



Contents lists available at ScienceDirect

Phytomedicine

journal homepage: www.elsevier.de/phymed



Tyrosinase activity of *Greyia flanaganii* (Bolus) constituents

M.B. Mapunya^a, A.A. Hussein^{a,b}, B. Rodriguez^c, N. Lall^{a,*}

^a Department of Plant Science, University of Pretoria, Pretoria 0002, South Africa

^b Department of Chemistry of Medicinal Plants, National Research Center, El-Tahrir St., Dokki, Cairo, Egypt

^c Instituto de Química Orgánica, Consejo Superior de Investigaciones Científicas (CSIC), Juan de la Cierva 3, E-28006 Madrid, Spain

ARTICLE INFO

Keywords:

Greyia flanaganii
Greyiaceae
Phenolic compounds
Tyrosinase inhibition
Antioxidant
Toxicity
Antibacterial

ABSTRACT

Hyper-pigmentation of the skin is a common problem that is prevalent in middle aged and elderly people. It is caused by over production of melanin. Tyrosinase is known to be the key enzyme in melanin production. Ethanolic extract of *Greyia flanaganii* leaves showed significant ($P < 0.05$) anti-tyrosinase activity exhibiting the IC_{50} of 32.62 $\mu\text{g/ml}$. The total extract was further investigated for its toxicity and effect on melanin production by melanocytes cells, and showed significant inhibition ($P < 0.05$) (20%) of melanin production at 6.25 $\mu\text{g/ml}$ and low levels of cytotoxicity ($IC_{50} < 400 \mu\text{g/ml}$). The amount of antioxidants necessary to decrease the initial DPPH absorbance by 50% (EC_{50}) by the total ethanolic extract was found to be 22.01 $\mu\text{g/ml}$. The effect of *G. flanaganii* against acne causing bacteria, *Propionibacterium acnes*, was investigated using microdilution assay. The MIC of the extract of *G. flanaganii* was found to be 250 $\mu\text{g/ml}$. Bioassay-guided fractionation led to the isolation of (3*S*)-4-hydroxyphenethyl 3-hydroxy-5-phenylpentanoate (**1**), 2',4',6'-trihydroxydihydrochalcone (**2**), 2',6',4-trihydroxy-4'-methoxydihydrochalcone (**3**), 2',6'-dihydroxy-4'-methoxydihydrochalcone (**4**), 5,7-dihydroxyflavanone [(2*S*)-pinocembrin] (**5**), 2',6'-dihydroxy-4',4'-dimethoxy dihydrochalcone (**6**) and (2*R*,3*R*)-3,5,7-trihydroxy-3-*O*-acetylflavanone (**7**). The isolated compounds were tested for their antioxidant, cytotoxicity, tyrosinase inhibition and antibacterial activities. Compound **2** exhibited significant ($P < 0.05$) antityrosinase activity exhibiting the IC_{50} of 69.15 μM . The isolated compounds showed low toxicity of the cells with reduction of melanin content of the cells. All compounds tested showed good radical scavenging activity. These data indicates that *G. flanaganii* extract and its isolated phenolic constituents could be possible skin lightening agents.

© 2011 Elsevier GmbH. All rights reserved.

Introduction

Melanin is the pigment responsible for the colour of skin in humans. Tyrosinase is known to be the key enzyme in melanin biosynthesis (Nerya et al. 2003). Over-activity of this enzyme leads to overproduction of melanin leading to hyper-pigmentation of the skin. Hyper-pigmentation can also be caused by excessive exposure to UV light, drug reaction and also occurs during ageing. Over-production of melanin can be prevented by avoiding excessive UV light exposure and can be treated with skin-lightening agents such as bleaching hydroquinone, kojic acid and retinoids (Halder et al. 2004). Some commercially available chemical and fungal derived skin-lightening agents have been proven to have chronic, cytotoxic and mutagenic effects on humans (Nerya et al. 2003; Wang et al. 2006; Wu et al. 2003). Therefore, there is a need for alternative herbal derived and pharmaceutical agents for the treatment

of hyper-pigmentation of the human skin. Plants have formed the sophisticated traditional medicine systems that have been in existence for thousands of years (Anon 1998; Yesilada 2005). The aim of this study was to test the activity of *Greyia flanaganii* (Bolus) on tyrosinase enzyme. *G. flanaganii* is an evergreen shrub endemic to Eastern Cape. This plant is very frost tolerant. It is traditionally believed to have the ability to ward off sickness (Mbambezi 2005). During a study done by Bohm and Chan (1992) it was shown to contain a mixture of flavonoid compounds (an example of known tyrosinase inhibitors).

Materials and methods

Plant extraction

Leaves of *G. flanaganii* were collected during December 2006 from the botanical garden of the University of Pretoria and identified at H.G.W.J Schwelckerdt Herbarium. The samples were air dried, shielded from the sun, at ambient temperatures. The air dried plant material was ground to a fine powder, which was

* Corresponding author. Tel.: +27 4202524; fax: +27 3625099.
E-mail address: namrita.lall@up.ac.za (N. Lall).

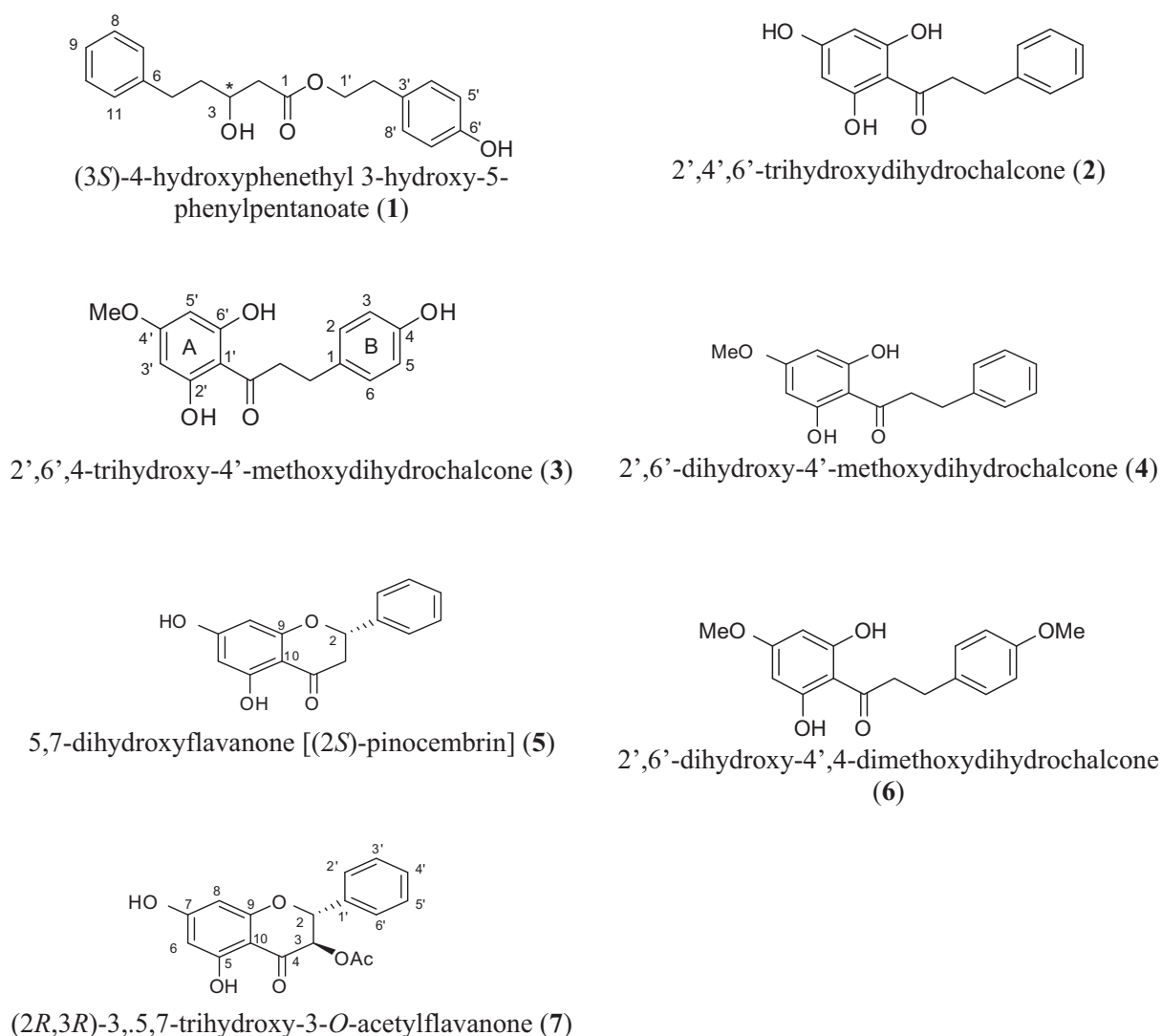


Fig. 1. Chemical structures of the isolated compounds.

extracted with ethanol. The mixture was left overnight on a shaker at room temperature and then filtered and evaporated under reduced pressure.

Isolation of active compounds

About 71 g of the ethanolic extract of *G. flanaganii* was applied to a silica gel column (70 cm × 120 cm) using hexane fraction (bp 60–80 °C) (Hex): ethyl acetate (EtOAc) mixtures of increasing polarity (100:0 to 0:100) followed by 100% methanol (MeOH) as eluents. In total 64 fractions (500 ml) were collected. Similar fractions were combined, according to thin-layer (TLC) profile, which resulted into eight fractions. All the eight fractions were tested for antityrosinase activity using tyrosine as the substrate. Fractions 1, 4 and 6 showed stronger inhibitory activity of the enzyme; hence these fractions were further chromatographed on a sephadex column (LH-20, Sigma Aldrich, South Africa) for the isolation and identification of bioactive compounds using ethanol as an eluent. Fraction 6 yielded pure compounds **1** (114 mg), **2** (253 mg) and **3** (208 mg), while fraction 1 yielded pure compounds **4** (20 mg) and **5** (20 mg), and fraction 4 gave compounds **6** (10 mg) and **7** (10 mg) (Fig. 1).

Colorimetric tyrosinase inhibition assay

The colorimetric tyrosinase assay was performed using methods described by Curto et al. (1999) and Momtaz et al. (2008). The source of tyrosinase enzyme used in the experiments was *Agaricus bisporu*, an edible mushroom species which is native to grasslands in Europe and North America. The plant extract and purified compounds were dissolved in dimethyl sulfoxide (DMSO) to a final concentration of 20 mg/ml (stock solution). This stock solution was then diluted to 600 µg/ml in 50 mM potassium phosphate buffer (pH 6.5). Kojic acid was used as a control drug (Lee et al. 1997). In a 96 well microtitre plate, 70 µl of each sample solution of different concentrations were combined with 30 µl of tyrosinase (333 Units/ml in phosphate buffer, pH 6.5) in triplicates. After incubation at room temperature for 5 min, 110 µl of substrate (2 mM *L*-tyrosine or 12 mM *L*-DOPA) were added to each well. Final concentrations of the extract was 200 and 20 µg/ml. Final concentrations of the pure compounds and positive controls ranged from 1.56 to 200 µg/ml. Microtitre plates were incubated for 30 min at room temperature. Optical densities of the wells were then determined at 492 nm with the BIO-TEK

power Wave XS multi-well plate reader (A.D.P., Weltevreden Park, South Africa). The fifty percent inhibition concentration (IC₅₀) value was determined by the use of MSTATC software (East Lansing, MI, VS).

Determination of extract toxicity and melanin content in melanocytes

Mouse melanocytes cell line, B16-F10, was cultured in complete Minimal Essential Eagle's Medium (MEM) containing 10% Foetal Bovine Serum, 1.5 g/l NaHCO₃, 2 mM L-glutamine, 10 µg/ml penicillin, 10 µg/ml streptomycin, and 0.25 µg/ml fungizone at 37 °C with 5% CO₂ in a humidified atmosphere. Cells were sub-cultured in a ratio of 1:3 on every third or fourth day. Mouse melanocytes (B16-F10) cells in complete MEM medium were dispensed into the wells of a 96-well plate (10⁴ cells per well) and 24-well plate (10⁵ cells per well). After an overnight incubation at 37 °C in 5% CO₂ and a humidified atmosphere, extract sample and positive controls were added to the cells to the final concentrations of 400, 200, 100, 50, 25, 12.5, 6.25 and 3.13 µl/ml. Pure compounds were tested in concentrations ranging from 1.5 to 100 µg/ml. Plates were incubated at 37 °C in 5% CO₂, humidified atmosphere for three days. Toxicity effect of the extracts on B16-F10 cells was assayed using XTT (sodium 3'-[1-(phenyl amino-carbonyl)-3,4-tetrazolium]-bis-[4-methoxy-6-nitrobenzene sulfonic acid hydrate) cytotoxicity assay. Fifty microlitres of XTT reagent (1 mg/ml XTT with 0.383 mg/ml PMS) was added to the wells and incubated for 1 h. The optical densities of the wells were measured at 450 nm (690 nm reference wavelength). By comparing to the control (medium with DMSO), cell survival was assessed. The effect of the plant extracts/pure compounds on melanin synthesis was determined by washing the melanocytes cells in the 24-well plate with potassium phosphate buffered saline (PBS), and lysing with 200 µl of sterile distilled water (dH₂O). Optical densities were determined at a wavelength of 405 nm. The effect on melanin production was determined by comparing to the control sample (medium with DMSO). The absorbance of a series of known concentrations of pure melanin was used to construct a calibration curve to determine the amount of melanin produced by the cells.

Antioxidant activities of *G. flanaganii* extract and purified compounds

Antioxidant activity of the ethanol extract of *Greyia flanaganii* (Bolus) and purified compounds was investigated using the 1,2-diphenyl-2-picrylhydrazyl (DPPH) (Sigma-Aldrich, South Africa) antioxidant assay. Following the procedures as described by Toit et al. (2001) for each sample, a dilution series (8 dilutions) was prepared in a 96-well ELISA plate by adding distilled water as a dilution medium. Final concentrations of the samples ranged from 0.78 to 100 µg/ml. Each concentration was tested in triplicates. Vitamin C was used as the positive control. The radical scavenging capacities of the samples were determined using a BIOTEK plate reader to measure the disappearance of DPPH at 550 nm. The radical scavenging activity was measured in terms of the amount of antioxidants necessary to decrease the initial DPPH absorbance by 50% (EC₅₀) (Toit et al. 2001). The EC₅₀ value for each sample was determined graphically by plotting the absorbance of DPPH as a function of the sample concentration in µg/ml. The EC₅₀ is the amount of antioxidant necessary to decrease the initial DPPH absorbance by 50%. The results are expressed as the mg Vit C equivalents/g dry weight and are calculated as follows: VitEAC (mg AA/100 g) = (IC_{50(vit c)}/IC_{50(sample)}) × 1000.

Antibacterial activity

The minimal inhibitory concentration (MIC) of the ethanolic leaf extract of *G. flanaganii* and isolated compounds was determined by microdilution assay. This assay was done using methods as described by McGaw and Eloff (2005) and Sahin et al. (2003) with slight modifications. The antibacterial activity was investigated against *Propionibacterium acnes* (ATCC 11827). The bacteria was cultured from a Kwik-Stick on nutrient agar and incubated at 37 °C for 72 h under anaerobic conditions before the assay. The 72 h culture of the bacteria was dissolved in Ringer's solution and the suspensions were adjusted to 0.5 McFarland standard turbidity. This resulted in 10⁷ to 10⁸ CFU/ml. Erythromycin was used as the positive control (Lim et al. 2007). The plates were incubated at 37 °C for 72 h in an anaerobic condition. The minimum inhibitory concentration (MIC) value was determined by observing the colour change in the wells after addition of *p-iodonitrotetrazolium* violet salt (INT) (defined as the lowest concentration that showed no bacterial growth).

Statistical analysis

The results were analyzed statistically using one-way analysis of variance (ANOVA) and the least significant differences ($P < 0.05$) were determined according to Duncan's *t*-test. Results were significant where $P < 0.05$.

Results and discussion

General procedures

Melting points were determined on a Kofler block and are uncorrected. Optical rotations: in acetone (6) or MeOH (7) solution (Perkin-Elmer 241 MC polarimeter). IR: in KBr (Perkin-Elmer Spectrum One spectrophotometer). ¹H and ¹³C NMR spectra were recorded at room temperature on a Varian SYSTEM 500 MHz spectrometer operating at 500 MHz and 125 MHz, respectively. ¹H and ¹³C NMR chemical shifts are reported with respect to the solvent (methanol-*d*₄) signals (δ 3.30 for proton and δ 49.00 for carbon). All the ¹H and ¹³C NMR assignments were in agreement with COSY, HSQC and HMBC spectra. Mass spectra: positive EI mode, 70 eV, CH₂Cl₂ (Hewlett-Packard 5973 spectrometer). HRESIMS: Agilent 6520 Accurate-Mass QTOF LC/MS apparatus.

Structure elucidation of compound 1

High-resolution mass spectrometry and combustion analysis indicated a molecular formula of C₁₉H₂₂O₄ for **1**, and its IR spectrum showed hydroxyl (3446, 3312 cm⁻¹) and ester (1721, 1183 cm⁻¹) absorptions. The ¹H and ¹³C NMR spectra of **1**, together with 2D-NMR COSY and HSQC experiments, revealed that it possessed a 3-hydroxy-5-phenylpentanoic acid ester structural moiety, because the chemical shifts of the C-1 to C-11 protons and carbons (see below and Fig. 1) were almost identical to those reported for the methyl ester of 3-hydroxy-5-phenylvaleric acid (Calis et al. 1999). Moreover, the remaining proton and carbon signals of **1** (C-1' to C-8', see below and Fig. 1) were in complete agreement with those of esterified tyrosol (Bianco et al. 2006). The observed HMBC correlations between the carbonyl carbon of the acyloxy part (C-1, δ 173.4) and the C-1' methylene protons of tyrosol (δ 4.22 and 4.19) further supported that this new substance is 4-hydroxyphenethyl 3-hydroxy-5-phenylpentanoate (**1**).

The absolute stereochemistry of the C-3 asymmetric center of **1** was not ascertained. However, we assume that it possesses a 3S absolute configuration because the specific optical rotation of **1**

Table 1
Antityrosinase, toxicity, antioxidant and antibacterial activity of isolated compounds from the leaf extract of *Greyia flanaganii*.

Test, µg/ml/(µM)	Compounds							Positive controls		
	C1	C2	C3	C4	C5	C6	C7	Kojic acid	Vit C	Erythromycin
Tyrosinase	>200	17.86/(69.1)	>200	>200	>200	–	>200	7.020/(49.3)		
Cytotoxicity	>100	56.59/(219)	36.0/(120)	8.21/(30.1)	95.56/(373)	*	*			
Antioxidant	>100	0.895/(3.46)	2.0/(6.69)	8.72/(32.0)	19.5/(76.1)	*	*		2.0/(11.3)	
Mg Vit C equivalents/g dry weight	–	2234	1000	229.4	102.56					
Antibacterial	500/(1590)	250/(968)	125/(418)	–	–	*	*			100/(136)

(*) Not tested, (–) not active. The bold numbers represent the % activity of each compound expressed in µmol.

{ $[\alpha]_D^{24} -4.7$ (c 0.738, CHCl₃)}, is almost identical to that reported (Ganci et al. 2000) for methyl (3S)-3-hydroxy-5-phenylpentanoate { $[\alpha]_D^{25} -3.35$ (c 1, CHCl₃)}.

The chemical data for (3S)-4-hydroxyphenethyl 3-hydroxy-5-phenylpentanoate=(3S)-3-hydroxy-5-phenylpentanoic acid 2-(4-hydroxyphenyl)-ethyl ester (**1**) are the following: colorless needles (Me₂CO – *n*-pentane), mp 92–93 °C; $[\alpha]_D^{24} -4.7$ (c 0.738, CHCl₃); IR (KBr) ν_{max} 3446, 3312, 3060, 3021, 2925, 1721, 1614, 1598, 1519, 1454, 1399, 1242, 1213, 1183, 1172, 1147, 1036, 800, 752, 700 cm⁻¹; ¹H NMR δ : 7.24 (2H, br t, $J_{ortho} = 7.5$ Hz, H-8 and H-10), 7.17 (2H, br d, $J_{ortho} = 7.6$ Hz, H-7 and H-11), 7.14 (1H, tt, $J_{ortho} = 7.7$ Hz, $J_{meta} = 1.2$ Hz, H-9), 7.02 (2H, dt, $J_{ortho} = 8.6$ Hz, $J_{meta} = 2.4$ Hz, H-4' and H-8'), 6.69 (2H, dt, $J_{ortho} = 8.6$ Hz, $J_{meta} = 2.4$ Hz, H-5' and H-7'), 4.22 (1H, dt, $J_{gem} = 10.8$ Hz, $J_{vic} = 6.9$ Hz, H_A-1'), 4.19 (1H, dt, $J_{gem} = 10.8$ Hz, $J_{vic} = 6.9$ Hz, H_B-1'), 3.96 (1H, tt, $J_{3,2A} = J_{3,4A} = 5.0$ Hz, $J_{3,2B} = J_{3,4B} = 8.0$ Hz, H-3), 2.80 (2H, t, $J_{vic} = 6.9$ Hz, 2H-2'), 2.74 (1H, ddd, $J_{gem} = 13.5$ Hz, $J_{5A,4A} = 9.2$ Hz, $J_{5A,4B} = 5.9$ Hz, H_A-5), 2.62 (1H, ddd, $J_{gem} = 13.5$ Hz, $J_{5B,4A} = 7.0$ Hz, $J_{5B,4B} = 9.3$ Hz, H_B-5), 2.47 (1H, dd, $J_{gem} = 15.0$ Hz, $J_{2A,3} = 5.0$ Hz, H_A-2), 2.41 (1H, dd, $J_{gem} = 15.0$ Hz, $J_{2B,3} = 8.0$ Hz, H_B-2), 1.74 (2H, m, 2H-4); ¹³C NMR δ : 173.4 (C, C-1), 157.1 (C, C-6'), 143.3 (C, C-6), 130.9 (2CH, C-4' and C-8'), 130.0 (C, C-3'), 129.5 (2CH, C-7 and C-11), 129.4 (2CH, C-8 and C-10), 126.8 (CH, C-9), 116.2 (2CH, C-5' and C-7'), 68.6 (CH, C-3), 66.6 (CH₂, C-1'), 43.5 (CH₂, C-2), 40.0 (CH₂, C-4), 35.2 (CH₂, C-2'), 32.8 (CH₂, C-5); negative-ion HRESIMS m/z 313.1453 [M–H][–] (calcd for C₁₉H₂₁O₄, 313.14403), 627.2985 [2M–H][–] (calcd for C₃₈H₄₃O₈, 627.29589); anal. C 72.63%, H 7.01%, calcd for C₁₉H₂₁O₄, C 72.59%, H 7.05%.

Identification of compounds 2–7

The previously known substances 2',4',6'-trihydroxydihydrochalcone (**2**) (Crombie et al. 1988; Hufford and Lasswell 1978), 2',6',4'-trihydroxy-4'-methoxydihydrochalcone (**3**) (Hermoso et al. 2003; Mabry et al. 1975), 2',6'-dihydroxy-4'-methoxydihydrochalcone (**4**) (Hermoso et al. 2003; Nilsson 1961), 5,7-dihydroxyflavanone [(2S)-pinocembrin] (**5**) (Bick et al. 1972; Miyakado et al. 1976), 2',6'-dihydroxy-4',4-dimethoxydihydrochalcone (**6**) (Nilsson 1961) and (2R,3R)-3,5,7-trihydroxy-3-O-acetylflavanone (**7**) (Kumazawa et al. 2002; Tomás-Barberán et al. 1993), were identified by their physical (mp, $[\alpha]_D$) and spectroscopic (¹H and ¹³C NMR and mass spectra) data, including NMR 2D-COSY, HSQC and HMBC experiments that allowed the unequivocal assignment of their structures.

Tyrosinase inhibitory activity

Ethanol leaf extract of *G. flanaganii* was tested for tyrosinase activity using L-tyrosine as the substrate. It showed inhibition of the enzyme exhibiting 95% inhibition at 200 µg/ml. Isolation of active compounds was carried out using a bioassay-guided fractionation. Ethanol leaf extract of *G. flanaganii* was subjected to a series of columns to which seven compounds were isolated (Fig. 1). Com-

ound **2** exhibited the best inhibitory activity of the enzyme as compared to the other compounds with the IC₅₀ value of 69.1 µM. Compounds **1**, **3**, **4**, **5** and **7** exhibited 31, 11.3, 24, 22 and 35% inhibition of tyrosinase enzyme at 200 µg/ml. Compound **6** did not show any significant inhibition of the enzyme at the highest concentration tested (200 µg/ml).

Cytotoxicity

Fig. 2 shows the effect of *G. flanaganii*, isolated compounds and positive control (Kojic acid) on cell viability and melanin production by melanocytes cells. *G. flanaganii* showed significant inhibition ($P < 0.05$) (20%) of melanin production at 6.25 µg/ml while 80% of cells were found to be viable, thus indicating low levels of cytotoxicity (IC₅₀ < 400 µg/ml). Compound **5** showed less toxicity effect of the cells with the IC₅₀ of 373 µM and 10% reduction in melanin content of the cells at 1.5 µg/ml. Compound **4** has shown toxicity effect of the cells giving low cell viability (less than 30%) at most concentrations tested with the IC₅₀ of 30.1 µM. Compound **3** was less toxic to the cells at lower concentrations with the IC₅₀ of 120 µM and compound **2** was also less toxic with the IC₅₀ value of 219 µM. Compound **1** showed no toxicity effect of the cells even at the highest concentrations tested with no reduction of melanin content of the cells at all concentrations. These results were analyzed in comparison with the positive drug kojic acid.

Antioxidant activity

Greyia flanaganii ethanol extract and isolated compounds were further tested for their antioxidant activity. Due to low yield of **6** and **7** no further tests were done for these compounds. *G. flanaganii* extract exhibited above 90% radical scavenging activity at higher concentrations (Table 1). Vitamin C showed complete antioxidant activity shown by clear wells almost in all concentrations tested. All four compounds tested showed good inhibitory activity of the radical formation in almost all concentrations tested. The EC₅₀ values of all the compounds are represented in Table 1.

Antibacterial activity

G. flanaganii ethanol extract and compound **1** showed inhibition of the growth of bacteria exhibiting the MIC value of 250 µg/ml and 1590 µM respectively as compared to erythromycin with the MIC value of 136 µM. Compounds **2** and **3** also showed inhibition of the growth of the bacteria by exhibiting the MIC value of 968 and 418 µM respectively as compared to that of the positive control. Compounds **4** and **5** did not show any inhibitory activity of the bacteria even at the highest concentrations tested (500 µg/ml) (Table 1).

The activity of plant extracts and their bioactive constituents have previously been explored for their tyrosinase inhibitory activity. Even in this study the plant extracts selected showed some inhibitory activity of the enzyme. Polyphenols have been identified

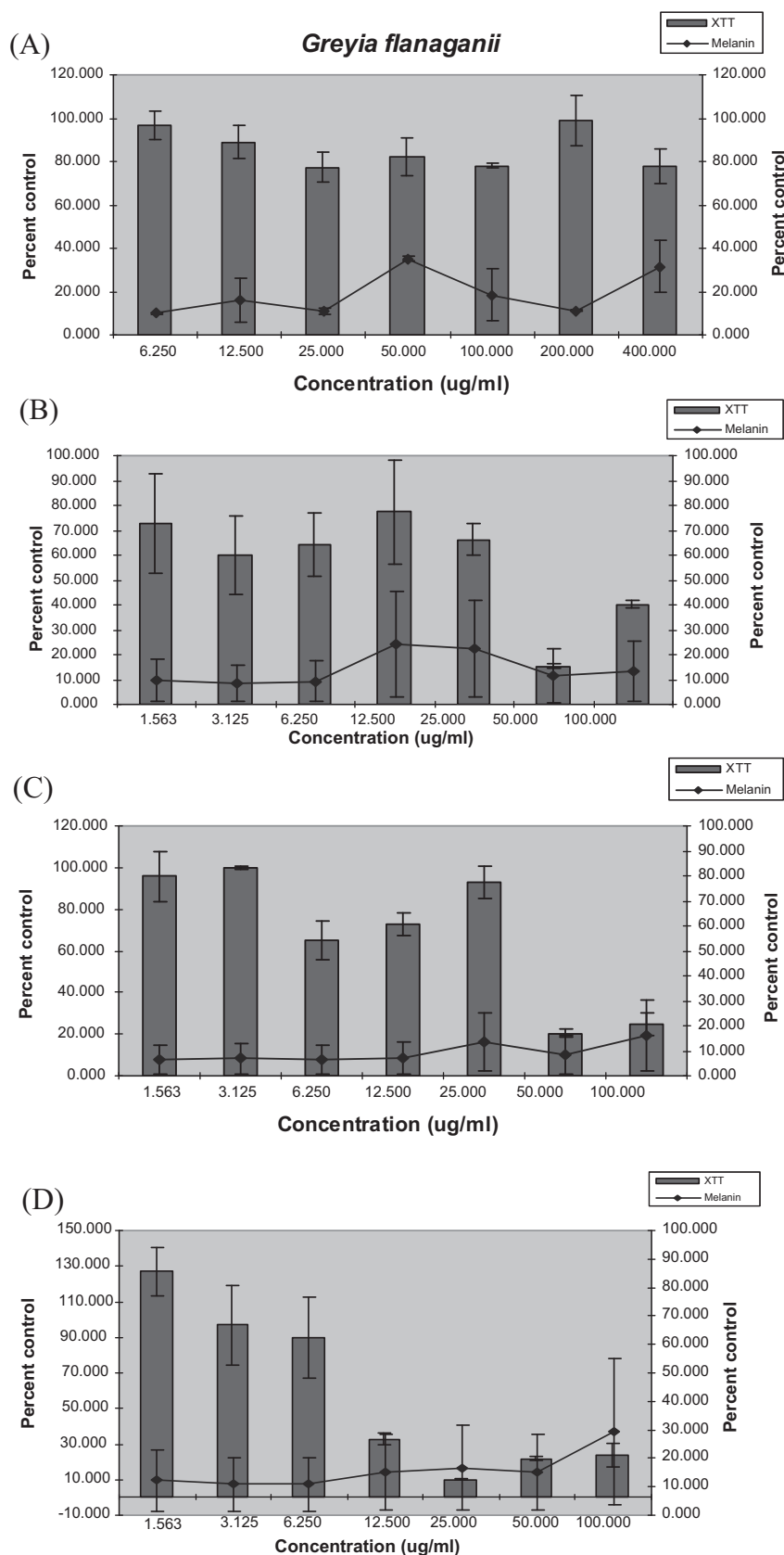


Fig. 2. The effect of *Greyia flavanone* ethanol extract and purified compounds on cell viability and melanin production *Greyia flavanone* extract (A), 2',4',6'-trihydroxydihydrochalcone (B), 2',6',4-trihydroxy-4'-methoxydihydrochalcone (C), 2',6'-dihydroxy-4'-methoxydihydrochalcone (D), 5,7-dihydroxyflavanone [(2S)-pinocembrin] (E), 4-hydroxyphenethyl 3-hydroxy-5-phenylpentanoate (F), Koji acid (positive control) (G).

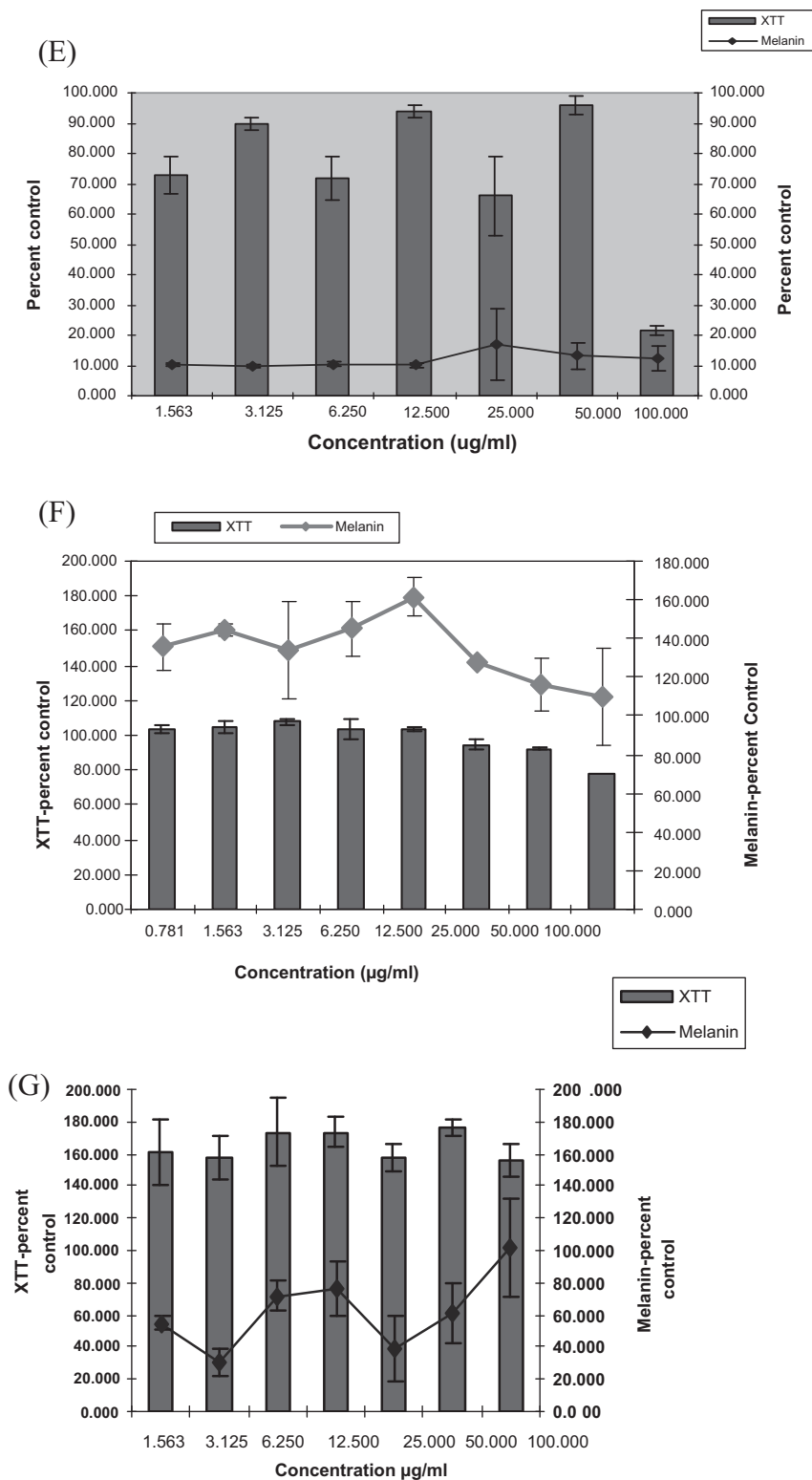


Fig. 2. (Continued).

as a group of compounds containing multiple phenolic functionalities. They are produced as secondary metabolites by higher plants and have numerous biological activities (Kim and Uyama 2005). Flavonoids are one of the most numerous groups of plant polyphenols which are widely distributed in leaves, bark and flowers. Chalcones and flavonoids are a group of polyphenols compounds which have been studied in details previously. The antityrosinase activity results found in this study compare to the results found in a study by Tanaka et al. (1985) and Ichino et al. (1987) for this two groups of compounds isolated. Examples of Flavonols include Kaempferol, Luteolin, Epigallocatechin etc. (Kim and Uyama 2005). All compounds isolated showed strong radical scavenging activity as compared to vitamin C (Table 1). This results show that the compounds (flavones and chalcones) are most likely responsible for the antioxidant activity of *G. flanaganii* extract. As these compounds and the extract showed good tyrosinase inhibition activity, low toxicity, antioxidant and antibacterial activity this proves their capability to be used as skin lighteners, though the mode of action for each and *in vivo* studies are required to give conclusive results to be skin lighteners.

Acknowledgements

The authors thank NRF and Canon Collins trust for the financial support. This work was also supported by funds from the Spanish 'Ministerio de Ciencia e Innovación', Grant No. CTQ2009-10343, and from the 'Consejería de Educación de la Comunidad de Madrid' (Project CAPOTE-S209/PPQ-1752). This publication is part of the thesis submitted by the first author to the Department of Plant Science of University of Pretoria.

References

- Anon, 1998. Environmental Guidelines to Practical Forest Management. Forest and Park Editia, Helesinki.
- Bianco, A., Chiacchio, M.A., Grassi, G., Iannazzo, D., Piperno, A., Romeo, R., 2006. Phenolic components of *Olea europaea*: isolation of new tyrosol and hydroxytyrosol derivatives. *Food Chemistry* 95, 562–565.
- Bick, I.R.C., Brown, R.B., Hillis, W.E., 1972. Three flavanones from leaves of *Eucalyptus sieberi*. *Australian Journal of Chemistry* 25, 449–451.
- Bohm, B.A., Chan, J., 1992. Flavonoids and affinities of Greyiaceae with a discussion of the occurrence of B-ring deoxyflavonoids in dicotyledonous families. *Systematic Botany* 17 (2), 272–281.
- Calis, I., Kuruüzüm, A., Demirezer, L.Ö., Sticher, O., Ganci, W., Rüedi, P., 1999. Phenylvaleric acid and flavonoid glycosides from *Polygonum salicifolium*. *Journal of Natural Products* 62, 1101–1105.
- Crombie, L., Crombie, W.M.L., Firth, D.F., 1988. Terpenylations using (R)-(–)- α -phellandrene. Synthesis of the (3S,4R)-8,9-dihydro-o- and -p-cannabidiols, their iso-THC's, and the natural dihydrochalcone ((3S,4R)-(+)-linderatin. *Journal of the Chemical Society, Perkin Transactions* 1, 1251–1253.
- Curto, E.V., Kwong, C., Hermersdorfer, H., Glatt, H., Santi, C., Virador, V., Hearing, V.J., Dooley, T.P., 1999. Inhibitors of mammalian melanocytes tyrosinase: in vitro comparison of alkyl esters of gentisic acid with other putative inhibitors. *Biochemical Pharmacology* 57, 665–672.
- Ganci, W., Kuruüzüm, A., Calis, I., Rüedi, P., 2000. Determination of the absolute configuration of (–)-(3R)-O- β -D-glucopyranosyloxy-5-phenylpentanoic acid from *Polygonum salicifolium*. *Chirality* 12, 139–142.
- Halder, R.M., Richards, M.D., Richards, G.M., 2004. Topical agents used in the management of hyperpigmentation. *Skin Therapy Letter* 9, 453.
- Hermoso, A., Jiménez, I.A., Mamani, Z.A., Bazzocchi, I.L., Piñero, J.E., Ravelo, A.G., Valladares, B., 2003. Antileishmanial activities of dihydrochalcones from *Piper elongatum* and synthetic related compounds, structural requirements for activity. *Bioorganic and Medicinal Chemistry* 11, 3975–3980.
- Hufford, C.D., Lasswell Jr., W.L., 1978. Antimicrobial activities of constituents of *Uvaria chamae*. *Lloydia* 41, 156–160.
- Ichino, K., Tanaka, H., Ito, K., 1987. Two novel flavonoids from the leaves of *Lindera umbellata* var. *Lancea* and *L. umbellata*. *Phytochemistry* 3, 955–956.
- Kim, Y.-M., Uyama, H., 2005. Tyrosinase inhibitor from natural and synthetic sources: structure, inhibition mechanism and perspective for the future. *Cellular and Molecular Life Science CMLS* 62, 1707–1723.
- Kumazawa, S., Hayashi, K., Kajiya, K., Ishii, T., Hamasaka, T., Nakayama, T., 2002. Studies of the constituents of *Uruguayan propolis*. *Journal of Agricultural and Food Chemistry* 50, 4777–4782.
- Lee, K.T., Kim, B.J., Kim, J.H., 1997. Biological screening of 100 plant extracts for cosmetic use (I): inhibition activities of tyrosinase and DOPA auto-oxidation. *International Journal of Cosmetic Science* 19, 275–284.
- Lim, Y.-H., Kim, I.-H., Seo, J.-J., 2007. *In vitro* activity of Kaempferol isolated from the *Impatiens balsamina* alone and in combination with erythromycin or clindamycin against *Propionibacterium acnes*. *Journal of Microbiology* 5, 473–477.
- Mabry, T.J., Sakakibara, M., King, B., 1975. Asebotin and its aglucone from three species of *Rhododendron*. *Phytochemistry* 14, 1448–1450.
- Mbambezeli, G., 2005. *Cryptocarya wodii* Engl. Krstenboch National Botanical Garden <http://www.plantzafrica.com/plantcd/cryptocarwood.htm>.
- McGaw, L.J., Eloff, J.N., 2005. Screening of 16 poisonous plants for antibacterial, anthelmintic and cytotoxic activity *in-vitro*. *South African Journal of Botany* 71, 302–306.
- Miyakado, M., Kato, T., Ohno, N., Mabry, T.J., 1976. Pinocebrin and (+)- β -eudesmol from *Hymenoclea monogyra* and *Baccharis glutinosa*. *Phytochemistry* 15, 846.
- Momtaz, S., Mapunya, B.M., Houghton, P.J., Edgerly, C., Hussein, A., Naidoo, S., Lall, N., 2008. Tyrosinase inhibition by extracts and constituents of *Sideroxylon inerme* L. stem bark, used in South Africa for skin lightening. *Journal of Ethnopharmacology* 119, 507–512.
- Nerya, O., Vaya, J., Musa, R., Izrael, S., Ben-Arie, R., Tamir, S., 2003. Glabrene and isoliquiritigen as tyrosinase inhibitors from licorice roots. *Journal of Agricultural Food Chemistry* 51, 1201–1207.
- Nilsson, M., 1961. Dihydrochalcones from the fronds of *Pityrogramma chrysophylla* var. *marginata* Domin. *Acta Chemica Scandinavica* 15, 154–158.
- Sahin, F., Karaman, I., Gulluce, M., Ogutcu, H., Sengul, M., Adiguzel, A., Ozturk, S., Kotan, R., 2003. Evaluation of antimicrobial activities of *Satureja hortensis* L. *Journal of Ethnopharmacology* 87, 61–65.
- Tanaka, T., Ichino, K., Ito, K., 1985. A novel flavanone, linderatone, from *Lindera umbellata*. *Chemical and Pharmaceutical Bulletin* 33 (6), 2602–2604.
- Toit, R., Volsteedt, Y., Apostolides, Z., 2001. Comparison of the antioxidant content of fruits, vegetables and teas measured as vitamin C equivalents. *Toxicology* 166, 63–69.
- Tomás-Barberán, F.A., García-Viguera, C., Vit-Oliver, P., Ferreres, F., Tomás-Lorente, F., 1993. Phytochemical evidence for the botanical origin of tropical propolis from Venezuela. *Phytochemistry* 34, 191–196.
- Wang, K.-H., Lin, R.-D., Hsu, F.-L., Huang, Y.-H., Chan, H.-C., Lee, M.-H., 2006. Cosmetic applications of selected traditional Chinese herbal medicines. *Journal of Ethnopharmacology* 106, 353–359.
- Wu, L.-C., Chen, Y.-C., Ho, J.-A., Yang, C.-S., 2003. Inhibitory effect of Red kojic extracts on mushroom tyrosinase. *Journal of Agriculture and Food Chemistry* 51, 4240–4246.
- Yesilada, E., 2005. Past and the future contributions to traditional medicine in the health care system of the Middle-East. *Journal of Ethnopharmacology* 100, 135–137.