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Appendix 2.1: ETHNOBOTANICAL AND LITERATURE INFORMATION OF MEDICINAL PLANT SPECIES USED TRADITIONALLY FOR TREATING DIARRHOEA IN SOUTH AFRICA

Family/Plant species	Local names	Part used	Ethnopharmacological information	Biological activities investigated	Bioactive compound(s) isolated
Aizoaceae					
<i>Carpobrotus acinaciformis</i> (L.) L. Bolus	perdevy	Leaf juice	Sore throat, dysentery, mouth infection (van Wyk, 2008)	Antibacterial (Oskey et al., 2009)	2-descarboxy-betanidin (Dembitsky, 2005)
<i>Carpobrotus edulis</i> (L.) L. Bolus	Ikhambi-lamabulawo. Umgongozi	leaves	Diarrhoea, digestive problems, allergy (Thring and Weitz, 2006); dysentery (van Wyk, 2008)	Antibacterial (Van der Watt et al., 2001)	Rutin, hyperoside, neohesperidin, catechin, ferulic acid (van der Watt et al., 2001)
<i>Carpobrotus muiirii</i> (L.) L. Bolus		Leaves	Dysentery, digestive problem, mouth ulcers, thrush (Thring and Weitz, 2006)	Antimicrobial (Springfield et al., 2003)	-
Alliaceae					
<i>Agapanthus praecox</i> Willd.	uMkhondo (X)	Roots	Diarrhoea in sheep and goat (Dold and Cocks, 2001, McGaw and Eloff., 2008)	-	-
<i>Tulbaghia alliacea</i> L.f.	Umwela X, ivimba-mpunzi X, Sikwa Z	bulb	Stomach ache, fever, tuberculosis, influenza (Bisi-Johnson et al., 2010)	Antimycobacterial (Bamuamba et al., 2008), Mutagenicity and antimutagenicity (Reid et al., 2006), anticandidiasis (Thamburan et al., 2006)	-
Amaranthaceae					
<i>Guilleminea densa</i> Moq	Sephatho (S)	Root	Decoction for diarrhoea (Mathabe et al., 2006)	-	-
<i>Hermbstaedia odorata</i> Wild	Ubuphuphu (X, Z)	leaves	Food and infusion for diarrhoea (Bisi-Johnson et al., 2010); Root cleansing stomach wash alone or with <i>Acaccia xanthophloea</i> and (Hutchings et al., 1996).	-	-
Amaryllidaceae					
<i>Scadoxus puniceus</i> (L.) Friis and Nordal	Umpompho-wezinja, Isiphompho umgola Z	Bulb and root	Stomach ache, diarrhoea, nausea (Bisi-Johnson et al., 2010)	Antimicrobial, anti-inflammatory, acetylcholinesterase inhibition and mutagenic activities (Ndhala et al., 2010)	-
Anacardiaceae					
<i>Mangifera indica</i> L.	Umango	Leaves, bark	Diarrhoea (de Wet et al., 2010)	Antidiarrhoeal (Sairam et al., 2003), antidiabetic (Aderibigbe et al., 2001)	Gallotannins (Engels et al., 2010), mangiferrin (Singh et al., 2009).
<i>Ozoroa insignis</i> Delile	Monoko	Stem bark	Decoction for diarrhoea (Mathabe et al., 2006), vinearal diseases, parasites, kidney trouble (Liu and Abreu, 2006)	Antibacterial (Mathabe et al., 2006); antigardial (Johns et al., 1995), antimalarial (Asase et al., 2005), Cytotoxicity (Rea et al., 2003), antischistosomiasis (Molgaard et al., 2001; Ndamba et al., 1994).	6-pentadecylsalicylic acid (antifouling), tirucallane triterpenes (Liu and Abreu, 2006)

<i>Ozoroa mucronata</i> (Bernh.ex C.Krauss) R.fern & A. Fern		root	Diarrhoea, intestinal parasites and stomach trouble (Yamagiwa <i>et al.</i> , 1987)	LOX inhibition, PG synthase inhibition (Kubo <i>et al.</i> , 1987)	Anarcadic acid (LOX inhibition) (Ha and Kubo, 2005), Moronic acid (Hotestmann Kaldas and Nakanishi, 1979)
<i>Ozoroa paniculosa</i> (Sond.) R. & A. Fernandes	Mubandulakhali, Mudumbula (V)	Bark, root bark	Abdominal problems in animal (Hutchings <i>et al.</i> , 1996), Diarrhoea, sweating sickness (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	Antioxidant (Motlhanka, 2008), antimicrobial and antimycobacterial	-
<i>Ozoroa schaeerocarpa</i> R. Fern & A. Fern	Mudumbula (V)	Bark	Infusion for diarrhoea (Sibandze <i>et al.</i> , 2010)	Antiescherichial (Sibandze <i>et al.</i> , 2010)	-
<i>Protorhus longifolia</i> (Bernh.ex C. Krauss) Engl.	i(u)Zntlwa, ikubalo, umkupati X	Bark	Heartwater and diarrhoea in cows (Dold and Cocks, 2001, McGaw and Eloff, 2008); Heart burn and stomach bleeding (Hutchings <i>et al.</i> , 1996)	Antimicrobial (Suleiman <i>et al.</i> , 2010)	-
<i>Sclerocarya birrea</i> (A. Rich.) Hochst. subsp. <i>caffra</i> (Sond.)	Mufula (V)	Leaves, bark, roots	Diarrhoea and fractures (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	Mutagenicity, antimutagenicity (Elgorashi <i>et al.</i> , 2003), Antibacterial, antihelmintic and cytotoxicity (McGaw <i>et al.</i> , 2007), anti-diarrhoea (Galvez <i>et al.</i> , 1991), antibacterial (Eloff, 2001), anti-inflammation (Ojewole, 2010), antioxidant (Braca <i>et al.</i> , 2003), anti-diabetic (Ojewole, 2004)	Gallotannin, tannic, mallic, gallic and citric acid, triterpene, flavonoid, coumarins (Ojewole <i>et al.</i> , 2010)
<i>Searsia gueinzii</i> Sond (Syn <i>Rhus gueinii</i> Sond)	Mushakaladza (V)	root	Gastrointestinal infections (Elgorashi <i>et al.</i> , 2003)	Mutagenicity, antimutagenicity (Elgorashi <i>et al.</i> , 2003)	-
<i>Searsia incisa</i> L.f.	uNongquthu	Root and bark decoction	Shock and diarrhoea (Dold and Cocks, 2001, McGaw <i>et al.</i> , 2008)		-
<i>Searsia lancea</i> L.f.	Mushakaladza (V)		Diarrhoea and gallsickness (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	Antibacterial, antihelmintic and cytotoxicity (McGaw <i>et al.</i> , 2007)	-
<i>Searsia leptodictya</i> Diels	Mushakaladza (V)	leaves	Brower, gall sickness in cattle, infectious disease, chest and abdominal pain (Sebothoma, 2010)	Antimicrobial (Sebothoma, 2010)	(-)-leucofisetinidin, (-)-epicatechin and [4,8]-(+)-fisetinidol(-)-epicatechin (Viviers <i>et al.</i> , 1983)
<i>Searsia pendulina</i> Jacq.	-	Leaves	Stomach ailment, enema in children (Coates-Palgrave, 2002)	-	-
<i>Searsia pentheri</i> Zahlbr.	Muthasiri (V)	leaves	Epilepsy (Svenningsen <i>et al.</i> , 2006)	GABA _A /benzodiazepine receptor affinity (Svenningsen <i>et al.</i> , 2006)	Apeginin, agathisflavone (Svenningsen <i>et al.</i> , 2006)
<i>Searsia rogersii</i> Schonland	Muthasiri (V)	Bark	Pain, watery diarrhoea (Samie <i>et al.</i> , 2010)	Antifungal (Samie <i>et al.</i> , 2010), Antimycobacterium (Green <i>et al.</i> , 2010)	-
Annonaceae					
<i>Annona</i>	Muembe (V)	Bark	Toothache, venereal, diarrhoea (Mabogo,	Antidiarrhoeal (Suleiman <i>et al.</i> ,	Annosenegalina (cytotoxic and antiparasitic), Annonacin

<i>senegalensis</i> Pers.			1990; More <i>et al.</i> , 2008)	2008), antivenom (Adzu <i>et al.</i> , 2005), antimalaria (Okokon <i>et al.</i> , 2006)	(cytotoxic agent, insecticidal, mutagenic activity) immunosuppressant), senegalene (cytotoxic agent), 17, 19-kauranediol (ent-16β)-form. Dicarboxylic acid, 19-Methyl ester (toxic to brime shrimp)
<i>Uvaria chamae</i> P. Beauv		Root	Catarrh, dysentery, fever, hematemesis, inflammation, jaundice, wounds, yellow fever (Reid <i>et al.</i> , 2006)	Antimalaria (Okokon <i>et al.</i> , 2006); mutagenic and antimutagenic (Reid <i>et al.</i> , 2006)	-
Apiaceae					
<i>Alepidea amatymbica</i> Eckl. & Zeyh.	Iqwili, Ikhathazo (Z)	Root	Decoction for diarrhoea (Appidi <i>et al.</i> , 2008)	Antimicrobial, anti-inflammatory and genotoxicity (Mulauzi <i>et al.</i> , 2009)	Rosmarinic acid, Dehydrokaurenoic acid, Kaurenoic acid, kaurene lactone, acetox kaurene lactone (Holzapfel <i>et al.</i> , 1995)
<i>Centella asiatica</i> (L.) Urb.		Root	Chronic diarrhoea and dysentery; diaphoretic (van Wyk, 2008)	Modulator of nitric oxide production and TNF- α (Nhlem <i>et al.</i> , 2011), , lipid peroxidation (Kumar and Muller, 1999)	Asiaticoside G, asiaticoside, asiaticoside F, asiatic acid, quadranside IV, 2a,3b,6b-trihydroxyolean-12-en-28-oic acid 28-O-[α -L-rhamnopyranosyl-(1 \rightarrow 4)- β -D-glucopyranosyl-(1 \rightarrow 6)- β -D-glucopyranosyl] ester, kaempferol, quercetin, astragalol, and isoquercetin (Nhlem <i>et al.</i> , 2011)
<i>Centella glabrata</i> L.		Root and stalk	Chronic diarrhoea and dysentery, diaphoretic (van Wyk, 2008b)	-	-
<i>Foeniculum vulgare</i> Mill.		Leaf	Flatulence, cough, diuretic, digestive problem, diarrhoea, stomach ache and cramps (Watt and Breeyer-Brandwijk, 1962; van Wyk, 1997)	Antimicrobial (Bacillus cereus, Clostridium botulinum, Salmonella enteritidis, Staphylococcus aureus, Yersinia enterocolitica) (Ceylan and Fung, 2004)	Falcarindiol (antifungal, antibiotic and analgesic, antinociceptive, DNA topoisomerase inhibitor, phytotoxic, allelochemical, antimutagenic and antiproliferative agents), 1-(4-hydroxyphenyl)-1,2-propanediol form, 4' methyl ether (phytotoxin, antiparasitic, nematocidal agent)
Apocynaceae					
<i>Acokanthera oblongifolia</i> (Hochst.) Codd	inHlungunyembe Intlungunyembe (X, Z)	leaves	Severe gastrointestinal irritation (Verschaeve and Van Staden, 2008), Decoction for stomach ache, diarrhoea (Bisi-Johnson <i>et al.</i> , 2010)	Genotoxicity (Elgorashi <i>et al.</i> , 2003); Epilepsy and convulsion (Risa <i>et al.</i> , 2004)	Acolongifloroside K and H (antineoplastic agent)
<i>Catharanthus roseus</i> (L.) G.Don	Imbali, Ikhwinini, Isishushlungu (Z)	Leaves, stem and root	Diarrhoea (de Wet <i>et al.</i> , 2010)	Antimicrobial (van Vuuren and Naidoo, 2010)	Serpentine (antitumour activity); apparicine (cytotoxin, weak antibacterial, antiviral agent active against Polio virus, analeptic properties); β-carboline (induced mutagenicity, antiparasitic, antitrypanosomal agent); Catharanthamine (antitumour); Trichosetin (antibacteria); 16-Epi-2-isositsirikine antineoplastic); Leurosine (antihyperglycaemic); Lochnerinine (antitumour); Pericyclivine (weak cytotoxic activity); 15',20'-anhydroviriblastine (antineoplastic agent); Vindoline (antineoplastic); Vindolinine (antiglycaemic agent, antifungi); Vingamine (cytotoxic); yohimbine (selective α_2 - adrenoceptor antagonist, antidepressant, antihypotensive, , antidiuretic activity, aphrodisiac, anxiogenic activity in rodent)
<i>Sarcostemma viminale</i>	Umbelebele, Ingotshwa	Stem	Infusion for diarrhoea (de Wet <i>et al.</i> , 2010), Increase livestock productivity	Antibacterial, anti-inflammatory and mutagenic effects (Luseba <i>et al.</i> ,	-

(L) R. Br subsp. <i>viminale</i>			(Kunene and Fossey, 2006)	2007)	
Aquifoliaceae					
<i>Ilex mitis</i> (L.) Radlk.	Monamane (S), Mutanzwa-khamelo (V)	Root bark	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	Antimalaria and cytotoxicity (Rasoanaivo <i>et al.</i> , 2004)	-
Araliaceae					
<i>Cussonia arborea</i> Hochst ex A. Rich		Root, leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010)	antimicrobial and antimalarial (De Villiers <i>et al.</i> , 2010)	Arboreaside A, Arboreaside B, Arboreaside C, Arboreaside D, Arboreaside E, ciwujianoside C3 and 23-hydroxyursolic acid 28-O- α -L-rhamnopyranosyl-(1 \rightarrow 4)- β -D-glucopyranosyl-(1 β)- β -D-glucopyranosyl ester (Kougan <i>et al.</i> , 2009)
Asclepiadaceae					
<i>Asclepias fruticosa</i> L.	iGwada (X), Mutshulwa (V), Lebegana (S)	Root, leaves	Diarrhoea and stomach pain in children (Lewu and Afolayan, 2009)	Antimycobacterium (Green <i>et al.</i> , 2010), antifungal (Samie <i>et al.</i> , 2010), antimicrobial, anti-inflammatory, anticholinesterase and mutagenic activities (Ndhkala <i>et al.</i> , 2010)	-
<i>Secamone filiformis</i> (L.f) J. H. Ross	iMbijela	Stem	Diarrhoea in cattle (Dold and Cocks, 2001, McGaw <i>et al.</i> , 2008)	Anthelmintic, antibacterial and cytotoxicity (McGaw <i>et al.</i> , 2007)	-
<i>Xysmalobium undulatum</i> (L.) W.T. Aiton	Ishongwe (X, Z)	Roots	Diarrhoea, dysentery, stomach cramps, headache, oedema, dysmenorrhoea (Bisi-Johnson <i>et al.</i> , 2010)	Antibacterial (Rabe and Van Staden, 1997), PG inhibition (Jager <i>et al.</i> , 1996), Serotonin re-uptake modulatory activity (Nielsen <i>et al.</i> , 2004), antidepressant (Pedersen <i>et al.</i> , 2008)	-
Asparagaceae					
<i>Asparagus cooperi</i> Bak.	Lefatshana (S)	Whole plant	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	Antibacterial (Mathabe <i>et al.</i> , 2006)	-
Asphodelaceae					
<i>Aloe arborescens</i> Miller	Inhlaba, Tshikhopho (V)	leaves	Diarrhoea and sore (Mlambo, 2008)	Anti-inflammatory (Lindsey <i>et al.</i> , 2002); immunomodulator, anti-inflammatory (Imanishi, 1993),	Aloctin A (Imanishi, 1993); aloenin, 2'-O- <i>p</i> -coumaroylaloenin, 2'-O-feruloylaloenin, isobarbaloin, and barbaloin (Beppu <i>et al.</i> , 2003)
<i>Aloe candelabrum</i> Berger	Ikhala Inkalane (X) Uphondonde (Z)	leaves	Decoction for diarrhoea (Bisi-Johnson <i>et al.</i> , 2010)	-	-
<i>Aloe greatheadii</i> Schonl.	Sekgopho (S)	Leaves	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	antioxidant (Botes <i>et al.</i> , 2008), antiplasmodial and cytotoxicity (Van Dyk <i>et al.</i> , 2009)	-
<i>Aloe marlothii</i> Berger	Bindamutsho, Tshikhopho (V)	Leaves	Gallsickness, parasites, diarrhoea, constipation, retain placenta, dystocia maggots (Van der Merwe <i>et al.</i> , 2001);	antimalaria (Pillay <i>et al.</i> , 2008), antibacterial, anthelmintic, anti-amoebic (McGaw <i>et al.</i> , 2000),	-

			McGaw <i>et al.</i> , 2008)	antitick (Spicket <i>et al.</i> , 2007)	
<i>Bulbine abyssinica</i> A. Rich	Utswelana Intelezi (X) Ibhucu (Z), Incelwane (X)	Leaves, tubers	Vomiting, diarrhoea, tuberculosis (Bisi- Johnson <i>et al.</i> , 2010)	Antileukemia, antiplasmodial, cytotoxicity (Bringmann <i>et al.</i> , 2002)	Chrysophanol, aloe-emodin, knipholone, isoknipholone, Bulbine-knipholone (Bringmann <i>et al.</i> , 2002)
<i>Bulbine asphodeloides</i> (L.) Willd		tuber and leaves	rashes, sores wounds, dysentery and diarrhoea (lwalewa <i>et al.</i> , 2007)	-	-
<i>Bulbine fructescens</i> Wild	Intelezi (X)	leaf, root and rhizome	Diarrhoea, burns, rashes, blisters, insect bites, cracked lips and mouth ulcers (Coopoosamy, 2011)	Antibacterial (Coopoosamy, 2011), antiplasmodial (Mutanyatta <i>et al.</i> , 2005)	knipholone, 4-O-demethylknipholone-4-β-D-glucopyranoside (Mutanyatta <i>et al.</i> , 2005)
<i>Bulbine latifolia</i> (L.f) Roem et Schult	Irooiwater	Root	Decoction for diarrhoea (Appidi <i>et al.</i> , 2008)	Antibacterial (Coopoosamy, 2011)	Knipholone (antiplasmodial activity, cytotoxic agent)
<i>Bulbine natalensis</i> (Bak. Cf. roowortel	Ibhucu (Z)	leaves	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006); vomiting, diarrhoea, convulsion, venereal diseases, diabetes and rheumatism (Pujol, 1990)	Sexuality behaviour (Yakubu and Afolayan, 2008), Toxicity (Afolayan and Yakubu 2008)	-
Asteraceae					
<i>Acanthospermum glabratum</i> (DC) Wild	Inamathela	Whole plant	Diarrhoea (de Wet <i>et al.</i> , 2010)	-	-
<i>Acanthospermum australe</i> (Loefl.) O. Kuntze	Umgwaqeni (Z)	Whole plant	Diarrhoea (Mlambo, 2008)	Antiherpesvirus and antipoliavirus (Rocha Martin <i>et al.</i> , 2010)	Acanthoaustralide, quercetin and chryso-splenol (Rocha Martin <i>et al.</i> , 2010)
<i>Artemisia absinthium</i> L.		leaves	Diarrhoea (Van Wyk <i>et al.</i> , 2008)	Antimycobacterium (Gautam <i>et al.</i> , 2007)	-
<i>Bidens bipinnata</i> L.	Uvelemampo ndweni uvelegoli	leaves	Infusion for diarrhoea (Bisi-Johnson <i>et al.</i> , 2010), haemorrhage, reduce cancer, flu, cold, fever (Pooley, 1998)	Antidiarrhoea (Atta and Mounair, 2005)	-
<i>Bidens pilosa</i> L.	iSanama, Mushidzhi (V)	Root or leaves, flowers	Stomach pain (Lewu and Afolayan, 2009); diarrhoea, inflammation, female infertility, excessive menstruation (Dold and Cocks, 2000)	Antidiarrhoeal (Yadav and Tangpu, 2009), amoebicidal (Moundipa <i>et al.</i> , 2005), immunomodulator (Chang <i>et al.</i> , 2007, Chiang <i>et al.</i> , 2007)	Centaurein, centaureidin, cytopiloyne (Chang <i>et al.</i> , 2007, Chiang <i>et al.</i> , 2007)
<i>Brachylaena ilicifolia</i> (Lam.) Phill. & Schweick	uMgqh	Leaves	Diarrhoea in lambs (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008)	-	-
<i>Brachylaena transvaalensis</i> E. Philips and Schweick	Iphahlalehlathi	Leaves and bark	Diarrhoea (de Wet <i>et al.</i> , 2010)	--	-
<i>Callilepis laureola</i> Hutch	Impila (Z)	Roots	Diarrhoea (Mlambo, 2008)	-	-
<i>Chromolaena</i>	Usandanezwe (Z)	Leaves	Diarrhoea (Mlambo, 2008)	Anti-inflammatory, antipyretic	15-angeloyloxy-16,17-epoxy-19-kauronic acid, 16-kauron-19-



<i>odorata</i> L.				antispasmodic (Taiwo <i>et al.</i> , 2000), antidiabetic (Wafo <i>et al.</i> , 2011), antimicrobial and cytotoxicity (Vital and Rivera, 2009)	oic acid, 6'-hydroxy-2',3',4,4'-tetramethoxychalcone, isosakuranetin, acacetin, and kaempferide (Wafo <i>et al.</i> 2011)
<i>Conyza scabrida</i> DC.		Herb	Cold, influenza, inflammation, diarrhoea, fever, diabetes, stomach affliction (Thring <i>et al.</i> , 2007)	Antimicrobial (Thring <i>et al.</i> , 2007)	-
<i>Dicoma anomala</i> Sond.	Umuna (Z), Inyongana (X)	Roots	Decoction for diarrhoea, stomach cramp and skin lesion (Shale <i>et al.</i> , 1999)	Antibacterial, antioxidant, fibroblast growth stimulant (Steenkamp <i>et al.</i> , 2004)	-
<i>Dicoma capensis</i> Less.		Herb	Bitter tonic and diuretic; kidney; bladder; back pain; nausea; influenza; colds; cancer; diarrhoea (van Wyk, 2008)	Cytotoxicity (Steenkamp and Gouws, 2006)	-
<i>Helichrysum adenocarpum</i> DC		Root decoction	Diarrhoea and vomiting in children (Lourens <i>et al.</i> , 2008)		-
<i>Helichrysum calophyllum</i> Klatt		Root	Hyperfunction of lower gastrointestinal tract (Lourens <i>et al.</i> , 2008)	-	-
<i>Helichrysum ecklonis</i> Sond		Root decoction	Diarrhoea in children (Lourens <i>et al.</i> , 2008)	-	-
<i>Helichrysum odoratissimum</i> (L.)	Imphepho (Z)	Whole plant	Diarrhoea (Mlambo, 2008)	Antimicrobial (Puyvelde <i>et al.</i> , 1989)	3,5-dihydroxy-6,7,8-trimethoxyflavone and 3-O-methylquercetin, helichrysetin (Puyvelde <i>et al.</i> , 1989)
<i>Pentzia incana</i> (Thunb.) Kuntze			Diarrhoea (Van Wyk <i>et al.</i> , 2008)	-	-
<i>Schkuhria pinnata</i> (Lam.) Thell.	Unsakansaka (Z)	Aerial parts	Pneumonia, diarrhoea, eye infections, heartwater (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	Antibacterial, anti-inflammatory mutagenicity (Luseba <i>et al.</i> , 2007)	-
<i>Senecio quinquelobus</i> DC.	Usinini (Z)	Leaves	Diarrhoea (Mlambo, 2008)	-	-
<i>Vernonia glaberrima</i> Welw		Leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010)	Antibacterial and antimalaria (De Villiers <i>et al.</i> , 2010)	-
<i>Vernonia kotschyana</i> Sch. Bip. ex Walp. (<i>Baccharoides adoensis</i> var. <i>kotschyana</i> (Sch. Bip. ex Walp.) M.A. Isawumi, G.El-Ghazaly & B. Nordenstam)	Inyathelo (Z)	leaves	Diarrhoea (Mlambo, 2008)	Immunomodulating activity (Nergard <i>et al.</i> , 2004); antibacterial activity (Deeni and Hussain, 1994)	pectic arabinogalactan (Nergard <i>et al.</i> , 2004)
<i>Vernonia natalensis</i> Sch. Bip. ex Walp.	Uhlambihloshane, Isibhaha	Leaves, stem	Decoction for stomach cramps, nervous spasms of the stomach (Fawole <i>et al.</i> ,	Anti-inflammatory (Fawole <i>et al.</i> , 2009a), antimicrobial, mutagenicity	-

			2009b; (Hutching <i>et al.</i> , 1996)	(Fawole <i>et al.</i> , 2009b)	
<i>Vernonia oligocephala</i> Sch. Bip	lihlunguhlungu	Roots	Infusion for diarrhoea (Amusan <i>et al.</i> , 2007)	-	-
<i>Vernonia myriantha</i> Hook. F (syn <i>Vernonia stipulacea</i> Klatt)	Mululudza (V)	Roots	Diarrhoea, fever, flu, contraceptive (Bessong <i>et al.</i> , 2005; Obi <i>et al.</i> , 2003)	-	-
<i>Vernonia tigna</i> Klatt syn <i>V. corymbosa</i>	Uhlunguhlungu (Z), Phathaphathane (V)	Leaves	Diarrhoea (Mlambo, 2008)	-	-
Balanitaceae					
<i>Balanites maughamii</i> Sprague		leaves	Diarrhoea in cattle (Luseba and Van der Merwe, 2006; McGaw <i>et al.</i> , 2008)	Antiplasmodial and cytotoxicity (Prozesky <i>et al.</i> , 2001)	-
Balanophoraceae					
<i>Sarcophyte sanguine</i> Sparrm		whole plant	Amenorrhoea, dysentery, diarrhoea and swellings growth (lwalewa <i>et al.</i> , 2007)	Antibacterial and antifungal (Naidoo <i>et al.</i> , 1992)	Eriodictyol, naringenin, triandrins, n-pinitol (ID-4-O-methyl chiroinositol), trans-p-coumaraldehyde, Exocarpic acid (13E-octadecene-9,11-diynoic acid)
Bignoniaceae					
<i>Markhamia sessilis</i> Sprague		Leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010)	Antiplasmodial and cytotoxicity (Mbatchi <i>et al.</i> , 2006), antimicrobial and antimalaria (De Villiers <i>et al.</i> , 2010)	-
<i>Kigelia africana</i> (Lam.) Benth.		Bark	Dysentery and stomach ailments (van Wyk, 2008b)	Antidiarrhoea (Akah, 1996), analgesic and anti-inflammatory (Owolabi and Omogbai, 2007), antifungal and antibacterial (Owolabi <i>et al.</i> , 2007)	Verminoside and Verbascoside (Picerno <i>et al.</i> , 2005)
<i>Tecomaria capensis</i> Spach		Bark	fever, diarrhea and dysentery, pains, sleeplessness, stomach and chest pains (lwalewa <i>et al.</i> , 2007)	Antimicrobial (Saini <i>et al.</i> , 2011)	-
Bombacaceae					
<i>Adansonia digitata</i> L.	Muvhuyu (V)	Leaves, bark, root fruit	Fever, diarrhoea, haemoptysis, hiccup remedy (van Wyk, 2008b)	Anti-inflammatory, antiviral (Selvarani and Hudson, 2009), antihyperglycemic and hypolipidemic (Bhargav <i>et al.</i> , 2009), Antimicrobial (Mulaudzi <i>et al.</i> , 2011)	Epicatchin, procyanidin B2, procyanidin B5 (Kinghorn <i>et al.</i> , 2011)
Bursareceae					
<i>Commiphora harveyi</i> (Engl.) Engl.		Leaves	Disinfectant for wound, anthelmintic and snakebite (Watt and Breyer-Brandwijk, 1962)	Antimicrobial (Suleiman <i>et al.</i> , 2010)	-

Capparaceae					
<i>Capparis tomentosa</i>	Umqoqolo (Z), Muoba-dali (V)	Root infusions and decoctions	Diarrhoea in cattle, stomach ailments in animals (Watt and Breyer-Brandwijk, 1962, Pujol, 1990, McGaw <i>et al.</i> , 2008)	Antimicrobial (Ramalivhana <i>et al.</i> , 2010), antifungal (Samie <i>et al.</i> , 2010)	Stachydrine L-form (Systolic depressant, rheumatism)
Caricaceae					
<i>Carica papaya</i> L.	Papawe (V)	Leaves, seed	Amoebic dysentery, fever, gastric problems, asthma, immune-stimulant (Green <i>et al.</i> , 2010; Aruoma <i>et al.</i> , 2006)	Antiamoebic (Tona <i>et al.</i> , 1998), anthelmintic (Kermanshai <i>et al.</i> , 2001)	Alternariol Carpamine (cardiotonic agent, CNS depressant), Chymopapain ; Glycerol triacetate (antifungal and adjuvant); Papain ; 2,4'-Dihydroxy-3',5'-dimethoxyacetophenone (antifungal), Benyl isothiocyanate (Kermanshai <i>et al.</i> , 2001)
Caryophyllaceae					
<i>Krauseola mossambicina</i> (Moss.) Pax & K. Hoffm.	Isihlaza, Isihlazi		Diarrhoea (de Wet <i>et al.</i> , 2010)	-	-
Celastraceae					
<i>Elaeodendron transvaalense</i> (Burt Davy) R.H. Archer syn <i>Cassine transvaalensis</i>	Mulumanamana Mukuhazwhi, Umgugudo (Z)	Bark	Cough, piles, venereal diseases, diarrhoea, stomach ache, laxative (Samie <i>et al.</i> , 2010)	Antimicrobial (Tshikalange <i>et al.</i> , 2005), hypoglycaemic (Deutschlander <i>et al.</i> , 2009), Cytotoxicity (Tshikalange and Hussein, 2010)	lup-20(30)-ene-3,29-diol , lup-20(29)-ene-30-hydroxy-3-one-(2), ψ- taraxastanonol, β-sitosterol and 4' -O-methylepigallocatechin (Tshikalange and Hussein, 2010)
<i>Gomphocarpus fruticosus</i> Dryand.		Leaf infusion	Diarrhoea and stomach ache in children (Hutchings <i>et al.</i> , 1996; Fouche <i>et al.</i> , 2008)	-	Gomphoside (cardiotonic agent)
<i>Gymnosporia senegalensis</i> (Lam.) Loes	Ubuhlangwe		Diarrhoea (de Wet <i>et al.</i> , 2010)		-
<i>Maytenus heterophylla</i> Eckl. & Zeyh.) Robson	Isibhubu (Z), Tshiphandwa (V)	Bark and leaf infusions	Diarrhoea in stock animals (Watt and Breyer-Brandwijk, 1962; McGaw <i>et al.</i> , 2008)	Antimicrobial (Orabi <i>et al.</i> , 2001), anti-inflammatory and cytotoxicity (Da Silva <i>et al.</i> , 2010), anticytomegalovirus (Murayama <i>et al.</i> , 2007)	1β-acetoxy-9α-benzoyloxy-2β,6α-dinicotinoyloxy-β-dihydroagarofuran, β-amyrin, maytenfolic acid, 3α-hydroxy-2-oxofriedelane-20α-carboxylic acid, lup-20(29)-ene-1β,3β-diol, (-)-4'-methylepigallocatechin, and (-)-epicatechin (Da Silva <i>et al.</i> , 2010) , pristimerin, lupeol and 2-acetylphenol-1-β-D-glucopyranosyl (1→6)-β-D-xylpyranoside (acetophenol glycoside) (Murayama <i>et al.</i> , 2007)
<i>Maytenus peduncularis</i> (Sond.) Loes.	Mukwatule (V)	root	Backache, pain (Gonzalez <i>et al.</i> , 2000)	-	-
<i>Maytenus procumbens</i> (L.f.) Loes.	-	-	-	-	-

<i>Maytenus senegalensis</i> (Lam.) Exell	Tshiphandwa (V)		Root used for chest pain, rheumatism, snakebites, diarrhoea and fever. Leaves for eye infection (Matu and van Staden, 2003)	Antimicrobial and anti-inflammatory (Matu and van Staden, 2003); anti-inflammatory and cytotoxicity (Da Silva <i>et al.</i> , 2010)	Wilforine (insecticidal), β -amyrin, lupenone, maytenoic acid, β -sitosterol, pristimerin (Da Silva <i>et al.</i> , 2010)
<i>Maytenus undata</i> (Thunb.) Blakelock	Tshinembane (V)	Leaves		Antimicrobial, anti-inflammatory and antioxidant (Muhammed <i>et al.</i> , 2000), antimalaria (Muthaura <i>et al.</i> , 2007)	3-oxo-11 α -methoxyolean-12-ene-30-oic acid, 3-oxo-11 α -hydroxyolean-12-ene-30-oic acid, 3-oxo-olean-9(11),12-diene-30-oic acid, 3,4-seco-olean-4(23),12-diene-3,29-dioic acid (20-epikoetjapic acid), 3,11-dioxoolean-12-ene-30-oic acid (3-oxo-18 β -glycyrrhetic acid), koetjapic acid, 12-oleanene artifact 3-oxo-11 α -ethoxyolean-12-ene-30-oic acid (Muhammed <i>et al.</i> , 2000)
Chenopodiaceae					
<i>Atriplex nummularia</i> Lindl.		Leaves, flower	Diarrhoea (Van Wyk <i>et al.</i> , 2008)	Antitumorigenic activity (Amara <i>et al.</i> , 2008)	-
<i>Chenopodium ambrosioides</i> L.	Unakani, Ikhambi	Aerial part	Diarrhoea (de Wet <i>et al.</i> , 2010)	Antisecretory against cholera toxin (Velazquez <i>et al.</i> , 2006), antiamoeba and antigardia (Calzada <i>et al.</i> , 2006)	Ascaridole, quercetin, kaempferol, isorhamnetin, ambroside, malic acid, succinic acid
Clusiaceae					
<i>Garcinia livingstonei</i> T. Anderson	Umphimbi, Muphiphi (V)	leaves	Diarrhoea (de Wet <i>et al.</i> , 2010)	Antibacterial (Kaikabo, 2008)	Amentoflavone (Bradykinin antagonist, anti-HIV activity, inhibitor of human cathepsin B, anti-inflammatory properties), amentoflavone and 4"-methoxy amentoflavone (Kaikabo, 2008)
Combretaceae					
<i>Combretum bracteosum</i> (Hochst.) Brandis ex Engl.		leaves	-	anti-inflammatory, anthelmintic and antischistosomal (McGaw <i>et al.</i> , 2001)	-
<i>Combretum imberbe</i> Wawra	Mudzwiri (V)	Root	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	anti-inflammatory, anthelmintic and antischistosomal (McGaw <i>et al.</i> , 2001), antimicrobial (Angeh <i>et al.</i> , 2007)	1 α , 23 β -Dihydroxyl-12-Oleanen-29-oic acid-23 β -O- α -4-acetylramnopyranoside; 1, 22-Dihydroxyl-12-Oleanen-30-oic acid; Ethyl cholesta-7, 22,25-trien-O- β -D-glucopyranoside (Angeh <i>et al.</i> , 2007), imberbic acid (Katerere <i>et al.</i> , 2003)
<i>Combretum molle</i> R. Br.ex G. Don	Mugwiti (V)	Roots	Abdominal pain, fever, snake bite, leprosy and convulsions (Bessong <i>et al.</i> , 2005; Mabogo, 1990)	anti-inflammatory, anthelmintic and antischistosomal (McGaw <i>et al.</i> , 2001)	Punicalgin, 4- <i>epi</i> -sericoside, sericoside (Asres <i>et al.</i> , 2001), β -D-glucopyranosyl 2 α ,3 β ,6 β -trihydroxy-23-galloylolean-12-en-28-oate, combregenin, arjungenin, arjunglucoside I, combreglucoside (Ponou <i>et al.</i> , 2008), mollic acid glucoside (Oyewole, 2008)
<i>Combretum padoides</i> Engl. & Diels				anti-inflammatory, anthelmintic and antischistosomal (McGaw <i>et al.</i> , 2001); antifungal (Masoko <i>et al.</i> , 2007); Antibacterial (Angeh <i>et al.</i> , 2007)	1 α ,23 β -dihydroxy-12-oleanen-29-oic-acid-23 β -O- α -4-acetylramnopyranoside, 1,22-dihydroxy-12-oleanen-30-oic acid, 24-ethylcholesta-7,22,25-trien-O- β -D-glucopyranoside (Angeh <i>et al.</i> , 2007)
<i>Combretum vendae</i> A.E. van Wyk		Leaves	Leprosy, ophthalmic remedy, and blood purification (Watt and Breyer-Brandwijk,	Antimicrobial (Ahmed <i>et al.</i> , 2008; Suleiman <i>et al.</i> , 2010)	apigenin (Eloff <i>et al.</i> , 2008)

			1962)		
<i>Combretum woodii</i> Dummer				anti-inflammatory, anthelmintic and antischistosomal (McGaw <i>et al.</i> , 2001); antifungal (Masoko <i>et al.</i> , 2007)	Combretastatin B5 (Eloff <i>et al.</i> , 2005)
<i>Combretum zeyheri</i> Sond	Mufhatela-thundu, Mufhatela (V)	Root infusion	Bloody diarrhoea (Hutchings <i>et al.</i> , 1996; Fouche <i>et al.</i> , 2008)	Antibacterial (Breytenbach and Malan, 1989)	
<i>Terminalia laxiflora</i> Engl.		Leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010)	Antifungal (Batawila <i>et al.</i> , 2005)	
<i>Terminalia phanerophlebia</i> Engl.		Root bark	Diarrhoea and colic (Iwalewa <i>et al.</i> , 2007)	Antimicrobial (Shai <i>et al.</i> , 2008a)	
<i>Terminalia sericea</i> Burch. ex DC.	Mususu (V), Ikonono	Leaves roots	Wound (Luseba and Van der Merwe, 2006); diarrhoea (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	Antimicrobial, antidiabetic, cytotoxicity (Moshi and Mbwambo, 2005), COX-1 and COX-2 assays (Eldeen <i>et al.</i> , 2006).	Anolignan B (Eldeen <i>et al.</i> , 2006), Termilignan B, Arjunic acid (Eldeen <i>et al.</i> , 2008), 3'5'-dihydroxy-4-(2-hydroxy-ethoxy) resveratrol-3-O- β -rutinoside, resveratrol-3- β -rutinoside glycoside, 3',4,5'-Trihydroxystilbene (resveratrol), arjungenin (Joseph <i>et al.</i> , 2007)
Convolvulaceae					
<i>Ipomoea batatas</i> (L.) Lam.	Sweet potato	Leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010)		4,5-Di-transcaffeoyldenoic acid (antioxidant), 6-O-caffeoylsophorose (α -glucosidase inhibitor, antioxidant); 3,5-Di-O-caffeoylquinic acid (active against HIV-1 integrase, antiviral, antihepatotoxic activity); Petrovin B (antibacterial and antitumour)
Cornaceae					
<i>Curtisia dentata</i> (Burm.f.) C.A.Sm.= <i>C. faginea</i> Assegaai	Umlahlani (X, Z) Unsirayi (X), Umgxina	Bark, root	Diarrhoea, stomach ailments (Bisi-Johnson <i>et al.</i> , 2010)	Antimicrobial (Shai <i>et al.</i> , 2008a, Shai <i>et al.</i> , 2009)	Lupeol, betulinic acid, ursolic acid, and 2 α -hydroxyursolic acid (Shai <i>et al.</i> , 2008b)
Crassulaceae					
<i>Crassula ovata</i> (Mill.) Druce	Karkay, karkey (K)	Fresh leave	Diarrhoea (van Wyk, 2008)	-	-
<i>Crassula tetragona</i> L.	Karkay, karkey (K)	Fresh leave	Diarrhoea (van Wyk, 2008)	-	-
Cucurbitaceae					
<i>Cucumis hirsutus</i> Sond.		Leaves, root	Decoction for abdominal pains, diarrhoea (Fawole <i>et al.</i> , 2009; Hutching <i>et al.</i> , 1996)	-	-
<i>Mormodica balsamina</i> L.	Lubavhe (V)	Whole plant	Diabetes, childhood diarrhoea (Samie <i>et al.</i> , 2009)	Shigellocidal (Iwalokun <i>et al.</i> 2001); Cytotoxicity and antiameobic (Samie <i>et al.</i> , 2009)	Balsaminapentaol A, Balsaminol A, Balsaminol B, Cucurbalsaminol A, Cucurbalsaminol B, cucurbita-5,23(E)-diene-3 β ,7 β ,25-triol, karavilagenin E (Ramalhete <i>et al.</i> , 2009)
Ebenaceae					
<i>Diospyros lycioides</i> Desf.	Umbulwa (Z)	Bark, root	Decoction for bloody faeces and dysentery (Fawole <i>et al.</i> , 2009); (Hutching <i>et al.</i> ,	-	Hydroxyisodispyrin (cytotoxic agent)

			1996)		
<i>Diospyros mespiliformis</i>	Musuma	Bark and leaves	Dysentery, fever, ringworm, skin infection, wound healing (Samie <i>et al.</i> , 2010)		Diosquinone, plumbagin (Lajubutu <i>et al.</i> , 1995)
<i>Diospyros pallens</i> (Thunb.) F. White		Root and stem	Stomach arch; diarrhoea (van Wyk, 2008)	-	-
<i>Euclea crispa</i> Thunb Gurke	Ungwali (Z),	leaves	Dysmenorrhoea (Steenkamp, 2003)		
<i>Euclea natalensis</i> A. DC	Mutangule-thavha (V), Umzimane (Z)	root	oral health care, for chest complains, bronchitis, pleurisy, chronic asthma, urinary tract infections, venereal diseases (Lall and Meyer, 2001), Infertility and abortifacient (Arnold and Gulumian, 1984)	Antibacterial (Weigenand <i>et al.</i> , 2004), antimycobacterium (Lall and Meyer, 2001)	Octahydroeuclein, 20(29)-lupene-3 β -isoferulate, shinanolone, lupeol, betulin (Weigenand <i>et al.</i> , 2004); diospyrin (Lall and Meyer, 2001)
Euphorbiaceae					
<i>Antidesma venosum</i> E. Mey. ex Tul.	Mupalakhwali (V)	Leaf	Decoction for abdominal cramps and dysentery (Fawole <i>et al.</i> , 2009; Hutching <i>et al.</i> , 1996)	Antimicrobial (Fawole <i>et al.</i> , 2009)	-
<i>Bridelia micrantha</i> (Hochst.) Baill	Munzere (V)	Bark, leaves, roots	Stomach ache, diarrhoea, abortifacient (Bessong <i>et al.</i> , 2005; Lin <i>et al.</i> , 2002), Gastro-intestinal ailments, painful joints, retained placenta, diabetes mellitus, syphilis prehepatic jaundice, tape worm abdominal pain, conjunctivitis, headache, scabies, bloody diarrhoea, dysentery, emetic, wound infection, coughs, threadworms, tonic for children, sore eyes, epigastric pain, relief of headache, purgative (Nguemem <i>et al.</i> , 2009), diabetes mellitus (Abo <i>et al.</i> , 2008)	Antidiarrhoea (Lin <i>et al.</i> , 2002), beta-lactamase inhibition (Gangoue-Pieboji <i>et al.</i> , 2007); antimalarial (Abo and Ashidi (1999). <i>n</i> -butanol fraction of methanolextract has IC50 of 7.3_g/ml against the RNA-dependent DNA polymerization (RDDP) function of HIV-1 RT (Bessong <i>et al.</i> , 2006)	Taraxerol, gallic and ellagic acid, friedelin, delphinidin, methyl salicylate (Nguemem <i>et al.</i> , 2009)
<i>Bridelia mollis</i>	Mukumbakumba	Leaves	Dysentery, burning and itching (Samie <i>et al.</i> , 2010)	Antifungal (Samie <i>et al.</i> , 2010)	
<i>Euphorbia cooperi</i> N. B. Br. Ex. Berger	Umhlonhlo (X)	Root bark	Diarrhoea, stomach disorder (Bisi-Johnson <i>et al.</i> , 2010)	-	-
<i>Euphorbia hirta</i> L.		Leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010); dysentery, gonorrhoea, jaundice, pimples, digestive problems and tumours, antibacterial, anti-inflammatory, antimalarial, galactogenic, antiasthmatic, antidiarrheal, anticancer, antioxidant, antifertility, antiamoebic, and antifungal activities (Kumar <i>et al.</i> , 2010)	Antiamoebic, spasmolytic (Tona <i>et al.</i> , 2000), Antidiarrhoeal (Galvez <i>et al.</i> , 1993)	β -amyrin, 24-methylenecycloartenol, β -sitosterol, Quercitrin (Galvez <i>et al.</i> , 1993). Quercitol, gallic acid, afzelin, quercitrin, myricitrin, rutin, gallic acid, quercitin, euphorbin-A and euphorbin-B, euphorbin-C, euphorbin-D, β -amyrin, 24-methylenecycloartenol, β -sitosterol, heptacosane, n-nonacosane, shikmic acid, tinyatoxin, choline, camphol, and quercitol (Kumar <i>et al.</i> , 2010)
<i>Jatropha zeyheri</i> Sond.	Xidomeja	Roots	General ailments, diarrhoea (Luseba and Van der Merwe, 2006; McGaw <i>et al.</i> , 2008)	Antimicrobial and Antifungal (Dekker <i>et al.</i> , 1987)	Jaherin (Dekker <i>et al.</i> , 1987)

<i>Ricinus communis</i> L.	Mupfure (T)	leaves	Wound and sores, asthma arthritis, flu, fever, tuberculosis, toothache, diarrhoea, antihelmentic (Bessong <i>et al.</i> , 2005; Grierson and Afolayan, 1999)	-	-
<i>Spirostachys africana</i> Sond	Morekhure (S)	Wood	Stomach ulcers, acute gastritis, headache, rashes, boil, emetic, purgative, diarrhoea, dysentery (Verschaeve and Van Staden, 2008)	Antibacterial and cytotoxicity (Mathabe <i>et al.</i> , 2008)	-
Fabaceae					
<i>Acacia burkei</i> Benth	umkhaya		Diarrhoea (de Wet <i>et al.</i> , 2010)	-	-
<i>Acacia karoo</i> Hayne	uMnga (X), Umunga (Z)	Bark, leaves	Diarrhoea, intestinal parasites in goats, sheep, poultry and pig (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008) fractures and diarrhoea (Van der Merwe <i>et al.</i> , 2001)	Anti-inflammatory (Adedapo <i>et al.</i> , 2008); Acute toxicity (Adedapo <i>et al.</i> , 2008)	-
<i>Acacia mearnsii</i> De Wild Blackwood	Ublekwana (X) Udywabasi (X, Z) Indywabasi	Bark	Infusion for diarrhoea and dysentery (Bisi-Johnson <i>et al.</i> , 2010)	Protective against acrolein-induced oxidative damage (Huang <i>et al.</i> , 2010)	Robinetinidol-(4 β →8)-epigallocatechin 3-O-gallate (Huang <i>et al.</i> , 2010)
<i>Acacia robusta</i> E. Meyer	Umngamanzi (Z)	leaves	Diarrhoea (Mlambo, 2008)	Antifungal (Hamza <i>et al.</i> , 2006)	
<i>Acacia sieberiana</i> DC.var <i>woodii</i> (Burt Davy) Keay & Brenan	Musaunga, Muunga-luselo (V)	Bark	Enemas, antiseptic, fever, stomach ache, tapeworm, astringent, haemostatic, diarrhoea (Verschaeve and Van Staden, 2008)	Mutagenicity, antimutagenicity; antibacterial, antiinflammatory, anticholinesterase and mutagenic effects (Eldeen <i>et al.</i> , 2005)	-
<i>Acacia tortilis</i> (Forssk.) Hayne	Muunga-khanga, Muswu (V)		Diarrhoea (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)		-
<i>Bauhinia bowkeri</i> Harv	uMdandlovu	Leaves, bark	Induce vomiting (Ndawonde <i>et al.</i> , 2007)	-	-
<i>Bauhinia galpinii</i> N. E. Br	Mutswiriri (V), Umhuwa (Z)	Bark, leaves	Diarrhoea, infertility (Samie <i>et al.</i> , 2010), infertility (Arnold and Gulumian, 1984), amenorrhoea (Van Wyk and Gericke, 2000)	Antimutagenic (Reid <i>et al.</i> , 2006); antioxidant and cytotoxicity of leaf extracts (Aderogba <i>et al.</i> , 2007); Anticampylobacterial, antiamoebic and cytotoxicity of root extract (Samie <i>et al.</i> , 2009)	Quercetin-3-O- β -glactopyranoside, Myricetin-3-O- β -glactopyranoside, 2"-O-rhamnosylvitexin (Aderogba <i>et al.</i> , 2007)
<i>Bauhinia petersiana</i> Bolle	Mushakule (V)	root	Cold (Coates-Palgrave, 2002); infertility and dysmenorrhoea (Van Wyk and Gericke, 2000)	-	-
<i>Bauhinia variegata</i> Linn		Leaves, bark	Diabetes, goiter, dysentery, diarrhoea (Parekh and Chanda, 2007)	Anti-inflammatory (Rao <i>et al.</i> , 2008); Immunomodulator (Ghaisas <i>et al.</i> , 2009)	kaempferol, ombuin, kaempferol 7,4'-dimethyl ether 3-O- β -D-glucopyranoside, kaempferol 3-O- β -D-glucopyranoside (4), isorhamnetin 3-O- β -D-glucopyranoside, hesperidin, 3 β -trans-(3,4-dihydroxycinnamoyloxy)olean-12-en-28-oic acid (Rao <i>et al.</i> , 2008)

<i>Dichrostachys cinerea</i> (L.) Wight and Am.	Murenzhe (V)	Bark	Diarrhoea and steaming to get ride of acne (Mlambo, 2008)	spasmodic in guinea-pig isolated trachea (Aworet-Samseny <i>et al.</i> , 2011)	dichrostachines A-R (Long <i>et al.</i> , 2009)
<i>Elephantorrhiza burkei</i> Benth.	Umdabu (Z), Tshisese-thavha, Tshisesevhufa (V)	root	abdominal pains, diarrhoea, coughs, bacterial infections (lwalewa <i>et al.</i> , 2007)	Antimicrobial (Mathabe <i>et al.</i> , 2006)	Triterpenoids, α -amyrim, β -sitosterol, alkaloids and saponin
<i>Elephantorrhiza evoluta</i> (Burch.) Skeels	iNtololwane (X, Z)	Roots, aerial part and bulb	Diarrhoea and dysentery in cattle, horse and humans (Watt and Breyer-Brandwijk, 1962; McGaw <i>et al.</i> , 2008)	-	-
<i>Elephantorrhiza elephantina</i> (Burch.) Skeels	Leshitsana	Stem rhizome	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	Antimicrobial (Mathabe <i>et al.</i> , 2006), antiparasitic (Naidoo <i>et al.</i> , 2006), antibabesia (Naidoo <i>et al.</i> , 2005)	
<i>Eriosema psoraleoides</i> (Lam.) G. Don		Leaves	Decoction for diarrhoea (De Villiers <i>et al.</i> , 2010)	Antimicrobial (Khan <i>et al.</i> , 2000)	
<i>Erythrina latissima</i> E. Mey	Muvhale (V)		Sores (Coates-Palgrave, 2002)		erysotrine, erysodine, syringaresinol, vanillic acid, (+)-10,11-dioxoerysotrine, 2-(5'-hydroxy-3'-methoxy phenyl)-6-hydroxy-5-methoxybenzofuran, 7,3'-dihydroxy-4'-methoxy-5'-(γ,γ -dimethylallyl)isoflavone (erylatissin A) (Wanjala <i>et al.</i> , 2002), 7,3'-dihydroxy-6'',6''-dimethyl-4'',5''-dehydropyrano [2'',3'': 4',5']isoflavone (erylatissin B), (-)-7,3'-dihydroxy-4'-methoxy-5'-(γ,γ -dimethylallyl)flavanone (erylatissin C) (Chacha <i>et al.</i> , 2004)
<i>Indigofera daleoides</i> Benth. ex Harv & Sond		Whole plant	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	Antimicrobial (Mathabe <i>et al.</i> , 2006)	(6,2-O-[3-nitropropanoyl- β -D-glucopyranose]), (6,3',4'-trihydroxyflavan 5'-O-glucopyranoside) (Mathabe <i>et al.</i> , 2009)
<i>Indigofera jucunda</i> Schrire syn <i>Indigofera cylindrical sensu</i> E. Mey		Root	Intestinal worm (Coates-Palgrave, 2002)	-	-
<i>Indigofera sessilifolia</i> DC.	iKhubalo	Roots	Diarrhoea in calves (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008)	-	-
<i>Mucuna coriacea</i> Baker	Vhaulada	Roots	Fever, diarrhoea (Bessong <i>et al.</i> , 2005)	Antimicrobial (Samie <i>et al.</i> , 2009)	N.A
<i>Peltophorum africanum</i> Sond.	Musese (T)	Bark, root bark	Tonic, diarrhoea (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	Anti parasitic (Bizimenyera <i>et al.</i> , 2006), anti HIV (Bessong <i>et al.</i> , 2005)	Catechin, gallotannin, bergenin (Bessong <i>et al.</i> , 2005)
<i>Rhynchosia adenoids</i> E. & Z.		Roots	Decoction for rheumatic pains, menstrual pains and dysentery (Shale <i>et al.</i> , 1999)	Cyclooxygenase inhibitory (Jager and Van Staden, 2005)	
<i>Senna italic</i> Mill.	Ximbangam bangana	Bark, roots	Diarrhoea and gallsickness diarrhoea, (Luseba and Van der Merwe, 2006; McGaw <i>et al.</i> , 2008)	-	--

<i>Senna occidentalis</i> (L.) Link	Ikhoshokhosh	Leaves, root	Diarrhoea (de Wet <i>et al.</i> , 2010)		
<i>Schotia brachypetala</i> Sond.	Mulubi (V)	Bark	Diarrhoea (Mathabe <i>et al.</i> , 2006), root for dysentery and diarrhoea (Hutching <i>et al.</i> , 1996)	Antibacterial (McGaw <i>et al.</i> , 2002)	Linolenic acid and methyl-5,11,14,17-eicosatetraenoate (McGaw <i>et al.</i> , 2002)
<i>Schotia latifolia</i> Jacq.	Umgxam	bark	Decoction for diarrhoea (Appidi <i>et al.</i> , 2008)	Antibacterial (Masika <i>et al.</i> , 2004)	Epicatechin and catechin (Masika <i>et al.</i> , 2004)
<i>Zornia milneana</i>	Lukandulula (V)	Whole plant	Dysentery and diarrhoea (Samie <i>et al.</i> , 2005)	Anticampylobacterial and antiamoebic (Samie <i>et al.</i> , 2009)	-
Flacourtiaceae					
<i>Oncoba spinosa</i> Lam		root	Dysentery bladder problem (Verschaeve and Van Staden, 2008)	Mutagenicity, antimutagenicity, Epilepsy and convulsion (Risa <i>et al.</i> , 2004)	-
Gentianaceae					
<i>Chironia baccifera</i> L.			treat acne, sores and diarrhoea (Watt and Breyer-Brandwijk, 1962; van Wyk <i>et al.</i> , 1997)	Antibacterial (Thring <i>et al.</i> , 2007)	-
Geraniaceae					
<i>Geranium incanum</i> Burm. f.	Isikhwali (Z)	leaves	Diarrhoea (Amabeoku, 2009; Van Wyk <i>et al.</i> 1997)	Antidiarrhoeic (Amabeoku, 2009); antimicrobial and cytotoxicity (Babajide <i>et al.</i> , 2010)	-
<i>Monsonia emarginata</i> (L.f.) L'Hér.		Herb and root	Diarrhoea, dysentery, cold and inflammation (van Wyk, 2008)	-	-
<i>Monsonia burkeana</i> Planch. Ex Harv.		Herb and root	Diarrhoea, dysentery, cold and inflammation (van Wyk, 2008)	Antioxidant (Mamphiswana <i>et al.</i> , 2010)	-
<i>Pelargonium antidysentericum</i> (Eckl. & Zeyh.) Kostel		Tubers	Used as astringent, diarrhoea, dysenteric fever (Brendler and van Wyk, 2008)	-	-
<i>Pelargonium luridum</i> (Andr.) Sweet	Umsongelo (X) ishwaqa	Leaf, root	Diarrhoea, dysentery, fever and colic (Brendler and van Wyk, 2008)	-	-
<i>Pelargonium reniforme</i> Curtis	iNtololwana, uVendle	Tuberous root	Diarrhoea and dysentery (van Wyk, 2008)	Antibacterial, antifungal and antioxidant (Adewusi and Afolayan, 2009a), Acute toxicity (Adewusi and Afolayan, 2009b)	scopoletin, umckalin, 5,6,7-trimethoxycoumarin, 6,8-dihydroxy-5,7-dimethoxycoumarin, (+)-catechin, gallic acid (Kayser and Kolodziej, 1997)
<i>Pelargonium sidoides</i> DC.	Umsongelo (X)		Tuberculosis, diarrhoea (Brendler and van Wyk, 2008)	Immunomodulatory (Kayser <i>et al.</i> , 2001), antibacterial, antifungal and antitubercular (Mativandlela <i>et al.</i> , 2006)	scopoletin, umckalin, 5,6,7-trimethoxycoumarin, 6,8-dihydroxy-5,7-dimethoxycoumarin, (+)-catechin, gallic acid (Kayser and Kolodziej, 1997)
<i>Pelargonium triste</i>		Tuberous	Diarrhoea and dysentery (van Wyk, 2008)	-	-

(L.) L'Hér.		root			
Hyacinthaceae					
<i>Eucomis autumnalis</i> (Mill.) Chitt.	Ubuhlungu becanti Isithithibala (X) Umathinga (Z)	Bulb	Stomach ache, diarrhoea, back pain, healing of fractures (Bisi-Johnson <i>et al.</i> , 2010)	Anti-inflammatory (Zschocke <i>et al.</i> , 2000)	-
<i>E. regia</i> (L.) L'Herit			Veneral diseases, lumbago, diarrhoea, respiratory conditions especially coughs, biliousness and to prevent premature childbirth (Watt and Breyer-Brandwijk, 1962)	COX-1 assay (Taylor and van Staden, 2001)	-
<i>Ledebouria revoluta</i> (L.f.) Jessop	iKreketsana (X)	Bulb	Bulb infusion for diarrhoea in goat, leaf decoction for gallsickness (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008)		(3R)-5,7-dihydroxy-3-(4'-methoxybenzyl)-4-chromanone, (3R)-5,7-dihydroxy-3-(4'-hydroxybenzyl)-4-chromanone, 3R)-5-hydroxy-7,8-dimethoxy-3-(4'-hydroxybenzyl)-4-chromanone, (3R)-5,7-dihydroxy-8-methoxy-3-(4'-hydroxybenzyl)-4-chromanone (Moodley <i>et al.</i> , 2006)
<i>Schizocarpus rigidifolius</i>	Ingcino (S)	leaves	Infusion for diarrhoea (Amusan <i>et al.</i> , 2007)	-	-
<i>Scilla nervosa</i> (Burch.) Jessop	Umagaqana, magaqana (X) Imbizankulu ingema (Z)	Root, bulb	All purpose herb. Diarrhoea, tuberculosis (Bisi-Johnson <i>et al.</i> , 2010)	-	-
Hydnoraceae					
<i>Hydnora africana</i>	Ubuklunga (X) Umavumbuka (Z) Umafumbuka (X)	Fruits, tuber leaves	Diarrhoea, dysentery (Bisi-Johnson <i>et al.</i> , 2010)	-	-
Hypoxidaceae					
<i>Hypoxis latifolia</i> Hook.	Inongwe llabateka (X)	Tuber	Decoction for diarrhoea (Bisi-Johnson <i>et al.</i> , 2011)	Antibacterial, antifungal (Buwa and Van Staden, 2006)	
<i>Hypoxis hemerocallidea</i> Fisch. & C. A. Mey	Inongwe llabateka (X)	Tuber	Decoction for diarrhoea (Ojewole <i>et al.</i> , 2009)	Antinociceptive, anti-inflammatory and antidiabetic (Ojewole, 2006), Antidiarrhoeal, acute toxicity test (Ojewole <i>et al.</i> , 2009)	
Iridaceae					
<i>Crocasmia paniculata</i> (Klatt.) Goldbl.	Undwendweni (Z)	corms	Diarrhoea in bovine (Watt and Breyer-Brandwijk, 1962; McGaw <i>et al.</i> , 2008)	-	-
<i>Gladiolus dalenii</i> van Geel		corm	Dysentery, diarrhoea, stomach cramps (Fawole <i>et al.</i> , 2009; Hutching <i>et al.</i> , 1996)	Anti-inflammatory (Fawole <i>et al.</i> , 2009; Ndhala), amoebicidal (Moundipa <i>et al.</i> , 2005), Antimicrobial and mutagenicity (Fawole <i>et al.</i> , 2009; Finnie)	-

<i>Gladiolus sericeo-villosus</i> Hook. F	Umnunge (X), Umlunge (Z)	Corm	Decoction for dysentery, cold, tuberculosis diarrhoea (Bisi-Johnson <i>et al.</i> , 2010)	-	-
<i>Watsonia densiflora</i> Bak.		Corm	Diarrhoea in calves (Watt and Breyer-Brandwijk, 1962; McGaw <i>et al.</i> , 2008)	Antibacterial, antifungal, acetylcholinesterase inhibition, mutagenicity, COX 1 and 2 (Ndhala <i>et al.</i> , 2010)	
<i>Watsonia tabularis</i> Bak		corm	Diarrhoea in human and calves (Fawole <i>et al.</i> , 2009; Hutching <i>et al.</i> , 1996)	Antimicrobial and mutagenicity (Fawole <i>et al.</i> , 2009 Finnie)	
Lamiaceae					
<i>Ballota africana</i> (L.) Berth.					
<i>Cissus quadrangularis</i> (Linn)	Isinwasi (Z), Nyangala (T)	Root, stem	Burns, wounds, gastrointestinal complaints, backache, body- and febrile pain, malaria (Lin <i>et al.</i> , 1999; Hutchings <i>et al.</i> , 1996)	Antibacterial, anti-inflammatory and mutagenicity (Luseba, <i>et al.</i> , 2007)	
<i>Leonotis leonurus</i> (L.) R.Br	Imunyamunya (Z)	leaves and stem bark	feverish headache, dysentery, coughs and colds, and haemorrhoids (Iwalewa <i>et al.</i> , 2007)	Anticonvulsant (Bienvenu <i>et al.</i> , 2002), antinociceptive, anti-inflammatory and hypoglycaemic activities (Ojewole, 2005)	1,2,3-trihydroxy-3,7,11,15-tetramethylhexadecan-1-yl-palmitate, succinic acid, uracil, luteolin 7-O-glucoside, acteoside, geniposidic acid (Agnihotri <i>et al.</i> , 2009)
<i>Leucas capensis</i> (Benth.) Engl.	uPhiphiyo	leaves	Decoction with <i>Aloe forex</i> and <i>Brachylaena ilicifolia</i> for diarrhoea in lambs (Dold and Cocks, 2001)	-	-
<i>Mentha longifera</i> (L.) L.		Leaf	Anti-diarrhoea (Naseri <i>et al.</i> , 2008)	Spasmolyte (Naseri <i>et al.</i> , 2008)	-
<i>Rotheca myricoides</i> (Hochst.) Steane & Mabb.		Root bark	Fever and diarrhoea in cattle (Verschaeve and Van Staden, 2008)	Mutagenicity and antimutagenicity (Verschaeve and Van Staden, 2008)	-
<i>Salvia africana-caerulea</i> L.		Leaf	Coughs, colds, women ailments; diarrhoea (van Wyk, 2008)	Antimicrobial, antioxidant, anti-inflammatory, antiparasitic, cytotoxicity and antituberculosis (Kamatou <i>et al.</i> , 2006)	-
<i>Salvia repens</i> Burch. Ex. Benth		Roots, leaves, whole plant	Sores on the body, stomach problems, diarrhoea (Kamatou <i>et al.</i> , 2008)	Antimicrobial, antioxidant, anti-inflammatory, antiparasitic, cytotoxicity and antituberculosis (Kamatou <i>et al.</i> , 2006)	-
<i>Tetradenia riparia</i> (Hochst.) Codd	Iboza (Z)	leaves	Cough, sore throats, malaria, dengue, dropsy, fever, diarrhoea, haemoptysis, boils, mumps, induce drowsiness (Verschaeve and Van Staden, 2008)	Mutagenicity, antimutagenicity (Verschaeve and Van Staden, 2008); Antibacterial, antifungal, acetylcholinesterase inhibition, mutagenicity, COX 1 and 2 (Ndhala <i>et al.</i> , 2010)	-
<i>Teucrium riparium</i> Hochst	umnunu	Root	Infusion for diarrhoea (Amusan <i>et al.</i> , 2007)	-	-

Lauraceae					
<i>Ocotea bullata</i> (Burch.) Baill.		Bark	Headache, infantile diarrhoea, stomach problems, emetic for emotional and nervous disorder (Verschaeve and Van Staden, 2008)	Mutagenicity , antimutagenicity (Verschaeve and Van Staden, 2008), anti-inflammatory (Zschocke et al., 2000)	Ocobullenone, iso-ocobullenone, sibyllenone (Zschocke et al., 2000)
Loganiaceae					
<i>Strychnos henningsii</i> Gilg.	uMnonono, Umqalothi (Z)	Bark infusion	Heartwater and diarrhoea in cattle (Dold and Cocks, 2001; McGaw et al., 2008)	-	-
Loganiaceae					
<i>Sida alba</i> Forrsk		Leaves	Diarrhoea and dysentery (Samie et al., 2005)	Antibacterial (Samie et al., 2005)	-
<i>Malva parviflora</i> L.	Ujongilanga	leaves	Decoction for diarrhoea (Appidi et al., 2008)	Antibacterial and anti-inflammatory (Shale et al., 2005)	-
Melastomataceae					
<i>Dissotis princeps</i> (Kunth) Triana		Leaves	Infusion for diarrhoea and dysentery (Fawole et al., 2009; Hutching et al., 1996)	Anti-inflammatory (Fawole et al., 2009), Antimicrobial and mutagenicity (Fawole et al., 2009)	-
Meliaceae					
<i>Ekebergia capensis</i> Sparrm		Root, bark	Stomach and intestinal complaints, dysentery, heart burn, purgative, kidney problem, indigestion (Verschaeve and Van Staden, 2008)	Mutagenicity , antimutagenicity (Verschaeve and Van Staden, 2008), antiplasmodial (Murata et al., 2008)	Ekersenin, 4,6-dimethoxy-5-methylcoumarin, oleanolic acid, 3-epioleanolic acid, oleanolic acid (15), 3,11-dioxolean-12-en-28-oic acid, melliferone, 3-oxo-11,13(18)-oleandien-28-oic acid, ekeberin A, (Z)-volkendousin, ekeberin B, 7-deacetoxy-7-oxogedunin, 7-acetylneotrichilenone, proceranolide, mexicanolide, swietenolide, methylangolensate, ekeberins C1, C2, and C3, 2,3,22,23-tetrahydroxy-2,6,10,15,19,23-hexamethyl-6,10,14,18-tetracosatetraene (3R,22R), 2-hydroxymethyl-2,3,22,23-tetrahydroxy-2,6,10,15,19,23-hexamethyl-6,10,14,18-tetracosatetraene (2R,3R,22R), ekeberins D1, D2, D3, D4, and D5 (Murata et al., 2008)
<i>Melia azedarach</i> L.	Umsilinga (Z)	Leaves	Diarrhoea (de Wet et al., 2010)		
<i>Trichilia dregeana</i> Sond.	Umkhuhlu (Z)	Leaves		antibacterial, antiinflammatory, anti-cholinesterase and mutagenic effects (Eldeen et al., 2005)	cycloart-23-ene-3,25-diol (Eldeen et al., 2007)
<i>Trichilia emetica</i> Vahl.	Umkhuhlu (Z)	Leaves	Diarrhoea (de Wet et al., 2010)	Antimicrobial, antioxidant, anti-inflammatory, antimalarial, cytotoxicity (Komane et al., 2011)	sendanin, trichilin, trichilin A, trichilin B, trichilin C, trichilin D, trichilin E, dregeana, nymania 1, rohituka, rohituka, rohituka, Trichilia substance Tr-A, Trichilia substance Tr-B, Trichilia substance Tr-C and seco-A-protolimonoind (Komane et al., 2011)
Menispermaceae					
<i>Albertisia delagoensis</i> (N.E.)	Umgandanganda ,ungandingandi	Root	Diarrhoea , dysentery, cough, colic, bloody stool (De Wet and van Wyk, 2008)	Antiplasmodial and cytotoxicity (De wet et al., 2007)	

Br.) Forman					
<i>Antizoma angustifolia</i> (Burch.) Miers ex Harv		Root	Diarrhoea , dysentery, cough, colic, bloody stool (De Wet and van Wyk, 2008)	-	-
<i>Cissampelos capensis</i> (L.f.) Diels	Umbombo (Z)	Root, rhizome	Purgative, tincture for dysentery (van Wyk, 2008)	-	-
<i>Cissampelos hirta</i> Klotzch	Umanyokane, khalimelo (Z)		Diarrhoea (de Wet <i>et al.</i> , 2010)	-	-
<i>Cissampelos mucronata</i> A. Rich.		Root	Diarrhoea (Giess and Snyman, 1986; Von Koenen, 2001)	Anti-ulcer (Akah and Nwafor, 1999), sedative (Akah <i>et al.</i> , 2002), Antiplasmodial (Tshinbagu <i>et al.</i> , 2003)	Bisbenzylisoquinone alkaloid (Tshinbagu <i>et al.</i> , 2003)
<i>Cissampelos torulosa</i> E.Mey	Lukandulula (V)	Leaves	Diarrhoea and dysentery, sore throat (Mabogo, 1990; Samie <i>et al.</i> , 2005)	Antiamoebic (Samie <i>et al.</i> , 2009), antibacterial (Samie <i>et al.</i> , 2005)	-
Moraceae					
<i>Ficus capensis</i> Thunb.	Infusion	Fruit	Diarrhoea (Pallant and Steenkamp, 2008)	intestinal motility modulation (Ayinde and Owolabi, 2009)	-
<i>Ficus craterostoma</i> Mildbr. & Burret	Muumo (V), inTendekwane, umThombe(X)		Stomach-ache (Bhats and Jacobs , 1995)	-	-
<i>Ficus glumosa</i> Delile		Bark	Decoction for diarrhoea (Venter and Venter , 2002)	-	-
<i>Ficus sur</i> Forssk	Umkhiwane (Z)	Leaves	Diarrhoea (Mlambo, 2008)	Spasmolytic and gastrointestinal protection (Kunle <i>et al.</i> , 1999)	-
Myrtaceae					
<i>Psidium guajava</i> L.	Ugwava (X, Z)	Leaves	Infusion for bloody diarrhoea (Bisi-Johnson <i>et al.</i> , 2010)	Antidiarrhoeal Tona <i>et al.</i> , 1999; Lutterodt, 1992); antispasmodic (Conde <i>et al.</i> , 2003), antirotavirus (Goncalves <i>et al.</i> , 2005), antimicrobial intestinal adhesion (Coutino <i>et al.</i> , 2001)	Limonene, copaene, Asiatic acid, β -carotene, morin-3-O- α -L-arabinopyranoside, avicularin, gajiverin, quercitin ellargic acid (Gutierrez <i>et al.</i> , 2008)
<i>Syzygium cordatum</i> Hochst. Ex. C. Krauss	Umdoni, Mutu (V)	Leaves, bark	Respiratory disorders, tuberculosis, stomach complaints, emetics, diarrhoea, cold, fever (Verschaeve and Van Staden, 2008)	Mutagenicity , antimutagenicity (Verschaeve and Van Staden, 2008); antimycobacterium (Mativandela <i>et al.</i> , 2008); Antiescherichia (Sibandze <i>et al.</i> , 2010)	-
<i>Syzygium paniculatum</i> Gaertner	-	-	-	--	-
Olacaceae					
<i>Ximenia caffra</i> Sond	Mutswili (V)	leaves	Diarrhoea and dysentery (Green <i>et al.</i> , 2010; Fabry <i>et al.</i> , 1996)	Antigardial (John <i>et al.</i> , 1995), Antiamoebic (Samie <i>et al.</i> , 2009),	

<i>Punica granatum</i> L.	iRhamathi (X)	Fruit rind, roots	Diarrhoea and dysentery (van Wyk, 2008; Dold and Cocks, 2000)	antifungal (Samie <i>et al.</i> , 2010) Antidiarrhoeal (Pillai, 1992; Qnais <i>et al.</i> , 2007), Anti-inflammatory (Lansky and Newman, 2007)	Ellagitannins, anthocyanins, flavone glucosides, flavones, flavonol, flavonol glucosides, hydroxycinnamic acid, hydroxybenzoic acid, flavan-3-ols, alkaloids, sterol, triterpenoids (Lansky and Newman, 2007)
Oleaceae					
<i>Olea europaea</i> L. Subsp <i>africana</i> (Mill.) P.S.Green	Uzintwa (X), uMnquma (X)		Anti-hypertensive, diuretic, tonic, diarrhoea, sore throat (Amabeoku and Bamuamba, 2010)	Antidiarrhoeal (Amabeoku and Bamuamba, 2010)	-
Orchidaceae					
<i>Polystachya ottoniana</i> Rchb.f.			Diarrhoea (Chinsamy <i>et al.</i> , 2010)	-	-
Pedaliaceae					
<i>Ceratotheca triloba</i> (Bernh.) Hook	Udonqabathwa (Z)	Leaf	Infusion for diarrhoea and gastrointestinal cramps (Watt and Breyer-Brandwijk, 1962; Roberts, 1990)	5-lipoxygenase inhibitory and antioxidant (Akula and Odhav, 2008), α -amylase inhibitory (Odhav <i>et al.</i> , 2010).	-
Plantaginaceae					
<i>Plantago major</i> L.		Seed, root	Diarrhoea (van Wyk, 2008)	Antidiarrhoeal (Atta and Mounair, 2005), Hepatoprotective and anti-inflammatory (Turel <i>et al.</i> , 2007), wound healing activity, anti-inflammatory, analgesic, antioxidant, weak antibiotic, immuno modulating and antiulcerogenic activity (Samuelsen, 2000)	Indicain, plantagonin, baicalein, hispidulin, plantagin, aucubin, fumaric acid, syringic acid, vanillic acid, <i>p</i> -hydroxy benzoic acid, ferulic acid, <i>p</i> -coumaric acid, gentisic acid, salicylic acid, benzoic acid, cinnamic acid oleanolic acid, ursolic acid, 18 β -glycyrrhetic acid and sitosterol (Samuelsen, 2000)
<i>Plantago lanceolata</i> L.		Seed	Diarrhoea (van Wyk, 2008)	-	-
Plumbaginaceae					
<i>Plumbago auriculata</i>	uTshintshini	Roots	Diarrhoea in cow (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008)	Antibacterial and anti cancer (Bisi-Johnson <i>et al.</i> , 2011)	-
Polygonaceae					
<i>Rumex lanceolatus</i> Thunb	Idololenkonyane (Z), Idolonyana (X)	Roots	Infantile diarrhoea, tapeworm, wound and sores (Dold and Cocks, 2000)	-	-
<i>Rumex obtusifolius</i>	Idololenkonyane (X, Z)	leaves	Diarrhoea (Bisi-Johnson <i>et al.</i> , 2010)	-	-
Portulacaceae					
<i>Portulacaria afra</i> Jacq.	Umdibili (Z)	Leaves	Diarrhoea (Mlambo, 2008)	-	-
Proteaceae					
<i>Protea caffra</i> Meisn.	Tshidzungu (V)	Root bark decoction	Calves with bloody diarrhoea (Hutching <i>et al.</i> , 1996)	-	-



<i>Protea nitida</i> Mill.		Bark	Astringent for diarrhoea (van Wyk, 2008)	-	-
<i>Protea simplex</i>		Root, bark	Decoction and infusion for diarrhoea, dysentery, stomach pain in human (Fawole et al., 2009 ; Hutching et al., 1996)	Anti-inflammatory (Fawole et al., 2009 Ndhalala), Antimicrobial and mutagenicity (Fawole et al., 2009 Finnie)	-
<i>Protea welwitschii</i> Engl.			Dysentery, diarrhoea in calves and humans (Watt and Breyer-Brandwijk, 1962 ; McGaw et al., 2008)	-	-
Punicaceae					
<i>Punica granatum</i> L.	Mokgranata	Root	Decoction for diarrhoea (Mathabe et al., 2006)	-	-
Rhamnaceae					
<i>Ziziphus mucronata</i> Willd.	Mukhalu, Mutshetshete (V)	Leaves, bark, roots	Boils, sores, grandular swelling, diarrhoea, dysentery, cough (Verschaeve and Van Staden, 2008 ; Green et al., 2010)	Anti-inflammatory (Fawole et al., 2009 Ndhalala), Antimicrobial and mutagenicity (Fawole et al., 2009 Finnie)	-
<i>Ziziphus zeyheriana</i> Sond.		Root-stock	Diarrhoea, internal parasites, general ailments (Van der Merwe et al., 2001 ; McGaw et al., 2008)	-	-
Rosaceae					
<i>Prunus africana</i> (Hook.f) Kalkman Red Stinkwood	Umkhakhazi (X), Umkakase (X)	Root	Diarrhoea, abdominal ailments (Bisi-Johnson et al., 2010)		
<i>Prunus persica</i> (L.) Batsch.	Ipesika	Leaf decoctions	Diarrhoea in lamb and kid goats (Dold and Cocks, 2001 ; McGaw et al., 2008)		
Rubiaceae					
<i>Breonadia salicina</i> (Vahl) Hepper & J. R. I. Wood		Bark decoctions	Diarrhoea, bloody stool, colic (Neuwinger, 1996 ; Venter and Venter, 2002)	Antiescherichial (Sibandze et al., 2010)	
<i>Nauclea latifolia</i> Smith		Root	Dysentery, dyspepsia, fever, gastritis, gonorrhoea, malaria, leprosy, measles, piles, toothache (Reid et al., 2006)	Antiamoebic (Tona et al., 1998 ; Moundipa et al., 2005); antidiarrhoeal (Owolabi et al., 2010)	
<i>Pentanisia prunelloides</i> (Klotzsch exEckl. & Zeyh) Walp	Icishamlilo, Icimamilo (X, Z)	Root, leaves, bulb	Vomiting, diarrhoea in children(Bisi-Johnson et al., 2010)	Antibacterial (Yff et al., 2002)	Palmitic acid (Yff et al., 2002)
<i>Psychotria capensis</i> (Eckl.) Vatke	Ishithitibala (Z), UmGono-gono (X)	Fruits	Diarrhoea and vomiting (Bisi-Johnson et al., 2010)	-	-
<i>Rubia petiolaris</i> DC.		Root	Diarrhoea and dysentery (van Wyk, 2008)	-	-
<i>Rubus pinnatus</i> Willd.	iQunube	Roots	Diarrhoea, haemorrhoids, epilepsy (van Wyk, 2008)	-	-
<i>Rubus rigidus</i>		Root	Diarrhoea and dysentery, toothache,	-	-

			coughs and colds (Iwalewa et al., 2007).		
<i>Vangueria infausta</i> Burch. subsp. <i>infausta</i>	Umviyo		Diarrhoea (de Wet <i>et al.</i> , 2010)	Antibacterial and antifungal (de Boer et al., 2005)	-
Rutaceae					
<i>Agathosma betulina</i> (Bergius) Pillans			Antispasmodic, antipyretic, cough, Kidney and urinary tract infection, cholera and stomach ailment (Molla and Vijjoen, 2008)	Antidiarrhoea and antibacterial (Lis-Balchin et al., 2001); anti-inflammatory and antioxidant (Steenkamp et al., 2006)	-
<i>Agathosma crenulata</i> (L.) Pillans			Antispasmodic, antipyretic, cough, Kidney and urinary tract infection, cholera and stomach ailment (Molla and Vijjoen, 2008)	Antidiarrhoea and antibacterial (Lis-Balchin et al., 2001)	-
Rutaceae					
<i>Clausena anisata</i> (Willd.) Hook.F. Ex Benth.		Bark infusion	Dysentery in cattle (Hutching et al., 1996)	-	-
<i>Ruta graveolens</i> L.	iVendrit (X)	Leaves	Fever, convulsion, epilepsy, diarrhoea, cardiac asthma, jaundice (Dold and Cocks, 2000)	-	-
Sapindaceae					
<i>Hippobromus pauciflorus</i> (L.f.) Radlk.	Ulwathile (X)	Bark, root, leaves	Heartwater and diarrhoea in cattle (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008), Diarrhoea and dysentery (Bisi-Johnson et al., 2010)	Acute toxicity (Pendota et al., 2010), anti-inflammatory, analgesic antipyretic (Pendota et al., 2009)	-
Scrophulariaceae					
<i>Physalis peruviana</i> L.	Igquzu (X)	Leaves	Stomach disorder (Bisi-Johnson et al., 2010)	-	-
<i>Physalis viscosa</i> L.	Umqumqumu (Z)	Leaves	Diarrhoea (Mlambo, 2008)	Antibacterial (Ovenden et al., 2004)	Physaloside A (Ovenden et al., 2004)
<i>Jamesbrittenia atropurpurea</i> (Benth.) Hilliard		Herb	Antispasmodic, stimulant; convulsions; cough; bronchitis (van Wyk, 2008)	-	-
<i>Xanthium strumarium</i> L.		Root	Cancer, dysentery, catarrh, leprosy (Watt and Breyer-Brandwijk, 1996 ; Fouche et al., 2008)	Anti-inflammatory and analgesic (Han et al., 2007)	1-O-caffeoylquinic acid, 3-O-caffeoylquinic acid, chlorogenic acid, 4-O-caffeoylquinic acid, cynarin, 1,4-O-dicaffeoylquinic acid, 1,5-O-dicaffeoylquinic acid, 1,5-O-dicaffeoylquinic acid, 1,3,5-O-tricaffeoylquinic acid, 3,4,5-O-tricaffeoylquinic acid (Han et al., 2007)
Solanaceae					
<i>Solanum aculeastrum</i> Dun	umthuma (X, Z)	Fruit, root, leaves	Fruit decoction for haemorrhoids, dysentery, fruit as enema for diarrhoea (Bisi-Johnson et al., 2010)	Antimicrobial (Koduru et al., 2006); Anticancer (Koduru et al., 2007)	tomatidine and solasodine (Koduru et al., 2007)
<i>Solanum incanum</i> L.	uMthuma, <i>intfuma</i> (S)	Root	Root infusion for back ache (Amusan, 2007)	-	-

<i>Solanum mauritianum</i>	Umtotovane (Z)	Leaf	Infusion for dysentery and diarrhoea (Watt and Breyer-Brandwijk, 1962)	-	-
<i>Solanum panduriforme</i> E. Mey	Thuthula	Fruit sap	Diarrhoea (Van der Merwe <i>et al.</i> , 2001; McGaw <i>et al.</i> , 2008)	-	-
<i>Solanum supinum</i> Dun.	Thola (S)	Root	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	-	-
Sterculiaceae					
<i>Withania somnifera</i> (L.) Dun	uBuvimba		Fever, cold and flu, abdominal discomfort, diarrhoea, worms sedative and hypnotic (van Wyk and Gericke, 2000; Fouche <i>et al.</i> , 2008)	Anti-inflammatory, antitumor, immunomodulatory (Mishra <i>et al.</i> , 2000); antichorelae (Acharya <i>et al.</i> , 2009)	Isopelletierine, anferine, withanolides, withaferins, sitoindosides (Mishra <i>et al.</i> , 2000)
<i>Dombeya rotundifolia</i> (Hochst.) Planch.	Tshiluvhari (V)	Root, bark, wood	Internal ulcers, haemorrhoids, diarrhoea, stomach problems, nausea, chest pain (Verschaeve and Van Staden, 2008)	Mutagenicity , antimutagenicity	-
<i>Hermannia incana</i> Cav	Mavulakuvaliwe	leaves	Crushed with cold water and taken orally for diarrhoea (Appidi <i>et al.</i> , 2008)	Toxicological assay (Appidi <i>et al.</i> , 2009); antimicrobial, anti-inflammatory, antioxidant and cytotoxicity (Essop <i>et al.</i> , 2008)	-
<i>Waltheria indica</i> L.		Whole plant	Decoction for diarrhoea (Mathabe <i>et al.</i> , 2006)	Antibacterial, antifungal and antiviral (Maregesi <i>et al.</i> , 2008)	-
Strychnaceae					
<i>Strychnos madagascariensis</i> Pior.	Umkwakwa, Mukwakwa (V)		Diarrhoea (de Wet <i>et al.</i> , 2010)	-	-
Urticaceae					
<i>Pouzolzia mixta</i> solms	Muthanzwa	Root, leaves	Dysentery (Verschaeve and Van Staden, 2008); diarrhoea (Samie <i>et al.</i> , 2010)	-	-
Verbenaceae					
<i>Clerodendrum glabrum</i> E. Mey	Umqangazani Uqangazana (X), iNunkisiqaga (X) Umqangazane	leaves	Bloody stool, chest infections (Bisi-Johnson <i>et al.</i> , 2010)	-	--
Viscaceae					
<i>Viscum capense</i> L. F.	Iphakama (Z)		Diarrhoea (Forbes, 1986; Van Wyk <i>et al.</i> , 2008)	-	-
Vitaceae					
<i>Lippia javanica</i> (Burm.f.) Spreng	Musudzungwane (V)	Leaf infusion	Prophylactics against dysentery, diarrhoea and malaria (Mabogo, 1990; Fouche <i>et al.</i> , 2008)	-	-



<i>Rhoicissus tridentata</i> (L.F.) Wild & Drums.	Umthwazi (Z), Murumbulamudzana (V)	Tuber decoction	Diarrhoea in goat and sheep (Dold and Cocks, 2001; McGaw <i>et al.</i> , 2008)	Antispasmodic (Katsoulis et al., 2000)	-
<i>Cyphostemma cirrhosum</i> (Thunb.)	Udekane (Z)	Leaves	Diarrhoea (Mlambo, 2008)	-	-
Zingiberaceae					
<i>Aframomum latifolium</i> (Afzel.) K. Schum		Leaves	Decoction for diarrhoea (De Villiers et al., 2010)	-	-
<i>Elytropappus rhinocerotis</i> (L.f) Less.		Twigs	Bitter for dyspepsia, indigestion, diarrhoea (van Wyk, 2008)	-	-
					<i>ent</i> -15 β -seneciolyoxy-16,17-epoxy-kauran-18-oic acid

V=Vhavenda, Z=Zulu, X=Xhosa, S=Swazi

Appendix 9.1: 1D and 2D NMR spectra data of Ursolic acid

Peak number	Hydrogen	¹³ C/DEPT	HSQC	HMBC	LITERATURE
1	1.46-1.6	CH ₂	37	15(C25), 27(C2), 56(C5), 78(C3)	39.2
2	1.38-1.5	CH ₂	27	37(C1), 56(C5), 78(C3)	28.1
3	3.0	CH	78	16(C23), 27(C2)	78.2
4	-	C	39	-	39.6
5	0.64	CH	56	16(C23), 18 (C6), 37(C1)	55.9
6	1.26, 1.44	CH ₂	18	56(C5)	18.8
7	1.24, 1.4	CH ₂	33	56(C5)	33.7
8	-	C	39	-	40.1
9	1.42	CH	48	15(C25), 23(C11), 37 (C1), 38.8(C10), 39(C8)	48.1
10	-	C	37	-	37.5
11	1.76-1.88	CH ₂	23	39 (C8), 125(C12), 140(C13)	23.7
12	5.2	CH	125	42(C14), 48(C9), 53(C18)	125.7
13	-	C	140	-	139.3
14	-	C	42	-	42.6
15	0.95, 1.4	CH ₂	28	24(C16), 48(C17)	28.8
16	1.5, 1.9	CH ₂	24	28 (C15), 42(C14), 48(C17), 53(C18), 178(C28)	25
17	-	C	48	-	48.1
18	2.08	CH	53	17.5(29), 24(16), 38.8(19), 42(14), 37(C20), 125(12), 140(13), 178(28)	53.6
19	0.9	CH	38.6	39(C19), 37(C20)	39.5
20	1.29	CH	37		39.4
21	1.48-1.58	CH ₂	30		31
22	0.87, 1.48	CH ₂	38.9	24(C16), 53(C18)	37.4
23	0.64	CH ₃	16	29(C24), 39(C4), 56(C5), 78(C3)	16.5
24	0.87	CH ₃	29	16(C23), 78(C3)	28.8
25	0.85	CH ₃	15	37(C1), 56(C5)	15.7
26	0.72	CH ₃	17.3	33(C7), 39(C8), 42(C14), 48(C9)	17.5
27	1.02	CH ₃	23.4	28(C15), 39(C8), 42(C14), 140(C13)	24
28	-	C	178	-	179.7
29	0.78	CH ₃	17.5	38.8(C19), 53(C18)	17.5
30	0.90	CH ₃	22	31(C21), 48(C20)	21.4

Appendix 9.2: 1D and 2D NMR spectra data of mixture of corosolic acid and maslinic acid

Peak number	¹ H	¹³ C/DEPT	HSQC (Corosolic acid)	HSQC (Maslinic acid)	HMBC (H→C)	LITERATURE
1	1.7-1.8, 0.73-0.79	CH ₂	47.75	47.75	16.92(C25), 38.27(C10), 55.35(C5), 68(C2), 83.49(C3)	46.8
2	3.4	CH	68.41	68.41	83.49(C3)	68.9
3	2.7	CH	83.49	83.49	68.41(C2), 29.87(C24)	83.8
4	-	C	39.61	39.61	-	39.1
5	0.68-0.75	CH	55.35	55.35	39.61(C4), 38.25(C10), 29.43(C24)	55.4
6	1.41-1.47, 1.26-1.33	CH ₂	18.71	18.71	38.12(C10), 39.61(C4)	18.4
7	1.36-1.45, 1.56-1.61	CH ₂	33	33	17.49(C26), 55.35(C5), 18.71(C6)	32.9
8	-	C	39.75	39.75	-	39.6
9	1.5	CH	47.53	47.53	23.74 (11) (24.01)	47.5
10	-	C	38.25	38.25	-	38.3
11	1.8-1.9, 1.43-1.47	CH ₂	23.74	24.01	47.53(C9), 125.55(C12) (122.72), 139.43(C13) (145.09)	23.4
12	5.11	CH	125.55	122.72	23.74(C11) (24.01), 42.19(C14) (41.92), 47.53(C9), 53.05(C18) (41)	125.3
13	-	C	139.42	145.09	-	138.1
14	-	C	42.19	41.92	-	42.1
15	0.92-0.99, 1.75-1.79	CH ₂	28.21	28.21	39.57(C8), 23.60(C27) (26.8), 42.19(C14) (41.92)	28.0
16	1.26-1.33, 1.47-1.52	CH ₂	24.51	27.94	178 (C28) (179.24), 28.21(C15), 53.05(C18), (41), 48.13(C17)	24.3
17	-	C	48.33	48.33	-	48.1
18	2.09 (2.7)	CH	53.05	41	17.75(C29), 24.51(C16) (27.94), 39.10(C19) (27.94), 42.19(C14) (41.92), 48.13(C17), 37(C22), 125.55(C12) (122.72), 139.42(C13) (145.09), 178 (C28) (179.24)	52.8
19	0.88-0.92	CH	39.07	27.94 (CH ₂)		39.1
20	1.25-1.31	CH	39.02 (CH)	46.13 (C)		38.9
21	1.48-1.58	CH ₂	30.6	37	24, 31	30.7
22	1.58, 1.00-1.09	CH	37	47.53	178(C28) (179.24), 24.51(C16) (27.94)	36.7
23	0.90	CH ₃	29.2	29.2	17.76(C24), 55.35(C5), 39.61(C4)	28.7
24	0.68	CH ₃	17.76	17.76	29.43(C23), 39.61(C4), 55.35(C5)	17.0
25	0.88	CH ₃	16.94	16.94	38.25(C10), 47.53(C9)	17.0
26	0.72	CH ₃	17.4	17.4	47.53(C9), 42.19(C14) (41.92), 33.01(C7)	17.0
27	1.00	CH ₃	23.60	26.8	28.21(C15), 39.75(C8), 42.19(C14) (41.92), 139.42(C13) (145.09)	23.7
28	-	C	178	179.70	-	177.9
29	0.79	CH ₃	17.5	17.5	39.07(C19) (27.94), 53.05(C18) (41)	17.0
30	0.88	CH ₃	21.6	21.6	39.02(C20) (46.13)	21.2

Appendix 9.3: 1D and 2D NMR spectra data of mixture of asiatic acid and arjunolic acid

Peak number	¹ H	¹³ C/DEPT	HSQC (Asiatic acid)	HSQC (Arjunolic acid)	HMBC (H→C)	LITERATURE
1	0.69, 1.73	CH ₂	48.31	48.31	18.04(C25), 68.67(C2), 76.50(C3)	46.8
2	3.45	CH	68.67	68.67	76.50(C3)	68.9
3	3.13	CH	76.50	76.50	68.67(C2), 14.30(C24), 65.01(C23), 43.62(5)	83.8
4	-	C	43.62	43.62	-	39.1
5	1.14	CH	47.27	47.27	76.50(C3), 47.27(C4), 65.01(C23), 14.30(C24), 33.40(C7), 18.04(C25)	55.4
6	1.33, 1.18	CH ₂	18.03	18.03	38.12(C10), 39.61(C4)	18.4
7	1.44, 1.20	CH ₂	33.40	33.40	40.49(C8)	32.9
8	-	C	40.49	40.49	-	39.6
9	1.5	CH	47.51	47.54	23.74(11) (24.01)	47.5
10	-	C	38.40	38.40	-	38.3
11	1.78, 1.42	CH ₂	23.00	24.01	125.19(C12) (122.72), 138.92(C13) (145.09)	23.4
12	5.09 (5.12)	CH	125.19	122.28	42.21(C14) (41.92), 47.51(C9) (47.54), 52.62(C18) (41.73)	125.3
13	-	C	138.71	144.68	-	138.1
14	-	C	42.21	41.92	-	42.1
15	1.73, 1.58	CH ₂	28.07	28.21	39.57(C8), 23.60(C27) (26.8), 42.19(C14) (41.92)	28.0
16	1.88, 1.48	CH ₂	24.31	27.94	179.13(C28) (179.24),	24.3
17	-	C	47.99	48.33	-	48.1
18	2.05 (2.72)	CH	52.62	41.73	18.16(C29), 24.31(C16) 39.44(C19) (27.94), 42.21(C14) (42.52), 47.99(C17) (47.01), 125.19(C12) (122.28), 138.92(C13) (144.68), 179.13(C28) (179.24)	52.8
19	0.88-0.92	CH	39.44	24.31(CH ₂)		39.1
20	1.25-1.31	CH	38.90(CH)	47.27(C)		38.9
21	1.38, 1.20	CH ₂	31.42	31	24, 31	30.7
22	1.55, 1.39	CH ₂	33	33	24.31(C16), 31.61(C21)	36.7
23	3.25, 3.00	CH ₂	65.01	65.01	14.91(C24), 43.62(C5), 47.27(C4), 76.50(C3)	28.7
24	0.50	CH ₃	14.91	14.91	65.01(C23), 47.27(C4), 43.62(C5)	17.0
25	0.65	CH ₃	18.04	18.04	40.49(C10), 43.62(C5), 48.31(C1)	17.0
26	0.68	CH ₃	17.04	17.04	47.53(C9), 42.19(C14) (41.92), 33.18(C7)	17.0
27	0.99 (1.04)	CH ₃	23.40	26.8	28.48(C15), 40.49(C8) (39.96), 42.21(C14) (42.57), 138.92(C13) (144.68)	23.7
28	-	C	179.13	179.24	-	177.9
29	0.77 (0.82)	CH ₃	18.16	26.0	39.44(C19) (27.94), 53.05(C18) (41)	17.0
30	0.87 (0.82)	CH ₃	23.0	33	39.02(C20) (46.13)	21.2

Appendix 9.4: 1D and 2D NMR spectra data of combretastatin B5-2'-O- glucopyranoside

Peak number	¹ H	¹³ C/DEPT	HSQC ^a	HMBC (H→C)	LITERATURE DATA HSQC ^a
1		C	132.72		132.43
2	6.5	CH	106.26	C1, C3, C6, C1a	105.96
3		C	144.35		144.77
4		C	133.79		133.44
5		C	148.25		147.77
6	6.5	CH	106.26	C1, C5, C2, C1a	105.96
1a	2.7	CH ₂	36.96	C1, C2, C1a', C1'	36.58
1a'	2.9, 3.0	CH ₂	31.73	C1, C1', C2', C6', C1a	31.35
1''		C	128.55		128.22
2''		C	144.35		143.95
3''		C	139.71		139.29
4''		c	147.26		146.90
5''	6.7	CH	109.40	C1', C3', C4', C6'	109.10
6''	6.6	CH	118.95	C2', C4', C1a'	118.68
1'''	4.5	CH ₂	106.16	C2'', C2'', C5''	105.79
2'''	3.3	CH	74.45	C1'', C3''	74.04
3'''	3.2	CH	76.62	C4'', C5''	76.14
4'''	3.2	C	70.15	C3'', C5''	69.71
5'''	3.2	CH	77.85	C3''	77.44
6'''	3.5, 3.7	CH ₂	61.34	C4'', C5''	60.89
3-OCH ₃	3.5	CH ₃	56.34	C3	56.0
4-OCH ₃	-	CH ₃	-		-
5-OCH ₃	3.5	CH ₃	56.34	C5	56.0
4'-OCH ₃	3.5	CH ₃	56.30	C4'	56.0

^a Pelizzoni Francesca, 1994: Combretastatin derivatives with antitumoral activity and process for the preparation thereof. Patent Cooperation Treaty (PCT), WO 94/05682, CO7H 15/203, CO7C 43/23, A61K 31/70, 31/085

Appendix 9.5: 1D and 2D NMR spectra data of combretastatin B1-2'-O- glucopyranoside

Peak number	¹ H	¹³ C/DEPT	HSQC ^b	HMBC (H→C)	LITERATURE DATA HSQC ^b
1		C	138.54		138.10
2	6.5	CH	105.60	C1, C1a, C3, C4	105.63
3		C	152.69		152.65
4		C	135.53		135.45
5		C	152.72		152.65
6	6.5	CH	105.60	C1, C1a, C4, C5	105.63
1a	2.69, 2.79	CH ₂	36.92	C1, C1', C2, C6, C1a'	36.91
1a'	2.92, 3.20	CH ₂	31.34	C1a, C1', C2', C6'	31.18
1''		C	128.27		128.03
2''		C	143.78		143.93
3''		C	139.13		139.35
4''		c	147.02		146.95
5''	6.7	CH	108.54	C1', C3', C4',	108.99
6''	6.6	CH	119.24	C1a', C2', C4'	118.56
1'''	4.5	CH ₂	105.69		105.77
2'''	3.3	CH	74.21		74.09
3'''		CH	76.63		76.26
4'''		C	69.72		69.76
5'''	3.2	CH	77.03		77.51
6'''	3.5, 3.7	CH ₂	60.97		60.96
3-OCH ₃	3.5	CH ₃	55.14	C3	55.78
4-OCH ₃	3.5	CH ₃	59.69	C4	60.04
5-OCH ₃	3.5	CH ₃	55.34	C5	55.78
4'-OCH ₃	3.5	CH ₃	55.42	C4'	55.94

^b Pelizzoni Francesca, 1994: Combretastatin derivatives with antitumoral activity and process for the preparation thereof. Patent Cooperation Treaty (PCT), WO 94/05682, CO7H 15/203, CO7C 43/23, A61K 31/70, 31/085

Appendix 9.6: 1D and 2D NMR spectra data of 3 β -ethoxy sitosterol

Peak number	¹ H	¹³ C/DEPT	HSQC	HMBC (H→C)	LITERATURE
1	1.036, 1.817	CH ₂	37.47		37.3
2	2.233	CH ₂	31.8	36.73 (C10), 72.04 (C3), 121.93 (C6), 140.97 (C5)	31.9
3	3.502	CH	72.04		71.8
4		CH ₂	40.00		40.5
5	-	C	140.97		140.7
6	5.33	CH	121.93	32.12 (C7), 36.73 (C10)	121.7
7	1.427	CH ₂	32.12		31.9
8		CH	29.91		31.6
9		CH	50.35		50.2
10	-	C	36.73		36.5
11		CH ₂	21.30		21.1
12	2.194	CH ₂	40		39.8
13	-	C	42.54		42.3
14	1.058	CH	56.99		56.8
15	0.988	CH ₂	24.52		24.3
16	1.234	CH ₂	28.47		28.3
17	1.058	CH	56.27		56.1
18	0.988	CH ₃	12.08	140.97 (C5), 37.47 (C1), 50.35 (C9)	11.9
19	0.659	CH ₃	20.03	56.99 (C14), 56.23 (C17), 42.52 (C12), 42.54 (C13),	19.5
20	1.326	CH	36.36		36.2
21	0.904	CH ₃	19.24	56.27 (C17), 36.36 (C20), 34.16 (C22)	18.9
22		CH ₂	34.16		33.9
23		CH ₂	26.29		26.1
24		CH	46.05		45.8
25		CH	29.37		29.1
26	0.988	CH ₃	19.61		19.4
27	0.796	CH ₃	19.00	29.37 (C25), 46.05 (C24), 19.61 (C26)	19.1
28		CH ₂	23.28		23.1
29	0.822	CH ₃	12.20	23.25 (C28)	12.0
CH ₃ CH ₂		CH ₃			
CH ₃ CH ₂		CH ₂	76.86		

Appendix 9.7: 1D and 2D NMR spectra data of Quercetin

Peak number	¹ H	¹³ C/DEPT	HSQC	HMBC (H→C)	LITERATURE
2		C	147.96	-	146.8
3		C	137.23	-	135.8
4		C	177.31	-	175.9
5		C	162.50	-	160.8
6	6.17	CH	99.28	162.50 (C5), 104.51 (C10), 94.39 (C8)	98.2
7		C	165.55	-	163.9
8	6.37	CH	94.39	165.55 (C7), 158.21 (C9), 104.51 (10), 99.28 (C6)	93.4
9		C	158.21	-	156.2
10		C	104.51	-	1103.0
1'		C	124.13	-	122.0
2'	7.87	CH	116.30	147.94 (C2), 144 (C3'), 121 (C6')	115.1
3'		C	147.96	-	145.1
4'		C	148.75	-	147.7
5'	6.88	CH	116.78	144 (C3'), 121 (C6')	115.6
6'	7.72	CH	121.65		120.6

Appendix 9.8: 1D and 2D NMR spectra data of Myricetin

Peak number	¹ H	¹³ C/DEPT	HSQC	HMBC (H→C)	LITERATURE

2		C	146.57	-	148.2
3		C	135.92	-	137.5
4		C	175.86	-	177.5
5		C	161.05	-	162.6
6	6.17	CH	97.80	164.17 (C7), 161.05 (C5), 103.06 (C10), 99 (C6)	99.5
7		C	164.17	-	165.8
8	6.37	CH	92.95	164.17 (C7), 158 (C9), 103.06 (C10), 99 (C6)	94.6
9		C	156.76	-	158.4
10		C	103.06	-	104.7
1'		C	121.65	-	123.3
2'	7.38	CH	107.10	145.29 (C3'), 135.51 (C4'), 121.65 (C1'), 107.10 (C6')	108.8
3'		C	145.29	-	146.9
4'		C	135.51	-	137.1
5'		C	145.29	-	146.9
6'	7.38	CH	107.10	145.29 (C5'), 135.51 (C4'), 121.65 (C1'), 107.10 (C2')	108.8

Appendix 9.9: 1D and 2D NMR spectra data of Isoetin 2' methyl ether/ Isoetin 4' methyl ether

Peak number	¹ H	¹³ C/DEPT		HMBC (H→C)	LITERATURE	
2	-	C	163.09	C3, C6'	163.2 ^a	161.70 ^b
3	7.2(s)	CH	108.85	C6'	108.7	106.77
4	-	C	184.24		183.5	181.74
5	-	C	163.67		162.7	161.41
6	6.2(d, J=)	CH	99.97		99.8	98.48
7	-	C	166.22		165.3	163.88
8	6.4 (d, J=)	CH	94.86	C6	95.1	93.48
9	-	C	159.43		159	157.19
10	-	C	105.09	C3, C8	105.1	103.46
1'	-	C	110.17	C3'	108.9	106.97
2'	-	C	153.27	OCH ₃ , C3', C6'	154.2	150.50
3'	6.65 (s)	CH	101.36		105.4	104.20
4'	-	C	153.27	OCH ₃ , C3', C6'	152.8	151.60
5'	-	C	140.86	C3', C6'	142.8	138.73
6'	7.38 (s)	CH	114.44		112.6	113.44
OCH ₃	3.8 (s)		56.34 at C2' or C4'		57.6 at C5'	-

^aIsoetin 5'methyl ester (AbdurRahman and Moon, 2007), ^bisoetin (Gluchoff-Fiasson *et al.*, 1991)

Appendix 9.10: 1D and 2D NMR spectra data of Quercetin-3-O- β -galactopyranoside

Peak number	^1H	$^{13}\text{C}/\text{DEPT}$	HSQC	HMBC (H \rightarrow C)	LITERATURE
2	-	C	156.76	-	158.3
3	-	C	133.85	-	135.8
4	-	C	177.83	-	179.4
5	-	C	161.42	-	163.0
6		CH	99.17	162.50 (C5), 104.51 (C10), 94.39 (C8)	99.8
7	-	C	164.58	-	166.0
8		CH	94.09	165.55 (C7), 158.21 (C9), 104.51 (10), 99.28 (C6)	94.7
9	-	C	156.80	-	158.8
10	-	C	102.36	-	104.2
1'	-	C	122.14	-	123.2
2'		CH	115.66	147.94 (C2), 144 (C3'), 121 (C6')	117.8
3'	-	C	144.97	-	145.8
4'	-	C	148.75	-	149.9
5'		CH	116.47		116.1
6'		CH	121.42		122.9
1''	5.18 (d)	CH	104.24	133.85(C2)	105.4
2''	3.83 (t)	CH	71.55	104.12 (C1''), 73.70 (C3'')	73.2
3''	3.56 (m)	CH	73.40	104.12 (C1''), 71.87 (C2''),	75.1
4''	3.87 (s)	CH	68.30	144 (C3'), 121 (C6')	70.0
5''	3.94 (t)	CH	75.96		77.2
6''	3.66 (dd), 3.5 (m)	CH ₂	60.45	75.80 (5''), 68.61 (C4'')	61.9

Appendix 9.11: 1D and 2D NMR spectra data of Myricetin-3-O- β -galactopyranoside

Peak number	^1H	$^{13}\text{C}/\text{DEPT}$	HSQC	HMBC (H \rightarrow C)	LITERATURE
2		C	156.95	-	156.4
3		C	134.56	-	135.4
4		C	177.97	-	177.6
5		C	161.54	-	161.4
6	6.19	CH	98.47	164.70 (C7), 161.54 (C5), 104.12 (C10), 93.25 (C8)	98.7
7		C	164.70	-	164.4
8	6.38	CH	93.25	164.70 (C7), 157.24(C9), 104.12 (C10), 98.47 (C6)	93.4
9		C	157.24	-	156.4
10		C	104.14	-	103.9
1'		C	120.26	-	120.0
2'	7.37	CH	108.52	156.95 (C2), 144.95 (C3'), 136.71 (C4'), 120.26 (C1'), 108.52 (C6')	108.6
3'		C	144.95	-	145.5
4'		C	136.71	-	136.8
5'		C	144.95	-	145.5
6'	7.37	CH	108.52	156.95 (C2), 144.95 (C5'), 136.71 (C4'), 120.26 (C1'), 108.52 (2')	108.6
1''	5.18 (d)	CH	104.12	134.56 (C2)	105.4
2''	3.83 (t)	CH	71.87	104.12 (C1''), 73.70 (C3'')	73.2
3''	3.56 (m)	CH	73.70	104.12 (C1''), 71.87 (C2''),	75.1
4''	3.87 (s)	CH	68.61		70.0
5''	3.94 (t)	CH	75.80		77.2
6''	3.66 (dd), 3.5 (m)	CH ₂	60.52	75.80 (5''), 68.61 (C4'')	61.9