



UNIVERSITEIT VAN PRETORIA  
UNIVERSITY OF PRETORIA  
YUNIBESITHI YA PRETORIA

# **AN EXPLORATORY ANALYSIS OF SERIAL RAPE IN SOUTH AFRICA**

**by**

**Jackie de Wet**

**Submitted in partial fulfilment of the requirements  
for the degree**

**DOCTOR OF PHILOSOPHY  
PSYCHOLOGY**

**in the  
Faculty of Humanities**

**UNIVERSITY OF PRETORIA**

**August 2008**

**Supervisor: Prof. Patrick Chiroro  
Co-Supervisor: Prof. Gérard Labuschagne**



UNIVERSITEIT VAN PRETORIA  
UNIVERSITY OF PRETORIA  
YUNIBESITHI YA PRETORIA

All that is necessary for the triumph of evil  
is that good men do nothing

- **Edmund Burke**



## **ACKNOWLEDGMENTS:**

- To the Investigative Psychology Unit of the SAPS and its staff without whom the research would never have been completed. Thank you for allowing me to conduct my research within the unit and allowing me access to the relevant information, I am deeply grateful.
- To Prof. Labuschagne and Prof. Chiroro I owe special thanks, for all the time and effort you invested in this project and for showing great patience with me, even during the times when I was too stubborn to listen, I really appreciate it.
- And finally to my mom and my dad for all their support and for believing in me. Thank you, I will be eternally grateful.



## CONTENTS

List of Tables.....	ix
List of Figures.....	xxi
Abstract.....	xiv
<b>CHAPTER 1: INTRODUCTION.....</b>	<b>1</b>
1.1 STATEMENT OF THE PROBLEM .....	2
1.1.1 Need for research.....	3
1.2 AIM AND OBJECTIVES OF RESEARCH.....	5
1.3 DEFINITION OF KEY CONCEPTS .....	6
1.3.1 Rape .....	6
1.3.2 Serial rape.....	8
1.3.3 Behavioural analysis.....	8
1.4 CONCLUSION .....	10
<b>CHAPTER 2: LITERATURE REVIEW .....</b>	<b>11</b>
2.1 RAPE MYTHS.....	11
2.1.1 General rape myths .....	12
2.1.2 Serial rape myths .....	13
2.2 INTERNATIONAL AND LOCAL RAPE STATISTICS.....	14
2.3 CURRENT PERSPECTIVES ON RAPE.....	17
2.3.1 Theories of rape .....	17
2.4 SERIAL RAPE.....	27
2.4.1 Serial rape research .....	27
2.4.1.1 Serial rapist demographics .....	28
2.4.1.2 Serial rapist motivations.....	29
2.4.1.3 Selection techniques, methods of approaching and controlling the victim...	32
2.4.1.4 Use of force and violence .....	33
2.4.1.5 Sexual dynamics of rape .....	36
2.4.1.6 Developmental characteristics .....	36
2.4.1.6.1 Family structure .....	36
2.4.1.6.2 Parental relationships .....	36
2.4.1.6.3 Childhood sexual abuse .....	38
2.5 CONCLUSION .....	38



<b>CHAPTER 3: BEHAVIOURAL PROFILING.....</b>	<b>41</b>
3.1 OVERVIEW OF THE BASIC PRINCIPLES OF PROFILING.....	42
3.1.1 General terms and definitions of profiling.....	43
3.1.2 Criticism .....	45
3.2 BEHAVIOURAL PROFILING.....	48
3.2.1 Inductive vs. Deductive analysis .....	48
3.2.1.1 Inductive analysis .....	48
3.2.1.2 Deductive analysis.....	50
3.2.2 Behavioural profile construction process .....	52
3.2.2.1 Information sources .....	52
3.2.2.1.1 Crime scene .....	52
3.2.2.1.2 Victim analysis.....	54
3.2.3 General behavioural outline of the serial rapist.....	55
3.2.3.1 General demographical information and base behaviours .....	56
3.3 BEHAVIOURAL PROFILING FRAMEWORK .....	57
3.3.1 Linkage analysis.....	58
3.3.2 Modus operandi.....	59
3.3.2.1 Methods of approaching the victim .....	60
3.3.2.2 Method of controlling the victim .....	61
3.3.2.3 Choice of location.....	62
3.3.2.4 Criminal sophistication.....	62
3.3.2.5 Fantasy and signature behaviour.....	63
3.3.3 Components of the sexual act .....	65
3.3.3.1 Elements of the sexual behaviour.....	65
3.3.3.1.1 Intercourse behaviour pattern.....	66
3.3.3.1.2 Personal-attempted intimacy behaviour pattern.....	66
3.3.3.1.3 Brutality behaviour pattern.....	67
3.3.3.1.4 Selfish behaviour pattern .....	67
3.3.3.1.5 Ritual behaviour pattern.....	67
3.3.3.1.6 Criminal intent behaviour pattern .....	68
3.3.3.2 Rapist categories model .....	68
3.3.3.2.1 Instrumental aggression .....	69
3.3.3.2.1.1 Opportunistic rapist.....	69
3.3.3.2.1.2 Power - reassurance rapist.....	70
3.3.3.2.2 Expressive aggression.....	71
3.3.3.2.2.1 Power assertive rapist .....	71
3.3.3.2.2.2 Anger - retaliatory rapist .....	72
3.3.3.2.2.3 Sadistic rapist .....	72
3.4 SYNTHESIS.....	74



3.5 CONCLUSION .....	75
<b>CHAPTER 4: RESEARCH METHODOLOGY.....</b>	<b>78</b>
4.1 RESEARCH METHODOLOGY .....	78
4.1.1 The case study method .....	80
4.1.2 Theoretical framework.....	81
4.2 DATA COLLECTION.....	82
4.2.1 Case description.....	82
4.2.2 Generating data.....	83
4.2.3 Consistency of measuring instrument.....	87
4.3 DATA ANALYSIS .....	87
4.4 CONCLUSION .....	89
<b>CHAPTER 5: EXPLORATION OF INDIVIDUAL SERIES .....</b>	<b>91</b>
5.1 OFFENDER A .....	91
5.1.1 Offender demographics .....	92
5.1.2 Victim demographics .....	92
5.1.3 Modus operandi.....	93
5.1.3.1 Approach phase .....	93
5.1.3.1.1 Method and circumstances of approaching the victim.....	93
5.1.3.1.2 Approach location.....	93
5.1.3.1.3 Verbal interaction.....	94
5.1.3.2 Attack phase.....	94
5.1.3.2.1 Location.....	94
5.1.3.2.2 Verbal interaction during attack phase and sexual contact .....	94
5.1.3.2.3 Violence utilised and methods of control.....	95
5.1.4 Sexual behaviour.....	96
5.1.5 Summative analysis.....	96
5.2 OFFENDER B .....	98
5.2.1 Offender demographics .....	98
5.2.2 Victim demographics .....	99
5.2.3 Modus operandi.....	99
5.2.3.1 Approach phase .....	100



5.2.3.1.1	Method and circumstances of approaching the victim.....	100
5.2.3.1.2	Approach location.....	100
5.2.3.1.3	Verbal interaction.....	101
5.2.3.2	Attack phase.....	102
5.2.3.2.1	Location.....	102
5.2.3.2.2	Verbal interaction during attack phase and sexual contact .....	102
5.2.3.2.3	Violence utilised and methods of control.....	103
5.2.4	Sexual behaviour.....	103
5.2.5	Summative analysis.....	104
5.3	OFFENDER C.....	105
5.3.1	Offender demographics .....	106
5.3.2	Victim demographics .....	106
5.3.3	Modus operandi.....	107
5.3.3.1	Approach phase .....	108
5.3.3.1.1	Method and circumstances of approaching the victim.....	108
5.3.3.1.2	Approach location.....	108
5.3.3.1.3	Verbal interaction.....	108
5.3.3.2	Attack phase.....	109
5.3.3.2.1	Location.....	109
5.3.3.2.2	Verbal interaction during attack phase and sexual contact .....	109
5.3.3.2.3	Violence utilised and methods of control.....	110
5.3.4	Sexual behaviour.....	111
5.3.5	Summative analysis.....	112
5.4	OFFENDER D.....	114
5.4.1	Offender demographics .....	114
5.4.2	Victim demographics .....	114
5.4.3	Modus operandi.....	115
5.4.3.1	Approach phase .....	115
5.4.3.1.1	Method and circumstances of approaching the victim.....	115
5.4.3.1.2	Approach location.....	117
5.4.3.1.3	Verbal interaction.....	117
5.4.3.2	Attack phase.....	117
5.4.3.2.1	Location.....	118
5.4.3.2.2	Verbal interaction during attack phase and sexual contact .....	118
5.4.3.2.3	Violence utilised and methods of control.....	119
5.4.4	Sexual behaviour.....	120
5.4.5	Summative analysis.....	121



5.5	OFFENDER E .....	123
5.5.1	Offender demographics .....	123
5.5.2	Victim demographics .....	123
5.5.3	Modus operandi.....	124
5.5.3.1	Approach phase .....	124
5.5.3.1.1	Method and circumstances of approaching the victim.....	124
5.5.3.1.2	Approach location.....	125
5.5.3.1.3	Verbal interaction.....	125
5.5.3.2	Attack phase.....	125
5.5.3.2.1	Location.....	126
5.5.3.2.2	Verbal interaction during attack phase and sexual contact .....	126
5.5.3.2.3	Violence utilised and methods of control.....	126
5.5.4	Sexual behaviour.....	127
5.5.5	Summative analysis.....	128
5.6	OFFENDER F .....	129
5.6.1	Offender demographics .....	130
5.6.2	Victim demographics .....	130
5.6.3	Modus operandi.....	131
5.6.3.1	Approach phase .....	131
5.6.3.1.1	Method and circumstances of approaching the victim.....	131
5.6.3.1.2	Approach location.....	132
5.6.3.1.3	Verbal interaction.....	132
5.6.3.2	Attack phase.....	132
5.6.3.2.1	Location.....	133
5.6.3.2.2	Verbal interaction during attack phase and sexual contact .....	133
5.6.3.2.3	Violence utilised and methods of control.....	133
5.6.4	Sexual behaviour.....	134
5.6.5	Summative analysis.....	134
5.7	OFFENDER G.....	136
5.7.1	Offender demographics .....	136
5.7.2	Victim demographics .....	137
5.7.3	Modus operandi.....	137
5.7.3.1	Approach phase .....	137
5.7.3.1.1	Method and circumstances of approaching the victim.....	137
5.7.3.1.2	Approach location.....	138
5.7.3.1.3	Verbal interaction.....	138
5.7.3.2	Attack phase.....	138
5.7.3.2.1	Location.....	138



5.7.3.2.2	Verbal interaction during attack phase and sexual contact .....	138
5.7.3.2.3	Violence utilised and methods of control.....	139
5.7.4	Sexual behaviour.....	139
5.7.5	Summative analysis.....	140
5.8	OFFENDER H.....	141
5.8.1	Offender demographics .....	142
5.8.2	Victim demographics .....	142
5.8.3	Modus operandi.....	143
5.8.3.1	Approach phase .....	143
5.8.3.1.1	Method and circumstances of approaching the victim.....	143
5.8.3.1.2	Approach location.....	144
5.8.3.1.3	Verbal interaction.....	144
5.8.3.2	Attack phase.....	145
5.8.3.2.1	Location.....	146
5.8.3.2.2	Verbal interaction during attack phase and sexual contact .....	146
5.8.3.2.3	Violence utilised and methods of control.....	147
5.8.4	Sexual behaviour.....	148
5.8.5	Summative analysis.....	148
5.9	OFFENDER I .....	150
5.9.1	Offender demographics .....	150
5.9.2	Victim demographics .....	151
5.9.3	Modus operandi.....	151
5.9.3.1	Approach phase .....	151
5.9.3.1.1	Method and circumstances of approaching the victim.....	151
5.9.3.1.2	Approach location.....	152
5.9.3.1.3	Verbal interaction.....	152
5.9.3.2	Attack phase.....	153
5.9.3.2.1	Location.....	153
5.9.3.2.2	Verbal interaction during attack phase and sexual contact .....	153
5.9.3.2.3	Violence utilised and methods of control.....	154
5.9.4	Sexual behaviour.....	154
5.9.5	Summative analysis.....	155
5.10	Conclusion .....	156
<b>CHAPTER 6: INTEGRATION AND DISCUSSION.....</b>		<b>158</b>
6.1	VICTIM PROFILE.....	158



6.1.1	Victim demographic information.....	159
6.1.2	Victim - offender relationship .....	161
6.1.3	Discussion.....	162
6.2	OFFENDER PROFILE .....	163
6.2.1	Offender demographic information .....	164
6.2.2	Discussion.....	166
6.3	MODUS OPERANDI .....	168
6.3.1	Offender and victim age and population group correlation.....	168
6.3.2	Modus operandi sub sections .....	171
6.3.2.1	Approach phase .....	171
6.3.2.1.1	Method of approaching the victim .....	171
6.3.2.1.2	Approach location.....	174
6.3.2.1.3	Verbal interaction.....	175
6.3.2.2	Attack phase.....	175
6.3.2.2.1	Location.....	176
6.3.2.2.2	Verbal interaction during the attack phase and sexual contact.....	179
6.3.2.2.3	Violence utilised and methods of control.....	180
6.3.2.2.4	Time of incidents and forensic precautions .....	183
6.3.2.2.5	Series length and victim frequency .....	184
6.3.2.3	Sexual behaviour.....	184
6.3.2.3.1	Frequency of sexual activities.....	186
6.4	GENERAL PROFILE CONSTRUCTION .....	187
6.4.1	General victim profile.....	187
6.4.2	Offender profile(s) .....	187
6.4.3	Modus operandi.....	188
6.4.3.1	Method of approach.....	188
6.4.3.2	Location.....	188
6.4.3.3	Methods of control and levels of violence .....	189
6.4.3.4	Sexual behaviour.....	190
6.5	CONCLUSION .....	190
<b>CHAPTER 7: CONCLUSIONS AND RECOMMENDATIONS .....</b>		<b>191</b>
7.1	CONCLUSIONS AND RESEARCH OBJECTIVES .....	191



7.2	INVESTIGATIVE CONSIDERATIONS .....	196
7.3	RECOMMENDATIONS .....	199
7.4	CONCLUSION .....	202
	<b>REFERENCE LIST .....</b>	<b>203</b>
	<b>APPENDIX A: SERIAL RAPE BEHAVIOURAL CHECKLIST .....</b>	<b>214</b>

## LIST OF TABLES

<b>Table 1</b>	Incidence of reported rapes and convictions in England and Wales 1977-1996 .....	15
<b>Table 2</b>	Prevalence of reported Rape incidents in South Africa from 2000 to 2007: April – March .....	16
<b>Table 3</b>	Overview of the Family Environment of the Serial Rapist (n=41) .....	36
<b>Table 4</b>	Overview of parental relationship (dominant parent, quality of relationship; mother & father) .....	37
<b>Table 5</b>	Victim and offender age distribution and age difference across the rape series.....	92
<b>Table 6</b>	Schematic representation of the verbal interaction during the approach phase, attack phase and the sexual behaviour of offender A's rape series .....	95
<b>Table 7</b>	Elements of the sexual behaviour exhibited by offender A during the rape series (n = 4) .....	96
<b>Table 8</b>	A correlation between the incidents, no of victims, and dates of the incidents committed by offender B .....	98
<b>Table 9</b>	Incident distribution, number of victims, victim ages and methods of approach of offender B (n=7) .....	100
<b>Table 10</b>	Schematic representation of the verbal interaction during the approach phase, attack phase and the sexual behaviour of offender B (n=7) .....	102
<b>Table 11</b>	Elements of the sexual behaviour exhibited by offender B (n = 8) .....	104
<b>Table 12</b>	Schematic representation of the verbal interaction during the approach phase, attack phase and sexual behaviour of offender C.....	110
<b>Table 13</b>	Elements of the sexual behaviour during the rape incidents of offender C (n = 13) .....	112



<b>Table 14</b>	Victim age and method of approach utilised by offender D in order of offence .....	116
<b>Table 15</b>	Primary methods of control utilised by offender D during the attack phase.....	120
<b>Table 16</b>	Elements of the sexual behaviour exhibited by offender D .....	120
<b>Table 17</b>	Offender E's methods of approach and ages of victims per incident.....	125
<b>Table 18</b>	Elements of the sexual behaviour exhibited by offender E (n=6) .....	127
<b>Table 19</b>	Offender F's method of approach and ages of victims per incident.....	132
<b>Table 20</b>	Offender G's methods of approach and age of victims per incident.....	137
<b>Table 21</b>	Elements of sexual behaviour exhibited by offender G (n = 2).....	140
<b>Table 22</b>	Method of approach, age of victims, and verbal interaction of offender H per incident .....	145
<b>Table 23</b>	Elements of the sexual behaviour exhibited by offender H (n = 6) .....	148
<b>Table 24</b>	Age of the victims and methods of approach utilised by offender I .....	152
<b>Table 25</b>	Elements of the sexual behaviour exhibited by offender I (n = 6).....	155
<b>Table 26</b>	Victim demographical information (75) .....	159
<b>Table 27</b>	Cross tabulation of population group distribution – SA rape statistics; Current research statistics and SA population group distribution.....	160
<b>Table 28</b>	General information of victim data set (n=75) .....	162
<b>Table 29</b>	Offender demographical information (9) .....	164



<b>Table 30</b>	
Comparison of offender data set - population group distribution (S.A; FBI; Stevens) .....	164
<b>Table 31</b>	
Offender data set basic information (n=9) .....	166
<b>Table 32</b>	
The victim population groupings for each individual offender (n=9) .....	170
<b>Table 33</b>	
Locations where the offender approached the victims (n=75).....	174
<b>Table 34</b>	
Incident location distribution of the entire offender data set (n=9).....	177
<b>Table 35</b>	
Methods of transportation utilised by the offender throughout the data set (n=75).....	178
<b>Table 36</b>	
Verbal interaction during the <b>attack phase</b> (n=72) .....	179
<b>Table 37</b>	
Method of controlling the victims during the attack phase (n=75) .....	181
<b>Table 38</b>	
Types of physical violence exhibited by the offenders (n = 23).....	182
<b>Table 39</b>	
Time of day during which the attacks occurred throughout the data set (n=75) .....	183
<b>Table 40</b>	
Series length observed in the data set (n=9) .....	184
<b>Table 41</b>	
Summary of the total number sexual behaviours exhibited by the offenders (n=67).....	185
<b>Table 42</b>	
Cross-tabulation between frequency increase of victim and sexual activity across the data set .....	187



## LIST OF FIGURES

<b>Figure 1</b>	
Schematic representation of the Behavioural-profiling framework .....	75
<b>Figure 2</b>	
Time line of the offences committed by offender A (n=4).....	92
<b>Figure 3</b>	
Age distribution of the victims for offender B (n=8) .....	99
<b>Figure 4</b>	
Verbal interaction between offender B and his victims during the seven incidents (n=7) .....	101
<b>Figure 5</b>	
Method of control utilised during the attack phase (n = 7).....	103
<b>Figure 6</b>	
Incident and time line of offender C's rape series (n=15).....	106
<b>Figure 7</b>	
Victim's age distribution of offender C (n=16) .....	107
<b>Figure 8</b>	
Methods of control utilised during the attack phase by offender C (n = 13).....	111
<b>Figure 9</b>	
Time line and incidents of offender D's rape series (n=17) .....	114
<b>Figure 10</b>	
Victim's age distribution of offender D (n = 17) .....	115
<b>Figure 11</b>	
Method of approach utilised by offender D (n=17) .....	116
<b>Figure 12</b>	
Type of sexual participation ordered by offender D (n = 17) .....	119
<b>Figure 13</b>	
Offender D's victim order and number of rapes per incident (12 month period n=17) .....	121
<b>Figure 14</b>	
Dates of offender E's rape series .....	123
<b>Figure 15</b>	
Offender E's victim ages in order of incidents (n = 6) .....	124
<b>Figure 16</b>	
Offender E's methods of controlling the victims during the attack phase (n = 6) .....	127

<b>Figure 17</b>	
Offender E's number of rapes per incident (n=6).....	128
<b>Figure 18</b>	
Date and incident distribution of offender F's series (n=6).....	130
<b>Figure 19</b>	
Victim's age and incident distribution of offender F (n = 6) .....	131
<b>Figure 20</b>	
Methods of control utilised by offender F during the attack phase (n = 6) .....	134
<b>Figure 21</b>	
Dates and incident distribution of offender G (n=3).....	136
<b>Figure 22</b>	
Dates and incident distribution of offender H (n=8).....	142
<b>Figure 23</b>	
Age distribution of offender H's rape victims (n = 8) .....	143
<b>Figure 24</b>	
Method approach utilised by offender H (n=8).....	145
<b>Figure 25</b>	
Verbal interaction between the victims and offender H during the approach phase (n = 7) .....	143
<b>Figure 26</b>	
Verbal interaction between the victims and offender H during the sexual behaviour (n = 6).....	147
<b>Figure 27</b>	
Methods of control utilised by offender H during the attack phase (n = 7).....	147
<b>Figure 28</b>	
Date and incident distribution of offender I (n =7) .....	150
<b>Figure 29</b>	
Age and incident distribution of offender I's rape series (n=7) .....	151
<b>Figure 30</b>	
The average age of victims per offender in the data set .....	169
<b>Figure 31</b>	
Methods of approach utilised by the offender throughout the data set (n = 75) .....	172

**TITLE:** An exploratory analysis of serial rape in South Africa  
**BY:** Jackie de Wet  
**SUPERVISOR:** Prof. Patrick Chiroro  
**CO-SUPERVISOR:** Prof. Gérard Labuschagne  
**DEGREE:** **DOCTOR OF PHILOSOPHY**

## **ABSTRACT**

This study is the first of its kind to explore the phenomenon of serial rape from a behavioural profiling perspective within the South African context. The dearth of scientific research on serial rape in South Africa has impacted negatively on the recognition and investigation of such cases.

The data set for the study consisted of police dockets, victim statements, court transcripts, detectives' reports, and correctional services reports on nine serial rapists who assaulted and/or raped a total of seventy five victims. A behavioural profiling framework that was developed from existing literature was used to systematically analyse the victim and offender data using both qualitative and quantitative data analysis techniques.

Initial victim and offender profiles were constructed using key elements such as age, population group, modus operandi, and sexual behaviour of the offenders. The initial results showed that the South African serial rapists typically exhibit the same behavioural elements reported in international literature with respect to aspects such as the methods of approach utilised, average age of the victims, ages of the offenders, offender – victim relationship, and sexual acts. However, the research also illustrated that South African serial rapists also displayed some behavioural aspects that have not been reported in international literature. In particular, South African serial rapists approach and attack their victims at two different locations. The research also showed that South African serial rapists are more willing to target victims outside their own populations groups. Young children also appear to be targeted more frequently by the South African serial rapists. The South African offenders also employed a new method of approaching the intended victim (i.e. the delayed-con approach).



The results are discussed in terms of the extent to which the behavioural patterns, similarities and differences with observations made in international literature, and current police practices with respect to the investigation of serial rape in South Africa could be utilised to enhance investigative processes. Also, specific areas in need of further examination are identified, as are strategies that could assist in decreasing the occurrence of 'linkage blindness' in serial rape investigations in South Africa.

### **KEY TERMS**

Serial rape, behavioural profiling, descriptive-exploratory, qualitative, quantitative, case study research, linkage blindness, document study, serial rapist typology, behavioural profiling framework.