

**Supplemental Material S3. Tinnitus and hearing-related variables (15 variables).**

<b>Variable</b>	<b>Question</b>	<b>Response options</b>
Baseline tinnitus severity (Pre-TFI)	Measured using the Tinnitus Functional Index (TFI)	Scores range from 0 to 100.  Split into dichotomous variables ( $\leq 55.2$ and $> 55.2$ ) based on the median
Tinnitus duration	How long have you had tinnitus for?	In years  Split into dichotomous variables ( $\leq 10.00$ years and $> 10.00$ years) based on the median
How often is tinnitus heard?	How often is tinnitus heard?	Occasionally (1), When taking out my hearing aid(s) (2), At night (3), Most of the time (4), All the time (5)
Tinnitus location	Where do you notice your tinnitus?	One ear (1), Both ears (2), In my head (3), Unsure (4), Other (5)
Type of tinnitus heard (9 different types)	<ul style="list-style-type: none"> <li>▪ Ringing</li> <li>▪ Buzzing</li> <li>▪ High pitched sound</li> <li>▪ Low pitched sound</li> <li>▪ Pulsing</li> <li>▪ Clicking</li> <li>▪ Music</li> <li>▪ Voices</li> <li>▪ Humming</li> </ul>	For each item: Yes (1), No (0)
Multiple tinnitus tones heard	This variable is computed based on responses to types of tinnitus. Answer yes to multiple types of tinnitus was considered as multiple tones heard	Yes (1), No (0)
Presence of a hearing loss	Do you have a hearing loss?	No (0), Both ears (1), One ear (2), Unsure (3)