BIBLIOGRAFIE

Ahlin, G. (1995). *The interpersonal world of the foundation matrix of the groups and networks of the person.* Group Analysis, <u>28</u>, 5-20.

Appleton, K., House, A. & Dowell, A. (1998). *A survey of job satisfaction, sources of stress and psychological symptoms among general practitioners in Leeds.* British Journal of General Practice, <u>48</u>, 1059-63.

Arthur, N.M. (1990). *The assessment of burnout: a review of three inventories.* Journal of Counselling and Development, <u>69</u> (2), 186-189.

Ashbach, C. & Schermer, V.L. (1987). Object relations, the self, and the group. *London: Routledge.*

Bishop, J.E. (1980). *The personal and business costs of "job burnout".* Wall Street Journal, <u>11</u>, November, 33.

Bonifacio, F. (1988). The psychological effects of police work. A psychodynamic approach. *New York : Plenum Press.*

Bourgault, D. & Meloche, M. (1982). *Burnout, or dying of exhaustion like a chameleon on a kilt.* The Social

Worker/Le Travailleur Social, 50 (3), 109-115.

Brown, D.G. (1987). *Context, content and process. Interrelationships between small and large groups in a transcultural workshop.* Group Analysis, 20, 237-248.

Brown, D. & Zinkin, L. (Eds.). (1994). The psyche and the social world, developments in group analytic theory. *London: Routledge.*

Budy, O.K. (1981). *Everything you always wanted to know about professional burnout but were afraid to ask.* Contemporary Education, 53 (1), 9-11.

Bulka, R.P. (1984). *Logotherapy as an answer to burnout.* The International Forum for Logotherapy: Journal of Search for Meaning, 7 (1), 8-17.

Caron, C., Corcoran, K.J. & Simcoe, F. (1983). *Intrapersonal Correlates of burnout: the role of locus of control in burnout and self-esteem.* The Clinical Supervisor, 1 (4), 53-61.

Carrilio, T.E. & Eisenberg, D.M. (1984). *Using peer support to prevent worker burnout.* Social Casework, 65, 307-310.

Cherniss, C. (1980). Professional burnout in human sevices organizations. *New York: Praeger.*

Cherniss, C. (1995). Beyond burnout, helping teachers, nurses, therapists and lawyers recover from stress and disillusionment. *New York: Routledge.*

Cherniss, C., Egnatios, E. & Wacker, S. (1976). *Job stress and career development in new public professionals.* Professional Psychology, 1, 428-436.

Cohn, G.W. (1993). *Matrix and intersubjectivity: phenomenological aspects of group analysis.* Group Analysis, 26, 481-486.

Colaizzi, P.F. (1978). Psychological research as the phenomenologist views it. In R.S. Valle & S. Halling (Eds.), Existential phenomenological alternatives for psychology. *New York: Oxford University Press.*

Comb, A.W. & Avila, D.L. (1989). Helping relationships: basic concepts for the helping professions (3rd edition). *Boston: Allyn and Bacon Inc.*

Daley, M.R. (1979).   *Burnout: smouldering problem in protective services.* Social Work, 24, 375-379.

Davis-Sacks, S.M., Jayaratne, S. & Chess, W.A. (1985). *Comparison of the effects of social support on the incidence of burnout.* Social Work, 30 (3), 240-244.

De Klerk, H.J. (1995).   Beroepsmatheid in maatskaplike werk: 'n identifiserings- en hanteringsmodel. *Ongepubliseerde D-Verhandeling: UOVS.*

De Maré, P. (1975).   *The politics of large groups.* In L. Kreeger (Ed.), The large group: dynamics and therapy (pp. 145-158), *Itasca, Illinois: F.E. Peacock.*

De Maré, P. (1985).   *Large group perspectives.* 9th S.H. Foulkes annual lecture. Group Analysis, 18 (2), 79-92.

De Maré, P. (1989).   *The history of large group phenomena in relation to group analytic psychotherapy: the story of the median group.* Group, 13 (3 – 4),173-197.

Du Toit, J.P.J. (1992).   Psigiese uitbranding by personeelkundiges in Suid-Afrika.

212

Ongepubliseerde M-verhandeling: P.U. vir CHO.

Edelwich, J. & Brodsky, A. (1980).

Burnout: stages of disillusionment in the helping professions. *New York: Human Sciences.*

Evans, P.S. (1986).

Burnout: the end of the line or a signal for change? Journal of Social Work Practise, 2 (3),15-30.

Farber, B.A. (Ed.). (1983).

Stress and burnout in the human service professions. *USA: Pergamon Press.*

Foulkes, S.H. (1964).

Therapeutic group analysis. *London: Allen & Unwin.*

Foulkes, S.H. (1975a).

Group analytic psychotherapy: methods and principles. *London: Gordon & Breach.*

Foulkes, S.H. (1975b).

Problems of the large group from a group-analytic point of view. In L. Kreeger (Ed.), The large group: dynamics and therapy (pp. 35-56). *Itasca, Illinois: F.E. Peacock.*

Foulkes, S.H. (1982).

Psychodynamic processes in the light of psychoanalysis and group analysis. In S. Scheidlinger (Ed.), Psychoanalytic group dynamics.

Garland, C., Kennard, D., Roberts, J.P., Winter, D.A., Caine, T.M., Dick, B. & Stevenson, F.B. (1984). *What is a group analyst? A preliminary investigation of conductors interventions.* Group Analysis, 17,137-145.

Gillespie, D.F. (1982). *Correlates for active and passive types of burnout.* Journal of Social Service Research, 4 (2), 1-16.

Giorgi, A. (1970). *Toward a phenomenological based research in psychology.* Journal of Phenomenological Psychology, 1, 75 – 98.

Giorgi, A. (1975a). An application of phenomenological method in psychology: In A. Giorgi, C.T. Fischer & E.L. Murray (Eds.), Duquesne studies in phenomenological psychology: Vol. 2 (pp. 82-103). *Pittsburgh: Duquesne University Press.*

Giorgi, A. (1975b). Convergence and divergence of qualitative and quantitative methods in psychology. In A. Giorgi, C.T. Fischer & E.L. Murray (Eds.), Duquesne studies in phenomenological psychology: Vol. 2 (pp. 72-79). *Pittsburgh: Duquesne University Press.*

Giorgi, A. (1983).
Concerning the possibility of phenomenological psychological research. Journal of Phenomenological Psychology, <u>14</u>,120 – 169.

Giorgi, A. (Ed.). (1985a).
Phenomenology and psychological research. *Pittsburgh: Duquesne University.*

Giorgi, A. (1985b).
The phenomenological psychology of learning and the verbal learning tradition. In A. Giorgi (Ed.), Phenomenology and psychological research (pp. 23 – 85). *Pittsburgh: Duquesne University Press*

Glicken, M.D. (1983).
A counselling approach to employee burnout. Personnel Journal, <u>62</u> (3), 222-228.

Greef, M. & Poggenpoel, M. (1991).
Begeleiding ter voorkoming van vermoeidheid by psigiatriese verpleegkundiges. Curationis, <u>14</u> (4), 17-21.

Green, D. (1984).
A framework for considering the burnout syndrome. New Doctor, <u>32</u>, 6-10.

Hardy, J.A. (1988).
Theoretical and methodological problems within occupational stress

and burnout research. Human Relations, 41 (5), 351-369.

Harris, P.L. (1984). *Assessing burnout: the organizational and individual perspective.* Family and Community Health, 6, 32-43.

Harrison, D.W. (1980). *Role strain and burnout in child protective service workers.* Social Service Review, 54 (1), 31-44.

Hearsch, R. (1988). *Stress on the job.* Newsweek, 25 April, 28-35.

Hearst, L. (1993). *Our historical and cultural cargo and its vicissitude in group analysis.* Group Analysis, 26, 389-405.

Hinshelwood, R.D. (1987). *Large group dynamics and the nuclear threat.* Group Analysis, 20, 137-146.

Hopper, E. (1997). *Traumatic experiences in the unconscious life of groups: a fourth basic assumption.* Group Analysis, 30, 439-470.

Horne, A. (1992). *Control and leadership in group psychotherapy.* Group Analysis, 25,195-205.

217

Leiter, M.P. (1991).

Coping patterns as predictors of burnout: the functions of escapist coping patterns. Journal of Organizational Behaviour, 12, 123-144.

Leiter, M.P. & Maslach, C. (1988).

The impact of interpersonal environment on burnout and organizational commitment. Journal of Organizational Behaviour, 9, 297-308.

Levinson, H. (1981).

Too much stress and too few gains can trigger job burnout. Savings and Loan News, 102, August, 106-107.

Lo Verso, G. (1996).

Towards a group-analytic epistemology. Group Analysis, 29, 475-484.

Macbride, A. (1983).

Burnout: Possible? Probable? Preventable? Canada's Mental Health, 31 (1),2-8.

Maslach, C. (1982).

Burnout – the cost of caring. *New Jersey: Prentice-Hall.*

Maslach, C. & Jackson, S.E. (1981).

The measurement of experienced burnout. Journal of Occupational Behaviour, 2, 99-113.

Matteson, M.T. & Ivancevich, J. M. (1987). Controlling work stress: effective human resource and management strategies. *USA: Jossey-Bass Publishers.*

McLean, A.A. (1985). Work stress. *Reading: Addison-Wesley Publishing Company.*

Mehr, M., Senteney, A. & Mac Creadie, T. (1995). *Daydreams, stress and burnout in women mental health workers: a preliminary clinical report.* Imagination, Cognition and Personality, 14 (2),105-115.

Meier, S.T. (1984). *The construct validity of burnout.* Journal of Occupational Psychology, 57, 211-219.

Merleau - Ponty, M. (1962). Phenomenology of perception. (C. Smith, vertaal). *Londen : Routledge & Kegan Paul.* (Oorspronklike werk gepubliseer 1945).

Miner, J.B. (1992). Industrial-organisational psychology. *Singapoer: McGraw-Hill Inc.*

Morrow, R. (1981). *The burnout of almost everyone.* Time, 118, September, 76.

Moss, L. (1981). Management stress. *New York: Addison-Wesley Publishing Company.*

Niehouse, O.L. (1981).

Burnout a real threat to human resource managers. Personnel, 58, 25-32.

Nitsun, M. (1989).

Early development: linking the individual and the group. Group Analysis, 22, 249-260.

Nitsun, M. (1991).

The anti-group: destructive forces in the group and their therapeutic potential. Group Analysis, 24, 7 – 20.

Odendaal, J., Schoonees, P.C., Swanepoel, C.J., du Toit, B. & Booysen, K.L. (1994).

Verklarende Afrikaanse woordeboek. (7de uitgawe.). *Kaapstad: J.L. van Schaick.*

Odendal, F.J. (1984).

Die predikant en uitbranding: 'n sielkundige ondersoek. *Ongepubliseerde M-verhandeling: RAU.*

Patrick, P.K.S. (1984).

Preventing burnout: co-ordinating the employee health function. Family and Community Health, 6, 76-92.

Perlman, B. & Hartman, E.A. (1982).

Burnout: summary and future research. Human Relations, 35 (4), 283-305.

Pieters, H.G. (1995).

Psigiese uitbranding by onder-offisiere in die Suid-Afrikaanse Polisiediens *Ongepubliseerde M-verhandeling: P.U. vir C.H.O.*

Pines, M. (1994).

The group-as-a-whole. In D. Brown & L. Zinkin (Eds.), The psyche and the social world. Developments in group analytic theory. *London: Routledge.*

Pines, A. & Aronson, E. (1988).

Career burnout. causes and cures. *USA: The Free Press.*

Pines, M. & Hutchinson, S. (1993).

Group Analysis. In A. Alonso & H.I. Swiller (Eds.), Group therapy in clinical practice. *Washington D.C.: American Psychiatric Press.*

Pines, A. & Kafry, D. (1978).

Occupational tedium in the social services. Social Work, 23 (6), 499-507.

Pines, A. & Maslach, C. (1980).

Combating staff burnout in a day care centre: a case study. Child Care Quarterly, 9 (1), 5-16.

Plug, C., Meyer, W.F., Louw, D.A. & Gouws, L. A. (1986).

Psigologie woordeboek (2 de uitgawe). *Pretoria: Sigma Press.*

Prodgers, A. (1991).

Countertransference. The conductor's emotional response

222

within the group setting. Group
Analysis, 24, 389-407.

Reed, H. (1982).   *Burnout and self-reliance.* Public
Welfare, Summer, 29-35.

Rink, J. (1985).   The effect of psychotherapy on the
burnout syndrome. *Ongepubliseerde*
M-verhandeling: UP.

Schoonees, P.C. & Swanepoel, C.J. (1970). Verklarende skoolwoordeboek
van die Afrikaanse taal.
Johannesburg: Voortrekkerpers.

Segal, H. (1973).   Introduction to the work of Melanie
Klein (2nd edition). *New York: Basic*
Books.

Sloboda, J. & Hopkins, J. (1992).   *Promoting mental health in the*
workplace: the staff care concept. In
D.R. Trent, Promotion of Mental
Health: Volume1, 1991. *Great*
Britian: Aveburg.

Smit, A. (1989).   Social work and burnout - a pilot
study to measure burnout and
identify trends in causation.
Ongepubliseerde navorsingstudie:
U.C.T.

Streepy, J. (1983).

A study of direct service providers and burnout. Financial Mail, 15 July, 33-34.

Strumpher, R. (1995).

Die verskil in die voorkoms van stres en uitbranding by bepaalde helpende professies van die Suid-Afrikaanse Nasionale Weermag. *Ongepubliseerde M-verhandeling: UP.*

Thévenaz, P. (1962).

What is phenomenology? (J.M. Edie, C. Courtney & P. Brockelman, vertaal) *Chicago : Quadrangle Books.*

Thornett, A. (2000).

Stress and burnout in general practitioners. Journal of Continuing Education for General Practitioners, Volume XV, 3, 37 - 40.

Tubesing, N.L. & Tubesing, D.A. (1982). *The treatment of choice: selecting stress skills to suit the individual and the situation.* In W.S. Paine (Ed.), Job stress and burnout: research theory and intervention perspectives. *USA: The Free Press.*

Van Vuuren, R.J. (1985).

Waardes en psigoterapie. *Ongepubliseerde D-verhandeling: UP.*

Usandivaras, R.J. (1989).   *Through "communitas" to individuation.* Group Analysis, 22,161-170.

Valle, R.S. & Halling, S (1988).   Existential - phenomenological perspectives in psychology. Exploring the breadth of human experience. *New York : Plenum Publishing Corporation.*

Van den Berg, J.H. (1972).   A different existence. *Pittsburgh: Duquesne University Press.*

Van der Westhuizen, F.C.H. (1991).   Die verskynsel van psigiese uitbranding by sekerheidskeurings-beamptes in 'n hoogtegnologiese onderneming. *Ongepubliseerde M - verhandeling: UP.*

Van Eckartsberg, R. (1986).   Life-world experience. Existential - phenomenological research approaches in psychology. *Washington, D.C.: Centre for Advanced Research in Phenomenology & University Press of America.*

Wallace, J.E. & Brinkerhoff, N.M.B. (1991). *The measurement of burnout revisited.* Journal of Social Service Research, 14 (1/2),85-111.

225

Walsh, J.A. (1987).   *Burnout and values in the social*
                             service profession. Social Case
                             Work, <u>68</u> (5),279-283.

Watts, P. (1990).   *Are your employees burnout-proof?*
                             Personnel, <u>67</u>, 12-14.

Wertz, F.J. (1983).   *From everyday to psychological*
                             description: analyzing the moments
                             of a qualitative data analysis.
                             Journal of Phenomenological
                             Psychology, <u>14</u>, 197-241.

Wertz, F.J. (1985).   *Methods and findings in a*
                             phenomenological study of a
                             complex life-event: being criminally
                             victimized. In A. Giorgi (Ed.),
                             Phenomenology and psychological
                             research (pp. 155-216). *Pittsburgh :*
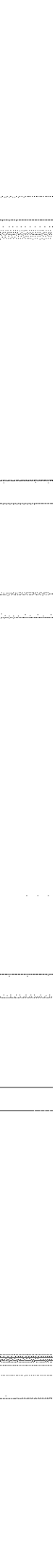   *Duquesne University Press.*
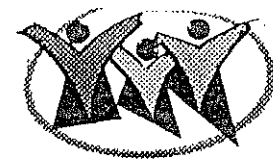
Publikasies en Dokumente

Amptelike Nuusbrief van die Gauteng Provinsie (September 2000).

Spesiale Magsorde vir Sielkundige Dienste: Suid-Afrikaanse Polisiediens.

Bylaag

SEMKO CEMCO

Sentrum vir Menslike   Centre for Human
Ontwikkeling in   Advancement in
Psigososiale Konteks   Psychosocial Context

Bied Aan

Psigiese Uitbranding en die Sielkundige in die SAPD

'n Eksploratiewe Groepanalitiese Werkwinkel
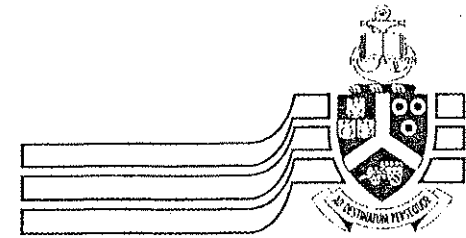
Universiteit van Pretoria

AGTERGROND

...aar is al by verskillende geleenthede deur ...elkundiges in diens van die Suid-...frikaanse Polisiediens die opmerking ...emaak dat hulle psigies uitgebrand voel. ...ié komplekse ervaring word selde buite ...erkskonteks gedeel.

...ierdie groepanalitiese werkwinkel bied 'n ...erste en unieke geleentheid om dié ...spekte op 'n uitgebreide persoonlike- en ...roepvlak te eksploreer. Die werkwinkel ...orm deel van 'n doktorale studie.

WERKWINKEL STRUKTUUR

...ie werkwinkel sal gelei word deur Dr Assie ...ildenhuys, 'n ervare fasiliteerder en ...roepterapeut. Binne die geantisipeerde ...aamwerk van die werkwinkel sal daar van ...lke lid verwag word om op 'n aktiewe wyse ...eel te neem aan die daarstelling van die ...eslag van die groep. Daar sal ook ...eleentheid tot reflektering oor die ervaring ...n betekenis wat die groep gehad het, ...ees.

TYD EN PLEK

PLEK: SEMKO, Departement Sielkunde, Universiteit Pretoria, Lynnwoodweg, Pretoria Geesteswetenskappe-gebou K 13-10

DAG: Vrydag - Saterdag

DATUM: 23 April - 24 April 1999

TYD: 16h30(Vrydag) - 17h00(Saterdag)

KOSTE: R 180,00 per persoon. Verversings en 'n ligte middagete (Saterdag) is ingesluit.

WIE KAN DIT BYWOON?

U moet 'n geregistreerde sielkundige of intern sielkundige (enige registrasie kategorie) in diens van die SAPD wees om die werkwinkel by te woon. Daar is weens die formaat van die werkwinkel slegs 'n beperkte aantal plekke beskikbaar.

NAVRAE:

Jaco van der Walt, SAPD, Sielkundige Dienste, Gauteng. Tel: 082 800 7955 / (011) 407 0316

OF

Jan Perold, SEMKO, Universiteit van Pretoria Tel: (012) 420 3430 / semko3@libarts.up.ac.za

REGISTRASIE

U word uitgenooi tot deelname aan die werkwinkel. Voltooi asseblief die onderstaande registrasievorm en pos die vorm saam met die bedrag van R180,00 voor 16 April 1999 om u plek te bevestig. Posadres: Direkteur SEMKO, Departement Sielkunde, Universiteit van Pretoria, Pretoria, 0002. Die bedrag kan ook betaal word met die aanvang van die werkwinkel. Maak asseblief tjeks uit aan Universiteit van Pretoria (SEMKO).

NAAM: _____

ADRES (W): _____

_____

ADRES (H): _____

_____

_____

TEL (W): _____

TEL (H): _____

FAKS: _____

E-POS: _____

REGISTRASIE AS SIELKUNDIGE (bv. Intern Kliniese Sielkundige): _____

_____

_____