



FIGURE 9.1

Day 154, Cyclist

(Lorraine Loots, 2013)

Chapter nine

CONCLUSION

The design presented in this dissertation has attempted to explore how the development of an architectural solution can **adopt and encapsulate the fundamental meanings of a landscape**, as a spatial structure in which diversity and differences are embedded, and where coherence between all living systems can be generated, to finally become a **healing habitat** in order to restore the **reciprocal relationship** between nature and humans.

These meanings and **qualities of nature** were recognized by identifying and implementing the concepts of Regenerative Architecture, Bioremediation, Biophilia and Biomimicry at different scales in the vocabulary of designing a building as an **alternative ecosystem**.

This investigation revealed that the issue of **urban diseases** in our cities cannot purely be solved within medical terms, as this will merely promote the management thereof and avoid addressing the true root of the problem. It did however reveal that architecture could serve as a **healing and educating device** for both humans and nature by rather supporting the concept of achieving **internal wellness**.

The architectural process and design response were developed based on the optimistic premise that a building, together with the program of a wellness centre that **generates psychological and physiological well-being** through **appropriate food practices**, can be the mediating device that on the one hand heals the deteriorating state of the site's inherent ecosystems, and on the other hand heal the urban inhabitants of Pretoria that have been compromised by their environment. Thus by healing both man and nature on **equal terms**, the architectural design of the dissertation plays a fundamental role to once again **reconcile the natural and human living systems** as one and the same.



For you shall go out of the city in joy and be led forth in peace; the mountains and the hills before you shall break forth into singing, and all the trees of the field shall clap their hands. Instead of the thorn the cypress tree shall come and the myrtle tree will grow where there once were weeds.

Isaiah 55:12-13 AMP



chapter ten

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Day 121, Thong Sala Pier

(Lorraine Loots, 2013)

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