# Investigation of the Mechanism of Anti-Inflammatory Action and Cytotoxicity of a Semipurified Fraction and Isolated Compounds From the Leaf of *Peltophorum africanum* (Fabaceae)

Journal of Evidence-Based Complementary & Alternative Medicine 2017, Vol. 22(4) 840-845 © The Author(s) 2017 Reprints and permission: sagepub.com/journalsPermissions.nav DOI: 10.1177/2156587217717417 journals.sagepub.com/home/cam



Salmon A. Adebayo, DTech<sup>1,2</sup>, Helen C. Steel, PhD<sup>3</sup>, Leshweni J. Shai, PhD<sup>1</sup>, and Jacobus N. Eloff, DSc<sup>4</sup>

# Abstract

Peltophorum africanum extracts have been shown to possess many important medicinal benefits, including anti-inflammatory and antiviral activities. However, the mechanism of action is poorly understood. The mechanism of anti-inflammatory action was determined by measuring the synthesis of cytokines in lipopolysaccharide (LPS) stimulated RAW 264.7 macrophage cells in vitro. Compound I (CPI), compound 2 (CP2), and fraction F3.3.0 (F3.3.0) significantly reduced the synthesis of interleukin 1 $\beta$  (IL-1 $\beta$ ) from RAW 264.7 cells (1.18, 1.32, and 0.92 ng/mL), respectively. Similarly, CPI, CP2, and F3.3.0 inhibited the production of IL-2 and tumor necrosis factor– $\alpha$  (TNF- $\alpha$ ) by RAW 264.7 cells (0.41, 0.60, 0.74 and 0.11, 0.27, 0.24 ng/mL, respectively. In addition, CPI and CP2 had lower cytotoxicity toward RAW 264.7 cells, with CP2 indicating the lowest cytotoxicity (LD<sub>50</sub> = 207.88 µg/mL). The mechanism of action was found to be via the inhibition of pro-inflammation cytokines (IL-1  $\beta$  and TNF- $\alpha$ ). This observation may support the use of *P africanum* to treat pain-related conditions.

#### Keywords

IL-1 $\beta$ , IL-2, TNF- $\alpha$ , anti-inflammatory, RAW 264.7, Peltophorum africanum

Received January 18, 2017. Received revised April 7, 2017. Accepted for publication May 19, 2017.

In chronic inflammation, the release of pro-inflammatory cytokines by activated T-lymphocytes and macrophages is largely responsible for perpetuating the inflammatory process, often leading to irreversible tissue damage and permanent functional impairment. However, this complex process involves the coordinated activity of transcriptional factors and gene expressions in activated immune cells. Although, the complete process of the signaling pathways and gene expressions are not fully understood, recent work has attempted to explain the molecular basis of the inflammatory response.<sup>1</sup> Activities of transcription factors, kinases, and pro-inflammatory cytokines have been implicated in the pathogenesis of chronic inflammatory conditions. Nuclear factor kappa B (NF-kB) is involved in the regulation and synthesis of pro-inflammatory cytokines such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-1 $\beta$  (IL-1 $\beta$ ), and IL-6.<sup>2-4</sup> Although, the predominant cells responsible for the synthesis and release of these cytokines are activated T-helper 1 and 2 (Th<sub>1</sub> and Th<sub>2</sub>) subset of T-lymphocytes,<sup>3</sup> macrophages and endothelial cells are also actively involved.<sup>4</sup>

Extracts of medicinal plants such as *Peltophorum africanum* are widely used in traditional medicine in southern Africa to treat painful symptoms associated with chronic inflammatory conditions like rheumatoid arthritis. Preliminary evaluation of the crude acetone extracts of the leaf of *P africanum* indicated good activity against 15-lipoxygenase and inducible nitric oxide synthase,<sup>5</sup> which are potent mediators of inflammation. This observation led to a bioassay guided extraction of

- <sup>1</sup> Tshwane University of Technology, Pretoria, South Africa
- <sup>2</sup> University of Limpopo, Sovenga, South Africa
- <sup>3</sup> University of Pretoria, Pretoria, South Africa

<sup>4</sup> University of Pretoria, Onderstepoort, South Africa

#### **Corresponding Author:**

Salmon A. Adebayo, Department of Biomedical Sciences, Faculty of Science, Tshwane University of Technology, Private Bag X680, Arcadia, Pretoria 0001, South Africa.

Email: adebayosa@tut.ac.za



Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (http://www.creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access pages (https://us.sagepub.com/en-us/nam/open-access-at-sage).

semipurified fractions F3.3 and F3.3.0 that contained among others, 2 isolated compounds, CP1 and CP2.

The primary objective of this study was to investigate the mechanism(s) of anti-inflammatory action of subfractions F3.3, F3.3.0 and isolated compounds CP1 and CP2. This was done by assessing the inhibitory activity of subfractions and isolated compounds on the synthesis of pro-inflammatory cyto-kines by lipopolysaccharide (LPS)-induced RAW 264.7 macrophage cell line.

Understanding the molecular basis of action of plantderived compounds could assist in the identification of a specific target candidate for the development of potent and safer anti-inflammatory drugs.

# Methods

# Plant Materials

The collection and preparation of plant materials for bioassays was as described previously. $^{5,6}$ 

# Cell Culture

The RAW 264.7 macrophage cell line (American Type Culture Collection, ATTC TIB-71, Rockville, MD, USA) was used to determine the molecular mechanism of action of the test fractions or compounds. The cells were cultured in plastic culture flasks in Dulbecco's modified Eagle medium (DMEM) containing L-glutamine supplemented with 10% fetal calf serum (FCS) and 1% PSF (penicillin/streptomycin/fungizone) solution under 5% CO<sub>2</sub> at 37°C. The growing cells were split twice a week. The cells were subsequently seeded into a 96-well microtiter plate at  $2 \times 10^6$  cells/well (200 µL) prior to the commencement of each bioassay. The cytokine induction from RAW 264.7 cell lines was performed using an adapted method of Abrham et al.<sup>7</sup>

# Interleukin-I $\beta$ Assays

For the evaluation of the inhibitory activity on IL-1 $\beta$  production, RAW 264.7 cells were incubated with the test compounds or subfraction (20 µL) for 30 minutes under 5% CO<sub>2</sub> at 37°C. The negative control contained no inhibitor and was supplemented with 20 µL growth media. After the incubation period, 5 ng/mL LPS was added to the appropriate wells and the microtiter plate was further incubated in 5% CO<sub>2</sub> at 37°C for 24 hours. At the end of the incubation period, 100 µL of the supernatant of each culture medium was carefully removed into labeled Eppendorf tubes and stored at -80°C until assayed for IL-1 $\beta$  using an IL-1 $\beta$  enzyme-linked immunosorbent assay (ELISA) kit (BioLegend, London, UK). Each sample was diluted 10-fold prior at the commencement of the assay. The amount of IL-1 $\beta$  present in each culture supernatant was then determined as described by the manufactures. Following the addition of stop solution to each well, the absorbance was read at 450 and 570 nm. The absorbance was corrected by removing the absorbance at 570 nm from that of 450 nm. The concentration of IL-1ß in each sample was extrapolated from the standard curve generated by the standards included in the test kit.

# Evaluation of the Inhibitory Activity on Production of Other Cytokines

The Bio-Plex suspension array system (BioRad, Hercules, CA, USA) uses Luminex xMAP technology, which allows for simultaneous detection of up to 100 cytokines in a single sample/control. For the evaluation of the effect of the test compounds on cytokine production, a Bio-Plex Pro-human cytokine Th<sub>1</sub>/Th<sub>2</sub> assay kit (BioRad) for the detection of IL-2, IL-5, granulocyte-macrophage colony-stimulating factor (GM-CSF), and TNF- $\alpha$  was used. The RAW 264.7 macrophage cell line was treated as described above and the supernatants collected for cytokine determinations were stored at  $-80^{\circ}$ C until use. The experimental procedure was then followed as described by the manufacturer. The final concentrations of the assayed interleukins in the culture supernatant were obtained using the Bio-Plex Manager 4.0 software (BioRad).

# Cytotoxicity of Compounds on RAW 264.7 Macrophage Cell Line

In order to ascertain that the results obtained from the bioassays were not due to cytotoxicity of subfraction/compounds on RAW 264.7 macrophage cell lines, the samples were also evaluated for potential cytotoxicity using the 3-(4,5- dimethylthiazol-2-yl)-2,5-diphenyl tetra-zoliumbromide (MTT) assay. The RAW 264.7 cell lines were seeded at  $2 \times 10^6$  cells/well (200 µL) in a 96-well microtiter plate. The microtiter plate was place in the incubator in 5% CO<sub>2</sub> at 37°C for 1 hour. After the incubation period, 50 µL of culture supernatant was carefully removed from each appropriate well and replaced with 50 µL test compound or 1 mM hydrogen peroxide (H2O2) solution as positive control. The cells were incubated in 5% CO<sub>2</sub> at 37°C for 48 hours. At the end of the incubation period,  $10 \,\mu\text{L}$  MTT (5 mg/mL in DMEM) was added to each well and the microtiter plate was further incubated in 5% CO<sub>2</sub> at 37°C for 2 hours. After incubation, 20 µL isopropanol (with 0.04 M hydrochloric acid) was added to each well to dissolve the formazan precipitate that had formed. The absorbance of the solution on the microtiter plate was read at 570 nm. The lethal dose (LD<sub>50</sub>) for each test compound or control was calculated as the concentration that resulted in 50% viability of the cell line in the well. The experiment was done at 3 different times in triplicate.

#### Statistical Analysis

All results are presented as the mean  $\pm$  standard error of the means (SEM) of triplicate experiments. Differences between test extract in these experiments was assessed for significance using analysis of variance (ANOVA) and Student's *t* test, where probability  $P \leq .05$  was considered significant.

# **Results and Discussion**

Inflammation is mediated by the activities of cytokines released from cells of the immune systems in response to infections, external injuries, or in autoimmune conditions. The antiinflammatory potential of *P africanum* fractions and isolated compounds was monitored in vitro by incubating RAW 264.7 macrophage cell lines with bacterial LPS, a major structural component of the outer wall of gram-negative bacteria. The amount of cytokines released into the cell cultured medium



**Figure 1.** The inhibitory effects of F3.3, CP1, CP, and F3.3.0 (pooled rest of fractions) on interleukin-1 $\beta$  (IL-1 $\beta$ ) synthesis (ng/mL) in lipopolysaccharide (LPS)-activated RAW 264.7 macrophage cells. Untreated cells are activated RAW 264.7 macrophage cells without treatment with plant derivatives (\*P < .05).

was quantified using ELISA (IL-1 $\beta$ ) and Bio-Plex suspension array kits (IL-2, IL-5, GM-CSF, TNF- $\alpha$ ) respectively.

## Interleukin-I $\beta$ Assay

IL-1 $\beta$  is a pro-inflammatory cytokine produced by endothelial cells, B cells, and fibroblast cells.<sup>4</sup> The synthesis and release of IL-1 $\beta$  is associated with acute and chronic inflammatory responses, edema, and promotes the synthesis of prostaglandins, as well as the induction of the acute phase reaction. All the samples tested (F3.3, CP1, CP2, and F3.3.0) reduced the synthesis of IL-1 $\beta$  by RAW 264.7 cells compared with untreated controls. Subfraction F3.3.0 had the highest inhibitory activity on IL-1 $\beta$  synthesis by RAW 264.7 cells (0.92 ng/mL) compared with untreated controls (5.29 ng/mL) (Figure 1). Neutralization of IL-1 $\beta$  synthesis is desirable in inflammatory conditions such as osteoarthritis, as it leads to rapid and sustained reduction in the stimulation and upregulation of other pro-inflammatory mediators.<sup>8</sup>

# Interleukin-2 Assay

IL-2 is secreted by stimulated Th cells (CD4<sup>+</sup>), cytotoxic T cells (CD8<sup>+</sup>), and large granular lymphocytes and plays a central role in inflammation and immune signaling. It promotes the proliferation (colonal expansion) and differentiation of additional CD4<sup>+</sup> cells, B cells, and activates macrophages and oligodendrocytes (pro-inflammatory activity). The primary function of IL-2 is thought to be the regulation of regulatory T ( $T_{reg}$ ) cells<sup>9</sup> and the generation of CD8<sup>+</sup> cytotoxic T cells, which are important for antiviral responses.<sup>10</sup> The results from this study indicate that CP1, CP2 and F3.3.0 also reduced the synthesis of IL-2 (0.41, 0.6, and 0.74 ng/mL, respectively), whereas F3.3 did not significantly affect IL-2 synthesis (1.87 ng/mL) when compared with untreated cells (1.9 ng/mL). These results suggest that the compounds had better inhibitory activity against IL-2 synthesis when in isolation than the



**Figure 2.** The inhibitory effects of F3.3, CP1, CP2, and F3.3.0 on interleukin-2 (IL-2) synthesis in lipopolysaccharide (LPS)-activated RAW 264.7 macrophage cell lines (\*P < .05).



**Figure 3.** The inhibitory effects of F3.3, CP1, CP2, and F3.3.0 on interleukin-5 (IL-5) synthesis in lipopolysaccharide (LPS)-stimulated RAW 264.7 macrophage cell lines. Compounds 1, 2, and F3.3.0 significantly reduced the synthesis of IL-5 (\*P vs \*\*P, P = .014) compared with untreated positive controls.

sub-fraction (F3.3) from which they were isolated (Figure 2). The results are similar to the findings of Abrham et al.<sup>7</sup> Interleukin-2 is a pro-inflammatory cytokine that is capable of exacerbating inflammation.<sup>9</sup>

#### Interleukin-5 Assay

IL-5 forms part of the Th<sub>2</sub> type cytokine response that includes IL-4, -5, and -13.<sup>11</sup> IL-5 induces terminal differentiation of activated B cells into antibody-forming cells and enhances proliferation and differentiation of eosinophil precursors into mature eosinophils.<sup>9</sup> Overexpression of IL-5 significantly increases eosinophil and CD4<sup>+</sup> T-cell numbers and antibody levels in vivo, hence it has pro-inflammatory activity.<sup>12</sup> The results in this study indicate that the compounds tested inhibit IL-5 synthesis from RAW 264.7 cells in a similar manner to that observed for IL-2 synthesis (Figure 3). CP1, CP2, and F3.3.0 significantly (P = .014) inhibited IL-5 synthesis (0.19, 0.25, and 0.19 ng/mL, respectively). On the other hand, F3.3 only slightly decreased its levels (0.35 ng/mL) compared with untreated cells (0.4 ng/mL).



**Figure 4.** The inhibitory effects of F3.3, CP1, CP2, and F3.3.0 on interleukin-12 (IL-12) synthesis in lipopolysaccharide (LPS)-stimulated RAW 264.7 macrophage cell lines (\*P < .05).

# Interleukin-12 Assay

IL-12 is recognized as a master regulator of adaptive type 1, cell-mediated immunity, the critical pathway involved in protection against neoplasia and many viruses.<sup>13</sup> It is a proinflammatory cytokine that enhances Th<sub>1</sub> type responses in macrophage and natural killer (NK) cells by inducing the release of interferon- $\gamma$  (IFN- $\gamma$ ). In addition to its noted effects in the priming of Th<sub>1</sub> cell responses and IFN- $\gamma$  production by T- and NK cells, more recent studies support its critical role as a third signal for CD8<sup>+</sup> T-cell differentiation, and its ability to serve as an important factor in the reactivation and survival of memory CD4<sup>+</sup> T cells. This is particularly relevant in the repolarization of CD4<sup>+</sup> T cells from dysfunctional antitumor Th<sub>2</sub> into Th<sub>1</sub> cells in cancerous cells. However, cytokines such as IL-10 and transforming growth factor-\beta1 can negatively regulate IL-12 production.<sup>13</sup> The expression of IL-12 during infection regulates innate responses and determines the type of adaptive immune responses. Also, IL-12 induces IFN- $\gamma$  production and triggers CD4<sup>+</sup> T cells to differentiate into Th<sub>1</sub> cells.<sup>14</sup> The results indicate that CP1 and F3.3.0 (0.19 ng/ mL) significantly inhibited the synthesis of IL-12 (P = .004). CP2 and F3.3 (0.25 and 1.34 ng/mL, respectively) also inhibited the synthesis of IL-12, albeit to a lesser extent compared with untreated control cells (1.52 ng/mL) (Figure 4). The finding that plant extracts are able to inhibit IL-12 and IL-18, has previously been demonstrated by Verma et al<sup>4</sup> who were able to show that extracts of Grindelia robusta and Quassia amara significantly inhibit IL-12 and IL-1 $\beta$  in LPS-induced murine macrophage cell lines by 50%.

# Interleukin-13 Assay

IL-13 has both structural and functional similarities to IL-4 by promoting B-cell differentiation and the inhibition of the synthesis of pro-inflammatory cytokines from macrophages (antiinflammatory activity).<sup>11</sup> Only CP2 appears to inhibit IL-13 synthesis (0.21 ng/mL) whereas F3.3, CP1, and F3.3.0 (0.29, 0.41, and 0.29 ng/mL, respectively) did not affect IL-13



Figure 5. The effects of F3.3, CP1, CP2, and F3.3.0 on interleukin-13 (IL-13) synthesis in lipopolysaccharide (LPS)-stimulated RAW 264.7 macrophage cell line (\*P < .05).

synthesis when compared with untreated (0.34 ng/mL) RAW 264.7 cell lines (Figure 5). Interestingly, CP1 appears to enhance IL-13 synthesis and release, which is a beneficial process to limit inflammation and initiate the repair process. This observation further suggests that F3.3, CP1, and F3.3.0 have anti-inflammatory properties and promote the process of inflammatory resolution.

# Granulocyte-Macrophage Colony Stimulating Factor

GM-CSF is an important hematopoietic growth factor and immune modulator.<sup>15</sup> This cytokine has profound proinflammatory effects on the functional activities of various circulating leucocytes. It is produced by a variety of cell types, including T cells, macrophages, endothelial cells, and fibroblasts on receiving immune stimuli.<sup>16</sup> Other substances such as bacterial LPS, IL-1 $\beta$ , IL-6, and TNF- $\alpha$ , are potent inducers of GM-CSF.

The results in our study indicate that F3.3.0 (15.64 ng/mL) significantly (P = .01) suppressed the synthesis of GM-CSF by RAW 264.7 macrophage cells, better than F3.3, CP1, CP2 (46.51, 25.4, and 24.23 ng/mL, respectively) and untreated cells (40.31 ng/mL) (Figure 6). Over-expression of GM-CSF leads to severe inflammation.<sup>17,18</sup>

# Tumor Necrosis Factor- $\alpha$ Assay

TNF- $\alpha$  is a pro-inflammatory cytokine produced by a variety of immunocompetent cells including macrophages, Th<sub>1</sub>/Th<sub>2</sub> cells, dendritic cells, and neutrophils.<sup>4</sup> TNF, along with IL-1 $\beta$ , and IL-6 are potent, pro-inflammatory cytokines<sup>18</sup> capable of cell recruitment and initiation of inflammation. Increased concentrations of TNF- $\alpha$  are found in acute and chronic inflammatory conditions such as trauma, sepsis, infections and rheumatoid arthritis.<sup>19</sup>

The results obtained here indicate that CP1 (0.11 ng/mL) significantly (P = .002) reduced the secretion of TNF- $\alpha$  by RAW 264.7 cells compared with F3.3, CP2, F3.3.0 (0.3, 0.27, 0.24, ng/mL, respectively) and untreated cells



**Figure 6.** The effects of F3.3, CP1, CP2, and F3.3.0 on granulocyte-macrophage colony-stimulating factor (GM-CSF) synthesis in lipopolysaccharide (LPS)-stimulated RAW 264.7 macrophage cell lines (\*P = .01).



**Figure 7.** The inhibitory effects of F3.3, CPI, CP2, and F3.3.0 on the synthesis of tumor necrosis factor– $\alpha$  (TNF- $\alpha$ ) in lipopolysaccharide (LPS)-stimulated RAW 264.7 macrophage cell lines (\*P = .002).



**Figure 8.** Cytotoxicity assessments of F3.3 (92.25  $\mu$ g/mL) and CPI (124.91  $\mu$ g/mL), CP2 (207.88  $\mu$ g/mL), F3.3.0 (131.41  $\mu$ g/mL), respectively, compared with H<sub>2</sub>O<sub>2</sub> (4.60  $\mu$ g/mL) positive controls in RAW 264.7 macrophage cell line in vitro (\*P = .03).

**Table I.** The Selectivity Index (SI) of F3.3, CP1, CP2, and F3.3.0 as a Measure of Their Anti-Inflammatory Activity Relative to the Value of Their Cytotoxicity on RAW 264.7 Cell Lines.

Sample	LD <sub>50</sub> (µg/mL) on RAW cells	Selectivity Index (SI = LD_{50} in $\mu g/mL/Value$ of Bioactivity in $\mu g/mL)$						
		IL-Iβ	IL-2	IL-5	IL-12	IL-13	GM-CSF	TNF-α
F3.3	92.25	0.15	0.29	0.02	0.02	0.03	0.21	0.19
CPI	124.91	0.19	0.16	0.13	0.09	0.3	0.09	0.16
CP2	207.88	0.32	0.21	0.16	0.1	0.16	0.17	0.04
F3.3.0	131.41	0.20	0.1	0.14	0.1	0.04	0.16	0.05
$H_2O_2$	4.60	—	—	—	—	—	—	—

Abbreviations: GN-CSF, granulocyte-macrophage colony-stimulating factor; IL, interleukin; LD<sub>50</sub>, median lethal dose; TNF- $\alpha$ , tumor necrosis factor– $\alpha$ .

(0.3 ng/mL) (Figure 7). Compounds that are capable of suppressing the synthesis and release of TNF- $\alpha$  are potential candidates for use as templates for development of potent anti-inflammatory drugs.

# Cytotoxicity Assessments

Cytotoxicity assessment of plant extracts, fractions, and isolated compound is a measure of the safety profile of the samples when exposed to a particular cell line in culture. All the fractions/compounds tested demonstrated low cytotoxicity on the RAW 264.7 macrophage cell line compared with the H<sub>2</sub>O<sub>2</sub> positive controls (P = .03). CP2 was the least cytotoxic fraction tested (LD<sub>50</sub> = 207.88  $\mu$ g/mL) compared with the H<sub>2</sub>O<sub>2</sub> positive controls (LD<sub>50</sub> = 4.60  $\mu$ g/mL) (Figure 8). The results also indicate that the biological activities of the subfraction and test compounds were not due to cytotoxicity on the RAW 264.7 macrophage cell line. This was evaluated using the selectivity index (SI),<sup>20</sup> to ascertain that the observed anti-inflammatory effect was not due to a general metabolic toxic effect on the RAW 267.4 cell lines (Table 1). A higher SI value is indicative of selective anti-inflammatory (biological) activity while a low SI value indicates higher cellular toxicity. The SI for fraction X and isolated compounds ranged between 0.02 and 0.32.

# Conclusions

The fractions/compounds isolated from the leaf of PA tested in this study significantly inhibited the synthesis of some proinflammatory cytokines; IL-1 $\beta$ , IL-2, and TNF- $\beta$ . This was especially noted for CP1, which had good inhibitory activity on most of the pro-inflammatory cytokines, with no significant effect on IL-13 synthesis. These activities are probably orchestrated via the inhibition of NF- $\kappa$ B, which is responsible for stimulating the synthesis of these pro-inflammatory cytokines. The results indicate that CP1, CP2, and F3.3.0 are potential candidates that could be used for treating inflammation initiated by the actions of these pro-inflammatory cytokines. It was determined that the extracts have low cytotoxicity and, therefore, have the potential to be used as templates in the development of new anti-inflammatory drugs. The structures of CP1 and CP2 are currently being ascertained.

#### Acknowledgments

This study was done at the Paraclinical Sciences and Immunology Departments of the University of Pretoria. Mr Jason Sampson, the curator of the Manie van der Schijff Botanical Gardens, University of Pretoria provided support in plant collection and identification.

#### **Author Contributions**

The draft manuscript as well as biological assays, data entry, and analysis were done by SAA. HCS critically reviewed the manuscript and participated in the study design and choice of assay methods. LJS and JNE conceived the idea, reviewed the draft manuscript, and were instrumental in the study design, data analysis and interpretation. All authors read and approved of the final manuscript for submission.

#### **Declaration of Conflicting Interests**

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

#### Funding

The authors disclosed receipt of the following financial support for the research, authorship, and/or publication of this article: Financial assistance was provided to SAA by the National Research Foundation of South Africa through grant number SFP150708124126.

#### Ethical Approval

This study received ethics clearance from the Research and Ethics committee of the Faculty of Science at the Tshwane University of Technology, as human and animal subjects were not used (2012/209306254).

#### References

- Gonzalez R, Ballester I, Lopez-Posadas R, et al. Effects of flavonoids and other polyphenols on inflammation. *Crit Rev Food Sci Nutr.* 2011;51:331-362.
- Kim JH, Park YM, Shin JS, et al. Fraxinellone inhibits lipopolysaccharide-induced inducible nitric oxide synthase and cyclooxygenase-2 expression by negatively regulating nuclear factor-kappa B in RAW 264.7 macrophages cells. *Biol Pharm Bull.* 2009;32:1062-1068.
- Lee TY, Lee KC, Chen SY, Chang HH. 6-Gingerol inhibits ROS and iNOS through the suppression of PKC-α and NF-κB pathways in lipopolysaccharide-stimulated mouse macrophages. *Biochem Biophys Res Commun.* 2009;382:134-139.
- Verma N, Tripathi SK, Sahu D, Das HR, Das RH. Evaluation of inhibitory activities of plant extracts on production of LPSstimulated pro-inflammatory mediators in J774 murine macrophages. *Mol Cell Biochem*. 2010;336:127-135. doi:10.1007/ s11010-009-0263-6.
- 5. Adebayo SA, Dzoyem JP, Shai LJ, Eloff JN. The antiinflammatory and antioxidant activity of 25 plant species used

traditionally to treat pain in southern Africa. BMC Complement Altern Med. 2015;15:159-168.

- Adebayo SA. The Anti-Inflammatory Activity and Cytotoxicity of Peltophorum africanum Leaf Extracts, Fractions and Isolated Compounds [dissertation]. Pretoria, South Africa: Tshwane University of Technology.
- Abrham G, Dovrat S, Bessler H, Grossman S, Nir U, Bergman M. Inhibition of inflammatory cytokine secretion by plant-derived compounds inuviscolide and tomentosin: the role of NF-κB and STAT1. Open Pharmacol J. 2010;4:36-44.
- Wang S, Xie G, Qin C, et al. *Aucubin* prevents interleukin-1β induced inflammation and cartilage matrix degradation via inhibition of NF-κB signaling pathway in rat articular chondrocytes. *Int Immunopharmacol.* 2015;24:408-415.
- Malek TR. The main function of IL-2 is to promote the development of T regulatory cells. J Leukoc Biol. 2003;74:961-963.
- Sigal LJ. Activation of CD8 T lymphocytes during viral infections. In: Ratcliffe MJH, ed. *Encyclopedia Immunobiology*. Vol. 4. San Diego, CA: Academic Press; 2016:286-290.
- Singh A, Holvoet S, Weiss M, Beaumont M, Zuercher AW, Mercenier A. Increased IL-5 and IL-13 cytokine level in ex vivo stimulated whole blood cells from grass pollen allergic donors correlate with seasonal exposure. *Results Immunol*. 2011;1:18-23.
- Kouro T, Takatsu K. IL-5 and eosinophil-mediated inflammation: from discovery to therapy. *Int Immunol.* 2009;21:1303-1309.
- Mendez-Samperio P. Recent advances in the field of antimicrobial peptides in inflammatory diseases. *Adv Biomed Res.* 2013;2: 50-55.
- Hamza M, Wang X-M, Adam A, et al. Kinin B1 receptor contributes to acute pain following minor surgery in humans. *Mol Pain*. 2010;6:12-22.
- Shi Y, Liu CH, Roberts AI, et al. Granulocyte-macrophage colony-stimulating factor (GM-CSF) and T-cell responses: what we do and don't know. *Cell Res.* 2006;16:126-133.
- Alderuccio F, Biondo M, Toh BH. Organ-specific autoimmunity in granulocyte macrophage-colony stimulating factor (GM-CSF) deficient mice. *Autoimmunity*. 2002;35:67-73.
- Hamilton JA, Anderson GP. GM-CSF biology. *Growth Factors*. 2004;22:225-231.
- Lambertsen KL, Biber K, Finsen B. Inflammatory cytokines in experimental and human stroke. J Cereb Blood Flow Metab. 2012;32:1677-1698.
- Popa C, Netea MG, van Riel PL, van der Meer JW, Stalenhoef AF. The role of TNF-α in chronic inflammatory conditions, intermediary metabolism, and cardiovascular risk. *J Lipid Res.* 2007; 48:751-762.
- Adamu M, Naidoo V, Eloff JN. The antibacterial activity, antioxidant activity and selectivity index of leaf extracts of thirteen South African tree species used in ethnoveterinary medicine to treat helminth infection. *BMC Vet Res.* 2014;10:52. doi:10.1186/ 1746-6148-10-52.