

Does the human immunodeficiency virus influence the vestibulocollic reflex pathways? A comparative study

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Abstract:

Background: This study compared vestibulocollic reflex (VCR) and vestibulo-ocular reflex (VOR) functioning in subjects with and without the human immunodeficiency virus (HIV). It also described test results throughout progression of the disease and compared it in HIV positive subjects with and without antiretroviral (ARV) therapies.

Methods: Subjects comprised 53 adults with HIV (mean age 38.5 ± 4.4) and 38 without HIV (mean age 36.9 ± 8.2). Clinical examinations included cervical vestibular evoked myogenic potentials (cVEMPs) and bithermal caloric tests.

Results: Abnormal cVEMP and caloric results were significantly higher in the HIV positive group ($p=.001$), with an odds ratio of 10.2. VCR and VOR involvement increased with progression of the disease. There were more abnormal test results in subjects using ARV therapies (66.7%) compared to those not using ARV therapies (63.6%), but this difference was insignificant.

Conclusion: HIV seems to influence VCR pathways. Combining cVEMP and caloric tests may be useful to detect early neurologic involvement in HIV positive subjects.

Key words:

Human immunodeficiency virus

Vestibulocollic reflex

Vestibulo-ocular reflex

Vestibular evoked myogenic potentials

Introduction

The vestibular system senses movement and sends this information to the cerebellum and vestibular nuclei in the brainstem. Motion and other sensory information get processed and integrated, to stabilize gaze during head movement by means of the vestibulo-ocular reflex (VOR), and to maintain body and head stability by means of the vestibulospinal reflex (VSR) and vestibulocollic reflex (VCR) respectively.^{1,2} A pathway that includes the saccule, inferior vestibular nerve and vestibulospinal tract, mediates and activates the VCR.^{3,4} Cervical or collic vestibular evoked myogenic potentials (cVEMPs) are a manifestation arising from the VCR of the vestibulospinal tract⁵ and is mediated ipsilaterally by a three neuron arc. Uchino and colleagues⁶ described the anatomic pathway of the VCR, also known as the sacculocollic reflex. Primary vestibular neurons that travel from the saccule via the inferior vestibular nerve, project into second order vestibular neurons in the lateral vestibular nucleus in the brainstem. From there, neurons descend in the medial vestibulospinal tracts and connect to the motor nuclei of

the accessory nerve. Third order vestibular neurons descend to the flexor and extensor neck muscles via the medial vestibulospinal tract.⁶

cVEMPs are ipsilaterally evoked short latency responses measured with an active electrode over a contracted sternocleidomastoid (SCM) muscle⁷, capable of evoking the VCR⁸ and is perhaps the most direct way of testing VCR functioning.⁹ Therefore, abnormalities of the cVEMP may indicate a lesion at any point along the VCR pathway.

Testing of the VOR pathways, which include the horizontal semicircular canal, superior vestibular nerve and ascending neural path to the extra-ocular muscles¹⁰, is well characterized and the basis of many commonly used vestibular tests.² These include, but are not limited to the caloric test¹¹ and rotational tests.¹² Testing of the VSR pathways may include posturography.¹¹

The VOR and VSR pathways have been examined and described among individuals with the human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS). A recent systematic literature review summarized all vestibular tests and findings in subjects with HIV/AIDS demonstrating that tests of vestibular function concentrated on the VOR and VSR pathways only.¹³ To date no studies have investigated the VCR pathways, as tested with cVEMPs, in subjects with HIV/AIDS. This lack of information may in part be attributable to that fact that cVEMPs have only recently been included as part of clinical test-batteries for vestibular function having proved useful in identifying vestibular disorders.⁹ Therefore, this study aimed i) to describe and compare the functioning of the VCR with the well characterized VOR in subjects with and without HIV, ii) to describe the VCR and VOR throughout progression of the disease, and iii) to compare the VCR and VOR in HIV positive subjects receiving ARV therapies to those who were not receiving ARV therapies.

Materials and methods

The Research and Ethics Review Committee of the University of Pretoria and a tertiary referral hospital approved the current study. A cross-sectional comparative research design was employed and the method of convenience sampling was used to recruit subjects. Each subject provided written informed consent to participate in the study.

TABLE I
DESCRIPTION OF SUBJECTS

Description	HIV negative group	HIV positive group
Number of subjects (n)	38	53
Mean age	36.9 (SD= 8.2)	38.5 (SD= 4.4)
Min-Max age	20-50 years	23-49 years
Gender distribution	Male = 47.4% (n=18) Female = 52.6% (n=20)	Male = 55% (n=29) Female = 45% (n=24)
CDC categories	Not applicable	CDC category 1: n=15 CDC category 2: n=20 CDC category 3: n=18
ARV therapy users	Not applicable	ARV therapy users: n=42 non-ARV therapy users: n=11

SD = Standard Deviation; CDC = Centres for Disease Control; ARV = antiretroviral

Subjects

Table I summarizes the description of participating subjects. Subjects with HIV formed part of the experimental group and were drafted from the Infectious Disease (ID) Clinic at a tertiary referral hospital in South Africa. The subjects' HIV status were confirmed by blood serological tests and this was documented in their medical records. The researchers obtained written informed consent to access their medical records containing this data. The subjects without HIV were employees of the tertiary referral hospital and acquaintances of the researchers who agreed to undergo a blood serological test for HIV. The subjects who were confirmed to be HIV negative formed part of the control group. A total of 91 subjects, 53 adults with HIV and 38 without HIV were evaluated for participation in the study. I summarizes the description of participating subjects. There were no statistically significant differences in mean ages between the groups ($p=0.26$; t-test). Literature demonstrated that age affected the vestibular system after

55 to 65 years,¹⁴ therefore, in order to minimize the likelihood of age affecting the results, only subjects below the age of 50 were allowed to participate in the study.

The subjects with HIV were further divided into categories according to their cluster of differentiation 4 (CD4+) cell counts as documented in their medical files at the ID clinic at the time of participation in the study. Subjects with counts higher than 500 cells/uL were assigned to the Centre for Disease Control and Prevention (CDC) (CDC, 1993) category 1, while those with counts of 200-499 cells/uL and less than 200 cells/uL were assigned to CDC categories 2 and 3 respectively. HIV positive subjects were evenly distributed between the three CDC categories. Fifteen subjects were in category 1 (eight male, seven female), 20 subjects in category 2 (eight male, 12 female) and 18 subjects in category 3 (eight male, 10 female).

The subjects with HIV were also divided into two other groups, namely those who received ARV therapies (n=42) and those who were not receiving ARV therapies (n=11). The subjects who were exposed to ARV therapies received at least three of the following drug combinations: tenofovir, lamivudine, efavirenz, emtricitabine, nevirapine, stavudine, zidovudine and lopinavir/ritonavir.

Otologic and audiological examination

An otoscopic examination was performed to inspect the external auditory canal for any, debris or foreign objects that might cause occlusion of the ear canal and to identify any possible perforation of the tympanic membrane. Subjects with obstructed ear canals were referred to a clinician for extraction prior to participation in the study. Tympanometry was performed using a diagnostic Y-226 Hz probe tone (GSI Tymptar, Grason-Stadler). The following criteria¹⁵ were used for normal adult admittance profiling: ear canal volume (0.8 to 2.0ml), compliance (0.3 to 1.8ml) and middle ear pressure (-100daPa to +50daPa). Type A tympanograms were revealed for 49 subjects with HIV and for 38 subjects without HIV. Pure tone audiometry (air and bone

conduction) was performed to determine the presence of air-bone gaps (GSI 61, Grason-Stadler). Air-bone gaps larger than 10dB in the four HIV positive subjects with abnormal compliance and middle ear pressure were found, suggesting a conductive component. The 49 HIV positive and 38 HIV negative subjects with type A tympanograms showed no air-bone gaps.

VOR test

Caloric tests were used to describe the VOR. Rotational testing was not available to the researchers. Tests of spontaneous nystagmus, with and without fixation, preceded caloric stimulation. Video nystagmography (Visual Eyes infrared video-based system from Micromedical Technologies Inc.) was used to record any spontaneous nystagmus and caloric induced nystagmus. Bithermal (cool 24°C, warm 47°C) air caloric testing (AirFX, Micromedical Technologies Inc.) was used to irrigate the external auditory canal. Air caloric was chosen over water irrigation, because water irrigation of the external ear canal may result in damage to the delicate skin lining of the outer ear, which in turn places it at risk for invasive external otitis due to bacterial invasion.¹⁶ This frequently occurs in those who are immunocompromised, such as persons with HIV. Subjects were placed in a supine position with the head tilted forward at an angle of 30° from the horizontal plane for correct positioning of the horizontal semicircular canals. Air was irrigated for 60 seconds and the time elapsing between stimuli was five minutes. The peak of the slow phase eye velocity (SPV) of caloric nystagmus post-irrigation was used as a parameter of superior vestibular nerve and horizontal canal function. Jongkees' formula¹⁷ was used to calculate unilateral weakness or asymmetry and directional preponderance. A unilateral weakness or asymmetry of $\geq 20\%$,^{11,18} directional preponderance of $\geq 30\%$,¹¹ bilateral weakness and hyperreflexia was considered abnormal. Bilateral weakness or hypoactive responses were regarded as the total warm responses from both sides, less than 11 degrees per second, and the total cool responses from both sides less than 6 degrees per second.¹⁹ Hyperreflexia or hyperactive responses were regarded as total responses from both sides of more than 221 degrees per second.¹⁸

VCR test

The cVEMP procedure was performed using an auditory evoked potential system (Biologic Navigator Pro, Natus Medical Incorporated). Subjects were comfortably seated with the head rotated approximately 45° to the opposite side of the ear being tested ear. A blood pressure manometer with a rolled up inflatable cuff positioned between the subject's hand and jaw was used as feedback method of the contracted sternocleidomastoid (SCM) muscle during the recording of the cVEMP. The subjects pushed with their heads against the rolled up inflatable cuff and were asked to sustain a pressure of 40mmHg. This allowed control of the SCM contractions and ensured comparable muscle contractions between the left and right side.²⁰ Both the subjects and the investigator monitored this sustained pressure. Insert-type earphones (Etymotic-ER-3) with disposable foam tips were used. Every measurement, including absent responses, was repeated twice to test for wave reproducibility and to eliminate potential artifacts. The average of the two recordings was used for analysis. The first peak on the waveforms was marked as P1, while the second was marked as N1 within a period of 30 milliseconds (ms).

The researchers recorded and measured the latencies of P1 and N1 in ms, inter-peak amplitude in microvolt (μV), and amplitude asymmetry in percentage (%). The asymmetry ratio was determined by calculating the interaural amplitude difference according to the following formula where A_L indicated the amplitude for the left ear and A_R the amplitude for the right ear: $[(A_L - A_R) / (A_L + A_R)] \times 100$. Responses were interpreted as follows: (i) the absence of unilateral or bilateral waveforms were considered abnormal (absence of an identifiable P1 and N1); (ii) two standard deviations above the mean of the HIV negative group were used to calculate the upper limits for P1 and N1 latencies (17.0ms and 26.3ms respectively). Latencies above these upper limits were regarded as present yet delayed, and considered abnormal; and (iii) the presence of

an amplitude asymmetry ratio of $\geq 40\%$ was considered abnormal, since it indicated side-to-side differences in amplitude.²¹

Results and analysis

All analyses of data were performed using the statistical software package SPSS for Windows version 21. Means, standard deviations (\pm) and percentages were used to describe the data. One-way analysis of variance (ANOVA) was used to compare the distribution of HIV positive subjects between the three CDC categories. The One-Sample Kolmogorov-Smirnov Test was used to demonstrate normality of data. The Independent Samples t-Test was used to compare mean values between the experimental and control groups. *P* values < 0.05 were accepted as statistically significant. Odds ratios were calculated. The chi-square non-parametric test was used to compare the findings between the two study groups and the three CDC categories.

cVEMP and caloric test abnormalities

Abnormal cVEMP and caloric test results were found in 66% (n=35) of the subjects with HIV, compared to only 15.8% (n=6) of the subjects without HIV, indicating a significantly higher occurrence of pathology in subjects with HIV ($p=.001$; chi-square). Four absent cVEMP recordings were from the four HIV positive subjects with abnormal tympanograms and air-bone gaps. This association between vestibular signs and HIV was further confirmed by the odds ratio. An odds ratio of 10.2 was obtained, showing a 10.2 times higher risk for showing abnormal cVEMP and caloric responses in persons who are HIV positive.

Table II shows the distribution of abnormal cVEMP and caloric test results in the HIV positive and HIV negative groups. Abnormal cVEMP results were found in 43.4% (n=23) and abnormal caloric results in 35.8% (n=19) of subjects with HIV. Abnormal cVEMP results due to middle ear pathology were found in 7.5% (n=4) subjects with HIV. The cVEMP results were abnormal in 10.5% (n=4) and the caloric results were abnormal in 10.5% (n=4) of the subjects without HIV.

TABLE II
DISTRIBUTION OF ABNORMAL cVEMP AND CALORIC RESULTS IN THE TWO STUDY GROUPS

	HIV positive group	HIV negative group	p value
	n (%)	n (%)	
Abnormal cVEMP	12 (22.6)	2 (5.3)	
Abnormal caloric	8 (15.1)	2 (5.3)	
Abnormal cVEMP with abnormal caloric	11 (20.8)	2 (5.3)	
Abnormal cVEMP due to MEP	4 (7.5)	0	
Total abnormalities	35 (66)	6 (15.8)	.001

MEP = middle ear pathology, as demonstrated by abnormal middle ear compliance and pressure, and air-bone gaps

Table III indicates the occurrence of abnormal cVEMP results according to absent waveforms, delayed P1 and/or N1 latencies and amplitude asymmetry $\geq 40\%$. In the HIV positive group,

TABLE III
DESCRIPTION OF ABNORMAL CVEMP AND CALORIC TEST FINDINGS IN THE HIV POSITIVE AND HIV NEGATIVE SUBJECTS

Abnormal parameters	HIV positive group	HIV negative group
	n (%)	n (%)
cVEMP		
Absent* unilateral	3 (5.7)	1 (2.6)
Absent bilateral	5 (9.4)	1 (2.6)
Delayed unilateral	1 (1.9)	-
Delayed bilateral	5 (9.4)	-
Absent* unilateral with delayed unilateral	3 (5.7)	-
Asymmetry ratio $\geq 40\%$	10 (18.9)	3 (7.9)
Caloric		
Unilateral weakness	15 (28.3)	3 (7.9)
Bilateral weakness	1 (1.9)	1 (2.6)
Hyperreflexia	2 (3.8)	-
Directional preponderance	3 (5.7)	-

* data of the four subjects with middle ear pathology excluded here

20.8% (n=11) of subjects showed absent cVEMP recordings, not including the four subjects with middle ear pathology. Of the six subjects with a unilaterally absent cVEMP, five had an absent cVEMP on the left side, and one had an absent cVEMP on the right side. Only one subject in the HIV negative group showed absent cVEMPs bilaterally. There was a significantly higher occurrence of absent cVEMPs among the subjects with HIV than for subjects without HIV (p=.003; chi-square). Table III further indicates that in the HIV positive group 17% (n=9) of

subjects presented with delayed latencies. Four subjects showed delayed latencies unilaterally and five bilaterally.

There was no significant difference observed regarding mean latencies of P1 and N1 to the left or right side in either of the study groups ($p > 0.05$; t-test). Table IV indicates the distribution of mean P1 and N1 latencies, as well as inter-peak amplitude differences in both the HIV positive and negative groups as recorded from the cVEMP test. P1 latencies were significantly delayed statistically (but not clinically), in the HIV positive group. N1 latencies showed no difference between the two groups.

TABLE IV
MEAN LATENCY AND INTER-PEAK AMPLITUDE RESULTS IN THE HIV POSITIVE AND HIV NEGATIVE GROUPS FROM CVEMP RECORDINGS

	n	P1 latency (ms)	N1 latency (ms)	I-P amplitude (μ V)
HIV positive group	84	15.2 \pm 2.2	21.7 \pm 2.4	201.2 \pm 51.1
HIV negative group	73	13.9 \pm 1.6	21.7 \pm 4.1	172.7 \pm 63.4
p value* (t-test)		.001	.89	.003

N = number of ears (data not used for ears with absent cVEMP); \pm = standard deviation; I-P = inter-peak.

cVEMP and caloric test results throughout disease progression

Figure 1 illustrates the cVEMP and caloric test results throughout the progression of the disease. The HIV positive subjects were divided into the three CDC (1993) categories based upon their CD4+ cell counts at the time of participation. Normal cVEMP and caloric test results were recorded in 34% of subjects with HIV. The occurrence of abnormal test results increased from 13.3% in category 1, to 22.6% in category 2 and 30.1% in category 3 of disease progression (Figure 1).

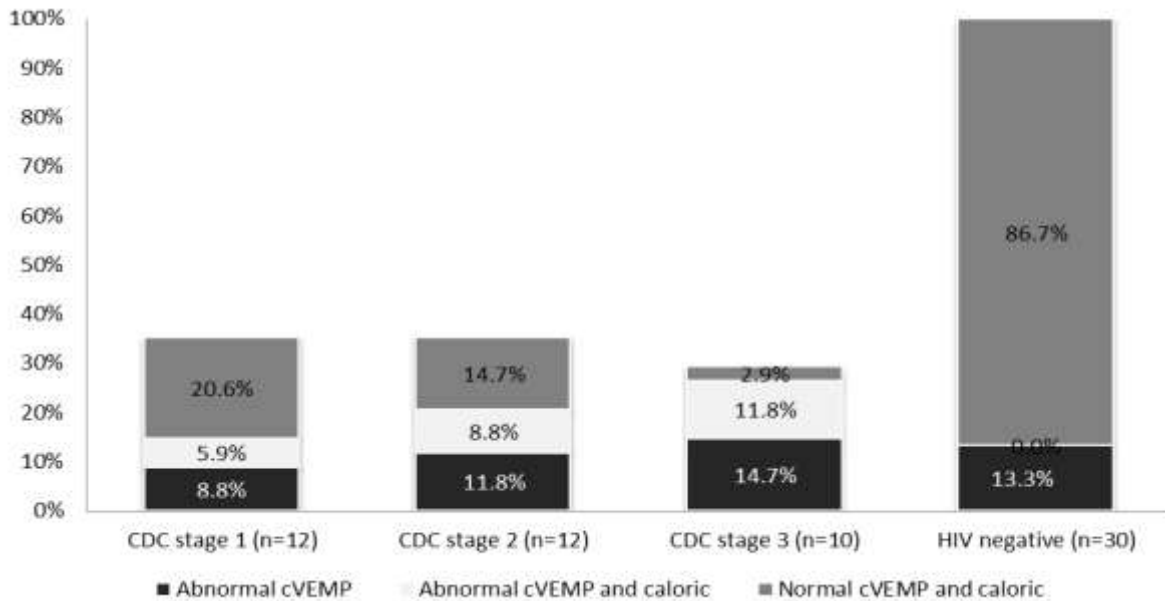


FIG. 1 cVEMP and caloric test results throughout disease progression

cVEMP and caloric test results of the HIV positive subjects receiving ARV therapies compared to those who were not receiving ARV therapies

Table V shows the distribution of abnormal cVEMP and caloric results of the HIV positive subjects receiving ARV therapies compared to those who were not receiving ARV therapies. Of the 42 ARV therapy users, 66.7% (n=28) showed abnormal cVEMP and caloric test results. Of the 11 non-ARV therapy users, 63.6% (n=7) showed abnormal cVEMP and caloric test results. Although the occurrence of abnormal test results were higher among the ARV therapy users, these difference were not statistically significant ($p=.91$; chi-square)

TABLE V
DISTRIBUTION OF ABNORMAL CVEMP AND CALORIC RESULTS OF THE HIV POSITIVE SUBJECTS RECEIVING ARV THERAPIES COMPARED TO THOSE WHO WERE NOT RECEIVING ARV THERAPIES

	ARV users (n=42)	Non-ARV users (n=11)	p value
	n (%)	n (%)	
Abnormal cVEMP	13 (30.9)	3 (27.3)	
Abnormal caloric	4 (9.5)	4 (36.4)	
Abnormal cVEMP with abnormal caloric	11 (26.2)	0 (0)	
Total abnormalities	28 (66.7)	7 (63.6)	.91

ARV = antiretroviral therapy

Discussion

This study demonstrated that subjects with HIV presented with significantly more abnormal cVEMP and caloric test findings compared to those without HIV. Two-thirds of the subjects with HIV (66%) presented with at least one abnormality on the cVEMP and caloric test parameters, compared to only 15.8% of subjects without HIV. The calculated odds ratio suggested that subjects with HIV had a 10.2 higher risk of presenting abnormal cVEMP and caloric test results than subjects without HIV.

Regarding the recording of reliable cVEMP responses, the use of a correction algorithm remains the favored method, as well as monitoring the electromyographic (EMG) activity of the SCM.²⁰ The current study did not have access to these algorithms or EMG systems and, subsequently, this is a limitation of the study. However, results of a recent study concluded that the use of the blood pressure manometer may be a useful alternative in recording reliable cVEMP responses.²⁰

The caloric findings in the current study could be compared with those of four previous research reports that employed a group study design of adult subjects with HIV.²²⁻²⁵ The abnormal caloric test findings demonstrated the presence of abnormal functioning of the VOR pathway. Three of the four studies indicate similar abnormal caloric test findings in subjects with HIV compared to the current study (26.5%; n=9). The two most recent studies^{22,23} found abnormal caloric test results in 43.3% and 50% respectively in their sample of subjects with HIV. Their samples of subjects were all symptomatic, since they suffered from chronic dizziness. An earlier study found slightly less abnormal caloric test results compared to the current study, namely 11.6% in their sample of subjects with HIV.²⁵ In contrast, only one study reported no abnormalities in caloric test findings in their sample of subjects with HIV.²⁴ No noticeable differences were found between the caloric test protocols employed in these reports, but the subjects in the study by Castello and colleagues²⁴ were all asymptomatic without any vestibular symptoms such as

vertigo, dizziness or disequilibrium, which could explain the absence of abnormal caloric responses. It is interesting to note that 66.4% (n=29) of HIV positive subjects in the study by Hausler and colleagues²⁵ were asymptomatic, yet the authors reported abnormal caloric test findings even among those subjects. However, these authors did not indicate whether their subjects used ARV therapies or any medication for secondary infections that could contribute to the abnormal caloric test findings.

To date, no other research reports have utilized cVEMP in subjects with HIV to describe the functioning of the VCR pathways. The current study demonstrated a significantly higher number of abnormal cVEMP results in subjects with HIV than in subjects without HIV. The mean P1 latencies were statistically significantly delayed in the HIV positive group; however, the differences were minimal. Such small differences would not be considered clinically significant and the mean P1 latency for the HIV positive group was well within normal clinical expectations for tone evoked cVEMP responses. The results of the abnormal cVEMP tests suggest a high occurrence of abnormal functioning of the VCR pathways in subjects with HIV. The results of the abnormal caloric test also suggest a higher occurrence of abnormal functioning of the VOR pathways in subjects with HIV opposed to those without the disease. The caloric test only assesses the lower frequency responses, namely at 0.003Hz;²⁶ the mid and higher frequencies are therefore not assessed, meaning that the VOR as assessed with the caloric test may be even higher.

Possible mechanisms for the increased VCR and VOR abnormalities may include opportunistic infections, ototoxic treatments and direct effects of HIV.¹³ Opportunistic infections may partly affect the functioning and integrity of both branches of the vestibular nerve (and the structures that they innervate). Young²⁷ reported five patients with the herpes zoster virus, a common HIV-related opportunistic infection, suffering from vertigo. Unfortunately, the author did not indicate in the report whether these subjects were HIV positive. Nonetheless, all five subjects (100%)

had absent cVEMPs. In addition, four subjects (80%) had absent caloric responses. In another study, 10 subjects with Ramsay Hunt syndrome, also a common HIV related opportunistic infection, underwent cVEMP and caloric testing.²⁸ Once again, the authors did not indicate the subjects' HIV status. Similar to Young,²⁷ the study revealed abnormal cVEMP results in seven subjects (70%) and abnormal caloric results in all 10 subjects (100%). Another study²⁹ demonstrated abnormal cVEMP (23.1%) and caloric (30.8%) test results in subjects infected with cytomegalovirus (HIV status of subjects were not indicated), also a common HIV related opportunistic infection that has been reported to cause sensorineural hearing loss and peripheral and central neurologic manifestations in subjects infected with HIV.^{30,31} These findings suggest that opportunistic infections like herpes zoster virus and Ramsay Hunt syndrome may result in involvement of both the VCR and VOR pathways.

The use of ARV therapies could also contribute to the higher occurrence of abnormal cVEMP and caloric test findings in subjects with HIV. Those exposed to ARV therapies presented with slightly more abnormalities (66.7%) in cVEMP and caloric testing than those without ARV therapies (63.7%); these differences, however, were not statistically significant. Recent studies found similar results with ABR testing and demonstrated a higher occurrence of abnormal ABR findings in a group of subjects receiving ARV therapies (62.5%) compared to those not receiving ARV therapies (50%), although the difference was not statistically significant.³² Such findings suggest that the auditory and vestibular nerves, as well as the structures that they innervate, are at risk due to possible ototoxic effects of some ARV therapies. ARV regimes may consist of three or more classes of drugs, and one or more of these are nucleoside/nucleotide analog reverse transcriptase inhibitors (NRTIs).³³ One adverse effect of NRTIs is mitochondrial toxicity, which is responsible for, among other, myopathy and neuropathy.³⁴ Neuropathy is a dysfunction of the nervous system, and may therefore include the vestibular branches of the eighth cranial nerve. Additionally, there are case reports of ototoxic sensorineural hearing loss associated with the use of NRTIs which may have been induced by reduction in the

mitochondrial DNA content, although ageing and the virus itself could have contributed to mitochondrial DNA mutations.³⁵ Therefore, if these drugs may cause sensorineural hearing loss and affect the auditory brainstem pathways, it is also likely that they affect the vestibular nerves and/or end organs in subjects who received ARV therapies. A recent study compared the vestibular function of HIV positive subjects that used highly active antiretroviral therapy with age and gender-matched HIV negative subjects.³⁶ They performed vestibular screening tests which consisted of head thrust tests, Dix-Hallpike maneuvers and Romberg balance tests and found no significant difference between the two groups. The subjects were excluded if they had vestibular complaints, which could suggest that they were centrally compensated. Therefore, the vestibular screening tests that were employed may have been underpowered for the detection of subclinical vestibular involvement in subjects who were centrally compensated.

The occurrence of abnormal cVEMP and caloric test findings increased throughout progression of the disease—from 13.3% in early stages (CDC category 1) to 30.1% in advanced stages (CDC category 3). Three previous studies, that also used a cross-sectional research design, demonstrated an increase in vestibular involvement from early to advanced stages of the disease.^{22,23,25} A detailed summary of their findings has been reviewed elsewhere.¹³ There is a higher occurrence of abnormal cVEMP and caloric test findings in the advanced stages of HIV, due to the reduction in CD4+ cell counts that places the infected individual at-risk for various opportunistic infections. This necessitates the use of ARV therapies to strengthen immunity in order to combat opportunistic infections; however, the vestibular nerves and structures of the vestibular end-organs may be susceptible to ototoxicity and also to the infections themselves, resulting in abnormal cVEMP and caloric test results.

The eighth cranial nerve and brainstem pathways may undergo neuropathologic changes such as subcortical demyelination because of the HIV infection itself.^{37,38} This may explain the abnormalities in ABR measured in HIV positive individuals with and without clinical features of

the disease, irrespective of normal hearing thresholds.³⁷ Since the ABR may detect subclinical pathologic changes in the peripheral auditory nervous system, cVEMP and caloric testing may detect pathologic changes in the VOR and VCR pathways respectively in adults infected with HIV. Posturography may also be useful in detecting pathologic changes in the VSR pathways,³⁹ however this test procedure was unavailable to the researchers.

Conclusion

There was a significantly higher occurrence of abnormal cVEMP responses and caloric test results in the adults with HIV than in those without HIV. The abnormalities shown by the cVEMP and caloric tests were probably due to pathology of the VCR and VOR pathways respectively. A combination of cVEMP and caloric tests in the vestibular test battery for adults infected with HIV may offer a tool for detecting early neurologic involvement, irrespective of disease progression and clinical manifestations.

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Summary

- The vestibulocollic reflex (VCR) stabilizes the head during active movements
- Testing of the vestibulo-ocular reflex (VOR) is the basis of many commonly used vestibular tests
- There is a significant high occurrence of abnormal vestibular function in adults infected with HIV, but previous reports concentrated mainly on VOR tests
- It is currently unknown if HIV affects the VCR pathways
- Cervical/colic vestibular evoked myogenic potentials (cVEMPs) allow direct testing of VCR pathways
- Abnormal cVEMP recordings showed a high occurrence of abnormalities of the VCR pathways in adults living with the human immunodeficiency virus (HIV)