APPENDIX 1

LETTER OF PERMISSION
The Superintendent  
Kalafong Hospital  
Private Bag X396  
PRETORIA  
0001

Sir/Madam,

RE : REQUEST TO CONDUCT A RESEARCH PROJECT

I hereby request permission to conduct a research project at your hospital. I am in the employment of the University of Pretoria as a Clinical Lecturer and busy with my D. Phil (Social Work) studies, at the very same university.

The aim of my study is to explore the psycho-social implications of women who undergo termination of pregnancy. Your hospital has been identified because it is within the researcher’s reach and the necessary working relationship has been already established with the nursing staff at the TOP clinic.

The research proposal has already been approved by the Social Work Department research committee of the university and it is attached for your attention. The findings will be published so that the social work service in this field could be improved.

Hoping that my request will be favourably considered.

I thank you in advance.

Yours sincerely,

J. SEKUDU (MISS)
University of Pretoria
Pretoria 0002 Republic of South Africa Tel (012) 4209111
Fax (012) 437431 / 3422712 / 422185
Faculty of Arts

Department of Social Work

TO WHOM IT MAY CONCERN

ref. Miss J Sekudu
D.Phil-student
Prof. A Lombard
Tel. (012) 420-2396

D.PHIL STUDENT: MISS J. SEKUDU
REG. NO.: 92-76483

. hereby confirm that miss J Sekudu is a registered student at this University for the D.Phil.(Social Work) degree.

Your permission to allow her to do her research at Kalafong Hospital would be highly appreciated.

Yours sincerely,

[Signature]

PROF. ANTOINETTE LOMBARD
HEAD: DEPARTMENT OF SOCIAL WORK

Approved
28/1/93
Dear respondents,

The questionnaire is aimed at determining the psychosocial implications of abortion on women, since it is relatively new after it was legalized in South Africa. If you agree at the services being offered, after determining what the constraints have to be, you are encouraged and requested to complete the questionnaire without delay. This questionnaire is to be completed anonymously, and you are assured of confidentiality.

APPENDIX 2

QUESTIONNAIRE
QUESTIONNAIRE

PSYCHOSOCIAL IMPLICATIONS OF ABORTION ON THE WOMEN

Dear respondents

This questionnaire is aimed at determining the psychosocial implications of abortion on women, since it is relatively new after it was legalised in South Africa. It is aimed at the services being improved, after determining what the consumers have to say. You are therefore kindly requested to complete this questionnaire with honesty. The questionnaire is also to be completed anonymously and you are assured of confidentiality.
1. **BIOGRAPHICAL DETAILS**

Mark appropriate block with x

1.1 In which age category do you fall?

- 10yrs - 20yrs
- 21yrs - 30yrs
- 31yrs - 40yrs
- 41yrs - 50yrs

1.2 What is your marital status?

- Married by civil rights
- Single
- Custom marriage
- Staying in cohabitation
- Divorced
- Other (Specify)

..........................................................................................................................
1.3 Please indicate the age, gender and educational level of your other children or:

<table>
<thead>
<tr>
<th>Child no</th>
<th>Age</th>
<th>Gender</th>
<th>Educational level</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Male</td>
<td>Female</td>
</tr>
<tr>
<td>1.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>7.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1.4 What is your educational level?

Never attended school
Grade 1 - Grade 4
Grade 5 - Grade 7
Grade 8 - Grade 12
Tertiary level of education (after school training)
Still at school
1.5 What is your religion?

Christian
Muslim
Hindu
African Church
Other (specify)

1.6 What church do you belong to?

Catholic
Protestant
Apostolic
Charismatic churches
None
Other (specify)

1.7 Economic status. What is your economic status?

Scholar/Student
Employed
Self-employed
Unemployed
Other (specify)
1.8 With whom do you live?

- Parents
- Grandparents
- Uncle/Aunt
- Other family
- Friends
- Boyfriend
- On your own
- Other (specify)

1.9 What are your living conditions?

- House
- Flat
- Zozo
- Room in a house (rented)
- Other (specify)
1.10 Where do you live?

- Atteridgeville
- Mamelodi
- Kwaggasrand
- Pretoria West
- Ga Rankuwa
- Sunnyside
- Soshanguve
- Mabopane
- Hammanskraal
- Other (specify)

V19-20

1.11 Who provides you with financial support?

- Parents
- Yourself
- Boyfriend
- Husband
- Other (specify)

V21
2. Abortion Choice

2.1 During which period did you discover that you are pregnant?

- 0 week - 4 weeks
- 5 weeks - 8 weeks
- 9 weeks - 12 weeks
- 13 weeks - 16 weeks
- 17 weeks - 20 weeks
- Other (specify)

2.2 How long did it take you to decide to have an abortion?

.......... weeks
2.3 Of the following people, whose opinion influenced you most to decide on abortion?

On my own
Friend’s
Parents’
Partner’s
Husband’s
Other (specify)

2.4 What is the main reason that made you decide on an abortion?

Economic circumstances
Feelings towards pregnancy
Unplanned pregnancy
Failure in relationship with father
Want to finish school/training
Wrong time to have a child
Other

Specify
2.5 When did you decide on an abortion? (At which period of your gestation?)

.................................................................

.................................................................

........... weeks

V27-28

2.6.1 Did you consider giving the baby up for adoption?

Yes

No

V29

2.6.2 Motivate your answer to question 2.6
2.7 Who told you first about the TOP (Termination of Pregnancy) clinic at Kalafong hospital?

- Media
- Friend
- Husband
- Parents
- Boyfriend
- Other (specify)

3. **Psychosocial aspects**

3.1 How did you react when you learnt that you are pregnant? Mark the most prominent reactions.

- Happy
- Shocked
- Disbelief
- Excited
- Disappointed
- Sad
- Embarrassed
- Guilty
- Other (specify)
### 3.2 Who else knows about your pregnancy?

<table>
<thead>
<tr>
<th>Parent/s</th>
<th>V40</th>
</tr>
</thead>
<tbody>
<tr>
<td>Husband</td>
<td>V41</td>
</tr>
<tr>
<td>Partner/Boyfriend</td>
<td>V42</td>
</tr>
<tr>
<td>Grandparent/s</td>
<td>V43</td>
</tr>
<tr>
<td>Friend/s</td>
<td>V44</td>
</tr>
<tr>
<td>Nobody</td>
<td>V45</td>
</tr>
<tr>
<td>Other (Specify)</td>
<td>V46</td>
</tr>
</tbody>
</table>

### 3.3 How did the father to the unborn baby react to your pregnancy? Mark the most prominent reaction.

<table>
<thead>
<tr>
<th>Happy</th>
<th>V47</th>
</tr>
</thead>
<tbody>
<tr>
<td>Disbelief</td>
<td></td>
</tr>
<tr>
<td>Shock</td>
<td></td>
</tr>
<tr>
<td>Disappointed</td>
<td></td>
</tr>
<tr>
<td>Sad</td>
<td></td>
</tr>
<tr>
<td>Guilty</td>
<td></td>
</tr>
<tr>
<td>Excited</td>
<td></td>
</tr>
<tr>
<td>Overjoyed</td>
<td></td>
</tr>
<tr>
<td>Other (specify)</td>
<td></td>
</tr>
</tbody>
</table>
3.4.1 If parents do not know, how do you expect them to react to your pregnancy?

V48

3.4.2 If parents know, how did they react to your pregnancy?

- Happy
- Angry
- Disappointed
- Excited
- Other (specify)

V49

3.5 Has the pregnancy affected your relationship with any of the following persons?

<table>
<thead>
<tr>
<th></th>
<th>Positive</th>
<th>Negative</th>
<th>Did not affect relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boyfriend</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parents</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Husband</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Friends</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yourself</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>God</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Family</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other (Specify)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

V50 V51 V52 V53 V54 V55 V56 V57 V58
3.6 Has the pregnancy affected any of the following aspects in your life?

- Self-esteem
- Social life
- Educational progress
- Family life
- Work
- Normal functioning on a daily basis

3.7.1 Do you think you will be able to share your experience freely, after the procedure?

- Yes
- No

3.7.2 Motivate your answer to question 3.7
4. **Abortion services**

4.1 Did you receive information on what the procedure entails?

- Yes
- No

4.2 Who gave you the information?

- Nurse
- Doctor
- Psychologist
- Social worker
- Other (Specify)

4.3.1 Did the information help you to feel better?

- Yes
- No

4.3.2 Motivate your answer to question 4.3.1
Counselling entails providing information on the procedure, possible complications, options after the procedure, and exploration and support with feelings experienced.

4.4.1 Do you think you needed counselling before the procedure?

Yes

No

4.4.2 and do you think you will need it after the procedure?

Yes

No

4.4.3 Motivate your answers to questions 4.4.1 and 4.4.2:

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14
4.5.1 Do you believe counselling will help you to deal better with this decision you made for an abortion later in your life?

Yes
No

4.5.2 Motivate your answer to question 4.5.

........................................................................................................................................
........................................................................................................................................

4.6 Rate the services provided at this clinic on the scale provided, in terms of

<table>
<thead>
<tr>
<th>Before the procedure</th>
<th>During</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

1 = Poor
2 = Average
3 = Good
4 = Excellent

4.7 Give your own opinion on how the services rendered at this clinic are, and how it could be improved if there is a need for improvement

Service: ........................................................................................................................................
........................................................................................................................................
4.8 What are your future plans after this abortion?

Be serious about contraceptives  V78
Consider another abortion if pregnant again  V79
Motivate others to use contraceptives  V80
Encourage others to seek an abortion  V81
Go on with my schooling/work  V82
Abstain from sexual relationships till married  V83
Other (specify)  V84

4.9 What problems do you predict as a result of this abortion?

Problems with relationships  V85
Problems with dealing with children  V86
Problems to have own children  V87
Rejection from others  V88
Difficulty to live with my decision  V89
None  V90
Other (Specify)  V91
4.10.1 Do you think a social worker is needed at the abortion clinic as a service provider?

Yes  
No  

4.10 If your answer to question 4.10 is yes indicate when the social worker is mostly needed.

Before the procedure
During the procedure
After the procedure

4.11 Using this scale:

1 = Needed very much
2 = Needed less
3 = Not needed

rate the value of social work services during
- decision making
- before the procedure
- during the procedure
- after the procedure

Thank you very much.
APPENDIX 3

LETTER TO THE RESPONDENTS

Please choose to return the completed questionnaire.

I am looking forward to your contributions.

Yours sincerely,
[Signature]

Social work researcher
University of Pretoria  
Department of Social Work  
Pretoria  
0002

Dear .......................  

Re: Research at Kalafong hospital on patients’ experience.

Three months have already passed since we last met at Kalafong hospital, where I, the social worker from the University of Pretoria, saw you in an individual interview. As I indicated during the interview, I am still concerned about how you are coping with your hospital experience, and especially with nobody being available to discuss this with you.

I am hoping to hear from you soon and that we could discuss your feelings and experience and help you to deal with your future positively.

I hope to hear from you before the end of June 2000. You can contact me at 012-4202599 from 8:00-16:00 or 0837475642 from 18:00-21:00, to make an appointment. The possible dates for appointments are: 25 May 2000  
30 May 2000  
01 June 2000  
06 June 2000  
13 June 2000  
22 June 2000  
26 June 2000  
27 June 2000

Please choose a date and contact me immediately.

I am looking forward to your response to this letter.

Your’s sincerely  
J. Sekudu  
Social work researcher.
APPENDIX 4

ADVERTISEMENT IN THE PERDEBY
21 MAY 2001

Have you terminated your pregnancy?

Have you had termination of pregnancy recently? It must have been a very difficult decision to make. You are probably experiencing some emotional problems presently as a result of this. Don’t despair, you are not alone! I am offering a free counselling service to persons like you, for my doctoral study on this topic. It will be dealt with highly confidentially, and you will remain anonymous. Please contact Johannah @ 083 747 5642 before 1 June 2001 for an appointment or details.
APPENDIX 5

DOCUMENTATION OF THE DOCTORAL SEMINAR
INVITATION TO
ATTEND A
DOCTORAL
SEMINAR
TO: MR/Ms/DR/PROF

You are cordially invited to a Doctoral Seminar,

*Topic: The psychosocial implications of abortion on the woman: a social work study.*

**DATE:** 11\textsuperscript{th} October 2001  
**TIME:** 10h00 - 11:30 am  
**VENUE:** University of Pretoria, Human Science Building 10-02.

**RSVP:** on or before: 1\textsuperscript{st} of October 2001.  
To: Johannah Sekundo (083) 747-5642 or (012) 420-2599  
Or: Promotor: Dr C L Carbonatto (012) 420-2410

**PROGRAMME**

1. **WELCOMING**  
2. **INTRODUCTION**  
3. **PRESENTATION**  
4. **QUESTIONS**  
5. **REFRESHMENTS**
PROGRAMME

1. 10h:00 Welcoming: Dr. C.L. Carbonatto
2. 10h:00-11h:00 Presentation: Ms. J. Sekudu
3. 11h:00-11:30 Questions
4. Refreshments
5. 12h:00-13h:00 Oral exam