#### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

NAME	OF	YOUNG	PERSON:	Nkosiyethu Ntloko
DATE	OF	BIRTH	:	15.03.90

#### DETAILS OF THE YOUNG PERSON:

SURNAME	:	Ntloko
FIRST NAMES	:	Nkosiyethu (Sizwe)
GENDER	:	Male
DATE OF BIRTH	:	15 March 1990

Date when the young person first came into contact with the CYC system:

Admitted to St. Christopher's Shelter on 22 February 2001

Date of this Care Plan: 3 March 2003

Young person's previous address:

S 34269 Soweto-on-Sea

Name of principal caregiver at this address:

Thozama Cynthia Ntloko

Relationship to young person: Biological Mother

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

N/A

•

2.

Indicate the legal basis of current work with this young person (and family):

Why does the young person (and family) need to be within the Continuum of Care now?

Child is in St. Christopher's Shelter for longer than six months, pending the Children's Court Inquiry.

## What attempts have been made for the young person to live with a relative or close family friend?

Family reunification services were rendered since Sizwe was admitted to St. Christopher's Shelter, but were unsuccessful. It did not prevent him from functioning as a street child.

What resources, supports and capacity building have been offered so far to the young person in the community (Please be specific)?

- Assistance with material needs.
- Counselling services
- Life-skills Programmes

## If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Sizwe's mother is not able to take care of him on a longterm basis. He still has difficulties in dealing with his home circumstances.

Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV Baakens Valley Centre: Case Manager, Coordinator & Child Care Staff

Concerned child & family Elumanyeni Primary School

3.

What is the overall CP for this young person? (refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member

Two years, Biological Mother

- Return to the community (eg foster care, adoption, independent living) within time-limited period Specify proposed time-frame and community-based option
- Special residential care (eg facility for the disabled)
- Other (specify) .....

#### Explain the reasons for the choice of this plan

It is recommended that Sizwe be designated to Baakens Valley Centre (Children's Home)

## What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Family reunification - Improved relationship Between Sizwe and Family	Case Manager & Staff	Two years
2.	Enable Sizwe to reach his potential through life-skills programmes & counselling services, etc.	Case Manager & Staff	

3. Regular developmental Case Manager & Six Monthly Assessments Staff

4.

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SEE IDP

What type of placement within the Continuum of Care is proposed at this point?

Place at a Children's Home - Baakens Valley Centre

For how long?

Two Years

What is the contingency plan if the preferred placement is not available or breaks down?

Appropriate placement which must be in the best interest of the child.

If the young person is under statutory care, for how long is this likely to be?

Two years.

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Reviews will be held every six months.

What steps will be taken if the young person, family or staff wishes to alter this plan?

Consultation with all relevant parties.

The first review of this plan will take place at Baakens Valley Centre

Month September Year 2003 Venue

The initial IDP will be in place by 3 March 2003

Responsible organisation ACVV PE Central

#### CASE MANAGEMENT SHEET

**Date :** 3 March 2003

Name	Organisation/Address	Started/completed
Ms J. Hansen	ACVV Port Elizabeth Albany Gardens 24 Albany Road Port Elizabeth 6001	

Signature : \_\_\_\_\_

		Date	:	
Name	Organisation/Address	5		Started/completed
	Signature :			
		Date	:	
Name	Organisation/Address	5		Started/completed
	Signature :			

# INDIVIDUAL DEVELOPMENT PLAN (IDP)

BASED ON CARE PLAN DATED:	3.03.03
DATE :	3.03.03
YOUNG PERSON:	Nkosiyethu (Sizwe) Ntloko
Signature of young person If over 12 years:	
AGE: 12 Years	
CASE MANAGER: Ms J. Hansen	Signature:
CAREGIVER: Ms J. Hansen	Signature:

IDP Page 1 Name : Nksoiyethu (Sizwe) Ntloko Age : 12 years Date : 3 March 2003

## BELONGING

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Return to	Regular	Weekend/	Screening of home	Case manager &	2 x per month
parental	contact	Holiday	circumstances	Social	
care	with mother	Placements		Auxiliary	
within	and family		Transport arrangements	worker	
time-				assisted by	
limited	Established		Complete weekend/holiday	coordinator &	
period	friendships		placement forms	staff	
			Holiday supervision services		Quarterly
			Material assistance		
				Parent	
			Evaluation of placements		
		Parental			
		guidance	Counselling services:		Weekly/Monthly
			- Monthly home visits		
			- Parental guidance		
			workshops		
		Lifeskills	- Attendance & cooperation		
		programmes		Case	Weekly/Monthly
		e.g. relation-	Coordinating programmes	Manager/Coor-	
		ship skills,		dinator &	
		Conflict	Regular attendance	staff	
		management		Sizwe	

IDP Page 2 Name : Nkosiyethu (Sizwe) Ntloko

**Age :** 12 Years **Date :** 3 March 2003

## MASTERY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Sizwe to reach appropriate	Intelligent Creative	Formal education	Regular school attendance	Sizwe	Daily
psychosocial developmental stages.	Problem- solving skills Leadership		Assistance with homework Regular study	Child Care Worker/Vo- lunteers/Li- brary staff	Daily
	skills		hours	Sizwe	Daily
	Communication skills		Attendance of school meetings	Social Auxiliary Worker	Quarterly
	Reliable		Progress reports	School	Quarterly
		<pre>Life skills programmes:     Relationship     skills     Decision     making     Conflict     management     etc.</pre>	<ul> <li>Regular</li> <li>attendance</li> <li>Coordinating</li> <li>programmes</li> <li>Programme</li> <li>funding</li> <li>Education of</li> <li>programmes</li> </ul>	Sizwe Case Manager Coordinator & Staff Management Committee All staff	Weekly/Monthly

IDP Page 3 Name : Nkosiyethu (Sizwe) Ntloko Age : 12 Years Date : 3 March 2003

## INDEPENDENCE

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower	Able to	Life skills	Regular	Sizwe	Weekly /
Sizwe to	express needs	programmes	attendance		monthly
reach		• Decision		Case	
independence	Able to take	making	Coordinating	Manager/Co-	
congruent	initiative	• Leader-	programmes	ordinator *	
with his		ship		staff	
chronological	Competence	develop-	Programme		
age	tasks and	ment etc	funding	Management	
	responsibili-			Committee	
	ties	Behaviour	Evaluation of		
	Deeneneible	Management	programmes	All staff	
	Responsible re: handling	programmes	Daily	Sizwe&	Daily
	of money		interaction	Sizwe Staff	Dally
	or money		between child &	Stall	
	Leadership		staff	Sizwe	
	potential			DIZWE	
	potentiai		Adherence     to house	Sizwe &	Monthly
			rules	staff	попенту
			<ul> <li>House</li> </ul>		
			• nouse meetings	Case	When
			2	management	appropriate
			Referral to	_	
			resources		

IDP Page 4 Name : Nkosiyethu (Sizwe) Ntloko

Age: 12 Years Date: 3 March 2003

## GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower	Appreciative	Life-skills	Regular	Sizwe	Weekly/
Sizwe to		programmes:	attendance		Monthly
develop a	Able to share	Relationship			
sense of		skills, etc.	Coordinating	Case/	
generosity	Return favours		programmes	Coordinator	
		Community		& Staff	
		involvement	Evaluation of	Case	First quarter
		programmes	programmes	manager/	of next year
				coordinator	
			Identify	& staff	
			appropriate		
			programme	Sizwe	
			Programme		
			activities		
			Attendance		

#### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

NAME OF YOUNG	PERSON:	Thamsanqa Dlamini
DATE OF BIRTH	:	10 November 1985

DETAILS OF THE YOUNG PERSON:

SURNAME : Dlamini

FIRST NAMES : Thamsanqa

GENDER : Male

DATE OF BIRTH : 10 November 1985

Date when the young person first came into contact with the CYC system:

10 March 2000: Admitted to St. Christopher's Shelter for the first time

11 April 2002: Opening of Children's Court Inquiry

Date of this Care Plan: 25 September 2002

Young person's previous address:

926 Nobatana Road, Kwazakhele, Port Elizabeth, 6000

Name of principal caregiver at this address:

Nomagaga Dlamini

Relationship to young person: Biological Mother

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

N/A

2.

Indicate the legal basis of current work with this young person (and family):

Opening of Children's Court Inquiry on 11 April 2002.

Why does the young person (and family) need to be within the Continuum of Care now?

Child is in place of safety at Baakens Valley Centre, pending the Children's Court Inquiry.

## What attempts have been made for the young person to live with a relative or close family friend? Explain

Family Reunification services were rendered since he was admitted to St. Christopher's Shelter. He returned to his family on two occasions, but was finally readmitted to the shelter after his home circumstances deteriorated.

What resources, supports and capacity building have been offered so far to the young person and family / friends to keep the young person in the community? (Please be specific)

Regular weekend/holiday placements

If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Miss Dlamini (biological mother) is unable to provide adequate care and material support.

Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV Baakens Valley Centre: Senior Social Worker, Coordinator, Child Care Staff Zincedeni Technical High School Concerned Child Biological Mother

3.

What is the overall CP for this young person? (refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member
- Return to the community (eg foster care, adoption, independent living) within time-limited period

Specify proposed time-frame and community-based option

December 2003, Biological mother

- Special residential care (eg facility for the disabled)
- Other (specify) .....

#### Explain the reasons for the choice of this plan

Thamsanqa will be 18 years old next year and consequently be discharged from the Child Care Act.

## What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Strengthening of parent/	Case Manager &	December 2003
	child relationship	Therapeutic Team	
2.	Family must be able to	Case Manager &	December 2003
	provide more support and	Therapeutic Team	
	adequate care.		
3.	Empower Thamsanqa to reach age appropriate to Psychosocial developmen- tal stages and subsequent independence.	Case Manager & Therapeutic Team	December 2003
4.	Regular developmental	Case Manager &	Six monthly
	assessments.	Therapeutic Team	

4.

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SEE IDP

What type of placement within the Continuum of Care is proposed at this point?

Placement at a Children Home

For how long?

Target date: December 2003

What is the contingency plan if the preferred placement is not available or breaks down?

Return to parental care.

If the young person is under statutory care, for how long is this likely to be?

December 2003

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Commitment to fulfillment of Care Plan and IDP.

What steps will be taken if the young person, family or staff wishes to alter this plan?

Care Plan & IDP will be reviewed.

The first review of this plan will take place at Baakens Valley Centre

Month April Year 2002

The initial IDP will be in place by 4 October 2002

Responsible organisation ACVV PE Central

#### CASE MANAGEMENT SHEET

Dale . ZJ SEPLEMBEL ZVV.	Date	:	25	September	2002
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Name	Organisation/Address	Started/completed
Ms C. Vosloo	ACVV Port Elizabeth Albany Gardens 24 Albany Road Port Elizabeth 6001	

Signature : \_\_\_\_\_

Date : \_\_\_\_\_

University	of Pretoria	etd – Hansen, J	(2002)
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Name	Organisation/Addres	5	Started/completed
	Signature :		
		Date :	
Name	Organisation/Addres	5	Started/completed
	Signature :		

# INDIVIDUAL DEVELOPMENT PLAN (IDP)

BASED ON CARE PLAN DATED:	25 September 2002
DATE :	4 October 2002
YOUNG PERSON:	Thamsanqa Dlamini
Signature of young person If over 12 years:	
AGE :	16 Years
CASE MANAGER: Ms C. Vosloo	Signature:
<b>CAREGIVER:</b> Ms J. Hansen	Signature:

IDP Page 1 Name : Thamsanqa Dlamini Age : 16 Years Date : 4 October 2002

## BELONGING

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Return to parental care within time- limited period	Regular contact with parents	Weekend/Ho- liday placements Parental guidance	<ul> <li>Screening of home circumstances</li> <li>Transport arrangement</li> <li>Complete weekend/holiday placement forms</li> <li>Holiday supervision services</li> <li>Material support</li> </ul>	Social Worker & Social Auxiliary Worker assisted by Project Coordinator and Child Care Team	2 x per month Quarterly
		Life-skills programmes	<ul> <li>Evaluation of placements</li> <li>Counselling services:</li> <li>Monthly home visits</li> <li>Parental guidance workshops</li> <li>Attendance &amp; cooperation</li> </ul>	Parent	Continuous Weekly/ Monthly
			<ul><li>Relationship skills</li><li>Conflict management</li></ul>	Parent & Programme presenters	Weekly/ Monthly

IDP Page 2 Name : Thamsanqa Dlamini Age : 16 Years Date : 4 October 2002

## MASTERY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Thamsanqa to reach age ap- propriate to psycho- social develop- mental stages	Competency re: communica- tion skills Interest in sport Leadership potential	Formal education Life-skills programmes: • Relation- ship skills • Decision- making • Conflict Manage- ment, etc.	<ul> <li>Regular school attendance</li> <li>Assistance with homework</li> <li>Regular study hours</li> <li>Attendance of school meetings</li> <li>Quarterly progress reports</li> <li>Regular attendance</li> <li>Coordinating programmes</li> <li>Programme funding</li> <li>Evaluation of programmes</li> </ul>	Thamsanqa Child Care Worker/Vo- lunteers Library services Social Auxiliary workers School Thamsanqa Project Coordinator & staff Management Committee Social Worker & Staff	Daily Daily Daily Quarterly Quarterly Weekly/ Monthly

IDP Page 3 Name : Thamsanqa Dlamini

Age: 16 Years Date: 4 October 2002

## INDEPENDENCE

CP Goals	Strengths	Programme/s	Spe	ecific Tasks	Who?	Due Date
To enable	Self	Life-skills	-	Regular	Thamsanqa	Weekly/
Thamsanqa to	confidence	programmes:		attendance	Project	Monthly
reach		• Decision-	-	Coordinating	Coordinator	
independence	Leadership	making		programmes	Management	Daily
congruent		• Leader-	-	Programme	Committee	
with his		ship		funding	Social	
chronological	Potential	Develop-	-	Evaluation	Worker &	
age		ment,		of	Staff	Monthly
		etc.		programmes		
			-	Daily	All staff	
		Behaviour		interaction	_,	When
		management		between	Thamsanqa	appropriate
		programmes		staff and		
				child	All staff	
			-	Adherence to		
				house rules	Social Worker	
			-	House	worker	
				meetings		
			-	Referral to		
				alternative		
				resources		
				when		
				necessary		

IDP Page 4 Name : Thamsanqa Dlamini Age : 16 Years Date : 4 October 2002

## GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Thamsanqa to develop a sense of generosity	<ul> <li>Cooperative</li> <li>Willing to share</li> </ul>	<ul> <li>Life skills programmes</li> <li>Relation- ship skills, etc</li> <li>Community involvement programmes</li> </ul>	<ul> <li>Regular attendance</li> <li>Coordina- ting programmes</li> <li>Evaluation of programmes</li> <li>Identify appropriate programme</li> <li>Programme activities</li> <li>Attendance</li> </ul>	Thamsanqa Project Coordinator & Staff Social Worker & staff Social Worker/Co- ordinator & Staff Thamsanqa	Weekly/ Monthly First quarter of next year

#### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

<u>NAME</u>	OF	YOUNG	PERSON:	Luyanda	Ngaka
DATE	OF	BIRTH	:	6 March	1990

DETAILS OF THE YOUNG PERSON:

SURNAME	:	Ngaka

FIRST NAMES	:	Luyanda
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GENDER : Male

DATE OF BIRTH : 6 March 1990

Date when the young person first came into contact with the CYC system:

Admitted to St. Christopher's Shelter on 1 October 2001

Date of this Care Plan: 1 October 2002

Young person's previous address:

1832 Mandela Village, Kwazakhele

Name of principal caregiver at this address:

Esther Nontuthuzelo Ngaka

Relationship to young person: Biological Mother

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

N/A

2.

Indicate the legal basis of current work with this young person (and family):

Opening of Children's Court Inquiry on 11 April 2002

Why does the young person (and family) need to be within the Continuum of Care now?

Child in place of safety at Baakens Valley Centre pending the Children's Court Inquiry.

What attempts have been made for the young person to live with a relative or close family friend?

Attempts were made to reconcile Luyanda with his family, but were unsuccessful, due to negative social circumstances.

What resources, supports and capacity building have been offered so far to the young person in the community (Please be specific)?

- Counselling services
- Life-skills programmes
- Developmental Assessments

## If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Luyanda's mother is unable to provide adequate care. He went to the streets to beg for food and become involved in gang activities. A Children's Court Inquiry was opened to provide alternative care and an opportunity to improve his circumstances.

## Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV Baakens Valley Centre: Case Manager, Coordinator & Child Care Staff Concerned Child & Biological mother Elumanyanweni Lower Primary School

3.

What is the overall CP for this young person? (refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member

Two years, Biological Mother

- Return to the community (eg foster care, adoption, independent living) within time-limited period Specify proposed time-frame and community-based option
- Special residential care (eg facility for the disabled)
- Other (specify) .....

#### Explain the reasons for the choice of this plan

Family reunification services will be rendered to assist Luyanda and his family.

## What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Improved relationship between		Two Years -
	Luyanda and his mother	Luyanda/Miss Ngaka	October 2004
2.	Miss Ngaka to be involved in	Case Manager/Staff &	Two Years -
	parental guidance programme	Luyanda/Miss Ngaka	October 2004
з.	Improved social circumstances	Case Manager/Staff &	Two Years -
	of family	Luyanda/Miss Ngaka	October 2004
4.	Regular weekend/holiday	Case Manager/Staff &	Two Years -
	placements	Luyanda/Miss Ngaka	October 2004
5.	Regular developmental	Case Manager/Staff &	Six monthly
	assessments	Luyanda/Miss Ngaka	

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SEE IDP

4.

What type of placement within the Continuum of Care is proposed at this point?

Placement at Children's Home - Baakens Valley Centre

For how long?

Two Years

What is the contingency plan if the preferred placement is not available or breaks down?

Appropriate alternative placement to be investigated.

If the young person is under statutory care, for how long is this likely to be?

Two years.

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Regular reviews will be held to discuss progress of fulfilling the Care Plan.

The first review of this plan will take place at Baakens Valley Centre

Month April Year 2003

The initial IDP will be in place by 4 October 2002

Responsible organisation ACVV PE Central

### CASE MANAGEMENT SHEET

Date : 1 October 2002

Name	Organisation/Addr	ess	Started/completed
Ms C. Vosloo	ACVV Port Elizabe Albany Gardens 24 Albany Road Port Elizabeth 6001	th	
	Signature :		
		Date :	
Name	Organisation/Address		Started/completed
	Signature :		
		Date :	
Name	Organisation/Address		Started/completed
	Signature :		

# INDIVIDUAL DEVELOPMENT PLAN (IDP)

BASED ON CARE PLAN DATED:	1 October 2002
DATE :	4 October 2002
YOUNG PERSON:	Luyanda Ngaka
Signature of young person If over 12 years:	
AGE :	12 Years
CASE MANAGER: Ms C. Vosloo	Signature:
<b>CAREGIVER:</b> Ms J. Hansen	Signature:

IDP Page 1 Name : Luyand Ngaka

Age: 12 Years Date: 4 October 2002

## BELONGING

CP	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Goals					
Goals Return to paren- tal care	Fond of his mother. Able to maintain positive relations hips with	<pre>* Regular contact with parent &amp; family members * Developing a meaningful relationship with a staff member whom he trusts * Strengthe- ning of the relationship between Luyanda &amp; his mother * Life-skills</pre>	<ul> <li>Weekend/Holiday placements</li> <li>Screening of home circumstances</li> <li>Transport arrangements</li> <li>Holiday supervision services</li> <li>Material relief (food parcels)</li> <li>Evaluation of placements</li> <li>Counselling services</li> <li>Developmental Assessments</li> </ul>	Case Manager & Social Auxiliary Worker Driver Social Auxiliary Worker Case Manager/ Coordinator, Social Auxiliary Worker Social Auxiliary Worker/Case Manager	2 x per month Quarterly Continuous Monthly Weekly/ Monthly
		<pre>programmes: - Relation-    ship skills - Self    esteem,    etc.</pre>	<ul> <li>Counselling services</li> <li>Parental Guidance</li> <li>Coordinating programme</li> <li>Evaluation</li> </ul>	Case Manager & Staff Coordinator/Vo- lunteers & Staff	

IDP Page 2 Name :Luyanda NgakaAge :12 YearsDate :4 October 2002

## MASTERY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Luyanda to reach appro- priate psy- chosocial developmen- tal stages	Creative skills Able to express emotions	<pre>Formal education Life-skills Programmes:     Relation-     ship skills     Conflict     manage-ment     Practical     skills     Training,     etc. Developmental Assessment</pre>	<ul> <li>Regular school attendance</li> <li>Assistance with homework</li> <li>Regular study hours</li> <li>Attendance of school meetings</li> <li>Progress reports</li> <li>Regular attendance</li> <li>Coordinating Programmes</li> <li>Evaluation</li> <li>Progress Reports</li> <li>Programme funding</li> <li>Set dates</li> <li>Complete schedule</li> <li>Discussion with staff</li> <li>Planning</li> </ul>	Luyanda Child Care Worker/Vo- lunteers Library Services Social Auxiliary Worker/Co- ordinator & Case Manager Luyanda/Case Manager/Co- ordinator & staff Management committee Case Manager & staff	Daily Quarterly Quarterly Weekly/ Monthly Six monthly

IDP Page 3 Name :Luyanda NgakaAge :12 YearsDate :4 October 2002

## INDEPENDENCE

To empower Luyanda to reach independence congruent with his chronological age.Assertive skillsLife skills Programmes: - Self esteem - Relation- ship skills (Peer etc.)- Regular attendance - Coordinator programmes - Evaluation - Programme funding skills - Daily interaction between staff and child - Progress Reports - Set dates - Develop- mental - Develop- mentalLuyandaWeekly/ MonthlyWeekly/ MonthlyNothlyStaffDailyStaffDailyDailyStaffDailyDailyStaffDailyDailyDailyStaffDailyDailyStaffDevelop- mental </th <th>CP Goals</th> <th>Strengths</th> <th>Programme/s</th> <th>Specific Tasks</th> <th>Who?</th> <th>Due Date</th>	CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Assessment staff - Planning Case Manager &	To empower Luyanda to reach independence congruent with his chronological	Assertive	Life skills Programmes: - Self esteem - Relation- ship skills (Peer group, etc.) - Behaviour management programmes - Develop-	<ul> <li>Regular attendance</li> <li>Coordinator programmes</li> <li>Evaluation</li> <li>Programme funding</li> <li>Daily interaction between staff and child</li> <li>Progress Reports</li> <li>Staff meetings</li> <li>House meetings</li> <li>Set dates</li> <li>Complete schedule</li> <li>Discussion with staff</li> </ul>	Luyanda Coordinator /Case Manager & Staff Management Committee Social Auxiliary Worker All Staff Luyanda & All staff Case	Weekly/ Monthly Daily Monthly Weekly Monthly

IDP Page 4 Name :Luyanda NgakaAge :12 YearsDate :4 October 2002

## GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Luyanda to develop a sense of generosity appropriate to his age. Maintaining positive relationshi ps with family & friends & community	<ul> <li>Caring behaviour</li> <li>Loyalty to peer group</li> </ul>	<ul> <li>Life skills programmes:</li> <li>Relations hip skills (e.g. peer group pressure)</li> <li>Team building etc.</li> <li>Community involvement programme</li> </ul>	<ul> <li>Regular attendance</li> <li>Coordina- ting programme</li> <li>Evaluation</li> <li>Identify appropriate project</li> <li>Regular attendance</li> <li>Transport Arrangement</li> </ul>	Luyanda Case Manager/ Coordinator & staff Case Manager/ Coordinator & staff Luyanda Coordinator	Weekly/ Monthly February 2003

#### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

<u>NAME OF YOUNG PERSON</u>: Nathan Joël <u>DATE OF BIRTH</u>: 14 Julie 1985

DETAILS OF THE YOUNG PERSON:

SURNAME	:	Joël
FIRST NAMES	:	Nathan Elton
GENDER	:	Male

DATE OF BIRTH : 14 July 1985

Date when the young person first came into contact with the CYC system:

1996: Aanvanklike opname by St. Christopher's Skuiling

Date of this Care Plan: 1 Oktober 2002

Young person's previous address:

Voisenstraat 136, Helenvale

Name of principal caregiver at this address:

Victoria Joël

Relationship to young person: Biological Mother

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

Dit het geblyk dat Nathan tydelik by Erica Veiligheidsplek opgeneem was. Hy het teruggekeer na sy moeder se sorg.

2.

Indicate the legal basis of current work with this young person (and family):

Opening van Kinderhofondersoek: 11 April 2002

Why does the young person (and family) need to be within the Continuum of Care now?

Volgens Nathan was hy blootgestel aan voortdurende alkoholmisbruik en konflik met familielede. Terugplasings by sy moeder was onsuksesvol. Datum van Kinderhofondersoek: 4 Oktober 2002

## What attempts have been made for the young person to live with a relative or close family friend?

Sien bo. Nathan is twee keer teruggeplaas by sy moeder, maar het weggeloop van die huis en as straatkind gefunksioneer.

What resources, supports and capacity building have been offered so far to the young person in the community (Please be specific)?

- Beradingsdienste
- Assessering van huislike omstandighede
- Ontwikkelingsassessering

## If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Nathan se moeder is nie in staat om 'n veilige tuiste vir hom te skep nie. Inskakeling by programme wat die sentrum aanbied kan sy toekomsvooruitsigte bevorder.

## Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV Baakensvallei Sentrum: Gevallebestuurder, Koördineerder & Kindersorgpersoneel Betrokke kind & Biologiese moeder Missionvale Primêre skool

3.

What is the overall CP for this young person? (refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member

• Return to the community (eg foster care, adoption, independent living) within time-limited period Specify proposed time-frame and community-based option

- Special residential care (eg facility for the disabled)
- Other (specify) .....

.....

#### Explain the reasons for the choice of this plan

Nathan word volgende jaar 18 jaar oud en sal dus onthef word van die bepalings van die Wet op Kindersorg. Sy agterstand met betrekking tot sy skoolloopbaan sal onafhanklike funksionering belemmer.

## What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Verbetering van moeder se maatskaplike omstandighede ten einde 'n veilige tuiste vir Nathan te skep.	Mej. Joël Gevallebestuur der	Desember 2003
2.	Inskakeling van Nathan by lewensvaardigheidsprogramme ten einde onafhanklike funksionering te bevorder.	Nathan/Gevallebestuur- der Koördineerder & personeel	Weekliks/ Maandeliks
3.	Gereelde kontak met moeder deur middel van naweek/vakansieplasings	Nathan/Gevallebestuur- der Koördineerder & personeel	2 x per maand 1 x per kwartaal
4.	Gereelde ontwikkelingsassessering ten einde vordering te bepaal	Nathan/Gevallebestuur- der Koördineerder & personeel	Ses maandeliks

4.

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SIEN INDIVIDUELE ONTWIKKELINGSPLAN

What type of placement within the Continuum of Care is proposed at this point?

Kinderhuisplasing: Baakensvallei Sentrum

For how long?

Twee jaar

What is the contingency plan if the preferred placement is not available or breaks down?

'n Geskikte alternatiewe plasing sal ondersoek word.

If the young person is under statutory care, for how long is this likely to be?

Twee jaar

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Die versorgingsplan sal deurlopend geëvalueer word.

What steps will be taken if the young person, family or staff wishes to alter this plan?

'n Paneelvergadering sal gereël word.

The first review of this plan will take place at Baakensvallei Sentrum

Month April Year 2003

The initial IDP will be in place by 4 Oktober 2002

Responsible organisation ACVV Port Elizabeth

#### CASE MANAGEMENT SHEET

Date : 1 Oktober 2002

Name	Organisation/Address	Started/completed
Mej C. Vosloo	ACVV Port Elizabeth Albany Gardens Albanyweg 24 Port Elizabeth 6001	

Signature : \_\_\_\_\_

		Date	:	
Name	Organisation/Address	5		Started/completed
	Signature :			
		Date	:	
Name	Organisation/Address	5		Started/completed
	Signature :			

# INDIVIDUAL DEVELOPMENT PLAN (IDP)

BASED ON CARE PLAN DATED:	1 Oktober 2002
DATE :	4 October 2002
YOUNG PERSON:	Nathan Joël
Signature of young person If over 12 years:	
AGE :	17 Jaar oud
CASE MANAGER: Mej. C. Vosloo	Signature:
<b>CAREGIVER:</b> Mej. J. Hansen	Signature:

IDP Page 1 Name :Nathan JoëlAge :17 jaarDate :4 Okboter 2002

# BELONGING

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
CP Goals Terugpla- sing in ouer se sorg wanneer Nathan die ouderdom van 18 jaar bereik.	Strengths Geheg aan moeder. Handhaaf positiewe verhoudings met personeel en mede- inwoners wat aanvaarding toon.	<pre>Programme/s Gereelde kontak met moeder &amp; gesinslede Ouerleidingspro- gramme Lewensvaardig- heidsprogramme:     Verhoudings-     vaardighede     Selfbeeld     Konflikhante-     ring, ens.</pre>	<ul> <li>Naweek/Vakansie- plasings</li> <li>Vakansieverlof- keuring</li> <li>Vervoerreëlings</li> <li>Vakansietoesig- dienste</li> <li>Noodhulp wanneer benodig.</li> <li>Evaluering van plasings.</li> <li>Beradingsdienste</li> <li>Ontwikkelings- assessering</li> <li>Werkswinkel</li> <li>Samewerking/By- woning</li> <li>Koördinering van programme</li> </ul>	Who? Gevallebestuur- der Koördineerder/ Matskaplike hulpwerker Bestuurskomitee Gevallebestuur- der & personeel Mej. Joël Koördineerder/ Gevallebestuur- der & personeel	<pre>Due Date 2 x per maand Kwartaal- liks Deurlopend Ses maan- deliks Teen Oktober 2003</pre>
			<ul><li>Evaluering</li><li>Vorderingsverslae</li></ul>		

IDP Page 2 Name :Nathan JoëlAge :17 JaarDate :4 Oktober 2002

# MASTERY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Om Nathan te bemagtig om toepas- like psigo- sosiale ontwikke- lingssta- diums te bereik.	Vertrou personeel. Vasberaden- heid om sy omstandig- hede te verbeter.	<pre>Formele skoolonderrig. Lewensvaardig- heidsprogram- me: Selfbeeld- ontwikke- ling Konflik- hantering Verhou- dingsvaar- dighede, ens. Ontwikkelings- assessering.</pre>	<ul> <li>Gereelde skoolbywoning</li> <li>Hulp met tuiswerk</li> <li>Gereelde studietye</li> <li>Bywoning van skoolvergaderings</li> <li>Vorderingsverslae</li> <li>Gereelde bywoning</li> <li>Koördinering van programme</li> <li>Evaluering</li> <li>Vorderingsverslae</li> <li>Befondsing</li> <li>Beplan datums</li> <li>Voltooi skedules</li> <li>Bespreking met personeel</li> <li>Beplanning/Opvolging</li> </ul>	Nathan/Kinder- versorger/Vry- willers/Biblio- teekdienste Hulpwerker Hulpwerker/Skool Nathan Gevallebestuur- der/Koördineer- der & personeel Bestuurskommitee Gevallebestuur- der & personeel	Daagliks Kwartaalliks Kwartaalliks Weekliks/ Maandeliks Ses maandeliks

IDP Page 3 Name : Nathan Joël Age : 17 Jaar Date : 4 Oktober 2002

### INDEPENDENCE

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Om Nathan te bemag- tig om onafhank- likheid te bereik in oor- eenstem- ming met sy chrono- logiese ouderdom.	Deurset-	<ul> <li>Lewensvaar- digheids- programme:</li> <li>Selfbeeld- ontwikke- ling</li> <li>Verhoudings- vaardighede</li> <li>Konflikhan- tering, ens.</li> <li>Gedragsbestuur- programme</li> </ul>	<ul> <li>Gereelde bywoning</li> <li>Koördinering van programme</li> <li>Evaluering</li> <li>Befondsing</li> <li>Daaglikse interaksie tussen betrokke kind en personeel</li> <li>Vorderingsverslae</li> <li>Personeelvergade- rings</li> <li>Huisvergaderings</li> </ul>	Nathan/Ge- vallebe- stuurder/ Koördineer- der & Personeel Bestuurs- komitee Nathan/Per- soneel Hulpwerker Alle personeel	Weekliks/ Maandeliks Daagliks Maandeliks Weekliks Maandeliks
		Ontwikkelings- assessering	<ul> <li>Bepaal datums</li> <li>Voltooi skedules</li> <li>Bespreking met personeel</li> <li>Beplannning/Opvol- ging</li> </ul>	Nathan/Per- soneel Gevallebe- stuurder & Personeel	

IDP Page 4 Name : Nathan Joël Age : 17 Jaar Date : 4 Oktober 2002

## GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Om Nathan te bemagtig om uit te reik na ander en mededeel- saamheid te bevorder	Hulpvaardig Gee om vir ander	<ul> <li>Lewensvaardig- heidsprogramme</li> <li>Verhoudingsvaar- dighede</li> <li>Spanbou, ens.</li> </ul>	<ul> <li>Gereelde bywoning</li> <li>Koördine- ring van programme</li> <li>Evaluering</li> <li>Identifiseer toepaslike projek.</li> <li>Gereelde bywoning</li> <li>Vervoerreë- lings.</li> </ul>	Nathan Koördineer- der Gevallebe- stuurder & Personeel Gevallebe- stuurder Koördineer- der Nathan Koördineer- der	Weekliks/ Maandeliks Februarie 2003 & Personeel

#### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

NAME OF YOUNG PERSON:	Sakhumzi Johnson			
DATE OF BIRTH :	24 February 1987			
DETAILS OF THE YOUNG PE	RSON:			
SURNAME	: Johnson			
FIRST NAMES	: Sakhumzi			
GENDER	: Male			
DATE OF BIRTH	: 24 February 1987			
OR AGE ESTIMATE / DATE	:			
Date when the young person first came into contact with the CYC system:				
Date of this Care Plan:	11 December 2001			

Young person's previous address:

Name of principal caregiver at this address:

Relationship to young person:

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

N/A

Indicate the legal basis of current work with this young person (and family):

Opening of Children's Court Inquiry on 3 August 2001.

Why does the young person (and family) need to be within the Continuum of Care now?

Placement at children's home (Baakens Valley Centre) has been recommended. Parents not able to take care of the child. Sakhumzi left home and lived on the streets.

What attempts have been made for the young person to live with a relative or close family friend?

Weekend and holiday placements were arranged.

What resources, supports and capacity building have been offered so far to the young person in the community (Please be specific)?

- Regular contact with family members
- Life skills programmes

If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Mother not able to care for the child on a regular / permanent basis.

# Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV PE Central - Social Worker, Social Auxiliary Worker Youth for Christ - Project Co-Ordinator, Child Care Worker Staff Mother / Stepfather

#### What is the overall CP for this young person?

(refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member

Two years, Mother

- Return to the community (eg foster care, adoption, independent living) within time-limited period Specify proposed time-frame and community-based option
- Special residential care (eg facility for the disabled)
- Other (specify) .....

#### Explain the reasons for the choice of this plan

Mother is willing to cooperate with social services.

#### What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Monitoring and assessment of placement at Baakens Valley Centre.	Social Worker Baakens Valley Staff	Continuous
2.	Continued efforts to secure parent-child-relationship	Social Worker Baakens Valley Staff	Continuous
3.	Support services. Counselling and guidance Re: Problem situation / life skills	Social Worker Baakens Valley Staff	Continuous

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SEE IDP If not possible to meet al the above, which should be the priority goals and how should they be addressed?

Relationship with mother. Re-unification with services.

What type of placement within the Continuum of Care is proposed at this point?

Children Home

For how long?

Two Years

What is the contingency plan if the preferred placement is not available or breaks down?

Placement with family - if possible.

If the young person is under statutory care, for how long is this likely to be?

Two years.

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Regular monitoring of placement. Discussion : Staff / Family

What steps will be taken if the young person, family or staff wishes to alter this plan?

See Above

The first review of this plan will take place at .....

Day ..... Month June Year 2002 Venue Baakens Valley Centre

**Responsible organisation** ACVV PE Central

IDP Page 1 Name : Sakhumzi Johnson

Age : Date : 11 December 2001

## BELONGING

Return•ReRe-unification•Screeningto theestab-servicesof	• Social Wor-	-
family within time limited periodli- iCounselling placement/placements placement arrange- mentlimited periodtact with tact with periodPlacement placement at placement at baakens Valley Centre res- pect- fulMonitoring of placement at baakens Valley CentreHoliday supervi- sion•Frien- pect- fulBaakens Valley centre identity and relationshipDevelop- mental assessment•Not skills programmesRegular house meeting•Not skills programmesLife skills programmes	<ul> <li>ker &amp; Social Auxiliary Worker</li> <li>Driver</li> <li>Social Auxi- liary Worker &amp; Project coordinator</li> <li>Social Wor- ker &amp; Baa- kens Valley Staff</li> <li>Sakhumzi &amp; Baakens Val- ley Staff</li> <li>Baakens Val-</li> </ul>	Continuous Out Weekend Holidays Six monthly Monthly Monthly Weekly

IDP Page 2 Name : Sakhumzi Johnson

Age : Date : 11 December 2001

# MASTERY

IDP Page 3 Name : Sakhumzi Johnson

Age :

Date : 11 December 2001

### INDEPENDENCE

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Sakhumzi to reach independence	<ul> <li>Assertive</li> <li>School progress</li> </ul>	Life skills Programmes - Decission making - Self-esteem - Relationshi p skills - Conflict management Developmental assessments Behaviour Management Programmes	negurar	<ul> <li>Sakhum- zi</li> <li>Project coor- dinator</li> <li>Social Worker &amp; Staff</li> <li>All Staff</li> </ul>	Weekly Monthly Six monthly Daily

IDP Page 4 Name : Sakhumzi Johnson

Age : Date : 11 December 2001

### GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower	• Helpful	- Life skills		Sakhumzi	Weekly
Sakhumzi to	• Able to	programmes	attendance		
develop a sense of	share		• Coordina-	Project Coordinator	Monthly
generosity			tion	COOLUINALOL	
generosrey			• Evaluation	Social	
Maintenance				Worker	
of positive					
relation-					
ship with					
family,					
friends and					
community					

### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

NAME OF YOUNG PERSON:	Siyabonga Mooi
DATE OF BIRTH :	
DETAILS OF THE YOUNG PER	RSON:
SURNAME	: Mooi
FIRST NAMES	: Siyabonga
GENDER	: Male
DATE OF BIRTH	:
OR AGE ESTIMATE / DATE	: 12 years
Date when the young pers	son first came into contact with the CYC system:
14 August 2000	
Date of this Care Plan:	5 December 2001
Young person's previous	address:
4972 Site and Service, F	Kwazakhere
Name of principal caregi	ver at this address:
Lena Mooi	
Relationship to young pe	erson: Grandmother

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

#### N/A

Indicate the legal basis of current work with this young person (and family):

Opening of Children's Court Inquiry on 3 August 2001.

Why does the young person (and family) need to be within the Continuum of Care now?

Referral to Baakens Valley Centre (Children's Home) had been recommended - Court Report. Grandmother were not able to take responsibility.

What attempts have been made for the young person to live with a relative or close family friend?

- Locating family members since admittance to St. Christopher's Shelter
- Weekend & Holiday Placements
- Developmental Assessments
- Regular contact with Grandmother.

What resources, supports and capacity building have been offered so far to the young person in the community (Please be specific)?

- Regular contact with family members
- Life skills programmes
- Grandmother involved in our life-skills classes

If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Grandmother not able to care for him on a regular / permanent basis.

Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV PE Central - Social Worker, Social Auxiliary Worker Youth for Christ - Project Co-Ordinator, Child Care Worker Staff

Grandmother

#### What is the overall CP for this young person?

(refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member

Two years, Mother

- Return to the community (eg foster care, adoption, independent living) within time-limited period Specify proposed time-frame and community-based option
- Special residential care (eg facility for the disabled)
- Other (specify) .....

#### University of Pretoria etd – Hansen, J (2002)

#### Explain the reasons for the choice of this plan

#### What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Monitoring and assessment of placement at Baakens Valley Centre.	Social Worker Baakens Valley Staff	Continuous
2.	Continued efforts to secure grandmother-child- relationship	Social Worker Baakens Valley Staff	Continuous
3.	Support services. Counselling and guidance	Social Worker Baakens Valley Staff	Continuous

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SEE IDP If not possible to meet al the above, which should be the priority goals and how should they be addressed?

```
Relationship with mother : re-unification services.
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What type of placement within the Continuum of Care is proposed at this point?

Children's Home

For how long?

Two Years

What is the contingency plan if the preferred placement is not available or breaks down? Placement with family - if possible.

If the young person is under statutory care, for how long is this likely to be?

Two years.

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Regular monitoring of placement. Discussion : Staff / Family

What steps will be taken if the young person, family or staff wishes to alter this plan?

See Above

The first review of this plan will take place at .....

Day ..... Month June Year 2002 Venue Baakens Valley Centre

**Responsible organisation** ACVV PE Central

IDP Page 1 **Name :** Siyabonga Mooi

Age :

Date : 5 December 2001

## BELONGING

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Return to family within time limited period	<ul> <li>Contact with material grand- mother</li> <li>Loving child</li> <li>Friendly</li> <li>Good relation- ship with others</li> </ul>	<ul> <li>Re- unification services, contact with grandfather</li> <li>Monitoring of placement at Baakens Valley Centre</li> <li>Positive identity and relation- ship skills</li> </ul>	<ul> <li>Developmen- tal assessments</li> <li>Life skills programmes: relation- ship skills</li> </ul>	Worker * Social & Auxiliary Worker • Social Worker & Baakens Valley Staff	Continuous Six monthly Weekly Weekly

IDP Page 2 Name : Siyabonga Mooi

Age : Date : 5 December 2001

# MASTERY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Siyabonga to master his skills	<ul> <li>School progress</li> <li>Drawing</li> <li>Sport</li> <li>Good Story teller</li> <li>Good leader- ships skills</li> </ul>	<ul> <li>Formal education</li> <li>Art programmes</li> <li>Sport developmen- tal programmes</li> <li>Life skills programmes</li> <li>Leadership camps</li> </ul>	<ul> <li>Regular school attendance</li> <li>Attend art classes, get an teacher</li> <li>Attendance of all programmes</li> <li>Attend at least once year</li> </ul>	<ul> <li>Siyabonga</li> <li>Siyabonga</li> <li>Child Care Workers</li> <li>Child Care Workers</li> <li>Project Coordina- tors</li> <li>Social Worker</li> </ul>	Daily / Daily / Weekly Weekly Once a year

IDP Page 3 Name : Siyabonga Mooi

Age :

Date : 5 December 2001

### INDEPENDENCE

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Siyabonga to reach independence	School progress (dedication)	Life skills programmes Decision making Self esteem Relation- ship skills Conflict manage- ment Develop- mental assess- ment Behaviour manage- ment program- mes	<ul> <li>Regular attendance</li> <li>Coordinating / Evaluation</li> <li>Regular interviews</li> <li>Daily interaction between staff and child focussed on the BQCC training received</li> </ul>	<ul> <li>Siya- bonga</li> <li>Project Coordi- nator &amp; Social Worker</li> <li>Social Worker</li> <li>Social Worker</li> <li>Social Valley Centre Staff</li> <li>All Staff</li> </ul>	Weekly Monthly Six monthly Daily

IDP Page 4 Name : Siyabonga Mooi

Age :

Date : 5 December 2001

### GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Siyabonga to develop a sense of generosity	<ul> <li>Helpful</li> <li>Able to share</li> </ul>	- Life skills programmes		<ul> <li>Siya- bonga</li> <li>Project Coordi- nator</li> <li>Siya- bonga * Staff</li> </ul>	Weekly Monthly Once a month

#### CARE PLAN (CP) AND REVIEW

THE INDIVIDUAL DEVELOPMENT PLAN (IDP) IS INCLUDED

NAME OF YOUNG	PERSON:	Siviwe Zigogo
DATE OF BIRTH	:	13 February 1985

DETAILS OF THE YOUNG PERSON:

SURNAME : Zigogo

FIRST NAMES : Siviwe

GENDER : Male

DATE OF BIRTH : 13 February 1985

OR AGE ESTIMATE / DATE :

Date when the young person first came into contact with the CYC system:

Admitted to St. Christopher's Shelter for the first time during 1999. Opening of Children's Court Inquiry took place on 3 August 2001. He was transferred to Baakens Valley Centre on two occasions.

Date of this Care Plan: 6 December 2001

Young person's previous address:

81 Rolihlahla Village, Mission Vale, Port Elizabeth

Name of principal caregiver at this address:

Mr Lindile Livingstone Zigoxo and Mrs Nokuzola Zigoxo

#### University of Pretoria etd – Hansen, J (2002)

Relationship to young person: Parents

Has the young person (and family) been engaged with the CYC system prior to this intervention:

YES / NO

If yes, give reasons for the involvement and indicate what support and capacity building was offered to the young person and family:

N/A

Indicate the legal basis of current work with this young person (and family):

Children's Court Inquiry - 26 July 2001

Why does the young person (and family) need to be within the Continuum of Care now?

Referral to Baakens Valley Centre (Children's Home) had been recommended. See Children's Court Report.

What attempts have been made for the young person to live with a relative or close family friend?

- Weekend / Holiday placements
- Developmental assessments
- Contact with concerned family (maternal grandmother)

What resources, supports and capacity building have been offered so far to the young person in the community (Please be specific)?

- Establishing regular contact with family members
- Business training programmes (parent did not attend)

- Parent meetings
- Weekend / Holiday placements

# If it is inappropriate or impossible to keep the young person in the community / family - indicate the reasons.

Parents are not able to care for the child. They are unemployed and is poverty stricken.

# Which organisations, relatives and practitioners have been consulted concerning the young person's situation and the formulation of this plan?

ACVV PE Central - Social Worker/Programme Manager, Social Auxiliary Worker Youth for Christ - Project Coordinator, Child Care Worker Staff

Family

#### What is the overall CP for this young person? (refer to the long-term "permanacy" plan for the young person. not the present care placement within the continuum)

- Remaining with the family / friends with support / capacity building services
- Return to the family within time-limited period. Specify proposed time frame and family member

Two years, Parents

- Return to the community (eg foster care, adoption, independent living) within time-limited period Specify proposed time-frame and community-based option
- Special residential care (eg facility for the disabled)
- Other (specify) .....

Explain the reasons for the choice of this plan

#### What broad outcomes need to be achieved before this plan is fulfilled?

	OUTCOMES	WHO	TARGET DATE
1.	Monitoring and assessment of placement at Baakens Valley Centre.	Social Worker Baakens Valley Staff	Continuous
2.	Continued efforts to secure bond with family	Social Worker Baakens Valley Staff	Development Assessment (6 months)
3.	Support services. Counselling and guidance Re: Problem situations / life skills development	Social Worker Baakens Valley Staff	Continuous

What long term developmental and / or therapeutic needs does the young person have which the continuum of care plan placements must meet?

SEE IDP

If not possible to meet al the above, which should be the priority goals and how should they be addressed?

Relationship skills - Life skills programmes at centre.

What type of placement within the Continuum of Care is proposed at this point?

Placement at Children Home : Baakens Valley Centre

For how long?

Two Years

What is the contingency plan if the preferred placement is not available or breaks down? Possible placement with family.

If the young person is under statutory care, for how long is this likely to be?

Two years.

What is the agreement with the young person and family with regard to ending this intervention and fulfilling the Care Plan?

Placement will be evaluated continuously.

What steps will be taken if the young person, family or staff wishes to alter this plan? Panel discussion

The first review of this plan will take place at .....

Day ..... Month June Year 2002 Venue Baakens Valley Centre

#### University of Pretoria etd – Hansen, J (2002)

The initial IDP will be in place by 6 December 2001

Responsible organisation ACVV PE Central

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Name : Siviwe Zigoxo Age : 13 February 1985 Date : 6 December 2001

### BELONGING

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
Return to the family within time limited period	<ul> <li>Contact with family</li> <li>Relationship with staff and boys</li> <li>Life skills programmes</li> </ul>	<ul> <li>Regular contact with family (weekend &amp; holiday placement)</li> <li>Regular involvement with staff &amp; boys</li> <li>Arrange life skills programme</li> <li>Monitoring and assess- ment of placement at Baakens Valley Centre</li> </ul>	<ul> <li>Evaluation of place- ment (home visit &amp; in- terviews)</li> <li>Relationshi p skills (boys &amp; staff)</li> <li>Life skills programmes attendance</li> <li>Development assessment</li> <li>Individuals interview</li> </ul>	<ul> <li>Social Worker &amp; So- cial Auxi- liary Worker</li> <li>Project coordi- nator</li> <li>Siviwe</li> <li>Social Worker</li> <li>Staff at Baakens Valley Centre</li> </ul>	Continuous Daily Weekly Six monthly

IDP Page 2 Name : Siviwe Zigoxo Age : 13 February 1985 Date : 6 December 2001

### MASTERY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Siviwe to reach appropriate psycho- social stages	<ul> <li>School progres</li> <li>Relation- ships</li> <li>Leadership skills</li> <li>Life skills</li> <li>Dancing</li> </ul>	<ul> <li>Formal education</li> <li>Relationship skills</li> <li>Life skills programmes</li> <li>Dance classes</li> </ul>	<ul> <li>Regular school attendance, regular study hours, home work assistance</li> <li>Regular attendance of programmes</li> <li>Coordinating</li> <li>Evaluation</li> </ul>	<ul> <li>Siviwe</li> <li>Baakens Valley Centre Staff</li> <li>Siviwe</li> <li>Project Coordi- nator</li> <li>Social Worker</li> </ul>	Daily Daily Weekly Monthly Monthly

IDP Page 3 Name : Siviwe Zigoxo Age : 13 February 1985 Date : 6 December 2001

### INDEPENDENCE

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Siviwe to reach independence in accordance with his chronological age	<ul> <li>Ability to be indepen- dent</li> <li>Leadership skills</li> </ul>	Life skills Programmes - Decission making - Relation- ship skills - Rights and Responsi- bilities etc. Behaviour Management	<ul> <li>Regular attendance</li> <li>Coordinating</li> <li>Evaluation</li> <li>Daily interaction between child &amp; staff</li> </ul>	<ul> <li>Siviwe</li> <li>Project coordi- nator</li> <li>Social Worker</li> <li>All Staff</li> </ul>	Weekly Monthly Daily

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Name : Siviwe Zigoxo Age : 13 February 1985 Date : 6 December 2001

### GENEROSITY

CP Goals	Strengths	Programme/s	Specific Tasks	Who?	Due Date
To empower Siviwe to develop a sense of generosity	<ul> <li>Helpful</li> <li>Community programme</li> </ul>	<ul> <li>Life skills programmes</li> <li>Relation- ship skills</li> <li>Special programme presented by NACCW</li> </ul>	<ul> <li>Regular attendance</li> <li>Coordina- tion</li> <li>Evaluation</li> <li>Attendance</li> <li>Funding</li> </ul>	<ul> <li>Siviwe</li> <li>Project Coordi- nator</li> <li>Social Worker</li> <li>Siviwe</li> <li>Baakens Valley Centre</li> </ul>	Weekly Monthly Six months

### LIST OF INTERVIEWEES

The following list contains the names of persons, in alphabetical order, and the organization's they represent; with whom semi-structured interviews were conducted between April and May 2001.

#### NAME

#### ORGANIZATION

Blake, Sally Calitz, Dirk Chain, Brian Dippenaar, Melinda Duvenhage, & Joy Muller Friedel, George Gumble, Mark Heunis, Chris Hobongwana, Bonga Howes, Sigi Kirkman, Tracy Le Roux, Chrislen Malan, Jannie Mtunzi O'Donoghue, Rob Robertson, Gavin & Yoav, van der Heyden Schoeman, Nikkie Schroder, Philip Spies, Lood Taylor, Jim Telfer, Andrew Van der Spuy, Johan

Van Dyk, Frikkie, Marinda and Rowallan

Voord, Louis

ROCK Dept of Education: Kwa Zulu Natal Youth For Christ White Mountain Outdoor Centre Pointman Leadership Program Umgeni Valley Environmental Centre Private Team Building Institute of SA Youth For Christ Dept of Education: Cape Province Private Outward Bound University of Stellenbosch EDUCO Kwa Zulu Nature Conservation Wilderness Therapy Institute of SA Wild Life Society of SA Youth For Christ OAA and Technikon, Pretoria Wildlife Society of SA Spirit of Adventure "Verenigde Christen Studente Vereniging" Keinmond Child and Youth Care Centre "Aksie Alpha" Youth Ministry