

## SUMMARY

### THE BLACK ADOLESCENT IN THE SINGLE PARENT FAMILY: A GUIDANCE PERSPECTIVE

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This research investigated how the black adolescent from a single parent family experiences personal, social, educational and career choice problems and how these problems affect the way in which this adolescent constitutes his lifeworld. An intensive literature study of the needs of black adolescents from single parent families was undertaken. It became clear that these needs can be described according to the three dimensions, namely the spontaneous dimension, interpersonal relationship and orientation towards adulthood.

The different ways in which the spontaneous dimension manifests itself, reveal that the major problems could be seen as coming to terms with the self (self-awareness), establishing an identity, relationship with the family, school and friends (peers). Independent view of life, social norm orientation and career directedness also serve as parameters to evaluate the development of the black adolescent towards responsible adulthood.



The personal, social and vocational needs of black adolescents from single parent families, as well as their guidance needs were analysed, followed by a discussion of strategies to be used in guidance and counselling.

Through empirical research it was determined how black adolescents need guidance and counselling in order for them to adjust well in the world and make relevant decisions. Recommendations concerning the problem were given, and the field for further research was outlined.

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## OPSOMMING

### DIE SWART ADOLESSENT IN DIE ENKELOUERGESIN:

### 'N BEROEPSORIËNTERINGSPERSPEKTIEF

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Hierdie navorsing ondersoek die probleme van swart adolessente uit enkelouergesinne ten opsigte van persoonlike, opvoedkundige, sosiale en beroepskeuseprobleme, en hoe hierdie probleme die wyse beïnvloed waarop dié adolessente hul leefwêreld konstitueer. 'n Intensiewe literatuurstudie is onderneem rakende die behoeftes van swart adolessente uit enkelouergesinne. Dit het geblyk dat hierdie behoeftes beskryf kan word aan die hand van drie dimensies, naamlik die spontane dimensie, interpersoonlike verhoudinge en orientasie tot volwassenheid.

Die verskillende wyses waarop die spontane dimensie manifesteer, toon dat die belangrike probleme gesien kan word as self-bewuswording (versoening met die self), die vestiging van 'n eie identiteit asook verhoudinge met die gesin, skool en vriende (portuurgroep). 'n Onafhanklike lewensbeskouing, sosiale normoriëntasie en beroepsgerigtheid dien ook as parameters vir die evaluering van die ontwikkeling van swart adolessente op weg na volwassenheid.