7. References


mellitus as risk factors for carpal tunnel syndrome. *Clinical Neurophysiology, 113*(9), pp. 1429-1434.


Appendix 1

English summary of German study
Appendix 2

Summary of literature
Appendix 3

Data collection and capturing
Appendix 4

Data coding
Appendix 5

Ergonomics needs assessment form

Potential Ergonomics Issues List (PEIL)
Appendix 6

Power point presentation on basic back care
Appendix 7

Power point presentation of TRIM training
Appendix 8

Exercises
Appendix 9

Approval from ethics committee
Appendix 10

Medical surveillance forms