

Section/topic	#	Checklist item	Reported on page #
TITLE			
Title	1	Bacterial profile among patients with suspected bloodstream infections in Ethiopia: A systematic review and Meta-analysis	01
ABSTRACT			
Structured summary	2	Background: The burden of blood stream infections(BSIs) has been warranted in Ethiopia. Globally, the	02
		emergency and raised resistance rate of bacterial antimicrobial resistance is becoming a prominent problem	
		and it is difficult to treat patients having sepsis. In this review, we aimed to determine the pooled	
		prevalence of bacterial isolates among presumptive patients with bloodstream infections in Ethiopia.	
		Methods: A systematic search was performed from PubMed/MEDLINE, SCOPUS, HINARI, Science	
		Direct, and Google Scholar electronic databases. The data analysis was carried out using STATA TM after	
		the records were cleaned and sorted out. The random-effects model was applied to estimate the pooled	
		effect size, odds ratios (ORs), and 95% confidence intervals (CIs) across studies. Subgroup analysis was	
		conducted by sample size, year of publication, and study region. The I ² statistical test was used to check	
		heterogeneity between the studies, and the publication bias was evaluated using the funnel plot and the	
		egger's regression test.	
		Results: A total of 26 studies with 8,958 blood specimens, and 2,382 culture-positive bacterial isolates	
		were included for systematic review and meta-analysis. The meta-analysis derived a pooled culture-positive	
		bacterial prevalence was 25.78 % (95%Cl: 21.55- 30.01%). The estimated pooled prevalence of gram-	
		positive and gram-negative bacterial isolates was 15.50% (95%Cl: 12.84,-18.15%), and 10.48 % (95%Cl:	
		8.32-12.63%), respectively. The two common gram-positive bacteria isolated from patients suspected of	
		BSIs were coagulase-negative staphylococcus with a pooled prevalence of 5.75% (95%Cl: 4.58-6.92%),	
		and S. aureus 7.04 % (95%Cl: 5.37-8.72%). Similarly, the common gram-negative bacterial isolates and	
		their estimated pooled prevalence were E. Coli1.69% (95%Cl: 1.21-2.16%), Klebsiella Species 7.04 %	
		(95%Cl: 5.37-8.72%), Pseudomonas Species 0.39% (95%Cl: 0.08- 0.70%), Salmonella Species 1.09%	



		(95%Cl: 0.79-1.38%), and Streptococcus pyogenes 0.88% (95%Cl:0.54-1.22%).	
		Conclusion: The prevalence of bacterial isolates among presumptive patients suspected to BSIs in Ethiopia	
		remains high. Also, we found a remarkable variation in pathogen distribution and their resistance profile	
		across the study setting. A strengthened antimicrobial resistance profile surveillance and adherence to a	
		strict antimicrobial stewardship program are warranted to reduce the burden of the disease.	
INTRODUCTION	1		
Rationale	3	Bloodstream infections are the leading cause of morbidity and mortality throughout the world (1). Globally,	04
		around 200, 000 cases of BSI with mortality of rates ranging from 20-50% were reported annually (2). In	
		developing nation including Ethiopia BSI is a major public health concern and cause illnesses and death in	
		all people of ages (3), especially in immunocompromised individuals such as patients in an intensive care	
		unit (ICU), elders, and children(4), cancer patients (5, 6), neonates (7), and patients living with Human	
		Immunodeficiency Virus (HIV) (8)	
		Bacterial bloodstream infections are defined as the presence of viable bacteria in the bloodstream which can	
		elicit an immune response (9). Bacteria may enter the bloodstream, invasion normally sterile parts of the	
		body in different ways. It is a serious, life-threatening infection that gets worse very quickly due to the	
		spread of microorganisms and their toxins in the blood (10). Both gram-negative and positive bacteria in a	
		wide range of bacteria species cause BSI (11). As many previous studies highlighted, the common type	
		bacteria causing bloodstream infections are gram-positive such as Staphylococcus aureus, coagulase-	
		negative staphylococci (CoNS), Streptococcus pyogenes, Streptococcus pneumoniae, Streptococcus	
		agalactiae, and Enterococcus faecium and gram-negative bacteria such as Escherichia coli, Pseudomonas	
		aeruginosa, Klebsiella species (4, 11, 12).	
Objectives	4	This systematic review and meta-analysis aimed to determine pooled estimates of the prevalence of	04
		bacterial isolates causing bloodstream infection among presumptive patients of bloodstream infections in	
		Ethiopia.	



METHODS			
Protocol and registration	5	The protocol for this study was submitted to the International Prospective Register of Systematic Reviews	05
		(PROSPERO) on February 2020, and has been assigned the identification number (ID#149999).	
Eligibility criteria	6	Observational studies fulfilling the following criteria were included. (a) Studies reporting the bloodstream	05
		infection and/or antimicrobial resistance pattern and/or its associated factors across all age groups	
		conducted in Ethiopia; (b) articles published in the English language, and published from 2000 to 2020.	
		Additionally, Case reports, policy statements, reviews, and inaccessible full texts or unable to receive from	
		the corresponding author communicated through email were excluded from the study.	
Information sources	7	A systematic search was carried out using the following electronic databases: PubMed/Medline, HINARI,	05
		Scopus, Sciences Direct, and Google Scholar electronic databases.	
Search	8	Medical subject heading and related keywords were used extensively to search the appropriate articles from	05
		these databases using the following combinations of keywords: "bacterial isolates", "bacterial pathogen",	
		"bacteria", "bloodstream infection", "bacteremia", "sepsis", "septicemia", "antibiotic resistance pattern",	
		"antimicrobial resistance", "antimicrobial susceptibility", "antimicrobial susceptibility test", and	
		"Ethiopia". These search words/phrases were further paired with each other or combined using "AND" and	
		"OR" Boolean operators. Also, reference lists of all included studies were screened to identify further	
		potentially eligible studies and gray literature. Only those articles written in the English language and	
		conducted in Ethiopia were considered.	
Study selection	9	All retrieved studies were exported into EndNote reference manager software version 8 (Thomson Reuters,	05
		London), and duplicated studies were removed. Three reviewers (BA, HB, and AD) independently screened	
		the titles and abstracts, and full texts were reviewed to determine the eligibility of each study. Where there	
		was disagreement, a decision was reached after discussion and consensus among all reviewers. on the other	
		hand, the critical quality assessment checklist recommended by the "Joanna Briggs Institute (JBI) was used	
		to evaluate the quality of included studies (30). Two reviewers (BA and MA) independently assessed the	



		quality of the full-text articles. The discrepancy was resolved through discussion to reach on consciences and to include articles to final analysis. The domain paper quality assessment criteria were; clear inclusion criteria, details of study subjects, and the study settings, reliable/valid measurements for exposure, outcome variables, and appropriate statistical analysis (Table S1). This cut-off point was declared after reviewing the relevant literature. Disagreements between the two authors were resolved by taking the mean score of the two author's evaluations.	
Data collection process	10	All articles included in the final analysis were reviewed by two authors independently using standardized data extraction tools prepared in Microsoft excel sheet. The following data were extracted from each original article using this data abstraction form: author's name, year of publication, study region, study area, study design, study period, sample size, the prevalence of bacterial BSI, type of bacterial isolates, and prevalence of bacterial isolates.	06
Data items	11	the prevalence of bacterial BSI, type of bacterial isolates and prevalence of bacterial isolates	06
Risk of bias in individual studies	12	Heterogeneity across the studies examined using the I^2 statistics was categorized to 25%, 50%, and 75% which representing low, moderate, and high, respectively (31). The source of heterogeneity was examined through sensitivity analysis and subgroup analyses. The presence of publication bias was checked using the Egger's regression test with a p-value of less than 0.05 as a cut of point to declare the presence of publication bias (29).	06
Summary measures	13	The prevalence of bacterial BSI, type of bacterial isolates and prevalence of bacterial isolates	06
Synthesis of results	14	D The extracted data using Microsoft Excel sheet 2016 was transferred into STATA version 14 (Stata Corporation, College Station, Texas) software for final analysis. Due to the presence of significant heterogeneity across studies, the random-effects model was applied to estimate the pooled effect size, odds ratios (ORs), and 95% confidence intervals (CIs) across studies. Subgroup analysis was conducted by sample size, year of publication, and study region. Heterogeneity of all included studies was assessed using	06



		the I ² -statistical test. A p-value of less than 0.05 was used to declare heterogeneity.	
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Risk of bias across studies	15	The presence of publication bias was checked using the Egger's regression test with a p-value of less than	6
		0.05 as a cut of point to declare the presence of publication bias (29).	
Additional analyses	16	Subgroup analysis was conducted by sample size, year of publication, and study region. Heterogeneity of	06
		all included studies was assessed using the I ² -statistical test.	
RESULTS			
Study selection	17	As demonstrated in figure 1, we identified a total of 285 potentially relevant studies from electronic	07
		databases, 39 articles were excluded due to duplication. After reviewing the titles and abstracts, 128	
		articles were excluded because they did not meet the objectives and the inclusion criteria of this review.	
		Accordingly, 128 full-text articles were reviewed in-depth based on the pre-set inclusion criteria of which,	
		102 articles were excluded with reasons. Finally, 26 studies were considered and used for final quantitative	
		analysis (meta-analysis).	
Study characteristics	18	As illustrated in Table 1, all the included studies in the final quantitative analysis were observational, 20	08
		were cross-sectional (7, 14, 16, 33-49), and 6 were retrospective (11, 16, 50-53) by study design. The	
		included studies were conducted in four regions (Amhara, Tigray, Oromia, and South Nation Nationality of	
		People (SNNP)), and from the two self-administrative cities (Addis Ababa and Dire Dawa). Of the 26	
		studies met the review inclusion criteria (7, 11, 14, 16, 33-48, 50-53), eleven studies were conducted in	
		Amhara region (7, 8, 11, 14, 34-36, 49-51, 54), nine in Addis Ababa (14, 16, 38-42, 52, 53), three in	
		Oromia region (43-45), a single study from Tigray (46), Dire Dawa (47), and SNNP (48). The sample size	
		of individual studies ranged from 83 (49) to 856 (34).	
Risk of bias within studies	19	The existence of heterogeneity and publication bias was determined within the included studies.	14
		Consequently, there was considerable heterogeneity across thirty-seven included studies ($I^2 = 95.8\%$).	



Results of individual studies	20	Similarly, the pooled estimated prevalence of <i>S. aureus</i> from these groups was 7.04 % (95%Cl: 5.37-	14-15
		8.72%) (Fig.6). Likewise, we found around five gram-negative bacterial isolates among patients suspected	
		of bloodstream infection in Ethiopia. The pooled estimates of Klebsiella species isolates were found to be	
		7.04 % (95%Cl: 5.37- 8.72%) (Fig.S1. &Table 2), followed by E. Coli 1.69% (95%Cl: 1.21-2.16%)	
		(Fig.S2. &Table 2), Salmonella species 1.09% (95%Cl: 0.79-1.38%) (Fig.S3& Table 2), S.pyogenes 0.88%	
		(95%Cl:0.54-1.22%)(Fig.S4.& Table 2), and Pseudomonas species 0.39% (95%Cl: 0.08-0.70%)(Fig. S5&	
		Table 2.).	
Synthesis of results	21	In this meta-analysis, a total of 2,382 positive bacteria cultures obtained from 8,958 blood samples were	07-14
		included. The meta-analysis derived a pooled culture-positive bacterial prevalence from all blood samples	
		was 25.78 % (95%Cl: 21.55-30.01%) (Fig. 2). Pooled prevalence of gram-positive and gram-negative	
		bacterial isolates was 15.50 % (95%Cl: 12.84-18.15% (Fig.3), and 10.48 % (95%Cl: 8.32-12.63%) (Fig.4),	
		respectively. The two common gram-positive bacteria among patients suspected bloodstream infections	
		were recovered. The pooled prevalence of CoNS was 5.75 % (95%Cl: 4.58-6.92%) (Fig.5).	
Risk of bias across studies	22	Egger's regression test for publication bias revealed marginally significant (p=0.044), which indicated the	13
		presence of publication bias (Fig. S6). Moreover, heterogeneity across studies considered for gram-positive	
		isolates was ($I^2 = 92.9\%$, and gram-negative isolates were ($I^2 92.6\%$). publication bias of gram-positive and	
		gram-negative bacterial isolates was found to be p=0.001 and p=0.001, respectively using Egger's	
		regression test.	
Additional analysis	23	Due to the presence of high heterogeneity across or within included studies, we conducted subgroup	14
		analysis based on study area (region), sample size, and year of publication to sort out the possible source of	
		heterogeneity across the studies. But the subgroup analysis result revealed that the source of heterogeneity	
		was not due to the study region, sample size, and year publication disparities (Table 3 and Fig 7-9.).	



DISCUSSION

Summary of evidence

To our knowledge, the result of this review demonstrated that the pooled prevalence of bacterial isolates 24 15-16 causing bloodstream infections in Ethiopia. The overall pooled prevalence of BSIs bacterial isolates from blood cultures was 27.78%. The finding was relatively lower as compared to findings from meta-analysis done in West Africa, in which the pooled prevalence of BSI was 31.70% (55). On the other hand, our finding was higher than a study done in low- and middle-income countries, the prevalence of bacterial isolates were 19.1% in community-acquired pediatric bloodstream infection (56). Also, previous studies reported that bacterial positive blood culture was ranged from 7 to 13.9% (57, 58). similarly, a systematic review done in Africa reported that the pooled prevalence of bacterial isolates from blood specimen among bloodstream infection was 17.4% (59). Moreover, significant bloodstream infections and antibiotic resistance in ICU in North India was observed, that the blood culture positivity was estimated at 12% (60). Bacterial isolates in a blood sample with a pooled prevalence of 7.4% were reported in Harare, Zimbabwe, 2012-2017 (61). Furthermore, a previous systematic review and meta-analysis study done in Africa and Asia region indicated that the median prevalence of BSIs was 12.50% (62). The possible explanation for the discrepancies might be due to the drug stewardship program, geographical location, epidemiological difference of the etiological agents, and nature of the patients.

The current review revealed that the pooled prevalence of gram-positive bacterial isolates was 15.50 %. A study conducted in resource-limited countries showed a relatively lower prevalence of gram-positive bacterial isolates in blood culture was 6.2% (57).

Similarly, in this meta-analysis, the pooled prevalence of gram-negative bacterial isolates was 10.48 %. The finding was relatively similar to previously reported data, a systematic review of antibiotics resistance among gram-negative bacteria in children with sepsis in resource-limited countries was reported as 7.7% (57).



Limitations	25	our review had many limitations. First, there was no documented history of antimicrobial therapy and	15
		previous history of antibiotics intake. Second, in this study, only English articles were considered for the	
		analysis. Third, due to the lack of documented antibiogram data, we are unable to review and evaluate BSI	
		causing bacteria's multidrug resistance profile. Last, antimicrobial susceptibility standards and interpretive	
		criteria change over time, which may have variations in interpretations and findings.	
Conclusions	26	Generally, in this meta-analysis, we found a wide variety of bacterial isolates with high pooled prevalence	16
		both gram-negative and gram-positive, in particular S.aureus, CONs, Klebesiella species, Ecoli, S.pyogens,	
		Salmonella species, and Pseudomonas Species. Therefore, a strengthen the tool to diagnosis should be a	
		routine practice to detect pathogenic bacteria in blood, to select the appropriate/better antibiotics to treat the	
		bacteria cause BSIs. Furthermore, research priority should be given on-resistance pattern, molecular	
		genetics to detect the specific resistance gene mutations associated with different antibiotics,	
		characterizations of its phylogenetic parameter are warranted for these commonly identified bacteria which	
		causing bloodstream infection.	
FUNDING			
Funding	27	NA	None

From: Moher D, Liberati A, Tetzlaff J, Altman DG, The PRISMA Group (2009). Preferred Reporting Items for Systematic Reviews and Meta-Analyses: The PRISMA Statement. PLoS Med 6(7): e1000097. doi:10.1371/journal.pmed1000097

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