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ADDENDUM A

SEMI-STRUCTURED INTERVIEWING SCHEDULE FOR PATIENTS SUFFERING FROM SCHIZOPHRENIA

INSTRUCTION: PLEASE ANSWER ALL THE QUESTIONS BY GIVING THE INFORMATION AND MARKING A CROSS NEXT TO THE ANSWER OF YOUR CHOICE FOR SECTIONS I AND II.

I. BIOGRAPHICAL DATA

Key answers:

YES	NO
1	2

1.1. Respondent number

V1 1-2

1.2. Card number

V2 3

1.3. Repetition number

V3 4

1.4. File number

V4 5-9

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------	--------------------------	--------------------------	--------------------------

1.5. Date of researcher's interview

V5 10-15

Y	Y	M	M	D	D
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

1.6. Residential address

V6 16-17

.....
.....



1.7. Age

18 – 20	21-30	31-40	41-50	51-60	61-70	71-80	81+
1	2	3	4	5	6	7	8

V7 18

1.8. Sex

F	1
M	2

V8 19

1.9 Qualification

None	Less and up to 6	7 - 8	9 -10	Diploma	Degree	Post- degree	Other Specify
1	2	3	4	5	6	7	8

V9 20

1.10 Occupation

None	1
General labourer	2
Domestic worker	3
Teacher	4
Nurse	5
Pensioner	6
Priest	7
Other – specify	8

V10 21-22



1.11. Ethnic group

V11 23-24

Tswana	1
North Sotho	2
South Sotho	3
Zulu	4
Swazi	5
Xhosa	6
Ndebele	7
Shangaan	8
Venda	9
English	10
Afrikaans	11
Coloured	12
Indian	13
Other – specify	14



1.12. Religious denomination

V12 25-26

Lutheran	1
Catholic	2
Dutch Reformed/ N.G.	3
Weselyan/Methodist	4
Presbyterian	5
Anglican	6
Zion Christian Church (Z.C.C.)	7
Pentecostal (I.P.C.C.)	8
St John	9
Apostolic	10
Redeemed	11
Ethiopian	12
Baptist	13
None	14
Other – specify	15

1.13. Marital status

V13 27

Unmarried	1
Married	2
Separated	3
Divorced	4
Widowed	5
Cohabiting	6

1.14. When did you start showing signs of schizophrenic illness for the first time?

V14 28-30

--	--	--

1.15. First hospital admission date (year)

V15 31-32

Y	Y

1.16. Total hospital admissions and reasons for admissions

V16 33

Once	Twice	Thrice	Four times	Five and more
1	2	3	4	5

Motivate

.....

V17 34-35

V18 36-37

1.17. Schizophrenia subtype as diagnosed

V19 38

Paranoid	1
Catatonic	2
Disorganised	3
Undifferentiated	4
Residual	5
Unaware	6



1.18. Patient's most significant relative

V20 39-40

Father	1
Mother	2
Brother	3
Sister	4
Spouse	5
Son	6
Daughter	7
Paternal grandfather	8
Paternal grandmother	9
Maternal grandmother	10
Maternal grandfather	11
Extended family relative	12
Other - specify	13
.....	
.....	

II. SCHIZOPHRENIA

V21 41

2.1. What do you understand by schizophrenia?

V22 42-43

Motivate

V23 44-45

.....



2.2. What do you think the symptoms of a patient suffering from schizophrenia are? Motivate.

Symptoms	YES	NO	MOTIVATION
Disturbance of thinking	1	2	
Aggressive	1	2	
Patience	1	2	
Violence	1	2	
Patient has no interest in anything	1	2	
Patient remains immobile in abnormal postures	1	2	
Patient has rapid mood changes	1	2	
Others - Specify	1	2	

V24 46

V25 47

V26 48

V27 49

V28 50

V29 51

V30 52

V31 53-54

V32 55-56



2.3 Describe your behavioural characteristics. Motivate.

Character	Yes 1	No 2	Motivation
Aggressive	1	2	
Friendly	1	2	
Violent	1	2	
Patient	1	2	
Co-operative	1	2	
Moody	1	2	
Emotionally stable	1	2	
All of the above	1	2	
Other – specify			

V33 57

V34 58

V35 59

V36 60

V37 61

V38 62

V39 63

V40 64

V41 65-66

V42 67-68

**III. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM
FRAMEWORK – ECOLOGICAL CONTEXT**

INSTRUCTION: PLEASE ANSWER ALL QUESTIONS BY USING
THE FOLLOWING RATING SCALE(S) AND USING THE YES, NO
KEY ANSWERS. MARK A CROSS NEXT TO THE ANSWER(S)
OF YOUR CHOICE

Key answers

- | | | |
|----------------------|-----|---------------|
| 1 = not at all | and | 1 = none |
| 2 = very rarely | | 2 = poor |
| 3 = sometimes | | 3 = average |
| 4 = most of the time | | 4 = good |
| 5 = always | | 5 = very good |

and

Yes	No
1	2



3.1 Rate your relationship with family members since you started to suffer from schizophrenia by using the following key:

Family relationship	Key	Motivation
Strained relationship	1 2 3 4 5	
The whole family life changed negatively	1 2 3 4 5	
Every relationship within the family is affected	1 2 3 4 5	
Family members become frustrated because you cannot function alone	1 2 3 4 5	
You are included in decision making	1 2 3 4 5	
You still have a role to perform	1 2 3 4 5	
You give family members problems	1 2 3 4 5	
Other - specify		

V43 69

V44 70

V45 71

V46 72

V47 73

V48 74

V49 75

V50 76-77

V51 78-79

V52 1-2

V53 3

V54 4

3.2 Respondent number

3.3 Card number

3.4 Repetition number

3.5. Rate your present relationship with friends by using the following key:

1 = not at all; 2 = very rarely; 3 = sometimes;
4 = most of the time; 5= always.

V55 5

V56 6

V57 7

V58 8

V59 9

V60 10-11

V61 12-13

Friend relationship	Keys	Motivation
Friendship remains good	1 2 3 4 5	
You feel accepted	1 2 3 4 5	
You are excluded from decision making	1 2 3 4 5	
You are not feared	1 2 3 4 5	
You get more support from friends	1 2 3 4 5	
Other – specify		



IV. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAMEWORK - MIGRATION AND ACCULTURATION

4.1. Rate how your family members handle you by using the following key.
1= not at all; 2=very rarely; 3 = sometimes;
4= most of the time; 5= always

Family - Handling	Key	Motivation
Fear	1 2 3 4 5	
Frustration	1 2 3 4 5	
Worry	1 2 3 4 5	
Bitterness	1 2 3 4 5	
Anger	1 2 3 4 5	
Happiness	1 2 3 4 5	
Anxiety	1 2 3 4 5	
Empathy	1 2 3 4 5	
Guilt	1 2 3 4 5	
Depression	1 2 3 4 5	
Blame	1 2 3 4 5	
Shame	1 2 3 4 5	
Stress	1 2 3 4 5	
Acceptance	1 2 3 4 5	
Other – specify		

V62 14

V63 15

V64 16

V65 17

V66 18

V67 19

V68 20

V69 21

V70 22

V71 23

V72 24

V73 25

V74 26

V75 27

V76 28-29

V77 30-31



4.2 Rate how you handle your family members by using the following key:
1= not at all; 2 = very rarely, 3= sometimes;
4= most of the time; 5= always.

Patient - Handling	Key	Motivation
Blame	1 2 3 4 5	
Fear	1 2 3 4 5	
Anxiety	1 2 3 4 5	
Happiness	1 2 3 4 5	
Anger	1 2 3 4 5	
Depression	1 2 3 4 5	
Guilt	1 2 3 4 5	
Bitterness	1 2 3 4 5	
Worry	1 2 3 4 5	
Empathy	1 2 3 4 5	
Stress	1 2 3 4 5	
Mourning	1 2 3 4 5	
Embarrassment	1 2 3 4 5	
Other		

V78 32

V79 33

V80 34

V81 35

V82 36

V83 37

V84 38

V85 39

V86 40

V87 41

V88 42

V89 43

V90 44

V91 45-46

V92 47-48



- 4.3 Rate to what extent you think the following occur because of you, by using the following key:
 1= not at all; 2= very rarely; 3= sometimes; 4= most of the time;
 5= always

Burden	Key	Motivation
A caregiver keeps on working	1 2 3 4 5	
A caregiver loses his leisure time	1 2 3 4 5	
A caregiver still has friends	1 2 3 4 5	
Family members experience financial problems	1 2 3 4 5	
Family members become angry towards each other	1 2 3 4 5	
Family members blame themselves for causing the illness	1 2 3 4 5	
Family members are close to one another	1 2 3 4 5	
Family members become angry with God	1 2 3 4 5	
Caregiver experiences burden because of your violent behaviour	1 2 3 4 5	
Other – Specify		

V93 49V94 50V95 51V96 52V97 53V98 54V99 55V100 56V101 57V102 58-59V103 60-61

V FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAMEWORK – FAMILY ORGANISATION

- 5.1. Who do you think is the main caregiver? Motivate.

Caregiver	Yes	No	Motivation
Female/Mother	1	2	
Male/Father	1	2	
Other –specify			

V104 62V105 63V106 64-65V107 66-67



5.5 Explain the communication style between you and family members by using the following key.
1= not at all; 2= very rarely; 3= sometimes; 4= most of the time; 5= always.

Communication	Key	Motivation
Family members allow you to explain	1 2 3 4 5	
Family members gossip about you negatively	1 2 3 4 5	
Family members talk to you nicely	1 2 3 4 5	
Other – specify	1 2 3 4 5	

V108 68

V109 69

V110 70

V111 71-72

V112 73-74

V113 1-2

V114 3

V115 4

- 5.3 Respondent number
- 5.4 Card number
- 5.5 Repetition number
- 5.6

5.6 What makes you relapse? Motivate

V116 5

V117 6

V118 7

V119 8

V120 9

V121 10

V122 11-1

V123 13-1

Relapse	Yes 1	No 2	Motivation
Criticism	1	2	
Support of your ideas	1	2	
Disapproval	1	2	
Appreciation	1	2	
Acceptance	1	2	
When too much is expected from you	1	2	
Other – specify			



5.7. Where do you prefer to stay? Motivate

Place to stay	Yes 1	No 2	Motivate
Mental Hospital	1	2	
Home with parents and/or family	1	2	
Hostel	1	2	
Other - specify			

V124 15

V125 16

V126 17

V127 18-19

V128 20-21

V1. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAMEWORK - FAMILY LIFE CYCLE

6.1. Were there any abnormalities during the period that your mother was expecting you? Motivate

Period before birth	Yes 1	No 2	Motivation
Planned pregnancy	1	2	
Healthy during pregnancy	1	2	
Other - specify			

V129 22

V130 23

V131 24-25

V132 26-27

6.2. Were there any abnormalities during your birth? Motivate.

Birth	Yes 1	No 2	Motivation
Complications during birth	1	2	
Caesarian	1	2	
Normal birth	1	2	
Other - specify			

V133 28

V134 29

V135 30

V136 31-32

V137 33-34



6.3. Were there any abnormalities during your developmental milestones? Motivate.

Developmental milestone	Yes 1	No 2	Motivation
Unknown	1	2	
Other – specify			

V138 35

V139 36

V140 37-38

V141 39-40

6.4. Were there any abnormalities in your temperament? Motivate.

Temperament	Yes 1	No 2	Motivation
Unknown	1	2	
Other – specify			

V142 41

V143 42

V144 43-44

V145 45-46

6.5. Were there any abnormalities in your personality traits? Motivate.

Personality traits	Yes 1	No 2	Motivation
Unknown	1	2	
Other – specify			

V146 47

V147 48

V148 49-50

V149 51-52

6.6. Did you have any of the following habits during childhood?

Habits	Yes 1	No 2
Nail biting	1	2
Thumb sucking	1	2
Sleep walking	1	2
Other - specify		

V150 53

V151 54

V152 55

V153 56-57

V154 58-59



6.7. Did you exhibit any of the following behavioural problems?

Patient's behaviour	Yes 1	No 2	Motivation
Stealing	1	2	
Honesty	1	2	
Lying	1	2	
Use dependency substances	1	2	
Other – specify			

- V155 60
- V156 61
- V157 62
- V158 63
- V159 64-65
- V160 66-67

6.8 How were you educated sexually?

Sexual development	Yes 1	No 2	Motivation
Through books	1	2	
Through parents	1	2	
Through friends	1	2	
On your own	1	2	
Other – specify			

- V161 68
- V162 69
- V163 70
- V164 71
- V165 72-73
- V166 74-75

6.9 Respondent number

V167 1-2

6.10 Card number

V168 3

6.11 Repetition number

V169 4

6.12 Do you find sexual activities pleasant?

Sexual activities	Yes 1	No 2	Motivation
Unknown	1	2	
Other – specify			

V170 5

V171 6

V172 7-8

V173 9-10



6.13 Explain the quality of the relationship between you and your peer group.

Quality	Yes 1	No 2	Motivation
You were valued	1	2	
The peer group trusted you	1	2	
The peer group feared you	1	2	
Other – specify			

V174 11

V175 12

V176 13

V177 14-15

V178 16-17

6.14 Were the following present in your upbringing?

Upbringing	Yes 1	No 2	Motivation
Happy parental relationship	1	2	
Conflict amongst siblings	1	2	
Mother died before the age of ten	1	2	
Mother still alive	1	2	
Other -specify			

V179 18

V180 19

V181 20

V182 21

V183 22-23

V184 24-25

6.15 Rate your status by using the following key:
1= none; 2= poor; 3= average; 4= good; 5= very good.

Status	Key	Motivation
Your housing status	1 2 3 4 5	
Your financial position	1 2 3 4 5	
Your health status	1 2 3 4 5	
Other – specify		

V185 26

V186 27

V187 28

V188 29-30

V189 31-32



6.16 Rate the following factors by using the following key:
1= not at all; 2= Very rarely; 3= sometimes; 4= most of the time; 5= always

Factors	Key	Motivation
Clashes with the law (offence)	1 2 3 4 5	
Involvement in church activities	1 2 3 4 5	
Involvement in ancestral beliefs	1 2 3 4 5	
Involvement in witchcraft beliefs	1 2 3 4 5	
Other – specify		

- V190 33
- V191 34
- V192 35
- V193 36
- V194 37-38
- V195 39-40

6.17 Employment

Employment history	Yes 1	No 2	Motivation
Are you presently employed?	1	2	
Do you presently relate well with your colleagues?	1	2	
Were you employed before the illness?	1	2	
Were you dismissed?	1	2	
Did you resign?	1	2	
Were you retrenched?	1	2	
Other - specify			

- V196 41
- V197 42
- V198 43
- V199 44
- V200 45
- V201 46
- V202 47-48
- V203 49-50



**VII FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAME-
WORK - FAMILY INTERVENTION PROGRAMMES**

7.1. Do you think your family has insight into your illness?

Yes	No
1	2

Motivate:

.....

7.2. Can families gain knowledge through group sessions about patients suffering from schizophrenia by discussing the following topics?

Educational Topics	Yes 1	No 2	Motivation
Families ideas	1	2	
Symptoms	1	2	
Medical treatment	1	2	
Available resources	1	2	
Educational group sessions for patients	1	2	
Problems encountered within families	1	2	
Literature for patients	1	2	
Literature for families	1	2	
Other -specify			
.....			
.....			

V204 51

V205 52-53

V206 54-55

V207 56

V208 57

V209 58

V210 59

V211 60

V212 61

V213 62

V214 63

V215 64-65

V216 66-67



7.3 Who do you think should attend educational group sessions?

Group sessions for:	Yes	No	Motivation
Families and patients	1	2	
Families only	1	2	
Patients only	1	2	
Main caregivers	1	2	
Close friends	1	2	
Extended family	1	2	
Other –specify			

7.4 Respondent number

7.5 Card number

7.6 Repetition number

7.7 What does a discharged patient suffering from schizophrenia need?

Discharged Patient needs	Yes 1	No 2	Motivation
Family support	1	2	
Counselling	1	2	
Employment	1	2	
Regular medication	1	2	
After-care services	1	2	
Other – specify			

7.8 Do you think relatives are able to take care of patient suffering from schizophrenia?

Yes	No
1	2

Motivate:
.....

V217 68

V218 69

V219 70

V220 71

V221 72

V222 73

V223 74-75

V224 76-77

V225 1-2

V226 3

V227 4

V228 5

V229 6

V230 7

V231 8

V232 9

V233 10-11

V234 12-13

V235 14

V236 15-16

V237 17-18



7.9. What kind of assistance do families get from mental health professionals?
Motivate.

Assistance	Yes 1	No 2	Motivation
Assistance	1	2	
Satisfied about services	1	2	
Willing to help families	1	2	
Collaboration	1	2	
Other – specify			

7.10. What are other needs that might be shared concerning the patient suffering from schizophrenia and the family?
.....
.....

Thank you for your co-operation.

V238 19

V239 20

V240 21

V241 22

V242 23-24

V243 25-26

V244 27-28

V245 29-30



ADDENDUM B

SEMI-STRUCTURED INTERVIEWING SCHEDULE FOR KEY RELATIVES OF PATIENTS

INSTRUCTION: PLEASE ANSWER ALL THE QUESTIONS BY GIVING THE INFORMATION AND MAKING A CROSS NEXT TO THE ANSWER OF YOUR CHOICE FOR FOR SECTIONS I AND II.

I. BIOGRAPHICAL DATA

Key answers:

Yes	No
1	2

- 1.1. Respondent number
- 1.2. Card number
- 1.3. Repetition number
- 1.4. Date of researcher's interview

Y	Y	M	M	D	D

- 1.5. Residential address
-

V1 1-2

V2 3

V3 4

V4 5-10

V5 11-12



1.6. Age

V6 13

18 - 20	21-30	31-40	41-50	51-60	61-70	71-80	81+
1	2	3	4	5	6	7	8

1.7. Sex

V7 14

F	1
M	2

1.8 Qualification

V8 15

None	Less & up to 6	7 - 8	9 -10	Diploma	Degree	Post-degree	Other Specify
1	2	3	4	5	6	7	8

1.9. Occupation

V9 16-17

None	1
General Labourer	2
Domestic Worker	3
Teacher	4
Nurse	5
Pensioner	6
Priest	7
Other - specify	8



1.10. Ethnic group

V10 18-19

Tswana	1
North Sotho	2
South Sotho	3
Zulu	4
Swazi	5
Xhosa	6
Ndebele	7
Shangaan	8
Venda	9
English	10
Afrikaans	11
Coloured	12
Indian	13
Other - specify	14



1.11 Religious Denomination

V11 20-21

Lutheran	1
Catholic	2
Dutch Reformed/ N.G.	3
Weselyan / Methodist	4
Presbyterian	5
Anglican	6
Zion Christian Church (Z.C.C.)	7
International Pentecostal (IPCC)	8
St John	9
Apostolic	10
Redeemed	11
Ethiopian	12
Baptist	13
None	14
Other – specify	15



1.12. Marital status

V12 22

Unmarried	1
Married	2
Separated	3
Divorced	4
Widowed	5
Cohabiting	6

1.13. When did your patient start showing signs of schizophrenic illness for the first time?

V13 23-25

--	--	--

1.14. First hospital admission date

V14 26-27

Y	Y

1.15. Total hospital admissions and reasons for admissions

once	twice	thrice	fourth	Fifth and more
1	2	3	4	5

V15 28

V16 29-30

V17 31-32

Motivate

.....



1.16. Your relationship to the patient

V18 33-34

Father	1
Mother	2
Brother	3
Sister	4
Spouse	5
Son	6
Daughter	7
Paternal grandfather	8
Paternal grandmother	9
Maternal grandmother	10
Maternal grandfather	11
Extended family relative	12
Other - specify	13

V19 35

1.17. Schizophrenia subtype as diagnosed

Paranoid	1
Catatonic	2
Disorganised	3
Undifferentiated	4
Residual	5
Unaware	6



II. SCHIZOPHRENIA

2.1. What do you understand by schizophrenia?

Motivate
.....

V20 36

V21 37-38

V22 39-40

2.2. What do you think the symptoms of a patient suffering from schizophrenia are? Motivate.

V23 41

V24 42

V25 43

V26 44

V27 45

V28 46

V29 47

V30 48-49

V31 50-51

Symptoms	YES	NO	MOTIVATION
Disturbance of thinking	1	2	
Aggression	1	2	
Patience	1	2	
Violence	1	2	
Patient has no interest in anything	1	2	
Patient remains immobile in abnormal postures	1	2	
Patient has rapid mood changes	1	2	
Other - specify			



2.3. Describe the patient's behavioural characteristics. Motivate.

Character	Yes 1	No 2	Motivation
Aggressive	1	2	
Friendly	1	2	
Violent	1	2	
Patient	1	2	
Co-operative	1	2	
Moody	1	2	
Emotionally stable	1	2	
All of the above	1	2	
Other - specify			

V32 52

V33 53

V34 54

V35 55

V36 56

V37 57

V38 58

V39 59

V40 60-61

V41 62-63

**III. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM
FRAMEWORK - ECOLOGICAL CONTEXT**

INSTRUCTION: PLEASE ANSWER ALL QUESTIONS BY USING
THE FOLLOWING RATING SCALE(S) AND USING THE YES, NO
KEYS ANSWERS. MAKE A CROSS NEXT TO THE ANSWER(S) OF
YOUR CHOICE

Key answers

- | | | |
|----------------------|-----|---------------|
| 1 = not at all | and | 1 = none |
| 2 = very rarely | | 2 = poor |
| 3 = sometimes | | 3 = average |
| 4 = most of the time | | 4 = good |
| 5 = always | | 5 = very good |

and

Yes	No
1	2



3.1 Rate the patient's relationship within the family since it became known that he is suffering from schizophrenia by using the following key:

1 = not at all; 2 = very rarely; 3 = sometimes;
4 = most of the time; 5 = always

Family relationship	Key	Motivation
Strained relationship	1 2 3 4 5	
The whole family life changed negatively	1 2 3 4 5	
Every relationship within the family is affected	1 2 3 4 5	
Family members become frustrated because he cannot function alone	1 2 3 4 5	
Patient is included in decision-making	1 2 3 4 5	
Patient still have a role to perform	1 2 3 4 5	
Patient gives family members problems	1 2 3 4 5	
Other - specify		

V42 64

V43 65

V44 66

V45 67

V46 68

V47 69

V48 70

V49 71-72

V50 73-74

V51 1-2

V52 3

V53 4

3.2 Respondent number

3.3 Card number

3.4 Repetition number

3.5. Rate the patient's present relationship with friends by using the following key:

1 = not at all; 2 = very rarely; 3 = sometimes;
4 = most of the time; 5 = always.

Friend relationship	Key	Motivation
Friendship remains good	1 2 3 4 5	
Patient feels accepted	1 2 3 4 5	
Patient is excluded from decision making	1 2 3 4 5	
Patient is feared	1 2 3 4 5	
Patient gets more support from friends	1 2 3 4 5	
Other - specify		

V54 5

V55 6

V56 7

V57 8

V58 9

V59 10-11

V60 12-13

**IV. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAME-
WORK - MIGRATION OR ACCULTURATION**

4.1. Rate how patient's family handles the patient by using the following key.
1= not at all; 2=very rarely; 3 = sometimes;
4= most of the times; 5= always

Family - Handling	Key	Motivation
Fear	1 2 3 4 5	
Frustration	1 2 3 4 5	
Worried	1 2 3 4 5	
Bitterness	1 2 3 4 5	
Anger	1 2 3 4 5	
Happiness	1 2 3 4 5	
Anxiety	1 2 3 4 5	
Empathy	1 2 3 4 5	
Guilt	1 2 3 4 5	
Depression	1 2 3 4 5	
Blame	1 2 3 4 5	
Shame	1 2 3 4 5	
Stress	1 2 3 4 5	
Acceptance	1 2 3 4 5	
Other. Please Specify		
.....		
.....		

V61 14

V62 15

V63 16

V64 17

V65 18

V66 19

V67 20

V68 21

V69 22

V70 23

V71 24

V72 25

V73 26

V74 27

V75 28-29

V76 30-31



4.2 Rate how the patient handles the family by using the key below.
1= not at all; 2 = very rarely, 3= at sometimes;
4= most of the time; 5= always.

Patient - Handling	Key	Motivation
Blame	1 2 3 4 5	
Fear	1 2 3 4 5	
Anxiety	1 2 3 4 5	
Anger	1 2 3 4 5	
Happiness	1 2 3 4 5	
Depression	1 2 3 4 5	
Guilt	1 2 3 4 5	
Bitterness	1 2 3 4 5	
Worry	1 2 3 4 5	
Empathy	1 2 3 4 5	
Stress	1 2 3 4 5	
Mourning	1 2 3 4 5	
Embarrassment	1 2 3 4 5	
Other. Please specify		

V77 32

V78 33

V79 34

V80 35

V81 36

V82 37

V83 38

V84 39

V85 40

V86 41

V87 42

V88 43

V89 44

V90 45-46

V91 47-48



4.3 To what extent do you think the following burden might occur because of the patient suffering from schizophrenia? Using the following key:
1= not at all; 2 = very rarely, 3= at sometimes;
4= most of the time; 5= always.

Burden	Key	Motivation
A caregiver keeps on working	1 2 3 4 5	
A caregiver loses his leisure time	1 2 3 4 5	
A caregiver still has his friends	1 2 3 4 5	
Family members experience financial problems	1 2 3 4 5	
Family members become angry towards each other	1 2 3 4 5	
Family members blame themselves for causing the illness	1 2 3 4 5	
Family members are close to one another	1 2 3 4 5	
They do not blame God	1 2 3 4 5	
Caregiver experiences burden because of the patient's violence	1 2 3 4 5	
Other - Specify		

V92 49

V93 50

V94 51

V95 52

V96 53

V97 54

V98 55

V99 56

V100 57

V101 58-59

V102 60-61



**V FAMILY FUNCTIONING WITHIN AN ECOSYSTEM
FRAMEWORK – FAMILY ORGANISATION**

5.1 Who do you think is the main caregiver? Motivate

Caregiver	Yes	No	Motivation
Female/Mother	1	2	
Male/Father	1	2	
Other -specify			

V103 62

V104 63

V105 64-65

V106 66-67

5.2 Explain the communication style between the patient and family members by using the following key.

1= not at all; 2= very rarely; 3= sometimes; 4= often;
5= always.

Communication style	Key	Motivation
Family members allow the patient to explain	1 2 3 4 5	
Family members gossip about the patient negatively	1 2 3 4 5	
Family members talk to patient nicely	1 2 3 4 5	
Other - specify		

V107 68

V108 69

V109 70

V110 71-72

V111 73-74



5.3 Respondent number

5.4 Card number

5.5 Repetition number

5.6 What causes the patient to relapse? Motivate.

Relapse	Yes 1	No 2	Motivation
Criticism	1	2	
Support of patient's ideas	1	2	
Shouting at the patient	1	2	
Disapproval	1	2	
Acceptance	1	2	
When too much is expected from the patient	1	2	
Other - specify			

5.7 Where do you prefer the patient to stay? Motivate.

Place to stay	Yes 1	No 2	Motivate
Mental Hospital	1	2	
Home with parents and/or family	1	2	
Hostel	1	2	
Other - specify			

V112 1-2

V113 3

V114 4

V115 5

V116 6

V117 7

V118 8

V119 9

V120 10

V121 11-12

V122 13-14

V123 15

V124 16

V125 17

V126 18-19

V127 20-21



**VI. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAME-
WORK - FAMILY LIFE CYCLE**

6.1. Were there any abnormalities during the period before the patient was born?
Motivate.

Period before birth	Yes 1	No 2	Motivate
Planned pregnancy	1	2	
Healthy during pregnancy	1	2	
Other - specify			

V128 22

V129 23

V130 24-25

V131 26-27

6.2. Were there any abnormalities during the patient's birth? Motivate.

Birth	Yes 1	No 2	Motivation
Complications during birth	1	2	
Caesarian	1	2	
Normal birth	1	2	
Other - specify			

V132 28

V133 29

V134 30

V135 31-32

V136 33-34

V137 35

6.3. Were there any abnormalities during the patient's developmental milestones?
Motivate.

Developmental milestone	Yes 1	No 2	Motivation
Unknown	1	2	
Other - specify	1	2	

V138 36

V139 37-38

V140 39-40



6.4. Were there any abnormalities in the patient's temperament? Motivate.

Temperament	Yes 1	No 2	Motivation
Unknown	1	2	
Other - specify	1	2	

V141 41

V142 42

V143 43-44

V144 45-46

6.5. Were there any abnormalities in the patient's personality traits? Motivate.

Personality traits	Yes 1	No 2	Motivation
Unknown	1	2	
Other - specify	1	2	

V145 47

V146 48

V147 49-50

V148 51-52

V149 53

6.6. Explain the patient's childhood habits.

Habits	Yes	No	Motivation
Nail biting	1	2	
Thumb sucking	1	2	
Sleep walking	1	2	
Other - specify			

V150 54

V151 55

V152 56-57

V153 58-59



6.7 Did the patient exhibit the following behavioural problems? Motivate.

Patient's behaviour	Yes	No	Motivation
Stealing	1	2	
Honesty	1	2	
Lying	1	2	
Use dependency substance	1	2	
Other - specify			

6.8 How was the patient educated sexually?

Sexual development	Yes	No	Motivation
Through books	1	2	
Through parents	1	2	
Through friends	1	2	
On his/her own	1	2	
Other – specify			

6.9 Respondent number

6.10 Card number

6.11 Repetition number

6.12 Does the patient find sexual activities pleasant?

Sexual activities	Yes 1	No 2	Motivation
Unknown	1	2	
Other – specify			

V154 60

V155 61

V156 62

V157 63

V158 64-65

V159 66-67

V160 68

V161 69

V162 70

V163 71

V164 72-73

V165 74-75

V166 1-2

V167 3

V168 4

V169 5

V170 6

V171 7-8

V172 9-10



6.13 Explain the quality of the relationship between the patient and the patient's peer group.

Quality	Yes	No	Motivation
The patient was valued	1	2	
The peer group trusted the patient	1	2	
The peer group feared the patient	1	2	
Other – specify			

V173 11

V174 12

V175 13

V176 14-15

V177 16-17

6.14 Were the following present in the patient's upbringing?

Upbringing	Yes	No	Motivation
Happy parental relationship	1	2	
Conflict amongst siblings	1	2	
Mother died before age of ten	1	2	
Mother still alive	1	2	
Other – Please specify			

V178 18

V179 19

V180 20

V181 21

V182 22-23

V183 24-25

6.15. Rate the following factors by using the following key:
1= none; 2= poor; 3= average; 4= good; 5= very good

Status	Key	Motivation
Housing status	1 2 3 4 5	
Patient's financial position	1 2 3 4 5	
Patient's health status	1 2 3 4 5	
Other - specify		

V184 26

V185 27

V186 28

V187 29-30

V188 31-32



6.16. Rate the following factors by using the following key:
1= not at all; 2= very rarely; 3= sometimes; 4= most of the times; 5= always

Factors	Key	Motivation
Patient's clashes with the law (offence)	1 2 3 4 5	
Patient's involvement in church activities	1 2 3 4 5	
Patient's involvement in ancestral beliefs	1 2 3 4 5	
Patient's involvement in witchcraft belief	1 2 3 4 5	
Other - specify		

V189 33

V190 34

V191 35

V192 36

V193 37-38

V194 39-40

6.17. Employment

Employment history	Yes 1	No 2	Motivation
Does the patient have any form of employment?	1	2	
Any good relationship with colleagues with regards to the patient?	1	2	
Was the patient employed before illness?	1	2	
Was the patient dismissed?	1	2	
Did the patient resign?	1	2	
Was the patient retrenched?	1	2	
Other - specify			

V195 41

V196 42

V197 43

V198 44

V199 45

V200 46

V201 47-48

V202 49-50



**VII. FAMILY FUNCTIONING WITHIN AN ECOSYSTEM FRAME-
WORK - FAMILY INTERVENTION PROGRAMMES**

7.1. Do you think families have insight into a patient's illness?

Yes	No	Motivation
1	2	

V203 51

V204 52-53

V205 54-55

7.2. Can families gain knowledge through group sessions about patients suffering from schizophrenia by discussing the following topics?

V206 56

V207 57

V208 58

V209 59

V210 60

V211 61

V212 62

V213 63

V214 64

V215 65-66

V216 67-68

Educational topics	Yes 1	No 2	Motivation
Families ideas	1	2	
Symptoms	1	2	
Problems encountered with patients	1	2	
Medical treatment	1	2	
Available resources	1	2	
Educational group sessions for patients	1	2	
Problems encountered within families	1	2	
Literature for patients	1	2	
Literature for families	1	2	
Other -specify			



7.3 Who do you think should attend educational group sessions?

Group sessions for:	Yes	No	Motivation
Families and patients	1	2	
Families only	1	2	
Patients only	1	2	
Main caregivers	1	2	
Close friends	1	2	
Extended family	1	2	
Other -specify			

7.4 Respondent number

7.5 Card number

7.6 Repetition number

7.7. What does a discharged patient suffering from schizophrenia need?

Discharged Patient's needs	Yes	No	Motivation
Family support	1	2	
Counselling	1	2	
Employment	1	2	
Regular medication	1	2	
After care services	1	2	
Other - specify			

V217 69

V218 70

V219 71

V220 72

V221 73

V222 74

V223 75-76

V224 77-78

V225 1-2

V226 3

V227 4

V228 5

V229 6

V230 7

V231 8

V232 9

V233 10-11

V234 12-13



7.8. Do you think relatives are able to take care of a patient suffering from schizophrenia?

Yes	No
1	2

Motivate:

7.9. What kind of assistance do families get from mental health professionals?
Motivate.

Assistance	Yes 1	No2	Motivation
Assistance	1	2	
Satisfactory services	1	2	
Willing to give education	1	2	
Collaboration	1	2	
Other -specify			

7.10. What are other needs that might be shared concerning the patient suffering from schizophrenia and the family?

.....
.....

Thank you for your co-operation.

V235 14

V236 15-16

V237 17-18

V238 19

V239 20

V240 21

V241 22

V242 23-24

V243 25-26

V244 27-28

V245 29-30

ADDENDUM C

GUIDING QUESTIONS FOR THE FOCUS GROUP

1. How can the patient and his/her family become more informed on schizophrenia as a type of mental illness?
2. How can the family become more involved in the patient's treatment?
3. What should the focus of social work interventions be in order to treat schizophrenic patients in a holistic (family and community) context?