

APPENDICES

APPENDIX 1- Presentation at conferences

The work resulting from this thesis was presented at the following conferences

Local conference

Monde Nyila, Namrita Lall, Marion Meyer, Ahmed Hussein, Carmen Leonard & Boet Weyers.

Susceptibility of *Listeria monocytogenes* to South African plants.

Indigenous Plant Use Forum (IPUF). 2-5 July 2007, University of Johannesburg, South Africa.

International conference

Nyila M.A., Lall N, Leonard C, Weyer B & Meyer J.J.M. Susceptibility testing of *Listeria monocytogenes* using the disc method and micro titre plate (micro broth dilution) method. 55th International Congress & Annual Meeting of the Society for Medicinal Plant Research. 2-6 September 2007. Graz, Austria.

APPENDIX 2- Publications

MONDE A. NYILA, CARMEN M. LEONARD, AHMED A. HUSSEIN, NAMRITA LALL.
2009. Bioactivities of *Plectranthus ecklonii* constituents. *Natural Product Communications* 4,
1177-1180.

M.A. NYILA, C. M. LEONARD, A. A. HUSSEIN, N. LALL. Bioactivity of antilisterial
compounds isolated from *Acacia karroo* (Manuscript submitted).

APPENDIX 3- Additional information

Questionnaire for the traditional healers

1. How long you have been practising traditional healing?
2. Which medicinal plants do you use to treat, when you have patients complaining for fever, diarrhoea, severe headaches, pulsating fever, nausea, vomiting, stiffness of the neck and back, etc.?
3. How do you determine which medicinal plant should be used?
4. From where do you collect the appropriate medicinal for your patient and where do you collect these medicinal plants?
5. Which equipment do you use to harvest the plant parts (e.g. leaves, stem or roots) before you prepare the medicine for your patients?
6. Do you request your fellow traditional healers to give you the medicinal plants which you are unable to get from your usual place of collection?
7. How do you determine the dosage to be used?
8. Do you disclose the name of the medicinal plant that you have prepared, to your patient?
9. How do you prepare medicine?
10. If your patient's condition does not improve what do you do? Do you refer your patients to another traditional healer or do you change the medicinal plant or the dosage?
11. If you see that the conditions of your patients deteriorate do you refer them to the Western medical practitioners or the hospital?
12. How many patients visit you, on average, daily or monthly?
13. Where do most of your patients come from?
14. How do patients from far know about your practise?
16. Do you get a feedback from your patients after a successful treatment?