REFERENCES


INFORMED CONSENT

I, .........................................................................................................................(full name of prospective participant), submit myself herewith to the services and facilities of the Sports Research Institute of the University of Pretoria (hereafter referred to as the UNIVERSITY), for the purpose of an official research project dealing with the use of Cellfood® and Switch® [manufactured by the Nu Science Corporation, Vitality Plus (Pty) Ltd and Oxygen for Life (Pty) Ltd] as potential ergogenic aids to endurance athletes.

I have been informed of the possible risks and benefits of participation and hereby declare that I participate in the said research project at my own risk.

I hereby declare that there is no information withheld by myself or by the parties listed above that could exclude me from participating in this research project and am aware that I may withdraw from the study at any time if I should wish.

I furthermore authorize the UNIVERSITY to publish and use any of my data forthcoming from the research project with my anonymity being guaranteed, and declare that I have no claim to any remuneration or compensation there from.

Signed at ........................................ on this........ day of.........................2000

Signature of the prospective participant

Tel: (h)............................................... (w)............................................... Code and Number Code and Number Cellular Phone

WITNESSES:

1. ............................................................

2. ............................................................
INDIVIDUAL SCHEDULE FOR:

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DIRECTIONS:

Upon waking, prepare ¼ glass of Distilled Water. Shake the Product Sample bottle, and carefully squeeze the prescribed number of DROPS allocated for that DAY and DATE into the water. When pressing the flip top open and closed, do this over the glass of water to prevent any possibility of the product staining clothing, etc.

Stop taking any product from DAYS 29 to 42; and from DAYS 71 to 84. The Project is completed after DAY 112. Please return any unused product after each Cycle. Once you have taken the product for a particular day, please cross it off the schedule.