

Supplementary table 2. Exploratory factor analyses, conducted in ten steps, to identify items that best fit in FNS-A (Study 1)

Step	Number of items	Number of factors extracted with eigenvalues > 1	Variance explained	Chi-square	Items deleted	Reason/s to delete items
1	24	Unlimited 4 (fourth factor accounted for 2% of the variance)	38.3%	296 (df = 186)		
2	24	3	36.1% F1 = 28.1% F2 = 6.1% F3 = 1.9%	378 (df = 207)	5 (FN5) 8 (PHm8)	low communality (0.144) and <0.3 factor loading in the pattern matrix (item 5) relatively good communality, but spread evenly among three factors (i.e. cross loading) (item 8)
3	22	3 (third factor accounted for 2% of the variance) rotation failed to converge into 25 iterations	37.3% F1 = 29.7% F2 = 6.3% F3 = 2.0%	310 (df = 168)		
4	22	2	35.1% F1 = 28.6% F2 = 6.4%	409 (df = 188)	17 (PHm17) 19 (FN19) 20 (FN20)	cross loadings or overall low loadings in the pattern matrix
5	19	2	36.2% F1 = 29.1% F2 = 7.1%	282 (df = 134)	3 (FN3) 23 (FN23)	low communalities, cross loadings and/or overall low loadings
6	17	2	38.2% F1 = 31.3% F2 = 6.9%	205 (df = 103)	2 (FN2) 21 (FN21)	low communalities, cross loadings and/or overall low loadings
7	15	2	39.4% F1 = 32.1% F2 = 7.3%	168 (df = 76)	10 (FN10)	low communalities, cross loadings and/or overall low loadings
8	14	2	41.0% F1 = 34.1% F2 = 6.9%	159 (df = 64)	22 (FN22) 1 (FN1)	low communalities and/or overall lower loadings within the factor extracted
9	12	2	41.9% F1 = 34.1% F2 = 7.8%	114 (df = 43)	16 (FN16) 9 (PHm9)	low communalities and/or overall lower loadings within the factor extracted
10	10	2	41.3% F1 = 32.7% F2 = 8.6%	74 (df = 26)		