal issue in which your article will be assigned requires at least 4-5 months to reach formal electronic publication. Page proofs and copyright release websites will be sent to you via email during part of the production phases. Please be sure to check your inbox and SPAM/Junk Mail (in case the email lands in the wrong place). It is very important that you read your page proofs carefully and return them promptly to production so that your manuscript can be published on schedule. After you review your page proofs your article will be finalized to make it available to those interested by navigating to the Taylor & Francis Early Online publication website with email announcements distributed globally. You and others will be able to view your article, along with the newest International Journal of Audiology online manuscripts at the website. Please keep in mind that the early online (electronic) publication of your article is considered formal publication with a unique assigned DOI.

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