

Mortality in virulent canine babesiosis is associated with a consumptive coagulopathy

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Abstract

The inflammatory response to infection can activate the coagulation system via complex interactions. If uncontrolled, this may lead to a consumptive coagulopathy, which has been identified as a major risk factor for poor outcome in both human and canine medicine. This study was undertaken to prospectively determine whether the presence of a consumptive coagulopathy in dogs with *Babesia rossi* infection is related to mortality. A prospective, cross-sectional, observational study was performed. Seventy-two client-owned dogs diagnosed with canine babesiosis were included. Diagnosis was confirmed by polymerase chain reaction and reverse line blot and dogs infected with *Babesia vogeli* or *Ehrlichia canis* were excluded. Blood samples were collected at admission. Coagulation factor-, antithrombin (AT)-, and protein C (PC) activity, prothrombin time (PT), activated partial thromboplastin time (aPTT), fibrinogen and D-dimer concentrations were measured. The mortality rate was 18% (13/72) and results between non-survivors and survivors were compared. The median activities of all the coagulation factors were significantly lower in the non-survivors compared to the survivors. The median PT and aPTT were significantly longer in the non-survivors compared to the survivors. The median AT activity was not significantly different; however, the median PC activity was significantly

decreased in the non-survivors. The median D-dimer concentration was significantly higher in the non-survivors compared to the survivors. This study showed that dogs that died from *B. canis* infection suffered from a more severe consumptive coagulopathy compared to survivors, characterized by procoagulant activation, inhibitor consumption, and increased fibrinolytic activity.

Keywords: *Babesia rossi*, Coagulopathy, DIC, Prognosis

Introduction

Babesia rossi is a virulent protozoan, capable of infecting the dog and babesiosis caused by this organism is a severe and highly prevalent disease in South Africa. The mortality rate in complicated cases is around 10%, of which 80% die within the first 24 hours (Keller et al., 2004; Nel et al., 2004; Schoeman et al., 2007). Clinical signs of canine babesiosis vary and include peracute, acute, chronic, subclinical and atypical presentations (Schoeman, 2009). Acute babesiosis is the most common presentation in South Africa and it typically manifests as fever, lethargy, anemia, thrombocytopenia and splenomegaly, with or without hemoglobinuria (Schoeman, 2009). The most common complications of acute babesiosis include hemoconcentration, disseminated intravascular coagulation (DIC), icterus and hepatopathy, secondary immune-mediated hemolytic anemia (IMHA), acute kidney injury (AKI), pancreatitis and pulmonary edema (Jacobson and Clark, 1994; Jacobson, 2006).

It is clear from the literature that the disease caused by *Babesia spp.* is a severe, often lethal, blood-borne multisystemic disease caused by an exuberant and ineffective immune response that may result in death through complete organ failure (Ahmed, 2002; Clark and Jacobson, 1998; Hemmer et al., 2000; Welzl et al., 2001; Wright et al., 1989). C-reactive protein (CRP), a marker

of the inflammatory response, has been identified as a significant predictor of outcome, in conjunction with hypoglycemia (Köster et al., 2009). The inflammatory response to infection can activate the coagulation system via complex interactions and result in a consumptive coagulopathy (Esmon et al., 1999; Laforcade et al., 2003; Weiss and Rashid, 1998). Coagulation derangement, specifically hypercoagulability, is considered likely in a number of systemic diseases affecting small animals (Donahue and Otto, 2005; Kristensen et al., 2008; Otto et al., 2000; Wiinberg et al., 2008; Wiinberg et al., 2009). If uncontrolled, the hypercoagulable state may lead to DIC, which has been identified as a major risk factor for poor outcome in both human and canine medicine (Laforcade et al., 2003; Weiss and Rashid, 1998). The criteria for the definition of DIC in people, established by the International Society of Thrombosis and Hemostasis (ISTH), include procoagulant activation, inhibitor consumption, and increased fibrinolytic activity (Bick et al., 1999; Wiinberg et al., 2008). Clinical signs associated with DIC vary considerably and can range from no signs (non-overt DIC) to signs of organ failure, secondary to microvascular thrombosis, and overt hemorrhage (overt DIC) (Bick et al., 1999; Wiinberg et al., 2008). A recent study in dogs has indicated that the same criteria can be used for diagnosing DIC in dogs and a significant difference in plasma based assays was observed between survivors and non-survivors (Wiinberg et al., 2010).

Dogs naturally infected with *B. rossi* suffer from Systemic Inflammatory Response Syndrome (SIRS) (Welzl et al., 2001) and DIC has been described as a complication that is likely involved in the severe multi organ damage observed (Moore and Williams, 1979), but whether DIC and the severity of the associated consumptive coagulopathy is a predictor of outcome is unknown. In this study we hypothesized that mortality in dogs infected with *B. rossi*

is associated with the presence and severity of consumptive coagulopathy, characterized by procoagulant activation, inhibitor consumption, and increased fibrinolytic activity.

Materials and methods

This prospective, cross-sectional, observational study included client-owned dogs diagnosed with canine babesiosis that were sick enough to be admitted to the ICU. The research protocol was approved by the University of Pretoria's Animal Use and Care Committee. Owner consent was obtained for enrolment of all the cases in this study. Infection with *B. rossi* was confirmed by demonstration of the intra-erythrocytic trophozoite on a stained thin bloodsmear as well as by polymerase chain reaction (PCR) and reverse line blot (RLB). Dogs infected with *B. vogeli* or *Ehrlichia canis*, and dogs euthanized for reasons other than poor prognosis were not included.

Animals

All cases with a presenting packed cell volume (PCV) <15%, complicated or uncomplicated, were hospitalized. To satisfy the criteria of a complicated case, dogs had to suffer from one or more of the following complications: AKI (oliguria/anuria and persistently elevated serum creatinine concentration despite appropriate fluid therapy); cerebral babesiosis (neurological signs that can not be attributed to any other cause); icterus indicating hepatopathy with cholestasis (icterus, bilirubinuria, bilirubinemia, raised ALT and ALP); secondary IMHA (icterus, warm in-saline agglutination and/or marked spherocytosis); acute respiratory distress (dyspnea, adventitious lung sounds, radiological evidence of lung consolidation or edema, and blood-gas evidence of ventilation-perfusion mismatch); hemoconcentration (normal or raised PCV in association with intravascular hemolysis) and pancreatitis (icterus, vomiting, diarrhea,

melenas, elevated serum amylase and lipase concentrations, ultrasonographic evidence of acute pancreatitis) (Jacobson, 2006). Dogs received standard care for canine babesiosis, which included antibabesial treatment with diminazene (Berenil RTU 0.07 g/mL, Intervet), and blood transfusions with packed red cells (PRC) as needed. In addition, any complications were treated at the discretion of the attending clinician. Outcome was recorded as short-term survival (i.e. until discharge), or death/euthanasia.

Sample collection

At admission, prior to any treatment, blood samples were collected from the jugular vein from each dog with a 21-gauge needle by careful venipuncture with minimum stasis. Blood samples were collected into serum, citrated and EDTA vacutainer plastic tubes (BD Vacutainer tube, The Scientific Group). The blood samples were collected in the order described above. The 3 mL sodium citrate tube was inverted carefully after sampling to ensure mixing of the 3.2% trisodium citrate and blood in a 1:9 ratio. The EDTA sample was used for complete blood count (CBC). The sodium citrate sample was used to perform the plasma coagulation profile. The citrate sample was centrifuged at 2100 g for 8 minutes, after which the plasma was aliquoted and stored at -80°C.

Coagulation profile

The plasma coagulation profile analysis was performed as a batch and included plasma coagulation factor activity (i.e. factors II, V, VII, VIII, IX, X, XI, XII and fibrinogen), prothrombin time (PT), activated partial thromboplastin time (aPTT); inhibitors (antithrombin (AT) activity, protein C (PC) activity); and fibrinolysis activation (D-dimer concentration). A

CBC was performed on an automated cell counter (ADVIA 2120, Siemens). For the coagulation factor activities, PT, aPTT, AT- and PC activity, fibrinogen and D-dimer concentrations the protocols suggested by the manufacturers were followed. The plasma coagulation factor activities, PT, aPTT, AT- and PC activity and fibrinogen concentration were assessed using an automated coagulometric analyzer (ACL top 500, Instrumentation Laboratory). Plasma D-dimer concentration was measured using an immunometric flow-through principle (Nycocard Reader II, ILEX) (Wiinberg et al., 2007). The stored citrated plasma samples were transported to the Veterinary Clinical Pathology laboratory, University of Copenhagen, Denmark on dry ice and transit time for the shipment was <24 hours. All assays on the plasma were performed 21 months after the start of collection. All assays were calibrated according to the manufacturers' recommendations for human purposes. All coagulation factor-, AT- and PC activities were recorded as species-specific activities as assays were calibrated with canine material. Diagnosis of a consumptive coagulopathy was based on the criteria for the approach to DIC in people defined by ISTH, which has previously been validated in dogs; i.e. indications of pro-coagulant activation (prolonged PT, prolonged aPTT, decreased coagulation factor activity, low platelet count), inhibitor consumption (low AT, low PC) and increased fibrinolytic activity (high D-Dimer) (Bick et al., 1999; Taylor FB Jr. et al, 2001; Wiinberg et al., 2010). For this study, overt DIC was defined as the presence of hemostatic abnormalities together with overt hemorrhage. Non-overt DIC was defined as the presence of hemostatic abnormalities in the absence of gross clinical signs of hemorrhage (Bick et al., 1999; Wiinberg et al., 2008).

DNA extraction and PCR

DNA was extracted from 200 µL of each whole blood sample using a blood and tissue extraction kit (QIAmp blood and tissue extraction kit, Qiagen) according to the manufacturer's instructions. Molecular diagnosis of *B. rossi* and exclusion of other *Babesia* species, *Ehrlichia* and *Anaplasma* species was performed using PCR and RLB (Matjila et al., 2004). PCR was conducted with a set of primers that amplified a 460-540 base pair fragment of the 18S SSU rRNA spanning the V4 region, a region conserved for *Babesia* and *Theileria*. The *Ehrlichia* PCR amplified the V1 hypervariable region of the 16S SSU rRNA (Bekker et al., 2002; Schouls et al., 1999). The membrane used for RLB included probes for *B. vogeli*, *B. rossi*, *B. canis* and *E. canis*.

Statistical analysis

Statistical analysis was performed using a commercial software package (SPSS Statistics 17.0 software, SPSS Inc.). The data was checked for normal distribution using the Shapiro Wilk's test. Medians of the non-survivors and survivors were compared using the Mann-Whitney U test and gender proportions between groups were compared using the Chi square test. Level of significance was set to $P < 0.05$. Data is presented as percentages or median and interquartile range (IQR).

Results

A total of 75 dogs were admitted over the study period of which only 72 were included in the study. The mortality fraction was 18% (13/72). Of the 13 non-survivors, one dog was diagnosed with cerebral babesiosis and anuria and was euthanized due to a poor prognosis. The

complications associated with the remaining 12 non-survivors included: acute respiratory distress together with hypoglycemia (3); acute respiratory distress (1); cerebral babesiosis (2); hypoglycemia (2); icterus (3); icterus with melena and hypoglycemia (1). Of the 72 dogs, 40 (56%) were male and 32 (44%) were female with no significant difference in gender distribution between the two groups ($P=0.27$). The median patient age was 12 months (7–48). The median age of the non-survivors was 24 months (5–96) and of the survivors 12 months (7–48). The median age between the two groups did not differ significantly ($P=0.68$).

Table 1: Median and interquartile range of several hemostatic analytes in 59 surviving and 13 non-surviving dogs infected with *Babesia rossi*.

Parameter	Reference intervals	Non-survivors	Survivors	P-value
Procoagulant activation				
Platelets	300-500 $\times 10^9/L$	3.9 (0.2–36.3)	7.5 (2.9–48.8)	0.21
Factor II	80-150%	40.5 (30.9–70.9)	76.7 (61.7–87.5)	0.003*
Factor V	80-140%	56.8 (29.9–88.1)	106.4 (85.0–140.0)	<0.001*
Factor VII	80-150%	46.9 (22.5–77.0)	73.4 (52.7–103.5)	0.015*
Factor VIII	80-150%	60.3 (44.4–94.7)	109.7 (85.7–144.2)	<0.001*
Factor IX	80-150%	56.5 (38.8–87.5)	101.7 (76.6–118.4)	<0.001*
Factor X	80-120%	35.4 (20.2–58.8)	73.9 (51.9–93.1)	<0.001*
Factor XI	80-150%	43.4 (33.0–65.2)	74.9 (58.0–90.4)	0.002*
Factor XII	80-150%	48.9 (24.3–69.9)	77.4 (60.5–93.9)	0.002*
PT	6.0-9.5 sec	10.2 (8.3-12.6)	8.0 (7.4-8.9)	0.002*
aPTT	9-12.5 sec	20.5 (15.1-35.5)	15.5 (13.8-18.5)	0.016*
Fibrinogen	1-4 g/L	3.7 (2.4–6.5)	4.8 (3.6–6.1)	0.25
Inhibitor consumption				
Antithrombin	80-150%	73.5 (48.5–103.3)	97.0 (82.0–113.0)	0.07
Protein C	75-150%	44.0 (26.5–75.5)	74.0 (56.0–105.0)	0.029*
Increased fibrinolytic activity				
D-Dimer	0-0.5 mg/L	1.6 (1.3–2.5)	0.4 (0.2–0.8)	0.001*

*Denote statistically significant differences between groups

All results given in percent represent the percent activity relative to a normal pool of canine plasma.

Table 1 contains a summary of all the data, including the median and the interquartile range for each parameter. There were significant differences between the non-survivors and the survivors, with the non-survivors presenting with a significantly more severe consumptive coagulopathy. The median activities of all the individual coagulation factors were significantly lower in the non-survivors compared to the survivors. The median PT and aPTT were significantly longer in the non-survivors compared to the survivors. Median fibrinogen concentration was not significantly different between the two groups. The median AT activity was not significantly different between the two groups; however, the median PC activity was significantly lower in the non-survivors compared to the survivors. The median D-dimer concentration was significantly higher in the non-survivors than in the dogs that survived. The median platelet count was low in all infected animals, but not significantly different between the non-survivors and the survivors. No significant platelet aggregation, which could have contributed to the low platelet count, was reported in any of the samples.

Discussion

This study demonstrated the presence of a more severe consumptive coagulopathy characterized by significantly increased procoagulant activation, inhibitor consumption and fibrinolytic activity in dogs infected with *B. rossi* that did not survive, without gross clinical evidence of hemorrhage. These findings support the presence of non-overt DIC in these dogs according to previously reported criteria for dogs (Wiinberg et al., 2010). The mortality rate was higher in this study compared to previous reports; however, this study only included dogs that were sick enough to be admitted. When only admitted cases are compared, the mortality rate is similar to that reported in a previous study (Schoeman et al., 2007).

The coagulation factor activities in the dogs that died, specifically factor II (thrombin), were significantly lower compared to those that survived, likely resulting from inflammatory induced coagulation activation and consumption caused by the infection. Inflammatory cytokines initiate coagulation events at sites of inflammation through various mechanisms which include expression of tissue factor (TF), altered thrombogenicity of endothelial surfaces, and activation of platelets (Weiss and Rashid, 1998). TF is the primary physiologic initiator of coagulation and is not normally expressed by cells that are in direct contact with blood. However endothelial cells, neutrophils and monocytes express TF on their surfaces in response to a variety of stimuli, including endotoxin, interleukin-6 (IL-6), tumor necrosis factor (TNF), IL-1 and immune complexes (Brady and Otto, 2001; DelGiudice and White, 2009; Hoffman and Monroe, 2001; Weiss and Rashid, 1998). TF thus plays an important role in the initiation of inflammation-induced coagulation (Levi et al., 2006). Thrombin plays a central role in propagation of coagulation, anticoagulation and fibrinolysis. The most important role of thrombin in coagulation is binding soluble fibrinogen to form insoluble fibrin monomers which then polymerize spontaneously. The presence of thrombin also has a positive feedback effect on the formation of activated factors Va, VIIa, VIIIa and XIa, which propagates thrombin formation. The more significant decrease in coagulation factor activities in the non-survivors was mirrored in the significantly prolonged PT and aPTT for this group which are specific assays for plasma coagulation protease activity. This finding is most likely due to the marked systemic inflammatory response reported in babesiosis (Ahmed, 2002; Clark and Jacobson, 1998; Hemmer et al., 2000; Welzl et al., 2001; Wright et al., 1989).

There was no significant difference in median AT activity between the two groups; however, the median PC activity was significantly lower in the non-survivors compared to the survivors,

indicating increased inhibitor consumption or inactivation in the dogs that died.

Thrombomodulin is expressed at high levels on endothelial cells, especially in the capillaries (Hoffman and Monroe, 2001). Thrombin that escapes into the circulation from a site of injury is either inhibited by circulating AT or binds to thrombomodulin on intact vascular endothelium, upon which the specificity of thrombin is changed, and becomes more effective at activating PC rather than clotting fibrinogen or activating platelets (Hoffman and Monroe, 2001; Weiss and Rashid, 1998). PC is localized to vascular endothelial cells and forms a complex with protein S, its co-factor, once activated by the thrombin/thrombomodulin complex. The activated protein C/protein S complex cleaves and inactivates endothelial surface-bound activated factors Va and VIIIa (Hoffman and Monroe, 2001; Weiss and Rashid, 1998). During inflammation endothelial function is also altered in that thrombomodulin expression is down-regulated by the interaction with inflammatory mediators. This results in decreased inactivation of thrombin and decreased activation of PC, which may lead to a procoagulant state (Hoffman and Monroe, 2001; Weiss and Rashid, 1998).

In late overt stages of DIC, fibrinogen concentrations can decrease due to depletion through unregulated cleavage by thrombin and plasmin, however the median fibrinogen level for all the dogs in this study was increased and there was no significant difference between the two groups. This increase is likely due to fibrinogen's role as a positive acute phase reactant whereby its hepatic synthesis is upregulated with systemic inflammation (Murata et al., 2004). In the non-overt phase of DIC, especially in patients with SIRS, the rate of fibrinogen synthesis can exceed fibrinogen consumption, and hyperfibrinogenemia may occur (Cerón et al., 2005; Murata et al., 2004; Scott-Moncrieff et al., 2001). The binding of thrombin to thrombomodulin competitively

inhibits the binding of fibrinogen to thrombin, which may also have contributed to the increased fibrinogen concentration in these cases (Weiss and Rashid, 1998).

This study documented increased fibrinolysis activation in non-survivors as plasma D-dimer concentration was significantly higher in the non-survivors compared to the survivors. Fibrinolysis is an essential component of hemostasis and is initiated concurrently with coagulation (Stokol, 2003). Fibrinolysis is mediated by plasmin, which is converted from plasminogen to its active state by a variety of plasminogen activators. Insoluble cross-linked fibrin is a substrate for plasmin and produces D-dimers as a degradation product, which has been shown to be very specific for fibrinolysis (Stokol, 2003). D-dimers are formed during clot formation and are exposed when the clot is lysed by plasmin. Thus, increased D-dimer concentration represents activation of both thrombin and plasmin and is a specific marker of fibrinolysis (Smith, 2010; Stokol, 2003).

The platelet count was not significantly different between the non-survivors and the survivors in this study, likely due to the very low platelet counts in both groups, thereby masking any increased consumption on the dogs with DIC. Previous studies on *B. canis* have shown that marked thrombocytopenia was the most common hemostatic change, however very few cases show any gross clinical signs of primary hemostatic abnormalities (Rafaj et al., 2005; Rafaj et al., 2009; Ruiz et al., 2007; Schettters et al., 2009). A similar severe thrombocytopenia is seen in *B. rossi* with platelet counts reported as low as $14 \times 10^9/L$ being a common finding without any associated clinical signs of hemorrhage (Kettner et al., 2003). As with canine babesiosis, thrombocytopenia develops early in falciparum malaria in people but the underlying mechanisms remain unresolved (de Mast et al., 2010).

Limitations to this study included that the investigators had no control over when in the disease process the cases were presented to the hospital, and that the study only included assays performed on citrated plasma, excluding the vital role that blood cells and endothelium play during coagulation. Therefore, a more holistic approach, such as the use of thromboelastography, should be considered to investigate the consumptive coagulopathy in canine babesiosis in the future. Other limitations include the fact that the treatment protocols (i.e. blood transfusion or not) and type of complication were not included in the statistical analysis. However, the standard blood product used for babesiosis is PRC and most of the non-survivors (9/13) died on the day of presentation, making it unlikely that the transfusion would have made a difference to the outcome.

Conclusions

In conclusion, this study has showed that mortality in dogs infected with *B. rossi* was associated with a more severe consumptive coagulopathy characterized by procoagulant activation, inhibitor consumption and fibrinolysis activation without the presence of gross hemorrhage, thus fulfilling the requirements of a diagnosis of non-overt DIC. This suggests that the presence of significant consumptive coagulopathy is related to short-term survival.

Conflict of interest statement

None of the authors of this paper has a financial or personal relationship with other people or organisations that could inappropriately influence or bias the content of the paper.

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