

Allergy Prevention Survey

For the purpose of this survey, an **infant at risk for developing allergy** is defined as an infant without allergic symptoms but with at least one first degree relative (parent or sibling) with one or more allergic disease, including : allergic rhinitis, asthma, urticaria, atopic dermatitis (eczema), food allergy. The allergic disease must be diagnosed by a physician or the patient must clearly depend on a relevant treatment.

- 1) Do you routinely identify **infants at risk for developing allergy**?
 - a) Yes
 - b) No
- 2) In the **infant at risk for developing allergy**, do you recommend exclusive breastfeeding for at least 4 months?
 - a) Yes
 - b) No
- 3) In the **infant at risk for developing allergy**, who is exclusively breast fed; do you routinely recommend avoidance of any of the allergenic foods (cow's milk, egg, fish, peanut, soy, wheat) in the lactating mother?
 - i) Yes

If yes: which foods?

- b) No
- 4) In the **infant at risk for developing allergy**, who is breast and formula fed (mix feeding); which type of formula do you recommend?
 - a) Standard (Regular) infant formula
 - b) Partially hydrolysed formula (HA formula)
 - c) Extensive hydrolysed formula
 - d) Soy infant formula
 - e) Other? Please specify.....
- 5) In the **infant at risk for developing allergy**, who is completely formula fed; which type of formula do you recommend?
 - a) Standard (Regular) infant formula

Allergy Prevention Survey

- b) Partially hydrolysed formula (HA formula)
- c) Extensive hydrolysed formula
- d) Soy infant formula
- e) Other? Please specify.....

6) In the **infant at risk for developing allergy**, do you recommend delaying the introduction of complementary foods compared to non-at-risk infants?

- a) Yes
- b) No

7) In the **infant at risk for developing allergy**, do you routinely recommend postponing the introduction of potentially allergenic foods (egg, cow's milk, wheat, fish, peanut) compared to non-at-risk infants?

- a) Yes
 - i) If yes: which foods?
- b) No