

# **9.1.** MATERIALS

### Fig. 9.2: Planting and paving plan (Author, 2009).

Materials was selected to complement and enhance existing materials, respecting the heritage of Weskoppies. The ability of the material to stimulate the senses was also considered when materials were selected. Flowers have the ability to lift the spirit and therefore the selected vegetation mostly consists out of flowering plants. Mosaic work done by Weskoppies patients on planters and retaining walls encourage community participation and give the people at Weskoppies a sense of ownership and pride.





SOFT LANDSCAPING (refer to 9.1)



Tree species: (refer to the codes for tree species in 9.1.1).



Flowering shrubs: refer to the shrubs palet as illistrated in (9.1.2)



Fragrant groundcovers planted between pavers to release fragrance when crushed (refer to 9.1.3. for species)

Climbing plants at pergolas (refer to 9.1.4 for species ).

Herbs and vegetables as selected by patients in horticultural therapy program (refer to 9.1.5).



Red cut flowers (refer to 9.1.6 for species)



Purple/ blue cut flowers (refer to 9.1.6 for species)



Yellow cut flowers (refer to 9.1.6 for species)



Mixed colours cut flowers (refer to 9.1.6. for species)



PAVING MATERIALS



In situ concrete: a comfortable surface for wheelchair users



Gravel: provides texture, sound and a permeable surface for infiltration



Concrete pavers interplanted with fragrant groundcovers: releases fragrance when leaves are crushed.



Semi-glazed ceramic tile inserts: bright colours that lead the pedestrian to colour pockets.

10m



25m

### 9.1.1. TREES

Indigenous trees were selected based on their colours and their ability to change with the season. This creates a sense of anticipation and makes patients more aware of the time and seasons while the colours contribute to creating a uplifting, positive outdoor environment. The proposed trees also fit in with the existing trees at Weskoppies as well as the existing natural bushveld.



Fig. 9.3: Bolusanthus speciosus (BS) (Venter, 1998)

Fig. 9.4: Pterocarpus rotundifolius (PR) (Venter, 1998)

Fig. 9.5: Erythrina lysistemon (EL) (Venter, 1998)

**Bolusanthus speciosus (Tree witseria):** The tree witseria was selected based on its purple flower display during spring that attracts insects. It has a non-agressive root system ,grows quickly and can survive with little water. (VENTER. 1998:242)

**Pterocarpus rotundifolius (Round-leaved kiaat):** Selected for its yellow flower display in spring, creating a cheerful environment and attracting insects. It has a is non-aggressive root system and grows quickly. (VENTER. 1998:58)

**Erythrina lysistemon (Common coral tree):** Selected for its vibrant red flower display in spring attracting insects. Its root system is aggressive and it should not be planted close to paving. It grows fast. (VENTER. 1998:78)

**Combretum erythrophyllum (River bushwillow):** The root system is non aggressive and the foliage provides autumn colours. It is a fast grower and can survive with little water. (VENTER. 1998:240)

**Celtis africana (White stinkwood):** Selected because it is reflective of the seasons which is important in the context of Weskoppies. The tree also provides dense shade during the summer and sun during the winter when it loses all its leaves. It grows extremely fast. (VENTER. 1998:278)

Acacia xantophloea (Fever tree): Selected for its contrasting green trunk and foliage and fast growing nature





Fig. 9.6: Combretum erythrophyllum (CE) (Venter, 1998)

Fig. 9.7: Celtis africana (CA) (Venter, 1998)

Fig 9.8: Acacia xantophloea (AX) (Venter, 1998)

### 9.1.2. SHRUBS

Indigenous shrubs was also selected to give a vibrant, uplifting colour display with flowers that accentuates the seasons. These shrubs doesn't require a lot of maintenance and fit in with the natural bushveld vegetation at Weskoppies. The flowers also attracts insects and birds.



Fig. 9.9: Barleria obtusa (Joffe, 2003)

Fig. 9.10: Hypoestes aristata (Joffe, 2003)

Fig. 9.11: Plectranthus fruticosus (Joffe, 2003) Fig. 9.12: Plectranthus neochilus (Joffe, 2003)

Fig. 9.13: Plumbago auriculata (Joffe, 2003)



Fig. 9.14: DietesFig. 9.15: Euryopsgrandiflora (Joffe, 2003)pectinatus (Joffe, 2003)

Fig. 9.16: Tecomaria 2003) capensis (Joffe, 2003) Fig. 9.17: Strelizia reginae (Joffe, 2003)

(Joffe, 2003)

**Barleria obtusa (BO):** This bushy shrub is ideal for reflecting the natural bushveld architecture at Weskoppies. The shrub was also selected for its masses of blue mauve, pink or white flowers in autumn. (Joffe, 2003:37)

**Hypoestes aristata (HA):** The Ribbon bush was selected for its mauve and pink flower display just before winter. It can be planted as a ground cover in the shady positions around the buildings. (Joffe, 2003:49)

**Plectranthus fruticosus(PF):**The Pink Fly Bush was selected for its pink or bluish mauve flower display in summer. It is ideal for a ground cover at shady positions underneath trees and close to buildings (Joffe, 2003:60).



**Plectranthus neochilus (PN):** This is a good low growing ground cover plant with deep blue and purple flowers in autum and a strong garlic smell. (Joffe, 2003:61)

Plumbago auriculata (PA): This fast growing, drought resistant shrub will be planted in sunny areas where it will give a powder-blue flower display throughout summer. (Joffe, 2003:87)

**Dietes grandiflora (DG):** The white-orange-and-mauve flowers could be mass planted under trees and other partial shade areas. (Joffe, 2003:43)

Euryops pectinatus (EP): This shrub was selected because it is covered with bright yellow flowers from June to October. It will be planted in sunny positions. (Joffe, 2003:46)

Tecomaria capensis (TC): The cape honeysuckle is fast growing and drought resistant, it forms an informal hedge. It produces yellow flowers in Spring and summer. (Joffe, 2003:92)

Strelizia reginae (SR): This striking perennial is unique to the South African context. It produces flowers from March until October. (Joffe, 2003:66)

Bauhinia galpinii: This higher growing shrub was selected because it fits in well with the bushveld context and produces red flowers in summer. (Joffe, 2003:71)

### 9.1.3. FRAGRANT GROUNDCOVERS

The fragrant ground covers will be planted between precast concrete pavers. When crushed the leaves will release a fragrance and stimulate the sense of smell. The author proposes the following species:

### Full sun

Thymus praecox (thyme) Achillea tomentosa (Wooly varrow)

### Sun to partial shade

Mentha polegium (pennyroval) Mentha requienii (Corsican mint) Laurentia flavuliatilis (Blue star creeper)

### Shade

Galium odoratum (Sweet woodruff)

# ia. 9.19. Thyme

Fig. 9.22. Corsican mint





Fig. 9.23. Blue star creeper

Fig. 9.24. Sweet woodruff

### 9.1.4. CLIMBING PLANTS

The following climbing plants can be used at the pergolas :

Jasminum multiparttitum (Starry wild jasmine) Thunderbergia alata (Black-eyed susan) Pyrostegia venusta (Golden shower) Wisteria sinensis





Fig. 9.27. Golden shower



Fig. 9.26. Black-eyed susar



Fig. 9.28. Wisteria







### 9.1.5. HERBS & VEGETABLES (HORTICULTURAL THERAPY)

The herbs and vegetable species will not be specified by the author. The selection of plant species will be part of the horticultural therapy program. Patients will decide what they want to plant in this area based on what they have learned.

### 9.1.6. CUT FLOWERS

The cut flower species is categorized in four different groups based on their colour. These include a yellow, red/ orange, purple/blue and mixed colours.

Yellow cut flowers









Blue & purple cut flowers





Fig. 9.29. Graspedia globosa Fig. 9.30. Helianthus annuus

Fig. 9.31.Bupleurum grifithii Fig. 9.32. Euryops pectinatus

Fig. 9.33. Delphinium belladonna

Fig. 9.34. Cynoglossum amabile

### Red/ orange cut flowers



Fig. 9.35. Calendula officinalis

Fig. 9.36. Crocosmia paniculata

Fig. 9.37. Watsonia



### **Mixed cut flowers**



Fig. 9.39. Antrirrminum majeus



Fig. 9.40. Lathyrus odorata



Fig. 9.41. Freesia



Fig. 9.42. Gypsophila elegans



# **9.2.** TECHNICAL DETAILS

Section A-A and B-B cuts through the most prominent landscape structures as proposed in the sketch plan. The numbered details will be explained on a bigger scale in 9.3.1 to 9.3.7. and includes; the sculpted sleeping and seating terraces, retaining walls, various planters, step details, pergola details and the waved seating benches. These details will show dimensions, material use, subsoil layers and fastening methods.

Fig. 9.43 (opposite page): Section A-A includes the multifunctional sport area with the stepped sleeping and seating area, primary walkway and kiosk exterior (Author, 2009).

Fig. 9.44 (below): Section C-C includes the multifunctional sport



WESKOPPIES





### 9.2.1. DETAIL 1: SCULPTED SLEEPING AND SEATING AREA

The Sculpted lawn is a comfortable sleeping area for patients that needs rest during the day. Seating walls and terraced lawns are also accommodated in this area. It is situated around the multifunctional sport area to allow people to observe sport activities.

A reinforced waved cast in situ retaining wall with mosaic work by Weskoppies patients retains the waved lawn area, while flat terraced lawn areas will be retained with stone cladded retaining walls. A 50 x 299 x 700 concrete paver inter planted with fragrant ground covers will provide a walkway between terraces .

Fig. 9.45 (below): Detail 1stepped seating and sleeping area (Author, 2009).





### 9.2.2. DETAIL 2: PLANTER WITH POT OPENINGS

Detail 2 shows a 700mm high horticultural planter with a 700mm wide pre-cast concrete slab attached to the inner edge. The concrete slabs have pre-cast holes in them to function as pot holders. As part of the horticultural therapy program patients will start out with small manageable size pot plants which they can place in these holes. The height of the concrete slabs makes it possible for wheelchair users to put their legs underneath the slab while working with the plants.

The planters are built with FBS bricks with a flush mortar finish. At certain places as indicated on the detail, mosaic work by Weskoppies patients will be accommodated. The detail also indicate the concrete pavers, inter planted with fragrant ground covers.

Fig. 9.46 (below): Horticultural planter with pre-cast concrete slab with holes for pots (Author, 2009).

This planter in conjunction with the planter described in detail 6 encloses the horticultural therapy garden.





### 9.2.3. DETAIL 3: PERGOLA FIXED TO WALL

Fig. 9.47 : Detail 3- Detail of proposed pergola fixed to existing kiosk structure (Author, 2009). A pergola fixed to the existing kiosk structure is proposed for shading at the area where people can buy food from the outside. Fragrant climbing plants like Jasminum multiparttitum will cover the pergola to stimulate sense of smell and provide denser shade.

### **9.2.4. DETAIL 4:** STEP AND INTER PLANTED CONCRETE PAVING DETAIL

The steps at the stepped seating and sleeping area will be cast insitu with a brushed and washed finish.



A walkway will be accommodated to allow movement between terraces. This walkway will consist out of 50 x 200 x 700mm concrete pavers inter planted with fragrant ground covers in 100mm openings.





125 mmØ @ 3m 🤅

45 mm Ø Poplar lathes

### 9.2.5. DETAIL 5 A & B: PERGOLA DETAILS

The pergola, situated central to the horticultural therapy garden will provide shading for the working tables. Fragrant climbing plants will cover the pergola stimulating the sense of smell while softening the structure and providing denser shading.

Materials used for the pergola includes; 125mm diameter



Fig. 9.50 : Detail 5b- Section trough pergola column (Author, 2009).



### 9.2.6. DETAIL 6: HORTICULTURAL THERAPY PLANTER WITH WAVE BENCH

The same waved sleeping benches as described in detail 7A & B will be attached to some of the face brick horticultural planters at the horticultural therapy garden. This allows patients to sit sleep or rest in a familiar environment between fragrant vegetables and herbs planted by themselves (refer to detail 7 A & B).

This planter in conjunction with the planter described in detail 2 encloses the horticultural therapy garden.



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### 9.2.7. DETAIL 7 A & B: WAVED BENCH ATTACHED TO PLANTER

Wavy wooden benches between square face brick planters becomes a comfortable outdoor sleeping area for patients that need rest during the day.

Fig. 9.52 (right): Detail 7A- The fastening of the waved sleeping bench to planter the planter(Author, 2009).

Fig. 9.53 (below): Detail 7B- Detail of a wooden sleeping bench attached to a facebrick planter (Author, 2009).







# **9.3. STORM WATER MANAGEMENT**

Storm water will be captured in three retention dams and used for irrigating the landscape and flower fields. As part of the catalytic sketch plan only 2 Ha of land will be developed as flower fields initially. Retention dam 1 will be used for irrigating the first 2 Ha of flower fields. The rational method was used for determining peak flow and the catchment area and longest channel is indicated on figure 9.55.,

Fig. 9.54: Storm water management plan with catchment area and retention dams (Author, 2009).

Fig. 9.55 (opposite page): Table illustrating the rational method of determining peak flow and determining the capacity of Retention dam 1 (Author, 2009).





| The Rational method to determine peak             |   |   |   |                 |
|---|---|---|---|-----------------|
| discharge   | Q=C.It.A                                      |   |   |                 |
| Catchenest area (or 2)                            | 73614/  |   |   |                 |
| Catchment area (m-)                               | /35140  | 2   |   |                 |
| Length of the longest channel (m)                 | 13/0  | 1   |   |                 |
| Elevation difference (m)                          | 154   |   |   |                 |
| Time of concentration (hours) from table          | 0.175   |   |   |                 |
| Time of concentration (seconds) Tc                | 630   | 1   |   |                 |
| Rainfall region                                   | summer  |   |   |                 |
| Average annual rainfall for pretoria(mm)          | 673   |   |   |                 |
| Area to be irrigated (m <sup>2</sup> )            | 20000   |   |   |                 |
| Irrigation needed for cut flowers (m)             | 0.16  | 6   |   |                 |
|   |   |   |   |                 |
|   | Rainfall intensity m/sec (I)                  | Depth of precipitation(m) from table                    |   |                 |
|   | I=Depth of precipitation/Tc                   |   |   | 1               |
| -   |   |   | 4   |                 |
| 2 year  | 4.7619E-00                                    | 0.003   |   |                 |
| 5 year  | 3.1746E-05                                    | 0.02  |   |                 |
| 10 year   | 3.80952E-05                                   | 0.024   |   |                 |
| 20 year   | 4.4444E-05                                    | 0.028   |   |                 |
| 50 year   | 5.55556E-05                                   | 0.035   |   |                 |
| 100 year  | 6.34921E-05                                   | 0.04  |   |                 |
|   |   |   | -   |                 |
| Runoff coefficient (C)                            | Area m  | K of total  | Coefficient (C)   | M v Coofficient |
| Graceland (steen)                                 | Area m  | 76 01 t0tal   | coefficient ( C )                                       | o 210201014     |
| anasana (seep)                                    | 510324  | 0.694180476   | 0.45  | 0.512581214     |
| Lawn  | 131494  | 0.178857871   | 0.08  | 0.01430943      |
| Cultivated land                                   | 20000   | 0.02720548  | 0.5   | 0.01360274      |
| streets and pavements tennis netball              | 30366   | 0.041306081   | 0.8   | 0.033044865     |
| Roofs   | 30065   | 0.040896638   | 0.9   | 0.036806974     |
| lawn sport fields                                 | 12893   | 0.017543454   | 0.08  | 0.001403476     |
|   |   |   |   |                 |
| Total   |   |   |   | 0.411548699     |
|   | Peak discharge O=C.A.L. (m <sup>3</sup> /sec) | 1   |   |                 |
|   | i can alacina Be de casta (in Jace)           |   |   |                 |
| 2iaar   | 1.440706571                                   |   |   |                 |
| Sipar   | 9 604710476                                   |   |   |                 |
| 10/225  | 11 5256525                                    | 3   |   |                 |
| 10jaar<br>20jaar                                  | 11.5230525                                    |   |   |                 |
| zujaar  | 13.4403940/                                   |   |   |                 |
| SOjaar  | 16.8082433                                    | 5   |   |                 |
| 100jaar   | 19.2094209                                    | 1   |   |                 |
| Budget for retention dam (refer to graph)         |   |   |   |                 |
|   |   | In  | Out Flowers need 0.16m/month                            | Total           |
| Month   | Monthly rainfall (m)                          | V(m <sup>3</sup> ) = rainfall(m)x A(m <sup>2</sup> )x C | V(m <sup>3</sup> )=0.16(m)xA irrigated(m <sup>2</sup> ) |                 |
| January   | 0.136   | 41146.57968   | 3200  | 37946.57968     |
| February  | 0.075   | 22691.1285  | 3200  | 19491.1285      |
| March   | 0.02  | 24808.96716   | 3200  | 21608 96716     |
| April   | 0.000   | 15430.06730   | 3200  | 17770 05720     |
| May   | 0.03  | 6378 00078  | 3200  | 6170 00070      |
| luna  | 0.03  | 33/0.399/8  | 5200  | 1000 1000       |
| Julie Luke  | 0.007   | 2117.83866  | 3200  | -1082.15134     |
| July  | 0.003   | 907.64514   | 3200  | -2292.35486     |
| August  | 0.006   | 1815.29028  | 3200  | -1384.70972     |
| September   | 0.022   | 6656.06436  | 3200  | 3455.06436      |
| October   | 0.071   | 21480.93498   | 3200  | 18280.93498     |
| November  | 0.098   | 29649.74124   | 3200  | 26449.74124     |
| December  | 0.11  | . 33280.3218  | 3200  | 30080.3218      |
|   |   |   |   |                 |
| Total   |   | 209363.479  | 38400   |                 |
| Minimum amount to be stored for irrigation        | 4750  | ล   |   |                 |
| (m <sup>2</sup> ) from graph                      | 475.  |   |   |                 |
|   |   |   |   |                 |
| Total runoff from site                            | 200262.470                                    |   |   |                 |
| i otari unoni irom site                           | 209363.47                                     | 1   |   |                 |
| Depth of proposed retention dam (m)               | 4   |   |   |                 |
| Area of proposed dam(m <sup>2</sup> )             | 718   |   |   |                 |
| Volume of water in proposed dam (m <sup>3</sup> ) | 32323.0                                       |   |   |                 |



The graph shows that far more water will be captured from the catchment area than needed for irrigation purposes. The dam will therefore be designed to accomodate more water than needed for irrigation purposes and will be full throughout the year, adding aesthetic value.

Water will be estracted from the retention dam to the pump room (Fig. 9.59) where it will be filtered and pumped to the irrigation control room (Fig. 9.58) closer to the flower fields.

Fig. 9.56: Graph indicting 41000m<sup>2</sup> the volume of run-off per month from the catch-40000m<sup>2</sup> ment area and the required 29000m<sup>3</sup> volume of water needed 38000m<sup>3</sup> for irrigating 2Ha (Author, 2009). 37000m<sup>3</sup> 36000m<sup>2</sup> 35000m<sup>2</sup> 34000m<sup>3</sup> 33000m<sup>3</sup> 32000m<sup>3</sup> 31000m<sup>2</sup> 30000m<sup>3</sup> 29000m<sup>2</sup> 28000m<sup>3</sup>



Graph indicating the volume of runoff per month from the catchment area and the required volume of water needed for irrigation





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Fig. 9.60: Retention dam outlets and retaining wall







