# Effect of nitrous oxide on spectral entropy during sevoflurane anaesthesia at an altitude of 1 400 metres

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## Introduction

Spectral entropy is a monitor of the level of anaesthesia. No change in entropy was recorded with  $\rm N_2O$  alone, despite a loss of consciousness, but entropy decreased when  $\rm N_2O$  was added to sevoflurane.  $^{2,3}$ 

# Objective

The objective of this study was to determine the effect of nitrous oxide on spectral entropy at 1 400 metres above sea level.

# Methods

Seventy adults were randomly divided into seven groups, receiving  $N_2O$  of end-tidal 0%, 10%, 20%, 30%, 40%, 50% or 60%. After induction, the patients received 2% sevoflurane in  $O_2$ /air. Response and state entropy were recorded (Datex-Ohmeda). After the addition of  $N_2O$ , entropy was recorded again.

#### Results

Between the groups, entropy differed during  $\rm N_2O$  administration (p < 0.0001). In the groups, entropy differed before and during  $\rm N_2O$  administration (p < 0.0001) (ANCOVA). The trend line for the relationship between change in entropy and  $\rm N_2O$  fitted a linear function (p < 0.0001) (see Figure 1).

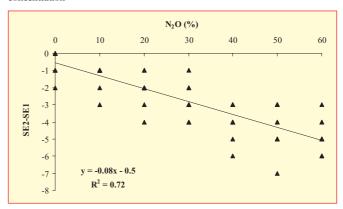
#### Conclusion

We demonstrated that entropy is not blind to  $N_2O$  during 1 MAC of sevoflurane at an altitude of 1440 m in the absence of surgical stimulation. There is a linear relationship between the change in entropy and end-tidal concentrations of  $N_2O$ .

# Recommendations

 ${
m N_2O}$  concentrations (equi-MAC) should be taken into account when recording entropy during sevoflurane anaesthesia.

Figure 1: Relationship between changes in state entropy (SE2-SE1) and  $\rm N_2O$  concentration



### References

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