

**Supplementary Table 9. Quality assessment scores for the included studies by means of the Rating of Qualitative Research scale.**

Study	Appropriate design	Research tradition reported	Data collection methods appropriate	Data collection methods labelled	Participant description	Setting description	Investigator role	Data collection procedure detailed	Data analyses	Emergent data	Thick description	Interpretive themes	Triangulation	Verification	TOTAL out of 14
Choi et al. (2019)	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓ (Method)	✓	12
Chundu et al. (2021)*	✓		✓	✓	✓	✓	✓	✓	✓	✓			✓ (Investigator)	✓	11
Dawes et al. (2014)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Investigator)	✓	13
Gallagher & Woodside (2018)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Data source)	✓	14
Gomez et al. (2021)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Investigator)	✓	13
Greasley et al. (2020)*	✓		✓	✓	✓	✓		✓	✓	✓	✓		✓ (Data source)		10
Guerra-Zuniga et al. (2014)	✓		✓	✓	✓	✓		✓	✓	✓			✓ (Method & Data source)		9
Holman et al. (2019)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Method & Investigator)	✓	13
Keidser et al. (2019)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Investigator)	✓	13
Koskela et al. (2016)	✓	✓	✓	✓	✓	✓		✓	✓				✓ (Method & Data source)	✓	10
Laplante-Lévesque et al. (2012)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Investigator)	✓	13
Laplante-Lévesque et al. (2013)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓ (Investigator)	✓	13

Linssen et al. (2013)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	13
Loockey et al. (2010)	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	13
Maidment et al. (2019)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	13
Manchaiah et al. (2019)*	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓		11
McPherson & Wong (2005)*	✓		✓	✓	✓			✓		✓						6
Moroe & Vazanna (2019)	✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓		✓	11
Ng et al. (2017)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	14
Ritter et al. (2020)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	14
Skagerstrand et al. (2014)*	✓		✓	✓	✓	✓	✓	✓	✓	✓			✓	✓		11
Solheim et al. (2018)*	✓		✓	✓	✓	✓		✓		✓						7
Stephens & Meredith (1991)	✓		✓	✓	✓	✓		✓		✓						7
Tyler et al. (1983)*	✓		✓	✓	✓	✓		✓		✓			✓	✓		8
Vaisberg et al. (2019)	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	13

Note: Mixed method studies indicated by \*; ✓ = yes; open cell = no