

Chapter 6

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APPENDIX A

HOUSEHOLD CONSENT FORM

Appendix A 224



WATER STORAGE IN RURAL HOUSEHOLDS: INTERVENTION STRATEGIES TO PREVENT WATERBORNE DISEASES

HOUSEHOLD NUMBER:
NAME:
VILLAGE:
This study will investigate the quality of stored drinking water from various containers
in 60 randomely chosen households in the village. Every household will be given a
sodium hypochlorite solution (household bleach) which will either be 3.5% , 1.0% or 0%
in order to determine the effectiveness of a chlorine based intervention. The other
intervention that will be running together with the sodium hypochlorite solution
intervention will be the addition of the CDC safe storage container to 30 of the
households. This part of the study will determine the effectiveness of the storage
container in improving the microbiological quality of the stored drinking water. The
household members agree to participate in this study and will at the end of the study
each receive 2 CDC safe storage containers for their participation. A group meeting
will also be held at the end of the study to inform all the households taking part in the
study, the chief of the village, the clinic staff and other relevant stakeholders like the
Department of Water Affairs and the Department of Health, of the outcome of the
interventions and to find a common goal to improve water quality in rural households.
Each household is free to withdraw from the study at any time. Any personal
information on the households and the household members will also be kept
anonymous. The results of the study will strictly be used for scientific purposes only.
I agree to be part of the study.

Appendix A 225

Witness:....

Sign:



MADI O VHEWAHOMIDINI: DZI TSHANDUKO DZI NO THUSA U THIVHELA U PHADALALA HA MALWADZE A NO PHADALADZWA NGA MADI O TSHIKAFHADZEAHO

MUDI:....

DZINA:			
KUSI:			
Dzingudo dzi khou ita thoduluso kha madi a unwa a ne a vha a zwigubuni mahayani Ri do nanga midi ya 60 nga mamvate. Mudi munwe na munwe u do wana sodium hypochloride (bleach) (ine yavha 3.5%, 1.0% kana 0%zwi vha zwo sedzana na u sedza kushumele kwayo kha u kunakasi madi). Dzinwe ngudo dzine ra khou ita ndi dza zwigubu zwa CDC zwine ra khou fha madi a 30. Heyi ivha I tshi khou sedza vhudi ha zwigubu zwa CDC ri tshi zwi vhambedza na zwe vha vha vha tshi khou zwi shumisa u vhea khazwo madi. Na zwauri vhudi ha madi a hone (u vha na zwitshili) vhu a fana naa.			
Midi yo tenda u dzhenelela kha idzi ngudo ido fhiwa zwigubu zwvhili zwa CDC magumoni a iyi ngudo. Hudo farwa mutangano magumoni a ngudo u ita muvhigo kha vhathu vho dzhenelelaho kha idzi ngudu, Vha-Musanda, manese, vha muhasho wa mutakalo na vhulonda vhathu. Uri vhathu vha hadzimane mihumbulo kha u kunakisa madi a unwa. Munwe na munwe o tendelwa udi bvisa kha dzingudo tshifhinga tshinwe na tshinwe.			
Nne:, ndi khou tenda uvha tshipida tsha idzingudo.			
Tsiano: Thanzi: Thanzi:			

Appendix A 226



APPENDIX B

PAMPHLETS DISTRIBUTED BY THE DEPARTMENT OF HEALTH AND THE DEPARTMENT OF WATER AFFAIRS ON THE USE OF JIK IN SOUTH AFRICA

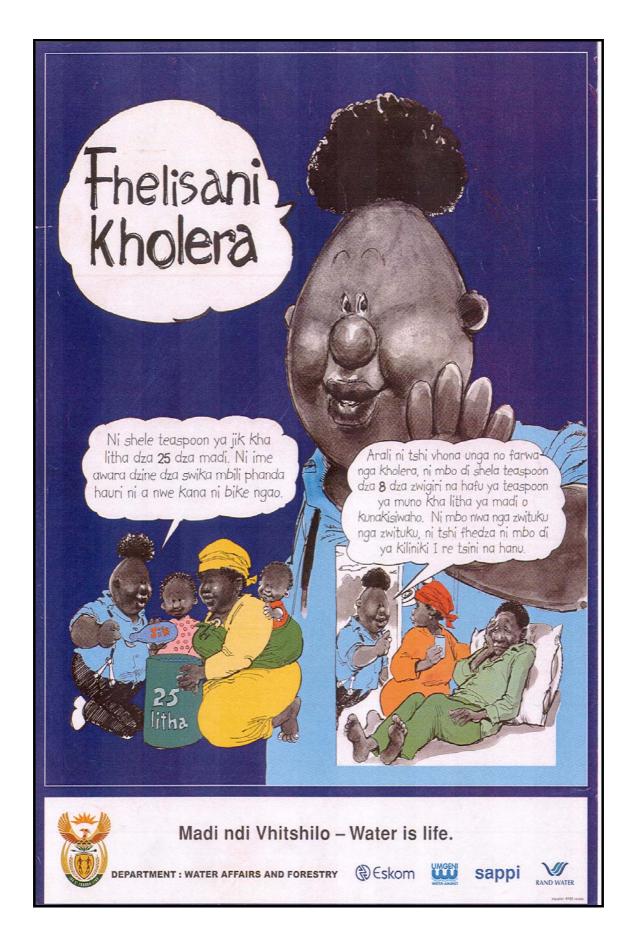


















HELPING SOMEONE WHO IS SICK WITH CHOLERA:

- · A person can die quickly from loss of body water and salt.
- · Quickly give them lots more to drink.
- · Make the special drink with sugar and salt (below).
- OR you can use a watery rice or mealie porridge. Mix ^{1/2} cup rice or mealie meal with 1 litre water and boil for 6 - 7 minutes.
- Children and adults should drink as much as they want but at least one to two cups after each watery stool.
- Continue to feed babies with breast milk and porridge or rice. Also give half a cup of the special drink, slowly by spoon, after each watery stool.

TAKE PEOPLE SICK WITH DIARRHOEA TO YOUR CLINIC OR DOCTOR.

If a person loses lots of water and feels or looks weak, take her to the clinic or doctor immediately. Give more of the special drink or water on the way. This will help to keep the person alive.



Stop

CHOLERA

Northern
Province
Department
of Health
and Welfare

Sudden watery diarrhoea



WHAT IS CHOLERA?

Cholera germs in the stomach cause diarrhoea. This can lead to rapid loss of body fluids.

HOW DO WE KNOW SOMEONE HAS THE DISEASE?

- The first sign is watery diarrhoea, sometimes with vomiting.
- The person loses a lot of water very quickly.
- They feel weak and can have cramps in the arms and legs.
- The skin can become cold and wrinkled.
- · The person may collapse and die.

WHERE DO THE GERMS COME FROM?

- Cholera germs live in the intestines of some people.
- · Sometimes the germs make

people sick and sometimes not.

 Those that do not get sick can carry the germs for a few weeks before the body's natural defences gets rid of them.

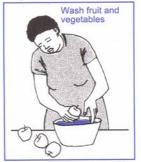
HOW DO THE GERMS SPREAD FROM ONE PERSON TO ANOTHER?

- When infected people empty their bowels, the germs come out in the stool (faeces).
- Some stool gets onto a person's hands or into drinking water or food.
- Water or food can look OK but contain the germs. Cholera germs spread to other people who consume this dirty water or food.
- Once inside the body, it can make that person sick.



HOW CAN WE STOP CHOLERA?

 Make sure that germs do not spread from one person to another.



- Wash your hands each time after you have been to the toilet.
- Wash your hands before eating or working with food.
- Wash fruit and vegetables before eating.
- Build and use a toilet.
- · The toilet should be kept clean.
- It should be far from a borehole or stream used for drinking.
- Do not use water unless you know it is clean.



WHAT WATER IS CLEAN AND SAFE?

Tap or borehole water is usually safe. Water from rivers or dams is NOT safe.

To make water safe to drink: Boil the water, OR Add bleach (Jik or Javel) to the water as shown below. Use clear water or filter it through a cloth first. DANGER: Do not drink pure bleach!

If you need a lot of water, add 1 teaspoon or capful of bleach to 25 litres and wait for at least 2 hours or overnight.



If a little water is needed, add 5 drops of bleach to one litre and leave for half an hour before using it.





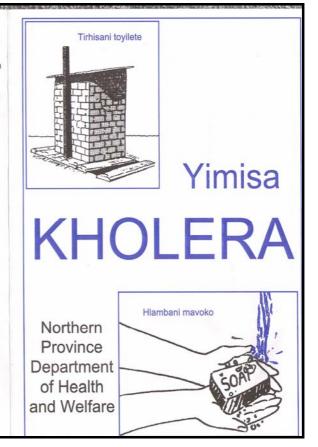
KU PFUNA MUNHU LOYI A NGA KHOMIWA HI VUVABWI BYA KHOLERA:

- Munhu a nga fa hi ku hatlisa hi ku heleriwa hi mati ni munyu e mirini wa
- . Nyika munhu ya loye swo nwa swo hlawuleka le swi nga cheriwa tshukela ni munyu (xikombiso).
- KUMBE u tirhisa rhayisi ya mati kumbe mukapu wa mapa. Hlanganisa hafu ya khapu ya rhayisa kumbe mapa na litara yinwe ya mati, uswi virisa ku ringana 6-7 wa timinete.
- Vana na lavakulu va nga nwa hi ku rhandza xinwo lexi, kambe va fan ku nwa tikhapu timbiri endzaku ka ku chuluka. Mi nga yimi ku mamisa vana, yanani mahlweni no nyika vana mukhapu
- kumbe rhayisi leyo vevuka. Tihelani mi va nyika hafu ya khapu ya xinwo lexo hlawuleka hi lepula endzaku ka nchuluko unwana na unwana.

VANHU LAVA CHULUKAKA VA FANELE KU YISIWA E KLINIKI KUMBE EKA DOKODELA

Munhu loyi a titwaka a hela matimba hikokwalaho ka ku lahlekeriwa hi mati yo tala emirini u fanele a yisiwa ekliniki kumbe eka dokodela hi ku hatlisa. Munhu loyi u fanele ku nyikiwa mati ku hlayisa vutomi bya yena.





Nchuluko wa mati wa xihatla



XANA KHOLERA I YINI?

Xitsongwatsongwani xa Kholera e khwirini xi vanga ku chuluka ku fika laha munhu a heleriwaka hi mati e

XANA HI NGA SWI TIVA NJHANI LESWAKU MUNHU U NA KHOLERA?

- Xikombiso xo sungula i ku chuluka swo-vevuka kumbe (mati); kumbe ku hlanta.
- Munhu yaloye u lahlekeriwa hi mati yo tala hi ku hatlisa.
- Va hela matimba va tlhela va khomiwa hi tikirempe e mavokweni ni le milengeni
- Nhlonge yi nga fika la ha yi titimelaka yi tlhela yi khonyana.
- · Munhu a nga titivala kumbe a fa.

XITSONGWATSONGWANA LEXI XI HUMA KWIHI?

- Xitsongwatsongwana xa Kholera xi tshama e marhumbwini ya vanhu vanwana.
- Nkarhi wunwana kholera vi endla kuri vanhu va vabya, kumbe vanga vabyi.
- Vanhu lava va nga vabyiki va nga tshama na xitsongwatsongwana lexi nkarhinyana ku fikela loko miri wu lwa na xitsongwatsongwana

XANA XITSONGWATSONGWANI LEXI XI TLULELA NJHANI?

- Xitsongwatsongwani xi kumeka eka mahuma ya vanhu lava va nga na xona.
- Xi nga nghena hi le mavokweni kumbe e matini yo nwa kumbe e swakudyeni.
- Mati kumbe swakudya swi nga tikomba swi ri le swinene. Xitsongwatsongwana lexi xi tlulela hi ku nwa mati yo thyaka kumbe swakudya swo thyaka.
- Loko xi nghenile e mirini xi nga endla leswaku munhu a vabya





XANA KHOLERA HI NGA

YIMISA KU YINI? Langutisisa leswaku xitsongwatsongwana lexi a xi tluleli vanwana:

- Hlamba mavoko e ndzaku ka loko
- u huma e xiyindlwanini. Hlamba mavoko u nga si dya kumbe ku khoma khoma swakudya.
- Hlantswa mihandzu ni miroho u nga si dya.
- Akani xiyindlwana xo hambukela ka xona mitlhelamixitirhisa.
- Xivindlwana xi fanele ku tshama



- Xivindlwana xi fanele ku va kule ni laha ku nga ni minkhele ya mati vo nwiwa.
- U nga tirhisi mati loko u nga ri na ntiyiso wa leswaku mati ya basile.

XANA MATI YO TENGA HI

WANI? Mati ya le phayiphini ni mati ya le borho ya sirhelekile. Mati ya le milambwini A YA SIRHELEKANGA. Ku sirhelela mati yo nwa: Virisa mati, KUMBE U chela Jik kumbe Javela e ka mati

tani hi laha swi nga

xilepulana

er

xinwe xa Jik

kombisiwa laha hansi. Tirhisa mati yo basa kumbe u hluta mati hi lapi ro basa loko u nga si ya tirhisa.

NGHOZI: u nga nwi Jik yi ri yoxe!

Loko u lava mati yo tala, chela xilepulana

xinwe kumbe xipfalo xinwe xa Jik e ka mati yo ringana 25 litres, nkarhi wo ringana ti awara ti mbirhi kumbe vusiku byinwe.

Loko ku laveka mati mantsanana, engeta mathonsi ya ntlhanu ya Jik e ka litre yinwe ya mati, yima nkarhi wo ringana xiphemu xa awara.





APPENDIX C

QUESTIONNAIRRE



THE IMPACT OF WATERBORNE DISEASES IN RURAL COMMUNITIES OF THE VHEMBE REGION IN THE LIMPOPO PROVINCE

I am aware that the information obtained through this questionnaire will be treated as

PARTICIPANT IN THIS STUDY:



2.	Hov	w many people live in your household?	
	2.1.	adult females	
	2.2.	adult males	
	2.3.	female children <5	
	2.4.	female children 6 - 10	
	2.5.	female children 11 - 18	
	2.6.	male children < 5	
	2.7.	male children 6 - 10	
	2.8. 1	male children 11 - 18	
3.	Wh	at is the highest educational standard of the female adult head of th	e family?
	3.1.	degree	
	3.2.	diploma	
	3.3.	std. 8 - 10	
	3.4.	std 4 - 7	
	3.5.	std 1 - 3	
	3.6.	grade 1 - 2	
	3.7.	not educated	
4.	Hoy	w many rooms does your house have?	



B. WATER SOURCE

5.	Does the village have a water committee?	yes	no
6.	What is your main source of domestic water in your village?		_
	6.1. rain		
	6.2. dam		
	6.3. river		
	6.4. private borehole		-
	6.5. outdoor tap at home		-
	6.6. indoor tap		-
	6.7. communal tap for < 100 people		-
	6.8. communal tap for > 100 people		-
	6.9. communal borehole (windmill)		-
	6.10. other (please specify)		-
		L	J
7.	Is water readily available from the source?	yes	no
		L	<u> </u>
8.	If your answer to the above question is NO, state alternative source		
	8.1. buy water		
	8.2. private source		-
8	3.3. pond		-
	8.4. river/ stream		-
			J
9.	Do you pay for water?	yes	no



10. H	ow much do you pay for water per month?	
10.1	. R5.00	
10.2	. R10.00	
10.3	. R20-00 or more	
11. If	the water source is a private communal, how many households use	the source?
11.1	. 1 - 10	
11.2	. 11 - 20	
11.3	. 20 - 50	
12. H	ow far is the water source from your house (in meters)?	
12.1	. 0 (at home)	
12.2	. 50 - 100	
12.3	. 100 - 500	
12.4	. 500 - 1000	
12.5	. > 1000	
13. V	That time is the water source the busiest?	
13.1	. morning	
13.2	. afternoon	
13.3	. no busy time	
	ATER COLLECTION AND STORAGE	
	hat type of container do you use to fetch or store water?	
	. plastic	
	. unpainted metal	
	. painted metal	
14.4	. fibreglass	



14.5.	stainless steel	
14.6.	other (please specify)	
15. Ho	w big is the container (litres) you use to collect the water with?	
15.1.	5 - 10 litre	
15.2.	10 - 25 litre	
15.3.	25 - 50 litre	
16. Ind	icate the shape of the container	
16.1.	drum	
16.2.	bucket	
16.3.	bottle	
16.4.	other (please specify)	
17. Ho	w do you remove the water from the water source?	
17.1.	dipping into it with a container (cup/jar)	
17.2.	hand pump	
17.3.	tap	
17.4.	diesel pump	
17.5.	electric pump	
17.6.	use piece of hosepipe	
17.7.	other (please specify)	



18. How do you take the water home? (Transportation)				
18.1. hand carried container				
18.2. vehicle				
18.3. rolling the container				
18.4. wheelbarrow				
18.5. use donkey cart				
19. How many times do you fetch water each day?				
19.1. once				
19.2. twice				
19.3. thrice				
20. Who fetches water?				
20.1. adults				
20.2. children				
20.3. both				
21. Do you store water at home?	yes no			
22. What is the size of your storage tank?				
22.1. 20 - 50 litres				
22.2. 50 - 100 litres				
22.3. 100 - 200 litres				
22.4. 200 litres and more				



23. WI	23. What type of storage container do you use?				
23.1.	plastic				
23.2.	unpainted metal				
23.3.	painted metal				
23.4.	fibre glass				
23.5.	stainless steel				
23.6.	glass				
24. Is	the storage container kept?				
24.1.	open				
24.2.	closed				
24.3.	outdoors				
24.4.	indoors				
25. Ho	w is the water obtained from the storage container?				
25.1.	tap				
25.2.	mug				
25.3.	other (please specify)				
26. Ho	w often is the storage container emptied or nearly emptied?				
26.1.	daily				
26.2.	weekly				
26.3.	monthly				
26.4.	rarely or not at all				



27. How often is the storage container cleaned?	
27.1. daily	
27.2. weekly	
27.3. monthly	
27.4. rarely or not at all	
28. What do you use to clean the storage container?	
28.1. water only	
28.2. soap and water	
28.3. bleach	
28.4. sand and water	
29. Do you treat water used for drinking by	
29.1. boiling	
29.2. straining	
29.3. adding chemicals e.g. chlorine tablets	
29.4. other (please specify)	
D. WATER QUALITY OF STORED WATER	
30. Is the water clear	yes no
31. Does the water have a smell?	yes no
32. Does the water have any taste?	yes no



33. Does your household use water for each of the following?		
33.1. drinking		
33.2. cooking		
33.3. bathing		
33.4. laundry		
33.5. watering the garden		
33.6. watering animals		
33.7. home industry/business		
E. ATTITUDES/KNOWLEDGE TOWARDS WATERBORNE DIS	EASES	
34. Do you know any diseases caused by contaminated water?	yes	no
35. Which of the following waterborne diseases have you suffered from?	?	
35.1. Cholera		
35.2. Dysentery		
35.3. Typhoid fever		
35.4. Diarrhoea		
36. Have any of your children had diarrhoea (loose tummy) at any time		
in the past six months? (loose tummy = more than 3 stools/day for at		
least 2 days).	yes	no
List their ages:		
37. What do you think caused the diarrhoea?		



38. For the most severe cases of stomach problems, which symptoms applied in your case?					
38.1.	Stomach ache				
38.2.	Passing blood				
38.3.	Vomiting				
38.4.	Fever				
38.5.	More than 4 looses stools in 24 hours				
38.6.	Other (please specify)				
39. Dio	l you report your health problems to the clinic nurse?	yes	no		
40. We	ere you given medication for your health problems?	yes	no		
41. For	41. For how many days did this bout of diarrhoea last?				
41.1.	1 - 3 days				
41.2.	4 - 6 days				
41.3.	More than 7 days				
42. Ho	w do you think diarrhoea may be prevented?				
43. Ha	ve your family suffered from stomach ache in the last six months?				
		yes	no		



F. SANITATION

44.	Wh	at type of toilet does the household have?		
44	.1.	In-house flush		
44	.2.	Outdoor flush		
44	.3.	Bucket system		
44	.4.	Pit latrine		
44	.5.	Other (please specify)		
45.	Но	w many people use your toilet?		
45	5.1.	1 - 5		
45	5.2.	6 - 10		
45	5.3.	More than 10		
				ı
46.	If y	our household does not have a toilet, where does your family norr	nally defec	cate?
46	5.1.	Neighbours		
46	5.2.	Hole dug in the yard		
46	5.3.	Other (please specify)		
				l
47.	A	Are there times when the toilet is unavailable and househol	d membei	rs relieve
them	selv	ves in the vicinity of the house?	-	-
			yes	no
48. Did your household have any problems with the toilet in the last four weeks which made				
it neo	cess	ary to use other toilet facilities?		
			yes	no



49. How is water including waste from flush toilets disposed of	•
49.1. Pipeline to sewage works	
49.2. Septic tank	
49.3. Poured into yard in the vicinity of house	
49.4. Poured outside yard	
49.5. Other (please specify)	
50. How do you dispose of your domestic rubbish?	
50.1. Rubbish is collected	
50.2. Dump in the yard	
50.3. Bury in the yard	
50.4. Dump outside the yard	
50.5. Bury outside the yard	
50.6. Burn	
50.7. Other (please specify)	
51. For how long do you store solid waste in the house before ta	king it outside?
51.1. Daily	
51.2. Weekly	
51.3. Monthly	
51.4. Rarely or not at all	
52. How often is solid waste removed from the outside of your h	nouse?
52.1. Daily	
52.2. Weekly	
52.3. Monthly	
53. Is there a problem in your area of people dumping solid was	te? yes no



54. Do	you keep the following animals at home?		
54.1.	Cat		
54.2.	Dog		
54.3.	Poultry		
54.4.	Pigs		-
54.5.	Goats		-
54.6.	Cattle		-
54.7.	Other (please specify)		
55. Wł	nat do you use to clean your baby's anus/buttocks?		
55.1.	Water and hand wash		
55.2.	Cotton wool		
55.3.	Toilet paper		
55.4.	Washing rag		-
55.5.	Newspaper		-
			J
56. Lis	t occasions when you usually wash your hands each day		
56.1.	Before eating food]
56.2.	Before preparing food		-
56.3.	After toilet use		-
56.4.	After waking up in the morning		-
56.5.	After cleaning baby's buttocks		-
			J
57. Do	you have soap in your household?	ves	No



58. Wł	nere do you keep soap for washing your hands after using the toile	t?
58.1.	In the toilet	
58.2.	In the yard	
58.3.	In the bathroom	
58.4.	In the kitchen	
58.5.	In the bedroom	
G. EC	ONOMIC IMPACT	
59. Ho	w often have children in your household been ill with diarrhoea th	e past 6 month
A.	How often did you take these children for medical care?	
B.	How far are medical services from your home?	
C.	How do you get to the medical services?	
D.	How much does it cost you to get to the medical services	
E.	How much does the medical treatment cost you each time?	
F.	How many days did you have to stay away from work to take	
	children for medical care?	
60. Ho	w often have adults in your household been ill with diarrhoea the	
pas	et 6 months?	
A.	How often did you take these ill adults have to go for medical care?	
B.	How much does the medical treatment cost you each time?	
C.	How many days did ill adults stay away from work because of this illness?	
61. Wł	nat is the total monthly income of your household?	



H. OBSERVATION

62. How are the water containers covered?			
62.1.	No cover		
62.2.	Tightly		
62.3.	Loose		
62.4.	No containers		
63. Wh	at is the hygienic condition of the yard?		
63.1.	Clean		
63.2.	Dirty		
63.3.	Very dirty		
64. Fly	count in yard		
64.1.	Numerous		
64.2.	Many		
64.3.	Few		
64.4.	None		
65. Wh	at is the hygienic status of the kitchen?		
65.1.	Clean		
65.2.	Dirty		
65.3.	Very dirty		
66. Fly	count in kitchen		
66.1.	Numerous		
66.2.	Many		
66.3.	Few		
66.4.	None		



67. WI	nat is the general condition of the latrine?		
67.1.	Faecal matter in the toilet		
67.2.	Toilet paper available		
67.3.	Toilet is ventilated		
67.4.	Smell of urine		
67.5.	Presence of flies		
68. Is	there a place for washing hands next to the toilet?	yes	no
69. Cl	eanliness of children?		
69.1.	Hands		
69.2.	Face		
69.3.	Clothes		
70. Ga	rbage container in house?		
70.1.	None		
70.2.	Closed		
70.3.	Open		
71. Ar	e there a lot of flies in your kitchen during the day?		
71.1.	No		
71.2.	Usually/ almost always		
71.3.	Occasionally		
72. Do	es your toilet attract flies during the day?		1
72.1.	Almost never		
72.2.	Occasionally		
72.3.	Usually		