The effects of acute respiratory illness on exercise and sports performance outcomes in athletes – a systematic review by a subgroup of the IOC consensus group on "Acute respiratory illness in the athlete"

Supplementary File 3: Downs and Black Quality Assessment Checklist adapted for non-randomised control trial articles

DOWNS and BLACK Quality Assessment Checklist (Adapted for **non-RCT** articles)																	
	Description	*Pyne et al. (2000)[1]*	*Weidner, Anderson et al. (1997)[2]*	*Fricker et al. (2005)[3]*	*Van Tonder et al. (2016)[4]*	*Cunniffe et al. (2011)[5]*	*He et al. (2013)[6]*	*Marinkovic et al. (2016)[7]*	*Weidner et al. (1997)[8]*	*Crameri et al. (2020)[9]*	*Fikenzer et al. (2021)[10]*	*Costello et al. (2021)[11]*	*Komici et al. (2021)[12]*	*Wagemans et al. (2021)[13]*	*Csulak et al. (2021)[14]*	*Anastasio et al. (2021)[15]*	*Savicevic et al. (2021)[16]*	*Vaudreuil et al. (2021)[17]*
Nr	**REPORTING**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**	**Answer Yes=1 No=0**
1	Is the hypothesis/aim/objective of the study clearly described?	1	1	1	1	1	1	1	1	**1**	**1**	**1**	**1**	**1**	**1**	**1**	**1**	**1**
2	Are the main outcomes to be measured clearly described in the Introduction or Methods section?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	Are the characteristics of the patients included in the study clearly described?	1	1	1	1	1	1	1	1	1	1	1	0	1	1	1	1	0
4	Are the main findings of the study clearly described?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1

5	Does the study provide estimates of the random variability in the data for the main outcomes?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0
6	Have the characteristics of patients lost to follow-up been described?	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1
7	Have actual probability values been reported (e.g. 0.035 rather than <0.05) for the main outcomes except where the probability value is less than 0.001?	1	0	1	1	1	1	1	1	0	0	1	1	1	1	1	1	1
	EXTERNAL VALIDITY	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**
8	Were the subjects asked to participate in the study representative of the entire population from which they were recruited?	1	1	1	1	1	1	1	1	**1**	**1**	**1**	**0**	**1**	**1**	**1**	**1**	**1**
9	Were those subjects who were prepared to participate representative of the entire population from which they were recruited?	1	1	1	1	1	1	1	1	**1**	**1**	**1**	**0**	**1**	**1**	**1**	**1**	**1**
	INTERNAL VALIDITY – BIAS	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**	**Yes = 1 No = 0 Unable to determine = 0**
10	If any of the results of the study were based on "data dredging", was this made clear?	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

11	Were the statistical tests used to assess the main outcomes appropriate?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
12	Were the main outcome measures used accurate (valid and reliable)?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
	INTERNAL VALIDITY – CONFOUNDING (SELECTION BIAS)	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**	**Yes = 1 No = 0 Unable to determine= 0**
13	Were losses of patients to follow-up taken into account?	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	1
Total score		10	9	10	12	12	12	12	12	11	11	12	9	12	12	12	12	10
OXFORD LEVEL OF EVIDENCE		2a	2b	2b	2a	2a	2a	1b	2b	2b	4	4	4	4	2b	4	1b	4

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