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## **APPENDICES**

#### Appendix A – Participant consent form

#### **Informational Leaflet and Participant Informed Consent**

Title of Study – Factors that influence the creative participation of people in an inner city

**Dear Participant** 

#### 1) Introduction

We invite you to participate in a research study. The information leaflet will help you decide if you want to participate. Before you agree to take part you should fully understand what is involved. If you have any questions that this leaflet does not fully explain, please do not hesitate to ask the researcher, Rolyn du Plessis.

#### 2) The Nature and Purpose of the Study

The aim of this research is to investigate how people of the inner city experience life in the inner city and what impact it has on them. You, as a person who has been living in the inner city for 5 years or longer, are thus a very important source of information.

#### 3) Explanation of Procedures to be Followed

This study involves that you will be asked to attend a series of interviews, during which I will ask you questions about your experience of the



### **Consent to Participate in this Study**

I confirm that the person asking my consent to take part in this study has told me about the nature, process, risks, discomforts and benefits of the study. I have also received, read and understood the above written information leaflet (Information Leaflet and Informed Consent) regarding the study. I am aware that the results of the study, including personal details, will be anonymously processed into the research reports. I am participating willingly. I have had time to ask questions and have no objection to participate in the study. I understand that there is no penalty should I wish to discontinue with the study and my withdrawal will not affect me in any way.

I have received a signed copy of this informed consent agreement.

Participant's name	(Please Print)
Participant's Signature Date	
Investigator's name	(Please Print)
Investigator's signature  Date	
Witness's name	(Please Print)
Witness's signature Date	



## Appendix B – Initial interview schedule

## Interview questions included the following:

- 1. Tell me about your life in Schubart Park
- 2. Would you like to change your life?
- 3. What would make life better for you?
- 4. Why would (...) make life better for you?
- 5. What prevents you from changing your life in Schubart Park?



#### Appendix C - PEN consent form

#### APPLICATION FOR PERMISSION TO CONDUCT A RESEARCH STUDY

**Title of the Study –** Factors that influence the creative participation of people in an inner city

**PEN Executive Committee** 

#### 1) Introduction

Herewith we would like to request permission to make use of your facilities and use some of your activities as a vehicle to conduct the above-mentioned research study. The following leaflet will explain what the research will entail. Please do not hesitate to contact the researcher, Rolyn du Plessis if you have any questions.

### 2) The nature and Purpose of this Study

The aim of this research is to determine how internal and external factors impact on the creative participation of people living in an inner city.

#### 3) Explanation of the Procedures to be Followed

This study involves the researcher gaining entrance into one of the low-income blocks of flats in the inner city by attending some of the activities, which are driven by PEN, as well as building relationships with some of the people who are served by PEN. 4-6 Research participants will be chosen and interviewed within the PEN premises, to determine what their experience of their environment is and what they perceive the environmental impact on them to be. Any psychological or counselling needs which may arise from the interviews will be referred to the PEN O Hamba Nami centre.

#### 4) Possible Benefits of This Study

The results of this research will add to the body of knowledge of occupational therapy and may inform occupational therapists with regards to ways in which they can treat their clients from challenging backgrounds more effectively. The results may also inform occupational therapists with regards to the role they have to play in human rights issues from a social justice perspective.

Furthermore, the results may provide valuable information to the South African government with regards to the needs of people living in challenging environments, policies and programmes which affect them and the way in which these are implemented. This information may benefit your organisation directly and as such; the results of the study will be made available to you.

### 5) Ethical Approval

The research protocol will be submitted to the Faculty of health Sciences Research Ethics committee. They require that you have given permission for the research to be conducted before granting approval.

#### 6) Information and Contact Person

The contact person for this study is Rolyn du Plessis. If you have any questions about the study, please contact her at cell nr. 078 501 3489 or e-mail music@pen.org.za.



# Permission to Conduct this Study

I, in the capacity of		
herewith grant permission for the research 'People's experiences of		
environmental barriers on the realisation of their creative capacity in an inner		
city' to be conducted by making use of PEN facilities	es and activities.	
Authority name	(Please Print)	
Authority Signature	Date	
Applicant name	(Please Print)	
Applicant Signature	Date	
Witness's Name	(Please Print)	
Witness's Signature	Date	



#### Appendix D – PEN; description of the organisation

PEN (an acronym for 'participate, empower, navigate') is an interdenominational, Christian, non-profitable organisation in the inner-city of Pretoria, where I worked from January 2008 to December 2009.

This organisation strives to achieve the vision of a God-loving community, living in the city, caring for themselves and others by sharing their wisdom, values and resources. PEN hopes to achieve this by rendering a variety of services to people living in low socio-economic circumstances in the inner-city of Pretoria. These services, as they pertain to this study, are described here.

Reference within this document	Description
3.2. Sampling – Activities which were driven by PEN	PEN was involved in the following activities at Schubart Park, which I made use of to gain entrance into the setting. It is through in:
	* PEN development centre was an after care service for primary school children living in Schubart Park. It was located in a basement apartment of Schubart Park. Children were provided with lunch and homework help and stayed at the centre until their parents return home from work. In 2008 I visited the centre weekly.
	* PEN community centre used to be situated in a ground floor apartment in Schubart Park. It closed toward the end of 2008, because the apartment flooded. It continued to exist in the PEN offices, on the corner of Bosmanand Vermeulen street. It was open to community members to come and drink a

	cup of tea / coffee, read magazines or newspapers, attend sewing classes or seek counselling. An Anglican priest, who is also trained in narrative therapy, was available to give pastoral- and narrative counselling. I visited the centre weekly.  * O Hamba Nami was the guidance- and support department within PEN. They were concerned with the basic needs of the people in Schubart Park, providing food, clothing and blankets to people in need. They also provided counselling and therapy (which will be discussed later)
3.8. Ethical Considerations – The PEN executive committee	* The PEN executive committee consisted of an engineer and two Dutch Reformed ministers, who were responsible for the management of the organisation.
3.8. Ethical Considerations – O Hamba Nami	* O Hamba Nami has been introduced as the guidance- and support department within PEN. This department employed an educational psychologist, a psychology master's student and 4 social workers.
5.7. Limitations – Guided tour through the city	* The Dutch Reformed church of Riviera attended an outreach to PEN annually. The outreach started with a guided night-time 'tour' through the city. The group would walk in the streets around church square and would be encouraged to talk to the people they came across. A PEN employee (a member of the executive management or the manager of the development centre – who had been working in the inner-city for many years) would guide the tour. I attended one



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