EXPLORING COMMUNITY VOLUNTEERS’ USE OF THE MEMORY BOX MAKING TECHNIQUE TO SUPPORT COPING WITH HIV AND AIDS.

by

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Department of Educational Psychology
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University of Pretoria

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CO-SUPERVISOR:
Professor Irma Eloff

PRETORIA
DEDICATION

I DEDICATED MY WORK TO MY BELOVED BROTHER WHO LOST HIS LIFE DUE TO A TERMINAL ILLNESS, LEUKAEMIA:

“We love you Jacques, thank you for leaving us with such precious memories of you. You will forever remain part of our hearts”
DECLARATIONS

I, Ancois Swanepoel (99044910), hereby declare that all the resources that were consulted are included in the reference list and that this study is my original work.

.......................  
A Swanepoel  
October 2005

I, Rika Opper, hereby declare that I undertook the editing of the grammatical and language aspects of this dissertation.

.......................  
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Koos and Elize Swanepoel (Parents)
Family, friends and colleagues

Their support and encouragement guided me through the tough times, and remains an unforgettable memory
SUMMARY

EXPLORING COMMUNITY VOLUNTEERS’ USE OF THE MEMORY BOX MAKING TECHNIQUE TO SUPPORT COPING WITH HIV AND AIDS

By
Ancois Swanepoel

Supervisor : Doctor Liesel Ebersöhn
Co-Supervisor : Professor Irma Eloff
Institution : University of Pretoria, Department of Educational Psychology
Degree : M.Ed (Educational Psychology)

The HIV and AIDS pandemic have already impacted considerably on the South African society. Volunteers play a pivotal role in mitigating the impact of HIV and AIDS in three spheres, namely prevention, care and support. The aim of the study was to explore community volunteers’ use of the Memory Box Making technique to support coping with HIV and AIDS. Research was done by using an interpretive paradigm through means of qualitative research. Data was primarily collected through interviews with the community volunteers who acted as participants in the study. Findings of the study suggest that volunteers were able to acquire, apply and adapt the Memory Box Making technique in both their personal and professional lives.

KEYWORDS
- Community volunteers
- Memory Box Making technique
- Memory box
- HIV and AIDS
- Coping with HIV and AIDS
- Support in HIV and AIDS
- Grief/bereavement
- Explore
- Describe
- Application/apply
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