# Untangle the Structural and Random Zeros in Statistical Modelings

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Count responses with structural zeros are common in behavioral and social studies. There are considerable research focusing on zero-inflated models such as zero-inflated Poisson (ZIP) and zero-inflated Negative Binomial (ZINB) models for such zero-inflated count data. However, when such variables are used as covariates or predictors, the difference between structural and random zeros is often ignored and biased estimates may be resulted. One remedy is to include an indicator of the structural zero in the model as a predictor if observed. However, structural zeros are often not observed in practice, in which case no statistical method is available to address the biasing issue. This paper is aimed to fill this methodological gap by developing parametric methods to model zero-inflated count data when used as explanatory variables based on the maximum likelihood approach. The response variable can be any type of data including continuous, binary, count or even zero-inflated count responses. Simulation studies are performed to assess the numerical performance of this new approach when sample size is small to moderate. A real data example is also used to demonstrate the application of this method.

**Keywords:** generalized linear models; maximum likelihood; structural zeros; zero-inflated Poisson; zero-inflated explanatory variables.

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#### 1. Introduction

Count variables recording frequencies of some specific behaviors during a period of time, such as days of alcohol consumption or number of unprotected sexual activities in the past month, are common in behavioral and social studies. It is important, both conceptually and methodologically, to pay close attention to *structural zeros* in such count variables. Structural zeros refer to zero responses by those subjects whose count response will always be zero, in contrast to random (or sampling) zeros that occur to subjects whose count responses can be greater than zero, but appear to be zero due to sampling variability. For example, in HIV-AIDS prevention research, the count of unprotected vaginal sex is commonly used to measure the risk of HIV/AIDS. Subjects who are always, or become,

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continually abstinent from unprotected sex in a given time period form a *non-risk* group as defined by structural zeros in their count outcomes, while the remaining subjects constitute an *at-risk* group with their count outcomes consisting of random zeros or a positive number of episodes of unprotected sex. Such a partition of the study population is not only supported by the excess number of zeros observed in real studies, but is also conceptually needed to serve as a basis for valid inference.

The main issue in modeling count data with structural zeros is that structural zeros are often not observed. In fact, structural zeros may be latent and not observable, so the issue cannot be solved by refining the study design. For example, in toxicological studies, long-term exposure to food-borne toxins is often estimated using short-term food intake measures. Zeros in the measures may be structural or random simply due to the variability in their food intake from day to day. It is typically impossible, from the survey, to separate these two types of zeroes. In such cases, Appropriate statistical methods are needed to address the issue. The issue has been acknowledged and dealt with when the zero-inflated count data is treated as dependent, or a response variable in literature, see for example, [2, 4–6, 8, 12–14, 18, 20]. Zero-inflated models such as zero-inflated Poisson (ZIP) and zero-inflated negative binomial (ZINB) models have been developped and also successfully applied to various fields in biomedical health fields such as HIV-AIDS, cancer, nursing, and health care outcome research, as well as non-health fields such as zoology, econometric, manufacturing and traffic accident modeling [1, 3, 7, 9, 10, 15–17, 19, 21–24]. However, the statistical problem and associated implications when such a count outcome is used as an explanatory variable has received far less attention in literature. In such cases, count variables are typically treated as continuous predictors in regression models, with no effort to distinguish structural zeros from their random counterparts. This practice is adopted mainly for modeling convenience, which in many studies does not reflect the realistic association of variables involved. For example, as illustrated in a study on alcohol research [11], a structural zero in drinking outcomes represents an individual who abstains from drinking, while a random zero corresponds to a drinker who happens not to drink during a period of time. Thus, the structural and random zeros represent two distinct groups of subjects with different psychosocial outcomes. Indeed, ignoring the differences between structural and random zeros and simply using the count variable as a predictor may yield biased inferences and uninterpretable findings [11].

To tease out the distinctive effects of structural and random zeros on the response of interest, we can include an indicator of structural zeros in the model (in addition to the count variable itself). This approach requires that the structural zeros are observed, such as alcohol abstainers in alcohol research. However, as indicated above, structural zeros are often latent and are not directly observable. This paper is aimed at filling the methodological gap by developing a new approach to model the distinctive effects of structural and random zeros as predictors in regression analysis, in the situations where the structural are not observed. Our method relies on modeling structural zeros by zero-inflated models and may be potentially applied to a broad range of fields as mentioned above.

# 2. Models for Count Predictors with Structural Zeros

# 2.1 Problems from Structural Zeros

Given a sample of n subjects, let  $y_i$  denote the response of interest and  $x_i$  a zero-inflated count predictor from the *i*th subject  $(1 \le i \le n)$ . Suppose that the structural zero in  $x_i$ 

Let  $r_i$  be an indicator of structural zero of  $x_i$ , i.e.,  $r_i = 1$  if  $x_i$  is a structural zero and  $r_i = 0$  otherwise. In studies where the structural zeros are observed, one may simply add the indicator  $r_i$  of structural zero as an additional predictor in the model to address the differential effects between random and structural zeros. However, in many studies  $r_i$  is latent as it is only partially observed; for subjects with  $x_i > 0$ ,  $r_i = 0$ , however,  $r_i$  is unknown for subjects with  $x_i = 0$ .

The latent indicator  $r_i$  partitions the study sample (population) into two distinctive subgroups, with one consisting of all subjects corresponding to  $r_i = 1$  and the other comprising of the remaining subjects with  $r_i = 0$ . Since the trait in many studies is often a risk factor, we refer to the first group as the non-risk subgroup, while the second as the at-risk subgroup.

If we do not distinguish between structural and random zeros, we may apply the generalized linear models (GLMs) to model the association between the explanatory variables including the predictor of interest  $x_i$  and the covariates  $\mathbf{z}_i$ , and the outcome, as follows:

$$y_i \mid x_i, \mathbf{z}_i \sim \text{i.d.} \ f_i, \quad \mu_i = E\left(y_i \mid x_i, \mathbf{z}_i\right) = h(\alpha x_i + \mathbf{z}_i^{\top} \beta) \tag{1}$$

where i.d. denotes independently distributed, f denotes some distribution such as Poisson and h is the inverse of some link function such as the log function [21]. For example, if  $y_i$  is continuous, we may use the following linear model:

$$y_i \mid x_i, \mathbf{z}_i \sim \text{i.d. } N\left(\mu_i, \sigma^2\right), \quad \mu_i = E\left(y_i \mid x_i, \mathbf{z}_i\right) = \alpha x_i + \mathbf{z}_i^\top \beta, \quad 1 \le i \le n,$$
(2)

where  $N(\mu, \sigma^2)$  denotes a normal distribution with mean  $\mu$  and variance  $\sigma^2$ . Note that  $\mathbf{z}_i$  includes a covariate with the constant value 1 so the models above contain the intercept term.

However, as mentioned in Section 1, when a count variable  $x_i$  has structural zeros, the conceptual difference between structural and random zeros carries quite a significant implication for the interpretation of the coefficient  $\alpha$  in (1) and (2). For example, if  $x_i$  is a drinking outcome such as days of heaving drinking, the difference between a subject with  $r_i = 1$  and  $r_i = 0$  is substantial. If  $x_i = 0$  is a random zero, the coefficient of  $x_i$  represents the differential effect of drinking on the response  $y_i$  within the drinker subgroup when the drinking outcome changes from 0 to 1. If  $x_i = 0$  represents a structural zero, such a difference speaks to the effect of the trait of drinking on the response  $y_i$ . When only including  $x_i$  as in (1), the coefficient of  $x_i$  has a dubious interpretation. Thus, the model in (1) is flawed and must be revised to tease out such conceptually distinctive effects of structural and random zeros.

Now consider the following GLM:

$$y_i \mid x_i, r_i, \mathbf{z}_i \sim \text{i.d.} f, \quad E(y_i \mid x_i, r_i, \mathbf{z}_i) = h(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta), \quad 1 \le i \le n.$$
(3)

The above is identical to (1), except for the additional indicator of structural zeros in the set of explanatory variables. Under the refined model in (3), the effects of traits on the response are explained by  $\alpha_2$ , while the effects of the level of activities of the behavior are indicated by  $\alpha_1$ .

If  $r_i$  is observed, (3) is a regular GLM and commonly used inference tools such as maximum likelihood can be applied for inferences about the model parameters. When

 $r_i$  is unobserved as in most real studies, (3) cannot be estimated using such standard methods. Next we discuss how to make inferences about (3) in the latter case.

#### 2.2 A Mixture Model

We construct a model with a zero-inflated count predictor under the generalized linear regression model framework. Our mixture model consists of two components, one for modeling the outcome y and the other for modeling the zero-inflated count predictor.

**Main Model:** This component pertains to the model of primary interest. Given  $x_i$ ,  $\mathbf{z}_i$  and  $r_i$ , the outcome  $y_i$  follows some parametric distribution indexed by parameter vector  $\alpha = (\alpha_1, \alpha_2, \beta)$ :

$$y_i \mid x_i, r_i, \mathbf{z}_i \sim \text{i.d.} f, \quad \mu_i = E(y_i \mid x_i, \mathbf{z}_i, r_i) = g(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^{\top} \beta), \quad 1 \le i \le n.$$
 (4)

The link function  $g(\cdot)$  can be specified depending on the type of the outcome y. For example, if  $y_i$  is continuous and normally distributed, we can choose the identity link function, then model (4) becomes

$$y_i \mid x_i, r_i, \mathbf{z}_i \sim \text{i.d. } N\left(\mu_i, \sigma^2\right), \quad \mu_i = \alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta, \quad 1 \le i \le n.$$
 (5)

Inclusion of the indicator  $r_i$  for the risk, as a predictor in the Main Model, enables us to model the differential effects between structural and random zeros. There are two effects associated with the trait in the Main model. One is for the difference between structural zeros and random zeros, say the trait effect, measured by  $\alpha_2$ . The other is the dosage effect of the count predictor for the at-risk subgroup, measured by  $\alpha_1$ . The coefficient  $\alpha_1$  measures the change in  $y_i$  per unit increase in  $x_i$  within the at-risk group, which is the effect of the severity of the risk factor on the response for subjects who have such risk factor. Without including  $r_i$ , two effects are mixed together and hence may potentially provide biased and misleading conclusions. Our model can tease apart the two effects and hence can provide a more comprehensive relationship between the outcome and the trait.

Auxiliary Zero-inflated Model: This component models the zero-inflated predictor  $x_i$ . Because of the inflation of zeros from the non-risk subgroup, we model the count variable  $x_i$  with some zero-inflated count response models. For example, we may assume that  $x_i$  follows a popular ZIP distribution with the probability of being structural zero  $\rho_i$  and the Poisson mean  $\mu_i$ , i.e.,  $\text{ZIP}(\rho_i, \mu_i)$ . The Auxiliary ZIP model,  $\text{ZIP}_x$ , models both the structural zero and the Poisson count in  $x_i$ . We assume that  $\mathbf{u}_i$  is a set of predictors for both  $\rho_i$  and  $\mu_i$ . Although  $\rho_i$  and  $\mu_i$  may depend on different sets of predictors, for notational brevity we assume a common set  $\mathbf{u}_i$ , which includes all the predictors for both components, but with different coefficients  $\gamma_1$  and  $\gamma_2$ , i.e.:

$$x_i \mid \mathbf{u}_i \sim \text{i.d. ZIP}(\rho_i, \mu_i), \quad \rho_i = h_1(\mathbf{u}_i^T \gamma_1), \quad \mu_i = h_2(\mathbf{u}_i^T \gamma_2), \qquad 1 \le i \le n,$$
(6)

where  $h_1(\cdot)$  and  $h_2(\cdot)$  are the link functions for the structural zero component and the Poisson component. The predictors  $\mathbf{u}_i$  may be different from or overlap with  $\mathbf{z}_i$  in the Main Model (4). Other commonly used zero-inflated count response models such as zeroinflated negative binomial (ZINB) may also be adopted for the Auxiliary zero-inflated model.

The validity of the Main Model and the Auxiliary Model is given by the following assumptions:

**Assumption A:** Conditional Independence. Given  $\mathbf{u}_i$ , we assume that  $x_i$  and  $r_i$  are independent of  $\mathbf{z}_i$ , i.e.,

$$(x_i, r_i) \perp \mathbf{z}_i \mid \mathbf{u}_i.$$

This assumption implies that  $x_i$  and  $r_i$  may depend on the covariates  $\mathbf{z}_i$ , but the dependence is only through the predictors  $\mathbf{u}_i$ . This condition can be satisfied by including additional predictors from  $\mathbf{z}_i$  in (4), as needed for the conditional independence, into  $\mathbf{u}_i$  in (6) for the zero-inflated model of  $x_i$ .

**Assumption B:** Comprehensiveness of the Main Model. Given the predictors  $x_i, \mathbf{z}_i, r_i, y_i$  is independent of  $\mathbf{u}_i$ , i.e.,

$$y_i \perp \mathbf{u}_i \mid x_i, \mathbf{z}_i, r_i.$$

The assumption implies that  $y_i$  may depend on  $\mathbf{u}_i$ , but the dependence is only through  $x_i, \mathbf{z}_i$  and  $r_i$ . This condition can always be satisfied by including additional predictors from  $\mathbf{u}_i$  in (6) into  $\mathbf{z}_i$  in (4). The comprehensiveness here means that all the information about  $y_i$  carried by or contained in  $\mathbf{u}_i$  is captured by  $x_i, \mathbf{z}_i$  and  $r_i$  through the Main Model.

In practice, we may choose a set of covariates  $\mathbf{u}_i$  and  $\mathbf{z}_i$  based on the subject matter of the study. As long as important predictors for the outcome  $y_i$  and the count  $x_i$  are included, the two assumptions should approximately true.

The proposed mixture model can be applied to different types of responses in the Main Model including continuous, categorical, count, and survival data and different models such as ZIP and ZINB for zero-inflated count data  $x_i$  in the Auxiliary Model. We discussed the linear regression model for the continuous response in (5). Below we illustrate the approach with some other common response variables for the Main Model.

#### 2.2.1 Models for categorical responses

When  $y_i$  is binary, we may consider modeling the response in the Main Model using the following logistic regression:

$$y_i \mid x_i, r_i, \mathbf{z}_i \sim \text{i.d. Bern}(\mu_i),$$

$$\mu_i = E\left(y_i \mid x_i, \mathbf{z}_i, r_i\right) = \text{logit}^{-1}\left(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta\right), \quad 1 \le i \le n,$$

$$(7)$$

where  $\text{Bern}(\mu)$  denotes a Bernoulli with mean  $\mu$  and  $\text{logit}^{-1}(\cdot)$  denotes the inverse of the logit link. Alternatively, we may apply the probit, complementary log-log, or other commonly used link functions for the binary response  $y_i$ . Further, we can readily extend (7) to nominal or ordinal responses using the cumulative logistic or generalized logit models in [21].

#### 2.2.2 Models for count responses

When  $y_i$  is a count response, Poisson and negative binomial (NB) regression models may be applied. For example, under a log-linear Poisson regression we may assume:

$$y_i \mid x_i, r_i, \mathbf{z}_i \sim \text{i.d. Poisson}(\mu_i), \quad \log(u_i) = \alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta$$

$$\mu_i = E(y_i \mid x_i, \mathbf{z}_i, r_i) = \exp(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta), \quad 1 \le i \le n,$$
(8)

where  $Poisson(\mu)$  denotes a Poisson with mean  $\mu$ .

#### 2.2.3Models for zero-inflated count responses

If  $y_i$  is a zero-inflated count response itself, we may apply ZIP or ZINB to model the data and to account for structural zeros. For example, if using ZIP, we can apply a logistic model for the structural zero and loglinear model for the Poisson component of the response  $y_i$  in (4) as:

$$y_{i} \mid x_{i}, \mathbf{z}_{i}, r_{i} \sim \text{i.d. ZIP}(\rho_{i}(\mathbf{v}_{i}; \theta_{2}), \mu_{i}(\mathbf{v}_{i}; \theta_{2})), \quad 1 \leq i \leq n.$$

$$\rho_{i}(\mathbf{v}_{i}; \theta_{1}) = \text{logit}^{-1} \left( \alpha_{1}x_{i} + \alpha_{2}r_{i} + \mathbf{z}_{i}^{\top}\beta \right), \quad \mu_{i}(\mathbf{v}_{i}; \theta_{2}) = \exp\left( \alpha_{1}'x_{i} + \alpha_{2}'r_{i} + \mathbf{z}_{i}^{\top}\beta' \right)$$

$$\theta_{1} = \left( \alpha_{1}, \alpha_{2}, \beta^{\top} \right)^{\top}, \quad \theta_{2} = \left( \alpha_{1}', \alpha_{2}', \beta'^{\top} \right)^{\top}.$$

$$(9)$$

Note that as in the case of  $x_i$ , we assume a common set of explanatory variables  $\mathbf{v}_i =$  $(x_i, r_i, \mathbf{z}_i^{\top})^{\top}$ , but different coefficients  $\theta_1$  and  $\theta_2$  for the logistic and Poisson components of the ZIP.

In addition to the common types of response variables, this approach can be readily adapted to other response variables.

#### **Statistical Inference** 3.

#### Likelihood Function 3.1

Since the indicator variable  $r_i$  is only partially observed, inferences cannot be made just based on the Main Model (4). Under Assumptions A and B, we can apply maximum likelihood for inference. For a subject with  $x_i > 0$ , note that  $r_i = 0$ , so the likelihood is:

$$L_{(x_i>0)} = f(y_i, x_i, \mathbf{z}_i, \mathbf{u}_i) = f(y_i, x_i, \mathbf{z}_i, \mathbf{u}_i, r_i = 0)$$
  
=  $f(y_i \mid x_i, \mathbf{z}_i, \mathbf{u}_i, r_i = 0) \operatorname{Pr}(x_i \mid \mathbf{z}_i, \mathbf{u}_i, r_i = 0) \operatorname{Pr}(r_i = 0 \mid \mathbf{z}_i, \mathbf{u}_i) f(\mathbf{z}_i, \mathbf{u}_i)$   
=  $f(y_i \mid x_i, \mathbf{z}_i, r_i = 0) \operatorname{Pr}(x_i \mid \mathbf{u}_i, r_i = 0) \operatorname{Pr}(r_i = 0 \mid \mathbf{u}_i) f(\mathbf{z}_i, \mathbf{u}_i).$  (10)

Here we use f() as a generic notation for the (joint) likelihood for the variables in the parenthesis. So it will be the density function for continuous variables and mass probabilities for discrete and categorical variables.

For a subject with  $x_i = 0$ , since  $r_i$  is unknown, the likelihood can be expressed as:

$$L_{(x_i=0)} = f(y_i, x_i = 0, \mathbf{z}_i, \mathbf{u}_i) = f(y_i, x_i = 0, \mathbf{z}_i, \mathbf{u}_i, r_i = 0) + f(y_i, x_i = 0, \mathbf{z}_i, \mathbf{u}_i, r_i = 1)$$
  

$$= f(y_i \mid x_i = 0, \mathbf{z}_i, \mathbf{u}_i, r_i = 0) \operatorname{Pr}(x_i = 0, r_i = 0 \mid \mathbf{u}_i) f(\mathbf{z}_i, \mathbf{u}_i)$$
  

$$+ f(y_i \mid \mathbf{z}_i, \mathbf{u}_i, r_i = 1) \operatorname{Pr}(x_i = 0, r_i = 1 \mid \mathbf{u}_i) f(\mathbf{z}_i, \mathbf{u}_i)$$
  

$$= f(\mathbf{z}_i, \mathbf{u}_i) \{ f(y_i \mid x_i = 0, \mathbf{z}_i, r_i = 0) \operatorname{Pr}(x_i = 0 \mid r_i = 0, \mathbf{u}_i) \operatorname{Pr}(r_i = 0 \mid \mathbf{u}_i) + f(y_i \mid x_i, \mathbf{z}_i, r_i = 1) \operatorname{Pr}(r_i = 1 \mid \mathbf{u}_i) \}.$$
(11)

In the above likelihood,  $f(y_i \mid x_i, \mathbf{z}_i, r_i)$  can be computed based on (4), while  $\Pr(x_i \mid \mathbf{u}_i, r_i)$ 

and  $Pr(r_i | \mathbf{u}_i)$  are provided by (6). For example, under (5) for a continuous  $y_i$ , we have:

$$f(y_i \mid x_i, \mathbf{z}_i, r_i) = \frac{1}{\sqrt{2\pi}} \exp\left\{-\frac{[y_i - (\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta)]^2}{2\sigma^2}\right\}.$$

Under (7) for a binary  $y_i$ ,

$$\Pr(y_i \mid x_i, \mathbf{z}_i, r_i) = \left[\frac{\exp\left(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta\right)}{1 + \exp\left(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta\right)}\right]^{y_i} \left[\frac{\exp\left(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta\right)}{1 + \exp\left(\alpha_1 x_i + \alpha_2 r_i + \mathbf{z}_i^\top \beta\right)}\right]^{1-y_i}$$

Under (6), if we assume:

$$h_1 = \log i t^{-1} (\mathbf{u}_i^T \gamma_1), \quad h_2 = \log^{-1} (\mathbf{u}_i^T \gamma_2), \quad 1 \le i \le n,$$

then we have

$$\Pr(r_i = 1 \mid \mathbf{u}_i) = \rho_i(\mathbf{u}_i \gamma_1) = \frac{\exp(\mathbf{u}_i \gamma_1)}{1 + \exp(\mathbf{u}_i \gamma_1)},$$
$$\Pr(x_i \mid \mathbf{u}_i, r_i = 0) = \frac{\exp(-\exp(\mathbf{u}_i \gamma_2))\exp(x_i \mathbf{u}_i \gamma_2)}{x_i!}$$

By substituting  $f(y_i | x_i, \mathbf{z}_i, r_i)$ ,  $\Pr(r_i | \mathbf{u}_i)$  and  $\Pr(x_i | \mathbf{u}_i, r_i = 0)$  into the likelihood functions  $L_{(x_i>0)}$  and  $L_{(x_i=0)}$  in (10) and (11), we can apply maximum likelihood methods for inferences about the parameters.

Note that as in standard regression analysis, the likelihood for each subject contains the joint distribution of  $\mathbf{z}_i$  and  $\mathbf{u}_i$ . However, since  $f(\mathbf{z}_i, \mathbf{u}_i)$  contains no parameter of primary interest, it provides no contribution to the score equations and thus can be factored out from the likelihood function.

Because we are mainly interested in the differential effects of structural zeros in the main model, we naturally adopted the "pattern mixture model" approach, which involves a formulation of  $f(y_i, x_i, r_i, \mathbf{z}_i, \mathbf{u}_i) =$  $f(y_i|x_i, \mathbf{z}_i, \mathbf{u}_i, r_i) \operatorname{Pr}(x_i|r_i, \mathbf{z}_i, \mathbf{u}_i) f(r_i, \mathbf{z}_i, \mathbf{u}_i)$ . However, we can also formulate the model following a "selection model" scheme. In the "selection model" scheme, the model would involve a selecting distribution  $\operatorname{Pr}(r_i|x_i, \mathbf{z}_i, \mathbf{u}_i)$ , and the likelihood is factored as  $f(y_i, x_i, r_i, \mathbf{z}_i, \mathbf{u}_i) = f(y_i|x_i, \mathbf{z}_i, \mathbf{u}_i, r_i) \operatorname{Pr}(r_i|x_i, \mathbf{z}_i, \mathbf{u}_i) f(x_i, \mathbf{z}_i, \mathbf{u}_i)$ . Thus the likelihood for a subject with  $x_i > 0$  (hence,  $r_i = 0$ ) will be

$$f(y_i, x_i, \mathbf{z}_i, \mathbf{u}_i) = f(y_i | x_i, \mathbf{z}_i, \mathbf{u}_i, r_i = 0) \operatorname{Pr}(r_i = 0 | x_i, \mathbf{z}_i, \mathbf{u}_i) f(x_i, \mathbf{z}_i, \mathbf{u}_i),$$

and the likelihood for a subject with  $x_i = 0$  (hence,  $r_i$  can be 0 or 1) will be

$$f(y_i, x_i, \mathbf{z}_i, \mathbf{u}_i) = [f(y_i | x_i, \mathbf{z}_i, \mathbf{u}_i, r_i = 0) \operatorname{Pr}(r_i = 0 | x_i, \mathbf{z}_i, \mathbf{u}_i)$$

$$+f(y_i|x_i, \mathbf{z}_i, \mathbf{u}_i, r_i = 1) \operatorname{Pr}(r_i = 1|x_i, \mathbf{z}_i, \mathbf{u}_i)]f(x_i, \mathbf{z}_i, \mathbf{u}_i)$$

Under this formulation, the distribution  $f(x_i, \mathbf{z}_i, \mathbf{u}_i)$  does not need to be specified if a model (say logistic) is specified for  $r_i$  and  $r_i$  is observed. However, since the structural zeros are unobserved, a (logistic) model  $r_i$  would not be

identifiable. We may rely on the zero-inflated models to model the structural zeros, i.e., use the auxiliary model to model  $r_i$ , and the pattern mixture approach we adopted above would be a natural choice in the situation.

### 3.2 Hypothesis Testing

As discussed above, there are two effects associated with the trait. One is for the trait effect, the difference between structural and random zeros, measured by  $\alpha_2$ , and the other is for the dosage effect of the count predictor on the outcome for the at-risk subgroup, measured by  $\alpha_1$ , in the Main Model. We may test them separately using common hypothesis testing techniques such as the Wald test and the likelihood ratio test. For an overall testing of whether the trait is associated with the outcome, a linear composite hypothesis of  $\alpha_1 = \alpha_2 = 0$  needs to be tested.

### 3.3 Selection of Initial Values

Due to the complexity of the mixture model, we generally do not obtain closed-form ML estimates (MLEs) of the parameters. Numerical optimization is needed to find the MLEs, such as the popular Newton-Raphson (NR) method. In using the Newton-Raphson method, it is important to start with good initial values in order for the iterations to converge to the global maximum of the likelihood function. The following strategies can be used for setting initial values to achieve this objective as well as to speed up convergence for the Newton-Raphson method.

We first estimate the initial values of the parameters in (6) for the count predictor  $x_i$ , and then estimate the initial values for the parameters in (4). More specifically, we follow a two-step procedure to obtain initial values:

Step 1. Initial values for the regression parameters  $\gamma_1$  and  $\gamma_2$  in the Auxiliary Model in (6), as well as the marginal probability of structural zeros  $\rho_x$  and the marginal Poisson mean  $\mu_x$ , for the count predictor  $x_i$ .

(a) Estimate the initial value of  $\mu_x$  and  $\rho_x$ . We fit a ZIP model for  $x_i$  with intercept only. The estimated probability of structural zeros and the Poisson mean then serve as the initial values of  $\mu_x$  and  $\rho_x$ , denote as  $\mu_{x_i}$  and  $\rho_{x_i}$ , respectively.

(b) Estimate the initial value of  $\gamma_1$  and  $\gamma_2$ . We fit a ZIP model for  $x_i$  with predictors  $\mathbf{u}_i$ . The estimated coefficients from the logistic regression for the structural zeros are then used as the initial value of  $\gamma_1$ , denote as  $\gamma_{1_I}$ , while the coefficients from the loglinear model serve as the initial value of  $\gamma_2$ , denoted as  $\gamma_{2_I}$ .

Step 2. Initial values for the parameters for the Main Model of y in (4). The difficulties of model estimation lie in the fact that structural zeros are not observed. However, since subjects with positive values of  $x_i$  are not structural zeros, i.e.,  $r_i = 0$  for these subjects. Thus we may apply regular regression methods to this subsample to obtain initial estimates of all the parameters except for the coefficient of  $r_i$ .

For example, if we have a regression model on y and

$$y_i \mid x_i, r_i, z_i \sim \text{i.d. } N(\mu_i, \sigma^2), \quad \mu_i = c_0 + c_x x_i + c_r r_i + c_z z_i.$$

we can apply the model

$$y_i \mid x_i, z_i \sim \text{i.d. } N(\mu_i, \sigma^2), \quad \mu_i = c_0 + c_x x_i + c_z z_i,$$
 (12)

to the subjects with  $x_i > 0$  to obtain the initial values for  $c_{0_I}$ ,  $c_{x_I}$ ,  $c_{z_I}$  and  $\sigma_I$ . We can

then set the initial value of  $c_r$  based on the following equations:

$$E(y \mid x = 0) = \Pr(x \text{ is random zero})(c_{0_{I}} + c_{x_{I}}E(x \mid x = 0)) + \Pr(x \text{ is structural zero}) \cdot (c_{0_{I}} + c_{r} + c_{x_{I}}E(x \mid x = 0)) = (c_{0_{I}} + c_{x_{I}}E(x \mid x = 0)) + c_{r}\Pr(x \text{ is structural zero}) = (c_{0_{I}} + c_{x_{I}}E(x \mid x = 0)) + c_{r}\frac{\rho_{x_{I}}}{\rho_{x_{I}} + (1 - \rho_{x_{I}}) \cdot e^{-\mu_{x_{I}}}},$$

so the initial value of  $c_r$  can be obtained by:

$$c_{r_{I}} = \frac{\left[E(y_{i} \mid x_{i} = 0) - c_{0_{I}}\right] \left[\rho_{x_{I}} + (1 - \rho_{x_{I}}) \cdot e^{-\mu_{x_{I}}}\right]}{\rho_{x_{I}}}.$$
(13)

The initial value for  $c_r$  is obtained by comparing the mean response outcome for all the subjects with zero counts in x, including both structural and random zeros, to the intercept estimated from the subjects with  $x_i > 0$  in (12). The choices of initial values depend on the models we use, and we will give some examples in the simulation section. Since ignoring the difference between structural and random zeros means the coefficient involving r is zero, thus it is also reasonable to use 0 as initial values for  $c_r$ .

### 4. Simulation Studies

#### 4.1 Simulation Setup

We use simulation studies to examine the performance of the proposed method when modeling zero-inflated outcomes as predictors in regression analysis. We assume that the predictor  $x \sim ZIP(\rho_x, \mu_x)$ , a ZIP with  $\rho_x$  denoting the probability of structural zeros in the logistic component and  $\mu_x$  denoting the mean of a count response in the Poisson component of the ZIP. A larger  $\rho_x$  means more structural zeros, while a larger  $\mu_x$  indicates a smaller proportion of random zeros in the simulated data.

The predictor x is generated based on the following Auxiliary Model:

$$x \sim \text{i.d. } \operatorname{ZIP}(\rho_x, \mu_x), \quad z_1 \sim \text{i.d. } N\left(0, \sigma_{z_1}^2\right), \tag{14}$$
$$\log it(\rho_x) = a_0 + a_1 z_1, \quad \log(\mu_x) = b_0 + b_1 z_1.$$

The values of  $a_0, a_1, b_0$  and  $b_1$  control the amount of structural and random zeros in the predictor. We consider four different types of response: continuous, binary, Poisson and zero inflated Poisson y. To investigate the performance of the proposed method under different conditions for each type of outcomes, we consider three scenarios: a) when the structural zeros have effect on the outcome y, and the Main Model (4) correctly specifies the effect; b) when the structural zeros do have an effect on y, but the Main Model (4) is misspecified by not including the effect of structural zeros in the model, i.e., the difference between structural zeros and random zeros is ignored; c) when the structural zeros don't have effect on y, but the Main Model does include an effect of the structural zeros.

In all simulations, a Monte Carlo (MC) sample size of 1,000 is used for the models. We summarize results of model estimates by reporting point and variance estimates (both model-based obtained from the asymptotic theory and empirical estimates from MC replications), as well as the coverage probability of confidence intervals (probability whether the true value is covered by the confidence interval).

#### 4.2 Continuous Response Y

For a continuous y, the association of y with x, z and r based on (5) is specified as follows:

$$y \mid x, r, z \sim \text{i.d. } N\left(\mu, \sigma_y^2\right), \ z \sim \text{i.d. } N\left(0, \sigma_z^2\right),$$
$$\mu = c_0 + c_x x + c_r r + c_z z, \tag{15}$$

and x is generated based on (14). For the simulation studies, we set  $\sigma_y^2 = \sigma_z^2 = \sigma_{z_1}^2 = 1$ ,  $c_0 = -1$ ,  $c_x = c_z = 1$ ,  $a_0 = b_0 = 0.5$ , and  $a_1 = b_1 = 1$ . To see if the effect of structural zeros on the response has any impact on the estimates of other parameters such as  $c_x$  and  $c_z$ , we consider  $c_r = 1$  and  $c_r = 0$ . When  $c_r = 1$ , we consider both the true Main Model (15) and a misspecified Main Model by excluding  $c_r$  in the model fitting, i.e., we fit a model on y as  $y = c_0 + c_x x + c_z z$ . The sample sizes considered were 200, 500 and 1000. As described above, we set the initial values of the parameters based on the discussion in Section 3.3. By applying the model (12) to the subsample with x > 0, we obtained the initial values for  $c_x$  and  $c_z$ , and the initial value  $c_r$  is set based on (13).

\*\*\* Table 1 goes about here \*\*\*

Shown in Table 1 and tables S1-S2 (in the supporting web material) are the averages of the estimates for both the Main and Auxiliary Model. In Table 1, the Main Model (15 ) is correctly specified, while in Table S1, the Main Model is misspecified. The results for  $c_r = 0$  are provided in Table S2 as the supporting web material. As shown in Table 1 and S2, the estimates for both the Main Model and the Auxiliary Model are very close to the true values, the coverage probabilities are also very close to 95%, and the asymptotic variances are very close to the empirical variances. Table 1 and Table S2 also show that structural zeros do not have much impact on the estimates of other parameters such as  $c_x$  and  $c_z$ , as long as the Main Model is correctly specified. But when the Main Model is misspecified by not including the structural zeros in the model, as shown in Table S1, the estimates of  $c_x$  are quite biased, and the coverage probabilities are very low. The misspecification of the Main Model does not have a big impact on the estimates of  $c_z$ . Therefore, when the structural zeros do have effect on the outcome y, a model failing to include the structural zeros of the count variable x can't capture the true association between x and y, but the associations between the outcome y and other covariates z may not be affected much by the misspecification. The estimate of the intercept  $c_0$  is biased.

#### 4.3 Binary Response Y

For a binary outcome y, we simulate the data from a GLM for the Main Model with a logit link as follows:

$$y \mid x, r, z \sim \text{i.d. Bern}(p), \quad \text{logit}(p) = c_0 + c_x x + c_r r + c_z z.$$
 (16)

The explanatory variables x and z are simulated the same way as in the continuous case. The values of the parameters are set to be the same as in the continuous case. A MC sample of 1000 replications is simulated for each of the sample sizes 200, 500 and 1000 using the same parameter values as in the case of a continuous y. The initial values for  $a_0, b_0, a_1$  and  $b_1$  are again determined by Section 3.3. For the initial values of  $c_x$  and  $c_z$ , we apply a logistic regression model to the subset of subjects with x > 0, i.e.,  $c_{x_I}$  and  $c_{z_I}$  are estimated based on:

$$E(y \mid x, z) = \text{logit}^{-1} (c_0 + c_x x + c_z z), \quad x > 0.$$
(17)

After obtaining the initial values of  $c_x$  and  $c_z$  by applying Step 2 in Section 3.3, the initial value of  $c_r$  is estimated by:

$$c_{r_I} = \log \frac{A}{1-A} - c_{0_I} - c_{x_I} E(x \mid x = 0),$$

where

$$A = \frac{\Pr(y=1 \mid x=0) - (1-\rho_{x_I})e^{-\mu_{x_I}}\log it^{-1} [c_{0_I} - c_{x_I}E(x \mid x=0)]}{\rho_{x_I}}.$$

\*\*\* Table 2 goes about here \*\*\*

The simulation results are summarized in Table 2, S3 and S4. As shown in Table 2 and S4, when the Main Model (16) is correctly specified, all the estimates are very good, even for a relatively small sample size. As the sample size increases from 200 to 1000, the point estimates are closer to the true value. When the Main Model (16) is misspecified, as shown in Table S3, the estimates of  $c_x$  become quite biased, although other parameters except for  $c_0$  are all estimated quite well.

#### 4.4 Poisson Count Response Y

For a Poisson count variable y, we generate y from a GLM with a log function as follows:

$$y \mid x, r, z \sim \text{i.d. Poisson}(\mu), \quad \mu = \exp\left(c_0 + c_x x + c_r r + c_z z\right).$$
 (18)

With the same set of values of the parameters as in the continuous case, we simulate 1,000 MC samples from each of the three sample sizes considered.

The initial values of the estimates of  $\mu_x$  and  $\rho_x$  are determined by the same algorithm as in the previous cases. In order to obtain a proper initial value of  $c_0$ ,  $c_x$  and  $c_z$ , we fit the following Poisson to the subsample with x > 0:

$$y \mid x, z \sim \text{i.d. Poisson}(\mu), \quad \mu = \exp(c_{0_I} + c_{x_I}x + c_{z_I}z), \quad x > 0,$$

with the initial values  $\mu_{x_I}$ ,  $\rho_{x_I}$ ,  $c_{0_I}$ ,  $c_{x_I}$  and  $c_{z_I}$ . We estimate an initial value of  $c_r$  using the following estimating equations:

$$E(y \mid x = 0) = \Pr(x \text{ is random zero}) \cdot e^{c_{0_I} + c_{z_I} * E(z \mid x = 0)} + \Pr(x \text{ is structural zero}) \cdot e^{c_{0_I} + c_r + c_{z_I} * E(z \mid x = 0)},$$
$$c_r = \log\left(\frac{E(y \mid x = 0) - (1 - \rho_{x_I})e^{-\mu_{x_I}} \cdot e^{c_{0_I} + c_{z_I} * E(z \mid x = 0)}}{\rho_{x_I} \cdot e^{c_{0_I} + c_{z_I} * E(z \mid x = 0)}}\right)$$

The simulation results are summarized in Tables S5, S6 and S7 as the supporting web material. Similar to the continuous and binary cases, all estimates are quite close to the true values when the Main Model (18) is correctly specified. But when the Main Model is misspecified, as shown in Table S6, the estimates are biased and the coverage probabilities are very small as well. Again, misspecification of the Main Model does not have much impact on the Auxiliary Model.

# 4.5 Zero-inflated Poisson Response Y

Finally, we consider a zero-inflated count response  $\boldsymbol{y}$  generated from the following ZIP model:

$$y \mid \mathbf{v} \sim \text{i.d. ZIP}(\rho(\mathbf{v}; \theta_2), \mu(\mathbf{v}; \theta_2)),$$
(19)  
$$\rho = \text{logit}^{-1} (c_0 + c_x x + c_r r + c_z z), \quad \mu = \exp(c'_0 + c'_x x + c'_r r + c'_z z),$$

where  $\mathbf{v} = (x, r, z)^{\top}$ . We set  $c'_0 = c_0 = -1$  and  $c'_x = c_x = c'_r = c_r = c'_z = c_z = 1$ . Since the latent nature of ZIP requires a larger sample size to obtain reliable estimates, especially within the context of a latent x following another ZIP, we consider bigger sample sizes 500, 1000 and 1500 for each case.

Again, we determine the initial values for estimating  $\mu_x$  and  $p_x$  as discussed in Section 3.3. For the initial values of  $c_0$ ,  $c_x$ ,  $c_z$  of the logistic component and  $c'_0$ ,  $c'_x$ ,  $c'_z$  of the loginear component of the ZIP for y, we apply the following models for the subsample with x > 0:

$$y \mid x, z \sim \text{i.d. ZIP}(\rho(x, z; \eta_1), \mu(x, z; \eta_2)),$$
  

$$\nu = \text{logit}^{-1}(c_0 + c_x x + c_z z), \quad \log(\mu) = c'_0 + c'_x x + c'_z z,$$
  

$$\eta_1 = (c_0, c_x, c_z)^\top, \quad \eta_2 = (c'_0, c'_x, c'_z)^\top.$$

Due to the complexity of the model, we set  $c_r = c'_r = 0$  as the initial values for estimating  $c_r$  and  $c'_r$ .

\*\*\* Table 3 goes about here \*\*\*

Shown in Tables 3, S8 and S9 are the simulation results. When the Main Model (19) is correctly specified, as shown in Table 3 and S9, the estimates from both the log-linear Poisson component and the logistic zero-inflated component of the Main Model are very good. The point estimates are close to the true values and the coverage probabilities are close to 95%. The asymptotic variances are also quite close to their corresponding empirical counterparts. But when the Main Model is misspecified, as shown in Table S8, the estimates from both components of the Main Model are biased, especially for the estimates of  $c_{xp}$  and  $c_{xb}$ . This indicates that when the outcome follows a ZIP model and has zero-inflated count predictor x, if the difference between the structural and random zeros in the predictor is ignored, the Main Model can detect neither the true relationship between y and x, nor the associations between y and other covariates. Comparing to the two components of the Main Model, the estimates of  $c_{zb}$  in the zero-inflated component are relatively better than the estimates of  $c_{zp}$  in the Poisson component. The misspecification of the Main Model do not have much impact on the performance of the Auxiliary Model.

# 5. Real Data Analysis

# 5.1 The Data

We now use the 2009-2010 National Health and Nutrition Examination Survey (NHANES) study discussed in [11] as an illustrative example of a real study application. The NHANES is a survey research program conducted by the National Center for Health Statistics to assess the health and nutritional status of people in the United States. A brief introduction of the study and a more detailed description of the NHANES data can be found in [11]. In NHANCE study, alcohol use is measured by the number of days of alcohol consumption (DAD) in a week, while depressive symptoms are assessed by the Patient Health Questionnaire (PHQ-9). As discussed in [11], both DAD and PHQ-9 have excessive zeros in their distributions. By fitting a zero-inflated Poisson (ZIP) model, we revealed that the DAD outcome has excessive zeros and the structural zeros in DAD were as high as 30%. Note that for illustrative purpose, in all these analysis and the following analysis, we ignore the complex survey study design of NHANES and did not incorporate the sampling weight in the analysis.

We apply the proposed approach to examine potential differential rates of depression between the at- and non-risk subgroups of alcohol use. In the proposed method, the essential component is to tease apart the effect of alcohol use, a trait of an individual, from the effect of amount of alcohol use, when modelling the relationship between alcohol use and depression. One of the unique features of the NHANES is the inclusion of the variable "NeverDrink", which measures lifetime abstinence from alcohol. This variable asks if a subject has ever used alcohol in his/her life. It is not a perfect indicator of structural zero in our context, since subjects who have used alcohol but became abstinent from it (structural zero) are not be counted as Never Drinkers. Nonetheless, the variable "NeverDrink" may serve at least as a crude benchmark to examine the performance of the proposed approach. Regarding the Main predictor DAD, we want to know if there are any demographic information to predict DAD.

### 5.2 Statistical Model

We apply the approach to model the effect of alcohol use on PHQ-9 score. For the PHQ-9 score, we applied a ZIP, with age, race, gender, education, and DAD as well as the indicator of structural zeros of DAD as the explanatory variables. Since our initial univariate analysis of DAD vs. PHQ-9 suggested a quadratic association between the two variables, a square of DAD (DAD<sup>2</sup>) was also included as a predictor. We also consider a ZIP model for the DAD variable by including age, race, gender, education as predictors for both components of the DAD variable. So, our model (Model I) to study the effect of alcohol use on depression is specified as follows:

$$PHQ-9_i \sim ZIP(\rho_i, \ \mu_i), \quad DAD \ \sim ZIP(\rho_{xi}, \ \mu_{xi}), \tag{20}$$

 $\rho_i \sim {\rm Structural\ zero\ of\ DAD\ } + {\rm DAD} + {\rm DAD} + {\rm DAD}^2$  +age+gender+race+education,

 $\mu_i \sim \text{Structural zero of DAD +DAD+DAD}^2 + \text{age+gender+race+education},$ 

 $\rho_{xi} \sim age+gender+race+education,$ 

 $\mu_{xi} \sim age+gender+race+education,$ 

where  $\rho_{xi}$  is the probability for structural zeros and  $\mu_{xi}$  is the Poisson mean of the DAD variable.

We apply the maximum likelihood method discussed in Section 2.2 to make inference about the parameters for the model in (20). The coefficients of the structural zeros of DAD indicate the effect of a trait of an individual for alcohol use on the depressive symptoms, while those of DAD and  $DAD^2$  provide the effect of amount of drinking on this response for subjects in the at-risk group of alcohol use. We also apply a ZIP model to model the PHQ-9 score with exactly the same explanatory variables, except that the indicator of structural zeros of DAD in (20) is replaced by the variable "NeverDrink". The second ZIP model (Model II) does not involve the latent variable of structural zeros

of DAD, providing a benchmark to assess the performance of the proposed approach. We used SAS 9.3 PROC GENMOD for the analyses with inference based on the maximum likelihood approach. Unlike Model I, Model II do not include a ZIP Auxiliary Model for the predictor of DAD.

# 5.3 Results

Due to some missing values, the actual sample size for the analysis is 5,261 (out of 5,283 subjects in the data). Shown in Table 4 are the parameter estimates for the logistic and Poisson components of the ZIP Models I (Model II) for the PHQ9 score. Both models have successfully identified significant associations between alcohol use and depression in both components. In the logistic component which models the likelihood of non-depression (structural zeros of PHQ-9 score), the non-drinkers are more likely of being non-risk for depression, or less likely of being at-risk for depression (p-value 0.0142 for Model I and <0.0001 for Model II). Among the at-risk subgroup for alcohol use, the coefficients for DAD<sup>2</sup> are significant in both models (p-value <0.0001 and 0.0006 for Model I and II, respectively). The negative signs of these coefficients indicate that subjects with DAD at the two ends, near 0 (few days of alcohol use) or near 7 (most days of alcohol use), are at higher risk for depressive symptoms. Based on Model I (II), subjects with 2.70 (2.04) days of any alcohol use per week are least likely to be depressed.

For the Poisson component, the non-drinkers have less depressive symptoms based on both models (p-value <0.0001 for both models). Among the subjects who are at-risk for alcohol use, the coefficients of  $DAD^2$  are again significant in both models (p-value <0.0001 for both models). The positive signs of these coefficients indicate that subjects with DAD at the two ends near 0 and 7 have higher PHQ-9 scores. Based on Model I (II), subjects with 3.55 (2.82) days of alcohol use per week have lowest PHQ-9 scores.

The results for the Auxiliary Model of DAD are summarized in Table S10. Gender, age and education are significant predictors for both the Poisson and logistic components, older males with higher education are more likely to have more drinks and older females with lower educations are more likely to be in the non-risk group for alcohol drinking; Compared to people in other race, Mexican American and Non-Hispanic are more likely to be at-risk and also have more drinking if they are at risk for drinking.

Regarding the relationship between the alcohol drinking and depression, both models yield similar conclusions, although Model I models the latent trait of alcohol use, while Model II uses the observed measure of this trait when examining the effects of alcohol use on depression. Abstinence from alcohol or moderate alcohol consumption are protective for depression. However, there is some discrepancy in the estimates between Model I and Model II. Our estimated percentage of structural zeros (non-risk group) is 35.0%, while the percent of structural zeros based on the NeverDrink variable is only 12.0%. Since this NeverDrink variable asks if subjects have any drink in their lifetime, those who don't drink, but become abstinent from alcohol, are treated as structural zeros (non-drinkers) in the proposed approach (Model I). In contrast, such individuals are regarded as part of the at-risk subgroup in Model II. So the difference in the percent of structural zeros between the two approaches likely reflects the different interpretations of lifetime abstinence from alcohol.

# 6. Discussions

Zero-inflation, the observed amount of zeros is larger than that would be expected under a statistical model, is a common phenomenon in public health

and medical research, and it is often associated with the existence of structural zeros. It is important both statistically and conceptually to distinguish random and structural zeros. However, structural zeros are often latent and information about whether a zero is structural or random is often not be observed directly.

A comparatively rich literature has been focusing on statistical methodology research and their applications in addressing the structural zero issue when the count variable is treated as the response. Little attention is paid when such count variables are treated as predictors. In such cases, simply ignoring the differential effects of structural zeros in the data analyses may yield biased estimates and uninterpretable findings [11]. In this paper, we have developed statistical models to address the differential effect of structural zeros and random zeros in such explanatory variables.

The proposed approach fills a critical gap in literature to address the structural zero issues in predictors by jointly modeling the response of interest (Main Model) and the zero-inflated count predictors (Auxiliary Model). To tease out the effect of structural zeros from that of random zeros, an indicator of structural zeros, which is partially latent, is included in the Main Model to address the confounding effects of the two types of zeros. Validity of the zero-inflated model for the count predictor is critical for the application of the method.

We described four popular types of responses for the Main Model and two types of count predictors for the Auxiliary Model in this paper. In the proposed approach, we assumed conditional independence for both components, or equivalently, there is no confounder in both the Main and Auxiliary Models. Such assumptions are standard in regression analysis. The approach is easy to implement using popular statistical packages such as R and SAS. Like any mixture models, initial values are important for finding the maximum likelihood estimates. Based on our experience, the two-step procedure works quite well for selecting satisfactory initial values for computing the estimates. Also, our simulations and real data study examples have shown good performances of the approach.

Like any statistical method, the proposed approach also has some limitations. The method discussed in this paper is only applicable to cross-sectional studies. Further research is needed to extend the approach to longitudinal studies. Since it is premised upon parametric distribution assumptions, the approach lacks robustness against departures from assumed parametric models. Semiparametric approaches are needed for both cross-sectional and longitudinal studies to address such limitations.

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# Appendix

See the Web-based Supplementary Materials.

Table 1. Mean estimated parameters (mean asymptotic variance, simulation variance) and the coverage probabilities (CP) (%) over 1000 realizations for the continuous response. The variances are in  $10^{-3}$  for  $c_x$  and  $c_z$ ,  $10^{-1}$  for  $a_1$ , and  $10^{-2}$  for the other estimates.

$a_1 = 1$
Est.
52(0.97)
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			<b></b>	7	5				
		CF	95.1	94.'	94.5				d C
	$c_z = 1$	Est.	1.045(4.344.27)	1.022(1.621.69)	1.007 (0.79 0.81)			$b_1 = 1$	Щ.
		CP	94.3	95.3	96.3				СЪ
	$c_r = 1$	Est.	1.129(5.255.91)	1.058(1.801.90)	1.020 (0.86 0.86)			$b_0 = 0.5$	Бet
		CP	96.2	95.1	96.0		:		СЪ
for the Main Model:	$c_x = 1$	Est.	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	the Auxiliary Mode	$a_1 = 1$	Het			
eters for		CP	95.4	94.9	94.8		eters for		СЪ
timates of the parame	$c_0 = -1$	Est.	-1.118(4.034.37)	-1.048(1.331.39)	-1.022(0.620.65)		timates of the param $\epsilon$	$a_0 = 0.5$	П'с†
The esi		$^{-}$	200	500	1000		The est		 

 $\begin{array}{c} 94.5\\96.2\\95.1\end{array}$ 

 $\begin{array}{c} 1.013 \left( \begin{array}{c} 1.75 \ 1.80 \end{array} \right) \\ 1.004 \left( \begin{array}{c} 0.62 \ 0.58 \end{array} \right) \\ 1.001 \left( \begin{array}{c} 0.29 \ 0.31 \end{array} \right) \end{array}$ 

 $95.4 \\ 95.0$ 94.4

 $\begin{array}{c} 0.488 \left( \begin{array}{c} 1.68 \\ 0.493 \left( \begin{array}{c} 0.66 \\ 0.66 \end{array} \right) \\ 0.499 \left( \begin{array}{c} 0.33 \\ 0.33 \end{array} \right) \end{array} \right)$ 

 $\begin{array}{c} 93.9 \\ 96.5 \\ 94.0 \end{array}$ 

1.081(1.271.54) $1.023 \stackrel{()}{(} 0.44 \hspace{0.1cm} 0.41 \\ 1.015 \stackrel{()}{(} 0.21 \hspace{0.1cm} 0.23 \\ 0.21 \hspace{0.1cm} 0.23 \\ 0.21 \end{array}$ 

 $\begin{array}{c} 95.8 \\ 94.7 \\ 93.2 \end{array}$ 

 $\begin{array}{c} 0.468 ( \ 6.90 \ 7.06 ) \\ 0.488 ( \ 2.56 \ 2.55 ) \\ 0.494 ( \ 1.25 \ 1.29 ) \end{array}$ 

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	$c_{0p} = -1$		$c_{xp} = 1$		$c_{rp} = 1$		$c_{zv} = 1$	
	Est.	CP	Est.	CP	Est.	CP	Est.	CP
'	-1.078(3.293.86)	91.3	1.024(0.991.27)	93.9	1.031 (3.53 4.01)	93.2	1.029(2.863.18)	93.0
'	-1.031(0.930.90)	94.3	1.016(0.220.21)	94.3	1.012(0.980.96)	94.3	$1.009(0.95\ 0.99)$	94.5
	-1.011(0.390.41)	94.4	$1.003(0.07\ 0.08)$	93.9	1.000(0.410.45)	93.6	1.004(0.430.46)	93.7

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	CP	95.1	94.8	96.0
$c_{zb} = 1$	Est.	1.216(2.923.33)	$1.085(0.79\ 0.82)$	1.036(0.360.34)
	CP	95.7	96.4	95.1
$c_{rb} = 1$	Est.	1.254 (1.65 1.71)	1.140(0.470.49)	1.038(0.210.21)
	CP	96.8	95.4	95.4
$c_{xb} = 1$	Est.	1.234(4.75515)	1.113(1.17)	1.051(0.490.51)
	CP	95.5	96.2	94.8
$c_{0b} = -1$	Est.	-1.412 (1.80 1.78)	-1.194(0.490.48)	-1.076(0.210.21)
	N	200	500	1000

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$a_0 = 0.5$			$a_1 = 1$		$b_{0} = 0.5$		$b_1 = 1$	
Est. CP	CP		Est.	CP	Est.	CP	Est.	CP
0.464 (6.89 6.78) 95.4 1.102 (	95.4 1.102 (	1.102 (	(1.281.50)	94.4	0.486(1.671.68)	95.1	1.014(1.791.8)	94.5
$0.490(2.52\ 2.49)\ 95.3 1.033($	95.3 1.033 (	1.033 (	$(0.43 \ 0.41)$	96.4	0.493 (0.65 0.65)	95.7	1.002 (0.64 0.6)	96.5
0.494(1.231.32) $94.2 1.024($	$94.2 \mid 1.024$ (	1.024 (	$0.21 \ 0.24$ )	93.3	0.498(0.320.31)	95.5	$0.998(0.3\ 0.33)$	94.8

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ulation variance) and the coverage probabilities (CP) ( $\%$ ) over 1000 realizations for the ZII	s except for $c_{rb}$ and $c_{0b}$ .	
mated parameters (mean asymptotic variance	<sup>2</sup> for $c_{zp}, a_0, b_0$ and $b_1, 10^{-1}$ for the other est	
Table 3. Mean estir	variances are in $10^{-5}$	Ē

															CP	93.9
			CP	90.6	85.0	78.1	1:		CP	92.5	92.7	90.1		$b_1 = 1$	Est.	(1.86 1.92)
	Main Model:	$c_{zp} = 1$	Est.	(9 (2.46 3.35)	.7 (0.82 1.15)	6(0.380.58)	the Main Mode	$c_{zb} = 1$	Est.	$38\ (\ 2.07\ 2.47\ )$	15(0.630.67)	16(0.300.30)			CP	95.1 1.013
lates except for $c_{0b}$	ponent of the l		CP	) 29.5 0.96	) 2.9 0.94	) 0.1 0.94	component of		CP	) 79.4 1.03	) 56.7   0.94	) 33.2 0.91		$b_0 = 0.5$	Est.	86(1.751.82)
- IOT THE OTHER ESTIM	he poisson com	$c_{xp} = 1$	Est.	(000 (0.38 0.70)	$676 ( 0.08 \ 0.17 )$	$699(0.03\ 0.08)$	he zero-inflated	$c_{xb} = 1$	Est.	$.730\ (\ 1.67\ 1.36$	.704(0.330.24)	.701 (0.16 0.11	[odel:		CP	0) 94.3 0.48
$0$ and $b_1$ , 10	neters for t		CP	4.3 0.	0.0 0.0	0.0 0.0	neters for tl		CP	52.0 0.	16.9 0.	1.9 0.	Auxiliary M	$a_1 = 1$	Est.	(13.701.60
$10 - 10r c_{zp}, a_0, b_{zp}$	s of the parar	$c_{0p} = -1$	Est.	$(0.38\ 0.47)$	(0.140.16)	$(0.07\ 0.09)$	s of the paran	$c_{0b} = -1$	Est.	$(0.24\ 0.26)$	$(0.08\ 0.07)$	$(0.04\ 0.04)$	eters for the $A$		CP	94.9   1.095
ariances are in .	he estimate			200 - 0.214	500 -0.211	000 -0.210	he estimates			00 -0.230	00 -0.162	00 -0.149	f the parame	$x_0 = 0.5$	st.	.33 7.47 )
ne v						-	L			64	цэ	1	O Si		E	

Table 4. Mean estimated parameters (mean asymptotic variance, simulation variance) and the coverage probabilities (CP) (%) over 1000 realizations for the ZIP response when the Main Model is misspecified. The variances are in  $10^{-2}$  for  $c_{2p}$ ,  $a_0$ ,  $b_0$  and  $b_1$ ,  $10^{-1}$  for the other estimates except for  $c_{0b}$ .

$c_{0b} = -1$			$c_{xb} = 1$		$c_{zb} = 1$	
Est.		CP	Est.	CP	Est.	CP
-0.230(0.240.26)5	က	2.0	$0.730\ (\ 1.67\ 1.36\ )$	79.4	$1.038 (\ 2.07 \ 2.47$	7) 92.5
$-0.162(0.08\ 0.07)$ 10	1	5.9	$0.704\ (\ 0.33\ 0.24\ )$	56.7	0.945 (0.63 0.67	7) 92.7
$-0.149\ (\ 0.04\ 0.04\ )  1$	1	6.	$0.701\ (\ 0.16\ 0.11\ )$	33.2	0.916(0.300.3)	) 90.1

The estimates

	CP	93.9	96.6	94.1
$b_1 = 1$	Est.	(1.861.92)	$(0.66\ 0.61)$	$(0.32\ 0.35)$
		1.013	1.003	0.998
	CP	95.1	95.5	94.8
$b_0 = 0.5$	Est.	$1.75 \ 1.82$ )	$0.68 \ 0.68$	$0.34 \ 0.33$ )
		0.486(	0.493 (	0.498(
	CP	94.3	96.6	93.5
$a_1 = 1$	Est.	$13.70\ 1.60$ )	$(4.80\ 0.40)$	$2.30\ 0.30$ )
		1.095(	1.036 (	1.025 (
	CP	94.9	95.3	93.7
$a_0 = 0.5$	Est.	7.33 7.47 )	2.72 2.74)	$(1.33\ 1.42)$
		0.468 (	0.488 (	0.493 (
	N	200	500	1000

		P-value	<.0001	<.0001	<.0001	<.0001	<.0001	<.0001	0.0192	0.4288	0.0181	0.8228	•	<.0001	
	Model II	Std Err	0.0498	0.0256	0.0145	0.0025	0.0165	0.0005	0.0407	0.0425	0.0376	0.0401	0.0000	0.0068	
		Estimate	2.3457	-0.1265	-0.1316	0.0233	-0.1895	-0.0032	-0.0954	-0.0336	-0.0889	0.0090	0.0000	-0.1202	
		P-value	<.0001	<.0001	<.0001	<.0001	<.0001	0.2540	0.0009	0.6287	0.0010	0.6756		<.0001	
esson:	Model I	Std Err	0.0635	0.0267	0.0177	0.0028	0.0197	0.0006	0.0521	0.0537	0.0479	0.0507	0.0000	0.0081	
of the depr		Estimate	2.7791	-1.3195	-0.5246	0.0739	-0.1822	0.0007	-0.1724	-0.0260	-0.1571	-0.0212	0.0000	-0.1320	
the poisson component		rameter		Yes vs. No			Male vs. Female		Mexican American	Other Hispanic	Non-Hispanic White	Non-Hispanic Black	NOther Race		
The estimates of		Pa	Intercept	NeverDrink	DAD	$DAD^2$	Gender	AGE	Race/Ethnicity					Education	

The estimates of the zero-inflated component of the depression:

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			Model I			Model II	
Pa	rameter	Estimate	$\operatorname{Std} \operatorname{Err}$	P-value	Estimate	$\operatorname{Std} \operatorname{Err}$	P-value
Intercept		-2.1316	0.2322	<.0001	-1.9935	0.2016	<.0001
NeverDrink	Yes vs. No	0.3959	0.1615	0.0142	0.4755	0.0970	<.0001
DAD		0.4050	0.1026	0.0001	0.1602	0.0591	0.0067
$DAD^2$		-0.0751	0.0168	<.0001	-0.0392	0.0114	0.0006
Gender	Male vs. Female	0.5152	0.0677	<.0001	0.5684	0.0645	<.0001
AGE		0.0159	0.0020	<.0001	0.0165	0.0018	<.0001
Race/Ethnicity	Mexican American	0.0626	0.1708	0.7138	0.0786	0.1597	0.6224
	Other Hispanic	-0.1192	0.1808	0.5097	-0.0971	0.1695	0.6012
	Non-Hispanic White	-0.2984	0.1580	0.0589	-0.2402	0.1473	0.1028
	Non-Hispanic Black	0.0114	0.1675	0.9457	0.0488	0.1564	0.7549
	NOther Race	0.0000	0.0000		0.0000	0.0000	
Education		0.0184	0.0280	0.5095	0.0415	0.0262	0.1136

June 16, 2017