

**Table S1: Overview of training modules**

Module 1:	Introduction to anthropometry, including a brief introduction to the equipment <sup>a</sup>
Module 2:	Anthropometric equipment: calibration, verification, care and maintenance
Module 3:	Anthropometry-specific infection prevention and control <sup>b</sup>
Module 4:	Pre-measurement procedures
Module 5:	General guidelines for measuring and recording
Module 6:	Measuring weight
Module 7:	Measuring length/ height
Module 8:	Measuring mid-upper arm circumference
Module 9:	Measuring calf circumference
Module 10:	Measuring waist circumference
Module 11:	Conducting the training <sup>c</sup>
Module 12:	Conducting the standardisation and reliability assessment <sup>c</sup>
<i>The full training manual and PowerPoint presentations are available on <a href="https://www.up.ac.za/centre-for-maternal-fetal-newborn-and-child-healthcare/article/3043272/anthropometry-body-composition-and-growth-assessment">https://www.up.ac.za/centre-for-maternal-fetal-newborn-and-child-healthcare/article/3043272/anthropometry-body-composition-and-growth-assessment</a> .</i>	

<sup>a</sup> *Module 1 was presented online for capacity development all fieldworkers to view on demand, including fieldworkers not designated to perform anthropometric measurements*

<sup>b</sup> *Module 3 included measures related to the prevention of transmission of COVID-19*

<sup>c</sup> *Modules 11 and 12 were only presented during the training of the site lead anthropometrists, not during fieldworker training*