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SCREENING OF TWENTY-FOUR SOUTH AFRICAN *COMBRETUM* AND SIX *TERMINALIA* SPECIES (COMBRETACEAE) FOR ANTIOXIDANT ACTIVITIES.

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Abstract

The dried leaves of *Combretum* and *Terminalia* species (Combretaceae) were extracted with acetone, hexane, dichloromethane and methanol. Thin layer chromatography (TLC) plates were developed under saturated conditions and sprayed with 0.2% 2,2-diphenyl-1-picryl hydrazyl (DPPH) in methanol for antioxidant screening. Visualization of separated bands exhibiting antioxidant activities enabled the localization and the subsequent identification of the potential active compounds. The acetone and methanol extracts displayed the presence of antioxidant activity after spraying the chromatogram with DPPH. Hexane and dichloromethane extracts did not have any antioxidant activity. *C. hereroense* had the highest number of active compounds, followed by *C. collinum* ssp. *taborense*, which were 16 and 10, respectively. Acetone extracts of all tested *Combretum* species had 53 active bands and methanol had 55. All *Terminalia* species extracted with acetone and methanol had antioxidant activity. *T. gazensis* and *T. mollis* methanol extracts had 11 and 14 active compounds respectively in one of the solvent systems used. The qualitative DPPH assay on TLC was successfully used in this study to systematically assess the total antioxidant activity of the *Combretum* and *Terminalia* species extracts.

Key words: Combretaceae; *Terminalia* species; *Combretum* species; Antioxidant; 2, 2, diphenyl-1-picrylhydrazyl (DPPH)

Introduction

Oxidation in living organisms is essential for the acquirement of energy in catabolism. However, oxygen-centred free radicals and other reactive oxygen species, which are continuously produced *in vivo* result in cell death and tissue damage. Oxidative damage caused by free radicals may be related to aging, and diseases such as atherosclerosis, diabetes, cancer and cirrhosis (Halliwell and Gutteridge, 1999).

Free radicals are natural by-products of human metabolism. These are charged molecules which attack cells, breaking cellular membranes and reacting with the nucleic acids, proteins, and enzymes present in the cells. These attacks by free radicals, collectively known as oxidative stress, are capable of causing cells to lose their structure, function and eventually result in cell dysfunction. They are continuously produced by our body's use of oxygen, such as in respiration and some cell-mediated immune functions. Free radicals are also generated through environmental pollutants, cigarette smoke, automobile exhaust, radiation, air-pollution, pesticides, etc. (Li and Trush, 1994). Normally, there is a balance between the quantity of free radicals generated in the body and the antioxidant defence systems which scavenge/quench these free radicals preventing them from causing deleterious effects in the body (Nose, 2000). The antioxidant defence systems in the body

can only protect the body when the quantity of free radicals is within the normal physiological level. But when this balance is shifted towards more free radicals, increasing their burden in the body either due to environmental conditions or infections, it leads to oxidative stress (Finkel and Holbrook, 2000). While the concept of developing drugs from plants used in indigenous medical system is ancient, the link between indigenous use and subsequent scientifically derived biomedical use is not always clear. In some cases the relationship is much more complex (Heinrich and Gibbons, 2001).

Plants (fruits, vegetables, medicinal herbs, etc.) may contain a wide variety of free radical scavenging molecules, such as phenolic compounds (e.g. phenolic acids, flavonoids, quinones, coumarins, lignans, stilbenes, tannins), nitrogen compounds (alkaloids, amines, betalains), vitamins, terpenoids (including carotenoids), and some other endogenous metabolites, which are rich in antioxidant activity (Zheng and Wang, 2001 and Cai et al., 2003). Epidemiological studies have shown that many of these antioxidant compounds possess anti-inflammatory, antiatherosclerotic, antitumor, antimutagenic, anticarcinogenic, antibacterial, or antiviral activities to a greater or lesser extent (Owen et al., 2000; Sala et al., 2002).

Some species from the Combretaceae family have been found to have antioxidant activities in previous studies. *Terminalia chebula* is used in treatment of fevers, cough, asthma, urinary diseases, piles and worms and is also useful in treating chronic diarrhoea and dysentery, flatulence, vomiting, colic and enlarged spleen and liver (Cheng et al., 2003). *Terminalia chebula* extracts had different levels of antioxidant activity for anti-LPO, anti-superoxide radical formation and free radical scavenging activities (Cheng et al., 2003). *Terminalia arjuna* is a large tree distributed throughout India and its bark is used as a cardioprotective agent in hypertension and ischaemic heart diseases. The bark powder is reported to exert hypocholesterolaemic and antioxidant effect in humans (Gupta et al., 2001). Extracts of both *Terminalia sericea* and *Gunnera perpensa* showed possible scavenging activity in a concentration dependant manner. Water extracts demonstrated higher activity than the methanol extracts (Mabogo, 1990). Several galloyl quinic acid derivatives have been isolated from the galls of *Guiera senegalensis* (Bouchet et al., 1996) and have shown antioxidant activity (Bouchet et al., 1998).

In 1992, Alexander et al., found several antimicrobial compounds in 12 different *Combretum* species. Martini and Eloff (1998) found evidence for at least 14 unidentified bacterial inhibitors from the leaves of *Combretum erythrophyllum*. Eloff (1999) quantified the antibacterial activities of the leaf extracts of 27 members of Combretaceae, and in 2002, Fyhrquist *et al.* found activity in extracts of the roots and stem bark of *Combretum* and *Terminalia* species used in Tanzania. The antibacterial properties of *Combretum* species (Silva et al., 1996 and Baba-Moussa et al., 1998) are well investigated. In our previous studies we have shown that extracts of South African *Terminalia* species (Masoko et al., 2005) and *Combretum* species (Masoko et al., 2006) have substantial antifungal activities, with MIC's as low as 20 µg/ml.

In previous work, Masoko et al. (2005) indicated that six selected *Terminalia* species possessed antioxidant activity. Less work has been done on *Combretum* species, except that some compounds isolated from *Combretum erythrophyllum* possess antioxidant compounds i.e. 5-hydroxy-7,4'-dimethoxyflavone but it had the weakest activity (Martini et al., 2004).

Although many synthetic chemicals, such as phenolic compounds, are strong radical scavengers, they usually have side effects (Imaida et al., 1983). Antioxidant substances obtained from natural sources are of great interest. Our main objective was to evaluate the antioxidant activities of various solvent extracts from *Combretum* and *Terminalia* species, and to choose a species with promising antioxidant activity for further studies.

Materials and methods

Plant collection

Leaves of *Combretum* and *Terminalia* species were collected from plants in the Lowveld National Botanical Garden in Nelspruit, South Africa in the summer of 2003. Voucher specimens and notes on the origins of the trees are kept in the Garden Herbarium. *Combretum* species collected are listed in **Table 1** and *Terminalia* in **Table 2**. More information on the origin and voucher reference numbers of these plants are presented elsewhere (Eloff, 1999).

Plant drying and storage

Leaves were separated from stems, and dried at room temperature. Most scientists have tended to use dried material because there are fewer problems associated with large scale extraction of dried plants rather than fresh plant material (Eloff, 1998). The dried plants were milled to a fine powder in a Macsalab mill (Model 200 LAB), Eriez[®], Bramley, and stored at room temperature in closed containers in the dark until used.

Extraction procedure

Plant samples from each species were individually extracted by weighing four aliquots of 1 g of finely ground plant material and extracting with 10 ml of acetone, hexane, dichloromethane (DCM) or methanol (technical grade-Merck), respectively in centrifuge tubes. These tubes were vigorously shaken for 3-5 minutes in a Labotec model 20.2 shaking machine at high speed. After centrifugation at 959 xg for 10 minutes the supernatant was decanted into labelled containers. This process was repeated 3 times to exhaustively extract the plant material and the extracts were combined. The solvent was removed under a stream of air in a fume cupboard at room temperature before dissolving extracts in acetone to a concentration of 10 mg/ml.

Phytochemical analysis

Chemical constituents of the extracts were analyzed by thin layer chromatography (TLC) using aluminium-backed TLC plates (Merck, silica gel 60 F₂₅₄). The TLC plates were developed with one of the three eluent systems developed in our laboratory which separate components of Combretaceae extracts well i.e.: ethyl acetate/methanol/water (40:5.4:5): [EMW] (polar/neutral); chloroform/ethyl acetate/formic acid (5:4:1): [CEF] (intermediate polarity/acidic); benzene/ethanol/ammonium hydroxide (90:10:1): [BEA] (non-polar/basic) (Kotze and Eloff, 2002). Development of the chromatograms was in a closed tank in which the atmosphere had been saturated with the eluent vapour by lining the tank with filter paper wetted with the eluent.

Antioxidant activity

Antioxidant activity was determined using qualitative and quantitative analysis namely, the 2,2-diphenyl-1-picrylhydrazyl (DPPH) assay and Trolox equivalent antioxidant capacity (TEAC) assay, respectively. In this paper only the qualitative results are given.

Qualitative 2, 2-diphenyl-1-picrylhydrazyl (DPPH) assay on TLC

TLC was used to separate extracts as described under section 2.4. The plates were dried in the fumehood. To detect antioxidant activity, chromatograms were sprayed with 0.2%, 2,2, diphenyl-2-picryl-hydrazyl (Sigma[®])(DPPH) in methanol, as an indicator (Deby and Margotteaux, 1970). The presence of antioxidant compounds was detected by yellow spots against a purple background on TLC plates sprayed with 0.2% DPPH in methanol.

Results and Discussion

Various assays have been used to test for antioxidant activity but the mostly widely used methods are those that involve generation of free radical species which are then neutralised by antioxidant compounds (Arnao et al., 2001). In qualitative analysis of antioxidant activity, the 2,2-diphenyl-1-picrylhydrazyl (DPPH) assay on TLC plates was used as a screening test for the radical scavenging ability of the compounds present in the different extracts.

The DPPH method measures electron-donating activity of other compounds in the mixture and hence provides an evaluation of antioxidant activity due to free radical scavenging. Any molecule that can donate an electron or hydrogen to a mixture will react with and bleach DPPH. DPPH is reduced from a purple compound to a light yellow compound by electrons from oxidant compounds. Reaction of DPPH with hydroxyl groups involves a homolytic substitution of one of the phenyl rings of DPPH yielding 2-(4-hydroxyphenyl)-2-phenyl-1-picryl hydrazine as a major product whilst 2-(4nitrophenyl)-2phenyl-1-picrylhydrazine is also formed via a series of secondary processes. The

Table 1: *Combretum* species used for antioxidant screening. Infra generic classification from Carr (1988)

Combretum L	
Section	Species
Hypocrateropsis Engl. & Diels	<i>C. celastroides</i> Welw. Ex Laws
	(i) <i>C. celastroides</i> ssp. <i>celastroides</i>
	(ii) <i>C. celastroides</i> ssp. <i>orientale</i>
	<i>C. imberbe</i> Wawra
Angustimarginata Engl. & Diels	<i>C. padoides</i> Eng. & Diels
	<i>C. caffrum</i> (Eckl. & Zeyh) Kuntze
	<i>C. erythrophyllum</i> (Burch.) Sond.
	<i>C. kraussii</i> Hochst
	<i>C. woodii</i> Duemmer
Metallicum Excell & Stace	<i>C. nelsonii</i> Duemmer
	<i>C. collinum</i> Fresen
	(i) <i>C. collinum</i> ssp. <i>suluense</i> (ii) <i>C. collinum</i> ssp. <i>taborensis</i>
Spathulipetala Engl. & Diels	<i>C. zeyheri</i> Sond.
Ciliatipetala Engl. & Diels	<i>C. albopunctatum</i> Suesseng.
	<i>C. apiculatum</i> Sond.
	(i) <i>C. apiculatum</i> ssp. <i>apiculatum</i>
	<i>C. edwardsii</i> Exell
	<i>C. moggii</i> Excell
	<i>C. molle</i> R. Br.
	<i>C. petrophilum</i> Retief
Breviramea Engl. & Diels	<i>C. hereroense</i> Schinz
Conniventia Engl. Diels	<i>C. microphyllum</i> Klotzsch
	<i>C. paniculatum</i> Vent.
Poivrea (Comm. Ex DC)	<i>C. bracteosum</i> (Hochst)
	<i>C. mossambicense</i> (Klotzsch)
	<i>C. acutifolium</i>

Table 2.: *Terminalia* species used for antioxidant screening.

Section Abbreviate Exell
<i>T. prunioides</i> M.A.Lawson
Section Psidiodes Exell
<i>T. brachystemma</i> Welw. ex Hiern
<i>T. sericea</i> Burch ex DC
Section Platycarpae Eng. Diels emend Exell
<i>T. gazensis</i> Bak.f.
<i>T. mollis</i> Laws
<i>T. sambesiaca</i> Engl.&Diels

concentration of DPPH at the end of a reaction will depend on the concentration and structure of the compound being scavenged (Naik et al., 2003).

The TLC-DPPH screening method indicated the presence of antioxidant compounds in some of the extracts tested, with *C. woodii* and *C. hereroense* showing the most prominent antioxidant activity (**Figure 1**). This figure was used as the representative of all *Combretum* species and *Terminalia* species tested. Visualization of the compound with antioxidant activity enables the localization and the subsequent identification of the potential active compounds.

Table 3: Qualitative DPPH assay on TLC of the 30 plants studied

Combretum species	Extractants			
	Acetone	Hexane	DCM	Methanol
<i>C. celastroides</i> ssp. <i>celastroides</i>	++	-	-	++
<i>C. celastroides</i> ssp. <i>orientale</i>	++	-	-	++
<i>C. imberbe</i>	++	-	-	++
<i>C. padoides</i>	++	-	-	++
<i>C. caffrum</i>	++	-	-	++
<i>C. erythrophyllum</i>	++	-	-	++
<i>C. kraussii</i>	++	-	-	++
<i>C. woodii</i>	+++		+++	+++
<i>C. collinum</i> ssp. <i>suluense</i>	-	-	-	-
<i>C. collinum</i> ssp. <i>taborense</i>	+++	-	-	+++
<i>C. zeyheri</i>	++	-	-	+
<i>C. albopunctatum</i>	-	-	-	+
<i>C. apiculatum</i> ssp. <i>apiculatum</i>	++	-	-	++
<i>C. edwardsii</i>	++	-	-	+
<i>C. moggi</i>	+	-	-	++
<i>C. molle</i>	++	-	-	++
<i>C. petrophilum</i>	++	-	-	++
<i>C. hereroense</i>	+++	-	-	+++
<i>C. microphyllum</i>	+	-	-	+
<i>C. paniculatum</i>	-	-	-	-
<i>C. bracteosum</i>	-	-	-	-
<i>C. mossambicense</i>	-	-	-	-
<i>C. acutifolium</i>	++	-	-	++
<i>C. nelsonii</i>	++	-	-	++
Terminalia species				
<i>T. prunioides</i>	+++	-	-	++
<i>T. brachystemma</i>	+++	-	-	+
<i>T. sericea</i>	+++	-	-	+++
<i>T. gazensis</i>	+++	-	-	+++
<i>T. mollis</i>	+++	+++	-	+++
<i>T. sambesiaca</i>	+++	-	-	+

The degree of activity, determined qualitatively from observation of the yellow colour intensity: weak (+), moderate (++) , strong (+++) and no activity (-).

The acetone and methanol extracts displayed antioxidant activity after spraying chromatograms with DPPH. Hexane and dichloromethane extracts of *Terminalia* species apparently did not have any antioxidant activity, but hexane and dichloromethane extracts of *Combretum* showed activity, although most of the active compounds were very polar. Most of the antioxidant compounds were observed in EMW.

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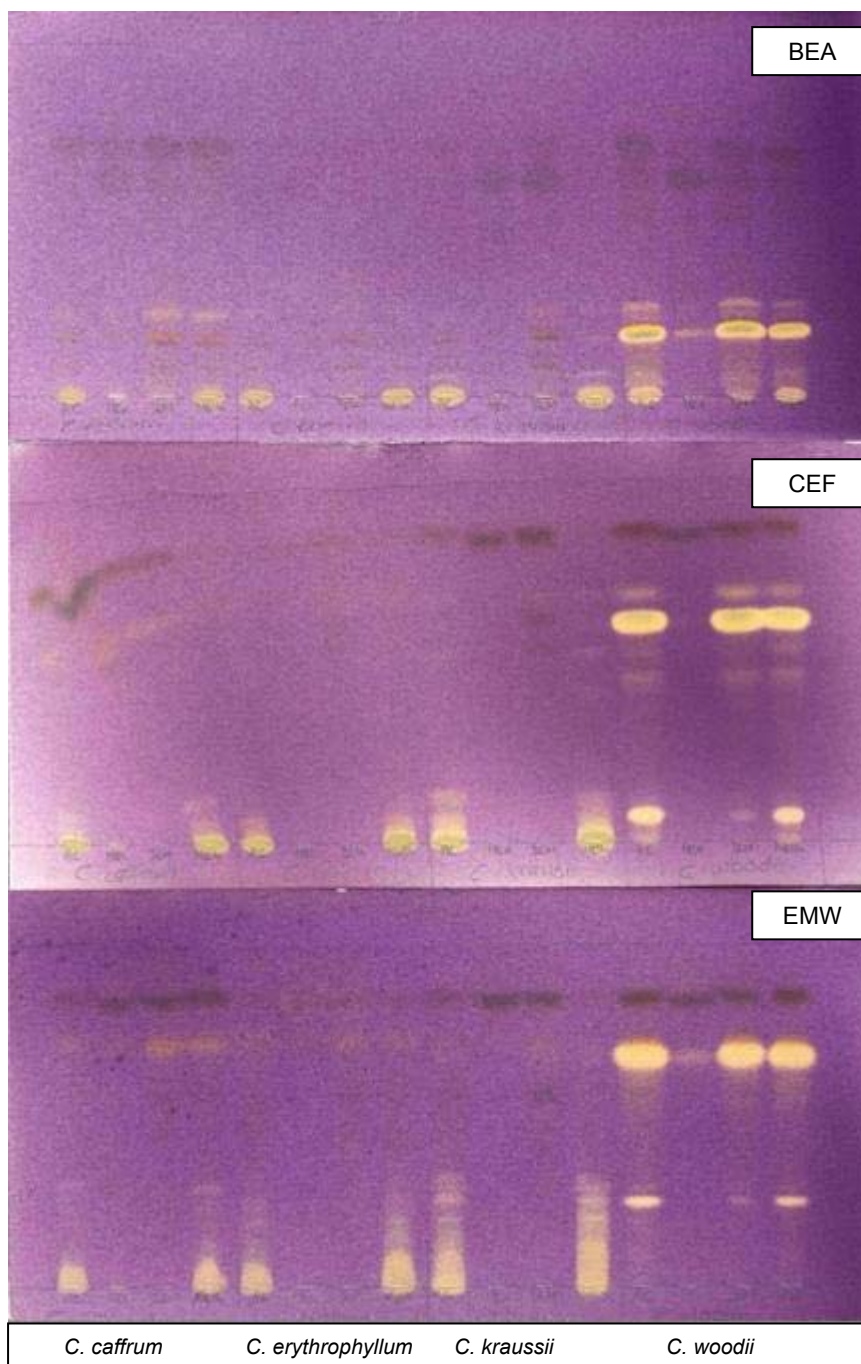


Figure 1: Chromatograms of *Combretum* species developed in BEA (top), CEF (centre), and EMW (bottom) solvent systems and sprayed with 0.2% DPPH in methanol. Yellow zones indicate antioxidant activity of compounds extracted with acetone (Ac), hexane (Hex), dichloromethane (D) and methanol (Met), in lanes from left to right (1-4) for each group.

Acetone, DCM and methanol extracts of *C. woodii* (**Figure 1**) are good candidates to isolate antioxidant active compounds from because they contained a number of compounds with a high degree of activity. The most prominent compounds were at R_f values of 0.20 (BEA), 0.65 (CEF) and 0.73 (EMW). *C. kraussii* also showed antioxidant activity especially in EMW. *C. collinum* ssp. *taborense* showed antioxidant compounds in EMW from acetone and methanol extracts. The acetone extract of *C. zeyheri* showed active compounds with less activity.

Table 4. Number of antioxidant bands present in all *Combretum* species tested on EMW solvent systems and extractants

<i>Combretum</i> species	Extractants				Total	Section
	Acetone	Hexane	DCM	Methanol		
<i>C. celastroides</i> ssp. <i>celastroides</i>	3			3	6	H
<i>C. celastroides</i> ssp. <i>orientale</i>	3			1	4	H
<i>C. imberbe</i>	1			1	2	H
<i>C. padoides</i>	2			2	4	H
<i>C. caffrum</i>	1			1	2	A
<i>C. erythrophyllum</i>	1			2	3	A
<i>C. kraussii</i>	3			3	6	A
<i>C. woodii</i>	3		3	3	9	A
<i>C. nelsonii</i>	3			3	6	A
<i>C. collinum</i> ssp. <i>suluense</i>	0			0	0	M
<i>C. collinum</i> ssp. <i>taboense</i>	4			6	10	M
<i>C. zeyheri</i>	3			1	4	S
<i>C. albopunctatum</i>	0			1	1	C
<i>C. apiculatum</i> ssp. <i>apiculatum</i>	3			6	9	C
<i>C. edwardsii</i>	3			1	4	C
<i>C. moggi</i>	2			2	4	C
<i>C. molle</i>	2			2	4	C
<i>C. petrophilum</i>	3			4	7	C
<i>C. hereroense</i>	8			8	16	B
<i>C. microphyllum</i>	3			3	6	Co
<i>C. paniculatum</i>	0			0	0	Co
<i>C. bracteosum</i>	0			0	0	P
<i>C. mossambicense</i>	0			0	0	P
<i>C. acutifolium</i>	2			2	4	P
TOTAL	53		3	55	108	

H, *Hypocrateropsis*; A, *Angustimarginata*; M, *Metallicum*; C, *Ciliatipetala*; B, *Breviramea*, Co, *Connivetia*; P, *Poivrea*

Table 5: Number of antioxidant bands present in all *Terminalia* species tested on EMW solvent systems and extractants

<i>Terminalia</i> species	Extractants				Total	Section
	Acetone	Hexane	DCM	Methanol		
<i>T. prunioides</i>	4			2	6	A
<i>T. brachystemma</i>	4			2	6	Ps
<i>T. sericea</i>	4			4	8	Ps
<i>T. gazensis</i>	4			7	11	PI
<i>T. mollis</i>	4	4		6	14	PI
<i>T. sambesiaca</i>	4			2	6	PI
TOTAL	24	4		23	51	

A, *Abbreviatae*; Ps, *Psidiodes*; PI, *Platycarpae*

The degree of activity of all the samples tested was determined qualitatively from observation of the yellow colour intensity (**Table 3**). Only *C. woodii* and *T. mollis* showed activity in extracts prepared with DCM and hexane, respectively. *C. hereroense* is also a good candidate to isolate antioxidant compounds from, and these active compounds were clearly visible in CEF and EMW solvent systems. *C. petrophilum* and *C. microphyllum* also had antioxidant compounds. All *Terminalia* species showed activity from the acetone and methanol extracts. *T. gazensis* and *T. mollis* methanol extracts showed a number of compounds in CEF and EMW systems.

The BEA and CEF solvent systems showed fewer active compounds than EMW, and active compounds were counted and recorded from TLC chromatograms developed in EMW and sprayed with DPPH for *Combretum* species (**Table 4**) and *Terminalia* species (**Table 5**). *C. hereroense* had the highest number of active compounds, followed by *C. collinum* ssp. *taborense*, which were 16 and 10, respectively. Acetone extracts of all tested *Combretum* species had 53 active bands in total, methanol 55, and DCM had only 3 from *C. woodii* (**Table 4**). There are differences in species in same Section. In the *Metallicum* section, *C. collinum* ssp. *suluense* did not have antioxidant activity but *C. collinum* ssp. *taborense* had 10 active bands. In the *Connivetia* section, *C. microphyllum* had 6 active bands and *C. paniculatum* had nothing, and in the *Poivrea* section, *C. acutifolium* had 4 and *C. bracteosum* and *C. mossambicense* had nothing.

Six tested *Terminalia* species had the same number of active compounds in the acetone extracts (**Table 5**), which was 4. Methanol extracts of the species had 23 active compounds. *T. mollis* had 4 active compounds in the hexane extract. It was the only species which have shown activity in hexane extract. Again species in the same sections had different number of active compounds. In the *Psidiodes* section, *T. brachystemma* had 6 active compounds and *T. sericea* had 8. In the *Platycarpae* section, *T. sambesiaca* had 6 active compounds and *T. gazensis* and *T. mollis* had 11 and 14, respectively.

Conclusion

The leaves of the Combretaceae family are known for their pharmacological activity and in this paper we have shown that various solvents extracted antioxidant compounds from the leaves of plants belong to members of the Combretaceae family. Methanol and acetone extracted the highest number of antioxidant compounds based on DPPH-TLC analysis. Qualitative DPPH assay on TLC was successfully used in this study to systematically assess the total antioxidant activity of the *Combretum* and *Terminalia* species extracts. This effective and efficient method can be used for systematic screening of medicinal herbs and dietary plants for their relative antioxidant content. It is simple, fast, reliable, inexpensive, and also very adaptable to both hydrophilic and lipophilic antioxidant systems. We are currently isolating compounds with antioxidant activity from selected species.

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