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# APPENDIX A

## PILOT QUESTIONNAIRES

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V1 

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### 1. Identification Particulars

<b>Surname</b>			
<b>Names</b>			
<b>Gender</b>	<b>Male</b>		<b>Female</b>
<b>Grade</b>	<b>Grade 8</b>		<b>Grade 9</b>
<b>Age</b>			
<b>School</b>			

V2 

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V3 

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### 2. Questions

Please answer all of the questions below, place a **X in only one column for each** question. **There is no right or wrong answer.** All answers should give an indication of your experiences and views. Please be honest with your answers. Look at the example below to show how you should answer the questions.

#### 2.1 Example Questions

	Question	YES	SOME TIMES	NO
1	<i>I don't sleep well at night</i>		X	
2	<i>My boyfriend or girlfriend abuses me</i>			
3	<i>I have too much work to do at home after school</i>			

#### 2.2 Now answer ALL the questions below.

	Question	YES	SOME TIMES	NO
1	At least one member of my family has a job			
2	I live in a brick house			
3	My parent / s are still alive			
4	I fight a lot with other children at school			
5	I have enough food to eat at home			
6	I have many problems			
7	There is someone at home who abuses me			
8	I stay with at least one of my parents			
9	I feel I am treated badly at home			
10	My life is very good			
11	I have repeated a grade at high school			

V4 

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V5 

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V6 

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V7 

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V8 

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V9 

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V10 

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V11 

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V12 

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V13 

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V14 

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**Please answer all the questions, do not skip any question. Make a cross in only one box for every question. Please do not allow your response to one question to influence the position of the next cross that you make.**

QUESTIONS		TRUE ALL THE TIME	TRUE MOST OF THE TIMES	HALF TRUE	A LITTLE BIT TRUE	TOTALLY UNTRUE	
1	My family is happy with my behaviour						V15
2	I have an adult to talk to at home, who listens to me						V16
3	I make sure that I do my classwork and homework						V17
4	I do my best to find the right answer to a problem, even when it is very hard I do not give up						V18
5	I know someone that I can trust and talk to when I am not feeling OK.						V19
6	My teacher works hard to help me understand my work better						V20
7	I am in control of what happens to me						V21
8	I feel safe and loved at home, they want to know if I am OK						V22
9	Doing well at school is very important to me						V23
10	Other children make fun of me and hurt my feelings						V24
11	My friends get into trouble at school						V25
12	I do not listen to any adult person at home, I do my own thing						V26
13	My future and success depend on my hard work						V27
14	I believe that I have good talents						V28
15	I do not allow people to stop me from trying to do my best in my work						V29
16	My friends want me to improve my unacceptable behaviour.						V30
17	I believe that I am able to do better and to pass at school						V31



**Please answer all the questions, do not skip any question. Make a cross in only one box for every question. Please do not allow your response to one question to influence the position of the next cross that you make.**

QUESTIONS		TRUE ALL THE TIME	TRUE MOST OF THE TIMES	HALF TRUE	A LITTLE BIT TRUE	TOTALLY UNTRUE	
18	Even when my problems are just too much, I do not give up trying to make it work						V32
19	I know someone at school who cares about me and I can talk to						V33
20	I use different ways to work out a difficult problem.						V34
21	There is at least one teacher I can talk to who listens to me and encourages me to do my best						V35
22	I believe that one day things will be better for me						V36
23	I do not like to be absent from school, I hate to miss the teaching						V37
24	I know if I work hard I will be able to do better in class						V38
25	I know a good person whose behaviour is an example to me						V39
26	Even when I do not understand in class I don't give up trying						V40
27	My teachers made me see that I am good with my work and can do well in class						V41
28	I know that if I work hard I will be successful one day						V42
29	My school is boring						V43
30	My teachers support me to aim high and to think of my bright future						V44
31	My friends force me to do bad things						V45
32	Teachers explain more in class, they give extra examples.						V46
33	My future is in my hands, nobody can take that away from me						V47
34	I am a tough person						V48
END OF QUESTIONNAIRE THANK YOU VERY MUCH							



V1 

2			
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### 1. Identification Particulars

<b>Surname</b>			
<b>Names</b>			
<b>Gender</b>	<b>Male</b>		<b>Female</b>
<b>Grade</b>	<b>Grade 8</b>		<b>Grade 9</b>
<b>Age</b>			
<b>School</b>			

V2 

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V3 

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### 2. Questions

Please answer all of the questions below, place a **X** in **only one column for each** question. **There is no right or wrong answer.** All answers should give an indication of your experiences and views. Please be honest with your answers. Look at the example below to show how you should answer the questions.

#### 2.1 Example Questions

	Question	YES	SOME TIMES	NO
1	<i>I don't sleep well at night</i>		X	
2	<i>My boyfriend or girlfriend abuses me</i>			
3	<i>I have too much work to do at home after school</i>			

#### 2.2 Now answer ALL the questions below.

	Question	YES	SOME TIMES	NO
1	At least one member of my family has a job			
2	I live in a brick house			
3	My parent / s are still alive			
4	I fight a lot with other children at school			
5	I have enough food to eat at home			
6	I have many problems			
7	There is someone at home who abuses me			
8	I stay with at least one of my parents			
9	I feel I am treated badly at home			
10	My life is very good			
11	I have repeated a grade at high school			

V4 

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V14 

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Please answer all the questions, do not skip any question. **Make a cross in only one box for every question.** Please do not allow your response to one question to influence the position of the next cross that you make.

QUESTIONS		TRUE ALL THE TIME	TRUE MOST OF THE TIMES	HALF TRUE	A LITTLE BIT TRUE	TOTALLY UNTRUE	
1	At home there is no one to talk to about my problems						V15
2	My family like my behaviour						V16
3	My family want to know if I am OK						V17
4	I have the energy to do anything that I believe in						V18
5	I have respect for my teachers						V19
6	My problems are caused by my school						V20
7	In my life I have been through a lot of problems						V21
8	I know what I want to be when I finish school						V22
9	I believe that I have good talents						V23
10	If I make up my mind to do something I will find a way to do it.						V24
11	I am able to do almost everything that I concentrate on doing						V25
12	With the help of those who like me, I can manage my problems						V26
13	When I can't cope with my problems I look for help						V27
14	My future and success depends on my hard work						V28
15	I work hard in class when I don't understand I ask the teacher						V29
16	Even if I try to work hard I do not stand any chance of passing						V30
17	My teacher blames me when things go wrong in class						V31





Please answer all the questions, do not skip any question. **Make a cross in only one box for every question.** Please do not allow your response to one question to influence the position of the next cross that you make.

QUESTIONS		TRUE ALL THE TIME	TRUE MOST OF THE TIMES	HALF TRUE	A LITTLE BIT TRUE	TOTALLY UNTRUE	
18	I am tired of my bad luck and my problems						V32
19	I do not know anybody who likes me						V33
20	There is no teacher who can help me with my school work						V34
21	I keep my problems to myself, I do not tell anybody						V35
22	I know I will be successful one day						V36
23	When I need help I ask someone						V37
24	I have too much work to do, I have no time to do my schoolwork						V38
25	I do not have any future plans						V39
26	I know how to find help when I need it						V40
27	I am responsible for doing well at school						V41
28	I do not know who can help me to study better						V42
29	I am afraid to ask the teachers for help with my school work						V43
30	I am afraid to ask other children to help me with my classwork						V44
31	I am afraid to say no when my friends force me to do bad things						V45
32	I do not do my homework because there is nobody to help me						V46
33	I cannot leave my friends even when they make fun of me						V47
34	I don't ask anybody to help me with my problems						V48

END OF QUESTIONNAIRE THANK YOU VERY MUCH



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**APPENDIX B**  
**24-ITEM QUESTIONNAIRE**  
**FINAL R-MATS**

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## RESILIENCE QUESTIONNAIRE FOR MIDDLE-ADOLESCENTS IN A TOWNSHIP SCHOOL (R-MATS)

Please answer all the questions, do not skip any question.

**Make a cross in only one box for every question.**

Please do not allow your response to one question to influence the position of the next cross that you make.

*First, let us do the example together before starting with the questions.*

EXAMPLE		TRUE ALL THE TIME	TRUE MOST OF THE TIME	UNTRUE ALL THE TIME	UNTRUE MOST OF THE TIME
A	I do not have any future plans				
B	I know I will be successful one day				

**Remember the following instructions.**

1. Answer all the questions and do not skip any question.
2. Make a cross in only one box for every question.
3. Do not allow the cross you make for one question to influence the position of the next cross that you make.

	QUESTIONS	TRUE ALL THE TIME	TRUE MOST OF THE TIME	UNTRUE ALL THE TIME	UNTRUE MOST OF THE TIME	
1	I have an adult to talk to at home, who listens to me					V17
2	I make sure that I do my classwork and homework					V18
3	I do my best to find the right answer to a problem					V19
4	My teacher works hard to help me understand my work better					V20
5	I am in control of what happens to me					V21
6	I feel safe and loved at home, they want to know if I am OK					V22
7	Doing well at school is very important to me					V23
8	My future and success depend on my hard work					V27
9	I believe that I have good talents					V28
10	I do not allow people to stop me from trying to do my best in my work					V29



## RESILIENCE QUESTIONNAIRE FOR MIDDLE-ADOLESCENTS IN A TOWNSHIP SCHOOL (R-MATS)

**Remember the following instructions.**

- 1. Answer all the questions and do not skip any question.**
- 2. Make a cross in only one box for every question.**
- 3. Do not allow the cross you make for one question to influence the position of the next cross that you make.**

	QUESTIONS	TRUE ALL THE TIME	TRUE MOST OF THE TIME	UNTRUE ALL THE TIME	UNTRUE MOST OF THE TIME	
11	I believe that I am able to do better					V30
12	Even when my problems are just too much, I do not give up trying to make it work					V31
13	I know someone at school who cares about me and I can talk to					V32
14	I use different ways to work out a difficult problem.					V33
15	There is at least one teacher I can talk to who listens to me and encourages me to do my best					V34
16	I believe that one day things will be better for me					V35
17	I do not like to be absent from school, I hate to miss the teaching					V36
18	I know a good person whose behaviour is an example to me					V37
19	Even when I don't understand in class I don't give up trying					V38
20	My teachers made me see that I am good with my work and can do well in class					V39
21	My teachers support me to aim high and to think of my bright future					V40
22	Teachers explain a lot in class, they give extra examples.					V42
23	My future is in my hands, nobody can take that away from me					V43
24	I am a tough person					V44

**END OF QUESTIONNAIRE THANK YOU VERY MUCH**



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## APPENDIX C

# APPLICATION FOR RESEARCH

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UMnyango WezeMfundo  
Department of EducationLefapha la Thuto  
Departement van Onderwys

Date:	03 July 2007
Name of Researcher:	Mampane Motlalepule Ruth
Address of Researcher:	422 Vista Drive
	Faerie Glen
	0043
Telephone Number:	0124206272
Fax Number:	0124204395
Research Topic:	The Influence of the School System on Resilience: Perspective of Grade 8 & 9 Middle-Adolescent Learners in a Black only High School
Number and type of schools:	4 Secondary & 1 Technical Schools
District/s/HO	Tshwane South

### Re: Approval in Respect of Request to Conduct Research

This letter serves to indicate that approval is hereby granted to the above-mentioned researcher to proceed with research in respect of the study indicated above. The onus rests with the researcher to negotiate appropriate and relevant time schedules with the school/s and/or offices involved to conduct the research. A separate copy of this letter must be presented to both the School (both Principal and SGB) and the District/Head Office Senior Manager confirming that permission has been granted for the research to be conducted.

Permission has been granted to proceed with the above study subject to the conditions listed below being met, and may be withdrawn should any of these conditions be flouted:

1. *The District/Head Office Senior Manager/s concerned must be presented with a copy of this letter that would indicate that the said researcher/s has/have been granted permission from the Gauteng Department of Education to conduct the research study.*
2. *The District/Head Office Senior Manager/s must be approached separately, and in writing, for permission to involve District/Head Office Officials in the project.*
3. *A copy of this letter must be forwarded to the school principal and the chairperson of the School Governing Body (SGB) that would indicate that the researcher/s have been granted permission from the Gauteng Department of Education to conduct the research study.*





4. A letter / document that outlines the purpose of the research and the anticipated outcomes of such research must be made available to the principals, SGBs and District/Head Office Senior Managers of the schools and districts/offices concerned, respectively.
5. The Researcher will make every effort obtain the goodwill and co-operation of all the GDE officials, principals, and chairpersons of the SGBs, teachers and learners involved. Persons who offer their co-operation will not receive additional remuneration from the Department while those that opt not to participate will not be penalised in any way.
6. Research may only be conducted after school hours so that the normal school programme is not interrupted. The Principal (if at a school) and/or Senior Manager (if at a district/head office) must be consulted about an appropriate time when the researcher/s may carry out their research at the sites that they manage.
7. Research may only commence from the second week of February and must be concluded before the beginning of the last quarter of the academic year.
8. Items 6 and 7 will not apply to any research effort being undertaken on behalf of the GDE. Such research will have been commissioned and be paid for by the Gauteng Department of Education.
9. It is the researcher's responsibility to obtain written parental consent of all learners that are expected to participate in the study.
10. The researcher is responsible for supplying and utilising his/her own research resources, such as stationery, photocopies, transport, faxes and telephones and should not depend on the goodwill of the institutions and/or the offices visited for supplying such resources.
11. The names of the GDE officials, schools, principals, parents, teachers and learners that participate in the study may not appear in the research report without the written consent of each of these individuals and/or organisations.
12. On completion of the study the researcher must supply the Senior Manager: Strategic Policy Development, Management & Research Coordination with one Hard Cover bound and one Ring bound copy of the final, approved research report. The researcher would also provide the said manager with an electronic copy of the research abstract/summary and/or annotation.
13. The researcher may be expected to provide short presentations on the purpose, findings and recommendations of his/her research to both GDE officials and the schools concerned.
14. Should the researcher have been involved with research at a school and/or a district/head office level, the Senior Manager concerned must also be supplied with a brief summary of the purpose, findings and recommendations of the research study.

The Gauteng Department of Education wishes you well in this important undertaking and looks forward to examining the findings of your research study.

Kind regards

ALBERT CHANEE  
ACTING DIVISIONAL MANAGER: OFSTED

The contents of this letter has been read and understood by the researcher.	
Signature of Researcher:	
Date:	



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## APPENDIX D

# CONSENT FORMS

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University of Pretoria

Pretoria 0002 Republic of South Africa  
<http://www.up.ac.za>  
Department of Educational Psychology

**Dear Learner**

**Re: Participation in questionnaires and perhaps focus group discussions and interviews**

My name is Ruth Mampane and I am a student at the University of Pretoria. I am busy with my doctoral thesis. I am here to ask you to take part in this study to help me understand better the toughness and the ability to jump back or bounce back from hard situations of middle-adolescent learners like yourselves.

This study also aims to better understand the role that the school plays in supporting your ability to bounce back from difficult situations and times. The study is looking at learners in Grade 9 to answer questionnaires, some learners, not all of you will be asked to participate in group discussions and interviews.

Before I start, I am going to explain to you your rights after which you have permission to refuse if you feel you are not comfortable or happy with the study.

There are no right or wrong answers to the questionnaires that you will be completing. The study asks you to share your experiences as middle-adolescent learners who attend a township school. Some of you will be asked to take part in group discussions and interviews and should they feel that they do not wish to answer any of the questions asked they are free to refuse and to stop their participation at any time. Please understand that any information that you share with me when you answer the questionnaires, during group discussions and interviews will be treated confidentially.

Since more learners will take part in group discussions at the same time, they will also be asked to keep all that is discussed in the group confidential. When you have completed your participation in the study, I will write about the work you have done but I will never use your names and I will not write in a way that the information can be traced back to you. Your teachers are not part of the study and they will not have access to anything you say.



The study is not planned in a way that can harm you but it is possible that during the discussions you can feel that you are not coping, especially when you relive your experiences. As a result, I will end every task you do with a relaxation activity to help you calm down. I have arranged with Life Orientation teachers who have knowledge of counselling to help anyone of you who might require additional psychological help. I as the researcher will ensure that I refer you to such services, please talk to me if you feel that you are not coping and you need help.

Please sign the slip to indicate that you understand what I have just explained about the aim of the study and to indicate that you agree to do the questionnaire and to participate in group discussions and interviews if am selected.

Thank you very much for your interest in the study and the support that you are giving me.

---

Motlalepule Ruth Mampane  
Researcher  
0824213323

Prof. A. C. Bower  
Supervisor

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**Tear-off**

I \_\_\_\_\_ (name of learner), agree to

take part in the study at my school \_\_\_\_\_ (name

of the school). Grade: \_\_\_\_\_ Date: \_\_\_\_\_



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University of Pretoria  
Pretoria 0002 Republic of South Africa  
<http://www.up.ac.za>  
Department of Educational Psychology  
13 July 2007

**Dear parent / guardian**

**Re: Permission for your child to participate in a research project**

My name is Ruth Mampane and I am a student at the University of Pretoria. I am busy with my doctoral studies to help me better understand the toughness of learners in Grade 8 and 9 and how the school helps them to bounce back from hard situations. I ask for your permission to allow your child to take part in this study.

The study includes a questionnaire which will take about 45 minutes at school. Some, not all, learners will later be selected to take part in group discussions and interviews. All the activities will take place at school during their class periods.

The national department of education as well as Tshwane district office and the school gave me permission to come for my study.

I do not foresee that the learners will experience any harm and risk as a result of participating in the study. The study asks them to think of their life experiences and how they managed to cope and recover from their difficult experiences. Furthermore, there is an educational psychologist and a Life Orientation teacher who are willing to help those learners who will need someone to talk to when they feel that they have some concerns regarding their lives.

Your child's participation is voluntary. He/she may withdraw from the study at any time during the study and their decision to withdraw will not have any negative effect on the study. The information that they will share with me will be totally confidential. The results of the study will be published but the name of your child will never be mentioned, it will remain anonymous. My supervisor will be the only person who can have access to the information but even she will not know the names of the learners.

I would appreciate your consent and assent as the parent / guardian of the learner to allow him/ her to participate in the study by signing the form on the next page. I will explain the research process to your child beforehand and will ensure that your child gives his/her assent.

---

Ruth Mampane  
(0824213323)

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Prof. A.C. Bouwer  
Supervisor



I.....parent of .....in  
Grade..... ..hereby **give** consent and assent for **him/ her** to participate in the study (circle the relevant option). I also give permission for my child to participate in focus groups and interviews should the researcher select him/ her to do so.

.....  
Signature of Parent

.....  
Date