

The effect of fresh, frozen and dehydrated eggs on sponge cake quality

by

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I declare the dissertation herewith submitted for the MInst Agrar (Food Processing) degree at the University of Pretoria, has not been previously submitted by me for a degree at any other University.



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ABSTRACT

THE EFFECT OF FRESH, FROZEN AND DEHYDRATED EGGS ON SPONGE CAKE QUALITY

BY

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: Food Science

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Eggs are one of the major ingredients for sponge cake baking. The major functional properties of eggs such as coagulating, foaming, emulsifying, colour and flavour may have changed during processing and storage. Once the functional properties change, the baking potential for sponge cake also changes. The major objective of this study was to compare if different forms of egg (fresh shell egg, frozen egg pulp, spray-dried egg powder and a commercial egg powder mixture) would affect the baking volume, sensory characteristics and shelf-life of sponge cakes.

Proximate composition analysis, pH, foaming overrun, coagulation temperature and water-holding capacity of egg samples were determined. Index to volume, specific volume, water activity, yeast and mould counts, texture analysis and sensory properties of sponge cake samples were determined. Spray-dried egg powder sponge cake samples had the best baking volume whereas frozen egg pulp and egg powder mixture sponge cake samples had the lowest baking volume. All sponge cake samples were stored at 21°C and 31°C for shelf-life tests. Egg powder mixture sponge cake samples had the longest microbiological shelf-life. No significant differences were found in physical changes for sponge cakes which were stored at 21°C and 31°C. The sensory properties (browness of the crust, yellowness of the



crumb, presence of black specks, egg smell, caramel smell, baking powder smell, stickiness of the crust, moistness of crumb, sponginess, rubberiness, sweetness, egg flavour, after taste and baking powder flavour) of various samples were different.

Considering the objective of this study, it can be concluded that spray-dried whole egg powder with emulsifier added can replace fresh and frozen whole egg products in the baking industry whereas the commercial egg powder mixture cannot.



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