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APPENDIX

APPENDIX 1

INFORMATION FOR ALL PARTICIPANTS WHO ARE INVOLVED IN THE TREATMENT PROGRAMME FOR RAPISTS IN THE DEPARTMENT OF CORRECTIONAL SERVICES

The treatment programme for rapists is a departmental research study, which is conducted by Ms Lorinda Bergh, Director of Psychological Services in the Department of Correctional Services.

The aim of the research is to compile a treatment programme for incarcerated rapists and/or other sexual offenders.

You have been selected to take part according to your crime and sentence of imprisonment. Your participation is voluntary. Although participation is voluntary, you will be requested to sign a contract with the researcher in which you commit yourself to take part in the whole research project. This is part of taking responsibility for yourself and of others.

You will be requested to do psychometric testing in December 1997 before the treatment programme of six weeks and again in March 1998 after the treatment programme has been finalized.

The researcher intends to see if the treatment programme will be able to

- Identify and challenge those negative thinking patterns which have led to the crime
- Develop personal and interpersonal skills
- Identify high risk situations for the offender in future
- Increase the ability to take responsibility for own offending behaviour in the future

Ms Bergh and Ms Bekker will be the psychologists who will do all the interviews and psychometric testing. They will also give you feedback on the results after the programme has been finalized.

All information about every offender will be regarded as highly confidential and all results will be managed anonymously in the research outcome. This will safeguard your identity.

Your assistance in this valuable research is highly appreciated since your availability and participation will help Ms Bergh and other professionals, to understand your specific problems and needs. It will assist her to compile a structured programme for rapists and/or other rapists or sex offenders in prison.

APPENDIX 2

RESEARCH AGREEMENT/CONTRACT WITH MS L BERGH

I..... hereby agree to voluntarily participate in the departmental research project, which will be undertaken by Ms L Bergh, Director of Psychological Services of the Department of Correctional Services, and entitled "Treatment Programme for rapists in South African prisons".

I agree to actively take part in the group for the next few weeks. I will co-operate with the necessary research by means of answering questions, filling in forms, doing psychometric tests, taking part in evaluations, videos and/or other tasks requested of me, to the best of my ability.

On the understanding that my personal interviews and/or feedback will remain confidential and my identity will at all times remain anonymous, I agree that information supplied to Ms Bergh may be used to further the aim of the study in question. Therefore, any recommendations and/or observations consequent to such research may be made available for publication.

I acknowledge that this contract is entered into by me in my full and sound mind and that my consent is therefore informed.

Offender:

Signed

Date:

Therapist:.....

Signed

Date:

APPENDIX 3

CONSENT FORM: PHOTOGRAPHS AND VIDEO RECORDING

I,.....No.....
hereby give permission and voluntary consent to participate in the video recording,
which forms part of the proposed treatment programme for rapists. I give permission
to be photographed and understand that my face will be masked in order to protect my
identity for any broadcasting purposes.

Signed:

.....Date:.....

Signed.....Date: 1998-01-27

L B Bergh

APPENDIX 4

CONFIDENTIAL

BIOGRAPHICAL QUESTIONNAIRE

NAME:

HOME LANGUAGE:

OFFENCE:

SENTENCE:

DATE:

AGE OF OFFENDER	Mark with an X
16-18 years	
19-24 years	
25-34 years	
35-44 years	
45-54 years	
55 + years	

MARITAL STATUS OF OFFENDER	Mark with an X
Single	
Married	
Divorced	
Living together	

LEVEL OF EDUCATION OF OFFENDER	Mark with an X
No formal school education	
Grade 1 to Std 1	
Std 1 - Std 2	
Std 2 - Std 5	
Std 5 - Std 7	
Std 8 - Std 10	
Diploma or University degree	
Postgraduate training	

ORDER WITH REGARD TO SIBLINGS (BROTHERS AND SISTERS)	Mark with an X
Only child	
First child (if more than one child in the family)	
Eldest child (if more than one child in the family)	

NUMBER OF SIBLINGS (BROTHERS AND SISTERS) IN THE FAMILY	Mark with an X
1 Child	
2 Children	
3 Children	
4 Children	
More than 4 children	

SOCIO-ECONOMIC STATUS OF THE FAMILY	Mark with an X
Family income more than R10, 000 per month)	
Family income between R2, 000 and R10, 000 per month)	
Family income less than R2, 000 per month	
Family receiving a pension or no income at all	

ABUSIVE PATTERNS IN THE FAMILY	Mark with an X
Alcohol misuse/abuse by parent(s)	
Drug misuse/abuse by parent(s)	
Sexual abuse of the offender by a parent(s)	
Physical abuse of other child(ren) in the family	
Physical abuse of a parent by the other parent	

DID OFFENDER EXPERIENCE ANY OF THE FOLLOWING TRAUMATIC EXPERIENCES DURING CHILDHOOD	Mark with an X
Sexual abuse by somebody outside the family (i.e. uncle, brother, mother)	
Absence of father	
Absence of mother	
Death of mother	
Death of father	

PREVIOUS CONVICTIONS	Mark with an X
No previous convictions	
Rape	
Other sexual offence	
Aggressive crimes (i.e. assault, murder)	
Economic crimes (i.e. fraud, theft)	
Other	

USE OF DRUGS OR ALCOHOL DURING CRIME	Mark with an X
Alcohol	
Drugs	

WAS THE RAPE COMMITTED	Mark with an X
Alone	
With one other person	
With more than two persons	
Gang rape (more than 2 persons)	

USE OF FORCE	Mark with an X
Hands alone	
Knife	
Gun	
Other objects (broken bottle, brick, etc)	

RELATIONSHIP TO VICTIM	Mark with an X
No previous contact	
Love relationship	
Past love relationship	
Acquaintance	
Revenge act	

AGE OF VICTIM	Mark with an X
Younger than 10 years	
Between 10 and 15 years	
Between 16 and 20 years	
Between 21 and 30 year	
Between 30 and 40 years	
Older than 40 years	

APPENDIX 5

ATTITUDE TOWARDS WOMEN QUESTIONNAIRE

STATEMENT	YES	NO
Women offer initial resistance but later give in and enjoy forced sexual intercourse		
Women do not mean it when they refuse to have sexual intercourse		
Women can never be trusted		
Men should dominate women		
Sometimes women agree to intercourse and afterwards allege rape		
Manhood is proved by sleeping with a woman		
It is important for a man to show that he is physically stronger than a woman		
Women enjoy rough sex		
Women want to be raped		
I hate women		
I enjoy women to have pain during intercourse		
I usually have a normal sex life		
Women deserve to be raped		