Effect of A Sun Protection Intervention on the Immune Response to Measles Booster **Vaccination in Infants in Rural South Africa**

Caradee Y. Wright^{1,2*}, Robyn M. Lucas^{3,4}, Catherine D'Este^{3,5}, Thandi Kapwata⁶, Zamantimande Kunene⁶, Ashwin Swaminathan⁷, Angela Mathee^{6,8,9} and Patricia N. Albers²

¹Environment and Health Research Unit, South African Medical Research Council, Pretoria, South Africa. ²Department of Geography, Geoinformatics and Meteorology, University of Pretoria, Pretoria, South Africa. ³National Centre for Epidemiology and Population Health, Research School of Population Health, Australian National University, Canberra, Australia. ⁴Centre for Ophthalmology and Visual Sciences, University of Western Australia, Perth, Australia. ⁵ School of Medicine and Public Health, The University of Newcastle, Callaghan, Australia. ⁶Environment and Health Research Unit, South African Medical Research Council, Johannesburg, South Africa. ⁷Department of General Medicine and Infectious Diseases, Canberra Hospital, Canberra, Australia. ⁸Department of Community Medicine, School of Public Health, University of the Witwatersrand, Johannesburg, South Africa. ⁹Environmental Health Department, Faculty of Health Sciences, University of Johannesburg, South Africa. Keywords: solar ultraviolet radiation, environmental health, Africa, skin of colour.

Running title: Sun Protection and Immune Response

*Corresponding author information. Caradee Yael Wright. Postal address: South African Medical Research Council, Private Bag x385, 0001, Pretoria, South Africa. Telephone: +27 12 339 8543. Email: cwright@mrc.ac.za

ABSTRACT

The incidence of many serious childhood infections can be reduced by vaccination. High sun exposure at the time of vaccination has been associated with a reduced antigen-specific immune response. We hypothesised that providing sun protection advice and equipment to mothers of children who were waiting to be vaccinated would result in a more robust immunisation response. We conducted a pilot study in 2015/2016 (data analysed in 2017-2018) among 98 Black African children (~18 months of age) receiving the booster measles vaccination at two clinics in South Africa. Clinics were randomised to receive (or not) sun protection advice and equipment. We recorded demographic information on children and mothers and data on the child's usual sun exposure. At approximately 4 weeks' post-measles vaccination, we measured measles immunoglobulin G levels in children. All children with blood results (n=87, 89%) across both groups had antibody titres higher than 200 mIU/ml which was considered the protective antibody concentration. There was no statistically significant difference in titres between groups: geometric difference in mean titres 1.13 mIU/ml (95% CI 0.85, 1.51; p = 0.39) and 1.38 mIU/ml (95% CI 0.90, 2.11, p = 0.14) for unadjusted and adjusted analyses, respectively. This study demonstrated that a sun protection intervention study could be performed in a developing-world paediatric vaccination setting. Although the sun protection intervention around the time of vaccination was not associated with a higher antibody level, given the potential importance of such an effect, a larger study should be considered.

INTRODUCTION

Childhood vaccination is key in preventive healthcare to reduce many common infectious diseases but requires effective vaccines and high vaccination coverage.[1] To ensure effective immune protection, the vaccine should induce a long lasting antigen-specific immune response in the individual. Several factors, including age, sex, genetic makeup, immunosuppressive state or medications, may influence vaccine effectiveness.[2] Previously it was considered unlikely that exposure to environmental factors could affect responses to vaccination or nullify protection to the specific pathogen for which the vaccination was performed.[3] However, some studies suggest that this warrants further consideration.[4-6]

Skin exposure to ultraviolet (UV) radiation has been identified as a potential modulator of immune responses in ways that could reduce vaccine effectiveness.[7] UV radiation may suppress antigen-specific immune processes in humans and animals via direct and indirect (through cutaneous production of vitamin D) mechanisms. Exposure of the skin to UV radiation causes changes in epidermal and dermal cells that initiates a complex process of signalling via soluble immune mediators. These mediators modulate immune cell interactions within the skin and draining lymph nodes resulting in local and systemic immunosuppression that is antigenspecific. The adaptive immune response – that is relevant to the effectiveness of vaccination – is specifically suppressed following UV irradiation of the skin.[8-9]

In a study in young adults, higher doses of solar UV radiation (as experienced through activities of daily living) on the day prior to vaccination, and in the peri-vaccination period, were associated with a significantly lower antigen-specific, cell-mediated immune response to a novel antigen - keyhole limpet haemocyanin.[10] There has been no definitive research that darker skin

pigmentation altered the immune suppressive effect of exposure to UV radiation in this or other studies.[11,12]

In South Africa, an infectious disease that is epidemic prone and prevalent in the country, yet preventable through vaccination, is measles. The National Department of Health administers vaccines free-of-charge in government primary healthcare facilities and recommends that the first measles vaccine be given at 9 months with a 'booster' vaccine (secondary measles vaccination) at 18 months of age.[13] We hypothesised that, in a location with high ambient levels of solar UV radiation, providing sun protection advice and equipment to mothers of children who were waiting for vaccination would result in a stronger immunisation response compared to that in children without sun protection. Given that use of sun protection among Africans is not common practice[14] except, for example, among Africans with oculo-cutaneous albinism (OCA), and that in rural areas, patients may walk several kilometres to and from the clinic, we expected that children may have high levels of sun exposure in the days leading up to, on the day, and in the days immediately following, vaccination. We undertook a randomised controlled trial of a sun-protection intervention in children receiving a booster measles vaccination. This pilot study aimed to: 1) assess uptake and acceptability of the intervention; 2) assess recruitment, consent and follow-up; and 3) compare the levels of measles-specific antibodies between intervention and control clinic children post-vaccination. Results for Aim 1 have been reported previously;[15] here we present findings for Aims 2 and 3.

MATERIALS AND METHODS

Study setting and population: The methods for the study (Clinical Trial Number: TRN PACTR201611001881114, 24 November 2016) have been described in detail elsewhere.[16]

The South African Medical Research Council Ethics Committee approved the protocol (EC013-4/2015, 1 April 2015). In brief, participants were recruited from two rural community health clinics in the Greater Giyani Local Municipality (Limpopo Province, South Africa) where ambient solar UV radiation levels are relatively high during the southern hemisphere summer, spring and autumn. The summertime, cloud-free, midday solar UV Index (a measure of erythemal UV irradiance) ranges between ~ 10 and 14 (where 11+ is considered extreme).[17] Limpopo Provincial Department of Health officials provided the study team with the names and locations of all of the clinics in Greater Giyani District Municipality. Suitable sites were similar in regard to the size of the service community, community demographic characteristics and economic factors, training levels of clinic staff, and the size of the indoor waiting space. It was a requirement that study sites were more than 25 km apart to minimise participants visiting both clinics. The eligible sites were shortlisted and two sites were randomly selected then randomised to intervention and control sites.

Study design and participant eligibility: The study took place during summer and early autumn 2015/2016. Eligible participants were children 18 months or older receiving their booster measles vaccination. Additional eligibility criteria included that the child had received the first measles vaccine; their mother or guardian (hereafter called mother) was 18 years or older, able to comprehend the research and was capable of signing consent for the child to be enrolled in the study; the mother had a copy of the child's Road to Health Chart (vaccination record); and the mother confirmed that they would be available for the duration of the study (approximately 4 weeks). Participant mother-child pairs were recruited consecutively. Mothers of all child participants completed a questionnaire on demographic characteristics and the typical sun exposure patterns of their child (see below and Table 1 for detailed questions). At the

Table 1. Characteristics for children with antibody level (n=87) as reported by their mother at study enrolment and by intervention group.

Variable	All	Intervention	Control	
		group	group	
	N = 87	N = 44	N = 43	
	n (%)	n (%)	n (%)	
Sex				
Female	46 (53)	25 (57)	21 (49)	
Male	41 (47)	19 (43)	22 (51)	
Oculo-cutaneous albinism				
Yes	12 (14)	5 (11)	7 (17)	
No	74 (86)	39 (89)	35 (83)	
HIV status				
Positive	2 (2)	2 (5)	0 (0)	
Negative	85 (98)	42 (96)	43 (100)	
Skin colour				
Very fair / White	15 (17)	4 (9)	11 (26)	
Light brown / Brown	48 (55)	28 (64)	20 (47)	
Dark brown / Very dark brown / black	24 (28)	12 (27)	12 (28)	
Does your child get sunburnt in the sun?				
Yes	54 (64)	32 (76)	21 (49)	
No	31 (37)	10 (24)	22 (51)	
Sensitivity of child's skin in the sun				
Very sensitive / Sensitive	32 (37)	20 (46)	12 (28)	
Moderately sensitive	28 (32)	11 (25)	17 (40)	
Not sensitive at all	27 (31)	13 (30)	14 (33)	
Weight				
Mean in kg (SD in parentheses)	10.2 (1.3)	10.1 (1.1)	10.3 (1.4)	
Child on medication				
	1		i .	

Yes	23 (27)	0 (0)	23 (56)		
No	62 (73)	44 (100)	18 (44)		
Child's level of physical activity					
Very active	12 (14)	9 (21)	3 (7)		
Moderately active / Not very active	75 (86)	35 (80)	40 (93)		
Anyone smoke inside house of child					
Yes	4 (5)	2 (5)	2 (5)		
No	83 (95)	42 (96)	41 (95)		
Child breastfed at time first measles vaccination					
Yes	66 (77)	40 (91)	26 (62)		
No	8 (9)	1 (2.3)	7 (17)		
Don't know	12 (14)	3 (7)	9 (21)		
Child breastfed at time of questionnaire					
Yes	28 (32)	15 (34)	13 (30)		
No	58 (67)	29 (66)	29 (68)		
Don't know	1 (1.2)	0 (0.0)	1 (2)		
Child's mother had measles vaccination					
Yes	63 (73)	36 (84)	27 (63)		
No	5 (6)	2 (5)	3 (7)		
Don't know	18 (21)	5 (12)	13 (30)		
Child's mother had measles					
Yes	18 (21)	8 (18)	10 (24)		
No	54 (63)	31 (71)	23 (55)		
Don't know	14 (16)	5 (11)	9 (21)		
Mother feels child playing in the sunshine is					
Healthy	8 (9)	5 (11)	3 (7)		
Harmful	79 (91)	39 (87)	40 (93)		
Where do you usually wait when arriving at clinic					
Shaded area / Inside#	85 (99)	43 (100)	42 (98)		

Unshaded area	1 (1.2)	0 (0)	1 (2.3)	
Usual wait duration in the queue (total)				
Less than 15 minutes	20 (23)	10 (23)	10 (23)	
15 – 30 minutes	30 (35)	16 (37)	14 (33)	
30 minutes – 1 hour	17 (20)	10 (23)	7 (16)	
More than 1 hour	19 (22)	7 (16)	12 (28)	
Usually use child sun protection when wait outside clinic				
Yes / My child and I wait inside	80 (93)	40 (93)	40 (93)	
No	6 (7)	3 (7)	3 (7)	
Child usually spends time on weekdays				
Mostly inside	66 (77)	66 (77) 33 (77)		
Mostly outside	20 (23)	10 (23)	10 (23)	
Child usually spend time on weekend days				
Mostly inside	61 (74)	34 (81)	27 (66)	
Mostly outside	22 (27)	8 (19)	14 (34)	
Child spent most time outdoors in				
Shade	82 (95)	41 (95)	41 (95)	
Open / in the sun	4 (5)	2 (5)	2 (5)	
Child sunburnt in past week				
Yes	56 (64)	37 (84)	19 (44)	
No	31 (36)	7 (16)	24 (56)	
Median (minimum, maximum) number of days between date of				
vaccination and date of blood sample	35 (19-68)	40 (26-68)	33 (19-62)	

^{*} Numbers may not add to total sample size due to missing values.

^{*} We combined shaded area and inside area because we consider both of these sites to be non-sun exposure sites.

intervention clinic, the mothers of enrolled children were provided with sun protection advice and equipment (described in more detail below). The mother was asked to use the sun protection equipment for the child while waiting for vaccination (if outdoors) and to continue using it for one week following the vaccination whenever the child was outdoors. Children at control and intervention sites then received the measles vaccination intramuscularly according to the Health Department Extended Programme on Immunisation protocol and using the government standard vaccine preparation method, and were asked to return to the clinic approximately four weeks later for blood testing. All study documents were developed in English and translated for use by the research nurses and the participants. The research nurse read the information sheet and consent form with the mother in the mother's home language and answered any questions posed by the mother, prior to obtaining written informed consent. Unique identifier codes were allocated to each child participant and used to combine data from the questionnaire and blood tests.

Sun protection intervention: The intervention was provided by the research nurses to the mothers using a flyer and verbal explanation according to a scripted protocol. This included sun protection advice, namely to avoid the midday sun between 11h00 and 14h00, to seek shade whenever possible and to use the provided sun protection equipment on their child. The equipment included a bucket hat (narrow brim), a long-sleeved shirt, an umbrella (to be held by the mother when carrying the child) and broad-spectrum (UVA / UVB) sunscreen (with Sun Protection Factor 30). In addition, the clinic received a gazebo to provide shade for attendees while they waited outdoors. The control clinics and mothers were provided with the same sun protection resources at the end of the study.

Demographic and child sun exposure questionnaire: An Australian questionnaire[18-19] was tailored for local conditions for the study and comprised sections on: a) general sociodemographic questions: role and age of the adult participant; sex and population group (categorised according to Statistics South Africa population groups, namely, Black African, Indian/Asian, Coloured (official group defined as mixed ancestry) and White)[20] of the child; and whether the child had OCA; b) usual use of sun protection on the child; and c) the child's usual time spent outside. The questionnaire also sought information on the HIV status of the child as this may impair the immune response to vaccination.[21] Data collected from the child's Road-to-Health Chart included date of birth and birth weight.

Blood sample collection and measles antibody levels: At the 4-week return visit, a registered research nurse drew 2 ml of blood into a serum separator tube - after first applying an EMLA local anaesthetic patch - from both intervention and control child participants. The blood samples were stored in a refrigerator and then transported within 24 hours to the National Institute for Communicable Diseases Centre (NICD) Vaccines and Immunology laboratory in several batches. On receipt, the serum was separated from the clot by centrifugation, transferred to labelled tubes and stored at -20 °C until all study samples were received, for testing on the same day. Sera were tested for measles Immunoglobulin G (IgG) antibody levels using the Enzygnost® Anti-Measles Virus/IgG ELISA kit (Siemens, Germany) according to the manufacturer's protocol. Optical Density (OD) readings were converted to quantitative titres of measles IgG (in units of mIU/mL) using the α -method calculation as described in the kit insert. Firstly the log (base 10) titres were calculated as α multiplied by corrected α DD β , where α and β are lot-specific values, and the anti-log of the value was then obtained (mIU/mL). In this study, we applied the internationally-recognised 200 mIU/mL threshold as clinically protective.[22]

Statistical analysis: Data from the questionnaires were manually coded and cross-checked by a second researcher, before being entered into Microsoft Excel,[23] checked again and then transferred into Stata[24] for analysis. We used number and proportion, mean and standard deviation, and median and minimum and maximum to describe the characteristics of the sample, according to whether they were categorical or continuous variables, and normally or nonnormally distributed. We log-transformed the antibody titre data as it was highly right-skewed. Our primary analysis was an unadjusted comparison of log-transformed titre levels between the intervention and control groups using the t-test. Secondary analyses involved multiple linear regression to compare antibody titres between groups, adjusted for child and maternal characteristics that we hypothesised to be associated with the outcome. [25-26] These included sex, HIV and OCA status, child medication use, breastfeeding at time of both primary and booster measles vaccinations, and time from vaccination to blood test. We also undertook a sensitivity analysis, excluding children with OCA, who may have different responses to exposure to UV radiation and, secondly, excluding children with HIV. For ease of interpretation, results are also reported as the geometric mean difference in titres between groups, obtained by exponentiating the difference in mean and 95% Confidence Limits for log titre values. Data were analysed between 2017 and 2018.

We estimated that a sample of 100 patients, 50 in each of the intervention and control clinics, would allow estimation of recruitment rates within clinics with 95% Confidence Intervals (CI) within \pm 10% (Aim 2) and detection of difference in titres between groups of 0.6 standard deviations (Aim 3).

RESULTS

A total of 98 children from two clinics (intervention group: n=50; control group: n=48) and all from the Black African population group participated in the study (Figure 1) with recruitment taking place from December 2015 to March 2016. Eleven children did not attend the follow-up visit for the blood sample test (6 in the intervention group and 5 in the control group), thus a total of 87 (89%; 95% CI 81% - 94%) children had blood drawn for antibody level testing approximately four weeks post-vaccination (intervention group 44/50, 88%, 95% CI 76% - 95%; control group 43/48, 90%, 95% CI 77% - 97%). Details on the number of mothers approached for inclusion in the study, and reasons for non-consent, were not recorded by the clinics; thus it is not possible to report consent rates.

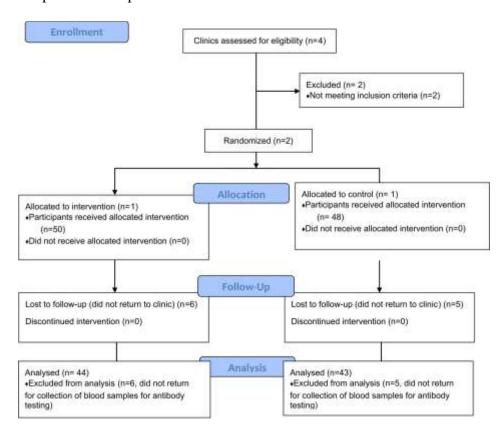


Figure 1. CONSORT 40 flow diagram for the study. Note: We were not able to collect information on how many clinic attendees were eligible or were approached to participate in the study and thus we could not calculate consent rates.

Characteristics of participants with blood sample results (n=87) are shown in Table 1. The intervention and control groups appeared similar for most characteristics, except that the intervention group appeared to have a higher proportion of children who were reported to get sunburnt in the sun (intervention group 76%; control group 49%), who had been sunburnt in the past week (intervention group 84%; control group 44%), and who were breastfed at the time of the first measles vaccination (intervention group 91%; control group 62%). No children in the intervention group were reportedly using medication while 23 (56%) children in the control group were reportedly using medication at the time of vaccination. Almost all children were reported to have waited for their vaccination inside the clinic or in a shaded area. The median number of days from the date of vaccination to the date of the blood sample was 40 in the intervention and 33 in the control group, and this difference was statistically significant (p = 0.007 for Wilcoxon Rank Sum test).

All children with blood test results across both groups had titres higher than 200 mIU/ml which is the clinical protective antibody concentration applied in this study.[22] Titre levels were similar for the intervention and control groups in both unadjusted and adjusted analyses with geometric difference in mean titre levels (95% CI) between intervention and control group: 1.13 mIU/ml (95% CI 0.85, 1.51, p = 0.39) for unadjusted and 1.38 mIU/ml (95% CI 0.90, 2.10, p = 0.14) for adjusted analyses (Table 2). Removing the two children reported as having HIV and excluding the children with OCA (n=12) (who may have different responses to sun exposure) did not alter the results.

Table 2. Comparison of log titre and titre levels between intervention and control groups.

Group specific values			Difference between groups					
	Intervention	Control	Unadjusted		Adjusted [@]			
	(N = 44)	(N = 43)						
Log titres	Mean (SD)	Mean (SD)	Difference in means ^{&}	95% CI	P value*	Difference in means ^{&}	95% CI	P value [^]
	8.59 (0.58)	8.47 (0.76)	0.13	-0.16, 0.41	0.39	0.31	-0.11, 0.74	0.14
	Median (Q1, Q3) #	Median (Q1, Q3) #						
Titres	5367 (3258, 9127)	5674 (2567, 8772)	1.13	0.85, 1.51		1.38	0.90, 2.11	

 $^{^{\}odot}$ Regression model adjusted for sex, HIV and OCA status, child medication use, breastfeeding at time of both primary and booster measles vaccinations, and time from vaccination to blood test; $R^2 = 0.11$, Adjusted $R^2 = -0.01$

^{*} P value from t-test for log titres.

[^] P value for Intervention group from adjusted regression model.

[&]amp; Values for titres are geometric mean and CI.

[#] Q1 – First Quartile, Q3 – Third Quartile.

DISCUSSION

In this study sample all of the children had measles antibody levels above the clinical protective antibody concentration of 200 mIU/ml.[22] This was to some extent expected since the children had had the primary measles vaccination at 9 months of age and were tested for antibody levels after the booster measles vaccination at 18 months of age.[27-28] A primary immune response occurs when an antigen contacts the immune system for the first time, either from natural infection or primary immunisation. Antigen-specific 'memory' T cells are generated to respond.[29] Secondary immune response occurs when the immune system is exposed to the antigen for the second and subsequent times.[29,30] Since the immune cells have been exposed to the antigen previously, the post-booster (or secondary) immune response is quicker and more sustained, due to the rapid activation of memory cells.[30-31] For the measles immunisation, the booster vaccination 'boosts' the measles-specific IgG response. It would thus perhaps have been better to test this sun protection intervention at the initial measles vaccination, rather than in relation to the secondary response, although venepuncture at this younger age may not have been feasible.

There were no differences in antibody titres between the intervention and control groups, in unadjusted or adjusted analyses. There are several possible explanations for this null finding. In both clinics, 93% of mothers reported waiting inside the clinic, i.e. out of the sun, essentially providing a sun protection intervention during the peri-vaccination period previously shown to be important. Activity diaries to provide data on post-vaccination use of the sun protection were poorly completed, but this period is likely to be less important to the immunological response to vaccination, based on our previous work.[10] In addition, the measles vaccination in this study was administered via an intramuscular route as per national guidelines, thereby bypassing

cutaneous immune machinery where UV radiation-associated immunosuppression has been shown to occur maximally.[32] A different route of vaccine administration, for example, subcutaneous, may have yielded different results.[33] The booster measles vaccination was convenient, but not ideal to test this intervention, given that UV radiation primarily suppresses cell-mediated and not humoral immune responses. We were not able to determine the subtypes, e.g. IgG₁, IgG₂, of measles antibody produced in response to vaccination that may have provided more information on UV-induced suppression of cellular immune responses.[5]

One of the aims of this pilot study was to assess recruitment, consent and follow-up. Unfortunately, the protocol for collecting information on recruitment rates was not adequately implemented, so that this information was not available. Anecdotally, almost all mothers who were asked to participate in the study consented; however, in general the number of clinic attendees presenting at the clinic was lower than anticipated. Our original estimates on number of clinic attendees were based on anecdotal evidence from the nurses at the rural clinics, as well as on provincial-level records for rural clinics that may have varied greatly between clinics located within a province. Our anticipated recruitment period of three months was extended to four months in order to meet our sample size requirements. Our follow-up rates were high, as a result of multiple follow-up calls made to the participants by the research nurse.

Given that only two sites were randomised, it is unsurprising that there appeared to be some differences in the participant baseline characteristics between intervention and control groups. For example, 56% of control children were noted to be on 'medication' compared to none of the intervention children. We suspect that this difference may be a result of reporting bias or due to the way in which the research nurse questioned the mother about medication use by the child. Despite intensive training of the two research nurses and having a scripted protocol

in place, some deviations may have occurred during the questionnaire interview. Also, we did not record the type of medication, so were unable to determine whether this was a type of medication that could have altered immune responses to vaccination. Use of paracetamol, for example, after vaccination can reduce the response to primary vaccination[34] and subsequently influence antibody levels after the booster vaccination.[35] Breastfeeding at the time of the first measles vaccination, a well-recognised determinant of the immune response to measles vaccination[34] was 62% in the control and 91% in the intervention groups (excluding the respondents who did not know, these values were 79% and 98% in the control and intervention groups, respectively). Trans-placental transfer of maternal antibodies against measles results in increased antibody concentrations in infants.[36-37] Whether the mother had had a measles vaccination, also a significant predictor of the child's antibody level post-booster vaccination[30] appeared higher in the intervention group compared to the control group (84% vs 63%).

More children in the intervention than control group were reported as being susceptible to sunburn and the child having been sunburnt the week prior to the interview. We surmise that intervention group mothers may have replied 'yes' to these questions because they had been told, as had the control arm, at enrolment that the study was about sun exposure and sun protection. Mothers might have given 'perceived to be' desirable responses, i.e. child does get sunburnt, to 'guarantee' their involvement in the study and the receipt of the sun protection equipment. Most mothers reported that their children spent the majority of their time indoors (77% and 74% on weekdays and weekend days, respectively) and when the children were outdoors, 95% were reportedly in the shade. We were not able to validate the reported study findings related to children's time spent outdoors versus indoors during the study period post-vaccination since diaries were poorly completed, as noted above. Most mothers (91%) in our study considered that

the sun is harmful, therefore, they may have tried to limit their child's sun exposure. It may also be that warm ambient temperatures (~ 27 °C between October and March) during summertime in Limpopo province encouraged mothers and their children to spend more time indoors or to seek shade.

We aimed to take blood samples at 28 days post-vaccination,[38] however, logistical challenges prohibited this from happening. In the study, the most efficient way to collect the blood was to conduct blood sampling among the children in batches on one or two days before the set date for blood collection. This resulted in variation in the number of days from date of vaccination to date of blood sampling for the intervention and control groups.

Several additional factors influencing measles antibody levels should have been included in the questionnaire, such as whether the mother had had measles or any chronic infections and whether the mother was on any medication while breastfeeding. Twelve children in the study sample were reported to have OCA; however, some of these children reportedly had darker skin than one would expect for an individual with OCA. The study clinics were located in Limpopo province where OCA prevalence can be high,[39] however, the research nurses did not validate OCA among children.

We set out to test whether a sun protection intervention in a rural, Black African setting was feasible. Our study was powered to detect only a large difference between groups. The number of children vaccinated may have been higher in an urban or peri-urban setting; however, the choice of a rural setting was made with the assumption that children would likely receive more sun exposure in a rural setting compared to an urban setting. The results of the study cannot be generalised to urban or peri-urban communities or to children of other age groups.

CONCLUSION

In conclusion, while we were unable to show that among deeply pigmented children sun protection advice and equipment enhanced vaccine effectiveness, we have shown that it is possible to implement a sun protection intervention study in a rural, Black African setting. Future studies among different populations and in different settings are needed to further explore this issue and would likely provide additional guidance for strengthening advice regarding vaccination effectiveness in countries with high sun exposure. Our study should provide guidance for the design and conduct of future studies.

Acknowledgements: This work was supported by funding from the National Research Foundation (NRF) of South Africa (Grant number: 93426) and the South African Medical Research Council (SAMRC) Heat and Health Flagship Seed project. We are grateful to all of the mothers and their children who participated in the study and to the Clinic Sisters who hosted the Research Nurses. We also thank the Limpopo Department of Health for their support of the project.

REFERENCES

- Bloom D.E. (2011) The value of vaccination. Adv Exp Med Biol. 697, 1-8. https://doi.org/10.1007/978-1-4419-7185-2_1
- Milstein JB and Gibson JJ. (1990) Quality control of BCG vaccine by WHO: a review of factors that may influence vaccine effectiveness and safety. Bull World Health Organ. 68, 93-108. PMID: 2189588

- 3. Van Loveren H, Van Amsterdam JG, Vandebriel RJ, et al. (2001) Vaccine-induced antibody responses as parameters of the influence of endogenous and environmental factors. Environ. Health Perspect. 109, 757-764. PMID: 11564609
- Snopov A, Kharit SM, Norval M, Ivanova VV. (2005) Circulating leukocyte and cytokine responses to measles and poliovirus vaccination in children after ultraviolet radiation exposures. Arch Virol. 150, 1729–1743. https://doi.org/10.1007/s00705-005-0561-6
- Sleijffers A, Grassen J, van Loveren H. (2002) Ultraviolet radiation, resistance to infectious diseases and vaccination responses. Methods. 28, 111-121. PMID: 12231195
- Linder N, Abudi Y, Abdulla A, et al. (2002) Effect of season of inoculation on immune responses to rubella vaccine in children. J Trop Pediatr. 57, 299-302. https://doi.org/10.1093/tropej/fmp104
- 7. Norval M, Haliday GM. (2011) The consequences of UV-induced immunosuppression for human health. Photochem Photobiol. 87, 965-977. https://doi.org/10.1111/j.1751-1097.2011.00969.x
- 8. Haliday GM, Damian DL, Rana S, Byrne SN. (2012) The suppressive effects of ultraviolet radation on immunity in the skin and internal organs: implications for autoimmunity. J. Dermatol. Sci. 66, 176-182. https://doi.org/10.1016/j.jdermsci.2011.12.009
- Hart PH, Gorman S, Finlay-Jones JJ. (2011) Modulation of the immune system by UV radiation: more than just the effects of vitamin D? Nat. Rev. Immunol. 11, 584-596.
 https://doi.org/10.1038/nri3045
- 10. Swaminathan A. (2013) Assessing the influence of solar ultraviolet radiation exposure on the primary immune response to immunisation with a protein antigen in humans.

- Canberra, Australia: The Australian National University.

 https://trove.nla.gov.au/work/210019564?q&versionId=230537583 (accessed 25 May 2018).
- 11. Oh C, Hennessy A, Ha T, Bisset Y, Diffey BL, Rees JL. (2004) The time course of photoadpatation and pigmentation studied using a novel method to distinguish pigmentation from erythema. J Investigat Dermatol. 123, 965-972. https://doi.org/10.1111/j.0022-202X.2004.23464.x
- 12. Kelly DA, Young AR, McGregor JM, Seed PT, Potten CS, Walker SL. (2000) Sensitivity to sunburn is associated with susceptibility to ultraviolet radiation-induced suppression of cutaneous cell-mediated immunity. J Exp Med.191, 561-566. PMID: 10662801
- 13. National Institute for Communicable Diseases. (2016) Vaccine-preventable diseases: A change in the measles vaccination schedule. Communicable Disease Communique. 5, 1-2. http://www.nicd.ac.za/assets/files/Measles%20vaccine.pdf (accessed 25 May 2018).
- Pichon LC, Corral I, Landrine H, Mayer JA, Norman GJ. (2010) Sun-protection behaviours among African Americans. Am J Prev Med. 38, 288-295. https://doi.org/10.1016/j.amepre.2009.10.041
- 15. Kunene Z, Albers PN, Lucas RM, Banwell C, Mathee A, Wright CY. (2017) 'My child did not like using sun protection': practices and perceptions of child sun protection among rural black African mothers. BMC Public Health. 17, 677. https://doi.org/10.1186/s12889-017-4688-7
- 16. Wright CY, Albers PN, Mathee A, Kunene Z, D'Este C, Swaminathan A, Lucas RM. (2017) Sun protection to improve vaccine effectiveness in children in a high ambient

- ultraviolet radiation and rural environment: an intervention study. BMC Public Health. 17, 37. https://doi.org/10.1186/s12889-016-3966-0
- 17. World Health Organization. (2018) Global Solar UV Index. Geneva, Switzerland.

 WHO/SDE/OEH/02.2; 2002. http://www.who.int/uv/publications/en/UVIGuide.pdf
 (accessed 25 May 2018).
- 18. Stanton WR, Chakma B, O'Riordan DL, Eyeson-Annan M. (2000) Sun exposure and primary prevention of skin cancer for infants and young children during autumn/winter. Aust N Z J Public Health. 24, 178-184. https://doi.org/10.1111/j.1467-842X.2000.tb00139.x
- 19. Smith AS, Harrison S, Nowak M, Beuttner P, MacLennan R. (2013) Changes in the pattern of sun exposure and sun protection in young children from tropical Australia. J Am Acad Dermatol. 68, 777-783. https://doi.org/10.1016/j.jaad.2012.10.057
- Statistics South Africa. (2018) Mid-year population estimates for 2016.
 www.statssa.gov.za/ (accessed 25 May 2018).
- 21. Scott P, Moss WJ, Gilani Z, Low N. (2011) Measles vaccination in HIV-infected children: systematic review and meta-analysis of safety and immunogenicity. J Infect Dis. 204(Suppl 1), S164-S178. https://doi.org/10.1093/infdis/jir071
- 22. Poethko-Muller C, Mankertz A. (2012) Seroprevalence of measles-, mumps-and rubella-specific IgG antibodies in German children and adolescents and predictors for seronegativity. PloS One. 7, e42867. https://doi.org/10/1371/journal.pone.0042867
- 23. Microsoft Office Professional Plus. (2013) Microsoft Excel. USA.
- 24. StataCorp. (2017) Statistical Software: Release 14 College Station, TX: Stata Corporation.

- 25. Leuridan E, Hens N, Hutse V, Leven M, Aerts M, van Damme P. (2010) Early waning of maternal measles antibodies in era of measles elimination: longitudinal study. BMJ. 340, c1626. https://doi.org/10.1136/bmj.c1626
- 26. Papania M, Baughman AL, Lee S, et al. (1999) Increased susceptibility to measles in infants in the United States. Pediatrics. 104(5), e59. PMID: 10545585
- 27. MacLennan J, Obara S, Deeks J, et al. (1999) Immune response to revaccination with meningococcal A and C polysaccharides in Gambian children following repeated immunisation during early childhood. Vaccine. 17, 23-24. PMID: 10462244
- 28. Christenson B, Bottiger M. (1994) Measles antibody: comparison of long-term vaccination titires, early vaccination titres and naturally acquired immunity to and booster effects on the measles virus. Vaccine. 12, 129-133. PMID: 8147093
- 29. Janeway C, Travers P, Walport M (Editors) (2001) Immunobiology: The Immune System in Health and Disease (Fifth Edition). Garland Science, New York USA.
- 30. Ademokun AA, Dunn-Walters D (Editors) (2010) Immune responses: primary and secondary. Encyclopedia of Life Sciences: Wiley Online Library. https://doi.org/10.1002/9780470015902.a0000947.pub2
- 31. Orenstein SA and Offit PA (Editors) (2012). Vaccines (Sixth Edition). Plotkin. ISBN 978-1-4557-0090-5. https://doi.org/10.1016/B978-1-4557-0090-5.00087-2.
- 32. Hart PH, Norval M (2017) Ultraviolet radiation-induced immunosuppression and its relevance for skin carcinogensis. Photochem Photobiol Sci. 14, 1-10. https://doi.org//10.1039/c7000312a.

- 33. Lambert PH, Laurent PE. (2008) Intradermal vaccine delivery: Will new delivery systems transform vaccine administration? Vaccine. 26, 3197-3208.
 https://doi.org/10.1016/j.vaccine.2008.03.095
- 34. Saleh E Moody MA, Walter EB. (2016) Effect of antipyretic analgesics on immune responses to vaccination. Hum Vacc Immunother. 12, 2391-2402. https://doi.org/10.1080/21645515.2016.1183077
- 35. Gans H, Yasukawa L, Rinki M, et al. (2001) Immune responses to measles and mumps vaccaintion of infants at 6, 9, and 12 months. J Infect Diseases. 184, 817-826. https://doi.org/10.1086/323346
- 36. Van den Berg JP, Westerbeek EA, van der Klis FR, Berbers GA, van Elburg RM. (2011)

 Transplacental transport of IgG antibodies to preterm infants: a review of the literature.

 Early Human Develop. 87, 67-72. https://doi.org/10.1016/j.earlhumdev.2010.11.003
- 37. Aaby P, Martins CL, Garly M-L, et al. (2014) Measles vaccination in the presence or absence of maternal measles antibody: impact on child survival. Clin Infect Dis. 59, 484-492. https://doi.org/10.1093/cid/ciu354
- 38. Voller A, Bidwell DE. (1976) Enzyme-immunoassays for antibodies in measles, cytomegalovirus infections and after rubella vaccination. Br J Exp Patol. 57, 243-247. PMID: 178338
- Lund PM, Taylor JS (2008). Lack of adequate sun protection for children with oculocutaneous albinism in South Africa. BMC Public Health. 8, 225. https://doi.org/10.1186/1471-2458-8-225

40. Schulz KF, Altman DG, Moher D. (2010) CONSORT 2010 Statement: updated guidelines for reporting parallel group randomized trials. BMJ. 340, c332. https://doi.org/10.1136/bmj.c332