

COVID-19 article CODE book: -

Theme	Subtheme	Description	Illustrative statements/Quotation
Knowledge	COVID-19 misconception	Misconception translates to what the participants believed about COVID-19. This includes myths/rumours about the disease	<p><i>“COVID-19 is for the rich, not for poor people. It is very clear that poor people cannot suffer from it”</i></p> <p><i>“It is true that COVID-19 is among us, however, majority of those suffering are rich people and not the poor...”</i></p>
	COVID-19 disease	How the disease manifests. Whether the participants knew about how the disease is caused or transmitted and how it manifests	<p><i>“I know that headache, fever and cough are signs of COVID-19 disease,”</i></p> <p><i>“You can get COVID-19 when you breathe air contaminated with the virus,”</i></p>
Practices	Preventative measures	What participants employed in order to prevent themselves from contracting or spreading the disease	<p><i>“I have more than one face mask in my house although I don’t use them during gatherings like funeral,”</i></p> <p><i>“I have face masks which I bought when I was in town but I have never used them because I feel so panic and I don’t breathe properly after putting it on,”</i></p> <p><i>“When we are at gathering like funeral or wedding, we do not seat away from each other,”</i></p> <p><i>“I was made to observe physical distance when I visited a bank at Phalombe Boma,”</i></p> <p><i>“It is not common to find someone washing hands when at wedding place unless if coming from toilet, or before eating,”</i></p> <p><i>“Hand washing facilities are always available during gatherings although we do not use them frequently, unless there is a good reason to do that,”</i></p>

Adherence	Practices	Adherence is when the participants were consistent with measures that were set aside in order to prevent/protect themselves from contracting COVID 19	<p><i>“I have more than one face mask in my house although I don’t use them during gatherings like funeral,”</i></p> <p><i>“Hand washing facilities are always available during gatherings although we do not use them frequently, unless there is a good reason to do that,”</i></p>
	Priority setting	Participants weighing risk and benefit of adhering to staying home over income generating movement	<p><i>“In our community, majority of us depend on small businesses to supplement agricultural activities so that we feed our families throughout the year and it is difficult for us to stay at home because of the COVID-19,”</i></p>
Health seeking behaviour	Preventative measures	Health seeking behaviour entails how the participant conducts themselves when they attend the health care centres	<p><i>“I always put on face mask and wash my hands whenever I visit a health facility,”</i></p> <p><i>“Health center is a likely place where one can get COVID-19 disease as a result I always wear a face mask and wash hands whenever I go there for treatment,”</i></p>