

Supplementary tables

Supplementary Table 1. Distribution of match injuries by body part, tissue type and pathology type, as recorded by team medical staff during three editions of a South African university netball tournament, applying a medical attention definition (n=63 injuries in total; n=29 time-loss injuries; 1071 match hours). The number of days lost was estimated by the medical staff and the overall sum is used to calculate injury burden (i.e., only time-loss injuries contributed to this calculation).

	Injury count (% of all injuries)	Injuries per 1000h (95% CI)	Sum of days lost (% of all days lost)	Days lost per 1000h (95% CI)
Body part				
Ankle	31 (49.2%)	28.9 (19.7 to 41.1)	221 (51.5%)	206 (180 to 235)
Knee	8 (12.7%)	7.5 (3.2 to 14.7)	131 (30.5%)	122 (102 to 145)
Head	7 (11.1%)	6.5 (2.6 to 13.5)	36 (8.4%)	34 (24 to 47)
Lower leg	4 (6.3%)	3.7 (1.0 to 9.6)	2 (0.5%)	2 (0 to 7)
Shoulder	4 (6.3%)	3.7 (1.0 to 9.6)	0 (0%)	0 -
Hand	3 (4.8%)	2.8 (0.6 to 8.2)	1 (0.2%)	1 (0 to 5)
Lumbosacral	3 (4.8%)	2.8 (0.6 to 8.2)	36 (8.4%)	34 (24 to 47)
Elbow	1 (1.6%)	0.9 (0.0 to 5.2)	0 (0%)	0 -
Foot	1 (1.6%)	0.9 (0.0 to 5.2)	2 (0.5%)	2 (0 to 7)

Wrist	1 (1.6%)	0.9 (0.0 to 5.2)	0 (0%)	0 -
Tissue type				
Ligament/Joint capsule	31 (49.2%)	28.9 (19.7 to 41.1)	214 (49.9%)	200 (174 to 228)
Muscle/Tendon	12 (19.0%)	11.2 (5.8 to 19.6)	28 (6.5%)	26 (17 to 38)
Nervous	7 (11.1%)	6.5 (2.6 to 13.5)	37 (8.6%)	35 (24 to 48)
Cartilage/Synovium/Bursa	6 (9.5%)	5.6 (2.1 to 12.2)	132 (30.8%)	123 (103 to 146)
Superficial tissues/skin	4 (6.3%)	3.7 (1.0 to 9.6)	2 (0.5%)	2 (0 to 7)
Bone	3 (4.8%)	2.8 (0.6 to 8.2)	16 (3.7%)	15 (9 to 24)
Pathology type				
Joint sprain	31 (49.2%)	28.9 (19.7 to 41.1)	214 (49.9%)	200 (174 to 228)
Tendinopathy	8 (12.7%)	7.5 (3.2 to 14.7)	3 (0.7%)	3 (1 to 8)
Concussion	5 (7.9%)	4.7 (1.5 to 10.9)	36 (8.4%)	34 (24 to 47)
Cartilage injury	4 (6.3%)	3.7 (1.0 to 9.6)	132 (30.8%)	123 (103 to 146)
Contusion (superficial)	3 (4.8%)	2.8 (0.6 to 8.2)	2 (0.5%)	2 (0 to 7)
Muscle injury	3 (4.8%)	2.8 (0.6 to 8.2)	25 (5.8%)	23 (15 to 34)
Peripheral nerve injury	2 (3.2%)	1.9 (0.2 to 6.7)	1 (0.2%)	1 (0 to 5)
Synovitis/Capsulitis	2 (3.2%)	1.9 (0.2 to 6.7)	0 (0%)	0 -
Bone contusion	1 (1.6%)	0.9 (0.0 to 5.2)	14 (3.3%)	13 (7 to 22)

Bone stress injury	1 (1.6%)	0.9 (0.0 to 5.2)	2 (0.5%)	2 (0 to 7)
Fracture	1 (1.6%)	0.9 (0.0 to 5.2)	0 (0%)	0 -
Laceration	1 (1.6%)	0.9 (0.0 to 5.2)	0 (0%)	0 -
Muscle compartment syndrome	1 (1.6%)	0.9 (0.0 to 5.2)	0 (0%)	0 -
