Molecular screening of clinical multidrug-resistant Gram-negative bacteria

shows endemicity of carbapenemases, co-existence of multiple carbapenemases,

and rarity of mcr in South Africa

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Running head: carbapenemases are endemic in Pretoria

Tweet: "molecular screening of patient samples collected at a national reference laboratory

in Pretoria shows endemicity of carbapenemases and rarity of mcr colistin resistance genes"

Impacts:

Carbapenems and colistin are the last resort antibiotics available for the treatment and

eradication of multidrug resistant gram-negative bacteria. Resistance in these

antibiotics threaten the public health as it reduces the efficacy of these therapeutics.

• Klebsiella pneumoniae was identified to harbour all the identified carbapenemases.

This is of concern as K. pneumoniae has a history of causing outbreaks and being

endemic in healthcare facilities in South Africa.

It is important to understand how common carbapenem and colistin-resistant GNB are

in the healthcare facilities, as it identifies areas that require attention.

Abstract

Background: Extensive use of carbapenems to treat multi-drug resistant (MDR) Gramnegative bacteria (GNB) facilitates the wide dissemination of carbapenemase-producing carbapenem-resistant GNB. Colistin was re-introduced into clinical settings to manage these GNB infections, however there is currently an increase in the dissemination of *mcr*-producing colistin-resistant GNB isolates in clinical settings. The epidemiology of carbapenemases and *mcr* in Pretoria was evaluated

Methods: Clinical MDR GNB were collected and screened for carbapenemase and *mcr* using PCR, their antibiotic susceptibility profiles were elucidated using the Vitek®2 automated system (Biomerieux, France).

Results and Discussion: A total of 306 isolates were collected; majority of these were *Klebsiella pneumoniae* (n=208) and were collected from males (n=158). The isolates were retrieved from a variety of infection sites including urine, blood cultures, and rectal swabs, etc. The Vitek®2 system found that these isolates were largely resistant to β-lactams, where 217 (70.9 %) had reduced susceptibility to at least one carbapenem (ertapenem, meropenem, or imipenem) and 81 isolates (26.5%) were resistant to colistin. PCR screening identified 201 (65.7 %) isolates harbouring carbapenemase genes consisting of *bla*OXA-48 (170, 84.2 %), *bla*NDM (31, 15.4 %), *bla*IMP (5, 2 %), *bla*KPC (4, 1 %) and *bla*VIM (5, 2 %). Furthermore, fourteen *bla*OXA-48-producing isolates were co-harbouring *bla*VIM (2), *bla*NDM (9), *bla*KPC (1) and, *bla*IMP (2) genes. Only one isolate harboured the *mcr-1* gene, and this is the first report of an *mcr-1* producing *A. baumannii* isolate in South Africa.

Conclusion: There is high endemicity of carbapenemase genes and a low prevalence of *mcr* genes in GNB, particularly in *K. pneumoniae*, in healthcare facilities in Pretoria and surrounding regions of South Africa.

Significance: Healthcare facilities in Pretoria are becoming breeding grounds for MDR infections that threaten public health. Careful use of carbapenems and other antibiotics is necessary to prevent further escalation and outbreak of these MDR strains that can claim several lives.

Keywords: epidemiology; surveillance; carbapenem; polymyxins; Enterobacterales; colistin.

Introduction

Antibiotic resistance is a global public health threat because it decreases therapeutic options for infectious diseases while stalling the progress of modern medicine ¹⁻⁴. Resistance to all classes of antibiotics has been observed, including 'last resort' ones such as carbapenems and colistin (polymyxin E) ^{1, 5}. Carbapenems are β-lactam antibiotics with broad bactericidal activity against both Gram-positive and Gram-negative pathogens in aerobic and anaerobic environments ^{6, 7}. Carbapenems were initially used in the clinical setting to treat fatal infections caused by *Enterobacterales* that produce extended spectrum β-lactamases (ESBLs) ^{6, 8}. However, the extensive use of carbapenems resulted in the emergence of carbapenem-resistant Gram-negative bacteria (GNB) ^{6, 9}. Carbapenem resistance may develop through a variety of cellular mechanisms, which include carbapenemase production, increased activity of efflux pumps, and by porin mutations. These mechanisms may either alone or accompanied by overexpression of AmpC or an ESβL ⁹⁻¹¹.

Carbapenemases are a specific group of β -lactamases that hydrolyse carbapenems and render them inactive $^{6,~8,~9,~12}$. Carbapenemase genes have been discovered worldwide, with carbapenem-resistant GNB infections having a 40% mortality rate 13,14 . A study in South Africa found that 70% of carbapenem-resistant Enterobacteriaceae (CRE) infections were hospital-acquired and the in-hospital mortality rate was 38% 15 . These genes are usually associated with mobile genetic elements such as plasmids, allowing for the wide dissemination of these genes across GNB families.

Colistin was designated as the "highest critically important antimicrobial for human medicine" by the World Health Organization ^{16, 17}. It is part of the polymyxin antibiotic class of cationic cyclic polypeptide antibiotics that attack the lipopolysaccharide (LPS) layer found on the outer membrane of Gram-negative bacteria. ^{13, 18}. Colistin was re-introduced into the clinical setting to treat critically ill patients suspected of infections due to multi-drug-resistant bacteria ^{7, 12, 16, 19}. Acquired resistance to colistin is achieved through various mechanisms, one of which is the modification of the LPS, which reduces the bactericidal activity of colistin ^{13, 20}. LPS modifications can be achieved through various chromosomal mutations within genes that are within the two-component systems *pmrA/pmrB* and *phoP/phoQ*, i.e., *mgrB*. *crrb*, *phoQ*, *pmrB*, etc ^{10, 11}. Resistance can also develop through the acquisition of mobile colistin resistance (*mcr*) genes that encode MCR enzymes that mediate LPS modifications ^{11, 21}. *Mcr*-genes have been identified in multiple hospitals across South Africa, mostly in *E. coli* and *K. pneumoniae*, and

have also been identified in livestock and in effluents of wastewater treatment plants ²²⁻²⁴. Newton-Foot *et al.* (2017) screened for colistin-resistant *E. coli* and *K. pneumoniae* isolates collected between January 2016 and August 2016 by the National Health Laboratory Service at Tygerberg Hospital and found that 83% (15 of 18) of them were *mcr-1* producing ²⁴. This highlights an increase in *mcr* genes in the Tygerberg Academic hospital and surrounding regional and distinct hospitals ²⁴.

Carbapenemase and *mcr* genes are commonly associated with mobile genetic elements such as plasmids, insertion sequences, and transposons ^{5, 24-27}. This association allows for the rapid dissemination of these resistance genes worldwide, thus posing a threat to public health ²⁶, because they endanger the efficacy of carbapenems and colistin during treatment ^{1, 3}.

Resistance to the last-resort antibiotics carbapenem and colistin should be carefully monitored to prevent further spread of bacterial resistance and to inform treatment options ¹³. Molecular tools such as polymerase chain reaction (PCR) and whole genome sequencing (WGS) have been shown to be useful tools in the identification of resistance genes ²⁸ and for screening of known resistance genes ⁶. This study describes the molecular epidemiology of carbapenemase and *mcr* genes in multi-drug resistant (MDR) GNB collected from the medical microbiology laboratory of the Tshwane academic division of the National Health Laboratory Service (Tshwane Academic Division) culture biobank.

Methods

A total of 306 multi-drug resistant clinical Gram-negative isolates were collected from NHLS/UP. All of the clinical isolates were subjected to identification and antibiotic susceptibility testing using the Vitek-2 automated system (BioMérieux, France) according to the manufacturer's instructions. Further, the epidemiological data such as sex, age and sample source was retrieved from the NHLS TrakCare system (Table S1).

Antimicrobial susceptibility test of gram-negative isolates

Identification and antimicrobial susceptibility testing were performed on the isolates using the Vitek® 2 automated system (BioMérieux, France) against seventeen antibiotics. These included: amikacin, gentamicin, ampicillin, amoxicillin-clavulanate, piperacillin tazobactam, cefuroxime, cefotaxime/ceftriaxone, ceftazidime, ertapenem, imipenem, meropenem, colistin, ciprofloxacin, tigecycline, trimethoprim sulphamethoxazole, cefoxitin, and cefepime.

Isolates identified to be colistin-resistant were selected for broth microdilution to determine their exact minimum inhibition concentration (MIC) values (Table S1). The broth microdilution (BMD) was performed according to the CLSI standards ²⁹ using *Escherichia coli* ATCC® 25922TM and/or *Pseudomonas aeruginosa* ATCC® 27853TM for quality control.

PCR-based screening of carbapenemase and mcr genes

All 306 isolates were screened for the presence of carbapenem and colistin resistance genes, regardless of their susceptibility profile. The PCR screening included two multiplex PCRs, one was made up of all five *mcr* primers seen in Table 1, and the second was made up of *blavIM*, *blaoxA* and *blaNDM* primers. The PCR further consisted of two singleplex PCRs for both *bla*KPC and *bla*IMP. The PCR reactions were performed according to Table S2. Amplicons and a 100bp DNA ladder (Promega, USA) were viewed using 2% agarose gel electrophoresis.

Table 1. Primer sequences for mcr and carbapenemase PCR screening

Target gene	Primers	Product size	Reference
Mcr -1	F: 5'-AGTCCGTTTGTTCTTGTGGC-3' R: 5'-AGATCCTTGGTCTCGGCTTG-3'	320	28
Mcr -2	F: 5'-CAAGTGTGTTGGTCGCAGTT-3' R: 5'-TCTAGCCCGACAAGCATACC-3'	715	28
Mcr -3	F: 5'- AAATAAAAATTGTTCCGCTTATG-3' R: 5'-AATGGAGATCCCCGTTTTT-3'	929	28
Mcr -4	F: 5'-TCACTTTCATCACTGCGTTG-3' R: 5'-TTGGTCCATGACTACCAATG-3'	1116	28
Mcr -5	F: 5'-ATGCGGTTGTCTGCATTTATC-3' R: 5'-TCATTGTGGTTGTCCTTTTCTG- 3'	1644	29
Mcr -9	F: 5'-TTCCCTTTGTTCTGGTTG-3' F: 5'-GCAGGTAATAAGTCGGTC-3'	1011	30
IMP	F:5'- GGAATAGAGTGGCTTAAYTCTC -3' R:5'- GGTTTAAYAAAACAACCACC - 3'	232	31
KPC	F:5'- TGTCACTGTATCGCCGTC -3' R:5'- CTCAGTGCTCTACAGAAAACC - 3'	900	32
VIM	F:5'- GATGGTGTTTGGTCGCATA -3' R:5'- CGAATGCGCAGCACCAG -3'	390	31
OXA	F:5'- GCGTGGTTAAGGATGAACAC - 3' R:5'- CATCAAGTTCAACCCAACCG - 3'	438	31
NDM	F:5'- GGTTTGGCGATCTGGTTTTC -3' R:5'- CGGAATGGCTCATCACGATC -3'	782	31

Briefly, colonies of overnight culture were placed in Eppendorf tubes with one millilitre of 1x phosphate buffer saline and boiled for 10 minutes in a water bath. The tubes were transferred to an ice bath for 5 minutes and then were centrifuged for five minutes at 1000 rpm. Three microliters of supernatant were used for PCR. The PCR pre-mixes were made up of 12.5 μ L GoTaq Green Master Mix (Promega, USA), 3 μ L of genomic DNA, 1.5 μ L for each primer and nuclease-free water to a final volume of 25 μ L. The PCRs were conducted according to Table S2.

Ethical approval

Ethics approval was received from the Faculty of Health Sciences: Research Ethics Committee at the University of Pretoria under the reference 581/2020.

Results

A total of 306 multi-drug resistant clinical GNB isolates were collected from NHLS bacterial culture biobank. These isolates were comprised of 208 Klebsiella pneumoniae, 29 Escherichia coli, 20 Acinetobacter baumannii, 16 Enterobacter cloacae complex, 10 Pseudomonas aeruginosa, nine Salmonella Group D, three Klebsiella oxytoca, two Serratia marcescens, two Morganella morganii, and single isolates each of Citrobacter freundii, Citrobacter koseri, Shigella flexneri, Proteus mirabilis, Proteus vulgaris, and Providencia stuartii. The bacterial strains were isolated from a variety of infection sites, which includes: urine (n = 84), blood culture (n = 68), rectal swab (n = 31) aspirate (fluid/ tracheal, treated; n = 24), Tissue (n = 18), pus (aspirate/swab; n = 15), catheter tip (arterial/intravenous; n = 14), sputum (n = 13), catheter urine (9), central spinal fluid (9), swab (5), stool (4), bronchial alveolar lavage (1) and ventriculoperitoneal shunt (1). Urine was the predominant collected sample, where the majority (96.4 %) of the isolates isolated were of the Enterobacteriaceae family, which are common aetiological agents of urine tract infections. Klebsiella pneumoniae was isolated from 21 different infection sites, with urine, blood cultures and rectal swabs being the predominant sites (Figure 1). Thereafter, A. baumannii and E. coli were isolated from nine and eight sites, respectively.

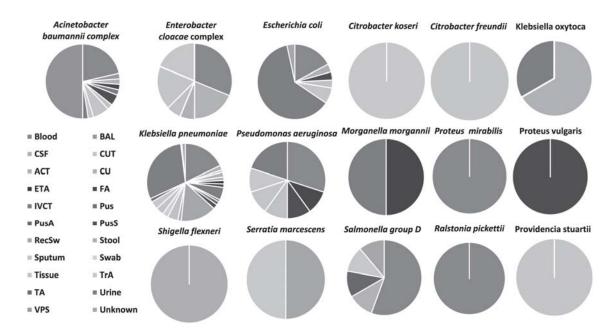


FIG. 1. The distribution of sample sources for each MDR clinical Gram-negative isolate. The sample sources are made up of blood culture, CSF, ACT, ETA, IVCT, PusA, RecSw, sputum, tissue, TA, VPS, BAL, CUT, CU, FA, Pus, PusS, stool, swab, TA, and urine. ACT, arterial catheter tip; BAL, bronchial alveolar lavage; CSF, cerebrospinal fluid; CU, catheter urine; CUT, catheter urine tip; ETA, endotracheal aspirate; FA, fluid aspirate; IVCT, intravenous catheter tip; MDR, multidrug-resistant; PusA, Pus aspirate; PusS, Pus swab; TA, treated aspirate; VPS, ventriculoperitoneal shunt; RecSw, rectal swab.

The epidemiological data of each GNB isolate is seen in Table S1 and summarized in Table S3 (Figure 2). This data shows that majority of the isolates were collected from males (158, 51.63%) and middle-aged people (135, 44.11%), where 100 of the 135 isolates collected from this age group were *K. pneumoniae* (Figure 2b). Neonates, infants younger than 1 years, constituted 12.46% (38) of total isolates; 73.68% (28) of these neonatal isolates were obtained from infants younger than 1 month. Neonates are highly susceptible to bacterial infections due to their immature immune system, thus, neonatal infections lead to a rapid progression of disease ^{30,31}. It is therefore, concerning to observe MDR GNB in this age group.

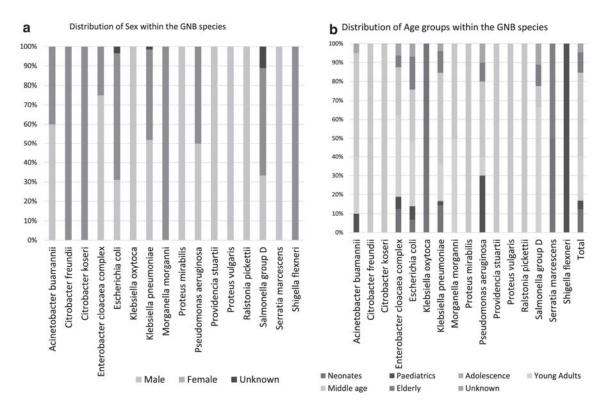


FIG. 2. The demographics of (a) sex and (b) age groups, of patients from the whom the samples were collected.

Antimicrobial susceptibility profile results

The antimicrobial susceptibility profile seen in Table S1 reveals that more than two thirds of the isolates were highly resistant to β -lactam antibiotics (ampicillin 77.8 %, ceftriaxone/cefotaxime 74.5 %, cefuroxime 71.2 %, cefepime 69.3 %, ceftazidime 69.3 % and cefoxitin 68.5 %). Further, 217 (70.9 %) of isolates were resistant to at least one carbapenem and resistance to each included 57.5% (179) ertapenem, 44.8% (139) imipenem and 41.5% (127) meropenem. The frequency of carbapenem-resistant isolates was calculated to be 64.7% with *K. pneumoniae* isolates being the most predominant. There were however, low levels of colistin resistant isolates (80, 26.1 %) seen amongst the 306 isolates, further, amongst those found to be ertapenem resistant, only 10% (19), were colistin resistant.

Prevalence of carbapenemase genes

All the 306 MDR GNB were subjected to carbapenemase screening regardless of their antibiotic susceptibility profile. The five carbapenemase genes included in the singleplex and multiplex PCR, were KPC (bla_{KPC}), metallo- β -lactamases (MBLs) (bla_{IMP} , bla_{VIM} , bla_{NDM}) and

OXA-48 (*bla*OXA-48). Positive controls were included in PCR reactions to ensure PCR validity, and amplicons are seen in Figure 3b.

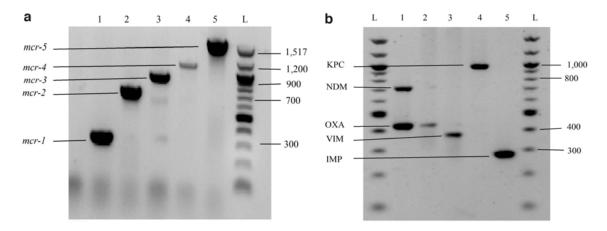


FIG. 3. Gel electrophoresis of PCR amplicons obtained from the isolates. Two percent TBE agarose gel of PCR controls used in the study, ran against a 100 bp ladder (a) mcr-1 to mcr-5 controls in lanes 1–5 with base ladder in Lane L. (b) Labeled carbapenemase controls, bla_{KPC}, bla_{NDM}, bla_{OXA}, bla_{VIM}, and bla_{IMP} ran against 100 bp ladder. mcr, mobile colistin resistance; PCR, polymerase chain reaction; TBE, Tris-Borate-EDTA.

Overall, a total of 201 (65.7 %) of isolates were found to harbour one or more carbapenemase genes and a total of 216 carbapenemase genes were identified. The results, shown in Figure 4, was including 171 (55.6%) OXA-48 producers, where fourteen of these isolates also coharboured an additional carbapenemase gene (Figure 4). MBL-producers were 41 (13.4%) and were made up of nine NDM-OXA-48 co-producers, 20 NDM producers, two IMP-VIM-OXA-co-producers, two VIM-OXA-48 producers, one IMP-producer, 1 VIM-producer and 1 VIM-NDM producer (Figure 4). Lastly, eight KPC producers were identified, where one isolate co-harboured KPC with OXA-48. The carbapenemase genes were largely identified in *K. pneumoniae* isolates (92%).

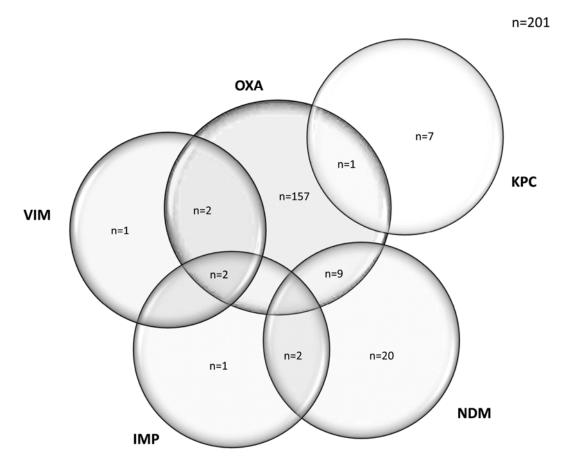


FIG. 4. Distribution of carbapenemases identified in the isolates. Two hundred one isolates were identified to be harboring carbapenemase genes; however, 16 isolates were harboring ≥ 2 carbapenemases. One hundred fifty-seven isolates were harboring $bla_{\text{OXA-48}}$ genes only, thereafter two were coharbored with bla_{VIM} , two with bla_{VIM} and bla_{IMP} , nine with bla_{NDM} , and one was coharbored with bla_{KPC} . One isolate was harboring bla_{VIM} only, two was coharbored with bla_{IMP} , and one was harboring bla_{IMP} only. Twenty isolates were harboring NDM only, and two co-haboured bla_{IMP} . Finally, seven isolates were bla_{KPC} producing. NDM, New Delhi Metallo-β-Lactamase.

Prevalence of mcr genes

A total of 80 isolates were identified to be colistin resistant using the Vitek-2 automated system. The MICs of these isolates to colistin was re-evaluated using BMD, which found 76 of those isolates to be colistin resistant. The PCR screening however, only identified one isolate, *A. baumannii* BB2, to harbour an *mcr-1* gene (Table S1). None of the remaining 79 isolates were found to be harbouring *mcr-1*, 2,3,4,5 genes. Positive controls were included in PCR reactions to ensure PCR validity, and amplicons are seen in Figure 3a.

Discussion

Using PCR, we screened clinical samples stored at a clinical laboratory, NHLS, in Pretoria, South Africa. This laboratory serves other regions outside of Pretoria. We show from this molecular screening that carbapenemases are pervasive in Pretoria.

Multiple studies have also identified *K. pneumoniae* as the most common organism harbouring carbapenemase genes ^{32,33}. In this study, the *K. pneumoniae* isolates harboured all the identified carbapenemases: *bla*_{KPC}, *bla*_{IMP}, *bla*_{NDM}, *bla*_{OXA}, and *bla*_{VIM}. This is concerning because carbapenem-resistant *K. pnuemoniae* (CRKP) has been implicated in outbreaks in South Africa ^{34,35}, and has previous reports of being endemic in certain hospitals and regions ⁷. Xu *et al.* ³⁶ further showed in their meta-analysis that CRKP healthcare-associated infections have a mortality rate of 42%. It is therefore important for healthcare workers and South African health institutes to continually monitor this public health threat, ensuring infection prevention and control measures are implemented to prevent the spread of CRKP.

The isolates were collected from 22 sample sources, with urine (36; 27.45%), blood (68; 22.22%) and rectal swabs (31; 10.13%) being the most prevalent. From blood cultures, *A. baumannii*, *E. cloacae*, *E. coli*, *K. pneumoniae*, *P. aeruginosa*, *Salmonella* Group D, *P. mirabilis*, and *R. picketti* isolates were isolated (Figure 1, Table S1). This is concerning because most of these isolates are part of the ESKAPE group (i.e., *Enterococcus faecium*, *Staphylococcus aureus*, *Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Pseudomonas aeruginosa*, and *Enterobacter* spp.), which are commonly MDR, highly virulent, and threaten public health ^{17, 37}. Furthermore, 13 of these isolates, isolated from blood cultures, were obtained from neonates.

The isolates identified from urine samples were mostly those of *Enterobacteriaceae*, which are common aetiological agents of urinary tract infections (UTIs) ^{38, 39}. UTIs are commonly identified in women, pregnant women, and immunocompromised patients ⁴⁰, and in this study, 49 of the 84 (58.33%) urine samples were obtained from women. However, due to incomplete clinical data, the clinical condition of patients is unknown.

The PCR screening showed that there is an overall higher prevalence of carbapenemase genes than *mcr* genes in these isolates. The Vitek® 2 automated system (BioMérieux, France) classified 81 isolates as resistant to colistin, which was confirmed using broth microdilution on 76 of those isolates, representing an colistin resistance sensitivity of 93.83%. Of the 80 isolates, only one (BB2) harboured an *mcr-1* gene. Isolate BB2 was isolated from a fluid aspirate

specimen collected from a 53-year-old female. The Vitek® 2 (BioMérieux, France) identified BB2 to be *A. baumannii* complex. BB2 was also identified to be co-harbouring an OXA-48 gene. In South Africa, *mcr-1* genes are commonly identified in *E. coli* and *K. pneumoniae*, and this is the first report of an *mcr-1* producing *A. baumannii* isolate in South Africa. Colistin resistance is acquired mainly through modification of the Lipid A of the LPS membrane layer through an addition of a 4-amino-4-deoxyl-1-arabinose of phosphoethanolamine ^{11, 41, 42}. This is achieved through chromosomal mutations in genes encoding the two component systems: PhoPQ and PmrAB, or mutations such as insertions or deletions that result in complete loss of the *mgrB* locus, a regulator of PhoPQ. These mechanisms are commonly identified in Enterobacteriacae species, and *mgrB* is commonly seen in *K. pneumoniae* ^{41, 42}. In *A. baumannii*, colistin resistance is acquired through complete loss of the Lipid A enzyme, through mutation within its biosynthesis pathway genes, *lpxACD* ⁴³. Isolates such as *S. marcescens* and *P. mirabilis* are intrinsically resistance to colistin ⁴². In this study, the PCR was set up to screen for *mcr-1* to *mcr-5* genes, and thus *mcr-6* to *10* genes would have been missed.

A total of 217 (70.9 %) isolates were found to have reduced susceptibility to at least one carbapenem, i.e., ertapenem, meropenem and imipenem. Carbapenem resistance can be acquired through a combination of different resistance mechanisms that include the loss of major porin proteins, increased activity of efflux pumps and the production of carbapenemases alone or the hyperproduction of ESBLs and AmpCs alongside porin loss or efflux hyperactivity 44-46. In this study, the prevalence of carbapenemase genes was evaluated and a total of 201 (65.7 %) isolates were identified to harbour a carbapenemase gene. Therefore, of the 217 isolates identified to be resistant to at least one carbapenem, 201 harboured a carbapenemase gene. Thus, sixteen isolates encode other resistance mechanisms that confer carbapenem resistance.

A total of 171 (55.6 %) isolates harboured *bla*OXA-48 genes, 31 (10.1 %) harboured *bla*NDM, five (1.6 %) had *bla*VIM, five (2 %) had *bla*IMP, and four (1 %) harboured *bla*KPC (seen in Figure 4). It is also seen that 80% of the *bla*VIM, 29% of the *bla*NDM, 12.5% of the *bla*KPC and 40% of the *bla*IMP were identified to also co-harbour *bla*OXA-48 genes (Figure 4). This data shows that there is a high prevalence and wide dissemination of oxacillinase carbapenemase in Pretoria, which correlates with the findings by Perovic *et al.* (2020) ¹⁵, who found that 52% of carbapenemresistant Enterobacteriaceae isolates collected in four provinces of South Africa (Gauteng, Western Cape, KwaZulu-Natal and Free State) were *bla*OXA-48-producing.

It is important to understand how common carbapenem and colistin resistant GNB are in hospitals, as these isolates include three of the five ESKAPE nosocomial pathogens. Snyman et al. (2021) 47 investigated the gastrointestinal carriage of colistin-resistant microorganisms and mcr genes in healthy individuals in Cape Town's communities 47. The study found no evidence of mcr genes and concluded that mcr genes are not widely disseminated in the community setting ⁴⁷. The low prevalence of mcr genes elucidated in this study indicates that in this clinical setting, *mcr* genes are not widely distributed.

The data showed a high presence of carbapenemase genes and a low presence of mcr genes in MDR clinical GNB isolates in Pretoria, South Africa. Notably, the co-occurrence of two carbapenemases per isolate is a disturbing finding and suggests the high circulation of carbapenemases among GNB in Pretoria. Evidently, K. pneumoniae remains a cardinal MDR pathogen that requires urgent attention. Future studies need to correlate clinical outcomes with isolated resistant organisms to better understand the true implications of the high prevalence of carbapenemases seen in these MDR organisms. Furthermore, the spread of resistant organisms in healthcare settings can be curtailed by effectively practicing appropriate infection prevention and control measures, and continued surveillance helps with the identification of clinical areas that require extra attention.

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Author contributions: MM undertook laboratory work and manuscript drafting; TMSL assisted with collection of isolates and reviewing of the manuscript; LBS assisted with collection of isolates and reviewing of the manuscript; NMM was a co-supervisor to the study and assisted with funding; JOS designed and supervised the study and reviewed the manuscript, as well as assisted with analysis of the data.

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