

## A STUDY OF LEPTOSPIROSIS IN SOUTH AFRICAN HORSES AND ASSOCIATED RISK FACTORS

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#### **SUMMARY**

Most leptospiral infections in horses are asymptomatic; however, acute disease manifestations as well as reproductive failure and recurrent uveitis have been reported. In South Africa, the epidemiology of the disease in horses is not well documented.

A serosurvey to determine what serovars were present in horses from Gauteng, KwaZulu-Natal and Western Cape Provinces and to get an estimate of the seroprevalence of leptospirosis was carried out from January 2013 until April 2014 with the assistance of four large equine hospitals: Baker & McVeigh Equine Hospital (2 branches), the Equine Clinic of the Onderstepoort Veterinary Academic Hospital, Faculty of Veterinary Science, University of Pretoria and the Drakenstein Veterinary Clinic. Furthermore, associations between potential risk factors and both seropositive horses to the predominant serovar Bratislava and to *Leptospira* spp were statistically evaluated using univariable analysis and multivariable logistic regression models.

Adult horses admitted to each equine hospital and horses seen on ambulatory service for various purposes were included in the study. Severely-ill, chronically infected, and horses with underlying immunosuppressive conditions were excluded from sampling, to control for potential bias.

A total of 663 horse sera were collected and tested against a panel of 24 leptospiral serovars using the microscopic agglutination test. The most predominant serovars in Gauteng were Bratislava [32%, 95% CI: 29-35%]; Djasiman [10.4%, 95% CI: 8-12%] and Arborea [8.9%, 95% CI: 7-11%], in the Western Cape Province, Bratislava [27.35%, 95% CI: 23-32]; Djasiman [15.4%, 95% CI: 12-19%] and Arborea [14.5%, 95% CI: 11-18%] and in KwaZulu-Natal, Bratislava [39.4%, 95% CI: 34-44%]; Arborea [9.6%, 95% CI: 7-13%]; and Tarassovi [7.7%, 95% CI: 5-10%] respectively. Twenty one serovars representing 17 serogroups were detected in South African horses with serovar Bratislava being the most serodominant.

The apparent prevalence to one or more serovars of *Leptospira* spp at a serum dilution of 1:100 in Gauteng, KwaZulu-Natal and Western Cape Provinces was 49%; 37% and 32% respectively. The true prevalence was calculated for each province taking into account the clustering effect during the sampling and was found to be between 24-74% in Gauteng; 26-39% in the Western Cape and 20-54% in KwaZulu-Natal.



Nooitgedacht (South African horse breed) horses were found to be at greater risk of being seropositive to both serovar Bratislava (OR=5.08) and *Leptospira* spp (OR=6.3). Similarly, horses residing on properties with forestry in the vicinity were found to be at greater risk of being seropositive to both serovar Bratislava (OR=9.3) and *Leptospira* spp (OR=5.2). This study has shown that a high proportion of horses in South Africa are exposed to a wide range of serovars, inferring a complex epidemiology. It also describes for the first time new serovars of *Leptospira* in South African horses that have not previously been reported.



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#### LIST OF ABBREVIATIONS

KZN KwaZulu-Natal

ARC Agricultural Research Council

OVI Onderstepoort Veterinary Institute

OIE Office International des Epizooties

OR Odds Ratio

MAT Microscopic Agglutination Test

CI Confidence Interval

OVAH Onderstepoort Veterinary Academic Hospital

ERU Equine Recurrent Uveitis

PCR Polymerase Chain Reaction

AP Apparent Prevalence

JCU James Cook University

WC Western Cape

μl Microliter



#### **CHAPTER 1**

#### GENERAL INTRODUCTION

#### 1.1 Background

Leptospirosis is a widespread zoonotic disease caused by infection with spirochetes belonging to the genus *Leptospira* (Levett. 2001). Leptospirosis, in addition to being the most common bacterial zoonosis worldwide (Lau et al. 2010), is also classified as an emerging infectious disease (Bolin. 1996, Leon et al. 2006). The infection usually results from direct transmission via contaminated urine, placental fluids, and tissues of affected animals or indirectly from a contaminated environment (Baverud et al. 2009). Leptospires can also penetrate the accidental host through mucous membranes or skin abrasions (Thiermann. 1984). The disease in animals may present in various forms, depending on host species, environmental conditions and the infecting serovar (Pinna et al. 2014). Incidental serovars usually cause acute clinical syndromes including haematuria, fever, jaundice, anorexia and respiratory distress (Yan et al. 2010) but host adapted serovars cause chronic or subclinical infections in reservoir hosts, becoming an important source of infection for humans or other animals (Suepaul et al. 2011).

Although most leptospiral infections in horses are asymptomatic (Hathaway et al. 1981, Hajikolaei et al. 2005, Verma et al. 2013), the most frequently recognized clinical manifestations of leptospirosis in horses are recurrent uveitis and periodic ophthalmia (Levett. 2001, Verma and Stevenson. 2012). The disease has been associated with reproductive tract infection (Divers and Chang. 2009) in pregnant mares which can result in placentitis, abortion or stillbirths (Bernard et al. 1993, Timoney et al. 2011), renal disease in young horses (Quinn et al. 2011) and hepatic dysfunction (Hathaway et al. 1981).

Serologic surveys performed in several countries indicate that leptospiral infections are common in horses. These studies confirm that there is widespread exposure to *Leptospira* 



worldwide and that exposure is significantly more common than clinical disease (Frellstedt. 2009). Titers to a wide variety of serovars have been reported in horses, and in general, the most common tend to be titers to *Leptospira interrogans* serovars Icterohaemorrhagiae, Bratislava, Pomona, Ballum, and Grippotyphosa (Hines. 2014).

A paucity of information exists regarding the leptospiral serovars in the equine population of South Africa. The reported predominant serovar was found to be Pomona in horses that were tested in South Africa (Anon. 1986-1987) but the epidemiology of this disease in South Africa has not yet been fully investigated.

#### 1.2 Working Hypothesis

Based on the published reports on leptospirosis in South Africa, we hypothesised the following:

- Leptospirosis is a worldwide bacterial disease with serological evidence being common in horses, therefore different leptospiral serovars will be detected in horses being investigated under this study in South Africa.
- 2. Horse demographic factors, geographic and environmental factors, and management factors will be associated with seropositivity of leptospires in horses.

#### 1.3 Objectives

The objectives of this study were:

- To identify the common leptospiral serovars existing in horses that were serviced by four large equine hospitals in South Africa.
- **2.** To carry out an epidemiological study to examine risk factors associated with equine leptospirosis in South Africa.



#### **CHAPTER 2**

#### LITERATURE REVIEW

#### 2.1 Historical background

Although the horse was in regular use in North and West Africa from 600 AD, there were none in the southern tip of Africa prior to European colonisation (Swart. 2007). Horses were the first domestic stock imported by the settlers and horses became integral to their identity as Europeans (Swart. 2007). The differentiation of equine breeds was progressive: the original "South East Asia Ponies," introduced in the Cape from Java in 1653 made way for English Thoroughbreds imported for the racing industry in the late eighteenth century. The original imported horses became the founders of the "Cape Horse" which was a fusion of the Southeast Asian pony, imported Persians, South American stock, North American stock, English Thoroughbred and Spanish Barbs with a particularly significant Arabian genetic influence (Swart. 2007). From 1836 to 1899, other breeds such as the Flemish Stallions from the Netherlands, as well as Hackeys, Norfolk Trotters and Cleveland Bays were imported and bred into what eventually become known as the Boerperd<sup>1</sup>. Today, the South African Thoroughbred industry is a multi-million rand enterprise and of major economic importance.

#### 2.2 Horse population in South Africa

According to the report from the Department of Agriculture, Forestry & Fisheries in 2004, South Africa had 318 722 horses that were kept on commercial and communal farms. The distribution of horses within 9 provinces of South Africa was the following: The Eastern Cape Province with 103 710 horses (32.5%); Free State with 50 389 horses (15.8%); Northern Cape with 37 006 horses (11.6%); North West with 34 269 horses (10.7%); Gauteng with 32 714 horses (10.2%); KwaZulu-Natal with 22 569 horses (7%); Western

<sup>&</sup>lt;sup>1</sup>www.saboerperd.com/p2/history/sa-boerperd-breed-history.html



Cape with 18 576 horses (5.8%); Mpumalanga with 15 194 horses (4.7%) and Limpopo with 4 295 horses (1.3%) (Department of Agriculture, Forestry & Fisheries. 2004). However, information on the demographics of the horse population in South Africa as well as information on the South African horse industry is scant.

#### 2.3 Aetiology of leptospirosis

Leptospirosis was first recognised and reported in man by Adolf Weil in 1886 (Weil. 1886). Later, the etiology of leptospirosis was demonstrated independently in 1915 in Japan and Germany (Everard. 1996). *Leptospira* spp are flexible, motile, helicoidal, usually hooked each end (Quinn et al. 2011) and showing characteristics of both Gram negative and Gram positive bacteria (Levett. 2001). They have two axial flagella, each attaching at opposing ends of the organism by platelike insertion discs.

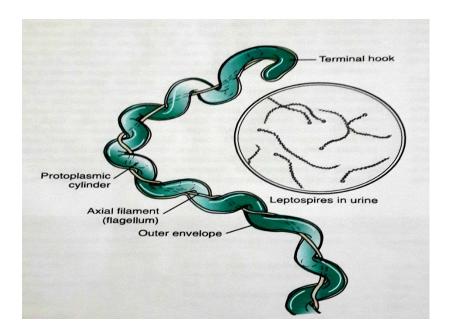


Figure 1 Ultrastructure of pathogenic leptospires. (From Greene CE, editor: Infectious diseases of the dog and cat, ed 3, St Louis, 2006, Saunders; courtesy University of Georgia, Athens.)



The distal end of each flagellum is not attached and extends toward the center of the cell, sometimes overlapping the flagellum from the opposite end (Hines. 2014). The FlaA and FlaB proteins constitute the flagellar sheath and core respectively. The role played by these flagella is to facilitate motility (Adler and de la Pena Moctezuma. 2010). Leptospires are obligate aerobes with an optimum growth temperature of 28°C to 30°C. They grow slowly and require a media enriched with vitamins B1 and B12, long-chain fatty acids and ammonium salts. Currently, the most widely used medium is based on the oleic acid, bovine serum albumin and polysorbate (Tween) medium EMJH (Adler and de la Pena Moctezuma. 2010). Although leptospires have Gram negative characteristics, they don't stain well with conventional bacteriological dyes. Therefore, other techniques, such as darkfield microscopy, silver impregnation and immunologic staining have been used to identify leptospires (Adler and Faine. 2006, Quinn et al. 2011). Leptospires have a typical double membrane structure in which the cytoplasmic membrane and peptidoglycan cell wall are closely associated and are overlaid by an outer membrane (Levett. 2001). This outer membrane is rich in lipopolysaccharide (LPS) which constitutes the main antigen for Leptospira. In addition to LPS, structural and functional proteins form part of the outer membrane. A large proportion of such proteins are lipoproteins (Adler and de la Pena Moctezuma. 2010). The porin OmpL1 and LipL41 are proteins located in the outer membrane and have been shown to be antigenic (Adler and Faine. 2006).

Classification of organisms within the genus *Leptospira* is complex. Currently, two separate systems of classification are used: The traditional phenotypic classification system based on serotyping in which leptospires are grouped into two species, the pathogenic species *Leptospira interrogans* and the non-pathogenic, saprophytic species *Leptospira biflexa* (Levett. 2001, Quinn et al. 2011).



Within each species, the serovars are organized into serogroups based on shared antigenicity. In this system, it was shown that *L. interrogans* contains at least 218 serovars organized into 23 serogroups, and *L. biflexa* with at least 60 serovars organized into 28 serogroups (Hines. 2014). The genotypic classification system is the second system and is based on deoxyribonucleic acid homology. With this classification, within each species various serovars are recognized on the basis of serological reactions (Ellis. 1995). Currently, 17 genomospecies of *Leptospira* have been defined (Hines. 2014) with *L. borgpetersenii*, *L. fainei*, *L. inadai*, *L. interrogans* sensu stricto, *L. kirschneri*, *L. meyeri*, *L. noguchii*, *L. santarosai* and *L. weilii* being recognized as pathogenic species (Quinn et al. 2011). The name *L. interrogans* is used to identify species in both the phenotypic and the genotypic classification systems, causing some confusion. Therefore, *L. interrogans* sensu stricto is sometimes used to denote the specific genomospecies, whereas *L. interrogans* sensu lato (in the broad sense) is used when referring to the more general phenotypic species (Hines. 2014). Serovars that have the same antigens belong to the same serogroup. Serologically similar leptospires may belong to different species (Levett. 2001).

#### 2.4 Pathogenesis of leptospirosis

In order to penetrate the body, leptospires need a portal of entry. This can be achieved when animals consume surface water contaminated with urine shed by a maintenance host species. Leptospires can also enter the body when the skin is abraded (Thiermann. 1984) or softened by prolonged immersion in water (Hunter. 2004, Quinn et al. 2011). Following infection, organisms enter the blood stream and localize in the liver where primary replication takes place, and from the liver, the organisms are released into the blood, resulting in a leptospiraemia (Hines. 2014). The leptospiraemic phase which persists for about a week, is characterised by high fever 7-9 days after the initial exposure (Frellstedt. 2009). The primary lesion during this phase is damage to the endothelia of small blood vessels, resulting in



localized ischemia in organs leading to renal tubular necrosis, hepatocellular and pulmonary damage, meningitis, myositis and placentitis (Adler and de la Pena Moctezuma. 2010). It seems that Leptospira do not have specific tissue tropism as they replicate in many tissues, including lungs, brain, kidney, eyes, liver, spleen, mammary gland or pregnant uterus (Hines. 2014). Clinical signs are dependent on the site of localization. Some factors are thought to play a role in the virulence of different isolates of leptospires. These include several outer membrane proteins like lipopolysaccharide (LPS) which is responsible for the serovar specificity of leptospires (Adler and de la Pena Moctezuma. 2010, Hines. 2014), some haemolysins (Miller et al. 2007; Quinn et al. 2011), protein and glycolipoprotein cytotoxins (Levett. 2001). One cytotoxic sphingomyelinase produced by leptospires is thought to be responsible for hepatocellular damage and haemorrhages in the lungs, mucous membranes and kidneys (Hunter, 2004). Localization in the proximal tubules of the kidneys in maintenance hosts causes a mild, chronic, interstitial nephritis and long-term leptospiruria (Hines. 2014). Foetal infection as a result of leptospires crossing the placenta varies in outcome, depending on the age of the foetus. Abortion may result or the foetus may survive by producing antibodies, or it may be born weak and be latently infected (Bernard et al. 1993).

The humoral immune response seems to play an important role in control of infection and immunity to leptospires. Antibodies are generally produced within a few days of infection and immunity is specific to the causative serovar and closely related serovars. In a maintenance host, when there is infection by a host-adapted serovar, concentrations of antibody may remain low, allowing organisms to persist, primarily in the kidney (Hines. 2014).



The pathogenesis of leptospiral-induced inflammation in equine recurrent uveitis is still unknown, but there is evidence that both persistent infection and autoimmune mechanisms may play a role (Pearce et al. 2007).

#### 2.5 Epidemiology of leptospirosis

Subclinically infected hosts, also known as reservoir hosts or definitive hosts, have the ability to maintain the disease and hence are also referred to as maintenance hosts (Levett. 2001). These maintenance hosts, which include numerous wild and domestic animal species, serve as a source of infection for incidental or accidental hosts (Hathaway et al. 1981). They can easily become infected but they develop mild or no clinical signs. In particular maintenance host species, some specific serovars of leptospira are generally found and epidemiologic studies suggest that these host preferences may vary both with geographic regions and over time (Hines. 2014). These maintenance hosts are considered to be the primary source of environmental contamination and transmission to other species because of their continuous excretion of leptospires in the urine (Quinn et al. 2011). In a study by Bernard et al. (1993), naturally infected broodmares shed the organism in the urine for 52-105 days after leptospiral abortions.

In contrast, incidental hosts typically have a low susceptibility to infection, but they are more likely to develop acute, severe disease when they do become infected. The shedding of organisms for these hosts is generally short, making them inefficient transmitters of disease (Hines. 2014). For most serovars of *Leptospira*, horses are incidental hosts. However there is some evidence suggesting that horses may be maintenance hosts for *L. interrogans* serovar Bratislava (Ellis et al. 1983a, Ellis et al. 1983b, Rocha et al. 2004). Some other serovars that have been confirmed to be maintained in some domestic and wild animals are Hardjo with cattle, and Pomona with pigs, cattle and rodents, whereas serovars Bataviae, Icterohaemorrhagiae, Copenhageni, Autumnalis, Arborea, Australis and Zanoni are known



to be maintained in rats and a wide range of small rodents (Adler and Faine. 2006). Wildlife plays an important role in transmission of this disease to other species including humans because some wild species, markedly small mammals, act as reservoir of some serovars (Millan et al. 2009), and thus can be important in the maintenance of *Leptospira* spp in the environment.

Horses become infected directly when in contact with infected urine which is considered the primary source of exposure to *Leptospira* (Levett. 2001). Urine becomes infected as the result of chronic infection of the renal tubules (Thiermann. 1984). *Leptospira* can also spread through placental tissues, aborted foetuses, uterine discharges and milk (Hines. 2014). The most effective way of transmission of the disease is from the urine of carrier animals to susceptible hosts by water-borne wastes like slurry or run-off water from infected animal houses (Gummow et al. 1999, Hesterberg et al. 2009). In order to survive, organisms shed in the urine require favourable conditions such as adequate moisture and a neutral or slightly alkaline pH. Stagnant water can be contaminated by live *leptospira* for prolonged periods (Hines. 2014).

Chances of survival for leptospires are reduced by some factors like run-off caused by heavy rainfall, salinity and high levels of other species of bacteria. Drying and pH values below six or exceeding eight are detrimental to their survival outside hosts. Ambient temperatures of 10°C to 25°C favour survival, and temperatures lower than 7°C to 10°C or higher than 34°C to 36°C are detrimental (Hines. 2014).

Other routes of transmission of the disease have been reported. Those include veneral, transplacental (Thiermann. 1984, Levett. 2001), cutaneous, oral, respiratory or conjunctival routes. Currently there are no reports of leptospiral transmission through semen or embryo transfer in horses even though leptospires have been isolated from bull semen (Thiermann. 1984). Foetal infection has been documented in foals after localization in the pregnant uterus,



resulting in abortion (Ellis et al. 1983b, Bernard et al. 1993), stillbirth (Donahue et al. 1995) and premature foals (Vemulapalli et al. 2005).

Little information is available about experimental induction of leptospirosis in horses. In a study where horses were challenged with an equine isolate of *L. interrogans* serovar Kennewicki, it has been shown that clinical disease in experimentally infected horses can be mild or inapparent and in order to recognise the infecting serovar, repeated serologic testing was necessary (Yan et al. 2010).

#### 2.6 Common serovars affecting horses and their geographical location

In horses, seroprevalence has been shown to vary depending on the geographic location and the serovars assessed (Lees and Gale. 1994). The occurrence of specific serovars depends on the presence and prevalence of the specific host species that act as infection reservoirs in different geographical areas (Turk et al. 2013). Favourable environmental conditions such as warm temperatures, moisture, neutral soil pH (Dickeson and Love. 1993) and standing surface water support the survival of pathogenic leptospires in the environment for a long period, hence increasing infection opportunities. Table 2.1 shows different serovars isolated from horses and their geographical location.



Table 2.1: Common serovars isolated from horses and their geographical location

Serovar	Geographical location	Reference
Pomona group (including serovar Kennewicki)	North and South America	(Sillerud et al. 1987); (Frazer. 1999); (Faber et al. 2000); (Donahue and Williams. 2000)
Grippotyphosa, Icterohaemorrhagiae	Europe	(Donahue et al. 1995); (Dwyer et al. 1995); (Wollanke et al. 2001)
Bratislava, Icterohaemorrhagiae, Sejroe	Sweden	(Baverud et al. 2009)
Bratislava	Mongolia	(Odontsetseg et al. 2005)
Icterohaemorrhagiae, Copenhageni, Bratislava	Brazil	(Hashimoto et al. 2007); (Braga et al. 2011); (Coiro et al. 2012); (Hamond et al. 2012); (Pinna et al. 2012); (Hamond et al. 2013); (Pinna et al. 2014)
Icterohaemorrhagiae, Bratislava, Pomona	Italy	(Ebani et al. 2012)
Sejroe, Bratislava	Korea	(Jung et al. 2010)
Copenhageni, Bratislava	Netherlands	(Houwers et al. 2011)
Bratislava, Pomona Icterohaemorrhagiae	Croatia	(Turk et al. 2013)
Grippotyphosa, Sejroe	Nothern Poland	(Arent and Kedzierska- Mieszkowska. 2013)
Copenhageni	South-eastern Australia	(Dickeson and Love. 1993)
Ballum	Southern New South Wales	(Swart et al. 1982)
Arborea	Northern Queensland (Australia)	(Wangdi et al. 2013)



#### 2.7 Risk factors

Different studies have assessed risk factors for exposure to leptospirosis in horses. The disease appears to be endemic in certain geographical areas due to favourable environmental conditions, which include a mild climate and high precipitation (tropical climate). High periods of precipitation increase the exposure to leptospires by releasing the leptospires from the soil and bringing them to the surface in standing water or even floods (Barwick et al. 1997). A strong association between periods of high rainfall and the incidence of leptospirosis has been reported (Ward. 2002). In Australia, seropositivity of horses to serovar Arborea was significantly associated with the average annual rainfall (Wangdi et al. 2013). Seasonal variations also play a role in leptospiral infections: In a study conducted in Sweden, seasonal variations in leptospiral titres associated with management factors for two serovars Icterohaemorrhagiae and Bratislava have been demonstrated; for serovar Icterohaemorrhagiae, an increased infection incidence was found in late summer and autumn, whereas for serovar Bratislava, the highest seroprevalence was found in spring and summer (Baverud et al. 2009). Another study in Korea has shown this seasonal variation where more antibodies against *Leptospira* serovars were detected in summer and autumn compared to spring and winter (Jung et al. 2010).

A study has demonstrated how age in horses was significantly associated with the presence of titers, with the chance of being seropositive increasing by approximately 10% with each year of life (Lees and Gale. 1994). Other authors have also reported the same increase of seroprevalence of leptospirosis with the age of the horse (Park et al. 1992, Lees and Gale. 1994, Williams et al. 1994, Barwick et al. 1997) despite the fact that in Australia, no significant association was observed between seropositivity and age groups (Wangdi et al. 2013).



The breed difference in seroprevalence has been indicated in one study in Sweden where ponies and coldbloods had a lower odd ratio of seropositivity to serovar Icterohaemorrhagiae (Baverud et al. 2009).

Gender also seems to be considered as a risk factor since in Australia, it was demonstrated that geldings were more at risk of being seropositive to serovar Arborea (Wangdi et al. 2013).

Sugarcane cultivation in Australia is thought to contribute to an increase in the number of rodent population hence facilitating the spread of leptospires (Slack et al. 2006, Miller et al. 2007). In Australia, the detection of serovar Arborea-seropositive horses was strongly associated with the presence of surgacane fields in the vicinity (Wangdi et al. 2013).

Management factors also constitute a major risk factor to leptospiral infections: In a study by Lees and Gale. (1994), it was shown that track horses that were managed individually had lower odds ratios than rodeo horses that were managed in groups for all investigated serovars including serovar Bratislava and Icterohaemorrhagiae. Another study has determined and quantified risk factors associated with exposure of horses to the serovars Pomona, Autumalis and Bratislava. The study found that risk of seropositivity varies according to some factors including management practices and population density (Barwick et al. 1997). Other established risk factors include an increased rodent activity and an increased exposure to wildlife (Barwick et al. 1997, Levett. 2001, Frellstedt. 2009).

Slurry from a piggery used to manure pasture and existence of pigs in the vicinity of horseproperties have been identified as one important source of serovar Pomona infection to
animals grazing on pastures (Gummow et al. 1999, Hesterberg et al. 2009). In Australia, it
was demonstrated that the proportion of properties seropositive to serovar Arborea was
significantly higher for those that ran horses together with pigs (including those visited by
feral pigs) and those with pigs in the neighbourhood compared with properties without pigs



in the vicinity (Wangdi et al. 2013). Similarly, cattle sharing pasture space with horses have been an important source of serovar Hardjo infection in horses (Ellis et al. 1983b).

#### 2.8 Leptospirosis in other species of animals in South Africa

In South Africa, limited reports on leptospirosis have been published and pigs, cattle and dogs were the main animals studied. In pigs serovar Pomona has been incriminated as the cause of severe economic losses in South African pig farms (Delange et al. 1987, Hunter et al. 1987, Gummow et al. 1999). Antibodies to serovars Icterohaemorrhagiae, Hardjo and Bratislava were also shown to be much more prevalent by another serological survey of slaughter pigs in South Africa (Potts et al. 1995). In cattle, a study conducted in communal cattle of KZN identified serovar Pomona as the most common serovar although other serovars like Tarassovi, Bratislava, Canicola, Hardjo, Icterohaemorrhagiae, Szwajizak and Grippotyphosa were also detected (Hesterberg et al. 2009).

In dogs, a serological survey done in South African dogs has revealed that the most frequent serovars represented were Canicola and Pyrogenes (Roach et al. 2010).

#### 2.9 Leptospirosis in Humans

Leptospirosis is the most widespread zoonosis globally. Its clinical manifestation in humans is very wide, ranging from subclinical infection to a severe syndrome of multiorgan infection with high mortality (Levett. 2001). Humans acquire infection through contact with water, food, or soil contaminated with urine of infected animals, especially rodents (Waitkins. 1986). A similar picture of the disease was seen in the past with sewer workers. The use of personal protective equipment has changed the epidemiology of the disease but farmers and people involved in water sports activities are still affected (Waitkins. 1986).

The first South African case of leptospirosis was diagnosed in 1952 in a Cape Town fish hawker who died of typical Weil's disease due to *L. interrogans* serovar



Icterohaemorrhagiae. In the 1960s and 1970s further cases of leptospirosis were published from Cape Town, and one from Kwazulu Natal Province. A recent case of human leptospirosis in a 34 year old resident of Gauteng who presented with an acute febrile illness with significant splenomegaly and multisystem pathology was also published (NICD. 2015). In South Africa, a rodent-related zoonosis study was conducted from 2003 until 2006 in three provinces (Limpopo, KwaZulu-Natal and the Eastern Cape) and the seroprevalence of leptospirosis in humans was 19.8% in Cato Crest (Durban, KwaZulu Natal Province) (Saif et al. 2012). Clinical samples from all over the country were also sent to the Special Bacterial Pathogens Reference Unit in Johannesburg in 2009, 2010 and 2011 and IgM was detected in all the samples. The study has found that the apparent incidence of leptospirosis in the South African human population is moderately high based on the detected positives in suspected cases. The study also found that the communities in informal settlements in urban areas are at risk as infected rodent populations are a continuous source of transmission (Saif et al. 2012). However this study could not establish which serovars were present.

#### 2.10 Clinical signs of leptospirosis

Most leptospiral infections of horses are subclinical. Leptospirosis can cause clinical signs in horses, which may include fever, jaundice, anorexia, and lethargy (Levett. 2001). After experimental infection in one study, some horses were presented with oedema of both hindlimbs during the pyremic period (Yan et al. 2010). Leptospiral organisms have been shown to be associated with equine uveitis (Sillerud et al. 1987). Uveitis has been described after naturally acquired infection as well as experimental infection with leptospires (Faber et al. 2000, Yan et al. 2010). It is thought to occur after the decline of the febrile phase and latent phases that can in some cases lasts several months or as long as 1-2 years after the clinical diagnosis (Bryans. 1955, Wollanke et al. 2001). It is recurrent, may be uni-or bilateral and characterized clinically by miosis, congestion of the sclera, photophobia, severe



lacrimation and sometimes blindness (Davidson et al. 1987). Other syndromes caused by leptospirosis include renal dysfunction and hepatic dysfunction (Quinn et al. 2011).

Leptospiremia is the cause of infection of the reproductive organs, and in pregnant animals, foetal resorption, abortion, stillbirth, premature or weak neonates may follow (Hodgin et al. 1989, Donahue et al. 1991, Bernard et al. 1993, Vemulapalli et al. 2005, Timoney et al. 2011). Abortion has also been associated with mixed *Leptospira* and equine herpesvirus type 1 infection (Donahue et al. 1995). The most common serovar involved in equine abortions was found to be Pomona (Donahue et al. 1995, Szeredi and Haake. 2006).

In dogs, four syndromes associated with leptospirosis have been identified namely icteric, haemorrhagic, uraemic (Stuttgart disease) and reproductive (abortion and premature or weak puppies) (Adler and de la Pena Moctezuma. 2010). Typical leptospirosis in dogs may present with fever, jaundice, vomiting, diarrhoea, intravascular disseminated coagulation, uremia caused by renal failure, haemorrhages and death (Bolin. 1996).

In pigs, as in cattle, leptospirosis causes abortions, stillbirths, reproductive failure (Ellis et al. 1986, Christianson. 1992), foetal mummification, weak piglets or calves and agalactia (Adler and de la Pena Moctezuma. 2010). Other syndromes associated with leptospirosis include haemolytic crisis, chronic interstitial nephritis and mastitis (Hunter. 2004).

In humans the majority of the recognized cases present with a fever of sudden onset. Other symptoms include chills, headache, myalgia, abdominal pain (Levett. 2001), a mild, influenza-like illness to a severe infection with renal and hepatic failure, pulmonary distress and death (Adler and de la Pena Moctezuma. 2010).



#### 2.11 Diagnosis

Even though a history suggestive of exposure to contaminated urine and clinical signs in affected animals may indicate leptospirosis, the diagnosis should be confirmed by laboratory tests. The following diagnostic techniques are currently being used for diagnosis.

#### 2.11.1 Identification of the agent

The demonstration of leptospires in blood and milk of animals showing clinical signs suggestive of acute leptospirosis is considered to be diagnostic. However, isolation from blood is not often successful because bacteraemia is transient and not always accompanied by clinical signs. Antibiotic treatments in animals prior to blood collection also decrease the likelihood of identifying the agent in blood. Failure to demonstrate leptospires in the urine does not eliminate the possibility that the animal is a chronic renal carrier. It can indicate that the animal was not excreting detectable numbers of leptospires at the time of testing (OIE. 2008).

#### 2.11.1.1 Culture of leptospires

Culture is one of the most specific methods of demonstrating the presence of leptospires. Leptospires are obligate aerobes with an optimum growth temperature of 28°C-30°C. They grow in media enriched with vitamins B1 and B 12, long-chain fatty acids (used as the sole carbon source) and ammonium salts (Adler and de la Pena Moctezuma. 2010). Currently, the most widely used medium is based on oleic acid, bovine serum albumin and polysorbate (Tween) medium EMJH (Ellis. 1986, Adler and de la Pena Moctezuma. 2010). Contamination can be controlled by addition of a variety of selective agents like 5-fluorouracil and nalidixic acid (OIE. 2008).

Cultures should be incubated at  $29 \pm 1^{\circ}$ C for at least 16 weeks, and preferably for 26 weeks (Ellis. 1986). The time required for detection of a positive culture varies with the leptospiral



serovar and the numbers of organisms present in the sample. Cultures should be examined by dark-field microscopy every 1-2 weeks (OIE. 2008).

#### 2.11.1.2 Immunochemical staining techniques

Immunofluorescence (IF) was found to be very useful in the demonstration of leptospires in tissue samples (Ellis et al. 1983, Poonacha et al. 1993). Immunohistochemistry (IHC) can demonstrate the distribution and localization of antigen in tissue sections (Szeredi and Haake. 2006). Silver impregnation techniques can also be used for demonstration of leptospires in tissues (Quinn et al. 2011).

#### 2.11.1.3 Molecular diagnosis

Polymerase chain reaction (PCR) has been applied to the identification of leptospires in tissues and body fluids (Gerritsen et al. 1991, Merien et al. 1992, Vemulapalli et al. 2005) due to its sensitivity and capacity to give an early diagnosis. It seems to be more reliable and give positive results when urine samples contain few leptospires (Vaneys et al. 1989). PCR has also been used to make a definitive diagnosis of horses with Equine recurrent uveitis (ERU), and it was found more reliable than culture for detecting the presence of leptospires in the aqueous humor (Faber et al. 2000). However in one study, PCR could not detect leptospiral DNA in fixed equine ocular tissues affected with end-stage ERU (Pearce et al. 2007). PCR does not identify the infecting serovar, although some primer sets may permit further identification to the species or strain level when the PCR amplicons are sequenced (OIE. 2008). Real-time PCR is faster than regular PCR and the risk of contamination is minimised (Picardeau. 2013).

#### 2.11.2 Serological tests

Serological tests used to diagnose the presence of leptospiral infection include the microscopic agglutination test (MAT) and the enzyme-linked immunoassay (ELISA).



The most common test used for serologic diagnosis of leptospirosis is the MAT. In this test, sera react with live antigen suspensions of various leptospiral serovars. It detects both immunoglobulin M (IgM) and immunoglobulin G (IgG) antibodies (Terpstra. 2003). Darkfield microscopy is then used to read the results with the end point being the highest dilution of serum at which 50% of the leptospires are agglutinated. As an individual animal test, the MAT is very useful in diagnosing acute infection; the demonstration of a four-fold change in antibody titers in paired acute and convalescent serum samples is diagnostic. The MAT is a serogroup-specific assay, although cross-reaction may occur between some serogroups especially in acute-phase samples (Levett. 2001). Hickey (2010) reported the sensitivity and specificity of MAT as high as 92% and 95% respectively. The sensitivity can be improved by including serovars representative of all serogroups and, preferably, all locally common serovars (OIE. 2008). A high single MAT titer of  $\geq$  400 in the presence of clinical signs together with history of contact of infected animals or a four-fold rise in titer in paired serum samples indicate a current Leptospira infection (Adler and de la Pena Moctezuma. 2010). It is important to consider the vaccination history of the animals under test because animals that have been vaccinated may have antibodies against the serovars present in the vaccine used (OIE. 2008). Some studies have demonstrated a negative correlation between ERU and serum antibody concentrations (Matthews et al. 1987, Faber et al. 2000).

#### 2.12. Prevention and therapy of equine leptospirosis

#### 2.12.1 Vaccination

Leptospiral vaccines for veterinary use are suspensions of one or more strains of *Leptospira* inactivated in such a manner that immunogenic activity is retained (OIE. 2008). The immunity against leptospirosis is largely humoral and relatively serovar specific (Levett. 2001). A successful vaccination programme requires epidemiological studies to assess the



prevalence of different *Leptospira* serovars in a given population (Adler and de la Pena Moctezuma. 2010).

Commercial vaccines are available globally for cattle, pigs and dogs (OIE. 2008). In South Africa, multivalent, inactivated leptospiral vaccine are produced by different companies: Pfizer Animal Health Group and Intervet supply respectively Vanguard® 5L and Nobivac® Lepto for dogs which contain the serovars Icterohaemorrhagiae and Canicola. Virbac Animal Health produces Titanium<sup>TM</sup>5 FP + L5 for cattle, a modified live virus vaccine with a liquid bacterin containing serovars Icterohaemorrhagiae, Pomona, Hardjo, Grippotyphosa and Canicola. Currently there is no approved vaccine against leptospirosis for use in horses in South Africa. However, a vaccine is now available in North America. Zoetis has introduced the Lepto EQ Innovator® vaccine, which is the first USDA approved equine specific vaccine labeled to prevent leptospirosis due to *L*. Pomona (Zoetis. 2015).

#### 2.12.2 Chemotherapy in horses

Some recommended antibiotics for the treatment of leptospirosis include penicillin, oxytetracycline, streptomycin, dihydrostreptomycin, and erythromycin (Prescott. 1991, Bernard et al. 1993). Treatment for ERU consists of a combination of anti-inflammatory agents and mydriatics. One study suggested the use of an intravitreal sustained-release cyclosporine delivery device for the treatment of ERU (Gilger et al. 2001). Vitrectomy and replacement of vitreous with a saline solution of gentamicin has also been recommended (Gerhards et al. 1999).

#### 2.13 Management

Control should be based on limiting exposure to stagnant water and to potential carriers (Bernard et al. 1993). The irrigation of pasture using slurry from piggeries and mixing



different animals on the same pasture must be avoided to prevent the spread of infection (Gummow et al. 1999, Hesterberg et al. 2009).

Infected animals should be isolated and contaminated areas cleaned and disinfected. In order to protect the susceptible animals in high-risk environments, doxycycline was shown to be effective for short-term prophylaxis (Sehgal et al. 2000).

#### 2.14 Conclusion

Leptospirosis is one of the most widespread zoonotic diseases and some studies have established the existence of leptospiral antibodies in animals in South Africa. To date there are no studies available on leptospirosis in South African horses and few studies have been done that look at the risk factors associated with the disease in any species in South Africa. The objectives of this study were therefore to determine what serovars occur in horses in South Africa and to identify risk factors that may be associated with the disease in horses in South Africa. This would provide important information for future control of the disease in horses.



#### **CHAPTER 3**

#### MATERIALS AND METHODS

#### 3.1 Study design

A survey to determine what serovars were present in the horse population of South Africa and to get an estimate of the seroprevalence of leptospirosis was carried out from January 2013 until April 2014 in three provinces of South Africa with the assistance of four large equine hospitals: Baker & McVeigh Equine Hospital (2 branches), the Equine Clinic of the Onderstepoort Veterinary Academic Hospital, Faculty of Veterinary Science, University of Pretoria and the Drakenstein Veterinary Clinic. Baker and McVeigh is both hospital and ambulatory based and have branches in Summerveld (Kwazulu-Natal) and in Milnerton (Cape Town). This hospital offers in-house facilities as well as an extensive ambulatory service to racehorses, sport horses, polo ponies and the pleasure horse community in Cape Town and the Western Cape. The Drakenstein Veterinary Clinic is a purpose-built facility situated in the Western Cape Province which offers in-house as well as ambulatory services for companion animals including small animals and horses. The hospital is equipped with state-of-the-art diagnostic equipment and a full diagnostic laboratory. The Equine Clinic of the Onderstepoort Veterinary Academic Hospital is situated in Gauteng Province and provides state-of-the-art facilities for the clinical departments and is the focus of the Faculty's clinical service-rendering activities to the surrounding community, as well as for the provision of a national referral service. A non-probability sampling was carried out on horses admitted to each equine hospital as well as horses seen on ambulatory visits. The blood samples collected in the survey were tested against 24 serovars of *Leptospira*. Owners of horses bled were asked to complete a questionnaire to obtain demographic data and information on potential risk factors that may be associated with lepto-seropositive horses. Figure 2 shows the distribution of sampling sites in the three provinces.





Figure 2 Distribution of sampling sites in the three provinces.

#### 3.1.1 Study population

Adult horses (>2years) admitted in each equine hospital and horses seen on ambulatory service for various purposes (routine examination, castration, vaccination and other common veterinary procedures) were included in the study. To control for potential bias, severely-ill, chronically infected, and horses with underlying immunosuppressive conditions were excluded from sampling. Horses that had not been on the farm for at least 12 months prior to the time of blood collection were also excluded from sampling.

Horses were then stratified according to the activity they perform as follows:

- Breeding horses: brood mares and stallions used as sires.
- General pleasure horses: retired and young horses not used for a specific activity.
- Equestrian event horses: involved in show jumping, endurance riding, team sports (polo and polocrosse) and competition riding.
- Work horses: involved in riding schools.
- Racehorses: which were mainly used for racing.
- Other: other than the above-mentioned categories.



#### 3.1.2 Sample size calculation

The calculated simple size was found to be 315 horses in each province where the hospitals are located (Gauteng, Kwazulu-Natal and Western Cape Provinces). Each province was assumed to be an independent population of horses. The sample size was calculated using the following formula adopted from (Thrusfield. 2005).

$$n = [Z^2_{\alpha} P_{\text{exp}} (1 - P_{\text{exp}})] / d^2$$

Where: n= required sample size

 $P_{\rm exp} = {\rm expected prevalence}$ 

d =desired absolute precision

$$Z^2_{\alpha} = 1.96^2$$

The expected prevalence of 27% with a desired absolute precision of  $\pm$  5% was used in this calculation since Anon. (1986-1987) reported 27% as the seroprevalence of leptospirosis in horses that were sampled in South Africa.

Assuming the survey estimate to be within 5% of the true level 95% of the time, the sample size required was  $n = (4 \times 0.27 \times 0.73) / 0.0025 = 315$  horses in each Province. This sample size was still powerful enough to detect leptospiral serovars in horses at a prevalence of 1% or below. The total number of horses required for the survey in the three provinces was therefore 945.

The equine demographic profile in South Africa is scant as well as the information on the number of registered properties with horses and number of horses per property. Three different horse populations were considered in this survey, each one residing in a different part of the country with a different ecosystem: The Western Cape Province is climatologically diverse, with many distinct micro- and macroclimates created by the varied topography and the influence the surrounding ocean currents (Tyson and Preston-Whyte. 2000). Most of the Province is considered to have a Mediterranean climate with cool, wet winters and warm, dry summers. Both the Great Karoo and Little Karoo, in the interior, have an arid to semi-arid climate with cold, frosty winters and hot summers with occasional thunderstorms. The Garden Route and the Overberg on the south coast have a maritime climate with cool, moist winters and mild, moist summers.

Kwazulu-Natal Province enjoys sunshine year-round with a temperate, sub-tropical climate. Despite its varied topography from the 3,000-metre peaks of the Drakensberg in the west to the sub-tropical wetlands of the Elephant Coast in the north-east, the province enjoys hot



and humid summers (October –April) and mild winters (May – September). In general, the coast is subtropical with sea temperatures around the low 20°C and seldom dropping below 19°C. The inland regions become progressively cooler further west particularly at night. Both Midlands and Zululand regions have a mild climate with relatively high summer rainfall and dry winters but while the weather is generally predictable, it's possible to experience all four seasons in a day at any time of year.

Gauteng Province is situated on the interior plateau of South Africa and receives most of its rainfall in summer. The annual average rainfall in Gauteng varies between just over 700 mm on the Witwatersrand and just over 600 mm north of the Magaliesberg (SAWS. 1998). Most of Gauteng falls into the climate region: Moist Highveld Grassland, and is relatively cool with average annual maximum temperatures of about 22°C in the south but increasing to 25°C in the north (Kruger. 2004). The extreme northern parts of Gauteng fall into the Central Bushveld climate region. The maximum rainfall over Gauteng occurs during the December and January months (Kruger. 2004).

#### 3.1.3 Sample collection, processing and storage

Horses were bled via jugular venipuncture and blood was collected into 10 ml vacutainer tubes<sup>2</sup> with clot activator. After centrifugation, the serum was transferred into two cryotubes<sup>3</sup> and stored at -20°C. A unique code was given to each of two duplicate cryotubes for identification of the horse bled. The sera were then stored in each hospital before shipping frozen on dry ice to the Ondersterpoort Veterinary Institute (OVI). Pertinent data was captured and maintained in Microsoft Excel 2013 for analysis.

#### 3.1.4 Research committee approval

The study was approved by the research committee of the University of Pretoria (V040-12) (See Appendix ii). This approval includes ethics.

#### 3.2 Live Antigen

A panel of 24 serovars and strains representative of 19 serogroups used as antigen for the MAT is given in Table 3.1. These serovars are the most commonly isolated in the tropics

<sup>&</sup>lt;sup>2</sup>The Scientific Group, China.

<sup>&</sup>lt;sup>3</sup>Greiner Bio-One GmbH, Frickenhausen, Germany



and the most commonly reported in different surveys across the globe. Live cultures with densities of approximately  $2 \times 10^8$  leptospires per ml were used as the antigens<sup>4</sup>.

#### 3.3 Microscopic Agglutination Test (MAT)

The MAT was carried out at the Ondersterport Veterinary Institute (OVI) in Pretoria which consists of two tests in succession namely a screening test to determine if the sera react to the antigen followed by titrations of the reacting sera to determine if they are positive at a serum dilution of 1:50.

#### 3.3.1 Screening test

The following steps were followed:

A laboratory number, animal number and a total number of samples to be tested were written out on the screening test form, to keep a record of the test.

The U-bottom microtitre plates were numbered with care, according to the screening test form. Each row on the U-bottom microtitre plate was tested in a flat bottom plate (Figure 3 and Figure 4).

The test serum (20µl) was transferred into the U-bottom microtitre plate using a pipette (according to the test form), with a new tip for each serum sample, leaving the last well of the first row of the U-bottom plate open for negative antigen controls. The positive control serum was never dispensed in the U-bottom plate (the positive control serum was added to a flat bottom plate according to the screening test form, and each flat bottom plate was used to test against eight serovars).

The next step was to dispense 140µl of Sorensen's buffer using an 8 channel electronic pipette into the wells of the U-bottom microtitre plates containing test sera. This produced a 1/8 dilution of test sera.

The flat bottom plates were marked afterwards according to the screening test form and on each plate seven test sera were tested except the first flat bottom plate of each batch which was used to test five test sera (Figure 4).

iids.

<sup>&</sup>lt;sup>4</sup> Leptospirosis Reference Centre, KIT Biomedical Research, Amsterdam, The Netherlands.



Using the 8 channel electronic pipette, 25µl Sorensen's buffer were dispensed in all the wells of columns 3-10 and rows A-H of a flat bottom microtitre plate numbered according to the test form.

The diluted test sera ( $50\mu$ l) were then picked up from the U-bottom plate (new tips for each new row of test sera) using the  $50\mu$ l 8 channel electronic pipette on stepper mode. Each row of diluted test serum on the U-bottom plate was tested in one flat bottom test plate. Row 9 A-H of the plate in which the positive sera must be added (first flat bottom plate for each batch) had only buffer. Five  $\mu$ l of positive sera (control) corresponding to the relevant antigen were then dispensed into row 9 A-H of each first flat bottom plate per batch, by changing the new tip for each serovar.

Afterwards 25µl of antigen were dispensed in wells 3-10 of each flat bottom plate, using a different row for each serovar and new tips for each serovar.

After shaking each plate gently for  $\pm$  10 seconds, the plates were stacked on top of each other, and covered with a clean plate and incubated in the dark at 29°C for 2 hours. The final serum dilution was 1/88 and positive and negative controls were included in one plate each day.

Using a dry condenser dark-field microscope, wells on the flat bottom plate were examined for reaction starting with well A10 (negative control of row A) and read from right to left.

An agglutination of 80-100% was taken as a reaction and reacting sera was correlated to the corresponding serovar.



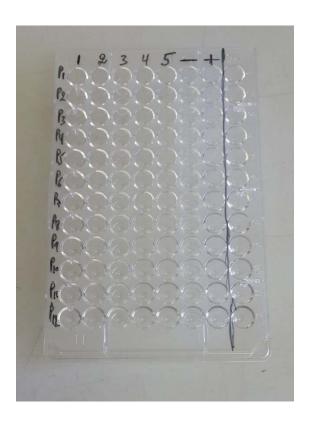


Figure 3 U-bottom plate used to dilute the test sera for the first batch.

Diluted samples 1, 2, 3, 4, 5 were tested in one flat bottom plate which was labelled as P1 (or 1). Twelve flat bottom plates were needed per batch for the screening test. P2 (or 2) until P12 had seven test sera each to be tested. The total number of samples to be diluted and tested was 82, representing one batch.

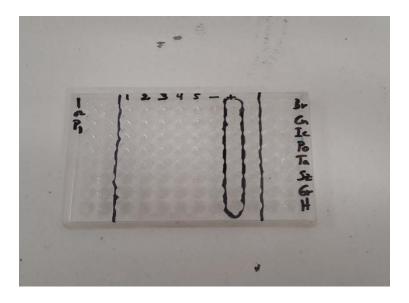


Figure 4 Flat bottom plate (P1 or 1) in which five test sera were tested against 8 serovars.

This plate had positive and negative controls included. The encircled wells represent row 9 A-H where positive controls will be added.



Table 3.1 Reference serovars and strains of 19 serogroups of *Leptospira interrogans* species used as antigens for the Microscopic Agglutination Test

Serovar	Strain	Serogroup
Pomona	Pomona	Pomona
Tarassovi	Perepelitsin	Tarassovi
Topaz	94-79940/3	Tarassovi
Hardjo	Hardjoprajitno	Sejroe
Medanensis	Hond HC	Sejroe
Kremastos	Kremastos	Hebdomadis
Canicola	Hond Utrecht IV	Canicola
Copenhageni	M20	Icterohaemorrhagiae
Zanoni	Zanoni	Pyrogenes
Robinson	Robinson	Pyrogenes
Arborea	Arborea	Ballum
Grippotyphosa	Moskva V	Grippotyphosa
Australis	Ballico	Australis
Szwajizak	Szwajizak	Mini
Bulgarica	Nikolaevo	Autumnalis
Bataviae	Swart	Bataviae
Celledoni	Celledoni	Celledoni
Cynopteri	3522C	Cynopteri
Djasiman	Djasiman	Djasiman
Javanica	Veldrat Bataviae 46	Javanica
Panama	CZ 214	Panama
Shermani	1342 K	Shermani
Bratislava	Jez Bratislava	Australis
Hebdomadis	Hebdomadis	Hebdomadis



#### 3.3.2 The titration test

Serum samples with titers of  $\geq 100$  were retested to determine an endpoint using doubling dilutions of sera beginning at 1/100 through to 1/3200 using the following procedure:

The titration test form was completed to keep a record of the test and each serovar had its own number of samples to be tested and differed from serovar to serovar.

A positive and negative control sera were included for each serovar and each flat bottom microtitre plate was marked according to the test form.

The next step was to pipette 10µl test sera into the wells of column 2 A-H of the flat microtitre plate according to the titration test result form and to pipette 115µl Sorensen's buffer into the wells of column 2 A-H containing the 10µl test sera.

Twenty five  $\mu$ l buffer were dispensed into wells 3 to 10 of rows A to H using the electronic 300 $\mu$ l 8-channel pipette and 25 $\mu$ l diluted serum (1/12.5) were picked up from column 2 A-H, and diluted up to column 9. Twenty five  $\mu$ l were then picked up from column 9 A-H and discarded.

Twenty five  $\mu$ 1 antigen were afterwards dispensed into wells 3 to 10 of each row, using the serovars according to the titration test form. For each serovar new tips were used.

After shaking each plate gently for  $\pm$  10 seconds, the plates were stacked on top of each other, and covered with a clean plate and incubated in the dark at 29°C for 2 hours.

The plates were examined by dark-field microscopy. The endpoint was defined as the dilution of serum that shows 50% agglutination, leaving 50% free cells compared with a control culture diluted ½ in phosphate buffered saline (OIE. 2008). The result of the test was reported as a titre that is the reciprocal of the endpoint serum dilution.

## 3.4 Risk factor questionnaire and data collection

A questionnaire (see Appendix i) was made available for the owners of horses under the study in order to identify risk factors related to seropositive horses. All owners of horses bled were informed and invited to participate. The questionnaire followed a classic epidemiological approach taking into account population (e.g. age, sex, breed), spatial (e.g. where the horses were kept) and temporal (e.g. clinical signs in the last twelve months)



variables as well as management factors that could be related to leptospirosis in horses. Owner details were also recorded.

Other environmental information regarding the annual average temperature and rainfall which correspond to each horse-property was obtained from the South African Weather Service (http://www.weathersa.co.za). This information was used to determine a possible association between those two factors (annual average temperature and rainfall) and the leptospiral positive properties.

### 3.5 Data analysis

### 3.5.1 Apparent prevalence

MAT titers for each serovar in each province were summarized in tables. The apparent prevalence for each of the 24 serovars of leptospires per province was calculated based on the frequency of positive titers to that specific serovar. The predominant serovar was the one with the greatest frequency of titres.

## 3.5.2 True prevalence

A sensitivity of 92% and the specificity of 95% for the MAT was used to calculate the true prevalence (Hickey. 2010) using the following formulae adopted from Cameron. (1999).

$$Var (AP) = \frac{AP(1-AP)}{n(Se+Sp)^2}$$
 (Equation 1)

Where: Var (AP) = estimate of variance for the apparent prevalence,

AP = apparent prevalence,

Se = sensitivity of the MAT (92%)

Sp = specificity of the MAT (95%)

Equation 1 was used to calculate 95% Confidence Interval (CI) for the true prevalence (Cameron. 1999), using the following equation:

$$AP - (Z_{\alpha/2} x \sqrt{Var(AP)}); AP + (Z_{\alpha/2} x \sqrt{Var(AP)})$$
 (Equation 2)

Where,  $Z_{\alpha/2}$  at a 95% confidence level is 1.96.



The overall seroprevalence of leptospirosis in each province was calculated taking into account clustering within the data using Equation 3 and Equation 4 (Thrusfield. 2005). A seropositive horse to one or more serovars was considered seropositive to *Leptospira*.

$$\hat{P}$$
-1.96  $\left\{ \frac{C}{T} \sqrt{\frac{V}{C(C-1)}} \right\}$ ,  $\hat{P}$ +1.96  $\left\{ \frac{C}{T} \sqrt{\frac{V}{C(C-1)}} \right\}$ , (Equation 3)

Where:

C=number of clusters in the sample

T=total number of animals in the sample

and:

$$V = \hat{P}^2(\sum n^2) - 2\hat{P}(\sum nm) + (\sum m^2),$$
 (Equation 4)

Where:

n=number of animals sampled in each cluster

m=number of diseased animals sampled in each cluster

#### 3.5.3 Univariable analysis

Data from the questionnaire interviews were captured and transferred to a spreadsheet (Microsoft Excel 2013) and analysed with NCSS 95 statistical software. In the initial univariable analysis, all the variables from the three provinces were combined and tested individually for their unconditional association with the outcome variables using the Chisquare test (P-value <0.15). The outcome variable was considered as a positive horse to the most predominant serovar. Proportions of seropositive horses to the predominant serovar in different categories of variables were calculated. A parallel univariable analysis using the Chi-square test was also done with the same variables. The outcome variable was considered as a positive horse to Leptospira spp. Similarly, proportions of seropositive horses to Leptospira spp in different categories of variables were also calculated.

<sup>&</sup>lt;sup>5</sup>www.ncss.com



#### 3.5.4 Multivariable analysis

The variables (factors) that were found to be associated with each of the two outcomes on univariable analysis with P-value <0.15 (Katz. 1999), were considered for inclusion in the multivariate logistic regression models to analyse the amount of effect on the outcome when such variables (factors) were present. Before the model was run, a reference value was specified for each categorical variable (Hintze. 2013). The logistic models were reduced by backward elimination, removing each independent variable with  $P_{\text{Wald}}>0.15$  until all the remaining variables were significant ( $P_{\text{Wald}}<0.15$ ). The results were reported as odds ratios with 95% confidence intervals and P-values.

## 3.6 Spatial analysis

Epi info 7<sup>6</sup> was used to plot the distribution of horses bled as well as the proportions of horses that came up positives after the MAT.

6wwwn.cdc.gov/epiinfo/7/



#### **CHAPTER 4**

#### **RESULTS**

#### 4.1. Apparent prevalence of *Leptospira* spp in Gauteng Province

The total number of surveyed horses in Gauteng Province was 297 representing 20 clusters. A cluster was considered as a group of horses coming from one property or a stable with several owners. The apparent prevalence of one or more serovars of *Leptospira* spp at a serum dilution of 1:100 was 49% (Table 4.1). The true prevalence was calculated taking into account the clustering effect during the sampling (See Appendix iii) and was between 24% and 74%. Of the 20 clusters that were used in the survey in this province, 16 were positive to one or more serovars of *Leptospira* (80%). The apparent prevalence of specific serovars of *Leptospira* in Gauteng Province is given in Table 4.2.

Table 4.1 Apparent prevalence of Leptospira spp in Gauteng Province

No	Cluster	No of	No of	Apparent
		horses	positive	prevalence
		sampled	horses	_
1	Cluster 1	22	17	77.27
2	Cluster 2	54	48	88.89
3	Cluster 3	2	0	0.00
4	Cluster 4	38	27	71.05
5	Cluster 5	59	17	28.81
6	Cluster 6	100	24	24.00
7	Cluster 7	1	1	100.00
8	Cluster 8	1	1	100.00
9	Cluster 9	1	1	100.00
10	Cluster 10	1	1	100.00
11	Cluster 11	1	1	100.00
12	Cluster 12	1	1	100.00
13	Cluster 13	1	1	100.00
14	Cluster 14	1	0	0.00
15	Cluster 15	1	0	0.00
16	Cluster 16	1	0	0.00
17	Cluster 17	1	1	100.00
18	Cluster 18	1	1	100.00
19	Cluster 19	1	1	100.00
20	Cluster 20	9	2	22.22
	TOTAL	297	145	49

**Apparent prevalence: 49%** 

95% CI for the true prevalence: 24-74%\*

<sup>\*</sup>See Appendix iii



Table 4.2: Apparent prevalence of specific serovars of Leptospira in Gauteng Province

	N	lo of ser	a with i	ndicated	l MAT ti	itres			
Serovar	100	200	400	800	1600	3200	Tot[AP]	AP 95	% CI
									UCL
Bratislava	35	33	17	1	0	0	86 [32]	0.29	0.35
Djasiman	7	10	10	1	0	0	28[10.4]	0.08	0.12
Arborea	3	7	7	6	1	0	24 [8.9]	0.07	0.11
Topaz	2	9	7	4	1	0	23 [8.5]	0.07	0.10
Canicola	9	1	2	1	0	1	14 [5.2]	0.04	0.07
Icterohaemorrhagiae	7	6	1	0	0	0	14 [5.2]	0.04	0.07
Zanoni	3	6	4	0	0	0	13 [4.8]	0.03	0.06
Robinsoni	3	5	5	0	0	0	13 [4.8]	0.03	0.06
Ballico	7	2	0	0	0	0	9 [3.3]	0.02	0.04
Javanica	3	1	2	2	0	0	8 [2.97]	0.02	0.04
Cynopteri	3	3	1	1	0	0	8 [2.97]	0.02	0.04
Tarassovi	3	4	0	0	0	0	7 [2.6]	0.02	0.04
Bataviae	5	0	0	1	0	0	6 [2.2]	0.01	0.03
Mednensis	1	0	3	1	0	0	5 [1.86]	0.01	0.03
Pomona	0	2	0	1	0	0	3 [1.1]	0.00	0.02
Swazijak	2	0	1	0	0	0	3 [1.1]	0.00	0.02
Bulgarica	3	0	0	0	0	0	3 [1.1]	0.00	0.02
Hardjo	0	0	1	0	0	0	1 [0.4]	0.00	0.01
Shermani	1	0	0	0	0	0	1 [0.4]	0.00	0.01
Grippotyphosa	0	0	0	0	0	0	0 [0]	0.00	0.00
Panama	0	0	0	0	0	0	0 [0]	0.00	0.00
Celledoni	0	0	0	0	0	0	0 [0]	0.00	0.00
Kremastos	0	0	0	0	0	0	0 [0]	0.00	0.00
Hebdomadis	0	0	0	0	0	0	0 [0]	0.00	0.00
Total	97	89	61	19	2	1	269		

Serovar Bratislava had the highest apparent prevalence compared to the rest of the serovars used in the MAT. The apparent prevalence of Bratislava serovar was 32% [95% CI: 29, 35], followed by serovars Djasiman 10.4% [95% CI: 8, 12] and Arborea 8.9% [95% CI: 7, 11].



## 4.2. Apparent prevalence of Leptospira spp in the Western Cape Province

The total number of surveyed horses in the Western Cape Province was 194 representing 8 clusters. The apparent prevalence of one or more serovars of *Leptospira* spp at a serum dilution of 1:100 was 32% (Table 4.3). The true prevalence was calculated taking into account the clustering effect during the sampling (See Appendix iv) and was between 26% and 39%. Each cluster had at least one positive horse to one or more serovars. The apparent prevalence of specific serovars of *Leptospira* in the Western Cape Province is given in Table 4.4.

Table 4.3 Apparent prevalence of *Leptospira* spp in the Western Cape Province

No	Cluster	No of horses sampled	No of positive horse	Apparent prevalence
1	Cluster 1	41	13	31.71
2	Cluster 2	2	1	50.00
3	Cluster 3	35	13	37.14
4	Cluster 4	16	6	37.50
5	Cluster 5	11	2	18.18
6	Cluster 6	35	7	20.00
7	Cluster 7	14	4	28.57
8	Cluster 8	40	17	42.50
	TOTAL	194	63	32

**Apparent prevalence: 32%** 

95% CI for true prevalence: 26-39%\*

<sup>\*</sup>See Appendix iv



Table 4.4: Apparent prevalence of specific serovars of *Leptospira* in the Western Cape Province

	N	lo of ser	a with i	ndicate	d MAT ti	itres		
Serovar	100	200	400	800	1600	3200	Tot[AP] A	P 95% CI
								LCL UCL
Bratislava	21	8	3	0	0	0	32[27.35]	0.23 0.32
Djasiman	2	2	9	3	2	0	18 [15.4]	0.12 0.19
Arborea	6	5	4	2	0	0	17 [14.5]	0.11 0.18
Javanica	4	2	4	0	1	0	11 [9.4]	0.07 0.12
Canicola	8	0	1	0	0	0	9 [7.7]	0.05 0.10
Tarassovi	5	3	0	0	0	0	8 [6.8]	0.04 0.09
Topaz	1	2	2	1	0	0	6 [5.1]	0.03 0.07
Bulgarica	0	1	4	0	0	0	5 [4.3]	0.02 0.06
Pomona	1	1	1	0	0	0	3 [2.56]	0.01 0.04
Cynopteri	2	0	0	0	0	0	2 [1.7]	0.00 0.03
Grippotyphosa	1	0	1	0	0	0	2 [1.7]	$0.00\ 0.03$
Robinsoni	0	2	0	0	0	0	2 [1.7]	$0.00\ 0.03$
Icterohaemorrhagiae	1	0	0	0	0	0	1 [0.85]	$0.00\ 0.02$
Celledoni	0	0	0	0	1	0	1 [0.85]	$0.00\ 0.02$
Hardjo	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Zanoni	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Panama	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Swajizak	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Ballico	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Bataviae	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Shermani	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Hebdomadis	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Kremastos	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Mednensis	0	0	0	0	0	0	0 [0]	$0.00\ 0.00$
Total	52	26	29	6	4	0	117	

Serovar Bratislava had the highest apparent prevalence compared to the rest of the serovars used in the MAT. The apparent prevalence of Bratislava serovar was 27.35% [95% CI: 23, 32]. The next most prevalent serovars were Djasiman 15.4% [95% CI: 12, 19] and Arborea 14.5% [95% CI: 11, 18].



## 4.3. Apparent prevalence of *Leptospira* spp in KwaZulu-Natal Province.

The total number of surveyed horses in the KwaZulu-Natal Province was 172 representing 8 clusters. The apparent prevalence of one or more serovars of *Leptospira* at a serum dilution of 1:100 was 37% (Table 4.5). The true prevalence was calculated taking into account the clustering effect during the sampling (See Appendix v) and was between 20% and 54%. Each cluster had at least one positive horse to one or more serovars. The apparent prevalence of specific serovars of *Leptospira* in KwaZulu-Natal Province is given in Table 4.6

Table 4.5 Apparent prevalence of Leptospira spp in KwaZulu-Natal Province

No	Cluster	No of horses	No of positive	Apparent prevalence
		sampled	horse	•
1	Cluster 1	78	21	26.92
2	Cluster 2	6	4	66.67
3	Cluster 3	9	5	55.56
4	Cluster 4	25	20	80.00
5	Cluster 5	20	4	20.00
6	Cluster 6	8	2	25.00
7	Cluster 7	11	2	18.18
8	Cluster 8	15	5	33.33
	TOTAL	172	63	37

**Apparent prevalence: 37%** 

95% CI for the true prevalence: 20-54%\*

<sup>\*</sup>See Appendix v



Table 4.6: Apparent prevalence of specific serovars of *Leptospira* in KwaZulu-Natal Province

	N	No of ser	a with i	ndicate	d MAT ti	tres		
Serovar	100	200	400	800	1600	3200		AP 95%CI
								LCL UCL
Bratislava	10	8	10	7	5	1	41[39.4]	0.34 0.44
Arborea	2	3	4	1	0	0	10 [9.6]	0.07 0.13
Tarassovi	4	2	2	0	0	0	8 [7.7]	0.05 0.10
Djasiman	3	2	2	0	0	0	7 [6.7]	0.04 0.09
Pomona	2	2	2	0	0	0	6 [5.8]	0.03 0.08
Topaz	1	1	3	0	1	0	6 [5.8]	0.03 0.08
Canicola	0	1	2	1	1	0	5 [4.8]	0.03 0.07
Javanica	3	1	1	0	0	0	5 [4.8]	0.03 0.07
Robinsoni	2	2	0	0	0	0	4 [3.8]	0.02 0.06
Cynopteri	2	2	0	0	0	0	4 [3.8]	0.02 0.06
Grippotyphosa	1	0	0	1	0	0	2 [1.9]	0.01 0.03
Ballico	1	1	0	0	0	0	2 [1.9]	0.01 0.03
Icterohaemorrhagiae	0	1	1	0	0	0	2 [1.9]	0.01 0.03
Bulgarica	0	0	0	1	0	0	1 [0.96]	0.00 0.02
Celledoni	0	1	0	0	0	0	1 [0.96]	0.00 0.02
Hardjo	0	0	0	0	0	0	0 [0]	0.00 0.00
Zanoni	0	0	0	0	0	0	0 [0]	0.00 0.00
Panama	0	0	0	0	0	0	0 [0]	0.00 0.00
Swajizak	0	0	0	0	0	0	0 [0]	0.00 0.00
Bataviae	0	0	0	0	0	0	0 [0]	0.00 0.00
Kremastos	0	0	0	0	0	0	0 [0]	0.00 0.00
Shermani	0	0	0	0	0	0	0 [0]	0.00 0.00
Hebdomadis	0	0	0	0	0	0	0 [0]	0.00 0.00
Mednensis	0	0	0	0	0	0	0 [0]	0.00 0.00
Total	31	27	27	11	7	1	104	

Serovar Bratislava had the highest apparent prevalence compared to the rest of the serovars. The apparent prevalence of Bratislava serovar was 39.4% [95% CI: 34, 44], followed by serovars Arborea 9.6% [95% CI: 7, 13] and Tarassovi 7.7% [95% CI: 5, 10].

#### 4.4 Univariable analysis of risk factors for association with serovar Bratislava

## 4.4.1 Demographic factors

Information on horse demographic factors like breed, gender, age and the type of activity each horse performed was collected using a questionnaire. Those factors were then analysed in order to find out if there was any association between these postulated risk factors and a seropositive horse to the predominant serovar Bratislava.

Horses were grouped into six categories of breeds: Thoroughbred, Arabian, Pony, Warmblood, Nooitgedacht and Others. Horses that were crossbreeds and the breeds which were underrepresented were grouped under an *Others* category. Seroprevalence of the



serovar Bratislava within each category was calculated (Table 4.7) and analysed for association using the Chi-square test. Breed was significantly associated with this serovar ( $\chi^2 = 72.33$ , df = 5, P < 0.001).

Mare, stallion and gelding formed three different categories under the variable gender. This variable was also analysed for a possible association with serovar Bratislava. However stallions were underrepresented (Table 4.7). Mares had a seroprevalence of 27.75% for serovar Bratislava, while stallions and geldings had a prevalence of 50% and 17.84% respectively. The difference between genders was significant ( $\chi^2 = 11.43$ , df = 2, P < 0.001). Therefore, the variable gender was associated significantly with seropositivity to serovar Bratislava.

Age of sampled horses ranged from 1 to 30 years old with a median of 11 years old. Horses were then classified into three age groups (1-6, 7-15, 16+) and the seroprevalence to serovar Bratislava was calculated for each age group and analysed to assess if age was associated with this serovar. Although the results showed that seroprevalence increases with the increase of age, there was no statistically significant difference among the three age groups ( $\chi^2 = 2.60$ , df = 2, P = 0.27). The highest seroprevalence (28.57%) to this serovar was found among the last age group (16+) (Table 4.7).

The variable "use" was also used to accommodate six different categories of horses based on the activity they performed: breeding, racing, work horse, general pleasure, equestrian events or other activities. This variable was also analysed for a possible association with the seropositivity to Bratislava serovar for each category using the Chi-square test. The highest seroprevalence (65.38%) was found among the "Others" category. There was a statistically significant difference with respect to activity of horses ( $\chi^2 = 57.33$ , df = 5, P <0.001). Therefore, variable "use" was significantly associated with seropositivity to serovar Bratislava.



Table 4.7 Seroprevalence of serovar Bratislava by horse demographic factors and use of 663 horses in three provinces and univariable results.

		No. of positive horses				
Variables	No. of horse tested	≥1: 100	AP (%)	$\chi^2$	df	P- value
Gender <sup>a</sup>				11.43	2	< 0.001
Females	364	101	27.75			
Stallions	10	5	50			
Gelding	241	43	17.84			
Breed <sup>b</sup>				72.33	5	< 0.001
Arabian	32	5	15.62			
Nooitgedacht	63	42	66.67			
Pony	57	11	19.3			
Thoroughbred	332	65	19.58			
Warmblood	47	5	10.64			
Others	84	22	26.19			
Age <sup>c</sup>				2.60	2	0.27
Group 1 (1-6 years)	103	28	27.18			
Group 2 (7-15	359	80	22.28			
years)						
Group 3 (16+ years)	140	40	28.57			
Use d				57.33	5	< 0.001
Breeding	171	35	20.47			
Work horse	60	11	18.33			
Equestrian events	208	51	24.52			
General pleasure	101	16	15.84			
Others	52	34	65.38			
Racing	23	2	8.69			

<sup>&</sup>lt;sup>a</sup>For forty eight horses, information on gender was missing. <sup>b</sup> For forty eight horses, information on breed was missing. <sup>c</sup> For sixty one horses, information on age was missing. <sup>d</sup> For forty eight horses, information on use was missing.

#### 4.4.2 Geographic and environmental factors

Annual average temperature and annual average rainfall that the properties received were used as variables. Annual average temperature of the properties in the three provinces ranged from  $21.5^{\circ}$ C to  $26.7^{\circ}$ C with a median of  $26^{\circ}$ C. Horses were grouped into three categories based on the annual average temperature their properties received. The group with annual average temperature ranging from 21.5 to  $23.9^{\circ}$ C was considered as a low temperature group whereas the groups with annual average temperature ranging from 24-25.9 and  $\geq 26^{\circ}$ C were considered as medium and high temperature groups, respectively (Table 4.8). The proportion of seropositive horses to serovar Bratislava was calculated for those categories. There was



no significant difference between the three categories of temperature ( $\chi^2=0.18,$  df = 2, P = 0.91).

Similarly, horses were grouped into three categories based on the average annual precipitation their properties received. Average annual rainfall received by the properties in the three provinces ranged from 395.6 mm to 1050.6 mm with a median of 625.6 mm. The three categories were classified as low average annual rainfall (0-600 mm), medium average annual rainfall (600-1000 mm) and high average annual rainfall (>1000 mm) (Table 4.8). The seroprevalence to serovar Bratislava was calculated for these three groups and analysed using the Chi-square test. Rainfall was associated with horses that had antibodies to serovar Bratislava (Yates'  $\chi^2 = 28.14$ , df = 2, P <0.001).

Agricultural activities in the vicinity of horse-properties were considered as another variable. The different categories that formed part of this variable were: Forestry, fruit trees, sugarcane and other. This variable "agricultural activities" was found to be significantly associated with horses seropositive to serovar Bratislava after analysis using the Chi-square test (Yates'  $\chi^2 = 50.09$ , df = 3, P <0.001).

Province was also considered as a variable with three categories, each one representing the name of the province. Proportion of seropositive horses to serovar Bratislava was calculated for those categories (Table 4.8). The variable "Province" was significantly associated with seropositivity of horses to serovar Bratislava after analysis using the Chi-square test ( $\chi^2 = 10.27$ , df = 2, P =0.006).



Table 4.8 Seroprevalence of serovar Bratislava by geographic and environmental factors in three provinces and univariable results.

		No. of positive horses				
Variables	No. of horses tested	≥ 1:100	AP (%)	$\chi^2$	df	P- value
Temperature <sup>a</sup>				0.18	2	0.91
Low	179	43	24.02			
Medium	82	21	25.6			
High	311	80	25.72			
Avg annual rainfall b				28.14	2	< 0.001
Low	162	62	38.27			
Medium	431	86	19.95			
High	34	2	5.88			
Agricultural activity c						
Forestry	25	20	80	50.09	3	< 0.001
Fruit trees	100	22	22			
Sugarcane	104	13	12.5			
Other	363	90	24.79			
Province <sup>d</sup>				10.27	2	0.006
Kwazulu Natal	172	41	23.84			
Gauteng	295	86	29.15			
Western Cape	194	32	16.49			

<sup>&</sup>lt;sup>a</sup>For ninety one horses, information on average annual temperature was missing. <sup>b</sup> For thirty six horses, information on average annual rainfall was missing. <sup>c</sup> For seventy one horses, information on agricultural activity was missing. <sup>d</sup>For two horses, information on the province was missing

#### 4.4.3 Management factors

Presence of other animals (cattle, small ruminants, pigs, dogs, wild animals or other species) in the vicinity of the horse-property had a significant influence on the status of the property being seropositive to serovar Bratislava. Many horse-properties had more than one of these species either sharing the pasture or present in the neighbourhood. The presence of other species of animals in the vicinity was analysed individually using the Yates' corrected Chisquare test. Of these species, presence of cattle (Yates'  $\chi^2 = 2.45$ , df = 1, P = 0.12), small ruminants (Yates'  $\chi^2 = 8.45$ , df = 1, P = 0.003), dogs (Yates'  $\chi^2 = 4.55$ , df = 1, P = 0.03) and pigs (Yates'  $\chi^2 = 21.24$ , df = 1, P < 0.001) were significantly associated with seropositivity to serovar Bratislava in horses. The highest seroprevalence (45.69%) was found in horses with pigs in the neighbourhood (Table 4.9).

Bore hole water, dam water, municipal water and river were the main four sources of water for the horses used in this survey. Some horses had more than one source of water. The



proportion of seropositive horses using bore hole water was higher compared to those that used other sources (Table 4.9). The variable source of water had no significant association with seropositivity of horses to serovar Bratislava when analysed using the Yate's corrected Chi-square test (Yates'  $\chi^2 = 3.70$ , df = 4, P = 0.45). Similarly, difference in the proportion of seropositive horses whose owners claimed to have rodents on the property was not significant compared to horses without rodents on the property (Yates'  $\chi^2 = 0.43$ , df = 1, P = 0.51).

Table 4.9 Seroprevalence of serovar Bratislava by management factors and use of 663 horses in three provinces and results of univariable analysis.

		No. of positive horses				
Variables	No. of horses tested	≥ 1:100	AP (%)	$\chi^2$	df	P- value
Other animals in the vicinity <sup>a</sup>						
Cattle	329	102	31	2.45	1	0.12
Small ruminants	42	4	9.52	8.45	1	0.003
Dogs	17	1	5.88	4.55	1	0.03
Pigs	116	53	45.69	21.24	1	< 0.001
Wild animals	10	2	20	0.4	1	0.53
Others	83	22	26.5	0.28	1	0.59
Water source b				3.70	4	0.45
Bore hole	314	80	25.48			
Dam + Bore hole	12	3	25			
Municipal	88	17	19.32			
River	201	50	24.87			
Dam water	14	1	7.14			
Rodent problem <sup>c</sup>				0.43	1	0.51
No	54	11	20.37			
Yes	575	140	24.35			

<sup>&</sup>lt;sup>a</sup> For two hundred and four horses, information on other species of animals around the horse-properties was missing. <sup>b</sup> For thirty four horses, information on water source was missing. <sup>c</sup> For thirty four horses, information on rodent problem was missing.

## 4.4.4. Disease history and association with serovar Bratislava.

During the telephonic interview, the owners were asked if their horses had exhibited some clinical signs like ocular disease, kidney disease, high fever, jaundice and abortion which are the main clinical signs for equine leptospirosis. None of those clinical signs was associated with seropositive horses to serovar Bratislava after analysis and of all the sampled horses, no horse was said to have kidney disease.



Table 4.10 Seroprevalence of serovar Bratislava by clinical signs horses exhibited in recent past in three provinces and univariable results.

		No. of				
		positive				
		horses				
Variables	No. horse	≥ 1:100	AP (%)	$\chi^2$	df	P-
	tested					value
Ocular				1.59	1	0.21
disease <sup>a</sup>						
Yes	41	7	17.07			
No	414	114	27.54			
High fever <sup>b</sup>				0.98	2	0.61
Yes	13	3	23.07			
No	433	116	28.46			
Not known	18	3	16.66			
Abortion <sup>c</sup>				0.04	1	0.84
Yes	2	0	0			
No	258	82	31.78			
Stillbirth <sup>d</sup>	121	45	37.19	0.22	1	0.64
Yes	1	1	100			
No	257	73	28.4			

<sup>&</sup>lt;sup>a</sup> For two hundred and eight horses, information on ocular disease was missing.<sup>b</sup> For hundred ninety nine horses, information on high fever was missing.<sup>c,d</sup> There were 365 females entries, and 105 horses lacked information on abortion and still births



## **4. 5. Significant Risk Factors to serovar Bratislava and Multivariable Logistic Regression Analysis**

The following risk factors were found to be significantly associated with seropositivity to serovar Bratislava after analysis using the Chi-square test in the three provinces:

- i. Province
- ii. Gender
- iii. Breed
- iv. Use
- v. Pigs in the vicinity of horse-properties
- vi. Dogs in the vicinity of horse-properties
- vii. Small ruminants in the vicinity of horse-properties
- viii. Amount of rainfall each property received
- ix. Agricultural activities around the horse-properties

Factor "dogs in the vicinity of horse-properties" was excluded from the multivariable logistic regression model as it had a lot of missing values. The remaining risk factors were further modelled using multivariable logistic regression to arrive at the set of factors that best predicted the outcome of being seropositive to serovar Bratislava. In the process, other factors (province, gender, use, pigs and small ruminants in the vicinity of horse-properties and amount of rainfall each property received) were removed from the model by backward elimination as they were not significant on the Wald test (Pwald>0.15). As a result, the final model was left with two factors (1) agricultural activities and (2) breed (Table 4.11). In the final model, horse-properties surrounded by "forestry" were at greater risk of having seropositive horses to serovar Bratislava (OR=9.3). Similarly, the odds that the breed "Nooitgedacht" becoming seropositive to serovar Bratislava was 5 times higher compared to other breeds of horses (OR=5.08).



Table 4.11: Results of multivariable logistic regression analysis of the final model

#### **Run Summary**

Item	Value	Item	Value
Dependent Variable	brati_pos	Rows Processed	663
Reference Group	0	Rows Used	418
Number of Groups	2	Rows for Validation	0
Frequency Variable	None	Rows X's Missing	243
Numeric Ind. Variables	0	Rows Freq Miss. or 0	0
Categorical Ind. Variables	8	Rows Prediction Only	2
Final Log Likelihood	-209.72384	Unique Row Patterns	120
Model R <sup>2</sup>	0.36731	Sum of Frequencies	418
Actual Convergence	2.933166E-08	Likelihood Iterations	5
Target Convergence	1E-06	Maximum Iterations	20
Model D.F.	9	Completion Status	Normal Completion

## **Classification Table**

	Estimated		
Actual	0	1	Total
0	221	72	293
1	42	83	125
Total	263	155	418

Percent Correctly classified = 72.7%

## Estimated Logistic Regression Model(s) Model For brati\_pos = 1

.77 + 2.23\*(agric\_details | Forestry - Other) -.58\*(agric\_details | Fruitrees - Other) -.78\*(agric\_details | Surgacane - Other) + .26\*(breed\_details | Arabian - Other) +

1.62\*(breed\_details | Nooitgedacht - Other) -.21\*(breed\_details | Pony - Other) -

.82\*(breed\_details | Thoroughbred - Other) -1.06\*(breed\_details | Warmblood - Other)

	Regression	Standard	Wald	Wald	Odds		
Independent	Coefficient	Error	<b>Z-Value</b>	Prob	Ratio		
Variable	b(i)	Sb(i)	Η0: β=0	Level	Exp(b(i))		
B0: Intercept	0.77031	0.24640	3.126	0.00177	2.16044		
B1: (agric_details	Forestry - Other)						
	2.23053	0.39955	5.583	0.00000	9.30483		
B2: (agric_details	Fruitrees - Other)	)					
	-0.57909	0.29532	-1.961	0.04989	0.56041		
B3: (agric_details	Surgacane - Othe	er)					
	-0.77618	0.29519	-2.629	0.00855	0.46016		
B4: (breed_details	Arabian - Other)	)					
	0.26366	0.53875	0.489	0.62456	1.30169		
B5: (breed_details	Nooitgedacht - C	Other)					
	1.62586	0.29708	5.473	0.00000	5.08278		
B6: (breed_details	Pony - Other)						
	-0.21069	0.51889	-0.406	0.68472	0.81003		
B7: (breed_details	Thoroughbred -	Other)					
	-0.82475	0.27448	-3.005	0.00266	0.43835		
B8: (breed_details   Warmblood - Other)							
	-1.06009	0.53941	-1.965	0.04938	0.34643		
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It becomes apparent that only two factors contributed significantly to the outcome of horses being seropositive to the serovar Bratislava. Those two factors were (1) forestry in the vicinity of the horse-properties and (2) Nooitgedacht as a breed of horse.



# 4.6 Univariable analysis of risk factors for association with seropositivity of horses to *Leptospira* spp

A parallel univariable analysis of risk factors that may be associated with seropositivity of horses to *Leptospira* irrespective of serovar was done using the Chi-square test. These risk factors were categorized the same way as for the initial analysis that looked for association to seropositivity to serovar Bratislava. The following tables summarize the results of this analysis:

Table 4.12 Seroprevalence of *Leptospira* spp by horse demographic factors and use of 663 horses in three provinces and univariable results.

		No. of positive horses				
Variables	No. of horse tested	≥1: 100	AP (%)	$\chi^2$	df	P- value
Gender <sup>a</sup>				13.68	2	0.001
Females	365	172	47.12			
Stallions	10	6	60			
Gelding	241	79	32.78			
Breed <sup>b</sup>				81.16	5	< 0.001
Arabian	32	14	43.75			
Nooitgedacht	64	57	89.06			
Pony	57	21	36.84			
Thoroughbred	332	105	31.63			
Warmblood	47	15	31.91			
Others	84	46	54.76			
Age <sup>c</sup>				1.26	2	0.53
Group 1 (1-6 years)	103	41	39.80			
Group 2 (7-15	359	148	41.22			
years)						
Group 3 (16+ years)	141	65	46.09			
Use d				56.52	5	< 0.001
Breeding	172	62	36.05			
Work horse	60	25	41.66			
Equestrian events	208	77	37.02			
General pleasure	101	43	42.57			
Others	52	46	88.46			
Racing	23	4	17.39			

<sup>&</sup>lt;sup>a</sup>For forty seven horses, information on gender was missing. <sup>b</sup> For forty seven horses, information on breed was missing. <sup>c</sup> For sixty horses, information on age was missing. <sup>d</sup> For forty seven horses, information on use was missing.

Gender was significantly associated with horses being seropositive to *Leptospira* ( $\chi^2 = 13.68$ , df = 2, P = 0.001) after analysis using the Chi-square test (Table 4.12). Stallions had the highest seroprevalence (60%) but constituted only a small sample of horses. Variables



"breed" and "use" were also significantly associated with horses being seropositive to *Leptospira* after analysis using the Chi-square test ( $\chi^2 = 81.16$ , df = 5, P < 0.001 and  $\chi^2 = 56.52$ , df = 5, P < 0.001 respectively).

Table 4.13 Seroprevalence of *Leptospira* spp by geographic and environmental factors in three provinces and univariable results.

		No. of positive horses				
Variables	No. of horses tested	≥ 1:100	AP (%)	$\chi^2$	df	P- value
Temperature <sup>a</sup>				4.35	2	0.18
Low	179	67	37.43			
Medium	82	33	40.24			
High	312	146	46.79			
Avg annual rainfall b				22.74	2	< 0.001
Low	163	92	56.44			
Medium	431	157	36.43			
High	34	9	26.47			
Agricultural activity c						
Forestry	25	20	80	25.57	3	< 0.001
Fruit trees	100	36	36			
Sugarcane	104	29	27.88			
Other	364	161	44.23			
Province d						
Gauteng	296	145	48.99	14.99	2	< 0.001
Kwazulu Natal	172	63	36.63			
Western Cape	194	63	32.47			

<sup>&</sup>lt;sup>a</sup> For ninety horses, information on average annual temperature was missing. <sup>b</sup> For thirty five horses, information on average annual rainfall was missing. <sup>c</sup> For seventy horses, information on agricultural activity was missing. <sup>d</sup> For one horse, information on province was missing.

Although a high seroprevalence (46.79%) was found in the group of horses whose properties received a high average annual temperature (Table 4.13), there was no statistical difference between the three groups of temperature ( $\chi^2=4.35$ , df = 2, P = 0.18). The variable "average annual rainfall" was significantly associated with horses being seropositive to *Leptospira* ( $\chi^2=22.74$ , df = 2, P < 0.001). The number of horses that came from properties that received a high average annual rainfall was however small, compared to other groups (Table 4.13). Agriculture activity around the horse-properties was also significantly associated with horses being seropositive to *Leptospira* spp ( $\chi^2=25.57$ , df = 3, P < 0.001). Horses neighbouring "forestry" as the main agricultural activity had the highest seroprevalence (80%). Similarly, the variable "Province" was also significantly associated with seropositivity of horses to *Leptospira* ( $\chi^2=14.99$ , df = 2, P < 0.001). Gauteng Province had the highest seroprevalence (48.99%) compared to other Provinces (Table 4.13).



Table 4.14 Seroprevalence of *Leptospira* spp by management factors in three provinces and results of univariable analysis.

		No. of positive horses				
Variables	No. of horses tested	≥ 1:100	AP (%)	$\chi^2$	df	P- value
Other animals in the vicinity <sup>a</sup>						
Cattle	329	161	48.94	4.02	1	0.04
Small ruminants	42	11	26.19	7.29	1	0.006
Dogs	17	3	17.65	5.7	1	0.02
Pigs	116	82	70.69	38.08	1	< 0.001
Wild animals	10	3	30	1.04	1	0.3
Other	84	34	40.48	1.25	1	0.26
Water source b				4.4	4	0.35
Bore hole	315	138	43.8			
Dam + Bore hole	12	3	25			
Municipal	88	31	35.23			
River	201	83	41.29			
Dam water	14	4	28.57			
Rodent problem <sup>c</sup>				2.26	1	0.13
No	54	17	31.48			
Yes	576	242	42.01			

<sup>&</sup>lt;sup>a</sup> For two hundred and three horses, information on other species of animals around the horse-properties was missing. <sup>b</sup> For thirty three horses, information on water source was missing. <sup>c</sup> For thirty three horses, information on rodent problem was missing.

Cattle ( $\chi^2 = 4.02$ , df = 1, P = 0.04), small ruminants ( $\chi^2 = 7.29$ , df = 1, P = 0.006), dogs ( $\chi^2 = 5.7$ , df = 1, P = 0.02) and pigs ( $\chi^2 = 38.08$ , df = 1, P < 0.001) were species of animals neighbouring horse-properties and significantly associated with seropositivity to *Leptospira* in horses when analysing using the Chi-square test (Table 4.14). Properties whose owners claimed to have pigs in the vicinity had the highest seroprevalence (70.69%).

Although, proportion of seropositive horses in those that used bore hole water was higher (Table 4.14) compared to those that used other sources, when analysed individually in a 2x2 table using the Yates' corrected Chi-square test, none of the sources had a significant association with seropositivity of horses to *Leptospira* ( $\chi^2 = 4.4$ , df = 4, P = 0.35).

Having rodents on the property was also significantly associated with horses being seropositive to *Leptospira* ( $\chi^2 = 2.26$ , df = 1, P = 0.13). The high seroprevalence was found among the horse-properties with rodents compared to horse-properties without rodents (42.01%) (Table 4.14).



Table 4.15 Seroprevalence of *Leptospira* spp by clinical signs horses exhibited in recent past in three provinces and results of univariable analysis.

		No. of positive horses				
Variables	No. horse tested	≥ 1:100	AP (%)	$\chi^2$	df	P- value
Ocular				0.74	1	0.39
disease <sup>a</sup>						
Yes	41	16	39.02			
No	415	191	46.02			
High fever b				0.99	2	0.61
Yes	13	6	46.15			
No	434	196	45.16			
Not known	18	6	33.33			
Abortion <sup>c</sup>				0.65	1	0.42
Yes	2	0	0			
No	259	139	53.67			
Stillbirth <sup>d</sup>				0.98	1	0.32
Yes	1	1	100			
No	258	130	50.39			

<sup>&</sup>lt;sup>a</sup> For two hundred and seven horses, information on ocular disease was missing.<sup>b</sup> For hundred ninety eight horses, information on high fever was missing.<sup>c,d</sup> There were 365 females entries, and 104 horses lacked information on abortion and still births.

Analysis of clinical signs horses exhibited in the recent past using the Chi-square test did not show any significant association with seropositivity to *Leptospira* spp (Table 4.15).

## **4.7** Significant Risk Factors to *Leptospira* spp and Multivariable Logistic Regression Analysis

The following risk factors were found to be significantly associated with seropositivity of horses to *Leptospira* spp after analysis using the Chi-square test in three provinces:

- i. Province
- ii. Gender
- iii. Breed
- iv. Use
- v. Average annual rainfall each property received
- vi. Cattle in the vicinity of horse-properties
- vii. Pigs in the vicinity of horse-properties
- viii. Dogs in the vicinity of horse-properties
  - ix. Small ruminants in the vicinity of horse-properties
  - x. Agricultural activities around the horse-properties
- xi. Presence of rodents on the horse-properties

Factor "dogs in the vicinity of horse-properties" was excluded from the multivariable logistic regression model as it had a lot of missing values. The remaining risk factors were further



modelled using multivariable logistic regression to arrive at the set of factors that best predicted the outcome of being seropositive to *Leptospira* spp. In the process, other factors (province, gender, use, pigs, cattle and small ruminants in the vicinity of horse-properties, average annual rainfall each property received) were removed from the model by backward elimination as they were not significant on the Wald test (P<sub>Wald</sub>>0.15). As a result, the final model was left with two factors (1) agricultural activities and (2) breed (Table 4.16). In the final model, horse-properties surrounded by "forestry" as agricultural activity were at greater risk of being seropositive to *Leptospira* (OR=5.2). Similarly, the breed "Nooitgedacht" was at greater risk of becoming seropositive to *Leptospira* spp compared with other breeds of horses (OR=6.3).

Table 4.16: Results of multivariable logistic regression analysis of the final model

## **Run Summary**

Item	Value	Item	Value
Dependent Variable	lepto_pos	Rows Processed	663
Reference Group	0	Rows Used	419
Number of Groups	2	Rows for Validation	0
Frequency Variable	None	Rows X's Missing	243
Numeric Ind. Variables	0	Rows Freq Miss. or 0	0
Categorical Ind. Variables	10	Rows Prediction Only	1
Final Log Likelihood	-241.11990	Unique Row Patterns	130
Model R <sup>2</sup>	0.40635	Sum of Frequencies	419
Actual Convergence	9.433616E-08	Likelihood Iterations	5
Target Convergence	1E-06	Maximum Iterations	20
Model D.F.	9	Completion Status	Normal Completion

## $Estimated\ Logistic\ Regression\ Model(s)$

#### Model For lepto pos = 1

- $1.02 + .46*(breed\_details \mid Arabian Other) + 1.84*(breed\_details \mid Nooitgedacht Other)$
- -.70\*(breed\_details | Pony Other) -1.24\*(breed\_details | Thoroughbred Other) -
- .48\*(breed details | Warmblood Other) + 1.65\*(agric details | Forestry Other) -
- .28\*(agric\_details | Fruitrees Other) -.68\*(agric\_details | Surgacane Other)

#### **Classification Table**

	Estimated		
Actual	0	1	Total
0	181	39	220
1	82	117	199
Total	263	156	419
Percent Cor	rectly classified	= 71.1%	



Independent	Regression Coefficient	Standard Error	Wald Z-Value	Wald Prob	Odds Ratio			
Variable	$\mathbf{b}(\mathbf{i})$	Sb(i)	Η0: β=0	Level	Exp(b(i))			
B0: Intercept	1.02264	0.22107	4.626	0.00000	2.78051			
B4: (breed_details	Arabian - Other)							
	0.45646	0.53133	0.859	0.39029	1.57848			
B5: (breed_details	Nooitgedacht - C	Other)						
	1.84275	0.37343	4.935	0.00000	6.31389			
B6: (breed_details	Pony - Other)							
	-0.70242	0.46215	-1.520	0.12854	0.49539			
B7: (breed_details	Thoroughbred -	Other)						
	-1.24266	0.23472	-5.294	0.00000	0.28862			
B8: (breed_details	Warmblood - Ot	her)						
	-0.47838	0.37334	-1.281	0.20007	0.61979			
B1: (agric_details	Forestry - Other)							
	1.65086	0.39171	4.215	0.00003	5.21146			
B2: (agric_details	Fruitrees - Other)	)						
-	-0.28183	0.25061	-1.125	0.26077	0.75440			
B3: (agric_details	B3: (agric_details   Surgacane - Other)							
	-0.68341	0.25153	-2.717	0.00659	0.50489			

Two factors contributed significantly to the outcome of horses being seropositive to *Leptospira* spp. Those two factors were (1) "forestry" as agricultural activity in the vicinity of the horse-properties and (2) "Nooitgedacht" as a breed of horse.

Figures 5, 6 and 7 show the proportions of positive horses to *Leptospira* spp in Gauteng, KZN and Western Cape Provinces, respectively.



Figure 5 Distribution of sampled horses and proportion of positive horses in Gauteng





Figure 6 Distribution of sampled horses and proportions of positive horses in KZN

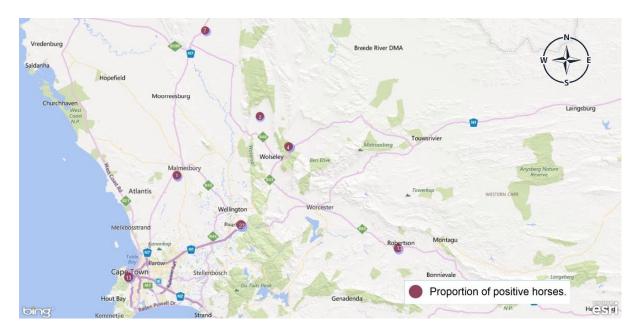


Figure 7 Distribution of sampled horses and proportions of positive horses in the Western Cape Province



#### **CHAPTER 5**

## **DISCUSSION**

#### **5.1 Serovar detection study**

This study detected serovars of *Leptospira* that were circulating in South African horses with special focus on the horses from Gauteng, Western Cape and KwaZulu-Natal Provinces in the years 2013 and 2014. A random sampling method could not be followed due to the scanty information on the number of properties and the number of horses on each property per province. Furthermore the study design was to consider horses that were admitted to one of the four large equine hospitals or horses seen on ambulatory visit, hence the variations in the number of samples obtained from each province.

Some horses had titers to multiple serovars. This may represent multiple infections or different cross-reactions between serovars from the same serogroups. As an example, serovars Ballum and Arborea both belong to the same serogroup (Ballum) and they react similarly in the MAT (Slack et al. 2006). However, serovar Ballum has never been isolated from any source in South Africa nor was it included in the panel of antigens used. Pending further studies to detect serovar Ballum in South Africa, it was assumed that Arborea seropositive horses were probably only exposed to serovar Arborea. Nine horses (5.7%) had low titers ranging between 100 and 200 to both serovars Australis (strain Ballico) and Bratislava. The rest of the positive horses had titers to serovar Bratislava only (94.3%). These two serovars belong to the same serogroup Australis. Although serovar Australis was isolated from dogs in South Africa (Roach et al. 2010), the author believes that the low titers to serovar Ballico were a result of a cross-reaction to serovar Bratislava that may have occurred rather than a multiple infection. Similarly, seven horses (20%) had titers to both serovars Tarassovi and Topaz which belong to the same serogroup Tarassovi. However, serovar Topaz had higher titers ranging from 200 to 1600 than serovar Tarassovi (100 to 400). Since it is believed that cross-reactivity occurs predominately in lower titers (Barwick et al. 1998), the author believes that this was probably a multiple exposure rather than crossreactivity. Lastly, low titers to serovar Copenhageni were found in the MAT. The author believes that this was probably due to a cross-reaction with serovar Icterohaemorrhagiae as both serovars belong to the same serogroup Icterohaemorrhagiae. The isolation of local strains of Leptospira in South African horses is needed to give better clarification of the serological results.



It is also important to keep in mind that often the highest detected antibody titre does not represent the infecting serovar. This was described by Levett (2001) as a paradoxical reaction. This particular characteristic of the MAT was also confirmed in a study in Thailand where the MAT was found to be an unreliable predictor of infecting leptospiral serovars (Smythe et al. 2009).

Similarly, a negative serological reaction did not necessarily indicate that horses were free of leptospires. Nevertheless, the MAT results found in this study indicate the level at which horses were exposed to a wide range of leptospiral serovars.

## 5.2 Apparent prevalence of *Leptospira* serovars in three provinces

The apparent prevalence of *Leptospira* found in this study appears to be within the same range as other reported findings across the globe. In the present study, the reported apparent prevalence of Leptospira at a serum dilution of 1:100 in Gauteng, KwaZulu-Natal and Western Cape Provinces was 49%; 37% and 32%, respectively. Studies conducted in different parts of the world have reported a prevalence of *Leptospira* in horses ranging from 12.8% to 79% (Park et al. 1992, Barwick et al. 1998, Rocha et al. 2004, Odontsetseg et al. 2005, Jung et al. 2010, Houwers et al. 2011). Within the same region or countries, variations of the prevalence have been also reported like in Brazil (Coiro et al. 2012, de Oliveira Filho et al. 2014), USA (Sillerud et al. 1987, Donahue et al. 1995, Barwick et al. 1998, Donahue and Williams. 2000) and Australia (Swart et al. 1982, Dickeson and Love. 1993, Wangdi et al. 2013). The difference in prevalence between studies may be due to the study area, study population, sampling techniques, environmental conditions, panel of serovars used in the MAT and the interpretation of results in relation to the cut-off used. Although there appears to be a difference in apparent prevalence between the provinces a closer examination of the 95% confidence interval for true prevalence for each province (GP=24-74; WCP=26-39; KZN=20-54), which accounts for clustering biase, shows a large overlap in true prevalence between the provinces. Indicating that more work needs to be done before one can say whether there is a difference in prevalence between the provinces. In South Africa, the coastal region of KZN would have been expected to have the highest prevalence due to its subtropical climate with high humidity and rainfall. The warm and humid climate along with different other risk factors contribute to the propagation, maintenance and survival of leptospires in the environment. Factors like flooding that occurs from time to time over Gauteng Province (Dyson. 2009, Dyson et al. 2015) and presence of rodents are also associated with higher prevalences, with flooding allowing closer contact between the



bacteria and the accidental host (Barwick et al. 1997, Levett. 2001, Lau et al. 2010, Bandino et al. 2015). Presence of rodents is discussed further, under management factors.

#### **5.3 Predominant serovars in three provinces**

Twenty four serovars representing 19 serogroups were used in the MAT. Out of these serovars, 21 serovars from 17 serogroups were detected in this survey. The most predominant serovars in Gauteng were Bratislava; Djasiman and Arborea, in the Western Cape Province, Bratislava; Djasiman and Arborea and in Kwazulu Natal, Bratislava; Arborea and Tarassovi respectively. Serovars Panama, Kremastos and Hebdomadis were not detected in the three provinces. Serovars which were reported for the first time in South African horses in this study were Bratislava, Arborea, Tarassovi, Djasiman, Topaz, Canicola, Javanica, Robinson, Cynopteri, Grippotyphosa, Ballico, Icterohaemorrhagiae, Bulgarica, Celledoni, Hardjo, Zanoni, Swajizak, Bataviae, Mednensis and Shermani. This confirms that horses in South Africa have been exposed to a wide range of previously unknown leptospiral serovars inferring a complex epidemiology.

The three most predominant serovars were almost the same in all three provinces except for KwaZulu-Natal where serovar Tarassovi had the third highest prevalence. The most common serovar in all three provinces was Bratislava. This is not surprising since various studies across the globe have reported the seropredominance of this serovar in their surveys in horses (Odontsetseg et al. 2005, Baverud et al. 2009, Ebani et al. 2012, Turk et al. 2013). However in South Africa, this seems to be the first report in horses. The findings of this study are also in agreement with other studies suspecting that horses may be the maintenance hosts for serovar Bratislava (Ellis et al. 1983, Park et al. 1992, Rocha et al. 2004). The antibody titers of seropositive horses to this serovar ranged from 100 to 800 in general except for Kwazulu Natal where the range was between 100 and 3200. This high range in Kwazulu Natal may indicate more active infection in this Province.

Serovar Arborea was originally described in Italy in 1955 (Kmety and Dikken. 1993). Since then, infection has been reported in humans and animals in different parts of the world including Argentina (Vanasco et al. 2000), New Zealand (Subharat et al. 2011) and Australia (Slack et al. 2006, Slack et al. 2010). Rodents, particularly *Mus domesticus* and *Rattus rattus* are believed to be the predominant animal reservoirs for this serovar (Lau et al. 2015). In Australia, it was found to be the most predominant serovar in a recent survey in horses (Wangdi et al. 2013). This serovar was detected in humans in Australia in 1998 and was isolated from rodents from two sites in Queensland (Slack et al. 2006). It was found to be



significantly associated with pigs and high rainfall in Australia. Since pigs are known to be naturally adapted to serovar Pomona, it was speculated that pigs may have been exposed through mud and flood water due to their poorly developed body heat regulatory mechanisms (Wangdi et al. 2013). It was also reported that this serovar has been emerging in Queensland (Australia) since 2001, with increase in human case numbers as well as expansion of its geographic distribution. Climatic factors (especially flooding) and environmental change were suspected to be the main cause of this emergence (Lau et al. 2015).

Serovar Djasiman was first described in Indonesia and it was believed to be restricted to South-East Asia before. Several cases have been reported in overseas tourists returning from South-East Asia (WHO. 2011). However, a new serovar of serogroup Djasiman isolated from an aborted dog fetus in Argentina has demonstrated that serovars of this serogroup have been distributed to other parts of the world, including South America (Rossetti et al. 2005). The high level of circulating antibodies to this serovar found in this study, ranging from 100 to 1600 indicate that this serovar may not be exotic to South Africa. Further studies regarding the significance of this serovar in South Africa are needed. It may also be useful to raise the awareness of health service practitioners in South Africa with regard to the clinical disease caused by this serovar: a recent case of massive intra-alveolar haemorrhage caused by serovar Djasiman in a 38 years old man returning from Laos is an indication of the severe clinical disease this serovar can cause (Hery et al. 2015).

Serovar Tarassovi which is thought to be maintained by pigs (Alonso-Andicoberry et al. 2001), has been isolated from dogs (Myburgh et al. 1993) and cattle (Hunter. 2004, Hesterberg et al. 2009) in South Africa. However this serovar was not detected in a study of South African pigs (Potts et al. 1995). In Northeastern Mexico, this serovar was found to be the most predominant in cattle (Carvajal-de la Fuente et al. 2012).

Currently, there is no registered vaccine to prevent leptospirosis in horses in South Africa. In the event of equine vaccine development in the future, the four serovars namely Bratislava, Arborea, Djasiman and Tarassovi should be included as the current serological evidence suggest that horses are commonly exposed to these serovars.



#### 5.4 Risk factors and their association with serovar Bratislava and Leptospira spp.

## **5.4.1 Demographic factors**

Seroprevalence to serovar Bratislava varied according to breed. Breed was also significantly associated with seropositity of horses to *Leptospira* spp. In Sweden, ponies and coldbloods had a lower odds ratio of seropositivity to serovar Icterohaemorrhagiae infection compared with other breeds (Baverud et al. 2009). This is also in agreement with the findings from Korea where a low seroprevalence was found in Thoroughbred horses used for racing due to high level of management and care associated with this breed (Jung et al. 2010). In this study, the high seroprevalence of serovar Bratislava was found among Nooitgedacht horses (66.67%). This breed had also the highest seroprevalence of *Leptospira* spp compared with other breeds (89.06%). Interestingly, this breed was also found to be at greater risk of being seropositive to serovar Bratislava (OR=5.08) and to Leptospira spp (OR=6.3) in both models. Horses belonging to this breed used in this survey are kept on the premises of the Faculty of Veterinary Science, University of Pretoria. Students use them during practical lessons. Some of these horses serve as blood donors. These horses spend a lot of time outside of their stables. The Onderstepoort Academic Veterinary Hospital is also situated on the same premises. This hospital receives various types of sick animals including exotic birds and wildlife. Some animals (small and large) with severe conditions spend a few days in the hospital before being discharged when they recover. Cattle and small ruminants used for different purposes (practicals, research) are also found on the same premises. Most of Nooitgedacht horses in this study had low titers ranging from 100 to 200 indicating a possible chronic infection. Rodents were also reported to be present on the premises. The environment in which this breed lives seems to be conducive to the propagation and maintenance of *Leptospira* spp. However the source of infection needs to be established by a proper investigation. It can be assumed that being at greater risk of leptospirosis for this breed may be due to the continuous exposure to leptospiral serovars. It is also not clear if possible "stress" or genetic factors may play a role. However it is important to keep in mind that clustering effect during sampling has contributed to this situation as the high seroprevalence of both *Leptospira* spp and Bratislava found in this breed doesn't necessarly reflect the reality of the study area particulary in Gauteng where this breed was found.

This study also found a significant association between gender and seropositivity to serovar Bratislava using the Chi-square test. Gender was also significantly associated with seropositivity to *Leptospira* spp. However, this association must be interpreted with caution



given the small sample size of stallions. In Australia, the difference between variable gender with regard to seropositivity to serovar Arborea was demonstrated. The odds of geldings being seropositive to this serovar was 3.3 times more than non-gelding in the final model. However in South Africa, the factor gender was not significant in the multivariable logistic regression for both models Bratislava and *Leptospira* spp.

This current study showed that seropositity to serovar Bratislava increased with the increase in age. The highest prevalence (28.57%) was found in the oldest age group (16+). Similarly, the oldest age group (16+) had the highest seroprevalence to *Leptospira* spp (46.09%). Other authors have also reported the same increase of seroprevalence with increase of age in horses due to the long period of exposure (Park et al. 1992, Lees and Gale. 1994, Williams et al. 1994, Barwick et al. 1997, Baverud et al. 2009). However, the difference in seroprevalence between different age groups was not statistically significant in the Chi-square test for Bratislava and *Leptospira* spp. This was probably due to the lack of a good representative sample of horses with different ages from each province.

Horses used in this study were divided into different categories based on the activity they performed. Six categories were identified: breeding, equestrian event, general pleasure, work horse, racing and "other." When tested for association to serovar Bratislava using the Chisquare test, the difference between these categories was statistically significant. Variable "use" was also significantly associated with seropositivity of horses to *Leptospira* spp. This was likely to be caused by management factors associated with each breed. Horses involved in the equestrian events usually benefit from special care. They usually stay inside the stables where feed and clean water are provided. They don't spend too much time outside their stables, hence minimizing the risk of exposure. Lees and Gale (1994) found that track horses that were managed individually had lower odds ratios than rodeo horses that were managed in groups for all investigated serovars. However for both models in the multivariable regression analysis, this variable was not significant.

## **5.4.2** Geographic and environmental factors

Horses in this study were grouped into three categories based on the annual average temperature their properties received. This temperature ranged from 21.5°C to 26.7°C with a median of 26°C. Three categories of horses were then identified. A low medium temperature group is the group of horses whose properties received an annual average temperature ranging from 21.5°C to 23.9°C whereas medium and high temperature groups are groups of horses whose properties received an annual average temperature ranging from



 $24-25.9^{\circ}$ C and  $\geq 26^{\circ}$ C respectively. The present study has failed to show a significant association between temperature and seropositivity to both serovar Bratislava and *Leptospira* spp. This was probably due to the fact that the temperature data from different meteorological stations in each province showed little or no variation between them; making the range very small.

Horses were grouped into three categories based on the average annual precipitation their properties received. Average annual rainfall received by the properties in the three provinces ranged from 395.6 mm to 1050.6 mm with the median of 625.6 mm. The three categories were classified as low average annual rainfall (0-600 mm), medium average annual rainfall (600-1000 mm) and high average annual rainfall (>1000 mm). The variable annual average rainfall was significantly associated with horses being seropositive to both serovar Bratislava and Leptospira spp. This is in agreement with Ward. (2002) who reported also a strong association between periods of high rainfall and the incidence of leptospirosis. In Australia, Wangdi et al. (2013) also found that the odds that horses on a horse-property with an average annual rainfall of >2000 mm becoming seropositive to serovar Arborea was 6.1 times higher compared to horses residing in horse-properties with an average annual of <1000 mm. A longer rainy season and floods increase the exposure to leptospires by releasing the leptospires from the soil and bringing them to the surface in standing water. In this study contrarily, the highest prevalence of serovar Bratislava and *Leptospira* spp was found among the horses whose properties received a low average rainfall (0-600 mm). This is not surprising since a decreased rainfall was proven to eliminate food sources and forces carrier animals (including rodents) into human habitats or surroundings, to scavenge for food, thereby increasing their contact with accidental hosts (Gubler et al. 2001). However, in the multivariable logistic analysis, this variable was not significant for both models Bratislava and *Leptospira* spp.

Agricultural activity comprised forestry, fruit trees, sugarcane and other. When analysed using the Chi-square test, the difference in proportion of seropositive horses to both serovar Bratislava and *Leptospira* spp among the categories was significant. The seroprevalence of both Bratislava and *Leptospira* spp was the highest for horses residing on the properties surrounded by "forestry" as the main agricultural activity. In the multivariable logistic regression analysis, the two models (Bratislava and *Leptospira* spp) showed that horses surrounded by "forestry" were at greater risk of being seropositive to both serovar Bratislava (OR=9.3) and *Leptospira* spp (OR=5.21). Forests harbour different animal reservoirs of *Leptospira* spp including rodents and small mammals which play an important role in



transmission of leptospirosis to other species including humans (Millan et al. 2009). This is also in agreement with a recent study in Europe where leptospirosis was found to be a major zoonotic occupational disease in forestry workers due to their close contact between them and wild animals (Richard and Oppliger. 2015). In addition, another recent study confirmed that serovars from serogroup Australis (including Bratislava) are maintained in wild animal species (Milas et al. 2013). In this study owners of horses whose properties were surrounded by "forestry" have confirmed the presence of wild animals like peridomestic rodents (porcupines), bushpigs, bushbucks, reedbucks, duikers, anteaters and warthogs (Personal communication, Crowe, Greytown, 2015). However, there is still no serological evidence of any serovar from serogroup Australis being reported in South African wildlife. In northern Kwazulu-Natal game parks, sera of free-living game including reedbuck and bushpig had positive titers to *Leptospira interrogans* serovar mini (serogroup Hebdomadis) (Hunter et al. 1988) but not for serovars from serogroup Australis. An isolation of serovar Bratislava (or any other serovar from this serogroup) and other leptospiral serovars in wildlife surrounding these horse-properties would give more insight into the possible transmission of leptospirosis from wildlife animal species to horses.

#### **5.4.3 Management factors**

Presence of other animals on the same pasture with horses or in the vicinity of horseproperties had a significant influence on the status of the horses being seropositive to serovar Bratislava and Leptospira spp. In the Chi-square test, presence of pigs and cattle on the same pasture with horses or in the vicinity of horse-properties had the highest prevalence among other categories of animals. Pigs are thought to be maintenance hosts of serovar Pomona (Faine. 1994, Adler and Faine. 2006). Serovar Pomona has been isolated from South African pigs in various studies (Delange et al. 1987, Hunter et al. 1987, Potts et al. 1995, Gummow et al. 1999). A previous survey conducted on horses in South Africa has detected and reported a prevalence of 27% for serovar Pomona (Anon. 1986-1987). However, the details with regard to the study area, sample size and panel of antigens used in the survey are scant. In this current study, the apparent prevalence of this serovar in horses was 1.1% in Gauteng Province; 2.56% and 5.8% in the Western Cape and Kwazulu Natal Provinces respectively. The small sample size related to this variable because of the low prevalence in this study, makes it difficult to establish the potential role of pigs in transmission of serovar Pomona to horses. A similar situation was also seen for cattle which are known to be the maintenance hosts of serovar Hardjo (Adler and Faine. 2006). This serovar was only detected in Gauteng



Province and the apparent prevalence was 0.4%. It appears that horses rarely come into contact with reservoirs of the serovar Hardjo.

Concerning the serovar Bratislava, it was found in pigs (Potts et al. 1995) and cattle in Kwazulu Natal (Hesterberg et al. 2009) and Gauteng Provinces (Personal communication, Madoroba, OVI, 2014). However, for the same reason mentioned above, the role of pigs and cattle in transmission of serovar Bratislava to horses or vice versa needs further investigation. It is probably due to the small sample size that the variable "other species in the vicinity of horse-properties" was not significant in the multivariable logistic regression models.

Different types of water sources did not have any influence on the status of horses being seropositive to both serovar Bratislava and Leptospira spp. Wangdi et al. (2013) also did not find any significant difference among different sources of drinking water in his study. Variable "rodents" did not have any significant association for seropositivity to serovar Bratislava using the Chi-square test, but was significantly associated with *Leptospira* spp. However in the multivariable logistic analysis, this variable did not come up significant on the Wald test. Some owners reported the presence of house mice (Mus musculus) on their properties. Rodents including house mice were reported to harbour serovar Bratislava. In Canada, the combined results from MAT and FAT suggested that natural infection with serovar Bratislava occur in house mice (Smith et al. 1992). Other studies also reported the isolation of serovar Bratislava from house mice (Galton. 1966) and Norway rat (Rattus norvegicus) (Hathaway et al. 1983). In South Africa, rodents were also reported to be the main risk factor of human leptospirosis. In a study published in 2012, it was found that communities in informal settlements in urban areas are at risk as infected rodent populations are a continuous source of transmission (Saif et al. 2012). The apparent incidence of leptospirosis in the South African human population was also found to be moderately high (Saif et al. 2012). The failure of this study to demonstrate the role of rodents in transmission of leptospiral serovars to South African horses was probably due to the lack of a good representative sample of horse-properties with rodents across each of the Provinces. In the previous paragraph, the author has explained the difficulty in explaining the role of the pigs in transmission of serovar Bratislava to horses due to the small sample size of horseproperties with pigs. Pigs have been found to attract house mice (or rodents) because house mice are frequently abundant where pigs are raised due to ready access to food and shelter (Smith et al. 1992). It appears that the number of rodents that could be attracted by pigs was small since the number of pigs on the properties or in the vicinity of horse-properties was



also small. The role of the rodents in the epidemiology of leptospirosis in both humans and animals in South Africa needs to be investigated thoroughly. An attempt was made to isolate *Leptospira* serovars from rodents in South Africa but only a small number of rodents were trapped and neither the isolation nor serology could yield any positive result (Gummow et al. 1999). However, the isolation of serovar Bratislava is known to be difficult due to its fastidious nature (Smith et al. 1992).

# 5.5 Disease history and its association with antibodies to both serovar Bratislava and *Leptospira* spp.

Ocular disease (uveitis), kidney disease, high fever, liver failure, abortion and still births are the main clinical signs of equine leptospirosis. None of these clinical signs were associated with seropositive horses to serovar Bratislava, suggesting that serovar Bratislava may not cause any clinical disease in horses (Baverud et al. 2009). However in a recent study, it was demonstrated that seroreactivity against serovar Bratislava was more likely to be associated with reproductive problems than seroreactivity against serovar Copenhageni in horses (Pinna et al. 2014). None of these clinical signs above mentioned were associated with seropositivity of horses to *Leptospira* spp, indicating that most leptospiral infections in horses are asymptomatic (Hathaway et al. 1981).

### 5.6 Limitations

The collection, processing and shipment of samples from the practices was very slow due to various reasons that one could not control. For example, at the beginning of the sample collection, the Equine Clinic of Onderstepoort Veterinary Academic Hospital had to be closed for an extended period due to an outbreak of equine influenza. This delayed the collection of samples in Gauteng.

A random sampling of the horse population would have been the best approach in order to get a good representative sample per province. However in South Africa, it is difficult to get a database of registered properties with horses on them and the number of horses per property. Unfortunately, a lot of samples were collected by private veterinarians on a convenience basis instead of following the required protocol. This has resulted in many samples coming from one property instead of having a few samples from many different properties which is what was originally intended when the clinics were engaged. This is the reason why the apparent prevalences found in this study do not accurately reflect the reality of each of the provinces.



Some inaccuracies were also noticed when recording information about the surveyed horses. Some owners could not remember some specific information regarding their horses due to the lack of keeping records. In addition to that, some owners were not residing on the properties where horses were kept. For such owners, confirming that their horses were not having access to dam water for example, which was inside the property or other details was not possible.

Despite these limitations, the results of this study could serve as a foundation on which different recommendations and future studies can be built.



## **CHAPTER 6**

## CONCLUSIONS AND RECOMMENDATIONS

#### **6.1 Conclusions**

This study concludes that:

- i. Leptospiral infection is wide spread among South African horses from three provinces. The 95% confidence interval for true prevalence of serum antibodies to one or more serovars of *Leptospira* spp at a serum dilution of 1:100 in Gauteng, KwaZulu-Natal and Western Cape Provinces was 24-74%; 20-54% and 26-39% respectively.
- ii. As expected, antibodies to a wide range of leptospiral serovars were detected in the three provinces.
- iii. The predominant serovars circulating in the horse population of the three provinces were Bratislava, Arborea, Djasiman and Tarassovi
- iv. The breed "Nooitgedacht" and the presence of "Forestry in the vicinity of horse-properties" were the main risk factors for seropositivity to serovar Bratislava and *Leptospira* spp.

### **6.2 Recommendations**

Based on the findings from this study, the following recommendations have been formulated:

- An isolation of local strains of leptospiral serovar in horses, wildlife animal species and other domestic animals.
- A full scale survey of the horses of each province of South Africa with a good representative sample and using all the serovars detected so far, to be conducted to ascertain an accurate prevalence of leptospirosis in horses. To do so, a horse population census is required to obtain demographic statistics.
- Future vaccine development to include the four commonly identified serovars Bratislava, Arborea, Djasiman and Tarassovi.
- Future survey of leptospirosis in pigs and isolation of leptospiral serovars in humans,
   rodents and wildlife animal species in South Africa.
- Raising of awareness of health service practitioners and veterinarians about leptospirosis which is often underestimated.



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**Appendix i: Survey Form** 

# RISK FACTOR QUESTIONNAIRE

CONSENT:
I, [insert owner name] hereby give permission for blood
collection from my horse, [insert horse name] and thereby to
take part in the research project entitled: "Seroprevalence of leptospirosis in horses
admitted to three large equine hospitals in South Africa"
Signature of the owner:
I, [insert veterinarian name] have sought permission from
owner for participation in this study [signature]
[signature]
QUESTIONNAIRE AND SAMPLE IDENTIFICATION:
Equine Hospital:
Study reference: (Please use for tubes and cryotubes identification)
Your reference:
Date:
Province : Postal Code :Tel:
District/Municipality where the horse is from:



1.	Name of the horse:			
2.	How many adult horses dibled?:	d you have on the prop	erty at the time it	t was
3.	How long has the horse be	een on the farm for?:		
4.	Gender:	□ Gelding	□ Stal	llion
5.	Breed:   Thoroughbi	red 🗆 Arabian	□ Pony □ Wa	armblood   Other
6.	Age:			
7.	Usage:			
	□ Trotting	□ Competition ridin	ng □ Polo	o/polocrosse
	□ Racing	□ Riding school	□ Not	used for anything
	□ Breeding	□ General pleasure	Pony club □ Oth	ner
8.	How is your horse housed	and fed?		
	□ Complete pasture access	s with little or no stable	feeding	
	□ Complete stable feeding	with little or no pastur	e access	
	□ Combination of pasture	and stable feeding		
	-	f time does it spend on	-	
			2%	
9.	Do you have a concrete flo			
	□ Yes	□ No		
10	). Where do your horses mo	·		
	□ River □ Dam water □		•	□Other
11	. Do your horses mix togeth		on the farm?	
	□ Yes	□ No		
12	2. If yes, which ones?			
			nimals □ Dogs	□Other
13	3. Do you see rodents on you			
		occasionally seen in the	property, but not	t a major problem
14	If yes, do they get into fee	d storage areas'?		
	□ Yes □ No			



15	. Did your hors	se recently trav	el around the time it wa	as bled?
	□ Yes	□ No		
from?	-	here did it trav	vel to or	
				luced onto your farm at the time
	□ Yes	□ No		
	16a.When?	•••••		
	16b. From wh	nere?		
17	. Do you have	a good drainag	ge system in your farm?	
	□ Yes	□ No		
18	. Do you have	any dams or la	acs or standing water on	the property?
	□ Yes		□ No	
	18a. Do the h	orses have acc	ess to it?	
	□ Yes		□ No	
19	. Do you irriga	te your pasture	e?	
	□ Yes		□ No	
20	. If yes, where	does the water	for irrigation come fro	m?
	□ River	□ Farm	□ Storage tank	□ Other
21	. Are there other  Yes	er farms with a	animals on them in the $\square$ No	vicinity of your farm?
22	. If yes which o		mall ruminant	animals   Other
23	. Do they come	e into contact v	with them?	
	□ Yes		□ No	
24	Do you see wyours?	ater-borne wa	ste or run-off water from	m that farm in the vicinity of
	□ Yes	$\square$ No		
	24a. Do horse	es come into co	ontact with this?	
	□ Yes		□ No	
25	. What are the	main agricultu	ral activities in the loca	lity?
	□ Sugarcane	□ Banana	□ Fodder plantation	□ Other



	Has your horse ever had ocululcer)?	lar disease (swollen eyes, water	ering eyes, red eyes
[	□ Yes	□ No	□ Not known
27. ]	If yes, when?		
	Has your horse ever been dia disease?	gnosed by your veterinarian a	as suffering from kidney
[	□Yes	□ No	□ Not known
29. ]	If yes, what was the diagnosi	s?	
30.	When did it happen?		
31. 1	Has your horse suffered from	n high fever in the past one ye	ar?
[	□ Yes	□ No	□ Not known
	Has your horse ever had yellone year?	ow eye mucous membranes or	r yellow gums in the last
[	□ Yes	□ No	□ Not known
33. 1	Do you have any other prope	erties with horses on them?	
[	□ Yes	□ No	
		properties come into contact v	
[	□ Yes	□ No	
35. 1	For breeding mares:		
á	a. Has your horse ever abor	ted?	
	□ Yes	□ No	□ Not sure
1	b. Has your horse ever had	stillbirths?	
	□ Yes	□ No	□ Not sure
(	c. Has your horse ever been	found empty after being conf	firmed as pregnant?
	□ Yes	□ No	□ Not sure
	d. What proportion of the mare mated with stallion?	nares on the premises are foun	d to be barren after they
• • • • • •		END	

Thank you for your cooperation and time spent with me. Enjoy your day!



# Appendix ii: Research Committee Approval

**Ref**: V040/12

10 July 2012

University of Pretoria

**Faculty of Veterinary Science** 

Private Bag X04 Onderstepoort 0110

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Prof MN Saulez
Department Companion Animal Clinical Studies
(montaque.saulez@up.ac.za)

Dear Prof Saulez

# PROTOCOL V040/12: SEROPREVALENCE OF LEPTOSPIROSIS IN HORSES ADMITTED TO THREE EQUINE HOSPITALS IN SOUTH AFRICA – V Simbizi

I am pleased to inform you that the abovementioned protocol was approved by the Research Committee.

Kindly note that, if there are animal ethical issues involved in the project, the protocol needs to be approved by the Animal Use and Care Committee as well before you may commence with the project.

Please take note of the attached document.

Kind regards

**NIESJE TROMP** 

SECRETARY: RESEARCH COMMITTEE

Copy: Prof JAW Coetzer, Deputy Dean: Research (koos.coetzer@up.ac.za)

V Simbizi, Researcher (vsimbizi@yahoo.fr)

Prof JP Schoeman, HOD (johan.schoeman@up.ac.za)

Ms M Human. Student Administration (magda.human@up.ac.za)

Ms Elmarie Mostert, Animal Use and Care Committee (elmarie.mostert@up.ac.za)



# Appendix iii: Calculation of true seroprevalence 95% CI of *Leptospira* spp in Gauteng Province

# Seroprevalence of equine leptospirosis in Gauteng Province using cluster sampling formula

No	Cluster	No of	No of	Apparent	True			
		horses	positive	prevalence	prevalence	n^2	m^2	n*m
		sampled	horse					
1	Cluster 1	22	17	77.27	77.09	484	289	374
2	Cluster 2	54	48	88.89	88.70	2916	2304	2592
3	Cluster 3	2	0	0.00	-0.19	4	0	0
4	Cluster 4	38	27	71.05	70.87	1444	729	1026
5	Cluster 5	59	17	28.81	28.63	3481	289	1003
6	Cluster 6	100	24	24.00	23.81	10000	576	2400
7	Cluster 7	1	1	100.00	99.81	1	1	1
8	Cluster 8	1	1	100.00	99.81	1	1	1
9	Cluster 9	1	1	100.00	99.81	1	1	1
10	Cluster 10	1	1	100.00	99.81	1	1	1
11	Cluster 11	1	1	100.00	99.81	1	1	1
12	Cluster 12	1	1	100.00	99.81	1	1	1
13	Cluster 13	1	1	100.00	99.81	1	1	1
14	Cluster 14	1	0	0.00	-0.19	1	0	0
15	Cluster 15	1	0	0.00	-0.19	1	0	0
16	Cluster 16	1	0	0.00	-0.19	1	0	0
17	Cluster 17	1	1	100.00	99.81	1	1	1
18	Cluster 18	1	1	100.00	99.81	1	1	1
19	Cluster 19	1	1	100.00	99.81	1	1	1
20	Cluster 20	9	2	22.22	22.04	81	4	18
	TOTAL	297	145	48.82	48.63	88209	21025	43065

**Seroprevalence: 0.49 95% CI: 0.24 – 0.74** 

T=297 C=20 =0.0673400673

C/T=0.0673400673 V=1344.16

C(C-1)=380; Se=0.92; Sp=0.95

$$Var (AP) = \frac{AP(1-AP)}{n(Se+Sp)^2}$$
 (Equation 1)

$$AP - (Z_{\alpha/2} x \sqrt{Var(AP)}); AP + (Z_{\alpha/2} x \sqrt{Var(AP)})$$
 (Equation 2)

$$\hat{P}$$
-1.96  $\left\{\frac{c}{T}\sqrt{\frac{V}{c(c-1)}}\right\}$ ,  $\hat{P}$ +1.96  $\left\{\frac{c}{T}\sqrt{\frac{V}{c(c-1)}}\right\}$ , (Equation 3)

$$V = \hat{P}^2(\sum n^2) - 2\hat{P}(\sum nm) + (\sum m^2), \quad \text{(Equation 4)}$$



# Appendix iv: Calculation of true prevalence 95% CI of *Leptospira* spp in the Western Cape Province

# Seroprevalence of equine leptospirosis in the Western Cape Province using cluster sampling formula

No	Cluster	No of horses sampled	No of positive horse	AP	True prevalence	n^2	m^2	n*m
1	Cluster 1	41	13	31.71	31.52	1681	169	533
2	Cluster 2	2	1	50.00	49.81	4	1	2
3	Cluster 3	35	13	37.14	36.96	1225	169	455
4	Cluster 4	16	6	37.50	37.31	256	36	96
5	Cluster 5	11	2	18.18	17.99	121	4	22
6	Cluster 6	35	7	20.00	19.81	1225	49	245
7	Cluster 7	14	4	28.57	28.38	196	16	56
8	Cluster 8	40	17	42.50	42.31	1600	289	680
	TOTAL	194	63	32.47	32.29	37636	3969	12222

Seroprevalence: 0.32 95% CI: 0.26 – 0.39

T=194

C=8

C/T=0.0412371134

V=41.45

C(C-1)=56

Se=0.92

Sp=0.95

$$Var (AP) = \frac{AP(1-AP)}{n(Se+Sp)^2}$$
 (Equation 1)

$$AP - (Z_{\alpha/2} \, x \, \sqrt{Var(AP)}); \, AP + (Z_{\alpha/2} \, x \, \sqrt{Var(AP)}) \tag{Equation 2}$$

$$\hat{P}$$
-1.96  $\left\{\frac{C}{T}\sqrt{\frac{V}{C(C-1)}}\right\}$ ,  $\hat{P}$ +1.96  $\left\{\frac{C}{T}\sqrt{\frac{V}{C(C-1)}}\right\}$ , (Equation 3)

$$V = \hat{P}^2(\sum n^2) - 2\hat{P}(\sum nm) + (\sum m^2),$$
 (Equation 4)



# Appendix v: Calculation of true prevalence 95% CI of *Leptospira* spp in KwaZulu-Natal Province

# Seroprevalence of equine leptospirosis in KwaZulu-Natal using cluster sampling formula

No	Cluster	No of horses	No of positive	Apparent prevalence	True prevalence	n^2	m^2	n*m
		sampled	horse					
1	Cluster 1	78	21	26.92	26.74	6084	441	1638
2	Cluster 2	6	4	66.67	66.48	36	16	24
3	Cluster 3	9	5	55.56	55.37	81	25	45
4	Cluster 4	25	20	80.00	79.81	625	400	500
5	Cluster 5	20	4	20.00	19.81	400	16	80
6	Cluster 6	8	2	25.00	24.81	64	4	16
7	Cluster 7	11	2	18.18	17.99	121	4	22
8	Cluster 8	15	5	33.33	33.15	225	25	75
	TOTAL	172	63	37	36.44	29584	3969	10836

**Seroprevalence: 0.37 95% CI: 0.2 – 0.54** 

T=172

C=8

C/T=0.0465116279

V=197.31

C(C-1)=56

Se=0.92

**Sp=0.95** 

$$Var (AP) = \frac{AP(1-AP)}{n(Se+Sp)^2}$$
 (Equation 1)

$$AP - (Z_{\alpha/2} x \sqrt{Var(AP)}); AP + (Z_{\alpha/2} x \sqrt{Var(AP)})$$
 (Equation 2)

$$\hat{P}$$
-1.96  $\left\{\frac{C}{T}\sqrt{\frac{V}{C(C-1)}}\right\}$ ,  $\hat{P}$ +1.96  $\left\{\frac{C}{T}\sqrt{\frac{V}{C(C-1)}}\right\}$ , (Equation 3)

$$V = \hat{P}^2(\sum n^2) - 2\hat{P}(\sum nm) + (\sum m^2),$$
 (Equation 4)



# Appendix vi: Multivariable analysis for Bratislava model

2015/10/25 05:46:47 PM

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**Logistic Regression Report** ...\Lepto\_working 22102015.NCSS Dataset

Response brati\_pos

# **Run Summary**

Item	Value	Item	Value
Dependent Variable	brati_pos	Rows Processed	663
Reference Group	0	Rows Used	418
Number of Groups	2	Rows for Validation	0
Frequency Variable	None	Rows X's Missing	243
Numeric Ind. Variables	0	Rows Freq Miss. or 0	0
Categorical Ind. Variables	8	Rows Prediction Only	2
Final Log Likelihood	-204.60515	Unique Row Patterns	120
Model R <sup>2</sup>	0.41154	Sum of Frequencies	418
Actual Convergence	1.644468E-10	Likelihood Iterations	6
Target Convergence	1E-06	Maximum Iterations	20
Model D.F.	22	Completion Status	Normal Completion

# **Response Analysis**

brati_pos		Unique		Act vs Pred	% Correctly
Categories	Count	Rows	Prior	$\mathbb{R}^2$	Classified
0	293	72	0.50000	0.21805	80.887
1	125	46	0.50000	0.22665	62.400
Total	418	118			75.359

# **Coefficient Significance Tests**

Indopondent	Regression Coefficient	Standard Error	Wald Z-Value	Wald Prob	Odds Ratio
Independent Variable	b(i)		<b>L- value</b> <b>H0:</b> β=0	Level	
	* *	Sb(i)	•		$\operatorname{Exp}(\mathbf{b}(\mathbf{i}))$
B0: Intercept	-0.33404	0.79592	-0.420	0.67471	0.71602
B1: (agric_details   F		0.40#0#			
	1.53214	0.60503	2.532	0.01133	4.62805
B2: (agric_details   F					
	-0.16495	0.65281	-0.253	0.80052	0.84794
B3: (agric_details   S	urgacane - Other)				
-	-1.17421	0.51635	-2.274	0.02296	0.30906
B4: (breed_details   A	Arabian - Other)				
\	-0.03255	0.66057	-0.049	0.96070	0.96797
B5: (breed_details   1	Nooitgedacht - Other				
20. (01000_0000015)	0.96897	0.62757	1.544	0.12259	2.63522
B6: (breed_details   l		0.02757	1.5 1 1	0.12237	2.03322
Do. (breed_details   1	0.11461	0.58104	0.197	0.84363	1.12144
B7: (breed_details   7	******		0.197	0.04303	1.12144
D/. (bleed_details	•	*	-1.464	0.14216	0.60690
DO 4 1 1 4 11 13	-0.49955	0.34119	-1.404	0.14316	0.60680
B8: (breed_details   \)					
	-0.79630	0.62277	-1.279	0.20102	0.45099
B9: (pigs_nearby   1					
	0.05783	0.18774	0.308	0.75803	1.05954
B10: (province   Gau	iteng - KZN)				
	-0.14777	0.38593	-0.383	0.70181	0.86263
B11: (province   WC	ape - KZN)				
4	-0.60169	0.58937	-1.021	0.30730	0.54788
B12: (rain   High - L					2.2 00
, , ,					



	-0.93422	0.75074	-1.244	0.21335	0.39289			
B13: (rain   Medium - Low)								
	0.50530	0.40684	1.242	0.21423	1.65749			
B14: (sex_details   N	Mare - Gelding)							
	-0.45745	0.39009	-1.173	0.24092	0.63289			
B15: (sex_details   S	Stallion - Gelding)							
	0.67023	0.72358	0.926	0.35431	1.95468			
B16: (smallrum_nea	arby   1 - 0)							
	-0.47773	0.45544	-1.049	0.29420	0.62019			
B17: (use_details   Breeding - General pleasure)								
	0.49042	0.51308	0.956	0.33916	1.63300			
B18: (use_details   E	Equestrian event - Gei	neral pleasure)						
	0.19595	0.33588	0.583	0.55963	1.21646			
B19: (use_details   C	Other - General pleasu	ıre)						
	0.77467	0.60698	1.276	0.20186	2.16987			
B20: (use_details   Racing - General pleasure)								
	-0.69239	0.70621	-0.980	0.32687	0.50038			
B21: (use_details   V	B21: (use_details   Work horse - General pleasure)							
	-0.26194	0.51366	-0.510	0.61009	0.76956			



Response brati\_pos

# **Coefficient Confidence Intervals**

	Regression	Standard	Lower 95%	Upper 95%	Odds
Independent	Coefficient	Error	Confidence	Confidence	Ratio
Variable	$\mathbf{b}(\mathbf{i})$	Sb(i)	Limit	Limit	Exp(b(i))
B0: Intercept	-0.33404	0.79592	-1.89401	1.22593	0.71602
B1: (agric_details   F	orestry - Other)				
	1.53214	0.60503	0.34631	2.71796	4.62805
B2: (agric_details   F	ruitrees - Other)				
	-0.16495	0.65281	-1.44443	1.11453	0.84794
B3: (agric_details   S	urgacane - Other)				
	-1.17421	0.51635	-2.18625	-0.16218	0.30906
B4: (breed_details   A	Arabian - Other)				
	-0.03255	0.66057	-1.32725	1.26214	0.96797
B5: (breed_details   N	Nooitgedacht - Other)				
	0.96897	0.62757	-0.26106	2.19899	2.63522
B6: (breed_details   F	ony - Other)				
	0.11461	0.58104	-1.02420	1.25342	1.12144
B7: (breed details   7	Choroughbred - Other)				
` _ '	-0.49955	0.34119	-1.16827	0.16917	0.60680
B8: (breed_details   V	Varmblood - Other)				
\	-0.79630	0.62277	-2.01691	0.42430	0.45099
B9: (pigs_nearby   1					
->: (L-9:)	0.05783	0.18774	-0.31012	0.42579	1.05954
B10: (province   Gau			***************************************	****	-110070
Dio. (pro imee   out	-0.14777	0.38593	-0.90417	0.60864	0.86263
B11: (province   WC		0.50575	0.50117	0.00001	0.00203
B11. (province   Wes	-0.60169	0.58937	-1.75684	0.55345	0.54788
B12: (rain   High - Lo		0.50757	1.73001	0.55515	0.5 1700
D12. (lum   lugh D	-0.93422	0.75074	-2.40563	0.53720	0.39289
B13: (rain   Medium		0.75071	2.10303	0.55720	0.37207
D13. (rain   Wediain	0.50530	0.40684	-0.29208	1.30269	1.65749
B14: (sex_details   M		0.40004	-0.27200	1.30207	1.03/47
D14. (SCA_dctails   W	-0.45745	0.39009	-1.22202	0.30711	0.63289
B15: (sex_details   St		0.37007	-1.22202	0.30711	0.03207
D13. (Sex_details   St	0.67023	0.72358	-0.74796	2.08842	1.95468
B16: (smallrum near		0.72330	0.74770	2.00042	1.75400
D10. (smaillum_near	-0.47773	0.45544	-1.37037	0.41491	0.62019
R17: (usa datails   R	reeding - General plea		-1.57057	0.41491	0.02019
D17. (usc_uctans   D	0.49042	0.51308	-0.51520	1.49604	1.63300
R18: (usa datails   Fo	questrian event - Gene		-0.31320	1.47004	1.05500
D16. (use_uctails   Lo	0.19595	0.33588	-0.46236	0.85425	1.21646
P10: (use details   O			-0.40230	0.63423	1.21040
b 19. (use_uetalis   O	ther - General pleasure 0.77467	0.60698	0.41400	1.96432	2 16097
P20: (use details   D			-0.41499	1.90432	2.16987
D20. (use_uetalls   K	acing - General pleasu -0.69239		2.07652	0.60175	0.50029
P21: (uso dotoils   W		0.70621	-2.07653	0.69175	0.50038
DZ1. (use_details   W	ork horse - General pl		1 26070	0.74492	0.76056
	-0.26194	0.51366	-1.26870	0.74482	0.76956



brati\_pos Response

# **Odds Ratios Report**

To don on don't	Regression	Odds	Lower 95%	Upper 95%
Independent Variable	Coefficient	Ratio	Confidence Limit	Confidence Limit
B0: Intercept	<b>b(i)</b> -0.33404	Exp(b(i)) 0.71602	0.15047	3.40733
B1: (agric_details		0.71002	0.13047	3.40733
D1. (agric_details	1.53214	4.62805	1.41384	15.14942
B2: (agric_details		4.02803	1.41504	13.14942
D2. (agric_details	-0.16495	0.84794	0.23588	3.04814
R3: (agric details	Surgacane - Other)	0.04774	0.23300	3.04014
D3. (agrie_details	-1.17421	0.30906	0.11234	0.85029
B4: (breed_details		0.30700	0.11231	0.0302)
D (orcea_actains	-0.03255	0.96797	0.26521	3.53299
B5: (breed details	Nooitgedacht - Other)	0., 0,,,	0.2021	0.002
20. (01000_0000115	0.96897	2.63522	0.77024	9.01590
B6: (breed_details			******	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
	0.11461	1.12144	0.35908	3.50232
B7: (breed details	Thoroughbred - Other)			
_ , , ( =	-0.49955	0.60680	0.31090	1.18433
B8: (breed details	Warmblood - Other)			
· –	-0.79630	0.45099	0.13307	1.52852
B9: (pigs_nearby				
10- 11	0.05783	1.05954	0.73336	1.53080
B10: (province   G	auteng - KZN)			
•	-0.14777	0.86263	0.40488	1.83794
B11: (province   W	Cape - KZN)			
_	-0.60169	0.54788	0.17259	1.73925
B12: (rain   High -	Low)			
	-0.93422	0.39289	0.09021	1.71120
B13: (rain   Mediu	m - Low)			
	0.50530	1.65749	0.74671	3.67920
B14: (sex_details	Mare - Gelding)			
	-0.45745	0.63289	0.29463	1.35949
B15: (sex_details	Stallion - Gelding)			
	0.67023	1.95468	0.47333	8.07212
B16: (smallrum_ne	• 1 /			
	-0.47773	0.62019	0.25401	1.51424
B17: (use_details	Breeding - General pleas			
	0.49042	1.63300	0.59738	4.46397
B18: (use_details	Equestrian event - Gene			
70.10 ( 1 . 11 . 1	0.19595	1.21646	0.62980	2.34961
B19: (use_details	Other - General pleasure		0.66025	<b>7.12007</b>
D20 / 1 / 11	0.77467	2.16987	0.66035	7.13007
B20: (use_details	Racing - General pleasu		0.10526	1.00722
D21. (no. 4-4-21. 1	-0.69239	0.50038	0.12536	1.99722
DZ1: (use_details	Work horse - General pl		0.20120	2 10606
	-0.26194	0.76956	0.28120	2.10606



## **Logistic Regression Report**

Dataset ...\Lepto\_working 22102015.NCSS

Response brati\_pos

## **Estimated Logistic Regression Model(s)**

### Model For $brati_pos = 1$

-.334040776626963 + 1.53213508140304\*(agric\_details | Forestry - Other) -

.164948895173337\*(agric\_details | Fruitrees - Other) -1.17421231735382\*(agric\_details | Surgacane - Other) -.0325531221216203\*(breed\_details | Arabian - Other) + .968966213692454\*(breed\_details |

Nooitgedacht - Other) + .114614220875678\*(breed\_details | Pony - Other) -

 $.499549010380693*(breed\_details \mid Thoroughbred - Other) -.796303701813184*(breed\_details \mid Warmblood) -.796303701818184*(breed\_details \mid Warmblood) -.796303701818184*(breed\_details \mid Warmblood) -.7963037018184*(breed\_details \mid Warmblood) -.7963037018184*(breed\_details \mid Warmblood) -.7963037018184*(breed\_details \mid Warmblood) -.7963037018*(breed\_details \mid Warmblood) -.7963000*(breed\_details \mid Warmblood) -.7963000*(breed\_details \mid Warmblood) -.7963000*(breed\_det$ 

 $- \ Other) + .0578349886676127* (pigs\_nearby \mid 1 - 0) - .147765414199731* (province \mid Gauteng - KZN) - .0578349886676127* (pigs\_nearby \mid 1 - 0) - .057849886676127* (pigs\_nearby \mid 1 - 0) - .0578498886676127* (pigs\_nearby \mid 1 - 0) - .0578498886676127* (pigs\_nearby \mid 1 - 0) - .05784988886676127* (pigs\_nearby \mid 1 - 0) - .057849888888888889 (pigs\_nearby \mid 1 - 0) - .0578488888888888 (pigs\_nearby \mid 1 - 0) - .05784888888888 (pigs\_nearby \mid 1 - 0) - .05784888888 (pigs\_nearby \mid 1 - 0) - .0578488888 (pigs\_nearby \mid 1 - 0) - .0578488888 (pigs\_nearby \mid 1 - 0) - .0578488888 (pigs\_nearby \mid 1 - 0) - .057848888 (pigs\_nearby \mid 1 - 0) - .057848888 (pigs\_nearby \mid 1 - 0) - .0578488888 (pigs\_nearby \mid 1 - 0) - .05784888 (pigs\_nearby \mid 1 - 0) - .05784888 (pigs\_nearby \mid 1 - 0) - .0578488 (pigs\_nearby \mid 1 - 0) - .0578488 (pigs\_nearby \mid 1 - 0) - .05784888 (pigs\_nearby \mid 1 - 0) - .0578488 (pigs\_nearby \mid 1 - 0) - .0578488 (pigs\_nearby \mid 1 - 0)$ 

.601693170987765\*(province | WCape - KZN) -.934217869816454\*(rain | High - Low) +

.50530487579373\*(rain | Medium - Low) -.457454181487092\*(sex\_details | Mare - Gelding) +

.67022626976026\*(sex\_details | Stallion - Gelding) -.477729801156663\*(smallrum\_nearby | 1 - 0) +

.490417739173629\*(use\_details | Breeding - General pleasure) + .195946346832871\*(use\_details |

Equestrian event - General pleasure) + .77466791262825\*(use\_details | Other - General pleasure) -

 $.692386640370711* (use\_details \mid Racing - General \ pleasure) - .261941217962593* (use\_details \mid Work \ horse) - .261941217962593* (u$ 

- General pleasure)

Note that each model estimates B for a specific group, where Logit(Y) = XB. To calculate the group probabilities when there are only 2 response groups, transform the logit using Prob(Y = group) = 1/(1+Exp(-XB)) or  $Prob(Y \neq group) = Exp(-XB)/(1+Exp(-XB))$ . For the calculation formula to use when there are more than 2 response groups, see the help documentation.

#### **Analysis of Deviance**

			Increase	
			From Model	
Term			Deviance	Prob
Omitted	$\mathbf{DF}$	Deviance	(Chi <sup>2</sup> )	Level
All	21	510.00289	100.79259	0.00000
agric_details	3	431.95411	22.74381	0.00005
breed_details	5	415.61778	6.40748	0.26856
pigs_nearby	1	409.30489	0.09459	0.75842
province	2	410.81645	1.60615	0.44795
rain	2	411.06643	1.85613	0.39532
sex_details	2	410.73524	1.52494	0.46651
smallrum_nearby	1	410.35656	1.14626	0.28433
use_details	5	414.04738	4.83708	0.43608
None(Model)	21	409.21030		

The Prob Level is for testing the significance of that term after considering all other terms.

### Log Likelihood & R<sup>2</sup>

			R <sup>2</sup> of	Reduction	Reduction
Term(s)		Log	Remaining	From	From
Omitted	DF	Likelihood	Term(s)	Model R <sup>2</sup>	Saturated R <sup>2</sup>
All	1	-255.00145	0.00000		
agric_details	3	-215.97706	0.31868	0.09286	0.68132
breed_details	5	-207.80889	0.38538	0.02616	0.61462
pigs_nearby	1	-204.65245	0.41115	0.00039	0.58885
province	2	-205.40823	0.40498	0.00656	0.59502
rain	2	-205.53322	0.40396	0.00758	0.59604
sex_details	2	-205.36762	0.40531	0.00623	0.59469
smallrum_nearby	1	-205.17828	0.40686	0.00468	0.59314
use_details	5	-207.02369	0.39179	0.01975	0.60821
None(Model)	21	-204.60515	0.41154	0.00000	0.58846



# Appendix vii: Multivariable analysis for Leptospira spp model

2015/11/04 03:49:52 PM 1

Logistic Regression Report ...\Lepto\_working 22102015.NCSS lepto\_pos Dataset

Response

# **Run Summary**

Item	Value	Item	Value
Dependent Variable	lepto_pos	Rows Processed	663
Reference Group	0	Rows Used	419
Number of Groups	2	Rows for Validation	0
Frequency Variable	None	Rows X's Missing	243
Numeric Ind. Variables	0	Rows Freq Miss. or 0	0
Categorical Ind. Variables	10	Rows Prediction Only	1
Final Log Likelihood	-230.87047	Unique Row Patterns	130
Model R <sup>2</sup>	0.49182	Sum of Frequencies	419
Actual Convergence	3.089827E-07	Likelihood Iterations	5
Target Convergence	1E-06	Maximum Iterations	20
Model D.F.	24	Completion Status	Normal Completion

# Response Analysis

lepto_pos		Unique		Act vs Pred	% Correctly
Categories	Count	Rows	Prior	$\mathbb{R}^2$	Classified
0	220	65	0.50000	0.25523	79.545
1	199	64	0.50000	0.24770	64.824
Total	419	129			72.554



lepto\_pos Response

# **Coefficient Significance Tests**

To domandon4	Regression	Standard	Wald	Wald	Odds
Independent	Coefficient	Error	Z-Value	Prob	Ratio
Variable	<b>b(i)</b>	Sb(i)	H0: β=0	Level	$\operatorname{Exp}(\mathbf{b}(\mathbf{i}))$
B0: Intercept	0.42939	0.73816	0.582	0.56076	1.53633
B1: (agric_details   F	•	0.50207	0.211	0.02004	2.05550
D2: ('1-(-'1-1F	1.34950	0.58397	2.311	0.02084	3.85550
B2: (agric_details   F	· · · · · · · · · · · · · · · · · · ·	0.62542	0.440	0.66001	1.22250
D2 / 1 1 / 1   0	0.27952	0.63543	0.440	0.66001	1.32250
B3: (agric_details   S		0.56702	2.055	0.00420	0.10010
D4 (1 1 1 4 11 1	-1.61900	0.56703	-2.855	0.00430	0.19810
B4: (breed_details   A		0.65424	0.414	0.67070	1 21124
D5 /1 1 1 / 1 1	0.27105	0.65434	0.414	0.67870	1.31134
B5: (breed_details   I	Nooitgedacht - Other)	0.65050	0.020	0.40155	1.75.407
D < (1 1 1 . 11 . 11	0.56245	0.67050	0.839	0.40155	1.75497
B6: (breed_details   I	•	0.505.5	0.112	0.01071	0.04170
D7 (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	-0.06007	0.53567	-0.112	0.91071	0.94170
B'/: (breed_details   1	Thoroughbred - Other)		2.024	0.00225	0.2000
70.0 (1 . 1 . 1 . 1 . 1	-0.91663	0.31244	-2.934	0.00335	0.39987
B8: (breed_details   V		0.46704	0.550	0.5.500	0.7.4.40
	-0.26713	0.46701	-0.572	0.56733	0.76558
B9: (cattle_nearby					0 = 1001
	-0.26154	0.24997	-1.046	0.29542	0.76986
B10: (pigs_nearby   1					
	0.23378	0.16901	1.383	0.16659	1.26336
B11: (province   Gau					
	0.06478	0.36190	0.179	0.85794	1.06692
B12: (province   WC					
	-0.86820	0.56071	-1.548	0.12153	0.41971
B13: (rain   High - L					
	-1.25382	0.72040	-1.740	0.08178	0.28541
B14: (rain   Medium	· · · · · · · · · · · · · · · · · · ·				
	0.72764	0.38596	1.885	0.05939	2.07019
B15: (Rodents   1 - 0					
	-0.35559	0.35851	-0.992	0.32127	0.70076
B16: (sex_details   M					
	-0.04104	0.42493	-0.097	0.92305	0.95979
B17: (sex_details   S					
	0.50035	0.80465	0.622	0.53406	1.64929
B18: (smallrum_near					
	-0.10991	0.38239	-0.287	0.77378	0.89592
B19: (use_details   B	reeding - General plea				
	0.56952	0.52321	1.089	0.27636	1.76742
B20: (use_details   E	questrian event - Gene				
	-0.07903	0.31767	-0.249	0.80353	0.92401
B21: (use_details   O	other - General pleasure				
	1.12340	0.70812	1.586	0.11264	3.07531
B22: (use_details   R	acing - General pleasu				
	-0.76353	0.57652	-1.324	0.18538	0.46602
B23: (use_details   W	Vork horse - General p	leasure)			
	-0.59341	0.48305	-1.228	0.21927	0.55244



lepto\_pos Response

# **Coefficient Confidence Intervals**

Tradomondon4	Regression	Standard	Lower 95%	Upper 95%	Odds
Independent	Coefficient	Error	Confidence	Confidence	Ratio
Variable	<b>b(i)</b>	Sb(i)	Limit	Limit	$\operatorname{Exp}(\mathbf{b}(\mathbf{i}))$
B0: Intercept	0.42939	0.73816	-1.01738	1.87616	1.53633
B1: (agric_details   F	•	0.50207	0.20405	2 40406	2.05550
D2: ('1:4:'1:   E	1.34950	0.58397	0.20495	2.49406	3.85550
B2: (agric_details   F	,	0.625.42	0.06500	1.50405	1 22250
D2 / ' 1 / '1   0	0.27952	0.63543	-0.96590	1.52495	1.32250
B3: (agric_details   S		0.56702	2.72025	0.507.64	0.10010
D4 (1 1 1 1 1 1 1	-1.61900	0.56703	-2.73035	-0.50764	0.19810
B4: (breed_details   A		0.65424	1.01142	1 55252	1 21124
D5: /l 1 1.4.1.1.1	0.27105	0.65434	-1.01142	1.55353	1.31134
B5: (breed_details   1	Nooitgedacht - Other)	0.67050	0.75171	1.07//2	1.75407
DC: (h	0.56245	0.67050	-0.75171	1.87662	1.75497
B6: (breed_details   I	•	0.52567	1 10007	0.00002	0.04170
D7. (1	-0.06007	0.53567	-1.10997	0.98983	0.94170
B/: (breed_details   .	Thoroughbred - Other)	0.31244	1.52000	0.20425	0.20097
DO. (h	-0.91663	0.31244	-1.52900	-0.30425	0.39987
B8: (breed_details   V		0.46701	1 10045	0.64920	0.76550
DO: (	-0.26713	0.46701	-1.18245	0.64820	0.76558
B9: (cattle_nearby   1		0.24007	0.75147	0.22020	0.76006
D10. (	-0.26154	0.24997	-0.75147	0.22839	0.76986
B10: (pigs_nearby   1		0.16001	0.00747	0.56502	1.26226
D11. (	0.23378	0.16901	-0.09747	0.56503	1.26336
B11: (province   Gau	_	0.26100	0.64454	0.77400	1.06602
D12. (massings   WC	0.06478	0.36190	-0.64454	0.77409	1.06692
B12: (province   WC	-0.86820	0.56071	1.06719	0.23077	0.41071
D12. (main   High L		0.56071	-1.96718	0.23077	0.41971
B13: (rain   High - L		0.72040	2 66570	0.15014	0.20541
B14: (rain   Medium	-1.25382	0.72040	-2.66578	0.15814	0.28541
D14. (falli   Mediulli	0.72764	0.38596	-0.02883	1.48411	2.07019
B15: (Rodents   1 - 0		0.38390	-0.02003	1.40411	2.07019
D13. (Rodelits   1 - 0	-0.35559	0.35851	-1.05827	0.34708	0.70076
D16. (say datails   M		0.55651	-1.03827	0.34708	0.70076
B16: (sex_details   M	-0.04104	0.42493	-0.87388	0.79180	0.95979
B17: (sex_details   S		0.42493	-0.67366	0.79100	0.33313
D17. (sex_details   S	0.50035	0.80465	-1.07674	2.07744	1.64929
B18: (smallrum_near		0.80403	-1.07074	2.07744	1.04929
D16. (Silialifulli_lieal	-0.10991	0.38239	-0.85937	0.63955	0.89592
D10: (use details   D	reeding - General plea		-0.63937	0.03933	0.09392
D19. (use_uetails   D	0.56952	0.52321	-0.45594	1.59499	1.76742
P20: (uso dotails   F	0.30932 questrian event - Gene		-0.43394	1.39499	1.70742
D20. (use_uetails   E	-0.07903	0.31767	-0.70165	0.54359	0.92401
P21: (use details   O	ther - General pleasure		-0.70103	0.34339	0.92401
D21. (usc_uctans   O	1.12340	0.70812	-0.26449	2.51130	3.07531
P22: (uso dotails   P			-0.20443	2.31130	3.07331
D22. (use_uetalis   K	acing - General pleasu -0.76353	0.57652	-1.89349	0.36643	0.46602
R23: (use datails   W	-0.76333 /ork horse - General pl		-1.07347	0.30043	0.40002
D23. (use_details   W	-		1 54017	0.25225	0.55244
	-0.59341	0.48305	-1.54017	0.35335	0.33244



lepto\_pos Response

# **Odds Ratios Report**

Indonondont	Regression Coefficient	Odds Ratio	Lower 95% Confidence	Upper 95% Confidence
Independent Variable			Limit	Limit
B0: Intercept	<b>b(i)</b> 0.42939	Exp(b(i)) 1.53633	0.36154	6.52842
B1: (agric_details		1.33033	0.30134	0.32642
b1. (agric_details)	1.34950	3.85550	1.22746	12.11030
B2: (agric_details		3.63330	1.22740	12.11030
b2: (agric_details)	0.27952	1 22250	0.20064	4.50400
D2: (agric dataile	Surgacane - Other)	1.32250	0.38064	4.59490
bs. (agric_details)	-1.61900	0.19810	0.06520	0.60191
B4: (breed_details		0.19810	0.00320	0.00191
D4. (biccu_dctails	0.27105	1.31134	0.36370	4.72813
R5: (broad datails	Nooitgedacht - Other)	1.51154	0.30370	4.72013
D3. (bleed_details	0.56245	1.75497	0.47156	6.53137
B6: (breed_details		1.73497	0.47130	0.55157
Do. (bicca_dctails	-0.06007	0.94170	0.32957	2.69078
R7: (breed details	Thoroughbred - Other)	0.54170	0.32737	2.07070
D7. (biccu_dctails	-0.91663	0.39987	0.21675	0.73768
B8: (breed details	Warmblood - Other)	0.37707	0.21073	0.73700
Do. (biccu_uctails	-0.26713	0.76558	0.30653	1.91209
B9: (cattle_nearby		0.70556	0.30033	1.71207
D3. (cattic_nearby	-0.26154	0.76986	0.47167	1.25657
B10: (pigs_nearby		0.70700	0.47107	1.23037
D10. (pigs_nearby	0.23378	1.26336	0.90713	1.75949
B11: (province   Ga		1.20330	0.50713	1.73747
D11. (province   G	0.06478	1.06692	0.52491	2.16863
B12: (province   W		1.00072	0.32471	2.10003
B12. (province   W	-0.86820	0.41971	0.13985	1.25957
B13: (rain   High -		0.11771	0.12703	1.23,57
Dist (rum   ringii	-1.25382	0.28541	0.06954	1.17133
B14: (rain   Mediu		0.203 11	0.00751	1.17100
DI II (Iulii   Ivicului	0.72764	2.07019	0.97158	4.41105
B15: (Rodents   1 -		2.07019	0.57.100	
2101 (110001110) 1	-0.35559	0.70076	0.34706	1.41493
B16: (sex_details		0.70070	0.0.7.00	11.11.70
2101 (5011_0010115)	-0.04104	0.95979	0.41733	2.20736
B17: (sex_details		0.5657.5	01.1766	2.20,00
/ · (*	0.50035	1.64929	0.34070	7.98398
B18: (smallrum_ne				,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
(	-0.10991	0.89592	0.42343	1.89563
B19: (use details	Breeding - General pleas			
	0.56952	1.76742	0.63385	4.92826
B20: (use details	Equestrian event - Gener	ral pleasure)		
, – ,	-0.07903	0.92401	0.49577	1.72218
B21: (use_details	Other - General pleasure	e)		
	1.12340	3.07531	0.76759	12.32096
B22: (use_details	Racing - General pleasur			
, – '	-0.76353	0.46602	0.15055	1.44257
B23: (use_details	Work horse - General ple			
, – '	-0.59341	0.55244	0.21434	1.42383



## **Logistic Regression Report**

Dataset ...\Lepto\_working 22102015.NCSS

Response lepto\_pos

**Estimated Logistic Regression Model(s)** 

### Model For lepto $_pos = 1$

.429393585820883 + 1.34950186383701\*(agric details | Forestry - Other) +

.279522788753936\*(agric\_details | Fruitrees - Other) -1.61899852459134\*(agric\_details | Surgacane - Other) + .271053027356912\*(breed\_details | Arabian - Other) + .562454229619736\*(breed\_details |

Nooitgedacht - Other) -.0600704405852375\*(breed details | Pony - Other) -

.916625937756351\*(breed\_details | Thoroughbred - Other) -.267125918459787\*(breed\_details | Warmblood

- Other) -.261541169808766\*(cattle\_nearby | 1 - 0) + .233777729524703\*(pigs\_nearby | 1 - 0) +

.0647783792883688\*(province | Gauteng - KZN) -.868202267519113\*(province | WCape - KZN) -

1.25382012252069\*(rain | High - Low) + .727642394769676\*(rain | Medium - Low) -

 $.355594992458091*(Rodents \mid 1-0) -.041044396982277*(sex\_details \mid Mare-Gelding) +.041044396982277*(sex\_details \mid Mare-Gelding) +.041044396982277*(sex_details \mid Mare-Gelding) +.041044396982277*(sex_details \mid Mare-Gelding) +.04104439698227*(sex_details \mid Mare-Gelding) +.041044829698227*(sex_details \mid Mare-Gelding) +.0410448296982828*(sex_details \mid Mare-Gelding) +.04104828*(sex_details \mid Mare-Gelding) +.04104828*(sex_details \mid Mare-Gelding) +.041048$ 

 $.56952138912411* (use\_details \mid Breeding - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) + 1.12340444291549* (use\_details \mid Other - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - General pleasure) - .0790296149641518* (use\_details \mid Equestrian event - .0790296149641518* (use\_details \mid Equestrian event - Equestrian event - .0790296149641518* (use\_details \mid Equestrian event - .07902961496416* (use\_details \mid Equestrian event - .07902961496416* (use\_details \mid Equestrian event - .07902961496416* (use\_details \mid Equestrian event - .07902961496* (use\_details \mid Equestrian event - .07902961496* (use\_details \mid Equestrian event$ 

.763530312505578\*(use\_details | Racing - General pleasure) -.593410595444253\*(use\_details | Work horse - General pleasure)

Note that each model estimates B for a specific group, where Logit(Y) = XB. To calculate the group probabilities when there are only 2 response groups, transform the logit using

Prob(Y = group) = 1/(1+Exp(-XB)) or  $Prob(Y \neq group) = Exp(-XB)/(1+Exp(-XB))$ . For the calculation formula to use when there are more than 2 response groups, see the help documentation.

### **Analysis of Deviance**

Term			Increase From Model Deviance	Prob
Omitted	DF	Deviance	(Chi²)	Level
All	23	579.80439	118.06344	0.00000
agric_details	3	482.43689	20.69594	0.00012
breed_details	5	472.85620	11.11525	0.04914
cattle_nearby	1	462.82755	1.08660	0.29723
pigs_nearby	1	463.64165	1.90071	0.16800
province	2	464.36795	2.62701	0.26888
rain	2	465.82133	4.08038	0.13000
Rodents	1	462.75413	1.01318	0.31414
sex_details	2	463.89060	2.14965	0.34136
smallrum_nearby	1	461.82348	0.08253	0.77390
use_details	5	467.09358	5.35263	0.37438
None(Model)	23	461.74095		

The Prob Level is for testing the significance of that term after considering all other terms.

### Log Likelihood & R<sup>2</sup>

			R <sup>2</sup> of	Reduction	Reduction
Term(s)		Log	Remaining	From	From
Omitted	DF	Likelihood	Term(s)	Model R <sup>2</sup>	Saturated R <sup>2</sup>
All	1	-289.90220	0.00000		
agric_details	3	-241.21844	0.40561	0.08621	0.59439
breed_details	5	-236.42810	0.44552	0.04630	0.55448
cattle_nearby	1	-231.41377	0.48729	0.00453	0.51271
pigs_nearby	1	-231.82083	0.48390	0.00792	0.51610
province	2	-232.18398	0.48088	0.01094	0.51912
rain	2	-232.91066	0.47482	0.01700	0.52518
Rodents	1	-231.37706	0.48760	0.00422	0.51240
sex_details	2	-231.94530	0.48286	0.00895	0.51714
smallrum_nearby	1	-230.91174	0.49147	0.00034	0.50853
use_details	5	-233.54679	0.46952	0.02230	0.53048
None(Model)	23	-230.87047	0.49182	0.00000	0.50818
None(Saturated)	130	-169.87473	1.00000		0.00000