Interactive Malaria Education Intervention and its Effect on Community Participant Knowledge: The Malaria Awareness Program (MAP) in Vhembe District, Limpopo, South Africa

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Abstract

Malaria is preventable and treatable, yet remains the most prevalent parasitic endemic disease in Africa. This paper analyzes prospective observational data from the Malaria Awareness Program (MAP), an interactive malaria education initiative led by homebased care (HBC) workers to improve participant knowledge of malaria as a precursor to increased uptake of malaria control interventions in the Vhembe District, Limpopo, South Africa. Between 2012 – 2016, 1330 individuals participated in MAP. MAP's effectiveness was measured through pre- and post-participation surveys assessing knowledge in malaria transmission, symptoms, prevention and treatment. The primary analysis assessed differences in knowledge between individuals who completed MAP (n=499) and individuals who did not complete MAP (n=399). The adjusted odds of correct malaria knowledge score versus partially correct and/or incorrect score among MAP completers was 3.3 and 2.8 times greater for transmission and prevention, respectively (p-values<0.001). A sub-analysis assessed knowledge improvement among participants who completed both pre- and post-MAP intervention surveys (n=266). There was a 21.4% and 10.5% increase in the proportion of participants who cited correct malaria transmission and prevention methods, respectively. Future research should assess behavioral changes toward malaria prevention and treatment as a result of an intervention, and examine incidence changes in the region.

Keywords: malaria, community education, home-based care workers, knowledge, South Africa, community health workers

Introduction

Malaria is an acute febrile illness caused by parasitic infection spread through the bite of an infected female *Anopheles* mosquito. In 2016, nearly half of the world's population was at risk of malaria, with 212 million cases and 429,000 deaths globally.¹ Currently, Sub-Saharan Africa's malaria burden is disproportionally high, with 90% of all malaria cases and 92% of deaths occurring in this region in 2015.¹ South Africa is one of the frontline malaria elimination countries in the Southern African Development Community (SADC) and thus plays a pivotal role in assisting neighboring countries in their continued efforts.²

An estimated 10% of the South African population lives at risk of contracting malaria within three malaria-endemic provinces: Limpopo, Mpumalanga, and KwaZulu-Natal.^{3,4} Although South Africa has achieved and exceeded the UN Millennium Development Goals for malaria control, Limpopo Province recorded the lowest reduction in malaria cases

compared to other malaria endemic provinces within the country between 2000 and 2010.³ From 2013 to 2014, Limpopo's reported cases of malaria increased from approximately 2,400 to 5,700 cases, of which the majority of cases were acquired locally within the Limpopo Province, as opposed to outside of the region.⁵ The Vhembe district, within the Limpopo Province, accounts for over 60% of all malaria cases reported annually, with an incidence of 2.4 per 1,000 population at risk by 2014.⁵

South Africa's Malaria Control Programme currently employs five key strategies for malaria control, including surveillance, case management, cross-border malaria initiatives, vector control, and health promotion.³ The primary malaria vector control strategy is the universal coverage of Indoor Residual Spraying (IRS) of homes with using mostly pyrethroids and limited Dichlorodiphenyltrichloroethane (DDT) insecticide, which is conducted annually in all high-risk malaria zones before the rainy, transmission season (August – March). Between 2010 – 2014 IRS coverage in Limpopo was estimated between 85-90%.⁵ The Midterm Review of South Africa's Malaria Elimination Strategic Plan for 2012 – 2018 recommended a strengthening of IRS management and monitoring, as well as an increase in "funding and staff for health education on malaria elimination through health promotion."⁶ Health promotion is an essential tool to educate communities about malaria and ensure compliance with IRS campaigns.

Health promotion is highlighted as a key objective of South Africa's Malaria Elimination Strategy, which aims to ensure that by 2018, 100% of the population has adequate malaria knowledge, attitudes and practices.⁷ Knowledge and awareness is one of four key indicators included in Roll Back Malaria's Behavior Change Communication (BCC) intervention strategy to initiate, promote, and sustain desired behavior change.^{8,9} Highquality BCC integration and its evaluation are essential for malaria control programs to

improve malaria prevention and treatment.¹⁰ As South Africa moves towards malaria elimination, investment in community health promotion and BCC, as well as evaluative research, are crucial to increasing malaria understanding and compliance with prevention and treatment measures.

One Sun Health (OSH) is a 501(c)3 non-profit organization and South African nonprofit company that aims to promote sustainable, locally driven solutions to public health challenges through community health education and social entrepreneurship initiatives in South Africa.¹¹ The Malaria Awareness Program (MAP) is OSH's flagship initiative that facilitates the training of home-based care (HBC) workers to create partnerships and lead education sessions with community members in order to improve knowledge surrounding malaria. HBC workers partner with local clinics and are known and respected by the community. Thus, they are the ideal advocates to develop, inform, and lead MAP in order to promote long-term sustainability. This article analyzes prospective observational data from the MAP, an interactive malaria education program led by local HBC workers that aims to improve malaria knowledge of participants in the Vhembe District, Limpopo, South Africa (Figure 1 a, b, Supplemental Materials).

Methods

From 2012 to 2016, MAP education sessions were conducted in HaMakuya and Masisi sub-districts, located in the Vhembe District, Limpopo Province, South Africa. Over five years, 19 villages with a combined population of approximately 12,398 were selected to participate in MAP by representatives of the Makuya Clinic and the Malaria Control Programme based on their high malaria prevalence and risk (Table 1). The MAP study design and protocol, as well as the process for program evaluation are described below.

Table 1.

Villages participating in Malaria Awareness Program (MAP) workshops from 2012 – 2016, South Africa

	MAP V	Vorkshops 2012 -	- 2016	
Region	Village	Year of MAP	Participants included in primary analysis	Overall Village Populationª
	Dohta	2012	60	179
	Domboni	2013, 2016	15	247
	Fandani	2014, 2016	22	170
	Gondeni	2014, 2015	34	5391
	Guyuni	2014, 2016	80	906
	Khavhambe	2013, 2015		355
	Lamvi	2012	28	712
HaMakuya	Madamuni	2013	58	Not available
	Maholoni	2013	25	276
	Maludzawela	2013	110	132
	Muhotoni	2012	41	69
	Mukoma	2012, 2016	30	388
	Musunda	2012, 2015	86	319
	Sanari	2012	50	976
	Tshambuka	2013	53	295
	Bende Mutale	2015, 2016	35	781
Masisi	Mutale B	2015	55	728
	Nkwotsi	2015, 2016	20	137
	Tshikuyu	2015	40	337

^a Note: Population estimates are derived from Census 2011 STATS SA

Study Design and Protocol

MAP was structured as a quasi-experimental, before and after study consisting of a three- or four-week intervention in the selected high-risk malaria villages. Community members from each selected village participated in one workshop per week, held for two to three hours on a weekday morning in their respective village. MAP participants were recruited through a volunteer sample, where village leaders were notified of MAP and asked to advertise workshops through word-of-mouth and direct communication. MAP workshops were typically held outside each village leader's home, a traditional location for community forums that encourages participation from all.

Any resident in a selected village who attended a workshop was screened for eligibility. Individuals over 18 years of age with the ability to consent were eligible to participate in MAP. Consent and photo release forms were read orally to the group at the start of each workshop. Those who wished to participate signed (or had a witness sign) a written consent form. Those who wished to have their photos taken signed (or had a witness sign) a written photo release form. HBC workers collected all consent and release forms. Those who did not participate in the consent and/or release process were able to participate in the education sessions; however, their data and/or photos were not collected. All participants signed an attendance sheet at each workshop.

Written survey questions were administered individually at the beginning of the first (week one) and last (week three or four) MAP workshops to assess the program's impact on malaria-related knowledge among participants. Instruction on completing surveys were provided verbally by HBC workers and printed on the survey form. Surveys were selfadministered by all participants who could read and write. Those who could not read or write were given the survey verbally by a HBC worker who recorded written answers for the participant. Individuals who attended two to four MAP workshops and received the education intervention were compared with participants who attended only one MAP workshop and received no malaria education intervention.

MAP used the community as a resource by soliciting local input and knowledge, while working closely with government, nonprofit, and healthcare organizations in order to target misconceptions about malaria. All program and educational materials were developed in English and Tshivenda, the local language, and designed in coordination with

the Limpopo Department of Health's Malaria Control Division to ensure alignment with

South Africa's national strategic plan to combat malaria (Table 2; Figure 2, Supplemental

Materials).

Table 2. MAP Study Curriculum Components, South Africa

Component	Description
Transmission	Curricula focuses on the transmission process, the history and seasonality of the disease, and those who are most susceptible to transmission of the disease (e.g. immigrants moving into endemic areas) as well as impact from the disease (e.g. pregnant women). Content is supplemented by visual diagram demonstrating the transmission cycle between a mosquito and human.
Symptoms	Curricula focuses on recognition of key symptoms of malaria, such as fever, headache, and vomiting. Severe symptoms are also covered. Content is supplemented by interactive human body activity in which participants write malaria symptoms on a post-it note and place it on a human body diagram. Participants also sing the "MAP Anthem" after each workshop, which describes a series of malaria symptoms.
Prevention	Curricula focuses on behavioral prevention techniques such as allowing Indoor Residual Spraying (IRS) performed by Malaria Control teams, remaining indoors with windows closed and wearing long sleeves in the evening, burning mosquito coils, using repellant creams, and sleeping under mosquito nets. Content is supplemented by a malaria drama in which HBCWs present the life story of one individual who follows preventative measures and that of an individual who does not. In many cases, this drama is replicated by community participants in the final MAP workshop.
Treatment	Curricula focuses on effective treatment seeking behavior, including visiting a clinic for a diagnostic test immediately upon experiencing symptoms. It also includes a description of medication used to treat malaria-positive individuals and best practices with regard to adherence and sharing of any medication. Key medical contacts are provided and are captured in a written and graphic pamphlet that can be taken home and shared.

MAP Leadership and Training

MAP workshops were led by a group of local HBC workers and district-level Malaria

Control representatives in an effort to work within pre-existing structures, increasing

likelihood of program sustainability. HBC workers are defined as both formal and informal

caregivers in the home who promote physical, psychosocial, palliative, and spiritual health,

helping individuals and families achieve the best possible quality of life.¹² In HaMakuya and

Masisi, there are five HBC organizations, which consist of approximately sixty individuals in

total, the majority of whom are female. Each HBC organization works under direction from

their local clinic and is responsible for health promotion activities and campaigns as well as home visits to specific patients.

Six HBC workers with leadership skills, as identified by their HBC Managers, were nominated to work with OSH, Malaria Control, and the head nurse from the Makuya Clinic to develop the initial MAP curriculum and interactive activities. These HBC workers then led annual two day trainings for HBC workers from all villages before initiating and leading MAP workshops. Training was completed in Tshivenda and involved review of MAP curriculum through both written and verbal educational content. As part of the training, HBC workers practiced interactive teaching techniques to be incorporated into the community workshops. Training ended with rehearsals of each workshop, in which HBC workers role-played community and facilitator positions to provide feedback and ensure cohesion and consistency. Quality and consistency of training sessions were ensured through a structured curriculum that was delivered by MAP Coordinators with oversight from OSH leaders, both in person and through virtual reporting and correspondence. To mitigate challenges related to potential limited literacy of some HBC workers, training content was delivered through verbal instruction in full in addition to written material. In 2016, OSH began giving pre- and post- knowledge surveys to HBC workers in order to confirm an understanding of malaria before beginning community workshops.

After completion of training, HBC workers began in-village education sessions under the direction of OSH and the local Malaria Control representatives. The number of HBC workers and Malaria Control representatives at each workshop depended on their availability and convenience, as well as size and location of the participating village. At least three HBC workers were required to be present at each workshop. There was no minimum number of Malaria Control representatives required to be present.

In addition to HBC workers, each year two or three volunteer MAP Coordinators assisted with facilitation of MAP. These coordinators were recruited through OSH and consisted of students from the University of Pretoria and various universities in the United States seeking health fieldwork experience. Responsibilities of MAP Coordinators included logistical support (document printing, data translation and entry), observing MAP workshops in each village for quality and consistency, as well as planning an annual celebration for all HBC workers and local stakeholders after each MAP implementation. <u>MAP Education Curriculum</u>

The MAP curriculum was developed during a two-day retreat hosted by OSH in partnership with a select group of six HBC workers, two local Malaria Control representatives, and the head nurse from the Makuya Clinic. The malaria education materials were based on global, national, and local guidelines, and were later approved by the Limpopo Department of Health. The curriculum focused on interactive activities and discussions around malaria transmission, symptoms, prevention, and treatment (Table 2). These four learning objectives on malaria were taught by HBC workers and measured through pre- and post-surveys.

The first week of MAP assessed both individual and community knowledge of malaria, as well as provided a basic overview of the disease. Through the administration of individual pre-surveys, small-group focus questions, and a full-group activity on participants' initial associations with malaria, HBC workers collected data on basic demographics and assessed malaria knowledge to tailor the program. Notably, HBC workers developed a song to emphasize teaching of common malaria symptoms, entitled "Malaria Anthem." At the end of each MAP workshop, HBC workers and participants sang the Malaria Anthem.

The second and third weeks of MAP focused on interactive community education centered on the four identified malaria knowledge topics (Table 2). An example workshop activity was the human body symptom activity. To review symptoms specific to malaria, participants were given a poster with the outline of a human body. HBC workers distributed post-it notes and asked the community to write symptoms that they associated with malaria and place them on the human body poster where the symptom occurred. These symptoms were then presented and discussed as a group. HBC workers addressed misconceptions as well as pointed out additional symptoms if any were missing. Finally, community participants were asked to discuss how they would change their human body symptoms given new information.

The final week of MAP workshops involved individual post-surveys, review of important information, and presentation of certificates of completion. At the end of each weekly workshop, pamphlets in Tshivenda were distributed to MAP participants to provide an overview and illustrations of each focus area, in addition to contact information of local clinics and Emergency Medical Services (EMS). MAP strived to maintain a curriculum run entirely by HBC workers in Tshivenda that was professional, interactive, straightforward, and replicable. A detailed breakdown of the MAP curriculum can be found in Figure 2, Supplemental Materials.

Study Evaluation

The MAP intervention measured malaria knowledge through surveys (Figures 3a, 3b, Supplemental Materials), which were created in partnership with the University of Pretoria, clinic personnel at Makuya Clinic, and Limpopo Province Department of Health representatives. Pre- and post-surveys were administered to all participants who met eligibility criteria (at least 18 years of age and able to provide consent). Surveys took

approximately 10-15 minutes to complete per participant and included the same 10 openended questions to prevent response leading. The post-survey included seven additional questions focused on perceived effectiveness of MAP and program satisfaction.

Survey Development and Knowledge Construct

Knowledge on transmission and prevention were measured based on an ordinal knowledge score, quantified from responses to targeted survey questions. Classification of participant responses was based on previously published studies that assessed malaria knowledge in various international community settings (Table 9, Supplemental Materials). Based on the literature, participant responses to questions of transmission and prevention were labeled as either "incorrect, no understanding," "partially correct, some understanding," or "correct, complete understanding" (Figures 4a and 4b, Supplemental Materials).

For participant knowledge of symptoms and treatment, understanding was measured based on number of correct responses. Overall participant enjoyment of MAP and suggestions for the future were recorded and analyzed using a Likert scale of one to five.

Predictor variables included demographic data tracked by unique participant ID. These variables were gender [male, female], age [18 - <30, 30 - <40, 40+ years], number of years of education completed [grade 0 – 8, >8 - <12, 12+, where 12+ indicates high school graduation or some education at the university level], and year of MAP participation [2012, 2013, 2014, 2015, 2016]. The number of MAP meetings attended by each participant was the main predictor variable and coded as 1 if the participant had received the MAP intervention (attended two to four MAP meetings), and 0 if only one meeting was attended.

Data Collection

Each meeting began with the consent and release process, and was followed by participants signing an attendance sheet collected by HBC workers. All participants were informed about the study and their right to opt out at any time.

At the first and final workshops in each village, HBC workers distributed individual paper surveys directly after the consent and release process, prior to reviewing any educational material. After surveys were completed, HBC workers or MAP Coordinators completed quality checks to ensure data was complete and accurate, and readministered questions to individuals as needed if there were gaps or errors in the completion of the survey.

<u>Data Analysis</u>

Data were collected in Tshivenda, translated into English by a local translator, and entered into Microsoft Excel in full. The primary analysis assessed differences in knowledge between those who completed the MAP intervention (defined by assessment of knowledge after attending two to four MAP workshops) and those who did not complete the MAP intervention (defined by assessment of knowledge prior to attending any MAP workshop). A subanalysis on knowledge improvement among MAP participants who completed both preand post-MAP intervention surveys is also presented. All analyses were performed using Stata 13.¹³

Baseline characteristics of the participants in the two groups from the primary data set (MAP versus no MAP) were compared through chi-squared tests using a threshold p=0.05 as a cut-off for significance. Mean age and education level completed were calculated, as well as their corresponding ranges. The distribution of survey responses between MAP participation considered four main knowledge categories: transmission,

symptoms, prevention, and treatment. Chi-squared tests were used to test for the independence between these knowledge scores distribution and MAP group.

Knowledge of transmission and prevention of malaria was measured based on an ordinal knowledge score. A multiple ordinal logistic regression model was fitted for the knowledge score with MAP vs. no MAP as a main predictor, adjusting for education, age, gender, and year. The Brant test was used to assess the assumption of proportional odds for the multiple ordinal logistic regression.

Summary data from the program evaluation and anecdotal quotes from focus group discussions were also presented, indicating the community's enjoyment of MAP and willingness to participate in the future. The data from four program evaluation questions were analyzed based on the mean and proportion of participant's Likert scale scores (1: very little/unlikely; 5: very likely/a lot) (Figure 3a, 3b, Supplemental Materials).

This study investigated collinearity among variables, as well as interaction between MAP and predictor variables (education, age). Multiple imputation was conducted for education level completed after assessing changes in effect size with and without the imputation.

Ethical Considerations

Ethical clearance for research through Institutional Review Board (IRB) was secured from Duke University and Washington University in Saint Louis before implementation of this intervention. The program was also approved by the University of Pretoria IRB, the Limpopo Department of Health, Vhembe District Department of Health, Makuya Clinic, HaMakuya Inter Sectoral Committee, and the Makuya Tribal Council.

Results and Analysis

From 2012 – 2016, sixty HBC workers were trained under the facilitation of MAP and Malaria Control representatives from the Limpopo Department of Health. These HBC workers in turn led a total of 28 MAP interventions in 19 villages, with each intervention including three or four education sessions (Table 1). An average of 43 participants attended each MAP intervention.

Survey Results

A total of 1330 adults (10.5% of overall population) participated in MAP between 2012 and 2016, and of those, 898 contributed data for analysis (Table 1). Of these, 499 (56%) attended two to four MAP education sessions before completing a post-intervention knowledge attainment survey and were considered "MAP participants," whereas 399 (44%) had no exposure to the MAP education curriculum before completing a knowledge survey and were considered "no MAP" or "non-MAP participants." A sub-set of 266 participants (30%) completed both a pre- and post-intervention knowledge surveys, with exposure to the MAP education knowledge surveys, with exposure to the MAP curriculum in between.

Baseline characteristics of the study participants are tabulated in Table 3. The average age was 37 years old (range: 18-88 years) and the average education level completed was Grade 9 (range: Grade 0.5 – Grade 12 and above). Twenty-eight percent (253 of 898) of participants were male. The number of MAP participants varied by year, due to the number of villages selected to implement MAP (range: three to seven) (Table 1). Almost 44% of participants self-reported that they had previously had a malaria episode themselves, whereas 62.2% reported that someone in their household had a malaria episode.

	No MAP	MAP	Total	P Value ^a
	(n=399)	(n=499)	(n=898)	
Demographics				
Education – grade completed ^b				
				< 0.0
				01
0-8	163 (46%)	145 (<i>32%</i>)	308 (<i>38%</i>)	
>8 - <12	122 (34%)	219 (48%)	341 (42%)	
12+	71 (20%)	95 (21%)	166 (20%)	
Age – <i>years</i>				
				0.00
				7
Mean (SD)	38.2 (14.4)	36.1 (12.8)	37.0 (13.6)	
18 - 30	135 (35%)	182 (37%)	317 (36%)	
30 - <40	95 (24%)	156 (32%)	251 (28%)	
40+	161 (41%)	156 (32%)	317 (36%)	
Gender				0.04
Male	126 (32%)	127 (25%)	253 (28%)	0101
Female	273 (68%)	372 (75%)	645 (72%)	
	270 (0070)	0, 2 (, 0, 0)	010 (/ 270)	
lear of participation				
				<0.0
				01
2012	92 (<i>23%</i>)	128 (26%)	220 (25%)	
2013	64 (16%)	153 (<i>31%</i>)	217 (24%)	
2014	54 (14%)	53 (11%)	107 (12%)	
2015	79 (20%)	100 (20%)	179 (<i>20%</i>)	
2016	110 (28%)	65 (<i>13%</i>)	179 (19%)	

Table 3. Baseline characteristics of Malaria Awareness Program (MAP) study participants, South Africa 2012 – 2016

No. (%) displayed, except otherwise noted No MAP= attended one meeting; MAP= attended two to four meetings

^a Chi-squared tests

^bNOTE: Each "grade completed" above 12, indicates one year in university

Malaria Knowledge

Knowledge of malaria symptoms was greater across eight out of ten symptom types

among MAP participants, compared to non-MAP participants (Table 4). Notable differences

in symptom knowledge included, diarrhea (40.9% MAP, 22.3% no MAP), headache (73.0%

MAP, 55.6% no MAP), and shivering /convulsion (38.5% MAP, 24.3% no MAP). Although the

majority of participants were able to correctly list some symptoms of malaria before

participating in MAP, symptoms most frequently recognized upon completion of MAP

coincided with the symptoms mentioned in the Malaria Anthem (Table 4 & 5). This highlights the potential impact of the interactive Malaria Anthem as a means to stimulate knowledge of symptoms.

Differences in knowledge of malaria transmission and prevention methods were found (Table 4). There was a 20.6% (51.9% MAP, 31.3% no MAP) and 12.4% (3.6% MAP, 16.0% no MAP) difference in the proportion of participants who cited correct and partially correct transmission methods, respectively. "Correct" transmission methods included: mosquito parasite, not using preventative measures, dirty items such as trash attract mosquitos, and association with standing dirty water. "Incorrect" transmission methods included: drinking/using dirty water and "other" factors such as weak immune system, poor hygiene, eating unripe fruit or bad food, and transmission via flies, animals, or other parasites (Figures 4a and 4b, Supplemental Materials). There was an 11.9% (95.4% MAP, 83.5% no MAP) and 21.1% (28.3% MAP, 49.4% no MAP) difference in the proportion of participants who cited correct and incorrect malaria prevention methods, respectively. Of correct preventative measures identified by community members, "Allow Malaria Control to spray homes" had a 16% difference (72.1% MAP, 56.1% no MAP) (Table 10, Supplemental Materials). Other correct prevention methods such as wearing long clothing and filling holes to avoid collecting rainwater were more commonly cited in surveys taken by those who attended MAP.

Table 4.

Malaria symptoms, transmission methods, and prevention methods as reported by participants in the MAP Study, South Africa 2012 — 2016

	No MAP (n=399)	MAP (n=499)	% Difference	P Value ^a
SYMPTOMS	(11-399)	(11-499)	Difference	
Body/joint pains, can't walk	42 (10.5)	72 (14.4)	+3.9	0.08
Diarrhea ^b	89 (22.3)	204 (40.9)	+18.6	< 0.001
Fever, warm, cold, sweat	156 (39.1)	163 (32.7)	-6.4	0.05
Headache ^b	222 (55.6)	364 (73.0)	+17.3	< 0.001
Lack of appetite, loss of weight	31 (7.8)	44 (8.8)	+1.0	0.57
Nausea, stomach ache	25 (6.3)	67 (13.4)	+7.2	< 0.001
Shivering, convulsions ^b	97 (24.3)	192 (38.5)	+14.2	< 0.001
Tiredness, dizziness, drowsy, feeling weak	97 (24.3)	88 (17.6)	-6.7	0.01
Vomiting, get sick ^b	145 (36.3)	203 (40.7)	+4.3	0.19
Other	8 (2.0)	18 (3.6)	+1.6	0.16
TRANSMISSION METHODS				
Mention of mosquitos or mosquito bites	366 (84.2)	458 (91.8)	+7.6	<0.001
Methods deemed "correct"	140 (31.3)	292 (51.9)	+20.6	< 0.001
Methods deemed "incorrect"	72 (16.0)	19 (3.6)	-12.4	< 0.001
No mention of mosquitos or mosquito bites	52 (13.0)	24 (4.8)	-8.2	<0.001
PREVENTION METHODS				
Methods deemed "correct"	604 (83.5)	1020 (95.4)	+11.9	< 0.001
Methods deemed "incorrect"	238 (49.4)	147 (28.3)	-21.1	< 0.001
No. (%) displayed, except otherwise noted	230 (47.4)	147 [20.5]	-21.1	10.001

No MAP= attended one meeting; MAP= attended two to four meetings

^a Chi-squared tests

^b Indicates symptom that was emphasized through the Malaria Anthem

MAP Sub-analysis Malaria Knowledge

There were significant improvements in malaria knowledge within the sub-analysis

of MAP participants who completed both pre- and post-surveys (Table 5). There was a nine

percent increase in the proportion of participants who cited mosquitos or mosquito bites as

a method of malaria transmission, as well as a 21.4% and 10.5% increase in the proportion

of participants who cited correct malaria transmission and prevention methods, respectively

(Table 5).

Participants who completed MAP perceived the program to be rewarding and

effective, with mostly positive evaluations (Table 9, Supplemental Materials). On a scale of

one to five (1: lowest rating, 5: highest rating), 94% - 98% of participants rated questions

assessing program evaluation as four or greater (Table 6).

Table 5.

Malaria symptoms, transmission methods, and prevention methods as reported by participants in the MAP Study Sub-Analysis, South Africa 2012 — 2016

	Pre-survey (n=266)	Post-survey (n=266)	% Change	P Value ^a
SYMPTOMS				
Body/joint pains, can't walk	24 (9.0)	31 (11.7)	+2.6	0.32
Diarrhea ^b	50 (18.8)	91 (34.2)	+15.4	< 0.001
Fever, warm, cold, sweat	118 (44.4)	87 (32.7)	-11.7	0.006
Headache	145 (54.5)	190 (71.4)	+16.9	< 0.001
Lack of appetite, loss of weight	21 (7.9)	22 (8.3)	+0.4	0.87
Nausea, stomach ache	18 (6.8)	36 (13.5)	+6.8	0.01
Shivering, convulsions ^b	74 (27.8)	96 (36.1)	+8.3	0.04
Tiredness, dizziness, drowsy, feeling weak	72 (27.1)	36 (13.5)	-13.5	< 0.001
Vomiting, get sick ^b	99 (37.2)	97 (36.5)	-0.8	0.86
Other	3 (1.1)	5 (1.9)	+0.8	0.48
TRANSMISSION METHODS				
Mention of mosquitos or mosquito bites	222 (83.5)	246 (92.5)	+9.0	0.001
Methods deemed "correct"	92 (32.0)	153 (53.4)	+21.4	< 0.001
Methods deemed "incorrect"	46 (16.2)	15 (5.3)	-10.9	< 0.001
No mention of mosquitos or mosquito bites	37 (13.9)	16 (6.0)	-7.9	0.002
PREVENTION METHODS				
Methods deemed "correct"	393 (84.6)	494 (95.1)	+10.5	0.001
Methods deemed "incorrect"	149 (44.4)	77 (27.1)	-17.3	< 0.001

No. (%) displayed, except otherwise noted

^a Chi-squared tests

^b Indicates symptom that was emphasized through the Malaria Anthem

Table 6.**Program Evaluation of MAP study participants, South Africa 2012 — 2016**

Question	No (%)	Mean
(N=266, Likert Scale: <i>1 — 5</i>)	Score= 5	Score=	(SD)
		4	
How much do you feel you learned about malaria through MAP?	231	14 (5.4)	4.8 (0.7)
	(88.9)		
How much did you enjoy MAP?	238	17 (6.5)	4.9 (0.5)
	(91.2)		
How likely would you be to suggest MAP to a friend?	243	5 (1.9)	4.9 (0.6)
	(94.2)		
How likely would you be to return as a MAP participant again next	245	7 (2.7)	4.9 (0.6)
year?	(94.2)		

Multiple Ordinal Logistic Regression

This analysis compared study participants who completed the MAP intervention through attendance at two to four education sessions (n=499) versus those who did not complete the MAP intervention (n=399). The adjusted odds ratio for correct malaria knowledge score versus the combined partially correct and incorrect categories was 3.3 (95% *Cl:* 2.2 – 4.9, *p*-value <0.001) and 2.8 (95% *Cl:* 2.0 – 3.7, *p*-value <0.001) for transmission and prevention, respectively (Table 7). The results from fitting the model on imputed data versus incomplete age data led to similar results, and no interaction between the MAP intervention and age was present.

Table 7.

Unadjusted and adjusted cumulative odds ratios of participants' malaria knowledge score in the MAP Study, South Africa 2012 – 2016 (n=898)

Unadjusted			Adjusted ^a		
COR	95% CI	P value	COR	95% CI P value	
3.2	(2.3 – 4.6)	< 0.001	3.3	(2.2 – 4.9)	
	. ,			. ,	
2.7	(2.0 - 3.5)	< 0.001	2.8	(2.0 – 3.7)	
	(0.0)		1.0	(
	COR	COR 95% CI 3.2 (2.3 - 4.6)	COR 95% Cl P value 3.2 (2.3 - 4.6) <0.001	COR 95% Cl P value COR 3.2 (2.3 - 4.6) <0.001	

^a Adjusted for education, age, gender, and year based on multiple ordinal logistic regression

Community Acceptability

MAP was reported to have generated positive responses from the community by officials attending monthly Makuya Intersectoral Committee Meetings during the intervention period.¹⁴ Exit interviews with HBC workers and provincial Malaria Control representatives revealed a strong desire to continue to implement the program, as well as to expand future education programs using participatory methods similar to those employed in MAP. For example, a HBC worker from Domboni stated, "We enjoyed the unity that came from working together and helping the community together." A nurse assistant at the local Makuya clinic noted, "The research and outreach MAP is doing is helping us because once people know the symptoms [of malaria] they are actually coming to the clinic." High community and stakeholder acceptability of MAP strengthened the long-term success of the program by building capacity of OSH as a trusted local non-profit organization. Additionally, the strong partnership established with the Limpopo Department of Health Malaria Control Programme through MAP enabled OSH to pursue expansion opportunities, as well as additional programs such as a social entrepreneurship initiative designed to improve economic mobility of women in the region.

Discussion

The objective of this study was to evaluate the community-led Malaria Awareness Program and determine whether participation in MAP was associated with an increase in knowledge of malaria transmission, symptoms, prevention, or treatment based on pre- and post-surveys.

Malaria Knowledge

The MAP pre-survey data revealed that the largest gap in community knowledge was related to transmission and prevention. While general knowledge of malaria in all four focus areas increased after participation in MAP workshops, the most drastic improvements were seen within transmission and prevention. Adjusted regression results suggest that MAP participants were more knowledgeable than non-participants in transmission and prevention methods. This association did not change in the sensitivity analyses.

Transmission knowledge

Although most participants correctly cited mosquitoes as the primary malaria transmission vector before MAP, many individuals also mentioned incorrect methods. It is possible that these individuals previously learned that mosquitos cause malaria without adequate detailed explanation. Similar pre-intervention findings are documented in the literature, especially with regard to the misconception that mosquitos are not the causative agent of malaria.¹⁵ This partial understanding of the relationship between malaria and mosquito bites indicates an incomplete knowledge of malaria, which has been correlated with poor adherence to measures of vector control.¹⁶ Common misconceptions in both the literature and the MAP study included beliefs that "drinking dirty water" and "eating unripe fruits" cause malaria.^{16,17} To address these misconceptions, HBC workers leading MAP thus described the malaria transmission cycle through diagrams, with emphasis on the physiology of a malaria-infected individual as this was where the majority of participants' questions arose. As a result, participants indicated a complete understanding of the parasite that causes malaria 13% more often upon completion of MAP (Table 10, Supplemental Materials).

Prevention knowledge

While participants often mentioned effective prevention methods prior to MAP, they commonly indicated uncertainty regarding personal protection behaviors and had difficulty articulating the importance of preventative methods. After participating in MAP workshops, however, there was a decrease in the number of incorrect prevention measures cited (Table 5). One preventative measure emphasized throughout the intervention was IRS using DDT, as IRS is South Africa's primary malaria vector control strategy and thus is highly advocated for by the government. Many indicated that they were skeptical of the effectiveness of IRS

chemicals, while others questioned the trustworthiness of Malaria Control representatives who spray. To address these concerns during the intervention, workshop leaders held open discussions to emphasize the benefits of spraying. Previous literature indicates the importance of clarifying incorrect associations that may threaten the effectiveness of proper prevention and control measures.¹⁵

Implications

Increased understanding of malaria may have an effect on community participation in malaria control efforts. For example, many MAP participants expressed increased trust in Malaria Control spraying insecticides in their homes. One participant indicated that after MAP he would now allow "Malaria Control team to spray our house every time." Additionally, participants mentioned their plans to spread malaria education throughout their community. As malaria prevalence shrinks and subclinical cases persist, it will be imperative to maintain community engagement and enthusiasm. Community education programs may play a key role in raising awareness and participation in malaria control efforts that are necessary in the fight toward malaria elimination.

MAP in the Context of Malaria Education Literature

Nine other malaria education intervention studies implemented in other Sub-Saharan countries were identified and analyzed for comparison to MAP. No previous malaria education studies measuring knowledge change in South Africa were identified (Table 9, Supplemental Materials). All malaria studies selected for comparison to MAP measured knowledge of participants through questionnaires and/or semi-structured interviews, however, each study assessed knowledge differently. While MAP utilized an ordinal knowledge score which included "correct," "partially correct," or "incorrect" (range: 0 - 2), many studies used binary assessments such as "good" or "right" and "poor" or

"wrong."^{17,18,19} Other methods included categorical scores²⁰ and scores based on number or percentage of responses.^{16,21}

The majority of malaria education programs have focused on malaria during pregnancy and among children under five, ^{17,18,22} however, MAP retained a broad, adult target population as advised by senior officials from the South African Department of Health. South Africa's malaria burden is less heavily tied to children and pregnant women, as migrant workers who carry malaria across borders pose a specific and serious risk to non-immune individuals.^{23,24} Thus, it was deemed appropriate to include both male and female community members over the age of 18 in MAP workshops.

MAP was similar to other malaria education interventions in its utilization of interactive activities (Table 9, Supplemental Materials). Like MAP, common activities in the literature included utilizing charts/posters, pictures, songs, drama, role-play, and group discussion.^{16,17,18,19,20,22,25,26} These were often vaguely described in the literature, thus it is difficult to compare exact similarities and differences to activities in MAP.

MAP's length fell between the range of identified intervention lengths (one day – 18 months) and the range of timing of assessment (directly following intervention – one year after the intervention) (Table 9, Supplemental Materials). The number of annual participants varied depending on the number of villages selected to participate in the program (Table 1, Table 3). The predictor variable of "year" thus indicated some significance in the cumulative odds ratios of participants' malaria knowledge score. For example with the prevention knowledge score, confidence intervals overlapped one for each year except 2015 and 2016 (Table 12, Supplemental Materials). This significance may be due to MAP's programmatic adjustment from four to three workshops in 2015 and 2016.

MAP was unique in its training and use of HBC workers as peer educators. In Limpopo there is a severe shortage of clinical staff, with only 1.8 doctors per 10,000 patients.²⁷ Thus, while other studies utilized health workers such as medical doctors, nurses, field workers, and other primary health care staff, only MAP utilized HBC workers to lead the intervention. In the Vhembe District, HBC workers work closely with local clinics and play a more general community health worker role. Respected by the communities they work in, HBC workers were selected as ideal advocates to develop, inform, and lead MAP. While this worked well in this particular setting, it is important to note that this form of leadership may not be suitable for other regions.

Capacity Building of a Local Non-Profit

In addition to its impact on community knowledge of malaria, MAP provided a key opportunity for OSH as a small, local non-profit organization to build its capacity to operate within and provide support to the Limpopo Province. Through MAP, OSH developed strong partnerships with local stakeholders and the Limpopo Department of Health Malaria Control Programme. These key relationships enabled its operation as an organization focused on public health in this region. OSH adopted learnings and best practices from the implementation and evaluation of MAP to modify its programs and overall approach to best address community needs, as well as partner with government and local stakeholders to mobilize and provide resources.

Non-profit organizations are instrumental in building research capacity, delivering essential services in hard-to-reach communities, and contributing to local development in health around the world.^{28,29,30} MAP's deep integration and acceptance by the local community and the Department of Health strengthened OSH's capacity as a local non-profit

organization, enabling it to continue to support research and provide services to address pertinent health needs in the future.

Limitations

The findings from this study indicate that MAP may be a framework for future malaria education strategies in South Africa, but key limitations exist. As the MAP study design utilized a volunteer sample and lacked a randomized control group, the findings are associational and there is a potential threat to internal validity. Some villages had poor attendance at workshops due to community engagements such as funerals, cultural rituals, and government pension days. Additionally, the measurement of knowledge based on number of MAP meetings attended may not account for confounding factors such as oral communication and village social networks, where people may have learned about malaria through word-of-mouth outside of MAP workshops. Central adjudication was used to interpret survey responses in an attempt to minimize misclassification, however, language barriers led to difficulty in complete translation. Two different interpreters were used in translating surveys, which may have led to inconsistencies.

Selection bias and non-differential measurement error may also be present as it is plausible that those who attended more MAP workshops had increased motivation and interest in learning about malaria than individuals who attended fewer or no workshops. Gender may play a role, as over 70% of MAP participants were female. Additionally, adult males are typically mobile and spend considerable time outside compared to women and children who are protected by their sprayed homes.³¹ Based on cultural and prior knowledge, it was postulated that age and/or education level may have influenced an individual's decision to participate in MAP. Sensitivity analyses were run to look at missing data through multiple imputation for education level, as well as potential interaction

between intervention, age, and education level. No significant bias was shown between intervention and age or education level. Another notable limitation is that participants may have skewed their answers to please educators responsible for collecting the surveys. This may have caused some respondents to downplay beliefs such as the use of traditional medicine, and/or exaggerate the importance of seeking treatment from the clinic or allowing preventative DDT spraying by Malaria Control.

While improvement in participant knowledge of those who correctly sighted malaria transmission and prevention methods is encouraging, this study did not analyze long-term retention of knowledge. It is important to understand at what point knowledge wanes to inform whether refresher training is needed yearly before malaria season. Finally, it is worth noting that possessing scientific knowledge of malaria does not necessarily imply 'correct' malaria control behavior and preventative action taken. While understanding of malaria transmission, symptoms, prevention, and treatment is an important factor in disease prevention and community empowerment, behavior change has the greatest direct impact on disease incidence.

Conclusion

This study highlights the success of a participatory health education program to increase malaria knowledge and awareness, as well as presents implications for future malaria programming and capacity building in rural settings. First, HBC workers represent a strong group of front-line health workers who can provide group education effectively with training. In communities with complex governance structures, it is critical that malaria programming engage stakeholders at all levels – local, regional, and national – appropriately. Interactive educational curricula, involving song, theatre, and other forms of active discussion, appear to be an effective method to engage community members and increase

knowledge and awareness about malaria. Improved knowledge of malaria transmission and prevention after MAP was positively correlated with attendance at workshops, indicating the effectiveness of a multi-step education process. As malaria prevalence decreases and subclinical cases persist, health promotion will play an imperative role in maintaining community participation in malaria control efforts toward malaria elimination.

Currently, there are a large number of studies measuring malaria knowledge, however, there is a gap in the research measuring malaria education interventions impact on knowledge. The MAP model has potential to be easily replicable in comparable settings where minimal resources and low levels of malaria remain. Additionally, the development of similar programs may provide capacity building opportunities for local nonprofits, as well as strengthen nonprofit and government partnerships. Future research should look at developing health promotion solutions and testing these interventions to improve community understanding of malaria. Further, behavioral changes toward prevention and treatment, as well as changes in overall incidence in the region, should be assessed.

While malaria education programs can empower community members to better understand, prevent, and treat disease, education is just one of many control strategies that should be explored to effectively combat malaria. To best determine long-term implications of the MAP, follow-up surveys on malaria knowledge retention and preventative behaviors are recommended six months to one year after initial exposure to education. MAP and the Limpopo Department of Health Malaria Control Programme can learn from these data and presented analyses to better strategize and plan for future health promotion and malaria control.

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Supplemental Materials

Table 8. Search Terms

	Search Terms					
Filter 1	"Malaria"					
Filter 2	"health education" or "knowledge change" or "community-based education" or "community-based education intervention" or "community-based program" or "community-based intervention" or educate or education or educating or knowledge or perception or attitude or awareness or aware or learn or learning or teach or teacher or teaching or taught or "peer education" or "peer educate" or "peer educator" or peer-education or peer-educate or peer-educator					
Filter 3	"Africa South of the Sahara" OR "Sub Saharan Africa " OR "Sub-Saharan Africa " OR "SubSaharan Africa" OR Angola OR Benin OR Botswana OR "Burkina Faso" OR "Burkina Fasso" OR "Upper Volta" OR Burundi OR Urundi OR Cameroon OR Cameroons OR Cameron OR Camerons OR "Cape Verde" OR "Cabo Verde" OR "Republic of Cabo Verde" OR "Central African Republic" OR Ubangi-Shari OR Chad OR Comoros OR "Comoro Islands" OR Comores OR Mayotte OR Congo OR "Republic of the Congo" OR "Democratic Republic of the Congo" OR Katanga OR Zaire OR "Cote d'Ivoire" OR "Ivory Coast" OR Djibouti OR "French Somaliland" OR "Equatorial Guinea" OR "Spanish Guinea" OR "Rio Muni" OR Eritrea OR Ethiopia OR Gabon OR "Gabonese Republic" OR Gambia OR "The Gambia" OR Ghana OR "Gold Coast" OR Guinea OR "Guinea-Bissau" OR Kenya OR Lesotho OR Basutoland OR Liberia OR Madagascar OR "Malagasy Republic" OR Malawi OR Nyasaland OR Mali OR Mauritania OR Mauritius OR "Agalega Islands" OR Mozambique OR Namibia OR Niger OR Nigeria OR Rwanda OR Ruanda OR "Sao Tome" OR "Sao Tome and Principe" OR "São Tomé and Príncipe" OR Senegal OR Seychelles OR "Sierra Leone" OR Somalia OR "South Africa" OR Sudan OR "South Sudan" OR Swaziland OR Tanzania OR Togo OR "Togolese Republic" OR Uganda OR Zambia OR Zimbabwe OR Rhodesia OR "Sub Saharan Africa " OR "Sub-Saharan Africa " OR "SubSaharan Africa " OR Angola OR Benin OR Botswana OR "Burkina Faso" OR "Sub-Saharan Africa " OR "SubSaharan Africa " OR Angola OR Benin OR Botswana OR "Burkina Faso" OR "Sub-Saharan Africa " OR Soubsharan Africa Benublic" OR Chad OR Comoros OR Congo OR "Cote d'Ivoire" OR Djibouti OR "Democratic Republic" OR Chad OR Comoros OR Congo OR "Cote d'Ivoire" OR Djibouti OR "Democratic Republic of the Congo" OR Eritrea OR Ethiopia OR "Equatorial Guinea" OR Gabon OR Gambia OR Ghana OR Guinea OR Guinea-Bissau OR Kenya OR Lesotho OR Liberia OR Madagascar OR Malawi OR Mali OR Mauritania OR Mauritius OR Mozambique OR Namibia OR Niger OR Nigeria OR Rwanda OR Senegal OR Seychelles OR "Sirra Leone" OR "South Africa" OR Sudan O					

Table 9.

Authors	Pub Year	Country	Target Population	Intervention	Activities	Implementation Methods	Time-frame of Intervention	Assessment/ Categorization of Knowledge	Effects on Practice Measured through
Amoran	2013	Nigeria (rural)	Nursing mothers/guardians living with children <5 in a permanent residence (n=400)	Malaria education program measuring knowledge and uptake of ITNs through semi- structured questionnaires	Didatic and participatory training method with 3 modular units each consisting of a lecture and exercise about malaria knowledge, attbide, and practices. Materials incluside posters, storybock, and malaria post signs.	Leaders of intervention not identified. Surveys administered by 8 research assistants (community health extension workers)	Exposure Intervention : 1 day, 5 hours; <u>Assessment</u> 3 months after intervention	"Good" – malaria is caused by mosquito insect; "Poor"= other	Questionnaires
Mens et al.	2011	Nigeria (urban & rural)	Women of reproductive age (n=1105 matched for longitudinal analysis)	Peer to peer malaria education measuring knowledge of MIP through structured questionnaires	Peer educators self-organized door to door campaigns (house to house visits), workshops, group discussions, and railies.	30 peer educators selected from community led the intervention. Separate interviewers (n = 12) and supervisors (n = 2) were recruited from the study communities/	Intervention : not stated: <u>Assessment</u> 6 months after intervention	Score (range 0 - 100) based on percentage of correctly answend questions, taking into account the level of question difficulty and total number of questions answered. Correct multiple choice and open- ended questions were awarded 1 and up to 3 points, respectively. Answers given in the questionnaires were recoded binomially; "right" or "wrong".	Questionnares
Ayi et al.	2010	Ghana (urtisn & naral)	School children in grades 3-5 (n=186) & adult community members (n=388)	Teacher delivered school- based malaria education intervention measuring knowledge and practice through questionnaire-based interviews	Teachers self-designed participatory health education activities through the use of posters, scogs, slogans, drama, poetry, role-play and durbar	Teachers lead in-descroom health education activities with school children. Teachers & school children lead one-day community campaign. Native speakers of the Ga- Dangu longuage administer the quanticensire-based interviews [Children at school; adults at home).	Intervention: 8 months in-classroom, 1 day in-willage campaign; Assessment: directly after intervention (children), in-home for adults 2-4 months after campaign	Knowledge: % of respondents who know, Practices: % of respondents who practiced very often or sometimes	Questionnaires, observational study, and parasitological clinical assessments
Chirdán et al	2008	Nigeria (urtun)	Female caregivers of children <5 (m=150)	Community-based health education session series measuring knowledge and practice of prevention/breatment through semi-structured questionnaires	3-part intervention on malaria and its 11 causes/transmissian/effects 21 recognition and 31 treatment/prevention held in 8 groups in PHC facility. Posters, drug charty, and group discussions used as teaching aids.	Leaders of intervention not identified. 2 PHC staff acted as translators, Semi-structured questionnaires were interviewer administered.	Intervention 3 education sessions (*1 h/) at the PHC facility; <u>Assessment</u> : not stated	Each correct response received two marks while an incorrect response zero. All scores were summed. Respondents having scores of 250% of the total score were classified as having adequate knowledge. Those having scores <50% were classified as having inadequate knowledge	Questionnaires
Nkua et al.	2005	Cainerbon (runil)	Mothers of children aged s5 years (n=185)	Education campaign and meetings on causes, sigm, symptoons and preventive measures of malaria measured through structured personal questionnaires	Malaria intervention held in compounds of respective quarter heads, nearby schools, or in indiscdual homes with charts and pictures used as teaching aids.	Medical doctor, nurse, and 3 field monitors carried out education campaign. Interviews done with mothers in-homes.	Intervention: held twice weekly; <u>Assessment</u> : 1 year after intervention	Those who mentioned mosquitoes or the malaria paratite as the cause of malaria write classified as having a "good knowledge" of the tausels of the disease. Those who mentioned mosquitoes with one or more incorrect responses were classified as having only "some knowledge".	Questionnaires and clinical assessments
Rhee et al.	2005	Mali (rural)	Adult community members with children (n=276)	Education program to promote ITNs usage for malaria prevention measured through questionnaires and use of net impregnation services	Household group education about signs, symptoms, susceptibility, transmission and prevention of malaria, as well as benefits of FIN use, including, how, when and where to impregnate nets.	2 field guides (assisted by 2 local guides) provided education intervention and orally administered the questionnaires door-to-door.	intervention : not stated; <u>Assessment</u> 8- 22 days after intervention	Each question was assigned a point value of "1" (correct, "0" (incorrect/ question with 1 response), or "-1" (incorrect/question wit h-1 response) and summed for each respondent.	Questionnaires and numbers of individuals/househol ds seeking (TN impregnation.
Oreagba	2005	Nigeria (rural)	Carers of young children (n=600)	Face-to-face educational Intervention strategy using distribution of printed educational inaterials	Printed educational leaflets with pictorial illustrations; one- on-one training	10 health workers trained carers through either printed educational materials or face-to-face education plus printed educational materials.	Intervention 1 visit; Assessment: at baseline, 1 and 3 months after intervention	Structured questionnaires administered to measure proportion of correct awareness of malaria (cause, symptomo, prevention) and treatment knowledge	Questionnaires
Marsh et al.	1996	Kenya (rural)	Mothers and caregivers of children < 5 (n=250); school children (n=300)	Community and school-based educational program on malaria and TIN usage measured through questionnaires and semi- structured interviews	Public meetings and group teaching through small group discussions, role-play and the use of video, pictures, flip charts and posters to educate community members on (TNs.	Appropriate individuals within the existing district health care structure were trained as community adscattors for the intervention (10 Ministry of Health PHOs/PHTs, 20 project field staft, & school teachers). Children conducted home- based questionnaire.	Intervention: 1 year- 18 months; Assessment: before, immediately after, and 3 months after intervention	Not specified	Questionnaires
Akogun	1992	Nigeria	Community members (n=1383)	Health education schemes through in-home and community-wide activities measuring knowledge and attitude of malaria, diarrhoea, and intestinal worms.	Various combinations of still pictures, games (cards), drama, songe, storytelling, and discussions.	Distributors of still pictures and games was not stated, whereas teachers and local health workers led discussions and storytelling, interviews were conducted by trained field assistants.	Intervention: twice every month for 1 year; <u>Assessment</u> : every 3 months	Agreement, disagreement or 'don't know' responsessere elicited. Each scientifically correct response was awarded a score of 1. Mean score on knowledge and attitude were then classified on the basis of age, sea, education and necepation.	Questionnaires and clinical assessments

Table 10.

Malaria symptoms, transmission methods, and prevention methods as reported by participants in MAP Study, South Africa 2012 – 2016

	No MAP (n=399)	MAP (n=499)	% Difference	P Value ^a
SYMPTOMS				
Body/joint pains, can't walk	42 (10.5)	72 (14.4)	+3.9	0.08
Diarrhea ^b	89 (22.3)	204 (40.9)	+18.6	< 0.001
		163 (32.7)		
Fever, warm, cold, sweat	156 (39.1)	. ,	-6.4	0.05
Headache ^b	222 (55.6)	364 (73.0)	+17.3	<0.001
ack of appetite, loss of weight	31 (7.8)	44 (8.8)	+1.0	0.57
Nausea, stomach ache	25 (6.3)	67 (13.4)	+7.2	<0.001
Shivering, convulsions ^b	97 (24.3)	192 (38.5)	+14.2	< 0.001
Tiredness, dizziness, drowsy, feeling weak	97 (24.3)	88 (17.6)	-6.7	0.01
Vomiting, get sick ^b	145 (36.3)	203 (40.7)	+4.3	0.19
Other	8 (2.0)		+1.6	0.16
Une	8 (2.0)	18 (3.6)	+1.0	0.10
TRANSMISSION METHODS	-			
Mention of mosquitos or mosquito bites	366 (84.2)	458 (91.8)	+7.6	<0.001
Methods deemed "correct"	140 (31.3)	292 (51.9)	+20.6	<0.001
Mosquito parasite	48 (12.0)	125 (25.1)	+13.0	< 0.001
Not using preventative measures	49 (12.3)	128 (25.7)	+13.4	< 0.001
Dirty house, items attract mosquitos	15 (3.8)	19 (3.8)	+0.0	0.97
Association with standing, dirty water	25 (6.3)	19 (3.8)	-2.5	0.09
Methods deemed "incorrect"	72 (16.0)	19 (3.6)	-12.4	<0.001
Drinking/ using dirty, contaminated, unpurified, or river water	49 (12.3)	11 (2.2)	-10.1	< 0.001
Other	20 (5.0)	7 (1.4)	-3.6	0.002
No mention of mosquitos or mosquito bites	52 (13.0)	24 (4.8)	-8.2	<0.001
Drinking/using dirty, contaminated, unpurified, or river water	24 (6.0)	10 (2.0)	-4.0	0.002
Dirty house, items	12 (3.0)	10 (2.0)	-1.0	0.33
Not using preventative measures	13 (3.3)	21 (4.2)	+1.0	0.48
Other	35 (8.8)	6 (1.2)	-7.6	<0.001
PREVENTION METHODS				
Methods deemed "correct"	604 (83.5)	1020 (95.4)	+11.9	<0.001
Allow Malaria Control to spray homes; Avoid cleaning walls after spraying	224 (56.1)	360 (72.1)	+16.0	<0.001
Wear long clothing, cover-up exposed body; Stay inside during	72 (18.1)	171 (34.3)	+16.2	<0.001
sunrise and sunset				
Close windows	20 (5.0)	72 (14.4)	+9.4	< 0.001
Fill holes/throw away trash/dirty things/empty tins (relation to	21 (5.3)	61 (12.2)	+7.0	< 0.001
rainwater and mosquitos)				
Mosquito coils	54 (13.5)	98 (19.6)	+6.1	0.02
Avoid stagnant water (with relation to mosquitos)	22 (5.5)	39 (7.8)	+2.3	0.17
Mosquito nets, bed nets	87 (21.8)	125 (25.1)	+3.3	0.26
Cut holes in tires to drain water	0 (0.0)	8 (1.6)	+1.6	0.01
Keep yard/house clean (relation to mosquitos)	12 (3.0)	24 (4.8)	+1.8	0.17
Other mosquito repellants	38 (9.5)	22 (4.4)	-5.1	0.002
Receive education	48 (12.0)	35 (7.0)	-5.0	0.01
Methods deemed "incorrect"	238 (49.4)	147 (28.3)	-21.1	<0.001
Call EMS; Go to the clinic; Get medication	80 (20.1)	42 (8.4)	-11.6	<0.001
Use/drink clean water, not dirty/river water	53 (13.3)	16 (3.2)	-10.1	<0.001
Keep yard/house clean (no relation to rainwater or mosquitos)	71 (17.8)	66 (13.2)	-4.6	0.06
Traditional methods (burn cow dung /musudzungwane tree)	7 (1.8)	21 (4.2)	+2.5	0.04
Other	23 (5.8)	2 (0.4)	-5.4	< 0.001

No. (%) displayed, except otherwise noted

No MAP= attended one meeting; MAP= attended two to four meetings

^a Chi-squared tests

^b Indicates symptom that was emphasized through Malaria Anthem

^c Mean (SD)

Table 11.

Malaria symptoms, transmission methods, and prevention methods as reported by participants in MAP Study, South Africa 2012 – 2016

	Pre-survey (n=266)	Post-survey (n=266)	% Change	P Value ^a
SYMPTOMS				
Body/joint pains, can't walk	24 (9.0)	31 (11.7)	+2.6	0.32
Diarrhea ^b	50 (18.8)	91 (34.2)	+15.4	<0.001
Fever, warm, cold, sweat	118 (44.4)	87 (32.7)	-11.7	0.006
Headache ^b	. ,	. ,	+16.9	
	145 (54.5)	190 (71.4)		<0.001
Lack of appetite, loss of weight	21 (7.9)	22 (8.3)	+0.4	0.87
Nausea, stomach ache	18 (6.8)	36 (13.5)	+6.8	0.01
Shivering, convulsions ^b	74 (27.8)	96 (36.1)	+8.3	0.04
Tiredness, dizziness, drowsy, feeling weak	72 (27.1)	36 (13.5)	-13.5	<0.001
Vomiting, get sick ^b	99 (37.2)	97 (36.5)	-0.8	0.86
Other	3 (1.1)	5 (1.9)	+0.8	0.48
TRANSMISSION METHODS	_			
Mention of mosquitos or mosquito bites	222 (83.5)	246 (92.5)	+9.0	0.001
Methods deemed "correct"	92 (32.0)	153 (53.4)	+21.4	<0.001
Mosquito parasite	34 (12.8)	63 (23.7)	+10.9	0.001
Not using preventative measures	32 (12.0)	66 (24.8)	+12.8	<0.001
Dirty house, items attract mosquitos	9 (3.4)	14 (5.3)	+1.9	0.29
Association with standing, dirty water	14 (5.3)	9 (3.4)	-1.9	0.29
Methods deemed "incorrect"	46 (16.2)	15 (5.3)	-10.9	<0.001
Drinking/ using dirty, contaminated, unpurified, or river water	30 (11.3)	9 (3.4)	-7.9	<0.001
Other	15 (5.6)	5 (1.9)	-3.8	0.02
No mention of mosquitos or mosquito bites	37 (13.9)	16 (6.0)	-7.9	0.002
Drinking/using dirty, contaminated, unpurified, or river water	18 (6.8)	5 (1.88)	-4.9	0.006
Dirty house, items	13 (4.9)	6 (2.3)	-2.6	0.10
Not using preventative measures	9 (3.4)	10 (3.8)	+0.4	0.82
Other	25 (9.4)	3 (1.1)	-8.3	<0.001
PREVENTION METHODS				
Methods deemed "correct"	393 (84.6)	494 (95.1)	+10.5	0.001
Allow Malaria Control to spray homes; Avoid cleaning walls after spraying	151 (56.8)	180 (67.7)	+10.9	0.01
Wear long clothing, cover-up exposed body; Stay inside during sunrise and sunset	47 (17.7)	92 (34.6)	+16.9	<0.001
Close windows	23 (8.6)	25 (9.4)	+0.8	0.76
Fill holes/throw away trash/dirty things/empty tins (relation to rainwater and mosquitos)	13 (4.9)	26 (9.8)	+4.9	0.03
Mosquito coils	28 (10.5)	37 (13.9)	+3.4	0.23
Avoid stagnant water (with relation to mosquitos)	13 (4.9)	22 (8.3)	+3.4	0.12
Mosquito nets, bed nets	46 (17.3)	62 (23.3)	+6.0	0.09
Cut holes in tires to drain water	1 (0.4)	2 (0.8)	+0.4	0.56
Keep yard/house clean (relation to mosquitos)	11 (4.1)	13 (4.9)	+0.8	0.68
Other mosquito repellants	17 (6.4)	10 (3.8)	-2.6	0.17
Receive education	41 (15.4)	21 (7.9)	-7.5	0.007
Methods deemed "incorrect"	149 (44.4)	77 (27.1)	-17.3	<0.001
Call EMS; Go to the clinic; Get medication	44 (16.5)	24 (9.0)	-7.5	0.009
Use/drink clean water, not dirty/river water	29 (10.9)	10 (3.8)	-7.1	0.002
Keep yard/house clean (no relation to rainwater or mosquitos)	50 (18.8)	32 (12.0)	-6.8	0.03
Traditional methods (burn cow dung /musudzungwane tree)	4 (1.5)	9 (3.4)	+1.9	0.16
Other	20 (7.5)	2 (0.8)	-6.8	<0.001

No. (%) displayed, except otherwise noted ^a Chi-squared tests

^b Indicates symptom that was emphasized through Malaria Anthem

^c Mean (SD)

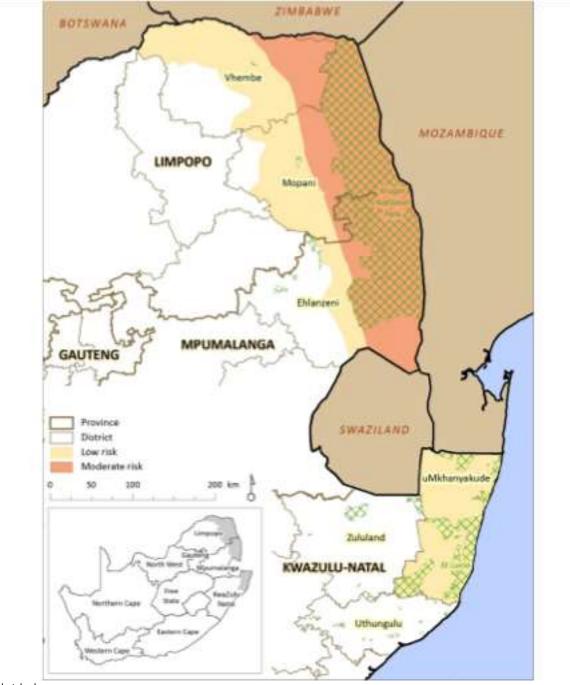
Table 12.

Unadjusted and adjusted cumulative odds ratios of participants' malaria knowledge score in the MAP Study, South Africa 2012 — 2016

	Ui	nadjusted		A	djusted*		
	COR	95% CI	P value	COR	95% CI	P value	
TRANSMISSION KNOWLEDGE SCORE							
Malaria Awareness Program (MAP)							
Yes (vs. No)	3.2	(2.3 – 4.6)	<0.001	3.3	(2.2 – 4.9)	<0.001	
Education – grade completed							
0-8 (reference)	1.0			1.0			
>8 - <12	1.0	(10 2 2)	0.04	1.0	(1 1 2 5)	0.02	
		(1.0 - 2.2)			(1.1 - 2.5)		
12+	1.6	(1.0 - 2.6)	0.05 0.05ª	2.2	(1.3 – 4.0)	<i>0.006</i> 0.01 ^ª	
Age – <i>years</i>			0.00			0.01	
18 – <30 (reference)	1.0			1.0			
30 - <40	2.2	(1.4 - 3.4)	0.001	2.3	(1.4 – 3.6)	0.001	
40+	1.3	(0.9 - 1.9)	<i>0.15</i> 0.002ª	2.1	(1.3 – 3.4)	<i>0.001</i> <0.001ª	
Gender			0.002			\U.UUI	
Female (vs. Male)	1.1	(0.8–1.6)	0.57	1.1	(0.8 – 1.7)	0.54	
Year							
2012 (reference)	1.0			1.0			
2013	0.8	(0.5 - 1.3)	0.34	0.5	(0.3 – 0.9)	0.02	
2014	0.6	(0.3 - 0.9)	0.03	0.5	(0.3 - 0.9)	0.02	
2015	1.0	(0.6 - 1.8)	0.87	0.8	(0.5 - 1.4)	0.45	
2016	1.0	(0.0 - 1.0)	1.00	1.0	(0.6 - 1.8)	0.92	
		(0.0)	0.12 ^a		(0.0)	0.03 ^a	
PREVENTION KNOWLEDGE SCORE							
Malaria Awareness Program (MAP)							
Yes (vs. No)	2.7	(2.0 -3.5)	<0.001	2.8	(2.0 – 3.7)	< 0.001	
Education – grade completed ^b	4.0			1.0			
0 – 8 (reference)	1.0	(4.2.2.2)	0.000	1.0	(4.0.0.4)	0.00	
>8 - <12	1.6	(1.2-2.2)	0.003	1.5	(1.0 - 2.1)	0.03	
12+	2.2	(1.5 - 3.3)	<0.001 <0.001 ^ª	2.4	(1.5 - 3.6)	<0.001 <0.001	
Age – <i>years</i>							
18 – <30 (reference)	1.0			1.0			
30 - <40	1.1	(0.8 - 1.5)	0.76	1.0	(0.7 - 1.5)	0.85	
40+	0.8	(0.6- 1.1)	0.19	1.1	(0.7 - 1.6)	0.76	
		. ,	0.25 ^ª		7	0.95 ^ª	
Gender		(1.0	0.04		(10.20)	0.04	
Female (vs. Male)	1.4	(1.0 – 1.8)	0.04	1.4	(1.0 – 2.0)	0.04	
Year							
2012 (reference)	1.0			1.0			
2013	1.2	(0.8 – 1.7)	0.39	1.0	(0.7 - 1.5)	0.88	
2014	1.1	(0.7 – 1.7)	0.79	1.2	(0.7 – 1.9)	0.57	
2015	2.2	(1.5 – 3.3)	<0.001	2.0	(1.3 - 3.1)	0.003	
2016	1.3	(0.9 – 1.9)	0.19	1.5	(0.9 – 2.4)	0.10	
			0.004 ^ª			0.02 ^ª	

*Adjusted for education, age, gender, and year based on multiple ordinal logistic regression model ^a Overall significance for categorical variable (measured through testparm) ^b NOTE: Each "grade completed" above 12, indicates one year in university

Figure 1a. Malaria Risk Map, South Africa (Source South African Medical Research Council)



^{*} Cross-hatched areas are game reserves

Figure 1b. Vhembe District Map, South Africa (Source Google)



Figure 2. Detailed Overview of MAP Peer Education Program

Meeting 1: Local Etiology of Malaria

Goal: build upon what people already know about malaria, biological responses, the body, sickness in general, etc.

- Opening: welcome, apologies, attendance
- Informed consent and release packet
 - Give each participant the informed consent and release packet. Ask participants to sign the informed consent and release. After, collect the packets.
- Distribute pre-surveys
- Assess existing knowledge
 - Malaria Web Activity: Lead a discussion where participants build a web of words that they associate with malaria. After the web is filled, peer-educators should discuss each word and whether or not it has a correct association with malaria.
- Focus group discussions
 - Divide participants into 3 equal sized groups and guide discussions while referring to Focus Group Questions. Once completed, clarify material from these group discussions.
- If audience is receptive, tell stories of personal experiences with malaria
 - In the stories, consider risk factors like environment (cue on specifics near water/vegetation, etc.), activities
- Seasonality of malaria
 - Conduct trend line activity
 - How does malaria come and go throughout the year? Throughout life?
 - Agricultural seasons, school seasons, harvest seasons?
- Discuss transmission:
 - Show and explain diagram
- Sing Malaria Anthem
- Closing: Thank you, share date of next meeting

Meeting 2 (or 2-3): Malaria Education

Goal: fully inform participants of malaria transmission, symptoms, preventive measures, and treatment seeking option while building upon local knowledge/awareness.

- Opening: welcome, apologies, attendance, minutes from last meeting
- Informed consent and release packet
 - Give each participant the informed consent and release packet. Ask participants to sign the informed consent and release. After, collect the packets.
- <u>Review</u> transmission:
 - Show and explain diagram
- Discuss symptoms:
 - Human Body Activity: Participants break into two or three groups and are given a poster with the outline of a human body on it. They are asked to draw the symptoms of malaria that they know, and then present and discuss their drawings with other groups. Then, the peer educator presents the symptoms associated with malaria infection and groups will be asked to discuss how they would change their drawings given this information.
- Discuss prevention:
 - Explain preventative options with suggestions tailored to individuals
 - Malaria Drama: Peer educators perform a play in which malaria symptoms and prevention measures are presented through the life story of one individual who follows correct prevention measures and one who ignores prevention measures.
- Discuss treatment: Go to Makuya clinic immediate to receive the following treatments
 - Give out EMS and Makuya Clinic's phone numbers

- Sing Malaria Anthem
- Closing: Thank you, share date of next meeting

Meeting 3 (or 4): Debrief, discussion & conclude

Goal: review basics of malaria education program, with the hope that individual participants are better aware of malaria transmission, symptoms, preventative measures, and treatment seeking options.

- Opening: welcome, apologies, attendance, minutes from last meeting
- Informed consent and release packet
 - Give each participant the informed consent and release packet. Ask participants to sign the informed consent and release. After, collect the packets.
- Distribute post-surveys
 - To minimize bias, ensure no review of malaria information is done before post-surveys are taken
- Open discussion and question forum
- Apply knowledge within community: Give examples of possible scenarios of malaria experiences
- Malaria Drama: Community members perform a play in which malaria symptoms and prevention measures are presented through the life story of one individual who follows correct prevention measures and one who ignores prevention measures.
- Sing Malaria Anthem
- Closing: Thank you

Figure 3a. Pre-Survey Malaria Questions

Dzina (Name):

Vhukale (Age):_____

Mbeu (Gender):_____

Murole wa nthesa (Education Level):____

- 1. Vha humbula uri muthu u farwa hani nga dali? How do you think someone gets malaria?
- 2. Vhahumbula uri ndi ngani muthu a tshifariwa nga malaria? Why do you think someone gets malaria?
- 3. **Vha humbula uri hu itea mini muvhilini wavho musi vhe na dali?** *What do you think happens to your body when you have malaria?*
- 4. Vha humbula uri vha nga ita mini u thivhela uri vha sa farwe nga dali? What do you think you can do to prevent yourself from getting malaria?
- 5. **Vha humbula uri tshitshavha tsha havho tshi nga ita mini u thivhela dali?** *What do you think your community can do to prevent malaria?*
- 6. Vho vha vha tshi nga ita mini arali vha na tsumbadwadze dza dali? What would you do if you were showing symptoms of malaria?
- 7. Vho vha tshi nga ya ngafhi u wana dzilafho arali vho vha vhe na dali? *Where would you go for treatment if you had malaria*?
- 8. Zwi nga vha dzhiela tshifhinga tshingafhani u toda dzilafho nga murahu ha u vha na tsumbadwadze dza dali? How long after experiencing symptoms of malaria would you seek treatment?
- 9. Vhone kana munwe muthu mutani wavho o no vhuya a vha na dali? Ndi nnyi? Lini? Lungana? *Have you or anyone else in your household had malaria? Who? When? How many times?*
- 10. Huna zwinwevho zwine vha tama ri tshi zwi divha?(Mmbudziso kana vhudipfi havho?) *Is there anything else you would like us to know? Questions? Comments?*

Figure 3b.

Post-Survey Malaria Questions: Mbudziso dza nga murahu ha Tsedzuluso ya Dali

Dzina (Name): _____

Vhukale (Age):_____

Mbeu (Gender):_____

Murole wa nthesa (Education Level):_____

- 1. Vha humbula uri muthu u wana hani dali? How do you think someone gets malaria?
- 2. Vha humbula uri ndi ngani muthu a tshi farwa nga dali? Why do you think someone gets malaria?
- 3. Vha humbula uri hu itea mini muvhilini wavho musi vhe na dali? What do you think happens to your body when you have malaria?
- 4. **Vha humbula uri vha nga ita mini u thivhela uri vha sa farwe nga dali?** *What do you think you can do to prevent yourself from getting malaria?*
- 5. **Vha humbula uri tshitshavha tsha havho tshi nga ita mini u thivhela dali?** *What do you think your community can do to prevent malaria?*
- 6. Vho vha vha tshi nga ita mini arali vha na tsumbadwaze dza dali? What would you do if you were showing symptoms of malaria?
- 7. Vho vha vha tshi nga ya ngafhi u wana dzilafho arali vho vha vhe na dali? *Where would you go for treatment if you had malaria*?
- 8. Zwi nga vha dzhiela tshifhinga tshingafhani u toda dzilafho nga murahu ha u vha na tsumbadwadze dza dali? *How long after experiencing symptoms of malaria would you seek treatment?*
- 9. Vhone kana munwe muthu mutani wavho o no vhuya a vha na dali? Ndi nnyi? Lini? Lungana? *Have you or anyone else in your household had malaria? Who? When? How many times?*
- 10. Vha pfa vho guda zwingafhani nga ha dali nga kha MAP? (1= Zwitukutuku, 5= Zwinzhi) How much do you feel you learned about malaria through MAP (1=Very little, 5=A lot)

1 2 3 4 5

11. Vho difhelwa nga MAP zwingafhani? (1= Zwitukutuku, 5= Nga maanda) How much did you enjoy MAP (1=Very little, 5=A lot)

1 2 3 4 5

12. Hu na khonadzeo nngafhani ya uri vha themendele MAP kha khonani yavho? (1 = Zwi nga si konadzee, 5 = Zwi a konadzea nga maanda) How likely would you be to suggest MAP to a friend? (1=Very unlikely, 5=Very likely)

1 2 3 4 5

13. Vha nga kona u dovha vha vhuya hafhu sa mudzheneleli kha MAP nwakani? (1 = Zwi nga si konadzee, 5 = Zwi a konadzea nga maanda) How likely would you be to return as a participant in the MAP again next winter? (1=Very unlikely, 5=Very likely)

1 2 3 4 5

- 14. Kuhumbulele kwavho kwa nga ha dali kwo shanduka hani nga murahu ha mitangano iyi? *How has your view of malaria changed after these meetings?*
- 15. Ndi zwifhio zwa ndemesa zwe vha zwi guda kha MAP? What is the most important thing you learned during MAP?
- 16. Vha humbula uri hu na zwinwevho zwine ra nga zwi ita u khwinisa "malaria awareness program" naa? Do you have any suggestions to improve the Malaria Awareness Program?
- 17. Huna zwinwevho zwine vha tama ri tshi zwi divha?(Mmbudziso kana vhudipfi havho?) *Is there* anything else you would like us to know? Questions? Comments?

Figure 4a. Knowledge Score Classification of Participant Responses to Transmission Questions

METHODS DEEMED "CORRECT": Understanding of mosquito parasite Understanding of mosquito laying eggs in water View of standing, dirty, or river water Dirty things attract mosquitos Not using preventative measures that minimize mosquito bites (peaceful sleep cream, nets, sprayed house, or) METHODS DEEMED "INCORRECT": Drinking contaminated, dirty, unpurfiled, or river water Using dirty water Eating sweet things If mosquito bites animal and then you, you get malaria Eating fruits that are not ripe; eating bad food Drink beer while not eating food If your body is use to getting sick, you are more likely to get malaria; the flu Not having good hygiene (not washing hands before eating, or after using the toilet) No mention of mosquitos, mosquito bites Drinking Dirty Water River water Eating food that isn't covered Uurelated (answering another question) I don't know Flies Dirty house Eating food that people are allergic to Eating food that people are allergic to Eating bad food; dirty food By parasites that come from infected people/Infected people	Mention of mosquitos, mosquito bites	
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Poor Hygiene Knowledge Score Categorizations:	By parasites that come from infected people/infected people	
Knowledge Score Categorizations:	Not using preventative measures (wearing long clothes)	
	Poor Hygiene	
D. Incorrect understanding of malaria transmission= No mention of mosquitos (no understanding or all incorrect	Knowledge Score Categorizations:	
	0. Incorrect understanding of malaria transmission= No mention of mosquitos (no under	rstanding or all incorrec

2. Correct understanding of malaria transmission = Mention of mosquitos & no methods deemed "incorrect"

Figure 4b. Knowledge Score Classification of Participant Responses to Prevention Questions

MI	ETHODS DEEMED "CORRECT":
Fill	holes/throw away trash/dirty things/empty tins (relation to rainwater and mosquitos)
Sta	y away from/get rid of still water (relation to mosquitos)
Mo	squito nets, bed nets
Pea	aceful sleep cream
Mo	squito coils
Allo	w Malaria Control people spray homes
Thr	ow away cow dung (in relation to mosquitos)
Do	not clean walls, house after Malaria Control sprays
We	ar long clothes at dusk and/or sunset; cover-up exposed body to prevent mosquito bites
Edu	ication (from experts and others)
Get	preventative mosquito repellants from clinic
Kee	ep house clean, cut grass and bushes (relation to mosquitos)
Clo	se windows
Sta	y inside during sunrise and sunset
Put	oil in standing water to prevent mosquitos from breeding
Cut	holes in tires
М	ETHODS DEEMED "INCORRECT":
Doi	n't know
Thr	ow out trash/ keep house clean (not in relation to rainwater or mosquitos)
Tra	ditional methods (burn cow dung/musudzungwane tree)
Go	to the clinic or get medication/pills from clinic/call EMS
Doi	n't keep food out for too long; Eat clean and healthy food
Do	not spill water
Use	e Indian Tonic instead of water
Use	e/drink clean water (put jik in or boil dirty water before use)
Do	not play in dirty/river water (no relation to mosquitos)
Inc	orrect understanding of how to use correct measures
Doi	n't eat sweet food/unripe food
For	ce yourself to throw up, don't eat sour pap, avoid food with fats
Hav	re good hygiene (wash hands before eating, or after using the toilet; bathing in hot water)
Drii	nking a lot of water
<u> </u>	edge Score Categorizations:

1. Partially Correct understanding of malaria prevention (some correct prevention techniques, some incorrect)

2. Correct understanding of malaria prevention (all correct methods)