

# TB/HIV Pleurisy Reduces Th17 Lymphocyte Proportion Independent of the Cytokine Microenvironment

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## **ABSTRACT**

T-helper (Th) 17 cells are a pro-inflammatory subset of CD4<sup>+</sup> effector T-cells critical in mucosal immunity. Imbalances in Th17 cell proportion have been implicated in the pathogenesis of several diseases; however, this has not been adequately explored in tuberculosis (TB) and human immunodeficiency virus (HIV) co-infection. Since Th17 cells are predominantly mucosally associated, we assessed Th17 proportion and associated microenvironment in pleural effusions from patients co-infected with TB/HIV. Our results show that TB<sup>+</sup>HIV<sup>+</sup> pleurisy results in significantly reduced frequency of CD4<sup>+</sup>IL-17<sup>+</sup>RORC<sup>+</sup>STAT3<sup>+</sup> Th17 cells compared to TB<sup>-</sup>HIV<sup>-</sup> *ex vivo* ( $p=0.0054$ ) and was confirmed in conditioned media studies *in vitro* ( $p=0.0001$ ). This was not

associated with alterations in Th17 polarising cytokines IL-6, IL-21 and IL-23 or changes in Th17 signature cytokines IL-17A and F. However, the mRNA expression of Th17 signaling molecules, IL-6 ( $p=0.0022$ ), IL-6R ( $p=0.0247$ ), IL-1 $\beta$  ( $p=0.0022$ ) and signal transducer and activator (STAT) 3 ( $p=0.0022$ ) were significantly upregulated. Notably, TB<sup>+</sup>HIV<sup>+</sup> pleural fluid contained significantly higher concentrations of IL-1 $\beta$  ( $p=0.0008$ ), IL-22 ( $p=0.0115$ ), IL-31 ( $p=0.0210$ ), TNF- $\alpha$  ( $p=0.0251$ ) and IFN- $\gamma$  ( $p=0.0026$ ) than TB<sup>-</sup>HIV<sup>-</sup> pleural fluid *ex vivo*. Taken together, this suggests a reduced portion of Th17 lymphocytes in TB/HIV pleurisy is independent of locally mediated cytokine polarisation.

## **Keywords**

Tuberculosis, HIV, co-infection, Th17, IL-1 $\beta$ , IL-17

## **1. INTRODUCTION**

Th17 cells are a pro-inflammatory subset of CD4<sup>+</sup> effector T-cells characterised by the production of IL-17A/F, surface expression of C-C chemokine receptor (CCR)6 and lineage specific transcription factor RAR-related orphan receptor (ROR)C [1]. Th17 cells predominantly reside at the mucosal surfaces where they play a pivotal role in inflammatory reactions and protective immunity against intra- [2] and extracellular [3] bacterial and fungal infections. An imbalance in Th17 proportion has been implicated in the pathogenesis of TB.

Approximately one third of the global population suffers from TB; a granulomatous disease spread by the airborne pathogen *Mycobacterium tuberculosis* (MTB). MTB cell wall component, trehalose-6-6'-dimycolate (TDM/cord factor) has been shown to induce the production of Th17 differentiating cytokines from antigen presenting cells through a the C-type lectin Mincle pathway [4]. Conflicting studies have noted an expansion of Th17/IL-17 axis in the peripheral blood and pleural fluid [5, 6] and a reduced frequency of Th17 cells in peripheral blood [7, 8] and broncho-alveolar lavage (BAL) fluid [7] during active MTB infection, with correlation to disease severity [5].

HIV is the most powerful risk factor predisposing for active TB infection which remains the number one communicable HIV-related cause of death. In South Africa, approximately 62% of TB patients are HIV positive [9]. HIV infection is characterised by chronic immune activation and systemic depletion of CD4<sup>+</sup> T-cells. The preferential loss of Th17 cells from the mucosa and

peripheral blood with reduced levels of IL-17 during HIV infection is well documented. This loss is not completely restored by antiretroviral therapy [10, 11] suggesting that HIV infection interferes in the generation of Th17 cells [12].

Th17 lymphocytes are significant in the pathogenesis of TB and a potential predictor of disease severity; however, data on the proportion and role of Th17 cells in TB are conflicting. Furthermore, the confounding effect of HIV co-infection on Th17 frequency has not been investigated. Notably, 40-80% of HIV-related TB is extrapulmonary, the most common form being TB pleurisy [13] and the immunological mechanisms of which are not accurately reflected systemically [14]. Taken together with the mucosal predominance of Th17 cells, this study characterised the proportion of Th17 lymphocytes and the cytokine microenvironment in TB/HIV pleurisy *in vitro* and *ex vivo*.

## **2. METHODS**

### **2.1 Study Population**

This study protocol was approved by the institutional Biomedical Research Ethics Committee (BF170/11). Participants were recruited at the Department of Pulmonary and Critical Care, Inkosi Albert Luthuli Central Hospital and the Department of Internal Medicine, Prince Mshiyeni Memorial Hospital (Durban, South Africa). Newly diagnosed TB patients presenting with a TB pleural effusion and concurrent HIV-infection (n=13) were enrolled. Active TB infection was confirmed by clinical diagnosis with bacterial or radiographic evidence; AFB culture positive sputum or pleural fluid microscopy (Gram, Zhiel-Neelsen, Auramine), MTB DNA (Gene Xpert), pleural histology and pleural fluid cytology. The matched control group was composed of patients presenting with a non-infectious pleural effusion (malignancy, cardiac failure, end stage renal disease) and confirmed HIV seronegative (n=8). Exclusion criteria included anti-tuberculosis or anti-retroviral therapy, immunomodulatory treatment and conditions. Blood and pleural fluid were sampled by routine venesection and diagnostic pleural tap respectively, after informed consent was obtained from each participant. A summary of the demographics and clinical parameters of the study population are represented in Table 1.

**Table 1:** Summary of demographic and clinical parameters of the study population

Parameter	TB <sup>-</sup> HIV <sup>-</sup> n=8	TB <sup>+</sup> HIV <sup>+</sup> n=13
Age, years, median (range)	58 (46-78)	36 (18-64)
<b>Gender</b>		
Male	6 (75)	6 (46)
Female	2 (25)	7 (54)
<b>Race</b>		
African	5 (63)	13 (100)
Indian	3 (37)	0
<b>TB diagnostic criteria</b>		
Histopathology		1 (8)
Culture positive		8 (62)
Smear positive		3 (23)
PCR-MTBDR		8 (62)
Clinical with radiography		3 (23)
<b>Resistance to any one first line TB drug</b>		1 (8)
<b>MDR-TB</b>		1 (8)
<b>XDR-TB</b>		0
<b>CD4 count, mm<sup>3</sup>, mean (range)</b>		169 (9-463)
<b>Past history of TB infection</b>	0	1 (8)
<b>Current smoker</b>	3 (37)	2 (15)
<b>Ex-smoker</b>	1 (13)	0
<b>Alcohol use</b>	2 (25)	3 (23)
<b>Definitive cause of PE</b>		
Tuberculosis	0	13 (100)
Malignancy	5 (63)	0
End stage renal disease	2 (25)	0
Heart failure	1 (13)	0
<b>Co-Morbidities</b>		
Diabetes mellitus	3 (37)	0
Hypertension	5 (63)	1 (8)
Hepatitis B	0	2 (15)

Values expressed as n (%) unless otherwise stated

## 2.2 Pleural Effusion Fluid and Mononuclear Cell Isolation

Cell free pleural effusion fluid (PEF), pleural effusion mononuclear cells (PEMCs) and peripheral blood mononuclear cells (PBMCs) were extracted from heparinised pleural effusion fluid and blood by differential gradient centrifugation within 2 hours (h) of pleural tap/venipuncture. Briefly, 5 ml

of sample was layered onto equivolume Histopaque-1077 (catalogue number 10771-500, Sigma, USA) and centrifuged (1,491rpm, 30min, room temperature (RT)). PEF, represented as the uppermost layer, was aspirated and centrifuged (10,000rpm, 10min, 4°C) to remove any cellular constituents. Harvested PEF was pooled from 5 patients in each group equally and stored at -80°C until further use. Buffy coats containing mononuclear cells were aspirated and rinsed in 0.1M phosphate buffered saline (PBS; 1,491rpm, 20min, RT).

### **2.3 CD4<sup>+</sup> Cell Isolation**

For the *in vitro* component of the study, CD4<sup>+</sup> conventional T-lymphocytes (Tconvs) were purified by negative magnetic selection from PBMCs of a healthy BCG vaccinated volunteer (10ml, EDTA, one blood draw), using the Human CD4 T-Lymphocyte Enrichment Set-DM (catalogue number 557939, BD Biosciences, USA), according to the manufacturer's instructions. PBMCs were labelled with biotinylated monoclonal antibodies (5µl/10<sup>6</sup> cells, 15min, RT) against antigens on erythrocytes, platelets and non-CD4<sup>+</sup> peripheral leukocytes. The cells were washed (iMag Buffer, 1,491rpm, 20min) and incubated with streptavidin conjugated magnetic nanoparticles (5µl/10<sup>6</sup> cells, 30min, RT). The cell suspension was placed in a magnetic field (8min, iMagnet; BD Biosciences, USA) and the enriched CD4<sup>+</sup> T-cell supernatant aspirated. Negative selection of the positive fraction was performed three times to increase the yield of the enriched fraction. The purity of the enriched fraction was increased by further negative selection and assessed by flow cytometry.

### **2.4 Cell Culture and Treatment**

Healthy CD4<sup>+</sup> T-cells were seeded in triplicate (8×10<sup>4</sup>cells/well, U-bottomed microplate) in PEF conditioned complete culture medium (CCM; RPMI 1640, 10% foetal calf serum (FCS), 1% Penstrep-Fungizone, 1% L-glutamine, final concentrations) in a 1:1 ratio (24h, 37°C, 5% CO<sub>2</sub>). Treatments included TB<sup>-</sup>HIV<sup>-</sup> PEF and TB<sup>+</sup>HIV<sup>+</sup> PEF. Concurrently, cells were activated with Dynabeads Human T-activator CD3/CD28 bead solution (catalogue number 11131D, Gibco, Norway) (2µl/well). Following incubation, cells were harvested, washed once (0.1M PBS, 1,491rpm, 20min, RT) and the activation beads removed by magnetic selection (1min, iMagnet). The supernatants were stored at -80°C for downstream cytokine profiling and the cells immediately prepared for flow cytometric staining.

## 2.5 Flow Cytometric Analysis

For surface staining,  $2.5 \times 10^5$  cells were re-suspended in staining buffer (25 $\mu$ l, 0.1M PBS containing 1% heat inactivated FCS, 0.09% w/v sodium azide) and labelled with fluorescein isothiocyanate (FitC) anti-CD4 (1:5, catalogue number 555346) (20mins, 4°C, in the dark). For intracellular staining, cells were fixed in 4% paraformaldehyde (500 $\mu$ l, 30min, RT), washed (staining buffer; 1,491rpm, 20min, RT), permeabilized in 75% cold methanol (500 $\mu$ l, 10min, -20°C) and washed again. Cells were stained with the appropriate intracellular antibodies; peridin-chlorophyll-cyanin 5.5 (PerCP-Cy5.5) anti-IL17A (1:20, catalogue number 560799), phycoerythrin (PE) anti-RORC2 (1:40 catalogue number IC6006P) and Alex Fluor<sup>®</sup> 647 anti-pSTAT3 (1:5 catalogue number 557815) (60min, RT, in the dark). Analysis was performed using the Accuri C6 flow cytometer (BD Biosciences, USA) and data analysed using FlowJo vX (10.0.7r2). Samples were run in triplicate and 30,000 events acquired. Antibodies were purchased from BD Biosciences, USA, with the exception of anti-RORC2 which was purchased from R&D Systems.

## 2.6 Molecular Profiling

Total RNA was extracted from PEMCs using Qiazol Lysis Reagent (Qiagen, USA) following an in-house protocol. Briefly, cells were added to Qiazol Lysis Reagent (1:1) and incubated at RT (5min) and subsequently frozen (-80°C, overnight). Chloroform (200 $\mu$ l) was added, incubated at RT (3min) and centrifuged (8,200rpm, 15min, 4°C). Isopropanol (500 $\mu$ l) was added to the aqueous phase and frozen (-80°C, overnight). The samples were centrifuged (8,200rpm, 20min, 4°C) and the RNA pellet washed in cold ethanol (75%, 1ml). The samples were then centrifuged (6,400rpm, 15min, 4°C), the ethanol aspirated and the RNA pellet re-suspended in 15 $\mu$ l of nuclease free water. Total RNA was quantified on a Nanodrop<sup>™</sup> 2000 UV-Vis Spectrophotometer (Thermoscientific, USA) and purity assessed using the  $A_{260}/A_{280}$  ratio.

Copy DNA (cDNA) was synthesised using the RT<sup>2</sup> First Strand Kit (catalogue number 330401, Qiagen, USA) according to the manufacturer's instructions. Briefly, 1 $\mu$ g of RNA pooled equally from 5 patients per group was added to a genomic DNA elimination mix (5  $\times$  gDNA elimination buffer, H<sub>2</sub>O) to a total volume of 10 $\mu$ l and incubated at 42°C (5min) followed by 4°C (1min). Subsequently, reverse transcription mix (10 $\mu$ l, 5  $\times$  RT buffer 3, primer and external control mix, RT enzyme mix, H<sub>2</sub>O) was added and incubated at 42°C (15min) followed by 95°C (5min), on the GeneAmp<sup>®</sup> PCR System 9700 (Applied Biosystems, USA), to produce cDNA.

Real-time PCR was used to quantify STAT3, IL-6, IL-6R and IL-1 $\beta$  mRNA levels. A 25 $\mu$ l reaction consisted of 12.5 $\mu$ l RT<sup>2</sup> SYBRGreen Masterrmix (catalogue number 330500, Qiagen, United States), 8.5 $\mu$ l nuclease free water, 2 $\mu$ l cDNA and 1 $\mu$ l sense and anti-sense primers. Primer sequences: STAT3 sense 5'- TCTCAACTTCAGACCCGTCAACA-3' anti-sense 5'- ACAGCTCCACGATTCTCTCCTCC-3' (450nM), IL-6 sense 5'- AAATTCGGTACATCCTCGACGG-3' antisense 5'- GGAAGGTTTCAGGTTGTTTTCTGC-3' (500nM), IL-6R sense 5'-TGAGCTCAGATATCGGGCTGAAC-3' antisense 5'- CGTCGTGGATGACACAGTGATG-3' (450nM), IL-1 $\beta$  sense 5'- CAGCTACGAATCTCCGACCAC-3' antisense 5'-GGCAGGGAACCAGCATCTTC-3' (600nM). The mRNA expression was compared and normalised to a housekeeping gene, 18S sense 5'- TAGAATTACCACAGTTATCC-3' antisense 5'-TAGAATTACCACAGTTATCC-3'. Cycling conditions were as follows: initial denaturation (95°C, 10min) followed by 40 cycles of denaturation (95°C, 30s), annealing (STAT3: 64°C, IL-6: 60°C, IL-6R: 60°C, IL-1 $\beta$ : 60°C for 30s) and extension (72°C, 1min) on a CFX Real-Time PCR Detector (Bio-Rad, USA). The quantification and melt curves were analysed using CFX Manager™ Software v3.0 (Bio-Rad, USA). The mRNA levels were calculated using the method described by Livak and Schmittgen (2001) [15] and is represented as fold changes and relative expression to the control. Samples were run in triplicate and the experiments were repeated twice.

## 2.7 Cytokine Profiling

Cytokine profiling was performed using the Bio-Plex Pro Human Th17 Cytokine Panel (IL-1 $\beta$ , IL-4, IL-6, IL-10, IL-17A, IL-17F, IL-21, IL-22, IL-23, IL-25, IL-31, IL-33, IFN- $\gamma$ , sCD40L, TNF- $\alpha$ ) (catalogue number 171AA001M, Bio-Rad, USA) according to the manufacturer's instructions. Briefly, standards and samples; PEF (1:6) and supernatant (1:3), were diluted in standard and sample diluent HB respectively. The beads (50 $\mu$ l) were added to the assay plate and washed twice (100 $\mu$ l wash buffer, Bio-Plex Pro™ Wash Station). Standards, samples and controls were added and incubated (50 $\mu$ l, 1h in the dark, RT, 350rpm). The plate was washed three times and incubated with detection antibody (25 $\mu$ l, 30min in the dark, RT, 350rpm). The plate was washed three times and incubated with Streptavidin-PE (50 $\mu$ l, 10min in the dark, RT, 350rpm). The plate was washed three times and the beads re-suspended in assay buffer (125 $\mu$ l, 30 seconds, in the dark, RT, 350rpm). Data acquisition was performed on a Bio-Plex 200 and analysis was performed using Bio-Plex Manager™ software v6.0. Standards and samples were run in duplicate. Results were analysed using a 5-parameter logistic regression constructed from recombinant protein standards. The results were normalised to the treatment and then compared between groups.

## 2.8 Statistical Analysis

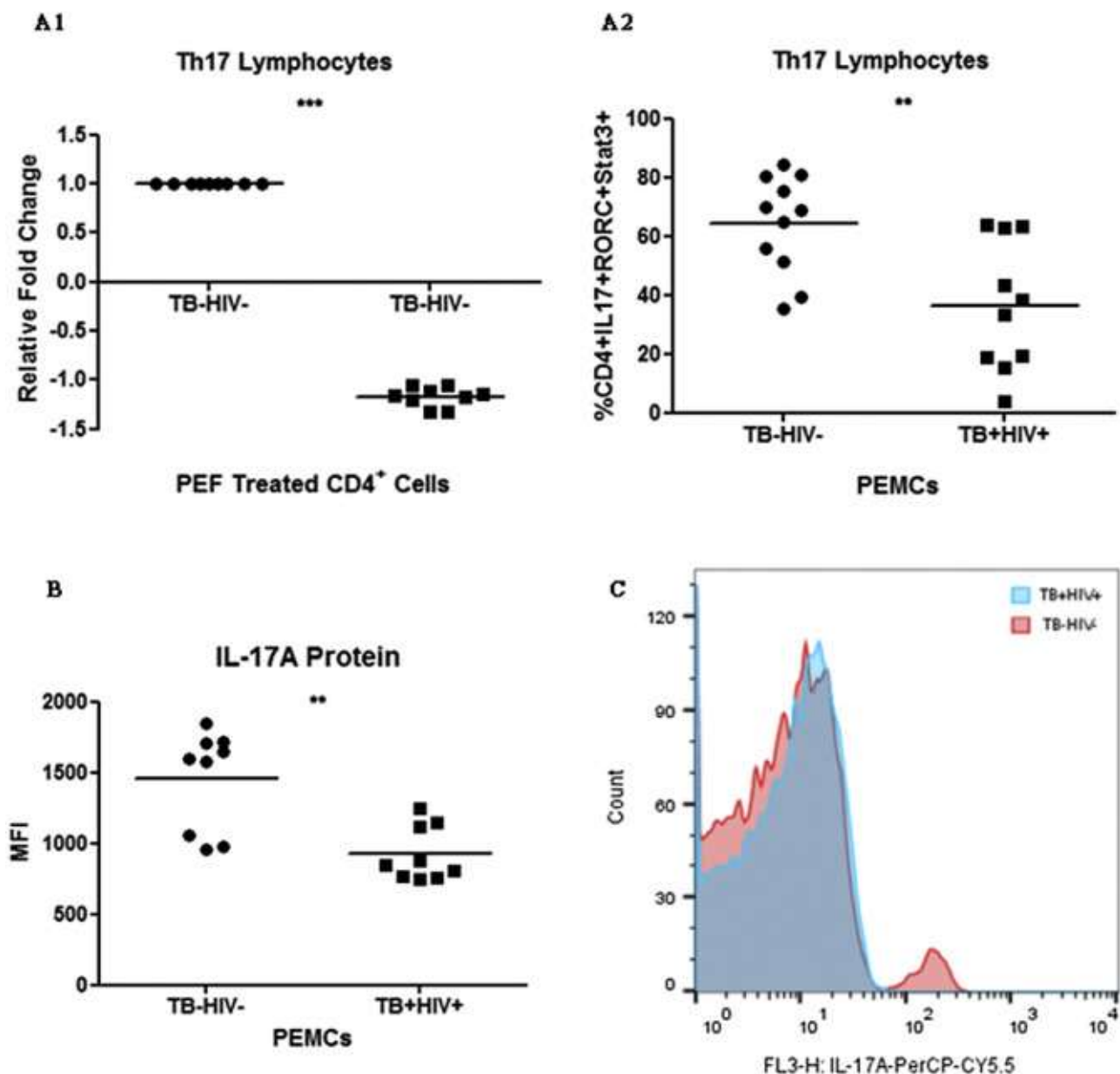
Statistical analysis was performed using GraphPad Prism software (v5.0). The unpaired t-test with Welch correction was used in *in vitro* analyses and the non-parametric Mann-Whitney test in *ex vivo* analyses to avoid the influence of potential outlier values in the small study size. Outlier values were calculated and excluded using the interquartile range. Data is expressed as mean  $\pm$  standard error of the mean (SEM), p values of less than 0.05 were considered statistically significant.

## 3. RESULTS

### 3.1 Reduced Proportion of Th17 Lymphocytes in a TB<sup>+</sup>HIV<sup>+</sup> Pleurisy

To investigate the propensity of TB/HIV co-infected pleural effusion microenvironment to promote Th17 generation we treated healthy CD4<sup>+</sup> Tconvs with PEF conditioned CCM. Interestingly, we observed that the proportion of CD4<sup>+</sup>IL-17<sup>+</sup>RORC<sup>+</sup>STAT3<sup>+</sup> cells was significantly 1.168 fold lower in CD4<sup>+</sup> Tconvs treated with TB<sup>+</sup>HIV<sup>+</sup> PEF compared to TB<sup>-</sup>HIV<sup>-</sup> PEF *in vitro* ( $64.400 \pm 1.256\%$  vs.  $55.156 \pm 1.299\%$ ,  $p=0.0001$ ). This trend was corroborated when Th17 proportion was directly investigated in patients. PEMC samples from TB<sup>+</sup>HIV<sup>+</sup> patients showed a significant 1.769 fold lower number of CD4<sup>+</sup>IL-17<sup>+</sup>RORC<sup>+</sup>STAT3<sup>+</sup> cells compared to TB<sup>-</sup>HIV<sup>-</sup> controls ( $64.100 \pm 5.045\%$  vs.  $36.233 \pm 6.968\%$   $p=0.0054$ ), this was associated with a significant 1.575 fold decrease in IL-17A protein expression ( $1454.000 \pm 117.167$  vs.  $923.445 \pm 64.418$  MFI,  $p=0.0040$ ) (Figure 1).



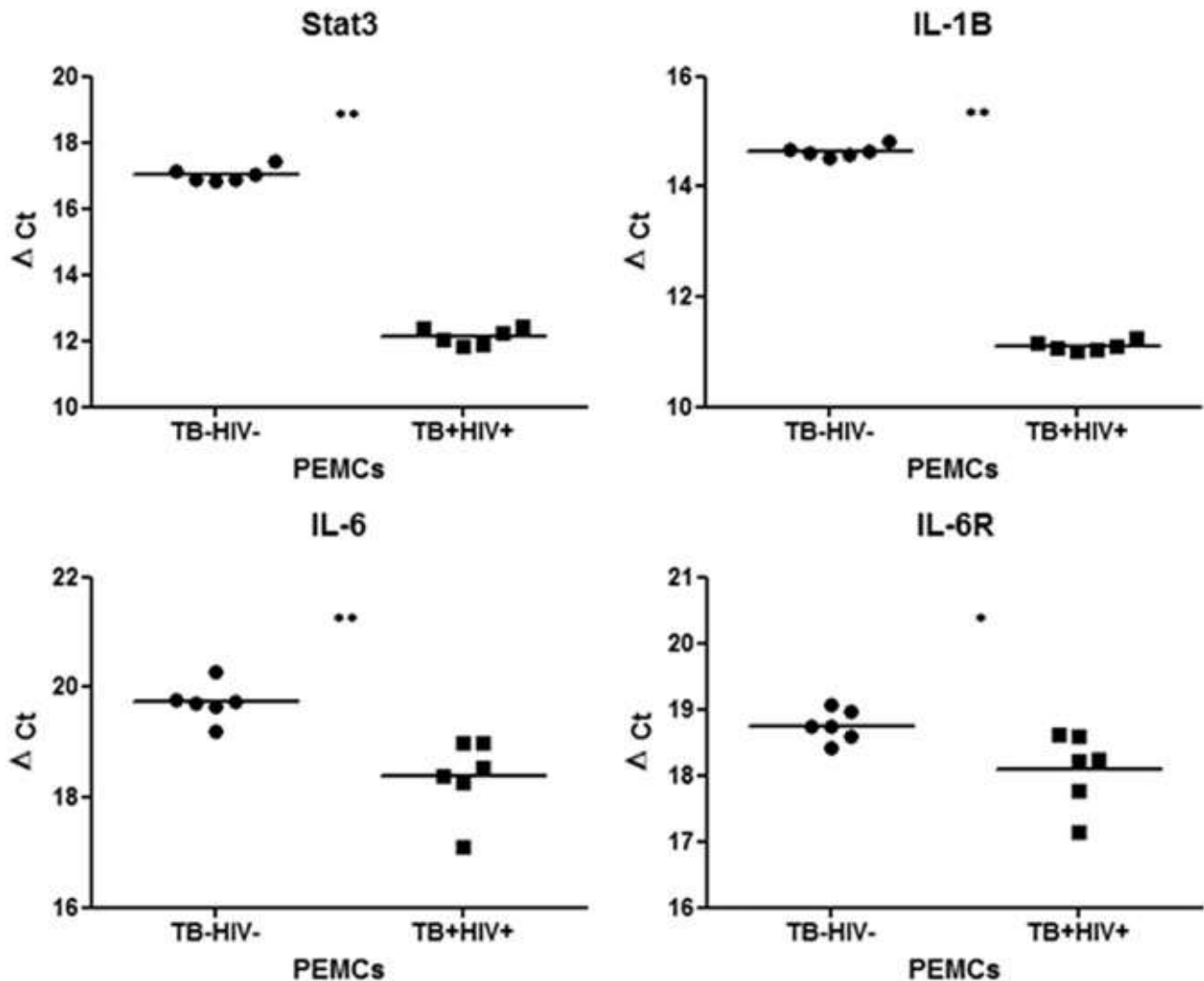


**Figure 1:** T-helper 17 lymphocyte frequency. (A1) Relative fold change in the proportion of CD4<sup>+</sup>IL-17<sup>+</sup>RORC<sup>+</sup>STAT3<sup>+</sup> T-helper (Th) 17 lymphocytes in pleural effusion fluid (PEF) treated CD4<sup>+</sup> Tconv *in vitro* ( $n=9$  replicates in each group,  $p=0.0001$ , unpaired t-test with Welch correction). (A2) Reduced percentage of CD4<sup>+</sup>IL-17<sup>+</sup>RORC<sup>+</sup>STAT3<sup>+</sup> Th17 lymphocytes in pleural effusion mononuclear cells (PEMCs) *ex vivo* (TB<sup>-</sup>HIV<sup>-</sup>  $n=5$ , TB<sup>+</sup>HIV<sup>+</sup>  $n=5$ ,  $p=0.0054$ , Mann Whitney test). (B) Interleukin (IL)-17A protein expression was reduced in TB<sup>+</sup>HIV<sup>+</sup> PEMCs represented by peridin-chlorophyll-cyanin5.5 (PerCP-Cy5.5) mean fluorescence intensity (MFI) (TB<sup>-</sup>HIV<sup>-</sup>  $n=5$ , TB<sup>+</sup>HIV<sup>+</sup>  $n=5$ ,  $p=0.0040$ , Mann Whitney test). (C) Histogram showing the shift in IL-7A-PerCP-Cy5.5 fluorescence in PEMCs. Data represents the mean.

### 3.2 TB<sup>+</sup>HIV<sup>+</sup> Mediated Increase in mRNA Levels

We then assessed the molecular response of PEMCs with respect to Th17 polarisation. PEMCs from TB<sup>+</sup>HIV<sup>+</sup> patients showed a significant upregulation in the transcript expression of molecules

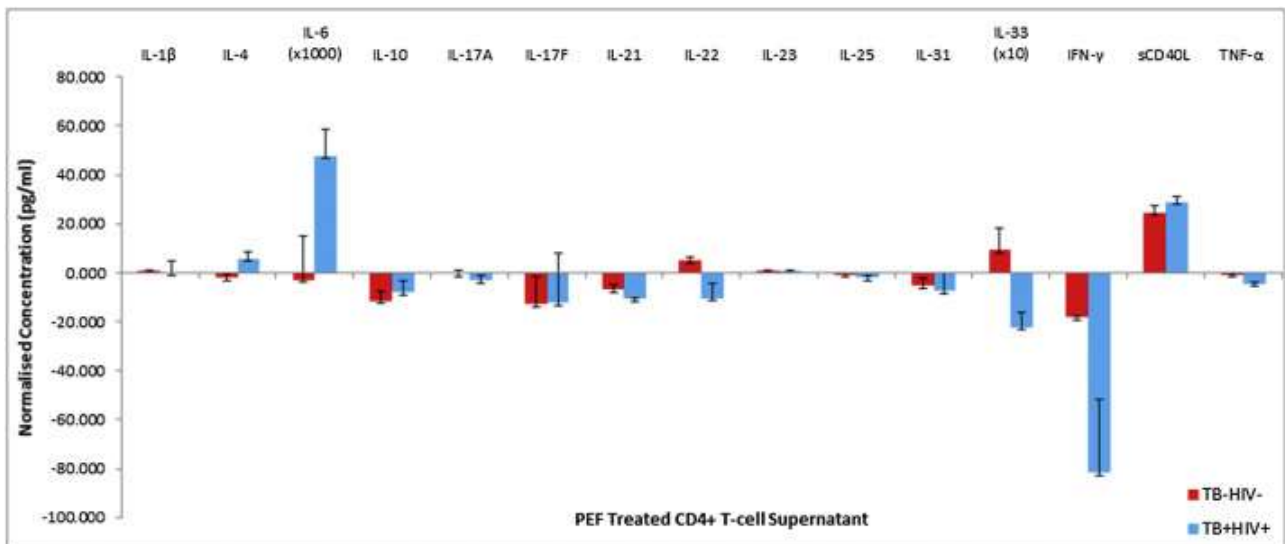
which promote Th17 differentiation; a notable 30.647 fold increase in STAT3 ( $17.037 \pm 0.089$  vs  $12.140 \pm 0.103$  relative expression ( $\Delta Ct$ ),  $p=0.0022$ ), 11.662 fold increase in IL-1 $\beta$  ( $14.638 \pm 0.043$  vs  $11.102 \pm 0.035$  relative expression ( $\Delta Ct$ ),  $p=0.0022$ ), 3.076 fold increase in IL-6 ( $19.727 \pm 0.143$  vs  $18.380 \pm 0.284$  relative expression ( $\Delta Ct$ ),  $p=0.0022$ ) and a 1.657 fold increase in IL-6R ( $18.752 \pm 0.099$  vs  $18.092 \pm 0.230$  relative expression ( $\Delta Ct$ ),  $p=0.0247$ ) (Figure 2).



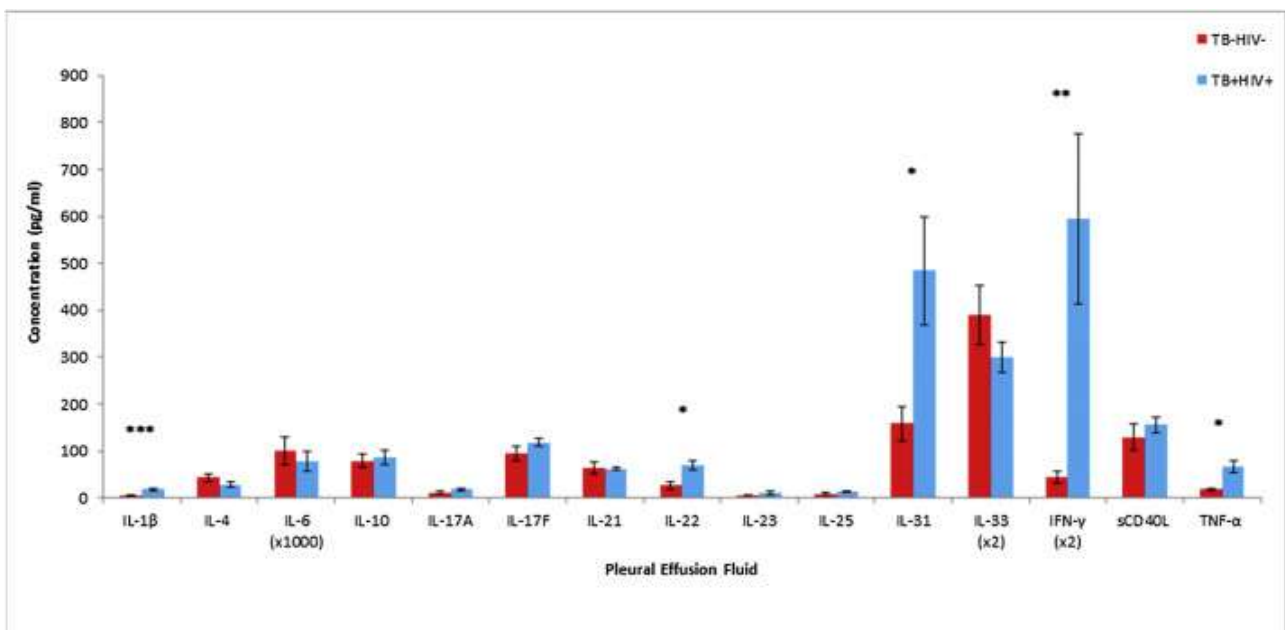
**Figure 2:** Relative mRNA expression ( $\Delta Ct$ ) in pooled pleural effusion mononuclear cells (PEMCs) ( $n=6$  replicates in each group, Mann-Whiney test). Signal transducer and activator of transcription 3 (STAT3)  $p=0.0022$ , interleukin (IL)-1 $\beta$   $p=0.0022$ , IL-6  $p=0.0022$  and IL-6 receptor (IL-6R)  $p=0.0247$ . Data represents the mean.

### 3.3 The TB<sup>+</sup>HIV<sup>+</sup> Cytokine Microenvironment

Since we found increased expression of mRNA transcripts related to Th17 polarisation in TB<sup>+</sup>HIV<sup>+</sup> PEMCs, we questioned whether in fact these were translated into secreted cytokine using a Bioplex multi-analyte cytokine screen.



**Figure 3:** Cytokine profiling of supernatants from CD4<sup>+</sup> T-cells treated with pleural effusion fluid conditioned media. Results were normalised to the treating pleural effusion fluid (PEF) (TB<sup>-</sup>HIV<sup>-</sup>  $n=2$ , TB<sup>+</sup>HIV<sup>+</sup>  $n=2$ , Unpaired t-test with Welch correction). IL; interleukin, IFN; interferon, sCD40L; soluble CD40 ligand, TNF; tumor necrosis factor. Data represents the mean  $\pm$  SEM.



**Figure 4:** Cytokine profiling of pleural effusion fluid. TB<sup>+</sup>HIV<sup>+</sup> pleural effusion fluid (PEF) showed increased concentrations of interleukin (IL)-1 $\beta$   $p=0.0008$ , IL-22  $p=0.0115$ , IL-31  $p=0.0210$ , interferon (IFN)- $\gamma$   $p=0.0026$  and tumor necrosis factor (TNF)- $\alpha$   $p=0.0251$ . (IL-1 $\beta$ , IL-4, IL-6, IL-10, IFN- $\gamma$ , TNF- $\alpha$ ; TB<sup>-</sup>HIV<sup>-</sup>  $n=8$ , TB<sup>+</sup>HIV<sup>+</sup>  $n=12$ . IL-17A, IL-17F, IL-21, IL-22, IL-23, IL-25, IL-31, IL-33, sCD40L; TB<sup>-</sup>HIV<sup>-</sup>  $n=5$ , TB<sup>+</sup>HIV<sup>+</sup>  $n=5$ , Mann-Whitney test). Data represents the mean  $\pm$  SEM. sCD40L; soluble CD40 ligand.

Despite the reduced frequency of Th17 cells in TB<sup>+</sup>HIV<sup>+</sup> PEF treatments and pleurisy, there was no significant change in the Th17 effector cytokines IL-17A and IL-17F concentrations in both the *in vitro* and *ex vivo* assays (Figure 3 and 4). Interestingly, in the TB<sup>+</sup>HIV<sup>+</sup> and TB<sup>-</sup>HIV<sup>-</sup> patient cohorts, IL-17F was elevated by 6.460 fold ( $18.281 \pm 2.383$ pg/ml vs.  $118.090 \pm 8.077$ pg/ml,

$p < 0.0001$ ) and 7.844 fold ( $11.938 \pm 2.449$  pg/ml vs.  $93.637 \pm 15.357$  pg/ml,  $p = 0.0009$ ) compared to IL-17A respectively (Figure 4).

With respect to Th17 generating cytokines, there were no significant alteration between the TB<sup>+</sup>HIV<sup>+</sup> and TB<sup>-</sup>HIV<sup>-</sup> PEF treatments *in vitro* indicating that the reduced proportion of Th17 lymphocytes observed in CD4<sup>+</sup> Tconv<sub>s</sub> treated with TB<sup>+</sup>HIV<sup>+</sup> PEF was not a result of the cytokine milieu (Figure 3). In the patient samples, we observed a 3.708 fold increase in IL-1 $\beta$  ( $4.918 \pm 1.421$  pg/ml vs.  $18.238 \pm 3.064$  pg/ml,  $p = 0.0008$ ) but without a significant change in the levels of IL-6, IL-21 or IL-23. This substantiates the *in vitro* result and infers that a reduced proportion of Th17 lymphocytes found in TB<sup>+</sup>HIV<sup>+</sup> pleurisy is independent of the cytokine microenvironment *ex vivo* (Figure 4).

Th-1 cytokines have established roles in TB and HIV pathogenesis, accordingly a 3.626 fold increase in TNF- $\alpha$  ( $18.233 \pm 2.615$  pg/ml vs.  $66.112 \pm 13.264$  pg/ml,  $p = 0.0251$ ) and a 13.559 fold increase in IFN- $\gamma$  ( $87.792 \pm 27.282$  pg/ml vs.  $1190.386 \pm 361.906$  pg/ml,  $p = 0.0026$ ) concentration was found in TB<sup>+</sup>HIV<sup>+</sup> PEF (Figure 4).

Notably, a 2.643 fold increase in IL-22 ( $26.379 \pm 8.903$  pg/ml vs.  $69.729 \pm 10.318$  pg/ml,  $p = 0.0115$ ) and a 3.055 fold increase in IL-31 ( $158.430 \pm 35.615$  pg/ml vs.  $483.957 \pm 115.651$  pg/ml,  $p = 0.0210$ ) was observed, both of which are largely uncharacterised in TB and HIV infection (Figure 4).

#### **4. DISCUSSION**

The Th17/IL17 axis is suggested to provide protective immunity against MTB by contributing to development and organisation of the granuloma. Early expression of pulmonary IL-17 in primary infection is pivotal in cellular recruitment by inducing chemokine secretion from non-haematopoietic cells. This predominantly results in neutrophil and CCR5<sup>+</sup> lymphocyte recruitment, through the induction of IL-8 and chemokine C-X-C motif ligand (CXCL) 13 respectively, to form lung lymphoid follicles for optimal macrophage activation and bacterial clearance [16, 17]. However, during the chronic stages of infection, Th17 hyperactivity can lead to immunopathology via IL-17-CXCL mediated influx of immune cells, breakdown of the granuloma, cavitation and transmission [18]. Th17 immunity has also been shown to contribute to mucosal TB vaccine immunity by IL-17A induction of CXCL13 [16]. However, there is no consensus on the proportion of Th17 cells in TB infection and the significance of this contribution to disease pathogenesis.

This is further confounded by HIV co-infection. Th17 cells show greater HIV susceptibility than other T-cell subsets. Th17 lymphocyte targeting has been correlated with a higher expression of HIV envelope receptors CD4, CXCR4, CCR5 and  $\alpha 4\beta 7$  and low levels of autocrine production of CCR5 ligands CCL3 and CCL4, resulting in higher gp120 binding [19]. This is associated with a significant impairment in the generation of Th17 cells from peripheral naïve CD4<sup>+</sup> T-cells [11]. In addition, the over expression of negative regulators in Th17 differentiation (phosphatase SHP2, suppressor of cytokine signalling (SOCS) 3 and protein inhibitor of activated STAT3 (PIAS3)) have been linked to Th17 deficiency in a simian immunodeficiency virus (SIV) model [20]. Notably, HIV-1 infected long-term non-progressors [10] preserve the Th17 subset in peripheral blood and mucosa.

In our study, a significantly lower proportion of CD4<sup>+</sup>IL-17<sup>+</sup>RORC<sup>+</sup>STAT3<sup>+</sup> lymphocytes was found in TB<sup>+</sup>HIV<sup>+</sup> pleurisy compared to TB<sup>-</sup>HIV<sup>-</sup> pleurisy both *in vitro* and *ex vivo*. Classically, Th17 cells differentiate under TGF- $\beta$ /IL-21 or TGF- $\beta$ /IL-6 and IL-21/IL-23 [21] conditions. This leads to Th17 lineage commitment via the activation of STAT3 and downstream transcription factor RORC, as well as interferon regulating factor 4 (IRF4), which in turn bind to the promoter region of *IL17A/F* [22]. Further to this IL-1 $\beta$  and IL-6 are significant in the expansion of differentiated and memory Th17 cells and IL-23 for the stabilisation and maintenance of the Th17 phenotype and effector functions [23]. Despite the reduction in Th17 frequency, there was no significant difference in the concentrations of IL-6, IL-21, and IL-23 between the two groups both *in vitro* and *ex vivo* indicating that the reduced proportion of Th17 cells is not a result of decreased polarising cytokines. In support of this, previous studies have shown that HIV infection is characterised by high levels of TGF- $\beta$  [24], IL-6 [25] and IL-1 [12] suggesting that failure to generate Th17 cells is not due to a lack of promoting cytokines.

Notably, TB<sup>+</sup>HIV<sup>+</sup> pleurisy was associated with a significant 3.708 fold increase in IL-1 $\beta$  pleural fluid concentration and a 11.662 fold increase in IL-1 $\beta$  mRNA levels in PEMCs. Th17 cells express higher IL-1R levels than other CD4 subsets [26], in turn IL-1 $\beta$  upregulates the expression of transcription factors IRF4 and RORC and acts synergistically with IL-6, IL-23 and TGF- $\beta$  to stimulate Th17 differentiation and maintain IL-17A, IL-17F, IL-21 and IL-22 cytokine production in effector cells [22, 26]. Very recently, a clinical isolate of the hypervirulent W-Beijing strain of MTB has been shown to induce a potent IL-17 protective response in a murine model through the induction of dendritic cell IL-1 $\beta$  and the subsequent formation of lung lymphoid follicles [16]. Furthermore, it was shown that blocking of IL-1/IL-1R signalling led to almost complete inhibition

of IL-17A production during MTB stimulation in PBMCs [27]. Our results indicate that Th17 lymphocytes in TB/HIV pleurisy may be defective in their ability to respond to IL-1 $\beta$ .

In the current study we found a 1.657 and 3.076 fold increase in IL-6R and IL-6 mRNA levels in co-infection, respectively but no increase in IL-6 cytokine levels in pleural fluid. This was interesting as recently the upregulation of IL-6 has been identified as a potential biomarker of mycobacterial infection *in vitro* [28]. During active TB infection IL-6 levels are increased in plasma and broncho-alveolar lavage (BAL) fluid with positive correlation to disease severity [29]. Furthermore, IL-6 is noted to be elevated in all phases of HIV chronic infection and a clinical trial has shown that increased IL-6 levels are associated with increased all-cause mortality in HIV [30]. Our findings suggest that post transcriptional regulation of key Th17 polarising cytokines may influence the cytokine microenvironment.

Despite a significant decrease in the frequency of Th17 cells in TB<sup>+</sup>HIV<sup>+</sup> pleurisy, there was no significant difference in the concentration of effector cytokines IL-17A and IL-17F between the two groups *in vitro* and *ex vivo*. In line with our findings, it has been observed that IL-17 mRNA levels in BAL cells of active TB patients and healthy controls do not differ significantly [31]. This may be a result of IL-17A production by CD8<sup>+</sup> T-cells [32],  $\gamma\delta$ T-cells [33, 34], natural killer cells [35], neutrophils [36] and innate lymphoid cells [37]. The contribution of these different cell types to IL-17 associated diseases is still unknown [17].  $\gamma\delta$ T-cells, enriched at mucosal surfaces, such as the lung, have been indicated as a major source of early IL-17A production in response to MTB [33, 34] and found to be at significantly higher frequency in the peripheral blood of active TB patients compared to healthy donors [34].  $\gamma\delta$ T-cells can respond to IL-23 and IL-1 $\beta$  amplifying Th17 responses [33] and therefore it is possible that the IL-17 observed in TB<sup>+</sup>HIV<sup>+</sup> pleurisy may be a result of a IL-1 $\beta$  -  $\gamma\delta$ T-cell pathway.

Notably, IL-17F was present at a significantly higher concentration than IL-17A in both TB<sup>+</sup>HIV<sup>+</sup> and TB<sup>-</sup>HIV<sup>-</sup> groups, 6.460 and 7.844 fold respectively. IL-17F alone is generally less inflammatory than IL-17A; however, its effects are augmented when combined with TNF- $\alpha$  [38], also significantly increased in TB<sup>+</sup>HIV<sup>+</sup> PEF. In support of our results, a previous study noted a decreased frequency of IL-17A producing CD4<sup>+</sup> T-cells but increased frequency of IL-17F producing CD4<sup>+</sup> T-cells in the peripheral blood of HIV infected patients [39], implying a HIV mediated selective defect in IL-17A production.

TNF- $\alpha$  and IFN- $\gamma$  have established roles in the pathogenesis of TB and HIV, their significantly increased expression observed in TB<sup>+</sup>HIV<sup>+</sup> pleurisy is not unexpected. IFN- $\gamma$  is the preeminent cytokine in MTB immune defence, its primary function is the activation of macrophages instituting mycobacterial killing mechanisms [40] which is enhanced by TNF- $\alpha$  [41]. HIV-1 Tat protein induces production of TNF- $\alpha$  and IFN- $\gamma$  in human monocytes/macrophages, in turn these cytokines synergistically stimulate HIV replication *in vitro* [42]. This suggests that in co-infection TNF- $\alpha$  and IFN- $\gamma$  provide protective immunity against MTB but promote replication of HIV indicating that defence against one pathogen allows injury by another. Furthermore, IFN- $\gamma$  has been shown to limit the size of the Th17 population during MTB infection [43]. In our TB<sup>+</sup>HIV<sup>+</sup> cohort we observed significantly a higher concentration of IFN- $\gamma$  over IL-17A (65.116 fold increase,  $p=0.0006$ ) or IL-17F (10.080 fold increase,  $p=0.0092$ ) possibly contributing to the reduction in Th17 lymphocytes in co-infection.

Our investigations showed a 2.643 fold increase in IL-22 levels in TB<sup>+</sup>HIV<sup>+</sup> pleurisy. IL-22 has been implicated in pathogenesis of TB [7, 44] and HIV [45]. However, it remains to be determined if IL-22 is involved in protective or pathogenic immunity in co-infection or the reparative process following the immuno-pathological consequences of these diseases. IL-22 significantly exceeded the concentration of IL-17A (3.814 fold,  $p<0.0001$ ) but not IL-17F in TB<sup>+</sup>HIV<sup>+</sup> pleurisy. This is in line with previous work where IL-22 was found to surpass IL-17A in TB<sup>+</sup> pleural fluid [44]. The raised level of IL-22 in the face of decreased frequency in Th17 cells could represent contribution by other cell types, including innate lymphoid cells [46]. In this regard, during experimental MTB infection, IL-22 was found to be predominantly produced by Th1 and Th22 cells rather than Th17 cells [47]. IFN- $\gamma$  suppresses PBMC IL-17A production and Th17 activity but not IL-22 production [7, 47] allowing for effective IL-22 production in the absence of Th17 cells, in line with our results.

The 3.055 fold increase in IL-31 concentration in TB<sup>+</sup>HIV<sup>+</sup> pleurisy is novel. IL-31 is generally associated with Th2 mediated skin inflammation or allergic responses in the airways and GIT and has not been characterised in TB/HIV co-infection or mono-infection. IL-31 mRNA is upregulated in the lungs after antigen challenge, the targets of which are primarily bronchial epithelial cells, pulmonary fibroblasts and macrophages where it upregulates pro-inflammatory cytokine and chemokine gene expression involved in cellular recruitment [48], in the context of TB this may contribute to granuloma organisation. IL-31 can also directly inhibit IL-17A/F mRNA synthesis in Th17 cells through the regulation of PIAS molecules [49] possibly augmenting the observed decrease in Th17 frequency.

In HIV infection, the depletion of Th17 cells at the mucosal surface is associated with increased translocation of microbial into the systemic circulation rendering a patient more prone to opportunistic infections and suggested to be a predominant cause of chronic immune activation and HIV progression [12, 50]. At the respiratory mucosa, a loss of Th17 cells decreases mucosal defence to inhaled MTB and together with reduced IL-17-mediated cellular recruitment and granuloma organisation may result in the progression of active TB infection.

## **5. CONCLUDING REMARKS**

A reduced proportion of Th17 cells were observed in TB<sup>+</sup>HIV<sup>+</sup> pleurisy independent of alteration in the levels of Th17 polarising cytokines and IL-17A/F effector cytokines in the localised microenvironment.

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