

Pretest survey responses on sound exposure through personal audio systems (PAS)

Question	Options	Responses % (n)
Number of years using a PAS	Less than one year 1 year 2 years 3 years 4 years 5 years	0% (0) 0% (0) 5% (2) 2.5% (1) 5% (2) 87.5% (35)
Transducer type	Earphones Headphones Both	62.5% (25) 10% (4) 27.5% (11)
Days per week using a PAS	Less than 5 days a week 5 days a week 6 days a week 7 days a week	0% (0) 27.5% (11) 17.5% (7) 55% (22)
Amount of listening time per week	10-11 hours 11-12 hours 12-13 hours 13-14 hours 14-15 hours More than 15 hours	45% (18) 12.5% (5) 12.5% (5) 0% (0) 12.5% (5) 17.5% (7)
Listening intensity*	Less than 25% 50% 75% 100%	0% (0) 20% (8) 70% (28) 30% (12)
Activities while using a PAS*	Relaxing Working/studying Exercising Block out other noise	8.5% (33) 70% (28) 72.5% (29) 45% (18)
Effect of mood on listening behavior	Yes No Sometimes	40% (16) 17.5% (7) 42.5% (17)
Media other than music*	Videos Games Movies Radio Podcasts	92.5% (37) 45% (18) 47.5% (19) 35% (14) 15% (6)
Experience of temporary hearing loss or tinnitus after using a PAS	Yes No Sometimes	10% (4) 55% (22) 35% (14)
Opinion on hearing status	Normal hearing Mild hearing loss Moderate hearing loss Severe to profound hearing loss	80% (32) 15% (6) 5% (2) 0% (0)
Motivation to develop safe listening habits	Not motivated Slightly motivated Average Motivated Very Motivated	2.5% (1) 10% (4) 20% (8) 32.5% (13) 35% (14)

*Participants could select more than one option.