

## BIBLIOGRAPHY

- American Psychiatric Association (1994). Diagnostic and statistical manual of mental disorders (4th ed.). Washington DC: American Psychiatric Association.
- Arkowitz, H. (1992). Integrative theories of therapy. In D. K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. 261 - 304). American Psychological Association, Washington D.C.
- Angus, C.C. (1992). Self-Reports on the effectiveness of psychotherapy with therapists-in-training: An 18 month follow-up study at a psychology training clinic. Unpublished master's thesis, Rhodes University.
- Battle, C., Imber, S., Hoenn-Sark, R., Stone, A., Nash, E. & Frank J. (1966). Target complaints as criteria for improvement. American Journal of Psychotherapy, 20, 184 - 192.
- Bergin, A.E. (1966). Some implications of psychotherapy research for therapeutic practice. Journal of Abnormal Psychology, 71(4), 235 - 246.
- Bergin, A.E. & Garfield, S.L. (1971). Handbook of psychotherapy and behavioural change. New York: John Wiley and Sons Inc.
- Birtchnell, J. (1978). The peculiar problems of psychiatric research. British Journal of Medical Psychology, 51(2), 113 - 118.
- Bockhoven, J.S. (1963). Moral treatment in American psychiatry. New York: Springer.
- Boelen, B.J. (1963). Existential thinking. Duquesne University Press, Pittsburgh.
- Boisen, A.T. (1962). The exploration of the inner world. Harper Torchbooks: New York.
- Bordin, E.E. (1986). The effectiveness of psychotherapy: An Introduction. American Orthopsychiatric Association Inc., 56, 500.
- Brice, C.W. (1984). Pathological modes of human relating and therapeutic mutuality: A dialogue between Buber's existential relational theory and object-relations theory. Journal of Psychiatry, 47, 109 - 123.
- Bromley, D.B. (1986). The case-study method in psychology and related disciplines. Chichester: Wiley.
- Buber, M. (1947). Between man and man. R.G. Smith (trans.), London: Kegan Paul.
- Buber, M. (1957). Healing through meeting. In M.S. Friedman (Trans. & Ed.), M. Buber Pointing the Way (pp. 93 - 97). New York: Schocken Books.
- Buber, M. (1958). I and thou, (trans. by R.G. Smith). New York: Scribner.
- Buber, M. (1965). Introduction by M.S. Friedman. In M.S. Friedman & R.G. Smith (Trans.), The knowledge of man: A philosophy of the interhuman. New York: Harper Torchbooks.
- Buber, M. (1965). Distance and relation. In M. Friedman (Ed.), The knowledge of man: A philosophy of the interhuman (pp. 59 -71). New York: Harper Torchbooks.
- Buber, M. (1965). Dialogue between Martin Buber and Carl R. Rogers. In M. Friedman (Ed.), The knowledge of man: A philosophy of the interhuman (pp. 166 -184). New York: Harper Torchbooks.
- Cameron, N.A. (1947). The psychology of behaviour disorders. Houghton Mifflin, Cambridge, Mass.

- Cameron, O.G. (Ed.), (1967). Presentations of depression: Depressive symptoms in medical and other psychiatric disorders. John Wiley & Sons: New York.
- Carkhuff, R.R. (1966). Counseling research, theory and practice. Journal of Counseling Psychology, 13(4), 467 - 477.
- Cartwright, D.S. (1955). Success in psychotherapy as a function of certain actuarial variables. Journal of Consulting Psychology, 19, 357 - 363.
- Cartwright, D.S. & Roth, I. (1957). Success and satisfaction in psychotherapy. Journal of Clinical Psychology, 13, 20 - 26.
- Casner, D. (1950). Certain factors associated with success and failure in personal adjustment counseling. American Psychologist, 5, 348.
- Chessik, R.D. (1986). Heidegger for psychotherapists. American Journal of Psychotherapy, XL(1), 83 - 95.
- Chessik, R.D. (1996). Nothingness, meaningless, chaos, and the "Black Hole" revisited. Journal of the American Academy of Psychoanalysis, 23(4), 581 - 601.
- Chopra, H.D. & Beatson, J.A. (1988). Some aspects of the phenomenology of borderline personality disorders. Indian Journal of Psychiatry, 30(3), 221 - 226.
- Clarkson, P. (1990). A multiplicity of psychotherapeutic relationships. British Journal of Psychotherapy, 7(2), 148 - 163.
- Clementel-Jones, C., Malan, D. & Trauer, T. (1990). A retrospective follow-up study of 84 patients treated with individual psychoanalytic psychotherapy: outcome and predictive factors. British Journal of Psychotherapy, 6(4), 363 -374.
- Cohen, L.H., Sargent, M.M. & Sechrest, L.B. (1986). Use of psychotherapy research by professional psychologists. American Psychologist, 41(2), 198 - 206.
- Conrad, D.C. (1952). An empirical study of the concept of psychometric success. Journal of Consulting Psychology, 16, 92 - 95.
- Corin, C. & Lauzon, G. (1994). From symptoms to phenomena: The articulation of experience in schizophrenia. Journal of Phenomenological Psychology, 25(1), 3 - 50.
- Cushman, P. (1992). Psychotherapy to 1992: A historically situated interpretation. In D.K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. 4 -64). American Psychological Association, Washington D.C.
- Custance, J. (1964). The universe of bliss and the universe of horror. A description of a manic-depressive psychosis. In B. Kaplan (ed.), Mental illness: a series of first-person accounts of what it was like (pp. 43 - 61). New York: Harper & Row.
- David, A. (1990). Insight and psychosis. British Journal of Psychiatry, 156, 798 -808.
- Davidson, L. (1994). Phenomenological research in schizophrenia: From philosophical anthropology to empirical science. Journal of Phenomenological Psychology, 25(1), 104 - 130.
- Dreyfus, H.L. & Rabinow, P. (1983). Michel Foucault: Beyond structuralism and hermeneutics, (2ed.). Chicago: University of Chicago Press.

- Eckler-Hart, A.H. (1987). True and false self in the development of the psychotherapist. Journal of Psychotherapy, 24(4), 683 - 691.
- Edwards, D.J.A. (1991). Duquesne phenomenological research method as a special class of case study research method. In R.J. Van Vuuren (ed.), Dialogue beyond polemics (pp. 53 - 70). Pretoria: HSRC.
- Eigen, M. (1993). The psychotic core. Jason Aronson Inc.
- Ellenberger, H.F. (1974). Psychiatry from Ancient to Modern Times. In S. Arieti, (Ed.), American handbook of psychiatry - The foundations of psychiatry (pp. 3 - 27), Vol. 1. New York: Basic Books Inc.
- Farber, L.H. (1966). The ways of the will. Essays toward a psychology and psychopathology of the will. New York: Basic Books.
- Farmer, F. (1982). Will there really be a morning ? Allison and Busby Ltd., London.
- Fischer, C.T. (1989). Personality and Assessment. In R.S. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 157 - 178). New York: Plenum.
- Fisher, V.E. (1950). The meaning and practice of psychotherapy. New York: The MacMillan Co.
- Fiske, D.W., Hunt, H.F., Luborsky, L., Orne, M.T., Parloff, M.R., Reiser, M.F. & Tuma, A.H. (1970). Planning of research on effectiveness of psychotherapy. American Psychologist, 25, 727 - 737.
- Forsyth, D.R. & Strong, S.R. (1986). A scientific study of counseling and psychotherapy. American Psychologist, 41(2), 113 - 119.
- Friedman, M.S. (1985). The healing dialogue in psychotherapy. Northvale, New Jersey: Aronson.
- Friedman, M.S. (1960) Martin Buber: The life of dialogue. New York: Harper Torchbooks.
- Garfield, S. (1992). Major issues in psychotherapy research. In D.K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. 335 - 359). American Psychological Association, Washington D.C.
- Gendlin, E.T. (1961). Experiencing: a variable in the process of therapeutic change. American Journal of Psychotherapy, 15, 233 - 245.
- Gendlin, E.T., Jenney, R. & Shlien, J. (1960). Counselor ratings of process and outcome in client-centred therapy. Journal of Clinical Psychology, 16, 210 -213.
- Gendlin, E.T. (1964). A Theory of Personality Change. In P. Worchell & D. Byrne (Eds.), Personality Change (pp. 100 - 148). New York: Wiley.
- Gendlin, E.T. (1974). The role of knowledge in practice. In G.F. Farwell, N.K. Gamsky & P. Mathieu-Coughlin (Eds.), The Counselor Handbook (pp. 269 - 294). New York: Intext Educational Publishers.
- Gendlin, E.T. (1986 - 87). Schizophrenia: Problems and methods in psychotherapy. In K. Hoeller (Ed.), Readings in existential psychology and psychiatry of the review of existential psychology and psychiatry, 20(1, 2, & 3), 181 -205.
- Giorgi, A. (1970). Psychology as a human science. New York: Harper & Row.
- Glass, C.R. & Arnkoff, D.B. (1988). Common and specific factors in client descriptions of and explanations for change. Journal of Integrative and Eclectic Psychotherapy, 7(4), 427 - 440.

- Goldman, L. (1976). A revolution in counseling research. Journal of Counseling Psychology, 23(6), 543 - 552.
- Goldfried, M.R. (1980). Toward the delineation of therapeutic change principles. American Psychologist, 35(11), 991 - 999.
- Goldfried, M.R. & Wolfe, B.E. (1996). Psychotherapy practice and research. American Psychologist, 51(10), 1007 - 1016.
- Goldstein, A.P. (1971). Psychotherapeutic attraction. New York: Pergamon Press.
- Gottman, J.M. & Leiblum, S.R. (1974). How to do psychotherapy and how to evaluate it. New York : Holt, Rinehart and Winston Inc.
- Halling, S. & Dearborn Nill, J. (1989). Demystifying psychopathology. Understanding Disturbed Persons. In R.S. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 179 - 192). New York: Plenum.
- Halling, S. & Goldfarb, M. (1991). Grounding truth in the body: therapy and research renewed. The Humanistic Psychologist, 19, 313 - 30.
- Halling, S. & Leifer, M. (1991). The theory and practice of dialogal research. Journal of Phenomenological Psychology, 22(1), 1 - 15.
- Halling, S., Kunz, G.D. & Rowe, J.O. (1994). The contributions of dialogal psychology to phenomenological research. Journal of Humanistic Psychology, 34(1), 109 - 131.
- Halling, S. (1996). When the other falls from grace: A phenomenological analysis of interpersonal disillusionment. The Humanistic Psychologist, 24(2), 175 - 189.
- Harvey, P.D. & Walker, E.E. (1987). Positive and negative symptoms of psychosis: Description, research, and directions. Lawrence Erlbaum Ass. Inc. Hillsdale, New York.
- Heard, W.G. (1993). The healing between: A clinical guide to dialogical psychotherapy. Jossey-Bass Inc.
- Hollon, S.D. (1996). The efficacy and effectiveness of psychotherapy relative to medications. American Psychologist, 51(10), 1025 - 1030.
- Howard, D. (1966). Hallucinations: A phenomenological analysis. Rev. Existential Psychology and Psychiatry. 6(3), 211 - 229.
- Howard, K.I., Moras, K., Brill, P.L., Martinovich, Z. & Lutz, W. (1996). Evaluation of psychotherapy. American Psychologist, 51(10), 1059 - 1064.
- Hycner, R. (1991). Between person and person: Toward a dialogal psychotherapy. Highland, New York: The Gestalt Journal.
- Ingham, H.V. & Love, L.R. (1954). The process of psychotherapy. New York: McGraw Hill Book Co Inc.
- Ivey, G. (1990). An introduction to object relations theory.
- Jacobson, N.S. & Christensen, A. (1996). Studying the effectiveness of psychotherapy - How well can clinical trials do the job ? American Psychologist, 51(10), 1031 - 1039.
- Jager, B. (1990). Of masks and marks, therapists and masters. Journal of Phenomenological Psychology, 21(2), 165 - 179.

- Jaspers, K. (1963). General Psychopathology. University of Chicago Press, Chicago.
- Kaplan. (1964). Mental illness: a series of first-person accounts of what it was like. New York: Harper & Row.
- Kaplan, H.I. & Sadock, B.J. (1991) (6th ed). Synopsis of psychiatry : Behavioural sciences clinical psychiatry. Baltimore: Williams & Wilkins.
- Khan, M. M. R. (1963). The concept of cumulative trauma. Psychoanalytic Study of the Child, 18, 286 - 306.
- Kirtner, W.L. & Cartwright, D.S. (1958). Success and failure in client-centred therapy as a function of client personality variables. Journal of Consulting Psychology, 22(a), 259 - 264.
- Kirtner, W.L., Cartwright, D.S., Robertson, R.J. & Fiske, D.W. (1961). Length of therapy in relation to outcome and change in personal integration. Journal of Consulting Psychology, 25, 84 - 88.
- Kitamura, T., Okazaki, Y., Fujinawa, A. Yoshino, M. (1995). Symptoms of psychoses: A factor-analytic study. British Journal of Psychiatry, 166(2), 236 - 240.
- Klein, M. (1946). Notes on some schizoid mechanisms. International Journal of Psychoanalysis, 27, 99 - 110.
- Krauss, A. (1994). Phenomenology of the technical delusion in schizophrenics. Journal of Phenomenological Psychology, 25(1), 51 - 69.
- Krishnamurti, J. (1968). Experiencing. In D. Rajagopal (Ed.), Commentaries on living (1st series), Quest Books, Wheaton, Illinois.
- Kruger, D. (1988). Introduction to phenomenological psychology. Cape Town: Jutas.
- Kvale, S. (1996). Interviews. An introduction to qualitative research interviewing. Sage Publications Inc.
- Lambert, M.J. & Bergin, A.E. (1992). Achievements and limitations of psychotherapy. In D.K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. 360 - 390). American Psychological Association, Washington D.C.
- Laing, R. D. (1969). The divided self: An existential study in sanity and madness. Penguin Books, London.
- Lang, J. (1938). The other side of hallucinations. American Journal of Psychiatry, 94, 1089 - 1097.
- Lang, J. (1939). The other side of hallucinations. Part II - Interpretation. American Journal of Psychiatry, 96, 423 - 430.
- Langs, R.M.D. (1989). Rating your psychotherapist. New York: Ballantine Books.
- Lawner, P. (1981). Reflections on the "unknown" in psychotherapy. Psychotherapy: Theory, Research and Practice, 18(3), 306 - 312.
- Lawrence, N. & O'Connor, D. (Eds.) (1967). Readings in Existential Phenomenology, Englewood Cliffs. New Jersey: Prentice-Hall.
- Lehtinen, V., Aaltonen, J., Koffert, T., Rakkalainen, V. (1996). Integrated treatment model for acute psychosis: The Finnish API project". Nordic Journal of Psychiatry, 50(4), 281 - 288.

- Leonard, V. (1989). A Heideggerian phenomenological perspective on the concept of the person. Advances in Nursing Science, 11(4), 40 - 55.
- Lesser, W.M. (1961). The relationship between counseling progress and empathic understanding. Journal of Counseling Psychology, 8, 330 - 336.
- Levin, D. (1987). Pathologies of the modern self: Postmodern studies on narcissism, schizophrenia and depression. New York: New York University Press.
- Luborsky, L., Crits-Christoph, P., McLellan, A.T., Woody G., Piper, W., Liberman, B., Imber, S. & Pilkonis, P. (1986). Do therapists vary much in their success ? Findings from four outcome studies. American Orthopsychiatric Association, Inc., 56, 501 - 511.
- Luborksy, L. (1992). Does psychotherapy research really offer good ideas for psychotherapists ? Journal of Psychotherapy Practice and Research, 1(4), 310 - 312.
- Luchins, A.S. (1993). Social control doctrines of mental illness and the medical profession in nineteenth-century America. Journal of the History of the Behavioural Sciences, 29, 29 - 47.
- Margulies, A. (1984). Toward empathy: The uses of wonder. The American Journal of Psychiatry, 141(9), 1025 -1033.
- Malan, D. H. (1973). The outcome problem in psychotherapy research. Archives General Psychiatry, 29, 719 - 728.
- Malan, D.H. (1980). Toward the validation of dynamic psychotherapy. New York: Plenum.
- Masek, R. (1991). Knowing the other in self psychology: A comparative dialogue between Heinz Kohut and Maurice Merleu-Ponty. Studies in Humanistic Psychology, 29, West Georgia College, Georgia, 33 - 47.
- May, R. (1958). The origins and significance of the existential movement in psychology. In R. May, E. Angel & H. Ellenberger (Eds.), Existence - A new dimension in psychiatry and psychology (pp. 3 - 36). Basic Books Inc.
- May, R. (1958). Contributions of existential psychotherapy. In R. May, E. Angel & H. Ellenberger (Eds.), Existence - A new dimension in psychiatry and psychology (pp. 37 - 91). Basic Books Inc.
- May, R. (1964). On the phenomenological bases of psychotherapy. Review of Existential Psychology and Psychiatry, 4(1), 22 - 36.
- May, R. (1969). Love and Will. New York: Norton.
- May, R. (1992). Foreword. In D.K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. xx - xxvii). American Psychological Association, Washington D.C.
- McNair, D.M., Lorr, M., Young, H.H., Roth, I. & Boyd, R.W. (1964). A three year follow-up of psychotherapeutic patients. Journal of Clinical Psychology, 20, 258 -264.
- Merleu-Ponty, M. (1967). The Phenomenology of Perception. New York: Routledge and Kegan Paul.
- Miller, R. (1990). Empathy and hierarchy: A response to Sass. New Ideas in Psychology, 8(3), 305 - 307.
- Microsoft(R) Encarta(R) 97 Encyclopedia(c). 1993 - 1996 Microsoft Corporation.
- Morrow-Bradley, C. & Elliot, R. (1986). Utilisation of Psychotherapy Research by Practising Psychotherapists. American Psychologist, 41(2), 88 - 197.

- Moss, D. (1989). Psychotherapy and Human Experience. In R. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 193 - 213). New York: Plenum.
- Moss, D. (1989). Brain, body, and world. Body image and the psychology of the body. In R. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 63 - 82). New York: Plenum.
- Nichols, R.C. & Beck, K.W. (1960). Factors in psychotherapy change. Journal of Consulting Psychology, 24, 388 - 399.
- Nodell, A.H. (1958). The theoretical implications of hallucinating experiences in schizophrenia. American Psychoanalytical Association Journal, 6, 442 - 480.
- Norcross, J.C., & Freedheim, D.K. (1992). Into the future: Retrospect and prospect in psychotherapy. In D.K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. 881 - 900). American Psychological Association, Washington D.C.
- Noyes, A.P. (1963). Modern Clinical Psychiatry. (Rev. L.C. Kolb), Saunders, Philadelphia.
- Ogden, T. (1986). The matrix of the mind: Object relations and the psychoanalytic dialogue. Aronson: Northvale, NJ.
- Ogden, T. (1983). The concept of internal object relations. International Journal of Psychoanalysis, 64, 227 - 241.
- O'Malley, S.S., Foley, S.H. & Rounsaville, B.J. (1988). Therapist competence and patient outcome in interpersonal psychotherapy of depression. Journal of Consulting and Clinical Psychology, 56, 496 - 501.
- Pande, S. (1968). The mystique of "Western" psychotherapy: An Eastern interpretation. The Journal of Nervous and Mental Disease, 146(6), 425 - 432.
- Persons, J.B. (1991). Psychotherapy outcome studies do not accurately represent current models of psychotherapy. American Psychologist, 46(2), 99 - 106.
- Polkinghorne, D.E. (1989). Phenomenological research methods. In R. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 41 - 60). New York: Plenum.
- Prouty, G. (1994). Theoretical evolutions in person-centred/experiential therapy -applications to schizophrenic and retarded psychoses. Praeger: Westport, Connecticut, London.
- Rice, L.N. & Greenberg, L.S. (Eds.), (1984). Patterns of change. New York: The Guilford Press.
- Reber, A.S. (1985). Dictionary of Psychology, Penguin Books.
- Rees, T.P. (1957). Back to moral treatment and community care. The presidential address delivered at the one hundred and fifteenth annual general meeting held at Warlingham Park Hospital, 18 July, 1956. The Journal of Mental Science, 103(431), 303 - 314.
- Rogers, C.R. (1973). My philosophy of interpersonal relationships and how it grew. Journal of Humanistic Psychology, 13(2), 3 - 15.
- Rogers, C.R. & Dymond, R.F. (1954). Psychotherapy & personality change. University of Chicago Press.
- Rogers, C.R., Gendlin, E., Kiestler, D. & Truax, C. (1976). The therapeutic relationship and its impact: A study of psychotherapy with schizophrenics. Greenwood Press, Connecticut.

- Romanyshyn, R. (1991). Complex knowing: Toward a psychological hermeneutics. The Humanistic Psychologist, 19(1), 10 - 29.
- Rosenbaum, M., Friedlander, J. & Kaplan, S. (1956). Evaluation of results of psychotherapy. Psychometric Medicine, 18, 113 - 132.
- Rowe, J.O., Halling, S., Davies, E., Leifer, M., Powers, D. & van Bronkhorst, J. (1989). The psychology of forgiving another: A dialogal research approach. In R. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 233 - 244). New York: Plenum.
- Sass, L.A. (1994). My so-called delusions: Solipsism, madness and the Schreber Case. Journal of Phenomenological Psychology, 25(1), 70 - 103.
- Schwartz, M.A., Wiggins, O.P., Spitzer, M. (1997). Psychotic experience and disordered thinking: A reappraisal from new perspective. Journal of Nervous and Mental Disease, 185(3), 176 - 187.
- Sedman, G. (1966a). A phenomenological study of pseudohallucinations and related experience. Acta Psychiatrica, Scandinavica, 42, 35 - 70.
- Sedman, G. (1966b). The delineation of pathological experience: the phenomenological approach. British Journal of Psychiatric Social Work, 8(3), 10 -17.
- Sedman, G. (1967). Experimental and phenomenological approaches to the problems of hallucinations in organic syndromes. British Journal of Psychiatry, 113, 1115 - 1121.
- Segal, H. (1973). Introduction to the work of Melanie Klein. London, The Hogarth Press and the Institute of Psychoanalysis.
- Seligman, M.E.P. (1996). Science as an ally of practice. American Psychologist, 51(10), 1072 -1079.
- Seligman, M.E.P. (1995). The effectiveness of psychotherapy. American Psychologist, 50(12), 965 - 974.
- Shainberg, D. (1983). Teaching therapists to be with their patients. In J. Welwood (Ed.), Awakening the heart: East/West approaches to psychotherapy and the healing relationship. Boulder, Colorado: New Science Library.
- Skinner, B.F. (1953). Science and Human Behaviour. New York: MacMillan.
- Smith, M.L. & Glass, G.V. (1977). Meta-analysis of Psychotherapy Outcome Studies. American Psychologist, 32(9), 752 - 760.
- Smith, D. L. (1979). Phenomenological psychotherapy: A why and a how. In A. Giorgi, R. Knowles & D.L. Smith (Eds.), Duquesne studies in phenomenological psychology (pp. 32 - 48), Vol. III, Pittsburgh, PA: Duquesne University Press.
- Socarides, C. W. (1977). On disillusionment: The desire to remain disappointed. In C.W. Socarides (Ed.), The world of emotions (pp. 553 - 574). New York: International University Press.
- Spielgelberg, H. (1972). Phenomenology in psychology and psychiatry. Evanston, Illinois: Northwestern University Press.
- Stern, D.B., (1983). Unformulated experience: From familiar chaos to creative disorder. Contemporary Psychoanalysis, 19(1), 71 - 99.
- Stern, D.B. (1989). The analyst's unformulated experience of the patient. Contemporary Psychoanalysis, 25(1), 1 - 33.



Straus, E. (1962). Phenomenological psychology. Basic Books, New York.

Strupp, H.H. (1971). Psychotherapy and the modification of abnormal behaviour. New York: McGraw-Hill Inc.

Strupp, H.H. (1986). Psychotherapy - Research, practice, and public policy (How to avoid dead ends). American Psychologist, 41(2), 120 - 130.

Strupp, H.H., & Howard, K.I. (1992). A brief history of psychotherapy research. In D.K. Freedheim (Ed.), History of psychotherapy - A century of change (pp. 309 -334). American Psychological Association, Washington D.C.

Stubbs, J.P. & Bozarth, J.D. (1994). The Dodo bird revisited: A qualitative study of psychotherapy efficacy research. Applied and Preventive Psychology, 3, 109 -120.

Sullivan, B.S. (1989). Psychotherapy grounded in the feminine principle. Illinois: Chiron Publications.

Truax, C.B. & Carkhuff, R. (1964). Progress in clinical psychology. New York: Grune & Stratton.

Tulloch, S. (Ed.), (1993). The Reader's Digest - Oxford Complete Wordfinder. The Reader's Digest Association Ltd., London in conjunction with Oxford University Press, Oxford.

Ursano, R.J. & Hales, R.E. (1986). A review of brief individual psychotherapies. American Journal of Psychiatry, 143(12), 1507 - 1517.

Valle, R. S., King, M., & Halling, S. (1989). An introduction to existential- phenomenological thought in psychology. In R. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 3 - 16). New York: Plenum.

Van den Berg, J.H. (1962). An existential explanation of a guided daydream in psychotherapy. Rev. Existential Psychiatry & Psychology, 2(1), 5 - 35.

Van den Berg, J.H. (1972). A different existence. Pittsburgh: Duquesne University Press.

Van den Berg, J.H. (1980). Phenomenology and psychotherapy. Journal of Phenomenological Psychology, 11(2), 21 - 49.

VandenBos, G. (1996). Outcome assessment of psychotherapy. American Psychologist, 51(10), 1005 - 1006.

Wertz, F.J. (1989). Approaches to perception in phenomenological psychology: The alienation and recovery of perception in modern culture. In R. Valle & S. Halling (Eds.), Existential-phenomenological perspectives in psychology (pp. 83 -98). New York: Plenum.

Winnicott D. W. (1960). Ego distortion in terms of true and false self. In The maturational process and the facilitating environment. New York: International Universities Press.

Winnicott, D. (1965). Collected Papers: Through paediatrics to psychoanalysis, London: Tavistock.

Winnicott, D. (1971). Playing and reality. Middlesex, England: Penguin.

Winnicott, D. (1977). The Piggle: an account of the psychoanalytic treatment of a little girl. New York: International University Press.

Wolberg, L.R. (3rd ed.) (1977). The techniques of psychotherapy. New York: Grune & Stratton.

Zax, M. & Klein, A. (1960). Measurement of personality and behaviour changes following psychotherapy. Psychological Bulletin, 57, 435 - 448.